# APPLICATION OF PARATANTRA PRATYAYA ARTHASHRYA ON DAIVAVYAPASHRYA CHIKITSA WITH REFERENCE TO IN VIVO STUDY ON THE EFFECT OF GAYATHRI MANTRA

#### A Thesis

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By

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UNDER THE GUIDANCE OF

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DEPARTMENT OF AYURVEDA

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#### **Annexure III**

## Tilak Maharashtra Vidyapeeth, Pune

#### UNDERTAKING

I Vd Priyanka BVis the Ph. D Scholar of the Tilak Maharashtra Vidyapeeth in Ayurveda (Samhita) subject. Thesis entitled "Application of Paratantra Pratyaya Arthashrya on Daivavyapashrya Chikitsa with reference to In Vivo Study on the Effect of Gayathri Mantra"under the supervision of Dr Abhijit Joshi, Solemnly affirm that the thesis submitted by me is my own work. I have not copied it from any source. I have gone through extensive review of literature of the related published / unpublished research works and the use of such references made has been acknowledged in my thesis. The title and the content of research is original. I understand that, in case of any complaint especially plagiarism, regarding my Ph.D. research from any party, I have to go through the enquiry procedure as decided by the Vidyapeeth at any point of time. I understand that, if my Ph.D. thesis (or part of it) is found duplicate at any point of time, my research degree will be withdrawn and in such circumstances, I will be solely responsible and liable for any consequences arises thereby. I will not hold the TMV, Pune responsible and liable in any case. I have signed the above undertaking after reading carefully and knowing all the aspects therein.

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Annexure-IV

CERTIFICATE OF THE SUPERVISOR

This is to certify that the thesis entitled "Application of Paratantra Pratyaya

Arthashrya on Daivavyapashrya Chikitsa with reference to In Vivo Study

on the Effect of Gayathri Mantra" is an original research work done by Vd

Priyanka BV Under my supervision for the degree of Doctor of Philosophy

inAyurveda Samhita to be awarded by Tilak Maharashtra Vidyapeeth, Pune. To

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degree of the TMV up to the standard in respect of both content and language for

being referred to the examiner.

Signature of the Supervisor

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#### ABSTRACT

# APPLICATION OF PARATANTRA PRATYAYA ARTHASHRYA ON DAIVAVYAPASHRYA CHIKITSA WITH REFERENCE TO IN – VIVO STUDY ON THE EFFECT OF GAYATHRI MANTRA

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#### **BACKGROUND**

Arthashrayas are useful for understanding the concepts the of author, applying theories, recognizing the practical utility of verses, clarifying difficult term`inologies, and finishing granthas that are incomplete. When citing examples from Ayurveda books becomes difficult, authors look to other subjects for inspiration. This is clarified through the usage of paratantra Pratyaya Arthashraya.

The importance of parathantra arthashraya is noticed in Rigveda and Atharva Veda when understanding Daiva Vyapashraya Chikitsas. Daiva Vyapashraya Chikitsa is one of the three Ayurvedic therapeutic approaches. The therapy principle of Daivavyapshraya comprises the usage of Mani, Mantra, Bali, Homa, Abhyupahara, and Japa. Even though Daivavyapshraya is equally important as the other two treatments – Yuktivapashrya and Satvavajaya – there was a need for a comprehensive literature review to investigate Daivavyapsharyachikitsa.

Mantras are powerful heavenly mystic sounds capable of altering consciousness through sound and vibration. Mantras have their origins in India's Vedic heritage and are an important aspect of traditional Indian life. The Rig Veda, Yajurveda, and Samaveda all mention Gayathri Mantra. Its Vedic meaning is "one who guards the Prana. The Vishwamitra Gayatri Mantra includes parts. Hence it is also known as Tripada Gayathri, The Gayathri Mantra is considered the most powerful of all Vaidika Mantras. It is a worldwide prayer of arousal and enlightenment of upright intellect in all, in terms of linguistic meaning. This absolute origin mantra is made up of nine specific words (in ancient Sanskrit) that are divided into twenty-four syllables. This mantra's Japa applies rhythmic pressure to the nerves while simultaneously titillating the extrasensory energy center's (the six cakras) and subtle nerve bundles. A more committed and austere practice of this japa at a continuous rate of over eleven, 108, 1000 mantras each day for a certain period of time- (1 mandala (48 days) or spanning several months does, in fact, lead to the complete fulfilment of all noble desires.

As a Puranokta Gayathri, Vishvamitra Gayathri is not recommended for people who are self-restrained, as indicated by Muni Agastya in Devi Bhagavati Purana puranokta gayathri is recommended even to individuals who lack self-control.

When cancerous cells were exposed to the Gayathri Mantra vibration in an in vitro investigation, the rate of multiplication was considerably lowered. In addition, research shows that chanting the Gayathri Mantra is more beneficial than reciting random numbers in improving children's learning abilities.

Hence this study was planned to analyze the effect of two versions of Gayathri Mantra on physiological and psycholoical parameters in- vivo model.

#### **MATERIALS & METHODS**

The study had two objectives: to better understand Daiva Vyapashraya Chikithsa of Bhruhutrayee through the use of Paratantra Arthashraya in the Rigveda and Atharvaveda, and to compare the effects of the Vishvamitra and Puranokta Gayatri Mantras on Physiological and Psychological parameters in albino rats.

The references to Daiva Vyapashraya Chikitsa recorded in both the Rigveda and the Atharva Veda were collected and categorized using Paratantra Arthashraya. The references contained in Bhruhatrayee were used to assess these references. To comprehend the Rigveda's Mantra Viniyoga Paddati Rugvidana of Acharya Shounaka was used as a reference point, and its clinical application was examined. English Translation of Atharva Veda with Sayana Bhashya was examined for references with respect to various Daivavyapashraya Chikitsa techniques.

Animal study was carried out at SDM Research Center for Allied Science after receiving the approval from Institutional Animal Ethics Committee (IAEC). (Certification number – SDMCRA/IAEC/SS-01650/02/c/CPCSEA/12 & date 07/01/2019.) For the study either gender healthy 3-to-5-month aged animals were selected. In the study the animals were maintained under 12:12 hours dark: light cycle and controlled temperature ( $25 \pm 3$ °C).

Animals were fed with food (Amruth feeds, standard rat pellets) and water and libitum. Intensity of the background noise in the rearing environment was 40 dB at the time of applying Mantra. Pilot study was done to decide the sound intensity for the experiment and both the Mantra were administered for 108 times with 90 Db sound intensity.

The study was carried out by dividing them in to following group, by random allocation.

Group A (Vishvamitra *Gayathri*)

Group B (Puranokta *Gayathri*)

Group C (Control Group)

Group C (Standard)

In group A, Vishwamitra Gayithri recording of Challakere brothers were played. Total 108 Vishwamitra Gayitrimantra including Om was played every day early morning for 48 days In Group B, 108-time Puranoktha Gayithri was played every day early morning. Puranoktha Gayithri Mantra was recorded from Singer who learnt Indian classical music from childhood and who is practicing from 18 years. Here also chanting was done followed by om. Study duration was 48 days.

In Group C, no intervention was Given. In Standard group to reduce anxiety standard drugs as mentioned below were used.

Before and after study all the groups were assessed for changes in Behavioral, Hormonal, Anxiety, Stress, and Depression. Where as in control group no intervention and Standard Group required drug was administered.

- I. Raring, grooming, freezing, licking, sneezing, and sniffing were used to investigate gross behavior.
- II. The behavioral 'despair' test was used to investigate antipsychotic activities.
- III. The intervention's anxiolytic activity was investigated using open field behavior (Bhattacharya et al 1993) and the Morris maze test. This test was conducted out according to Morris' instructions (1984).
- IV. Cook's pole climbing device was used to conduct a memory improvement
- V. The rotarod test is commonly used in mice to assess therapeutic effects on motor coordination, balance, and learning.
- VI. The hole board test was primarily used to examine rodent exploratory behavior. Wherein The animal is placed in an arena with holes in the floor that are set in a regular pattern. After that, the frequency and duration of spontaneously triggered hole-poking activity are recorded during a brief time period.
- VII. To examine escape noxious-evoked reactions, paw-licking and jumping were used to assess main noxious-evoked patterns using hot plate.
- VIII. Hormones such as ACTH, dopamine, and cortisol were measured following intervention in all groups.

#### ANALYSIS AND INTERPRITATION

Observations made in the study were classified and presented using tables, analysis and interpretation was done using suitable statistics.

Acharya Chakrapani comments on term Daiva as

- 1. Adrusta karma are
- A. related to Purva Janma, which present with less Nidana, more expression. For this type of disease chikitsa shows its result only after Karma kshaya. As Acharya Charaka explains Adharma rupi Karma adopted in Previous janma manifests Disease which can be Karana for Janapadodwamsa. The effect is manifested by the Karma that which is stronger, either Iha or Purvajanma.

- B. Adrustha, or diseases that appear as a result of Adrustha Karana a difficult-to-determine reason that can be treated using Daiva Vyapashraya techniques such as mantra, etc. For example Bhuta etc.
- 2. Daiva Shabda is associated with Deva, and the measurements Mantra, etc., are influenced by Deva Prabhava, and Bali upahara is also pleasing to Deva. Acharya Chakrapani comments in Atulyagotriya Shareera definitely balavat Daiva results into vyadhi. While explaining congenital diseases in Kuddika Garbhavakranti Shareera Andhya, Kubja etc get manifested with the influence of Daiva. While describing stree also Acharya explains, due to daiva yoga i.e Praktana Karma Vrushyatva, Rupa and Guna are attained by the stree. Similarly in 30<sup>th</sup> Chapter of Yonivyapad Chikitsa importance of Daiva Vyapashraya chikitsa is highlighted.

In Astanga Sangraha, Daiva is considered as a deciding factor for Sadhya and Asadyata of Vyadhi. Daivawhen all the four limbs of Chikitsa are applied and Vyadhi is not cured then it needs to be assessed considering Daiva influence

Arunadatta comments as, the daivavyapashraya Chikitsa acts on diseases by destructing the Papa Karma, without contacting Jatharagni Samyoga. In Anna Svarupa Vijnaneeya Adhyaya, there is a quotation tells Guduchi etc does not have any effect, mani mantra are useful. These acts by its swabhava. According to Acharya Daiva Vyapashraya Chikitsa is an Vyadhipratyaneeka Chikitsa. As per Acharya Charaka following of Atharva veda is hita for Ayu, and method specified for daiva vyapashraya chikitsa should be referred from the Atharva Veda. As per Acharya Sushruta to protect the king, one should appoint a priest who is well versed in the knowledge of mantra. Here Rigveda, Yajurveda, Samaveda and Atharva Veda mantras are explained.

whom daivavyapashrya chikitsa can be administered- In Yukthaseneeya Adhyaya, while explaining the quality of patient Acharya Specifies that patient should be Astika. Here Astika refers to the person who belives in Dana, Yajna and Paraloka.

Daivavyapashraya chikitsa includes Mantra, Oushadhi, Mani, Mangala, Bali, Upahara, Homa, Niyama, Prayaschita, Upavasa, Svasthyayana, Pranidhana, Gamana.

According to the Shabdakalpadruma, the word mantra comes from the Sanskrit word Matri Dhatu, which meaning Gupta Bhasahna, which are useful, from the nisheka to the Smashana which should be used according to Shastra. Chanting of Ruk, Yaju etc followed by Omkara is Considered as Japa. In Astanga Sanghraha, meaning of Mantra is self-evident, repetition of mantra helps to get the phala.

According to Acharya Sushruta, Mantra are revealed by the God like Brahma and Mantra prayoga is successful if it is chanted by the sages who are abiding satya and doing the tapa. The person who does Mantra Prayoga should avoid Stree, Mamsa and Madhu and follow Mita Ahara, Shuchi, sleep on mat of Kusha. Also should practice the Japa, Homa and Bali karma etc. As per Visha Pratisheda Adhyaya Mantra and Tantra are explained to treat Visha. Here Tantra refers to Dupa etc Raksha Vidhana. Mantra acts without undergoing Paka. After paka reduction of veerya occurs. Hence Action of Mantra is more and fast. Mantra chanted without adhering to these procedure and deficient by either sound or letters do not become successful. Here svara refers to Udatta, Anudatta & Svarita Swars that are pecified for Chanting of the Mantra.

In Shabdakalpadruma, Japa refers to Hrudi Ucchara, which means Thinking of Shabdartha without Jihva Ostha etc, in Hrudaya thinking about God. Japa is that which pronounced is vachika. Pronounced loudly Upamshu/using lips. Only using tongue is 1000 benefits with mind.

Acharya Chakrapani, consider Oushadhi as Dharaneeya Prashasta Oushadhi, medicines which are suitable for wearing. According to Shabda kalpa druma, *Oushadhi* are which origin from *Oshadhi*. Osha refers to which provides phala and gets destroyed. Mani, according to Acharya Chakrapani, Dharaneeya Prashastha Chandrakantadi. According to Atharva veda Mani prepared with Shatavari, Darbha, Udumbara etc are mentioned. According to Acharya Charaka, Mangala Karma refers to Shubhakrut Karma, whereas Acharya Sushruta explains mangala as Prashasta and Oushadha Mani Dharana. In Charaka Samhita Bali Upaharo Devadishu is considered as Homa. According to Acharya Dalhana, Bringing go or Ashva near to Go is Upahara others opines that Pashubali as Upahara, According to Shabda kalpa druma the term Upahara derived from उप + ह + घञ्च which indicates Offering Ratna, Puspa etc.

According to sushrutha Samhita offering 1 lack or 1 crore timenis Homa. Acharya Chakrapani consider Vratadi as Prayaschita, Acharya Sushruta Chandrayana etc Vrata which helps for Prashamana of praktana karma i.e Prayaschita. Here Praya refers to Tapa, chitta refers to Nischaya, hence where Tapa is Nischaya i.e Prayaschita. According to Smruti, Praya refers to Papa, Shodhana of Papa refers to Shaodhana of Manas to reduce Papa.

In Astanga Sangraha, Upavasa is considered as Popular entity which is responsible for reduction of Papa. According to Acharya Sushruta, following of Guru Vakhya etc. Svasthyayana Karma mentioned in Veda according to Acharya Charaka and Vagbhata. Niyama activities which need to be avoided according to Acharya Charaka, following rules as per

shastra i.e mouna etc according to sushruta. In Shabdakalpadruma, Niyama referes to regulating onself by taking certain Pratijna. Pranipata- Devebhyo Namaskara according to Acharya Charaka, Sushruta Describes it as expressing salutation to Deva, Dvija and Gura through Kaya Vak and Mana. Gamana is travelling to holly places. Additional to this according to Acharya Sushruta Shanti Karma *Indriya Vijaya* or *Yajana* of *Vedokta Mantra and according to Astanga Sangraha* Yaga as Ijya, offerings offered to Agni as per Acharya Dalhana which can be brought under Homa. Kara Smputa Vidhana ie different Anga Nyasa which are adopted in Puja which can be considered under Pranipata

In Charaka Samhita, 21 references are found related to Daivavyapashraya Chikitsa, among which 38%(n=8) are related to Mantra, 9.5% (n=2) related to Mani and Mantra Homa together, remaining all includes 4.7%(n=1)

In Sushruta Samhita, 21 references are found related to Daivavyapashraya Chikitsa, among which66.6%(n=14) are related to Mantra, 9.5% (n=2) related to all measures of daiva vyapashraya, remaining all includes 4.7%(n=1)

In Astanga Sangraha, 28 references are found related to Daivavyapashraya Chikitsa, among which57.14%(n=16) are related to Mantra, 17.85% (n=5) related to all measures of daiva vyapashraya, 7.14% (n=2) related to Bali and Mani, remaining all includes 3.5%(n=1)

In Rigveda To treat Ajeerna (no=1), Asatya Dosha (n=1), Asthi And Charma Dosha (n=1), to increase Bala (n=1), to obtain deerghayu (n=13), to prevent the effect of Agantu karana (n=1)Dura Desha Gamana to prevent dusvapna (n=5), Garbhadhana & Garbha Samskara (n=6), to iniate Prasana (n=2), to treat hrudroga (n=1), to treat Kshayaroga (n=1), to increase medha (n=7), Medha (n=7), to remove Vak Dosha (n=1), to get vidya (n=1) to get putra (n=10), to get Santana And Sampat, Deerghayu (n=1), To prevent effect of Rakshasa (n=7), vishahara suktha (n=3), somayaga (n=4), to achieve Sarva Suktha (n=8), to reduce papa (n=5) to reduce Mahodara, Papa Nasha and to get Deerghayu (n=1), to get Moksha (n=2) Mrutyubhaya Nasha (n=1), to get Oushadhalabha(n=2), Prevents Roga(n=1) Protection Of Ahara Dhanya, Place Of Residence, Fear From The Enemy(n=2), Rogahara (n=7), Sandhyavandhana(n=1), Shuchitva(n=1), Svasthyayana(n=1), to get Vigour, Progeny And Long Life (n=1), to get Yuvavastha(n=1)

In Atharva Veda Maximum (n=18) sukthas are- related to Deerghayu, (n=8) are related to Yakshma, (n=6) are related to Apa bheshaja, n=5 are related to Visha, n=4 are related to dusvapna and Sarpa Visha, and n=3 are related to Kesha Vardhini or Bhruhmani and Kustha Understanding the references of Daivavyapashraya Chikitsa in Rigveda and Atharva Veda can be done under Svasthya Rakshana and Vikara Prashamana

In Matraashiteeya Adhyaya for protecting Svasthya wearing of Ratna, Abharanas, Mantra for Snana are mentioned. In Rigveda and Atharva Veda, Mantra are mentioned for Abhisheka Snana improve Ayu and Arogya, marjana mantra, in ceremony of good fortune and in house building ceremony.

As per Matrashiteeya of Charaka Samhita daily food should be consumed after processing food with Vedokta mantra. In rigvidhana mentions Chanting of this suktha before food destroys the disease Ajeerna. For the Protection of Food from Visha in Sushruta Annapana Vidhi Adhyaya, In Aharavidhi the food which is prepared should be purified with antipoisonous drugs, sprinkled with water processed with atharva veda mantra. According to Astanga Sangraha in Dravadravya vijnaneeya Adhyaya Water purified with Chandrakanta mani useful for the rakshoghna karma, reduces the effect of the Visha along with other benefits. In Rigveda certain sukta Chanting during Bhojana Kala attains good food, does not get any food related disease, even converts poison into food. Also reduces the poison due to Sareesrupa, Scorpion etc or poison due to food. Daily Chanting of Rakshohanam sukta and performing Homa and doing Ajya Ahuti is useful in Shanty Karma, Havishvamti sukta chanting daily for 6 months while watching surya Removes kutsitanna dosha, vaishvanara vidye will become vasha by observing the Rigveda benefit of Chanting different Mandala can be grouped under, Chanting of Mantra, doing Homa before or during Bhojana Kala helps to attains good food, prevents disease, reduces the toxic effect of poison mixed food, promotes nourishment, removes kutsitanna dosha.

Karana for Janapadodwamsa is Adharma. Due to Adharma by the influence of raksho Gana. Here Raksho gana is referred as Rakshasa etc according to Chakrapani. Acharya Ganghadhara consider bhuta sanga, in this context Ashuci is considered as karana for bhutonmada. Here reason for bhutonmada is Adharma itself due to Prajnaparadha. Certain Suktha explained in Rigveda Prevents bhuta bhade, dusvapna. Doing Puja of vaishva deva with above Ruk prevents bhuta, roga and achieve sukha. In Atharva Veda Pishacha Kshayana Suktha Chanted along with binding of Sadapushpam in healing ceramoney. In Sushruta Samhita, to Protect from Vyapanna Rutu the measures of Daiva Vyapashraya was highlighted with Shantikarma, Prayaschita, homa etc which can be adopted. Here Daiva vyapashraya is advised as Rutu kopa manifests due to Adharma. Shanti karma in this context refers to vedokta mantra yajana In Astanga Sangraha in Viruddhanna Vijnaneeya While describing Rutu Vyapanna Chikitsa, Daiva Vyapashraya is explained, as per commentator it includes Bali, Upahara, Mani & Mantra, Brahmacarya etc. Also acharya explains Daiva and Purusha Karma decides the Ayu. In case of Akala mrutyu due to Vasuki, Mantra chikitsa is useful. To prevent Death in Person

with Arista Lakshana In Viparita Aviparita Vrana Vijnaneeya Adhyaya daiva vyapashraya chikitsa is explained.

In Shishyopanayana vidhi Mantra is explained along with Homa, Acharya Ganghadhara explains Om bhuhu Svaha, Om Bhuvaha Svaha, Om svaha Svaha avruti is explained. In Rigveda and In Atharva veda Rakshogna suktha, Suktha of protecting Sarpa, Medhajanana, Deerghayu Suktha and Sarpavisha Durikarana Sukta are mentioned. However these sukthas are not same as explained by Acharya Ganghadhara.

To increase Medha in Rigveda sadasspati Ruk and sukta for Gouri pooja makes samskara of vak and prevents asat vani dosha are explained. In Atharva veda, Medha Sukta is explained helpful for achieving Jnana, increase memory, grasping capabilities, power of intuition, and overall intelligence.

Mantra explained for Garbhadhana Samskara in Bhruhatrayee is not same that of either Rigveda and Atharva veda. For the Putrakamesthi Yagna, Archana with Vishnu Yonim Mantra is mentioned. Here Mantra puta Ajya is explained. Vishnu yoni mantra is explained as Isti Sadhika mantra as per Acharya Chakrapani. This Mantra is Present in In Rigveda 10<sup>th</sup> Mandala, in which Prajapati Sinivali, Saraswati and Aswins for nourishing and Sustaining the embryo bring it forth in the 10<sup>th</sup> month. Hence this Sukta is useful for sustaining the same.

In Atharva Veda Garbhadhana Sukta is mentioned which is usefulin Pumsavana. Also there are Suktha Dhata Prartana Sukta for achieving male child, Pumsavana Suktha Pathana while preparing medicine by Phsician/Preiest shami and Ashwath is applied to women. Truteeya Naka Sukta is useful in Offering for Offspring and Ayushya Suktha is useful for Successful Pregnancy with Manidharana. Oshadhisamuha Suktha describes 10 Types Of Tree are useful Against All Disease, and useful while Offering Food During Pumsavana. There are Suktha for offering in Santana Puja of Ashvini and bali during sandyakala attains ayushmanta varchasvi putra and to Protects child in womb, destroys papa and Garbha Dosha Nivarana Suktham form Seemanta during 8<sup>th</sup> Month of pregnancy and Tying White and Yellow Sarshapa – Neck To Navl of mother.

Few suktha chanting protects child in womb, destroys papa, child with vidya, wealth, provides obedient and energetic son the receptacle learning and other merits.

Also to get healthy conception, initiate Prasava without any difficulty. According to Astanga Sangraha To treat obstructed labour Mantra Pathana is explained. In Atharva Veda Vira Prasuti Sukta useful for achieving male offspring with breaking an arrow over the mothers head.

In Charaka Samhita Shaareera Sthana Oushadha Dharana is mentioned for easy Prasava, in Rigveda also chanting of sukta is mentioned for easy Prasava. Also shree suktha is mentioned

for easy prasava of garbhini and for preventing shatru. In Sushruta Samhita to treat Mudagarbha chanting of Mantra is explained During garbha Nirharana, if fetus is live but difficult to extract. In Atharva Veda Nari Sukha Prasuti Sukta useful for safe delivery

However in rugveda there is a suktha pathana is mentioned for preventing Garbhasrava. When a lady confirms pregnancy to prevent abortion, Homa should be carried out with Ajya and remaining Ajya should be consumed orally and applied externally by lady, this helps for live birth. Also along with Homa mani should be kept and should be tied to head of the lady with three thread along with Ashwatta tender fruits after reciting 10 Gayatri japa and Svasti vachana by Brahmana. This process should be done during 3<sup>rd</sup> month of pregnancy, which provides male child.

The child born should be smeared with ajya and with in one year Japa Homa should be counducted

In this sukta Agni is prayed considering him as destroyer of the rakshasa and destroyes the evil spirit causing the sickness durnaman. Also in this sukta specifies that the evil spirit can destroy the impregnating energy the germ as it settles the moving embryo who seeks to destroys the babe when born and effects the seed during the conception.

In Atharvaveda Garbhat Bhruhmana Sukta is mentioned which is useful against abortion. Also Chanting of Suktha is mentined for successful pregnancy with Manidharana, for conception of Male. Also along with Homa mani should be kept and should be tied to head of the lady with three thread along with Ashwatta tender fruits after reciting 10 Gayatri japa and Svasti vachana by Brahmana. This process should be done during 3<sup>rd</sup> month of pregnancy, which provides male child

In Sushruta Samhita, in Shareera Sthana 10<sup>th</sup> Chapter during jathakarma Mantraputa Madusarpi administration to Garbhini is explained. In Astanga Sangraha Balopacharaneeya Adhyaya mantra pathana is mentioned for the same. In Sutikaghara morning and night bali, every 10<sup>th</sup> day after delivery raksha vidhan, specially on 60<sup>th</sup> night raksha bali kriya are mentined.

Mantra pathana is mentined for Upaveshana Samskara, to avoid Bala Graha, for protecting child from all the graham and to achive Deerghayu. In Rigveda there are Sukta for Deerghayu Prapti Sukta -includes under Ayushya Gana, useful in Cuda Karma and Godana

In Atharva Veda there are Suktha for the welfare and long life of an infant while wearing new cloths, general healing ceramoney, Godana Samskara, against Child Birth Against Unlucky Time Namakarana Samskara, Nishkramana Samskara and Chuda Karma.

#### ATHURA - TO TREAT THE DISEASE.

In general to treat Disease In Rigveda chanting of Suktha are mentined. To Prevents dusvapna, to avoid disease due to food suktha are mentioned. Worshiping of Rudra while consuming remaining food avoids diseases and death. As a Part of Rasayana Chiktsa, Processing of oushadha with Mantra are explained in Bhruhattrayee. While administering the Kevala Amalaka rasayana, take Amalaki after meditating on the Savitri mantra (Gayatri mantra), which helps to regain youthfulness and lives a thousand years longer than the fruits consumed. In Sushruta Samhita In Sarvopaghata Shamaneeya Adhyaya, before Vidhanga Prayoga, 1000 times recitation of Rugveda mantra are explained. Here Acharya gejjata, shabda considered as Yajna Sravanam According to Gayadasa here Atharvaveda should be followed tripada Gayitri or to reduce praktana and for Vighna Shanti 1000 times Ahuti should be done. In Rigveda Gayithri mantra is explained for achieving deerghayu etc.

In sushruta samhita while administering Soma Prayoga Mantra Prayoga is specified. In Rigveda many suktha are mentioned which are useful for the soma ceremonies. In Charaka Samhita soma is considered as King of Medicine, leaves of this plant increases one by one 15 days and fall of in 15 days. By observing this the sukthas explained in Rigveda can be chanted during Preparation of Soma and Soma Yagna. In Atharva Veda Suktha explained are related to intake of Soma and its complication.

Tuvaraka taila should be administered to the patients of Prameha after reciting the Mantra. Here Shrre suktha is mentioned while administering the Ayushkama Rasayana in Sushruta Samhita. This is found as appendices to the Rigveda, which is found in Bashkala Shaka and in Atharvaveda, Pathana of this suktha helps to achieve all the desire, putra, poutra, dhanya and to achieve Deerghayu. According to Astanga Sangraha mantra is useful during Guggulu Prayoga, which is not present in either Rigveda or Atharva Veda.

In Astanga Sangraha Vajeekarana Adhyaya, describes regarding influence of daiva Rupa and Guna. In Atharva Veda vajeekarana suktha is useful for achieving sexual vigor and chanted along with Mani dharana of Arka is Mentioned.

In Ayurved Jwara is explained under two category. i.e Nija and Agantuja. Nija Jwara causes due to Ahara Vihara resulting in dosha Vaishamya, which is treated with Ahara and Oushadha trough Shamana and Shodhana. Agantu Jwara manifested due to Abhighata, Abhicara, Abhishapa and Abhishanga jwara there is need of Daiva Vyapashraya Chikitsa. In Abhighataja Jwara manifest due to abhighata and vitiated Vayu and dustha raktha. Jwara Asrava Bheshaja suktha of Atharva Veda is useful, which is useful to treat wound, bleeding and Jwara. Abhicara jwara due to Atharva vidhi prayoga, which can be treated by the suktha explained in Atharva veda. Abhishapa already described above, Abhishapa jwara manifest due to bhuta abhishangha,

mano vaishamya- due to raja and tamoguna, Visha. Hence in abhishangaja jwara bhutabhishanga and rakshoghna suktha may be useful. Agantu unmada hara suktha are useful in Mana related Abhishanga Jwara. Jwara due to Visha Visha hara suktha are beneficial.

Hence all above Agantu Jwara Daiva Vyapashraya Chikitsa are useful. Also as per acharya all the Nija Jwara can have association Agantu karana. In Jwara Chikitsa Recitation of the Vishnu sahasra nama explained under Vishama Jwara, however this is useful in treating all types of jwara. It contains 1000 Vishnu names, appears in the Mahabharata's Anushasana Parva. Other versions can be found in the Padma Purana, the Skanda Purana, and the Garuda Purana.

As per the Phalashruti, the recitation of the Sahasranama provides unwavering mental serenity, reduces stress and provides the eternal wisdom. Unpleasant or inauspicious will be prevented if daily hears or repeats these names. If the person recites Vishnusahasra nama removes fear, provides courage and vitality, and removes disease. Formal beauty, physical and mental strength, and noble conduct will come naturally to the person who recites Vishnu Sahasra Nama. Peace of mind, patience, prosperity, mental stability, memory, and reputation are all gained by reading this hymn every day with dedication and care.

In Sushruta samhita Uttara Tantra 39<sup>th</sup> Bhutabhishanga Jvara and Chikitsa, the fever which manifests due to bhutabhishanga should be treated with Bhandana with Mantra, Sarshapadi Tadana, Pujana – Bali Upahara etc as mentioned under Bhutavidya. Also Abhishapaja Jvara can be treated with Homa etc, if produce by bad effects of Utpata and Graha through dana, svasthyayana, etc. In Astanga Sangraha Jeerna Jwara Chikitsa Adhyaya Daiva Vyapashraya chikitsa explained in Atharva Veda is useful in Abhishapaja Jwara

Atharva veda explaines Jwaranashaka suktha, in connection with heating an ax and dipping it in hot water to make a lotion; and reckoned Present in takma nashana ghana. Also aasrava bheshaja sukta is useful for treating the jwara. The plant Kushtha is mentioned, to treat Takman, i.e fever and kuktha is useful to pray to Agni to take away the fever.. Gatoshneesha Mantra japa should be done to treat Agantu Dosha, Sahaja Roga and also useful to treat all the Vyadhi.

By the observation of above references there are description about Suktha for treating Jwara. Few Suktha explained above are included are in Takmanashana Gana. Here Takma Nashaka Ghana are used for general healing ceremony, treating disease in general, fever and Yakshma. However treatment of bhuta, rakshasa etc is explained separately.

In Rigveda to treat Abhicara jwara, 3 vrutta suvarna mani dharana on shira or kantha or ura was mentioned. In Atharva veda suktha is mentioned for praying for drug Apamargha to aquire Sahasra Veerya, which is remedy for witchcraft. Sarpavisha nashana suktha is mentioned to

treat poisonsous wound to prevent witchcraft rite. Also there are Suktha pathana with Mani dharana is useful to treat Black magic.

In Rigveda there are suktha remove all the papa, however in Asthanga Sangraha jeerna jwara chikitsa Adhyaya, atharva veda mantra are specified for treating the abhishapaja jwara.

Agantuja unmada chikitsa Daiva vyapashraya is explained. Nidana for the unmada Acharya has explained Abhigarshana of Deva, Rushi, Gandarva, Pishaca, Yaksha, Raksha, Pitru etc Abhiharshana (Aavesha), not following the Nityakarma and Purva Janma Kruta Mithya Karma. For the bhuta Avesha 3 karana are explained, i.e Rati/kama, Archana and Himasa. Among these three Himsa is considered as Asadhya. Abhipraya in Rati and Achara in Archana are to be considered before selecting the Daiva vyapashraya chikitsa bali, upahara, mantra, shanti karma, homa, japa, swastyayana, vedic rites and expiations, i.e. prayaschita, are beneficial. In Caraka Samhita while explaining the chikitsa, Yukthi and daiva vyaoashraya chikitsa are mentioned. Being Ishwara and gana of him is Deva ect adhipathi, nitya puja should be done. Also bali for for devatha, Prashastha oushadhi & Agadha dharana. In Astanga Sangraha To treat unmada shree panchakshara mantra is mentioned, In Bhutanubanda Unmada bhuta nirdista oushadha is needed. For which bali of palala, yavaka saktu pindaka is mentioned. In Atharva Veda suktha is mentioned to treat bhuta Unmada.

In Apasmara if extrinsic causative factors are involved, and presentation of symptoms also if indicates Agantu involvement the chikitsa explained in Agantu Unmada can be advised. In Acoomentory acharya chakrapani specifies that though apasmara can have presentation with Agantu karana, initially to manifest Vyadhi Dosha Anubandha is essential. However in Sushruta Samhita Acharya explains Apasmara being Mahavyadhi, manisfest due to involvement of Dosha itself. In In Atharva Veda chanting of Suktha is specified to release seizers.

In Sushruta Samhita in Atisara chikitsa if it is due to Karmaja, hence Yaga, Dana, Mantra, Bali, Upahara, Devataradhana and Gurupuja is mentioned as Chikitsa. However to stimulate Agni Suktha are explained, also Papa Nashana Suktha are described. There is no specific suktha for the Karmaja Atisara Chikitsa.

In Astanga Sangraha Kustha Chikitsa Here Visha lepa is commented as Mantra Yuktha Agada Lepa. In Rigveda Chanting of specific Suktha daily prevents charma and Asthi dosha. In Atharva Veda Kshetreeya Roga Nashaka Sukta, useful in healing ceremony against Kulagata Kusta. Kusthoushadhi nashana suktha mentioned in Atharva Veda, describing Ashwatha which

is considered as seat of the gods useful for Kushtha. It is prayed for treating Kushtha. Also in Rigveda Shveta Kustha Nashana Sukta is mentioned to treat Shveta Kustha.

In Ayurveda according to Acharya Charaka, Gharshana with Vipra and Guru, Papa Karma are mention as Nidana. Also Shveta Kustha will manifest due to Vachamsi tatya i.e Papakarma due to Vak and Manas, deve ninda, Purva kruta Papa karma.

As nidhana included under Adrustha Karana, Chikitsa will be of Daivavyapashraya.

In gayadasa commentory on sushruta Samhita, kushtha chikitsa, along with ahara vihara, karma is karana for Kustha. Kustha which manifest due to karma even person dies it wont get cured. Only karma kshaya results into reduction of kustha.

In the kustha which get tranfer one to other manifest due to Prasanghat etc, Acharya Gayadasa comments as Papa karma phala transfer from one Janma to other. Hence chikitsa for Kustha is Daivavyapashraya and Yukthivyapashraya.

In Rigveda prayer for Indra for protecting offspring while yet in the womb., and pathana of the same Destroys all papa. Similarly Gayatrimantra reduces Papa Karma. Also there are Suktha, Pathana before bhojana helps to attain Sarva Kama and Removes all the Papa.

In Atharva Veda Papanashana Suktha useful in healing against all the diseases, included in Takma Nashana Ghana. When Kustha reaches to the state of Asadhya. Krimi get manifested. These krimi effects tvak, mamsa, meda, raktha sira, snayu, tarunasthi and produces deformity. Krimijambhana Sukta is mentioned for treating worm in human and in cattle. Pishacha Kshayana Sukta and Kriminashana Sukta against Krimi.

Hence Kustha can manifest due to Papa Karma or due to Dosha with the involvement of Krimi. In Atharva Veda also suktha related to above it is mentioned.

In Rajayakshma chikitsa of Charaka Samhita tells importance of Veda vihita Isti is explained. In Astanga Sangraha Daiva Vyapashraya chikitsa explained in Atharva Veda is useful. While describing Jvara nidana chakrapani commentary describe about Vigraha as Tripada Tri Shira Prani Vishesha, invasion of the same results into jwara.

In Rigveda suktha are mentioned for treating the Kshaya Roga and Ajya should be smeared to hand and head, ear, eyes, chin and nose should be touched daily. In Atharva Veda Suktha mentions about Yakshma Nashaka Suktha, It is present in Takmanashana Gana and Useful in healing ceremony against disease arising from hurtful changes of wind, bile, or phlegm), and against bad weather *durdina*. Deerghayu Prapti Sukta in this sukta lord Indra and Agni are prayed to release Yakshma. Useful in General healing ceremony and achieving long life. Certain Yakshmanashana Sukta chanting is mentioned with barly oushadha dharana, Smearing of Palasha and varuna to head.

Yakshma and Shosha are the two different terms used in this context. In nidana sthana shosha nidana and chikitsa sthana rajayakshma chikitsa are explained. In Shoshanidhana chatuvidhakarana resulting into shosha and opportunistic for invasion of Bhuta. Hence in rajayakshma chikitsa acharya states that when body possess Sneha Kshaya, here Sneha refers to Sara of the Shareera. Sara in Ayurveda includes Shukra and Oja. During this stage, bhuta come out of the mukha from the infected person can invade. Here Nija Vyadhi turn to Agantu Avastha hence Daiva Vyapashraya can be condidered as chikitsa.

By observing the above references Takma Nashaka and Yakshama Nashaka Ghana used to treat in general disease, jwara and Rajayakshma. Acharya charaka consider Yakshama and Jwara are synonym to each other.

In Nidana sthana 1<sup>st</sup> Chapter Yakshma and Jwara are synonym for the Vyadhhi. While comenting on this Acharya chakrapani states yakshma is synonym for vyadhi, as it indicative about roga samuhatva. jwara indicates santapa of Deha and Manas.

Hence when Vyadhi is effecting both shareera and manas like jwara, apasmara, unmada and manifest like syndrome i.e Rajayakshma, disease which manifest with the invasion of agantu karana daivayapashraya chikitsa are useful.

Acharya charaka Vrana is two types based on hetu. Nija Vrana manigfests due to shareera dosha, Agantu manifests due to Agantu nidana. In Agantuja Vrana Mantra is first measures. Once Agantu karana subsides Nija dosha of shareera should be treated. In Sushruta Samhita dvivraneeya Adhyaya importance of Raksha Vidhana is explained. Day night there will be chance of microbial invasion of Micro organism. Hence Rakshavidhana with Guggulu etc dhupana and Ayurvedavihita Mantra are essential.

In Dvivraneeya Adhyaya, Rakshavidhana is exolained in two form

- 1.As explained in Vranitopasaneeya and Agropaharaneeya Dhupana and medicine like Lakshmi etc dharana are considered as Tantra
- 2. Rakshavidhana through mantra as explained in Krutya Pratisheda. Here before Mantra Prayoga Jala Prokshana is should be done.

In Atharva veda there is description about Viajaya Suktha, reffered as Sangramika Mantra to avoid wounds by arrows, also for the purpose of healing of wound as Upakrama and considered to belongs to Mahashanti by name Aparajita Ghana. Suktha are mentioned to do Japa in ranaranga by touching of dundubi solders strength increases.

In Atharva Veda chanting of Sukta with drum is beaten and produce resound, its assigns strength to human. This sukthat is useful in a battle rite, as the drums and other musical instruments of war, duly prepared, are sounded thrice and handed to those who are to play them

In Astanga Sangraha Daiva or Anya Janma Kruta karma is cause for 20 yonivyapad.

Rudhira Srava Nivrurtna Dhamani Bandana Sukta is mentioned to stop the flow of blood as result of a knife wound and the like, and also of disordered menses. Aasrava Bheshaja Sukta also mentioned.

Rohini Vanaspati Sukta mentions to heal serious wounds with an herb, prevents flow of blood from sword – boiled laksha water should be poured. Laksha Sukta is useful for healing flesh wound, Sarpavisha Nashana Sukta is useful to treat poisonous wound.

In veda Mantra explained for treating Vrana can be categorized into Sangramika Mantra and Dundubisvana playing which prevents wound during war, arrest bleeding in fresh wound, treat poisonous wound. Alsong with mantra laksha prayoga is specified to treat wound. In Apa suktha jala itself considered as medicine to treat wound. Also in general many mantra are mentioned for rakshoghna karma that also can be adopted to treat wound. These measures includes oushasha dharana also.

The measures to reduce the effect of Visha are recitation of mantras and application of the Arishta – that is, tying an Oushadha recited with mantra or tying a bandage above the bite. Also It destroys the afflictions of bad spirits, poisons, germs, alaksmi, karmana, mantra, fire, thunderbolt, and foes when breathed, applied topically as an ointment, carried in the body as an amulet, smoked, or stored in the house. While administering Mahagandhahasti Agada, the treatment requires the chanting of Mantra.

Mantra should be used for Visha Marjana. Among the measures explained for Visha, Mantra is explained in the beginning. Mantra which is Tejo maya by the Satya, Brahma, Tapa, fast action of mantra is mentioned in the Sushruta Samhita, which is taken as example by Chakrapani. Arista is of two types, by Rajju and by the Mantra.

To treat visha upadrava shvasa chikitsa is explained with above mantra. According to Astanga Sangraha During Ashlesha Nakshatra between cows shastra mantra rakshana is mentioned with above mantra written by Vishnu. In Astanga Sangraha in Visha Pratishedha Adhyaya By the mantra oushadha bala Visha gets come down. In Mantra and Tantra Paka abhava is there as after paka reduction of veerya occurs

By the teja of visha it is going effect fatly, all the purusha bheshaja is not capable of revliving the same. Mantra does not effect if adopted devoid of vrata by the physician, or svara, varna heena..

Here Mantra puta jala prokshana need to be done. Physician expert should smear charma with Kashaya or kalka, Agada and Vadana should be done to bring back consciousness. In Dundubhi svaneeya kalpa of Sushruta Samhita, application of Ksharaghada over Dundumbi,

pataka, torana – listening of sound when drum is beaten, touching of totana and pathaka reduces the effect of poison. The effect of the same during war already discussed under Vrana Chikitsa. According to Astanga Sangraha Dharana of above mani is mentioned to reduce the effect of Visha. As per Acharya Jejjataby Prabhava

In Sushruta Samhita Mantra Prayoga is mention in treatment of Alarka Visha. However this is not present Rigveda or Atharva veda. To teat visha bhimantraita jala is required, which should be used for Snana. Also bali of Pinyaka, Palala, Dadhi etc need to be adopted. Praying of alakadipathi removes the effect of Alarka Visha

In Rigveda suktha explained by Agastya Rishi for reducing the Visha when he had doubt of Sarpa Damstra. In Shrouta prayoga this sukta is laingika. As per Rugvidhana the person who is effected with Visha this sukta Japa should be done. It prevents the toxic effect of Snake bite or due to Drusti Dosha. Also reduces the poison due to Saeesrupa, Scorpion etc or pison due to food. Also Japa of this sukta is benifitial in achieving intellect, wealth, child, fortune, health, nourishment, education and fame.

In atharveda veda Vishaghna suktha is mentioned which is useful for praying takshaka king of serpent, distinct to Sthavara Kanda/ Kanda Mula. Vishanashana Suktha useful for Visha hara. Sarpavisha Nashana Sukta, is useful in healing poisonous wound to prevent witchcraft rite and against the poison of snakes. Chanting of Visha Bhaishajya Sukta is useful against venomous snake bites. Sarpa Visha Nashana Sukta is useful in flinging out snake poison and along with rubbing grass

Mantra explained by Acharya Charaka is not found in either in Atharva or Rigveda.

Mantra in Rigveda are related to Shanka Visha Chikitsa, Atharvaveda describes suktha to worship Takshaka, treating poisonous wound, prevent witchcraft rite and Drusti Dosha. Dundubi svaneeya description as mentioned in the Sushruta Samhita specifies about agada lepa to dundubi before its usage to reduce the effect of the Visha. In Veda this method included under varana chikitsa.

Before administration medicine for Vamana and Virechana Mantra prayoga is mentioned. As explained in Veda Ashi mantra and above explained mantra should be chanted prior to administration of Vamana Virechana Oushadha. This mantra also not found in Rigveda or Atharva veda. How ever while preparing and administering the Soma Mantra are explained. Same mantra is mentioned in Sushruta Samhita. While commenting on this Acharya Dalhana specifies that Mantra Artha is self explanatory and mantra phala can be achieved, only if avarthana of mantra is followed.

#### PURVAKARMA FOR SHASTRA KARMA

Additionally in Sushruta Samhita before after Shastra karma Raksha Vidhana is explained. The measures like bali, mangala and svasthivacana are included prior to Shastra Karma in Vidradi. After shastra karma Raksha karma should be carried out through fumigation and protect the patient by chanting mantra. After performing protective rituals as described in veda the patients should be taken into Aturagara.

In Rigveda suktha is specified for Destruction of Rakshasa. Also there are Suktha to prevent Rakashasa Bhada. Also Prashana of Sarupa Odana with Purushakruti leha for 12days for Ayushkama. While tying Mani for achieving long life, included under Takma Nasha Gana in Rigveda japa done by holding truna and visarjana in jala – achieves all phala and removes shatru, rakshasa bhaya.

In Atharva Veda Rakshoghna Sukta is mentioned for Rakshoghna karma.

While preparing the Kshara mantra is mentioned, while commenting of which Dalhana commented adhivasya refers to Mantravat Bali karma. Some uses mantra – Agni Veerya Maha veerya----. This suktha is not available either in Rigveda or Atharva veda.

For Graha Chikitsa In Sushruta samhita Uttara Tantra 27<sup>th</sup> Chapter The samanya chiktsa of the child effected with Navagrahas like Skandha, Shakuni, Revati, Putana etc in general application of purana gruta, mustard should be spread all around, light of mustard oil lamp, worshiping of Agni and Krutika by giving bali with sarva gandha dravya, beeja oushidhi.

Those Grahawhich do not respond to the Mantramentioned in Bhutavidhya it should be treated with medicinal preparation.

Bali of Unclean things should not be done to Deva Graha except Pishacha, if done it kills both Patient and Physician.

In Astanga Sangraha Ishwara is considered to be god for treating Sarva Graha, Sarva Vyadhi, including unmade, apasmara and chitta viplava, listening of Mahavidya and Mayuri Vidya, doing puja of bhutesh including his gana is specified for treating bhutesha

No specific Treatment for Graha suktha are available in Rigveda and Atharva Veda except Gayathri Mantra, however suktha related to Rakshogna, Svasthayaya, Shanti mantra, Deerghayu Paraptimantra are useful.

However in Ayurveda to treat Graha amost of the methods of Daiva Vyapashraya chikitsa are useful like Mantra, Oushadhata Dharana, Bali, Homa, Upahara, Mangala are included.

#### IN RIGVEDA

Other than the Suktha discussed above following Suktha are described.

- I. In Rigveda 1<sup>st</sup> Mandala, 24<sup>th</sup> Suktha chanting to reduce Mahodara, Papa Nasha and to reduce Deerghayu
- II. Rugveda 1-50-11 Praskanva rushi pray surya for clearing the hrudroga and Kamala.
- III. In Rigveda Japa of 11<sup>th</sup> ruk of 101 Suktha of 8<sup>th</sup> Mnadala while seeing surya, removes Asatya Dosha.
- IV. In total 5 Sukth are useful in preventing the Dusvapna
- V. 100<sup>th</sup> Suktha of 8<sup>th</sup> Mandala chanting during Gouri pooja makes samskara of vak and prevents asat vani dosha

#### IN ATHARVA VEDA

The treatment for diseases not mentioned in ayurveda found in Atharva veda are as followes.

- I. 1<sup>st</sup> Khsnda 3<sup>rd</sup> Suktha Mutra Dosha Nivarana Sukta useful against obstruction of Urine
- II. In 6<sup>th</sup> Khanda 21<sup>st</sup> and 37<sup>th</sup> Keshsvardhini Oushadi and Keshavardhana Suktha pathana for protecting hair . Pathana of 137<sup>th</sup> Suktha increases growth of hair.
- III. 6<sup>th</sup> Khanda 30<sup>th</sup> Suktha useful while processing the Shami, which is useful for hair
- IV. 6<sup>th</sup> Khanda 25<sup>th</sup> Manya Nashana Sukta useful for Healing Gandamala
- V. 6<sup>th</sup> Khanda 105<sup>th</sup> Suktha describes about Kasa Nashaka Suktha useful against cough
- VI. 7<sup>th</sup> Khanda 8<sup>th</sup> Apachi jayana Suktha useful Against Apachi And Rajayakshma
- VII. 6<sup>th</sup> Khanda 90<sup>th</sup> Suktha Ishunashana Sukta useful For Intense Pain
- VIII. 7<sup>th</sup> Khanda 67<sup>th</sup> Suktha Murcha Nashana Suktha useful For Recovery Of Sense, Etc.
- IX. 6<sup>th</sup> Khanda 83<sup>rd</sup> Suktha Apachi Chikitsa
- X. 6<sup>th</sup> Khanda 129<sup>th</sup> Bhagaprapti Sukta is chanted during ceremony relating to women for good fortune, simultaneously shimshipa and souvarchala mani dharana also done.
- XI. 6<sup>th</sup> Khanda 133<sup>rd</sup> Mekhala Bhandana Sukta- prayer is done to achieve Mati, Indra's power and provide long length of life.
- XII. 6<sup>th</sup> Khanda 138<sup>th</sup> Klaibya Suktha making man impotent
- XIII. 7<sup>th</sup> Khanda 13<sup>th</sup> Sbha Shatru nashana Suktha useful in getting success in vaada
- XIV. 7<sup>th</sup> Khanda 67<sup>th</sup> Murcha Nashana Suktha get recovery of sense, etc.
- XV. 19<sup>th</sup> Khanda 28<sup>th</sup> Dharbha Mani Suktha for Mahashanti
- XVI. 19<sup>th</sup> Khanda 31<sup>st</sup> Oudumbaramani Suktha for Mahashanti
- XVII. 19<sup>th</sup> Khanda 34<sup>th</sup> & 35<sup>th</sup> Jangidha mani Suktha lumbago and rheumatic pain, consumptive cough and pleurisy, and the fever that each Autumn brings

#### XVIII. 19th Khanda 36th Shatavari Mani

The references of Daivavyapashraya chikitsa In Charaka Samhita 21, in Sushruta Samhita 21 and in Astanga Sangraha 28. Among which most commonly practiced measure by Acharya Charaka, Sushruta and Vagbhata are Mantra. Application of these measures in many diseases was in combination like some time all together as Daiva Vyapashraya as like in Agantu Vyadhi with Bhuta etc. Some time Mantra with Oushadhi Dharana as in Prasaya.

The Mantra which are explained in Bhruhattrayee few are refered from Atharva Veda. Mantra Mentioned for prior to administration of Vamana, Graha Chikits atc not found either Rigveda or Atharva Veda.

However by observing the information available in Bhruhatrayee and both the Veda by application of Paratantra Arthashraya, references of Daivavyapashraya considered are near to Atharva Veda. This may be due to time period of Rigveda and Atharva Veda.

The measures found in bhruhattrayee under daiva vyapashraya chikitsa are not the same. This variation could be related to Acharya's field of interest and changes in people's lifestyles in the society. In comparison to the Atharva Veda, the Rigveda contains far less material about Dvaivavyapashraya Chikitsa. There are currently no references for Yuktivyapashraya Chikitsa. People were bereft of Bhaya, Raga, Dvesha, Moha, Lobha, Krodha, and other things during the Adikala period, according to Janapadodwamsa Adhyaya. During the Kruta Yuga, the illness began to manifest. This could explain why Yukthi Vyapashraya has fewer Suktha.

Ayurveda is considered as Upaveda of Rigveda according to Acharya Kashayapa. According to Acharya Sushruta and Charaka Ayurveda is Upaveda of Atharva Veda. By the above reference we can understand that Ayurveda can be considered as Upaveda of Atharva Veda. Some believe that the effect of Mantra is fast and stronger, than Oushadha etc measure mentioned under Daivavyapashraya Chikitsa. However Mantra Chikitsa application in Ayurveda observed along with Oushadha. Acharya Dalhana considers Oushadha Prayoga externally in the form for Dhupa etc in Rakshavidhana as Tantra. In Mantra Chikitsa in

common practice also give more importance of Tantra. For instance while chanting Gayathri Mantra during Sandhya Vandhana Angha Nyasa, Pranayama are mentioned, which signifies added effect to the Mantra.

Also while explaining clinical application of Daiva vyapashraya chikitsa, methods are not detailed in Bhruhattrayee. Also Rigveda and Atharva Veda dose not specify how to use these measure. Acharya Sushruta mention Mantra Visharadha and Rasa Visharadha need to administer Bheshaja and Mantra Chikitsa respectively. Here Mantra is Upalakshana. Other measures of Daiva Vyapashraya Chikitsa also administer by experts only.

However even in Rigveda Methods of application of Sukth are not mentioned. As in Rigveda few Ruk are lingika, those are considered in this study. Other Suktha / Ruk application is understood by considering Sayana Bhasya and Rigvidhana. Atharveda also Koshika and Pippalyadi bhramana are considered for understanding its application along with Suktha name. When ever clinically when patients if need to be chanted proper training should be given as Acharya Sushruta specify if Mantra chanted with improper Svara and Varna it dose not produce its effect. Many researches are carried out to understand the benefit of Mantra by listening. Hence here most commonly used Gaythri Mantra is considered for animal experiment.

#### VI. ANIMAL EXPERIMENT

There was significant increase in weight was observed in control group, in Satndard Group, in Purana Gayatri Group and in Vishwamitra Gayatri. Three to five-month-old animals were chosen for the investigation. Purana Gayatri, Vishwamitra Gayathri, and Standard Groups, on the other hand, have a higher mean weight gain than the control group. Weight gain is within Physiological Limits in Purana and Vishwamitra Gayithri as a function of age and gender. This means that both Gayithri Mantra versions are aided in achieving regular growth and development. The amount of food consumed by albino rats determines their weight gain. The rats in each group were given the same amount of water and food.

Data recorded about Raring, grooming, freezing, licking, sneezing, and sniffing were found with in normal limit, which indicates the normal gross behavior of animal from 0 to 48<sup>th</sup> day of intervention.

#### CHANGES IN NEUROMUSCULAR ACTIVITY & LEARNING USING ROTAROD

The neuromuscular activity of the animals increase was more in Vishwamitra Gayathri in comparison to Purana Gayathri, Control and Standard Group. In comparison to Control, Standard, Purana Gayathri & Vishwamitra Gayathri are showing the significant improvement in Neuromuscular activity was observed.

In comparison to Standard group, highly significant increase in nuro muscular activity was observed in Purana Gayatri group and Vishwamitra Gayatri group. Neuromuscular activity of the animals was more in Vishwamitra Gayathri group than Purana Gayathri Group which was statistically significant. The rota rod test is commonly used to assess rodent motor coordination. It gives a variety of continuous variables (time length) that can be measured and analysed for statistical purposes to assess the effects of various situations, procedures, and interventions. Neuromuscular or motor coordination was significantly increased in both Purana and Vishwamitra Gayathri. Listening to fast-tempo music boosted overall exercise tolerance as well as the neuromuscular fatigue threshold, according to a study. Here Vishwamitra Gayatri is a Rigveda Mantra, where as Purana Gayathri is Stotra. Vedic mantras are traditionally referred to as mantras. They are only taught to those who have demonstrated their ability to learn them, and their recitation is subject to certain circumstances. They are almost often preceded with a single syllable, most commonly Om. To chant vedic Mantra Knowledge of Chandas is required. Also training should be given by the Guru.

Where as Any lyric or even a chunk of prose can be referred to as a shloka. Stotra and stuthi are prayers, often glorification prayers. They can be written in either prose or poetry. Sutra can also be added to the list. A sutra is a code that in a few words expresses the core of all

knowledge. According to the Vayu and Skanda Puranas, a sutra must be universally applicable and error-free in its linguistic expression. Here there no stringent rules are required to chant the Shloka.

Above study reveal that listening of both the version of Gayathri mantra in Mantra and Shloka form increased neuromuscular coordination in animals.

#### EXPLORATORY BEHAVIOR

The Escape response of the animals was less in Purana Gayitri Group on 28<sup>th</sup> day which was statistically significant and escape response was less in Vishwamitra Gayatri Group on 48<sup>th</sup>. The Hole board equipment test is an experimental method for measuring anxiety, stress, neophilia, and emotionality in animals used in scientific research. The animals were put on a Hole board and allowed to explore for 5 minutes. The animal's total number of head dips was recorded. When the animals' anxiety levels are high, the holes may serve as a means of escaping the aversive surroundings rather than an exploring object.

The study animals' fearless behaviour, which shows reduced anxiety, is indicated by a decrease in value in all groups. Purana Gayathri and Vishwamitra Gayathri both demonstrate favourable behaviour changes in the group, according to this assessment. In the Literature also we observe that Vedic mantras are energy-based sounds or vibrations that can be used to achieve a deep state of meditation, which is thought to help alleviate physical and mental diseases by reawakening the body's innate healing mechanisms. On November 7, 2003, UNESCO designated Vedic chant as a Masterpiece of Humanity's Oral and Intangible Heritage. The sympathetic and parasympathetic nerves, which are dispersed in a fine network surrounding the internal organs, are influenced by the frequencies and sympathetic overtones generated by mantras, which have their own vibration pattern.

#### **ANTIPSYCHOTIC ACTIVITIES**

The immobility frequency and duration of the animals was decreased significantly in the animals Purana Gayatri intervention and Vishwamitra Gayatri intervention

The Behavioral despair test (also known as the Porsolt forced swimming test) is a test that measures susceptibility to bad mood by observing a rodent's response to the danger of drowning. The rats begin to swim, attempting to escape the cylinder; the length and frequency of immobility is used as a measure of depression. The increased duration and frequency of immobility in animals indicates a higher level of depression. There is a significant reduction in the frequency and duration of immobility from before to after intervention, indicating a reduction in depression in Standard, Purana Gayithri and Vishwamitra Gayathri Group.

The immobility frequency of the animals was less in Vishwamitra Gayatri group and Purana

Gayathri Group in comparison to Control and standard which was statistically significant.

Insignificant result was observed among Vishwamitra Gayithri and Purana Gayithri, which indiated both are equally beneficial in reducing the depression. In a trial of inpatients with major depression, supplementary mantra meditation resulted in a clinically significant reduction in the severity of depressed symptoms.

#### **MEMMORY**

On 48<sup>th</sup> day there was significant improvement in recall memory was observed in both Purana and Vishwamitra Gayathri Group in comparison to Control and Standard group respectively. However jumping and latency response was more in Vishwamitra Gayathri Group, Time at pole was more in Purana Gayathri Group.

For producing a consistent baseline behaviour, Cook's pole climbing device (Techno) was used. To prevent footshock, the rats had to learn to leap on a pole. The conditioned stimulus was a tone of 50 Hz and a footshock of 1. OmA was unconditioned stimuli. The animal was given one minute to adjust in the chamber during the training phase. Then, for a total of 15 seconds, conditioned and unconditioned stimuli were presented in succession. The trail stopped when

the animal jumped on the pole or after 30 seconds, whichever came first. Without waiting for the shock, the taught animal either responded spontaneously or to the buzzer. Before and after medication treatment, memory retention of painful stimuli created throughout the learning process was examined. It was measured as the percentage of animals hopping on the pole to avoid being shocked. The statistical significance of the data from the various treatment groups was determined. This test helps to assess the active avoidance learning can be understood as recall memory. The animal capable of identify the conditioning stimuli (buzzer) as precursor of the unconditioned stimuli of shock, jumping and latency response was more in Vishwamitra Gayathri Group, Time at pole was more in Purana Gayathri Group. Here Jumping indicates escape response of animal, latency is passive avoidance latency, and time spent at pole. Changes in CAR through statistically insignificant, response found more in Purana and Vishwamitra Gayitri in comparision to other which indicates unconditional response.

Utility of Gayathri mantra was observed in Rigveda, if any one dose the laksha gayatri japa with only drinking ghee becomes Mahamedhavi and Jnani. A study involving school students found that reciting the Gayatri mantra resulted in a significant enhancement in both spatial and verbal memory scores. Another study used DLST to compare Gayathri Mantra and Poem chanting, and found that Gayathri Mantra had a considerably better net score in the female group.

Meditation was made utilising gayithriimantra on 8 naive subjects who had not before practised any sort of meditation. The EEG study had 12 participants, while the fMRI study had eight. The bilateral superior temporal gyri, right temporal lobe, right insula, left inferior parietal lobule, lateral globuspallidus, and culmen of the cerebellum were shown to have the highest levels of activation.

#### ANTIPSYCHOTIC ACTIVITIES USING WATER MAZE

With in the group both in Purana Gayathri and Vishwamitra Gayathri rats were reached the target quadrant quickly. Time spent at central flat form were decreased in both group crossing over time was increase. To find the submerged, concealed platform in relation to visual signals, functional brain circuitry is required, analogous to declarative memory formation in humans, such as the ability to recall a phone number, a song, or visuals from a previous event.

Purana gayithri showed improvement in memory compression to the control, which is observed in time spent at center platform and increased number of crossing. Similarly Vishwamitra Gayithri showed better result that Control group with statistical significance in few parameter. Both in Purana gayathri and Vishwamitra Gayithri Statistical insignificance differences in comparison with Standard drug.

#### ANTIPSYCHOTIC ACTIVITIES USING OPEN FIELD

Here Each animal was treated to the Open field apparatus before being given extra 5 minutes to explore the test area and record their findings. The number of outside and inner squares crossed, as well as activities like as rearing, grooming, the amount of faecal pellets emitted, freezing time, and so on, are all evaluated in this test. Rats and mice, for example, have a natural intolerance to brightly illuminated open spaces. They do, however, exhibit a strong desire to investigate a potentially dangerous stimuli. Reduced anxiety leads to more exploratory activity, whereas higher anxiety leads to reduced movement and a preference for staying near to the field's boundaries. Thus Exploratory behaviour, such as Rearing and a higher number of inner squares crossed, indicates that the animal is less anxious. An increase in the amount of faecal pellets (boli) can indicate the subject animal's uneasiness and emotionality. Given this remark, it is reasonable to assume that the increased quantity of fecal pellets emitted, grooming, and freezing time indicate greater anxiousness in the anima.

Improvement in all the parameters were observed both in Purana and Vishwamitra Gayathri Group with in the group before and after intervention. Most of the parameter in this test is more effective in Purana Gayathri Group.

#### ESCAPE NOXIOUS-EVOKED REACTIONS USING HOT PLATE

When compared to the control group, the response duration in the Standard Group was significantly higher. Purana Gayatri Group response duration was longer than control group after 28th and 48th days of intervention. Purana Gayithri has a long-lasting effect, as evidenced by the same value in both stages of evaluation.

After 28 and 48 days of intervention, the response duration in the Vishwamitra Gayatri Group was greater than in the control group. When compared to the control group, the Purana Gayatri Group's reaction duration was greater after 28 and 48 days of intervention.

When compared to standard, after 28 days of intervention, response duration was higher in Vishwamitra Gayatri, which was statistically insignificant, and after 48 days of intervention, response duration was higher in Vishwamitra Gayatri, which was statistically significant.

After 28 days, Purana Gayitri had a longer response duration, and after 48 days, Purana Gayitri had a longer response duration, which was statistically significant when compared to Vishwamitra Gayathri.

#### **EFFECT ON NEUROTRANSMITTERS**

Dopamine levels were higher in the Standard group on the 28th and 48th days, Cortisone levels same in both the standard and control groups. During the 28th and 48th days following treatment, ACTH levels are slightly lower in the standard group than in the standard group.

Dopamine levels were lower on the 28th day after intervention in Purana Gayathri, but increased. Purana Gayitri's cortisole level was greater on the 28th and 48th days, but the

difference was not statistically significant. Purana Gayitri had lower ACTH levels on the 28th and 48th days, which was statistically insignificant when compared to the control group.

On the 28th day following intervention, dopamine levels in Vishwamitra Gayathri were lower, which was statistically insignificant, but on the 48th day, they were higher, which was statistically significant. Vishwamitra Gayatri had a lower cortisol level on the 28th day and a higher cortisol level on the 48th day, which was statistically significant. In Vishwamitra Gayitri, the ACTH level was lower on the 28th day and higher on the 48th day, which was statistically insignificant when compared to the control group.

Dopamine levels were lower on the 28th day after intervention in Purana Gayathri, but increased on the 48th day, which was statistically significant. Purana Gayitri's cortisol level was greater on the 28th and 48th days, but the difference was statistically insignificant. Purana Gayitri had lower ACTH levels on the 28th and 48th days, which was statistically insignificant when compared to the standrd group.

On the 28th day following intervention, the dopamine level in Vishwamitra Gayathri was lower founs statistically significant. It was less on the 48th day, which was statistically insignificant. Vishwamitra Gayitri's cortisole level was lower on the 28th day and higher on the 48th day, which was statistically insignificant. In Vishwamitra Gayitri, the ACTH level was lower on the 28th day and higher on the 48th day, which was statistically insignificant when compared to the standard group.

On the 28th day after intervention, dopamine levels in Vishwamitra Gayathri were higher, which was statistically significant. It was higher in vishwamitra gayatri on the 48th day, which was statistically insignificant. Vishwamitra Gayitri's cortisole level was lower on the 28th day and higher on the 48th day, which was statistically significant. The level of ACTH was higher in Vishwamitra Gayitri on the 28th and 48th days, but statistically negligible in the Compression to Purana Gayathri Group.

According to Tasset et al., 2012, music reversed dopamine depletion in rats after injection of a D2-receptor antagonist. Meng et al., 2009 found that music increased the expression of dopamine-related genes in mice. The mesolimbic route connects the prefrontal cortex to the nucleus accumbens of the amygdala, cingulate gyrus, hippocampus, and pyriform complex of the olfactory bulb in the ventral tegmental area (VTA). Emotion production and processing are controlled by dopaminergic projections in the amygdala and cingulate gyrus. The presence of dopaminergic neurons in the hippocampus is linked to learning, working memory, and long-term memory development. Finally, the pyriform complex of the olfactory bulb is responsible for the sensation of smell in humans. Dopamine is released in the mesolimbic pathway during pleasurable events, generating arousal, and influencing behaviour (motivations) to seek out the pleasurable activity or employment. Dopamine binds to dopaminergic receptors in the nucleus accumbens and prefrontal cortex.

According to the research, classic music causes a calmodulin-dependent drop in systolic pressure and a rise in mesencephalon dopamine levels in humans and rats treated with ecstasy. Corticosterone is a major glucocorticoid in many animals, including amphibians, reptiles, rodents, and birds, and it regulates energy, immunological responses, and stress responses. Nature's built-in alert mechanism is cortisol. It is the primary stress hormone in the body. It regulates mood, motivation, and fear by interacting with specific areas of the brain. Cortisol is produced by the adrenal glands, which are triangle-shaped structures at the apex of your kidneys.

In a study, ACTH levels were higher in the classical music group and lower in the sufi music group as compared to the control group. A study also found that prenatal exposure to classical music can raise rat pups' stress levels, leading to depression-like behaviour, but calming traditional music can lower stress levels by lowering ACTH levels in the blood. Furthermore,

music with a high sound intensity, such as rock music, may induce oxidative stress, which affects the organism in various ways.

The Rigveda Mantra Vishwamitra Gayathri is a Rigveda Mantra. Mantra's influence on nuero transmitter may be greater

#### **CONCLUSION**

Using Paratantra Arthashraya in Rigveda and Atharvaveda, this work establishes the understanding of Bhruhutrayee's Daiva Vyapashraya chikithsa. There are only a few references to daiva vyapashraya chikitsa in the Rigveda, most of which are focused with Svasthyayana, Shanti Karma, and Sukta for curing Hrudroga Haleemaka, Ajeerna. A few references in Bhruhatrayee that explain the clinical application of Daiva Vyapashraya are similar to the Atharva Veda. Daivavyapashraya, Yukthivyapashraya, and Satvavajaya have all been mentioned in the Atharveda. In the Rigveda and Atharvaveda, however, Mantra Viniyoga Paddati is not mentioned. Later texts, such as Rigvidhana and Bhashya of Veda, are helpful in improving application.

Vishvamitra and Puranokta Gayatri Mantra are equally beneficial physiological parameters like weight, food intake etc and psychological parameters like anxiety, stress etc in albino rats.

Improving Dopamine and ACTH was better in Vishwamitra Gayathri Group in Comparison to Purana Gayathri. Though an increase of Cortisol was found in Purana Gayathri, other experiments dose not show an increase of Anxiety stress.

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# **ABBREVIATIONS**

ACTH:-Adreno Cortico Trophic Hormone

AH:- Astanga Hridaya

SS: Sushruta Samhita

AS :-Astanga Sangraha

AT :-After Treatment

CS: Charaka Samhita

CSC:-Constitutive Skin Colour

VG: - Vishwamitra Gayathri

PG – Purana Gayathri

S: - Standard Group

#### CHAPTER 1

### **BACKGROUND**

#### DAIVA VYAPASHRAYA CHIKITSA

## i. Introduction to Daivavyapashraya Chikitsa

प्रशाम्यत्यौषधैः पूर्वो दैवयुक्तिव्यपाश्रयैः|मानसो ज्ञानविज्ञानधैर्यस्मृतिसमाधिभिः॥1

Jnana, Vijnana, Dairya, Smruti, and Samadhi can be used to treat the former (Manas Dosha), whereas Daiva and Yukti Vyapashraya can be used to treat the latter (Shareera Dosha).

त्रिविधमौषधिमिति- दैवव्यपाश्रयं, युक्तिव्यपाश्रयं, सत्त्वावजयश्च| तत्र दैवव्यपाश्रयं- मन्त्रौषिध मणि मङ्गल बल्युपहार होम नियमप्रायश्चित्तोपवासस्वस्त्ययनप्रणिपातगमनादि,युक्तिव्यपाश्रयं- पुनराहारौषधद्रव्याणां योजना, सत्त्वावजयः- पुनरहितेभ्योऽर्थेभ्यो मनोनिग्रहः॥ 2

There are three kinds of treatment modalities-

- Daivavyapashraya (divine or spiritual therapy),
- Yuktivyapashraya (therapy based on reasoning) and
- Satwavajaya (psychotherapy).

Mantra chanting, Oushadha Dharana, Mani Dharana, Mangala – auspicious, Bali – donations, Upahara – oblations, gifts, Homa – offerings to holy fire, Niyama – spiritual laws, Prayaschita – atonement, Upavasa – fasting, Svastyayana – homage to gods, Pranipata – namas Gamana - sacred sites, etc. Yuktivyapashyraya comprises a healthy diet and medication preparation. Sattvavajaya is the practise of withdrawing one's thoughts from harmful objects.

करणंपुनर्भेषजम्। भेषजंनामतद्यदुपकरणायोपकल्पते भिषजोधातुसाम्याभिनिर्वृत्तौ प्रयतमानस्य विशेषतश्चोपायान्तेभ्यः। तद्द्विविधंव्यपाश्रयभेदात्- दैवव्यपाश्रयं, युक्तिव्यपाश्रयंचेति। तत्रदैवव्यपाश्रयं मन्त्रौषधि मणि मङ्गल बल्युपहार होम नियमप्रायश्चित्तोपवासस्वस्त्ययनप्रणिपातगमनादि।

The Bheshaja or Chikitsa is promoted as Daivavyapashraya and Yuktivyapashayam under the topic of karana, one of the Dashavidha Pareeksha described in Vimana Sthana 8th Chapter. When Acharya Sushruta explains Rutu Vyapat Chikitsa, he also explains Daiva Vyapashraya Chikitsa <sup>3</sup> तत्र,स्थानपरित्यागशान्तिकर्मप्रायश्चित्तमङ्गलजपहोमोपहारेज्याञ्चलिनमस्कारतपोनियम- दया दान दीक्षाभ्युपगम देवताब्राह्मणगुरुपरैर्भवितव्यम, एवं साधु भवति ॥२०॥

As per Acharya Dalhana ऋतुकोपस्याधर्मकारित्वात्तत्र दैवव्यपाश्रयं भेषजम्।

Rutu vyapat is due to Adharma, hence Chikitsa is Daivavyapashraya.

Table No 1

Daivavyapashraya Chikitsa according to Commentators of Bhruhatrayee

		T	ı	I
Sl	Method	Sushruta Samhita	Astanga	Charaka
			Sangraha	Samhita
1.	Mantra/Ja	जप ओङ्कारपूर्वकमृग्यजुःसामावर्तनं – Chanting	-	-
	pa	of Ruk, Yaju etc followed by Omkara		
2.	Oushadhi	-	_	Dharaneeya
2.	Ousnaam			Prashasta
				Oushadhi
3.	Mani			Dharaneeya
3.	Maiii	-	_	Prashastha
				Chandrakantadi
1	C			
4.	Gamana	-	-	देवतीर्थादिगमनम्।
5.	Shanti	Indriya Vijaya or Yajana of Vedokta	स्वस्त्ययनं	Svasthyayana -
	Karma	Mantra	वेदोक्तं कर्म।-	स्वस्त्ययनं वेदोक्तं
			Karma	कर्म∣-
			mentioned	
			in Veda	
6.	Prayaschit	Chandrayana etc Vrata which helps for	_	Vratadi
	a	Prashamana of praktana karma i.e	व्रतादि।	
	-	Prayaschita	· ·	
		प्रायो नाम तपः प्रोक्तं चित्तं निश्चय उच्यते।	उपवासः	
		तपोनिश्चियसंयुक्तं प्रायश्चित्तमिति स्मृतम्	प्रसिद्धः	
		, ,	पापहर्तृत्वे।	
		Here Praya refers to Tapa, chitta refers to	-	
		Nischaya, hence where Tapa is Nischaya i.e		
	3.6	Prayaschita.		G1 11 T7
7.	Mangala	मङ्गलं प्रशस्तौषधमणिधारणादि Prashasta and	-	ShubhaKrut
		Oushadha Mani Dharana		Karma
8.	Homa	होमो लक्षकोटिप्रयुतोपलक्षितः- offering 1 lack	-	Bali Upaharo
		or 1 crore time		Devadishu
				Homa
9.	Upahara	उपहारः देवादिषु गवाश्वप्रभृतीनामुपा(न)यनम्	अत्रौषधीनां	-
		अन्ये उपहारो देवतानां सपशुर्बिलः;- Bringing	धारणमेवाभि	
		go or Ashva near to Go is Upahara others	प्रेतम्।	
		opines that Pashubali as Upahara	V	
		opines that I ashabah as Opanara	बलेरुपहारो	
			देवादिषु।	
10.	Ijya	इज्या यागः; - Yaga as Ijya, offering offered	-	-
		to Agni		
-				

11.	Anjali	अञ्जलिः भक्त्या करसम्पुटविधानं – Kara	-	-
		Smputa Vidhana ie different Anga Nyasa		
		which are adopted in Puja		
12.	Namaskar	नमस्कारो देवद्विजगुरुभ्यः कायवाङ्गानसः	-	Pranipata-
	a	प्रणामः; - Expressing salutation to Deva,		Devebhyo
		Dvija and Gura through Kaya Vak and		Namaskara
		Mana		
13.	Tapa	तपः तापनालक्षणमुपवासादिः; - following	-	-
		Upavasa etc by which making Shareera		
		Tapana etc		
14.	Niyama	नियमः शास्त्रोदितो विधिर्मीनादिः, - following	नियमो	नियमो
		rules as per shastra i.e mouna etc	वर्ज्यवर्जनम्।	वर्ज्यवर्जनम्।
15.	Daya	दया प्राणिषु कृपा;- compassionate for animals	1	-
16.	Dana	दानं यथाविभवं वित्तविसर्गः; - offering	-	-
17.	Deeksha	दीक्षा गुरुतो मन्त्रादिग्रहणं; - from guru	-	-
		receiving the mantr		
18.	Abhyupag	अभ्युपगमः गुरुवाक्यादीनामङ्गीकारः; -	-	-
	ama	following of Guru Vakhya etc		

# Table No 2

Descriptions about Daivavyapashraya Chikitsa as per Shabdakalpadhruma

	मत्रि गुप्तभाषणे + घञ् । Word mantra derived from <i>Matri Dhatu</i> , which means
मन्त्रः	Gupta Bhasahna
	मन्त्र्यते गुप्तं परिभाष्यते इति।निषेकादिश्मशानान्तो मन्त्रैर्यस्योदितो विधिः ।
	तस्य शास्त्रेऽधिकारोऽस्मिन् ज्ञेयो नान्यस्य कस्यचित् ॥
	As per Manusmruti, Starting from the nisheka till Smashana, Mantra are useful.
	These mantra should be used according to Shastra.

	ओषधिरेव वा "ओषधेरजातौ"
औषधं	Oushadhi are which origin from Oshadhi. ओषो धीयतेऽत्र । ओष + धा +
	कि । Osha refers to which provides phala and get destroys, फलपाकान्तवृक्षादिः
	Example in Garuda Purana
	कुसुमस्य निबद्धञ्च तरुणीनां महेश्वर ! ।
	रक्तोत्पलस्य – Dharana of flower of lotus prevents bleeding.
	हिङ्गुसैन्धवसंयुक्तं शीघ्रं स्त्रीणां प्रसूतिकृत् ॥मातुलुङ्गस्य वै मूलं कटिबद्धं प्रसूतिकृत् ।
	Dharana of <i>Hingu Saindhava or Matulunga Mula</i> in <i>kati</i> initiates labor.
	अपामार्गस्य वै मूले नारीणां शिरसि स्थिते ।गर्भशूलं विनश्येत नात्र कार्य्या विचारणा ॥
	Dharana of <i>Apamarga Mula</i> over <i>Shira</i> destroyers <i>Garbha Shula</i> .
	शङ्खनाभिवचाकुष्ठलोहानां धारणं सदा ॥बालानामुपसर्गेभ्यो रुद्र ! रक्षाकरं भवेत् ।
	To protect Bala – dharana of Shankanabhi, Vaca, Kushtha and loha is useful.
मणि	मण + "सर्व्वधातुभ्य इन्  Man Dhatu indicates Sarvadhatu.
- 111-1	रतं क्लीवे मणिः पुंसि स्त्रियामपि निगद्यते ।तत्तु पाषाणभेदोऽस्ति मुक्तादि च तदुच्यते ॥"
	इति भावप्रकाशस्य पूर्व्वखण्डे प्रथमे भागे
	In Bhavaprakasha Purva Khanda 1st part Mani includes Pashana Bheda, Mukta etc
	मुक्ताविद्रुमवज्रेन्द्रवैदुर्य्यस्फटिकादयः ।चक्षुष्या मणयः शीता लेखना विषसूदनाः ।
	पवित्रा धारणायाश्च पाप्मालक्ष्मीमलापहाः ॥"
	इति सुश्रुते सूत्रस्थाने ४६ अध्याये ।) Mukta, Vidruma, Vaidurya etc are Mani which are
	Chakshushya, Sheeta, Lekhana, reduces Visha. Which are Pavitra, suitable for
	wearing removes Papa and Alakshmi
ਸਟਕ	मङ्गति हितार्थं सर्पति मङ्गति दुरदृष्टमनेनास्माद्वेति । मगि + "मङ्गतेरलच् । word mangala is
मङ्गल	derived from Mang Dhatu, which means activities done for Hita
	ब्राह्मणान् कुशलं पृच्छेत् क्षत्नबन्धुमनामयम् ।
	वैश्यं क्षेमं समागम्य शूद्रमारोग्यमेव तु ॥कौर्म्मे उपविभागे ११ अध्यायः ॥
	Mangala Karma for Bhrahmana desired for Kushala, Kshtriya for bandu
	anamayarta, Vaishya are for Kshemarta and for Shudra for attaining Arogya
बल्यु	बल्यते दीयते इति । बल दाने + "सर्व्व-धातुभ्य इन्
	Bali refers to that which is offered.
	बलेः पूजोपकरणस्य देवतो-देशेन संकल्पितच्छागादेर्वा दानम्
	Offering sheep etc to God after Sankalpa.
उपहार	उप + हृ + घञ् ।) उपढौकनद्रव्यम् ।तत्पर्य्यायः । प्राभृतम् २ प्रदेशनम् ३ उपायनम्
	४ उपग्राह्यः ५ उपदा रत्नपुष्पोपहारेण च्छायामानर्च्च पाँदयोः" ।
	Offering Ratna, Puspa etc.
होम	   हवनमिति । हु + "अर्त्तिस्तुमुहु-स्रिति अध्यापनं ब्रह्मयज्ञः पितृयज्ञस्तु तर्पणम् ।
614	होमो दैवो वलिभौतो नृयज्ञोऽतिथिपूजनम् ॥"Homa refers to Havana. As per Acharya
	Manu Homa refers to Havana, i
	इति मनुः
	Airi R.

	नित्पहोमं प्रवक्ष्यामि सर्व्वार्थं येन बिन्दित ॥सपर्य्यां सम्यगापाद्म विलपूर्व्वं चरेद्विधिम् ॥ ततो होमं तर्पणञ्च चरेत् साधकसत्तमः ।विलवैश्वादिकं चैव ब्राह्मणः समुपाचरेत् ॥ अर्घोदकेन संप्रोक्ष्य तिस्रो रेखाः समालिखेत् ।विधिवदग्निमानीय क्रव्यादेभ्यो नमस्तथा ॥ मूलमन्त्रं समुच्चार्य्य कुण्डे वा स्थण्डिलेऽपि वा ।भूमौ वा संस्तरेद्विह्नं व्याहृतित्रितयेन च । स्वाहान्तेन त्रिधा हुत्वा षडङ्गहवनं चरेत् ॥" As per Manusmruti, one should follow Nitya Homa to attain all the desire. It should be followed with submission of bali,
नियम	नियमनमिति । नि + यम + "यमःसमुपनिविषु च प्रतिज्ञा । अङ्गीकार इति यावत् । व्रतम् । तच्चोपवासादि । अनित्यमागन्तुसाधनं कर्म्म । इत्यमरः । Niyama referes to regulating onself by taking certain Pratijna. नियमं प्रथमं कृत्वा पश्चात् पूजां समाचरेत् ॥"बन्धनम् । यथा, मनुः । ८ । १२२ । As per Manu oneshould follow Niyama first, the Puja should be carried out शौचं तुष्टिश्च सन्तोषस्तपश्चेन्द्रियनिग्रहः ॥स्नानमौनोपवासेज्यास्वाध्यायोपस्थनिग्रहः । तपः क्रोधो गुरौ भिक्तः शौचञ्च नियमाः स्मृताः ॥यमाः पञ्चाथ नियमाः शौचं द्विविधमीरितम् । सन्तोषस्तपसां जप्यं वासुदेवार्च्चनं दमः ॥" इति गरुडपुराणम् ॥ As per Garuda Purana, Niyama enlisted are Shouca – maintaining cleanliness, Tusti, Santosha – happiness, Indriya Nigraha – controlling sense organ, Snana, Mouna – controlling verbs, Upavasa – Fasting, Ijya, Adhyaya – study, Upastha Nigraha – Brahma Carya, Tapa, Krodha, Guru Bhakti.
प्रायश्चित्तो	प्रायस्य पापस्य चित्तं विशोधनंयस्मात् । यदुक्तं स्मृतौ । According to Smruti Shodhana of Papa and Manas "प्रायः पापं समुद्दिष्टं चित्तं तस्य विशोधनम् ॥"यद्वा, प्रायस्य तपसः चित्तम् निश्चय इति । पापक्षयमात्रसाधनंकम्म । For Chitta Shodhana Tapa should be adopted and Sadhana karma should be adopted to reduce Papa.
उपवास	उप + वस + घञ् उपवस्तम् २ । इत्यमरः ॥ उपोषितम् ३ उपोषणम् ४ औपवस्तम् ५ । उपावृत्तस्य पापेभ्यो यस्तु वासो गुणैः सह । उपवासः स विज्ञेयः सर्व्वभोगविवर्ज्जितः  Avoiding all Bhoga removes Papa अस्यार्थः । उपावृत्तस्य निवृत्तस्य । पापेभ्यः पाप-कर्म्मभ्यः । गुणाः । सर्व्वभूतेषु दया क्षान्तिः अनस्या शौचं अनायासः मङ्गलं अकार्पण्यं अस्पृहाच । सर्व्वभोगविवर्ज्जितः शास्त्राननुमतनृत्यगी-तादिसुखरहितः । वैधोपवासे भोजनचतुष्टय-निवृत्तिमाह महाभारते As a part of Upavasa rendering Daya for all the bhuta, not having asuya, shoucha, not having Ayasa, Mangala, no Karpanya and Aspruha.
Japa	हृदुच्चारे वाचि । जिह्वोष्ठादिव्यापार-रहितं शब्दार्थयोश्चिन्तनं हृदुच्चारः IThinking of Shabdartha with out Jihva Ostha etc, in Hrudaya thinking about God नोच्चैर्ज्जपञ्च संकुर्य्यात् रहः कुर्य्यादतन्द्रितः ।समाहितमनास्तूष्णीं मनसा वापि चिन्तयेत् ॥विधियज्ञात् जपयज्ञो विशिष्टो दशभिर्गुणैः ।उपांशुः स्याच्छतगुणः साहस्रो मानसः स्मृतः ।विना दर्भेस्तु यत् स्नानं यच्च दानं विनोदकम् ।असंख्येयन्तु यद्जप्यं सर्व्वं तदफलं स्मृतम्

॥मुक्ताफलैर्विद्रुमेण रुद्राक्षैः स्फटिकेन वा ।गणना सर्व्वथा कार्य्या सम्यगङ्गुलिपर्व्वभिः ॥हिरण्यरत्नमणिभिर्जप्यं शतगुणं भवेत् ।सहस्रगुणिमन्द्राक्षैः पद्माक्षैरयुतं भवेत् ॥नियुतं वापि रुद्राक्षैर्भद्राक्षैस्तु न संशयः ।पुत्तजीवकजप्यस्य परिसंख्या न विद्यते ॥ दशिभर्जन्मजितं शतेन च पुरा कृतम् ।त्रियुगं तु सहस्रेण गायत्र्या हन्ति दुष्कृतम् ॥ दर्भहस्तस्तथासीनो दर्भेषूदकपाणिना ।प्राङ्मुखो वर्त्तयेत् मालां सहस्रं शतमेव वा ॥" इत्याद्ये विह्नपुराणे नित्याह्निकस्नानविधि-किञ्चिच्छ्रवणयोग्यः स्यादुपांशुः स जपः स्मृतः । मन्त्रमुच्चारयेद्वाचा वाचिकः स जपः स्मृतः ॥उच्चैर्जपाद्विशिष्टः स्यादुपांशुर्दशभिर्गुणैः । जिह्वाजपः शतगुणः साहस्रो मानसः स्मृतः ।जिह्वाजपः स विज्ञेयः केवलं जिह्वया बुधैः

However in the dictionary description regarding Svastyayana, Pranipata Gamanaare not observed

#### Method of Use in Sushruta Samhita

भूतविद्या नाम देवासुरगन्धर्वयक्षरक्षःपितृपिशाचनागग्रहाद्युपसृष्टचेतसां शान्तिकर्म बलिहरणादि ग्रहोपशमनार्थम् ।८।

In Bhuta Chikitsa includes Susihruta Samhita sutrasthana, Daiva Vyapashraya chikitsa methods such as Shantikarm, Bali harana, and others.

Arthashraya is made up of two words: Artha, which means inherent meaning, and Ashraya, which means dwelling. As a result, literary meaning is the residence of intrinsic meaning.' In other words, these are the technical phrases for the strategies that assist us in comprehending the intrinsic meanings included in any text under consideration for the study. There are twenty Arthashraya according to Acharya Aruna Dutta, and twenty-one according to Shankar Sharma, including the upadha lopa..

#### **Utility:**

Arthashraya are useful for clarifying meaning – for example, Adi, Madhya Lopa, and others – and provide knowledge of undescribed words and multi-meaning terms. It also aids in the comprehension of the concept of author, the application of theories, the comprehension of the practical utility of verses, the clarification of disputed terms, the completion of incomplete granthas such as Kasyap Samhita, and the understanding of the shastras - the style and aim of Author.

- 1. Aadilopa omission of the first word
- 2. Madhyalopa omission of the middle word
- 3. Antalopa omission of the end word
- 4. Ubhayapadalopa omission of both words
- 5. Aadi madya anta lopa omission of words in the beginning middle and end
- 6. Upadhalopa
- 7. Varnopajanana- supply of the word or letter or supply of ellipsis
- 8. Rishiklishtha- Author's error

- 9. Tantrasheela- style of author
- 10. Tantrasnjna- term of text
- 11. Prakritakhya contextual
- 12. Samaanatantrapratyaya reference from similar treatise
- 13. Paratantra pratyaya- reference from another treatise.
- 14. Hetuhetukadharma effect cause function
- 15. Kaaryakaaranadharma cause and effect substitution.
- 16. Aadyantaviparyaya inversion of sequence
- 17. Shabdaanyatva synonym.
- 18. Pratyayadharma attribution of cause
- 19. Upanaya correlation
- 20. Sambhava -extensive inclusion
- 21. Vibhava richness

Parathantra arthashraya is tool through which references of Daivavyapashraya Chikitsa mentioned in Bhruhatrayee can be understood better considering Rigveda and Atharva Veda. The Rig Veda, Yajurveda, and Samaveda all mention *GayathriMantra*. *Gayathri* is a combination of *Gaishabda* and *ShatruPratyaya*. It is one who guards the Prana in Vedic terms. The Gayatri Mantra can be broken down into three parts:

• Pranava – Omkara • Bhuhu Bhuvaha Svaha – three Vyahruti&Mantra, hence the name Tripada.

The Gayathri Mantra is considered the most powerful of all Vaidika Mantras. It is a worldwide prayer of arousal and enlightenment of upright intellect in all, in terms of linguistic meaning. This absolute origin mantra is made up of nine specific words (in ancient Sanskrit) that are divided into twenty-four syllables. The Sadhaka's body and mind are soothed by the Japa of this mantra, which titillates the extrasensory energy centers (the six cakras) and subtle nerve-bundles (upatyik's) and affects his deep inner self.

Enunciation of the Gayathri Mantra for roughly 300 times per day, done in this manner - i.e., with adequate discipline, faith, and control of the body, mind, and emotions - over the course of a month, helps achieve great results.

A more committed and austere practicing of this japa at a continuous rate of over eleven hundred mantras each day for certain periods of time (covering several months) does, in fact, result in the complete fulfilment of all noble desires.

Vishvamitra Gayathri is not recommended for people who lack self-control. An Puranokta Gayathri, as stated by Muni Agastya in the Devi Bhagavati Purana, might be recommended to persons who lack self-control.

According to the study, reciting the rosary and Mantras at precise frequencies has beneficial psychological and physiological impacts. When prayers and mantras were recited six times per minute, they increased the synchronisation of cardiovascular beats. It also improved baroflex sensitivity. Hence with this background Animal experiment was counducted to caompare the Vishwamitra Gayathri and Purana Gayathri with Control and Standard group to study behavior, learning and memory changes

#### **CHAPTER 2**

#### LITERATURE REVIEW

#### A. REFRENCE OF DAIVA VYAPASHRAYA CHIKITSA

#### i. CHARAKA SAMHITA

- 1. In Matrashiteeya Adhyaya the practice which are required for protecting Svasthya includes रताभरणधारणम्॥९७॥ wearing of Ratna, Abharana is mentioned. Here Ratna referes to विशुद्धमाणिक्यहीरकमुक्ताफलसुवर्णादि। Vishudda mani, Manikya, Heera, Mukta, suvarna etc
- 2. Sadvrutta are explained in Indriyopakramaneeya Adhyaya as part of dinacharya. Sudvrutta is beneficial for achieving Arogya and Indriya Vijaya. Sadvrutta contains Deva Archana, which entails performing Agnihotra homa morning and night, Oushadhi Dharana according to Viguna graha, Hota - Bali for Vaishva, etc., and Yasta Deva Yajana, which entails converting Deva and Graha into Prasada and achieving Brahma prasada. Also, one should perform Dana, which entails assisting deena and adeena, brahmana and sajjana, and consuming daily meal after processing it with the Vedokta mantra...

Also as a part of Sadvrutta, while performing japa, Homa, Adhyayana, Bali, Mangala Kriya one should not take shleshma from the nose. While doing Snana Apa sprusha etc Mantra Should be chanted.

नाशुचिरुत्तमाज्याक्षतितलकुशसर्षपैरिष्नं जुहुयादात्मानमाशीर्भिराशासानः, अग्निर्मे नापगच्छेच्छरी राद्वायुर्मे । प्राणानादधातु विष्णुर्मे बलमादधातु इन्द्रो मे वीर्यं शिवा मां प्रविशन्त्वाप आपोहिष्ठेत्यपः स्पृशेत्, द्विः परिमृज्योष्ठौ पादौ चाभ्युक्ष्य मूर्धनि । खानि चोपस्पृशेदद्भिरात्मानं हृदयं शिरश्च।। २८ 'अग्निर्मे' इत्यादिना 'आपोहिष्ठा' इत्यन्तः स्नानमन्तः

- 3. दिवसे दिवसे ब्रह्म जपत्यथ ददाति च||३४६|| नरं निःश्रेयसे युक्तं सात्म्यज्ञं पानभोजने|
- Brahma Japa, which entails doing Avartana of Pranava and other Mantra on a daily basis, as well as Dana, aids in the attainment of Moksha. <sup>4</sup>
- 4. तत्र भिषजा पृष्टेनैवं चतुर्णामृक्सामयजुरथर्ववेदानामात्मनोऽथर्ववेदे भक्तिरादेश्या, वेदो ह्याथर्वणो दानस्वस्त्ययनबलिमङ्गलहोमनियमप्रायश्चित्तोपवासमन्त्रादिपरिग्रहाच्चिकित्सां प्राह; चिकित्सा चायुषो हितायोपदिश्यते॥२१॥

The Atharva Veda is regarded as a means for achieving hita Ayu. The Atharva Veda should be consulted for daiva vyapashraya chikitsa techniques.

- 5. करणं पुनः स्वाभाविकानां द्रव्याणामभिसंस्कारः|संस्कारो हि गुणान्तराधानमुच्यते|ते गुणास्तोयाग्नि सन्निकर्षशौचमन्थनदेशकालवासनभावनादिभिः <sup>[3]</sup> कालप्रकर्षभाजनादिभिश्चाधीयन्ते (२)|२२ In rasa vimana Adhyaya while commenting on karana Acharya chakrapani commented as पेषणाभिमन्त्रणादि गृह्यते. This indicates importance of Abhimantrana of Medicine.
- 6. Vimana sthana 3<sup>rd</sup> Chapter रसायनानां विधिवच्चोपयोगः प्रशस्यते|शस्यते देहवृत्तिश्च भेषजैः पूर्वमुद्धृतैः||१४||सत्यं भूते दया दानं बलयो देवतार्चनम्|सद्धृत्तस्यानुवृत्तिश्च प्रशमो गुप्तिरात्मनः||१५||हितं जनपदानां च शिवाना मुपसेवनम्|सेवनं ब्रह्मचर्यस्य तथैव ब्रह्मचारिणाम्||१६||सङ्कथा धर्मशास्त्राणां महर्षीणां जितात्मना म्|धार्मिकैः सात्त्विकैर्नित्यं सहास्या वृद्धसम्मतैः||१७||इत्येतद्भेषजं प्रोक्तमायुषः परिपालनम्|येषाम नियतो मृत्युस्तस्मिन् काले सुदारुणे||१८||

Satya, Daya, Dana, Bali, Devarchana, Gupti (Mantra), and Shiva devotion can be used to alleviate the sickness caused by Janapadodwamsa.

- 7. In Shishyopanayana Vidhi to bless the shishya त्रिस्तिर्जुहुयादग्निमाशीःसम्प्रयुक्तैर्मन्त्रैर्ब्रह्माणमग्निं धन्वन्तिरं प्रजापितमिश्वनाविन्द्रमृषींश्च सूत्रकारान भिमन्त्रयमाणः पूर्वं स्वाहेति॥११॥शिष्यश्चैनमन्वालभेत। तेन ब्रह्माद्यृग्भिराशीःप्रयुक्ताभिः 'ब्रह्मणे स्वाहा' इत्यादिभिर्होमः कर्तव्य। Mantra and Homa vidhi is explained.
- 8. In Garbhadhana Samskara, below said mantra is explained.
  "अहिरसि आयुरसि सर्वतः प्रतिष्ठाऽसि धाता त्वा ददतु विधाता त्वा दधातु ब्रह्मवर्चसा भव" इति|"
  ब्रह्मा बृहस्पतिर्विष्णुःसोमःसूर्यस्तथाऽश्विनौ|भगोऽथ मित्रावरुणौ वीरं <sup>[२]</sup> ददतु मे सुतम्
- 9. Putrakamesthi Yagna ततस्तस्या आशासानाया ऋत्विक् प्रजापतिमभिनिर्दिश्य योनौ तस्याः कामपरिपूरणार्थं काम्यामि ष्टिं निर्वर्तयेद् 'विष्णुर्योनिं कल्पयतु' इत्यनयर्चा|ततश्चैवाज्येन स्थालीपाकमभिघार्य त्रिर्जुहुयाद्यथाम्ना यम्|मन्त्रोपमन्त्रितमुदपात्रं तस्यै दद्यात् सर्वोदकार्थान् कुरुष्वेति| ततः समाप्ते कर्मणि पूर्वं दक्षिणपादमभिहरन्ती प्रदक्षिणमग्निमनुपरिक्रामेत् सह भर्त्रा The Vishnu Yonim Mantra is referenced in Archana. Mantra puta Ajya is explained in this article. According to Acharya Chakrapani, the Vishnu yoni mantra is known as the Isti Sadhika mantra.

#### 10. Prasava

'क्षितिर्जलं वियत्तेजो वायुर्विष्णुः ២ प्रजापितः।सगर्भां त्वां सदा पान्तु वैशल्यं च दिशन्तु ते।प्रसूष्व त्व मविक्लिष्टमविक्लिष्टा शुभानने।।कार्तिकेयद्युतिं पुत्रं कार्तिकेयाभिरक्षितम्' इति॥३९॥

To initiate Prasava without any difficulty the mantra etc Daivavyapashraya chikitsa are documented.

#### 11. In Charaka Samhita Shaareera Sthana

ऐन्द्री ब्राह्मी शतवीर्या सहस्रवीर्याऽमोघाऽव्यथा शिवाऽरिष्टा वाट्यपुष्पी विष्वक्सेनकान्ता चेत्यासामोषधीनां शिरसा दक्षिणेन वा पाणिना धारणं <sup>5</sup>

The benefits of Dharana over Shira or the right hand of mother medicine for the Garbha Sthapana to prevent Garbhopaghatakara bhava are discussed. Also, while explaining the Jaatakarma Samskara, tandula bali home is recommended twice a day for ten days during the Naamakarana Samskara<sup>6</sup>. The construction of Kumaraghara is also detailed, along with Raksha Vidhana Bali, mangala Homa, and Prayashita.

## 12. Rasayana Adhyaya

According to the Kevala Amalaka rasayana, Amalaki should be consumed after meditating on the Savitri mantra (Gayatri mantra), which aids in regaining youthfulness and extending one's life by a thousand years.

#### 13. In Jvara Chikitsa

शापाभिचाराद्भूतानामभिषङ्गाच्च यो ज्वरः॥३१७॥दैवव्यपाश्रयं तत्र सर्वमौषधमिष्यते।

For jwara caused by shapa (curse), abhichara (tantric rituals with evil intent), bhutabhishanga (affliction by microorganisms or evil spirits), and bhutabhishanga (affliction by microorganisms or evil spirits), daiva vyapashraya chikitsa is the most desired therapy.

It is appropriate to pray to Lord Ishvara, Uma, and their attendants, as well as mats. This heals viama jwara right away. The Vishnu sahasra nama is also useful in the treatment of all sorts of jwara.

The jwara is cured with Yajna, which involves prayer to Brahma, Ashwini, Indra, Agni, the Himalayas, the Ganges, and Maruta's pupils.

Jwara can be healed through devotion to one's father and mother, prayer to gurus, chastity, tapa (penance), truthfulness, and niyama (religious ceremonies), japa (incantations), homa, hearing the Vedas recited, and darshana of saints.

#### 14. Visha Chikita

To cure the poisoned patient, the following 24 therapeutic measures should be taken: मन्त्रारिष्टोत्कर्तननिष्पीडनचूषणाग्निपरिषेकाः ।अवगाहरक्तमोक्षणवमनविरेकोपधानानि ॥३५॥

हृदयावरणाञ्जननस्यधूमलेहौषधप्रशमनानि ।प्रतिसारणं प्रतिविषं सञ्ज्ञासंस्थानपनं लेपः ॥३६॥ मृतसञ्जीवनमेव च विंशतिरेते चतुर्भिरधिकाः ।स्युरुपक्रमा यथा ये यत्र योज्याः १७णु तथा तान् ॥३७॥

The measures to reduce the effect of Visha are recitation of mantras and application of the Arishta – that is, tying an Oushadha recited with mantra or tying a bandage above the bite. Also It destroys the afflictions of bad spirits, poisons, germs, alaksmi, karmana, mantra, fire, thunderbolt, and foes when breathed, applied topically as an ointment, carried in the body as an amulet, smoked, or stored in the house. While administering Mahagandhahasti Agada, the treatment requires the chanting of Mantra.

#### 15. Unmada Chikitsa

yukti-vyapashraya, daiva- vyapashraya and sattvavajaya chikitsa are useful for the management of Unmada.

रत्यर्चनाकामोन्मादिनौ तु भिषगभिप्रायाचाराभ्यां <sup>[3]</sup> बुद्ध्वा तदङ्गोपहारबलिमिश्रेण| मन्त्र भैषज्य विधिनोपक्रमेत्॥२३॥

The treatment for the patients of Agantuja unmada specially Abhicara and Abhishapa with Rati and Archana Kama, Mantra along with Upahara and Bali should be administered. For example, in Agantu Unmada, which arises as a result of gods' possession, sages', gandharvas', pishachas', and un methodical spiritual rites, etc.

In Agantuja unmada, bali, upahara, mantra, shanti karma, homa, japa, swastyayana, vedic rites and expiations, i.e. prayaschita, are beneficial. On a regular basis, one overcomes the fear of the onslaught of trash by worshipping Lord Shiva, the supreme ruler of all Bhutas and the Lord of the world, with sincerity and the almighty gods with devotion. Unmada can be reclaimed by worshipping the Pramathas, Lord Rudra's servants.

## 16. Apasmara Chikitsa

In Apasmara if extrinsic causative factors are involved, then *mantras* etc., are considered useful.

## 17. Dvivraneeya Adhyaya

In Agantuja Vrana Mantra is one of the measures explained as a part of treatment

18. Before administration medicine for Vamana and Virechana Mantra prayoga is mentioned.

'ॐ ब्रह्मदक्षाश्विरुद्रेन्द्रभूचन्द्रार्कानिलानलाः|ऋषयः सौषधिग्रामा भूतसङ्घाश्च पान्तु ते|रसायनिमवर्षी णां देवानाममृतं यथा|सुधेवोत्तमनागानां भैषज्यमिदमस्तु ते'

### B. In Sushruta Samhita Sutra Sthana

The references found in the sushruta samhita are as follows.

- 1. 2<sup>nd</sup> Chapter Shishyopanayaneeya Adhyaya, for the Shudra Ayurveda Upadesha Can be given without providing Mantra Upadesha.
- 2. In Sutra Sthana 5<sup>th</sup> Chapter Purva and Paschat Karma of Shastra Kriya

ततः प्रशस्तेषु तिथिकरणमुहूर्तनक्षत्रेषु दध्यक्षतात्रपानरतैरिष्ठं विप्रान् भिषजश्चार्चियत्वा, कृतबिलमङ्गलस्विस्तिवाचनं लघुभुक्तवन्तं प्राङ्मुखमातुरमुपवेश्य । यन्त्वियत्वा । प्रत्यङ्मुखो वैद्यो मर्मिसरास्त्रायुसन्ध्यस्थिधमनीः परिहरन्, अनुलोमं । शस्त्रं निदध्यादापूयदर्शनात् । सकृदेवापहरेच्छस्त्वमाशु च; महत्स्विप च पाकेषु द्यङ्गुलान्तरं । त्र्यङ्गुलान्तरं वा शस्त्वपदमुक्तम् ॥७॥ The measures like bali, mangala and svasthivacana are included prior to Shastra Karma in Vidradi.

ततः शस्त्रमवचार्य,शीताभिरद्भिरातुरमाश्वास्य, समन्तात् परिपीड्याङ्गुल्या, व्रणमभिमृद्य(ज्य), प्रक्षाल्य कषायेण प्रोतेनोदकमादाय (१) , तिलकल्कमधुसर्पिःप्रगाढामौषधयुक्तां नातिस्निग्धां नातिरूक्षां वर्ति (२) प्रणिदध्यात्; ततः कल्केनाच्छाद्य, घनां कविलकां दत्त्वा, वस्त्रपट्टेन बध्नीयात्; वेदनारक्षोद्मैधूपैधूपयेत्, रक्षोद्मैश्च मन्त्रै रक्षां कुर्वीत ॥

After shastra karma Raksha karma should be carried out through fumigation and protect the patient by chanting mantra.

एतैर्वेदात्मकैर्मन्त्रेः कृत्याव्याधिविनाशनैः । मयैवं कृतरक्षस्त्वं दीर्घमायुरवाप्नुहि ॥३३॥<sup>8</sup>

After performing protective rituals as described in veda the patients should be taken into Aturagara. Mantra explained are

उदकुम्भाच्चापो गृहीत्वा प्रोक्षयन् रक्षाकर्म कुर्यात्; तद्वक्ष्यामः- ॥१९॥कृत्यानां प्रतिघातार्थं तथा रक्षोभयस्य च |रक्षाकर्म करिष्यामि ब्रह्मा तदनुमन्यताम् ॥२०॥नागाः पिशाचा गन्धर्वाः पितरो यक्षराक्षसाः |अभिद्रवन्ति ये ये त्वां ब्रह्माद्या घ्रन्तु तान् सदा ॥२१॥पृथिव्यामन्तरीक्षे च ये चरन्ति निशाचराः |दिक्षु वास्तुनिवासाश्च पान्तु त्वां ते नमस्कृताः ॥२२॥पान्तु त्वां मुनयो ब्राह्मया दिव्या राजर्षयस्तथा |पर्वताश्चैव नद्यश्च सर्वाः सर्वे च साग राः ||२३||अग्नी रक्षतु ते जिह्वां प्राणान् वायुस्तथैव च |सोमो व्यानमपानं ते पर्जन्यः परिरक्षतु ||२४||उदानं वि द्युतः पान्तु समानं स्तनियत्नवः |बलिमन्द्रो बलपितर्मनुर्मन्ये मितं तथा ||२५||कामांस्ते पान्तु गन्धर्वाः सत्त्व मिन्द्रोऽभिरक्षतु |प्रज्ञां ते वरुणो राजा समुद्रो नाभिमण्डलम् ||२६||चक्षुः सूर्यो दिशः श्रोत्रे चन्द्रमाः पातु ते म नः |नक्षत्राणि सदा रूपं छायां पान्तु निशास्तव ||२७||रेतस्त्वाप्याययन्त्वापो रोमाण्योषधयस्तथा |आकाशं खानि ते पान्तु देहं तव वसुन्धरा ||२८||वैश्वानरः शिरः पातु विष्णुस्तव पराक्रमम् |पौरुषं पुरुषश्रेष्ठो ब्रह्माऽऽ त्मानं ध्रुवो भ्रुवौ ||२९||एता देहे विशेषेण तव नित्या हि देवताः |एतास्त्वां सततं पान्तु दीर्घमायुरवाप्नुहि ||३०| |स्वस्ति ते भगवान् ब्रह्मा स्वस्ति ।१३ देवाश्च कुर्वताम् |(स्वस्ति ।१३ ते चन्द्रसूर्यौ च स्वस्ति नारदपर्वतौ) |स्वस्त्य ग्रिश्चौव वायुश्च स्वस्ति देवाः सहेन्द्रगाः ||३१||पितामहकृता रक्षा स्वस्त्यायुर्वर्धतां तव |ईतयस्ते प्रशाम्यन्तु स दा भव गतव्यथः ||३२||इति स्वाहा |

3. In Ksharapaka Vidhi Adhyaya

महान्तमसितमुष्ककमधिवास्यापरेद्युः।

अधिवास्य मन्त्रवद्वलिकर्मोपहरेदित्यर्थः। केचिदस्याग्रे "मन्त्रेणानेनाभिमन्त्र्य- अग्निवीर्य! महावीर्य! मा ते वीर्यं प्रणश्यतु। इहैव तिष्ठ कल्याण! मम कार्यं करिष्यसि॥ मम कार्ये कृते पश्चाद्देवलोकं गमिष्यसि। श्वे तरक्तपुष्पसहस्रं जुहुयात्" इति

While explaining Kshara preparation, Mantra is explained.

4. To Protect from Vyapanna Rutu

तत्र,स्थानपरित्यागशान्तिकर्मप्रायश्चित्तमङ्गलजपहोमोपहारेज्याञ्जलिनमस्कारतपोनियम-दयादान दीक्षाभ्युपगम देवता ब्राह्मणगुरुपरैर्भवितव्यम्, एवं साधु भवति ॥२०॥

To protect oneself during Vyapanna Rutu the measures of Daiva Vyapashraya was highlighted with Shantikarma, Prayaschita, homa etc. can be adopted.

- 5. To prevent Death in Person with Arista Lakshana
- ... ब्राह्मणैस्तत् किलामलैः | रसायनतपोजप्यतत्परैर्वा निवार्यते ||५||

In Viparita Aviparita Vrana Vijnaneeya Adhyaya daiva vyapashraya chikitsa can be a tool for preventing death.

6. For the Protection of the King

दोषागन्तुजमृत्युभ्यो रसमन्त्रविशारदौ ॥७॥ रक्षेतां नृपतिं नित्यं यत्तौ 🗓 वैद्यपुरोहितौ ।९

In Yukta Seneeya Adhyaya, to protect the king, one should appoint of the priest who are well versed in the knowledge of mantra.

मन्त्राणामृग्यजुःसामोक्तानामथर्ववेदोक्तानां चेत्यर्थः।

Here Mantra refers to Ruk, Yaju, Sama and Atharva veda.

7. Befor administering Vamana Dravya

"ब्रह्मदक्षाश्विरुद्रेन्द्रभूचन्द्रार्कानलानिलाः|ऋषयः सौषधीग्रामा भूतसङ्घाश्च पान्तु ते ॥१॥ रसायनमिवर्षीणां देवानाममृतं यथा |सुधेवोत्तमनागानां भैषज्यमिदमस्तु ते ॥२ मन्त्रार्थस्त्वदर्शनीयः, आवृत्त्यैव केवलया मन्त्राणां फलदत्वात्।

Meaning of Mantra is self-evident, repetition of mantra phala will be evident

8. For the Protection of Food from Visha

विषग्नैरगदैः स्पृष्टं प्रोक्षितं व्यजनोदकैः। सिद्धैर्मन्त्रैर्हतविषं सिद्धमन्नं निवेदयेत् ॥ 10

In Ahara vidhi the food which is prepared should be purified with ant poisonous drugs, sprinkled with water processed with atharva veda mantra. अथर्वमन्त्रेरभिमन्त्रितम्

- 9. Shareera Sthana 10<sup>th</sup> Chapter
  - धमनीनां हृदिस्थानां विवृतत्वादनन्तरम् । चतूरात्रात्निरात्राद्वा स्त्रीणां स्तन्यं प्रवर्तते ॥१४॥ तस्मात् प्रथमेऽह्नि मधुसर्पिरनन्तमिश्रं 🗓 मन्त्रपूतं त्रिकालं पाययेत्, द्वितीये लक्ष्मणासिद्धं सर्पिः, तृतीये च; ततः प्राङ्निवारितस्तन्यं मधुसर्पिः स्वपाणितलसम्मितं द्विकालं पाययेत् ॥१५॥

In JatakarmaMantraputa Madusarpi administration to Garbhini is explained

- 10. निशाचरेभ्यो रक्ष्यस्तु नित्यमेव क्षतातुरः |रक्षाविधानैरुद्दिष्टैर्यमैः सनियमैस्तथा ॥१३३in In dvivraneeya Adhyaya importance of Raksha Vidhana is explained.
- 11. Tuvaraka Taila Prayoga

मन्त्रपूतस्य तैलस्य पिबेन्मात्रां यथाबलम् । तत्र मन्त्रं प्रवक्ष्यामि येनेदमभिमन्त्र्यते ॥२५॥ 'मज्जसार महावीर्य सर्वान् धातून विशोधय। शङ्खचक्रगदापाणिस्त्वामाज्ञापयतेऽच्यूतः'। 11

Tuvaraka taila should be administered to the patients of Prameha after reciting the Mantra. Here Mantra specified are Similarly Ayushkama Rasayana Prayoga <sup>12</sup>should be done along with the mantra. श्रीसूक्तमथर्ववेदोक्तं ''हिरण्यवर्णां हरिणीं सुवर्णरजतस्रजां'' इत्यादिकम्।

12. Nivrutta Santaapeeya rasayana <sup>13</sup>,

सप्तादौ सर्परूपिण्यो ह्यौषध्यो याः प्रकीर्तिताः । तासामुद्धरणं कार्यं मन्त्रेणानेन सर्वदा ॥२६॥ महेन्द्ररामकृष्णानां ब्राह्मणानां गवामि । तपसा तेजसा वाऽिप प्रशाम्यध्वं शिवाय वै ॥२७॥ मन्त्रेणानेन मतिमान् सर्वा एवािभमन्त्रयेत् ।अश्रद्दधानैरलसैः कृतप्नैः पापकर्मिभः ॥२८॥ नैवासादियतुं शक्याः सोमाः सोमसमास्तथा ।२९।

To get protect aushadhi and achieve required benefits one should chant the mantra starting from Mahendra etc.

13. Mudagarbha Chikitsa

जीवति तु गर्भे सूतिकागर्भनिर्हरणे प्रयतेत | निर्हर्तुमशक्ये च्यावनान् मन्त्रानुपशृणुयात्; तान् वक्ष्यामः ॥५॥ 'इहामृतं च सोमश्च चित्रभानुश्च भामिनि | उच्चैःश्रवाश्च तुरगो मन्दिरे निवसन्तु ते ॥६॥

इदममृतमपां समुद्धृतं वै तव लघु गर्भिममं प्रमुञ्चतु स्त्रि । तदनलपवनार्कवासवास्ते सह लवणाम्बुधरैर्दिशन्तु शान्तिम्

मुक्ताः पशोर्विपाशाश्च 🗓 मुक्ताः सूर्येण रश्मयः । मुक्तः सर्वभयाद्गर्भ एह्योहि विरमावितः ॥८॥

During garbha Nirharana, if fetus is live but difficult to extract, above said mantra should be chanted.

## 14. As a Part of Vidanga Prayoga

विडङ्गतण्डुलानां द्रोणं पिष्टपचने पिष्टवदुपस्वेद्य------सहस्रसम्पाताभिहुतं कृत्वा प्रातः-प्रातर्यथाबलमुपयुञ्जीत, जीर्णे मुद्गामलकयूषेणालवणेन 🗵 घृतवन्तमोदनमश्रीयात्, पांशुशय्यायां शयीत, तस्य मासादूर्ध्वं सर्वाङ्गेभ्यः कृमयो निष्क्रामन्ति,

In Sarvopaghata Shamaneeya Adhyaya, before Vidhanga Prayoga, 1000 times recitation of Rugveda mantra are explained. Here Acharya gejjata, shabda considered as Yajna Sravanam According to Gayadasa here Atharvaveda should be followed त्रिपदा गायत्र्या वा प्राक्तनकर्मक्षयार्थं विघ्नशान्त्यर्थमभिमताशीःप्राप्त्यर्थं वा सहस्राभिहृतं कृत्वा प्रयुज्यन्ते

Here tripada Gayitri or to reduce praktana and for Vighna Shanti 1000 times Ahuti should be done.

## 15. Soma Prayoga

महेन्द्ररामकृष्णानां ब्राह्मणनां गवामपि । तपसा तेजसा वाऽपि प्रशाम्यध्वं शिवाय वै ॥२७॥ मन्त्रेणानेन मतिमान् सर्वा एवाभिमन्त्रयेत्। 13

Mantra Prayoga is specified before administration of Soma.

#### 16. Visha Chikitsa

अरिष्टामिप मन्त्रश्च बध्नीयान्मन्त्रकोविदः । सा तु रज्ज्वादिभिर्बद्धा विषप्रतिकरी मता  $\|\mathcal{L}\|^{14}$ 

Along with bhandana Mantra Prayoga should be done by the person who is expert in Mantra as a part of Visha Chikitsa.

देवब्रह्मर्षिभिः प्रोक्ता मन्त्राः सत्यतपोमयाः । भवन्ति नान्यथा क्षिप्रं विषं हन्युः सुदुस्तरम् ॥९॥ विषं तेजोमयैर्मन्त्रैः सत्यब्रह्मतपोमयैः। यथा निवार्यते क्षिप्रं प्रयुक्तैर्न तथौषधैः॥ 15

Mantra are reveald by the God like Bhrahma and sages who are aiding satya and doing the Tapa will only effective not by ordinary person.

मन्त्राणां ग्रहणं कार्यं स्त्रीमांसमधुवर्जिना |मिताहारेण 🗓 शुचिना कुशास्तरणशायिना ॥११॥ गन्धमाल्योपहारैश्च बलिभिश्चापि देवताः | पूजयेन्मन्त्रसिद्ध्यर्थं जपहोमैश्च यत्नतः ॥<sup>16</sup>

एवमौषधिभर्मन्त्रैः क्रियायोगैश्च यत्नतः ॥ <sup>17</sup>

The person who does Mantra Prayoga should avoid Stree, Mamsa and Madhu and follow Mita Ahara, Shuchi, sleep on mat of Kusha. Also should practice the Japa, Homa and Bali karma etc.

Mantra chanted without adhering to this procedure and deficient by either sound or letters do not become successful.

मन्त्रास्त्वविधिना प्रोक्ता हीना वा स्वरवर्णतः । यस्मान्न सिद्धिमायान्ति तस्माद्योज्योऽगदक्रमः ॥१३॥

बीजरत्नौषधीगर्भैः कुम्भैः शीताम्बुपूरितैः  $\| 49 \|$  स्नापयेत्तं नदीतीरे समन्तैर्वा चतुष्पथे  $\| 49 \|$  बिलं निवेद्य तत्रापि पिण्याकं पललं दिध  $\| 49 \|$  माल्यानि च विचित्राणि मांसं प्रकामकं तथा  $\| 49 \|$  अलकाधिपते यक्ष सारमेयगणाधिप  $\| 49 \|$  अलर्कजुष्टमेतन्मे निर्विषं कुरु माचिरात्  $\| 49 \|$  चर्मवृक्षकषायं वा कल्कं  $\| 49 \|$  वा कुशलो भिषक्  $\| 49 \|$  वादयेच्चागदैर्लिप्त्वा दुन्दुभींस्तस्य पार्श्वयोः  $\| 49 \|$  Physician expert should smear charma with Kashaya or kalka, Agada and Vadana should be done to bring back consciousness.

- 17. Mantra Prayoga is mention in treatment of Alarka Visha.
- 18. In Sushruta samhita Uttara Tantra 27th Chapter Graha Chikitsa

गृहे पुराणहिवषाऽभ्यज्य बालं शुचौ शुचिः ॥१८॥ सर्षपान् प्रिकिरेत्तेषां तैलैर्दीपं 🗓 च कारयेत् । सदा सिन्निहितं चापि जुहुयाद्धव्यवाहनम् ॥१९॥ सर्वगन्धौषधीबीजैर्गन्धमाल्यैरलङ्क्रतम् । अग्नये कृत्तिकाभ्यश्च स्वाहा स्वाहेति सन्ततम्॥२०॥

The samanya chikitsa of the child effected with Navagrahas like Skandha, Shakuni, Revati, Putana etc in general application of purana gruta, mustard should be spread all around, light of mustard oil lamp, worshiping of Agni and Krutika by giving bali with sarva gandha dravya, beeja aushadhi.

In Sushruta samhita Uttara Tantra 28<sup>th</sup> Chapter Skanda Graha Chikitsa

रक्तानि माल्यानि तथा पताका रक्ताश्च गन्धा विविधाश्च भक्ष्याः । घण्टा च देवाय बलिर्निवेद्यः सुकुक्कुटः स्कन्दग्रहे हिताय ॥८॥

In the treatment of Skanda Graha to protect child and destroy the papa karma bali should be performed with above enlisted mantra.

अनन्तां कुक्कुटीं बिम्बीं मर्कटीं चापि धारयेत् ।७। पक्वापक्वानि मांसानि प्रसन्ना रुधिरं पयः ॥७॥ भूतौदनो निवेद्यश्च स्कन्दापस्मारिणेऽवटे ।८।

Dharana of oushadhi like Ananta, kukkuti, bimbi, markati etc is explain as a part of chikitsa. Meat cooked and uncooked both, prasanna, blood and milk should be offered.

चतुष्पथे च कर्तव्यं स्नानमस्य यतात्मना ॥८॥ स्कन्दापस्मारसञ्ज्ञो यः स्कन्दस्य दियतः सखा । विशाखसञ्ज्ञश्च शिशोः शिवोऽस्तु विकृताननः ॥९॥

Child should be bathed at catushpatha with the mantra.

19. In Sushruta samhita Uttara Tantra 30<sup>th</sup> व्रणेषूक्तानि चूर्णानि पथ्यानि विविधानि च ॥५॥तिलतण्डुलकं माल्यं हरितालं मनःशिला ॥७॥ बलिरेष करञ्जेषु निवेद्यो नियतात्मना ।८।

Fumigation of drugs mentioned in Skanda Graha should be used in here also, and the Dharana of Oushadha like Shatavari, Mrugairvaru, Nagadanti, Nidigdhika, Lakshamana, sahadeva and Bhruhati.

Tila, Tandula, Garland, Haratala, Manashila bali should be given in forest by the physician and mantra prayoga should be done with many kinds of flowers

#### 20. In Sushruta samhita Uttara Tantra 31st

कुलत्थाः शङ्खचूर्णं च प्रदेहः सार्वगन्धिकः । गृध्रोलूकपुरीषाणि यवा यवफलो घृतम् ॥६॥ सन्ध्ययोरुभयोः कार्यमेतदुद्धूपनं शिशोः । वरुणारिष्टकमयं रुचकं सैन्दुकं तथा ॥७॥ सततं धारयेच्चापि कृतं वा पौत्रजीविकम् । शुक्लाः सुमनसो लाजाः पयः शाल्योदनं तथा ॥८॥ बिलिर्निवेद्यो गोतीर्थे रेवत्यै प्रयतात्मना ।९।

Dharana of Oushadha like Varuna, Aristaka, Abhaya, Rucaka and Saindhuka and Bali of white flowers, laja, milk, Shali Odana to Revati at the place of flowing water. Child and dhatri Should be bathed near to rivers and prayed revati with Mantra.

#### 21. In Sushruta samhita Uttara Tantra 32<sup>nd</sup>

काकादनीं चित्रफलां बिम्बीं गुञ्जां च धारयेत् ।मत्स्यौदनं च कुर्वीत कृशरां पललं तथा । शरावसम्पुटे कृत्वा बिलं शून्यगृहे हरेत् ॥८॥उच्छिष्टेनाभिषेकेण शिशोः स्नपनिमध्यते । पूज्या च पूतना देवी बिलिभः सोपहारकैः ॥९॥मिलनाम्बरसंवीता मिलना रूक्षमूर्धजा । शून्यागाराश्रिता <sup>[3]</sup> देवी दारकं पातु पूतना ॥१०॥दुर्दर्शना सुदुर्गन्धा कराला मेघकालिका । भिन्नगाराश्रया देवी दारकं पातु पूतना ॥११॥

Dharana of Oushadha like Kakadani, Citra Phala, Bimbi and Gunja. Bali of Matsya Odana, Krishara (rice cooked with green gram or black gram, Palala, should be kept inside Sharava or Samputa (Box) in Vacant House. Bathing should be given to child with the water remaining after bathing the gods anf goddess Putana should be worshiped by offering oblation and above specified prayer.

#### 22. In Sushruta samhita Uttara Tantra 33<sup>rd</sup>

Oushadha like Kukkuti, Markati, Shimbi and Ananta and bali of Mamsa raw and cooked, rakta should be offered at Chatushpata and also inside house to protect the child. After giving bathing to child with Sarva Gandha parayer should be done with above said mantra.

#### 23. In Sushruta samhita Uttara Tantra 34<sup>th</sup>

Lamba, Gunja and Kakadani should be worn as a part of Oushadha Dharana Chikitsa. Rice cooked with mudga, Varuni, rakta should be offered to Goddess Sitaputana and specified prayer should be done.

- 24. In Sushruta samhita Uttara Tantra 35<sup>th</sup> Mukamandika Chikitsa बीजरत्नौषधीगर्भैः <sup>[3]</sup> कुम्भैः शीताम्बुपूरितैः ॥५९॥ स्नापयेत्तं नदीतीरे समन्तैर्वा चतुष्पथे । बिलं निवेद्य तत्रापि पिण्याकं पललं दिध ॥६०॥ माल्यानि च विचित्राणि मांसं पक्कामकं तथा । अलकाधिपते यक्ष सारमेयगणाधिप ! ॥६१॥ अलर्कजुष्टमेतन्मे निर्विषं कुरु माचिरात् |६२।
  - Dharana of Tongue of Chasha Bird, Ciralli and Sarpa should be done. Along with the prayer the varnaka, churnaka, Mala, Anjana, Parada, Manashila, Payasa and Purodasha should be offered inside a cowpen. Bath should be given to child with the Jala which is processed with Mantra.
- 25. In Sushruta samhita Uttara Tantra 36<sup>th</sup> अधस्ताद्वटवृक्षस्य स्नपनं चोपदिश्यते । बलिं न्यग्रोधवृक्षेषु तिथौ षष्ठ्यां निवेदयेत् ॥१०॥ अजाननश्चलाक्षिभ्रः कामरूपी महायशाः |बालं बालपिता देवो नैगमेषोऽभिरक्षतु ॥११॥ Vaca, Vayastha, Golomi and Jatila Should be worn and bali of Tila, Tandula, flowers, different kinds of eatable should be givan under Vata tree for Naigamesha.
- 26. वचा सर्जरसः कुष्ठं सर्पिश्चोद्धूपनं हितम् । धारयेदिप जिह्वाश्च चाषचीरिल्लिसर्पजाः ॥६॥ वर्णकं चूर्णकं माल्यमञ्जनं पारदं तथा । मनःशिलां चोपहरेद्गोष्ठमध्ये बिलं तथा ॥७॥ पायसं सपुरोडाशं बल्यर्थमुपसंहरेत्। मन्त्रपूताभिरद्भिश्च तत्रैव स्नपनं हितम् ॥८॥

Here Mantra Puta refers to Gayitri Abhimantrita

27. In Sushruta samhita Uttara Tantra 39<sup>th</sup> Bhutabhishanga Jvara and Chikitsa भूतविद्यासमुद्दिष्टैर्बन्धावेशनपूजनैःजयेद्भूताभिषङ्गोत्थं...।२६५।

Fever Manifested due to bhutabhishanga should be treated with Bhandana, Aveshana, Puja as mentioned under Bhutavidya.

अभिशापाभिचारोत्थौ ज्वरौ होमादिना जयेत् ॥२६६॥दानस्वस्त्ययनातिथ्यैरुत्पातग्रहपीडितम् ।२६७।

Abhishapaja Jvara can be treated with Homa etc, if produce by bad effects of Utpata and Graha through dana, svasthyayana, etc. Also in bhutabhishangaja Jvara — as explained in bhuta vidya Banda — Mantra Banda, Aveshana — Sarshapadi Tadana, Pujana — Bali Upahara etc

- 28. In Atisara chikitsa if it is due to Karmaja, then यागदानमन्त्रबल्युपहारदेवताराधनगुरुपूजनादिना should be followed.
- 29. In Sushruta samhita Uttara Tantra 60<sup>th</sup> Chapter Graha Chikitsa Adhyaya रक्तानि गन्धमाल्यानि बीजानि मधुसर्पिषी ॥२९॥ भक्ष्याश्च सर्वे सर्वेषां सामान्यो विधिरुच्यते ।३०।

  For all the Bhuta rakta gandha malya, seeds, honey, ghee and different kinds of Bhakshya वस्त्राणि गन्धमाल्यानि मांसानि ।३। रुधिराणि च यानि येषां यथेष्टानि तानि तेभ्यः प्रदापयेत ॥३०॥

Garments, scents, garlands, flesh and blood whichever is liked most by them.

हिंसन्ति मनुजान् येषु प्रायशो दिवसेषु तु ॥३१॥ दिनेषु तेषु देयानि तद्भूतविनिवृत्तये ।३२।

The days on which Graha causes harm, bali should be given on the same day.

Table No 3
Graha Chikitsa

1	Deva Graha	Offering should be done at temples after performing Agni
		Hotra with Kusha, svastika, Pupa, ajya,
2	Asura Graha	Offering should be givan on the day of sizer at Chatushpata
3	Gandarva Graha	At cowshed using wine, Mamsa of Anupa and Jangala
		Mamsa
4	Yaksha Graha	Offering should be at beautiful house with cooked grains,
		beers, garlands of atimuktaka, kunda and abja
5	Pitru Graha	At bank of river adorned by spreading Kusha Grass
6	Naga Graha	At bank of river with Guda, Madhu, Asava, Payasa etc
7	Rakshasa Graha	Either at chatushpatha or at thick forest
8	Pishaca Graha	At vacant house consisting foul things like raw flesh cattle
		feed etc.

पूर्वमाचरितैर्मन्त्रैभूतविद्यानिदर्शितैः॥३७॥ न शक्या बलिभिर्जेतुं योगैस्तान् समुपाचरेत् ।60/३८।

Those Grahawhich don't respond to the Mantra mentioned in Bhutavidhya it should be treated with medicinal preparation.

न चाचौक्षं <sup>[3]</sup> प्रयुञ्जीत प्रयोगं देवताग्रहे ॥५४॥ऋते पिशाचादन्यत्र प्रतिकूलं न चाचरेत् ।५५। वैद्यातुरौ निहन्युस्ते ध्रुवं क्रुद्धा महौजसः ॥५५॥

Bali of Unclean things should not be done to Deva Graha except Pishacha, if done it kills both Patient and Physician.

## C. ASTANGA SANGRAHA -SUTRA STHANA

1. Shishyopaneeya Adhyaya 2/29

पादापचाराद्दैवाच्च यान्तवस्थान्तरं गदाः।।२९।। दैवमन्यजन्मकृतं कर्म।।(Commentary)

Here daiva refers to Papa of Purva Janma, which influences on Sadhya Asadhyata of Vyadhi. Even all the four limbs of Chikitsa are Complete Vyadhi is not cured which need to be assessed considering Daiva influence.

2. Dinacharya Adhyaya

अभिनन्द्य प्रसन्नात्मा हुत्वा दत्वा च शक्तितः।

Ahara should be consumed after offering to Agni.

3. Dravadravya Vijnaneeya Adhyaya चन्द्रकन्तभवं रक्षोविषपित्तज्वरापहम्। दृष्टिमेधावपुस्थैर्यकरं स्वाद् हिमं लघु।।२२।

Water purified with Chandrakanta mani useful for the rakshoghna karma, reduces the effect of the Visha along with other benefits

- 4. Anna Svarupa Vijnaneeya Adhyaya
  - विनापि चोपयोगेन मणिमन्त्रादिकार्यकृत॥१८८॥

when Guduchi etc does not have any effect, mani mantra are useful. These acts by ist swabhava

5. Anna Raksha Vidhi Adhyaya 8

लाक्षाप्रियङ्गुमञ्जिष्ठासमङ्गाऽलहरेणुकाः। यष्ट्याह्नमधुसंयुक्ताः बभ्रुपित्तेन कल्किताः। निखनेद् गोविषाणस्थाः सप्तरात्रं महीतले। संस्पृष्टं सविषं तेन सद्योभवति निर्विषम्।।८६।।

To make vishayuktha dravya into Nirvisha, laksha etc dravya mixed with honey applied to horn of cow store in earth for 7 nights, then cover with gold, and dharana should be done हरेणुमांसी मञ्जिष्ठा रजनी मधुकं मधु। अक्षत्वक्सुरसं लाक्षा श्वपित्तं पूर्ववन्मणिः।

Above dravya should be made mani as explained in previous explaination.

विदध्यात्परितः शय्यां रक्षा मन्त्राभि मन्त्रिताम्।।१०५।।

After Abhimantrana with Raksha Mantra Shayya Should be given to raja

6. Viruddhanna Vijnaneeya Adhyaya 9/79

दैवव्यपाश्रयं चेष्टं कर्म जीवितरक्षणम्।।७९।तस्मिन् काले एजीवितरक्षणाय दैवव्यपाश्रयं कर्म बल्यपहारमणिमन्त्रादिकं ब्रह्मचर्यादिकं च शस्यते।

While describing Rutu Vyapanna Chikitsa, Daiva Vyapashraya is explained, as per commentator which includes Bali, Upahara, Mani & Mantra etc Brahmacarya etc. Also acharya explains Daiva and Purusha Karma are decides the Ayu.

मन्त्रदेवतयाहृता नाचक्षीरन् महाहयः। विषस्प्तप्रबुद्धस्था भावाभावौ तदायुषः। 94

In case of Akala mrutyu due to Vasuki, Mantra chikitsa is useful

7. Anna pana vidhi Adhyaya 10/13

नाहुत्वा,( नाहुत्वा तिलघृतादिभिर्मन्त्रपूर्वमग्निम्।)

Before consuming food ahuti to Agni should be done with Tila Gruta etc

8. Dvividoushadha Vijnaneeya 12/4

पुनरिप च त्रिविधं दैवव्यपाश्रयं युक्तिव्यपाश्रयं सत्त्वावजयश्चेति। तत्र दैवव्यपाश्रयं मन्त्रौषिधमणिमङ्गलबल्युपहारहोमनियमप्रायश्चित्तोप-वासस्वस्त्यनप्रणिधानगमनादि। युक्तिव्यपाश्रयमाहारौषधयोजनादि। सत्त्वावजयः पुनरिहतान् मनोनिग्रहः।।४।।

Daivavyapashraya chikitsa is one among the trividha chikitsa, which includes Mantra, Oushadhi, Mani, Mangala, Bali, Upahara, Homa, Niyama, Prayaschita, Upavasa, Svasthyayana, Pranidhana, Gamana

तत्र दैवव्यपाश्रयं यत् पापस्योपघातकत्वेनैव जठराग्निसंयोगेन विना धातुसाम्यकरं मन्त्रौषध्यादि। अत्रौषधीनां धारणमेवाभिप्रेतम्। बलेरुपहारो देवादिषु। नियमो वर्ज्यवर्जनम्। प्रायश्चित्तं व्रतादि। उपवासः प्रसिद्धः पापहर्तृत्वे। स्वस्त्ययनं वेदोक्तं कर्म।

Daiva Vyapashraya Chikitsa acts without coming contact with Jatharagni by destroying Papa and Makes dhatu Samya.

9. Dvividoushadha Vijnaneeya 12/7 उभयार्थकारि पुनर्दैवव्यपाश्रयमौषधम्।

उभयार्थकारि यदुभयस्य हेतुविपरीतस्य व्याधिविपरीतस्य च सम्बन्धिनमर्थं रोगोपशमलक्षणमेतद्गुणमपि करोति। तच्च दैवव्यपाश्रयं मणिमन्त्रादिकृतम्। तथा रोगस्वभावादिविपरीतस्वरूपमपि यद्रोगोपशमनं करोति तदुभयार्थकारि।

Daiva Vyapashraya Chikitsa removes dosha by acting against Vyadhi.

10. Rogabhedeeya Adhyaya22/03

त एते समासतः पुनिर्द्विविधा भवन्ति। प्रत्युत्पन्नकर्मजाःपूर्वकर्मजाश्च। तत्र रोगोत्पत्तिं प्रति प्रत्युत्पन्नं कर्म यदनेनैव

शरीरेण दृष्टमदृष्टञ्चोद्दिश्याप्तोपदिष्टानां विहितानां प्रति- षिद्धानामननुष्ठानमनुष्ठानं वा। जन्मान्तरातीतेन तु पूर्वम्। तत्तु पुनर्दैवाख़्यमुक्तञ्च नियतानियतभेदेन प्राक्। तस्माद् दृष्टहेतवः प्रत्युत्पन्नकर्मजाः। विपरीता दैवजन्मानः। अल्पनिदाना महारुजाश्चोभयात्मकाः।।३।।

Roga are two types, manifested due to hetu which is drusta and Adrusta. Adrusta karma are related to Purva Janma, which present with less Nidana, more expression. For this type of disease chikitsa shows its result only after Karma kshaya.

स्वयमि च दैवान्निदानाल्पतया वा निवर्तमानः षोडशगुणसमुदितक्रियोपलम्भादाशुतर-मिपिरिक्लिष्टस्य चाऽपगच्छिति। अनियतफलदायिनि त दैवे हिताभ्यासरतस्यावकाशमेव न लभते व्याधिः। तस्मान्न कस्याञ्चिदवस्थायामात्मवान् हिताहितयोः तुल्य- दर्शी स्यात्।।७।।

Disease manifested due to daiva can be treated only if daiva supports.

11. Vamana Virechana Vidhi, 27/10

ब्राह्मणप्रयुक्ता- भिराशीर्भिरभिमन्त्रिताम्। पुनश्च ब्रह्मदक्षाश्विरुदेन्द्रभूचन्द्रार्कानिलानलाः। ऋषयः सौषधिग्रामा भूतसङ्गाश्च पान्तु वः। रसायनिमवर्षीणाममराणामिवामृतम्। सुधेवोत्तमनागानां भैषज्यमिदमस्तु ते। औम् नमो भगवते भैषज्यगुरवे वैडूर्यप्रभराजाय तथागता- यार्हते सम्यक्सम्बुद्धाय। तद्यथा-औम् भैषज्ये भैषज्ये महाभैषज्ये भैषज्यसमुद्गते स्वाहा। इत्येवमभिमन्त्र्योदङ्मुख़ः प्राङ्मुख़मातुरं पाययेत्।।१०।।

ब्राह्मणप्रयुक्ताभिर्वेदविहिताभिराशीभिरभिमन्त्रिताम्। स्वस्थवृत्तपक्षे आतुरग्रहणं तत्कालावस्थया व्याख़्येयम्। पुनश्च ब्रह्मेत्याद्यभिमन्त्रितां ब्रह्मेत्यादिर्वेदवादिमन्त्रः। औम् नम इत्यादि सौगतः।

As explained in Veda Ashi mantra and above explained mantra should be chanted prior to administration of Vamana Virechana Oushadha

12. Kshara Paka Vidhi Adhyaya 39/5

कालमुष्ककं सुरापललसुमनोऽक्षतादिभिश्चतुर्दिशं बलिं कृत्वा प्रदक्षिणं चाभ्यर्च्यैनमधिवासयेत्। दैवतेभ्यो नमस्तेभ्यो निवसन्तीह ये श्रिताः।

Before collecting dravya for kshara mantra puja should be done

#### SHAREERA STHANA

13. Putrakammeya Adhyaya 1/53

'आयुरिस, सर्वतः प्रतिष्ठासि, धाता त्वा दधातु, विधाता त्वा दधातु, ब्रह्मवर्चसा भव इति। ब्रह्मा बृहस्पतिर्विष्णुः सोमसूर्यस्तथाऽश्विनौ। भगोऽथ मित्रावरुणौ वीरं दधतु मे सुतम्। मन्त्रार्थ ऊह्यः।।

By understanding Mantrartha during Garbhadhana Samskara above mantra should be chanted.

14. Garbhopacharaneeya Adhyaya 3/

अन्या तु वामकर्णेऽस्या मन्त्रिममं जपेत्क्षितिर्जलं वियत्तेजो वायुर्विष्णुः प्रजाप्रतिः। सगर्भां त्वां सदा पातु वैशल्यं वा दधात्विष। प्रसूष्व त्वमविक्लिष्टमविक्लिष्टा शुभानने। कार्तिकेयद्युतिं पुत्रं कार्तिकेयादिरिक्षतम्। इति। तथा- इहामृतञ्च सोमश्च चित्रभानुश्च भामिनि। उच्चैःश्रवाश्च तुरगो मन्दिरे निवसन्तु ते। इदममृतमपां समुद्धृतं वैतवलघु गर्भिममं प्रमुञ्चतु स्त्री। तदनलपवनार्कवासवास्ते सह लवणाम्बुधरैर्दिशन्तु शान्तिमिति।।२५

Above mantra pathana should be done during Prasava

To treat obstructed labor गच्छ सुभगे! स्वस्थानम्' इति मन्त्रं पदेनैव तां योनिं ब्रूयात्। Mantra Pathana should be done

15. Angha Vibhaga Adhyaya 5/96

तेषां संयोगविभागे परमाणूनां कर्मप्रेरितो वायुः कार णम्।।९६।।

तेषां परमाणूनां संयोगविभागे दैवपौरुषकर्मप्रेरितो वायुः तत्क्रियत्वात् कारणम्।

Samyoga and Vibhaga of Paramanu, are due Vayu, get influenced by the Karma of This Janma and Daiva.

16. Prakruti Bhedeeya Adhyaya 8/4

तस्मात्तन्मयतया शुक्रार्तवयोर्देहस्य भावितत्वात् प्राकृतत्वाच्च तावता तेन दोषेण न विहन्यते। तथाविधदैवकर्मपरिपाकवशेन देहस्यावश्यम्भावित्वात।

Daiva decides the Prakruti of the Purusha

#### **CHIKITSA STHANA**

17. Jeerna Jwara Chikitsa 2<sup>nd</sup> Chapter/69

दैवाश्रयं च भैषज्यं ज्वरान् सर्वानपोहति। विशेषाद्विषमान् प्रायस्ते ह्यगन्त्वनुबन्धजाः।।६९।।

Vishama jwara manifested with Agantu Anubanda Daiva Vyapashraya Chikitsa is useful Jeerna Jwara Chikitsa 2/73

शापाथर्वणमन्त्रोत्थे विधिर्दैवव्यपाश्रयः।।७३।।

Daiva Vyapashraya chikitsa explained in Atharva Veda is useful in Abhishapaja Jwara.

जपंस्तथा गतोष्णीषं सर्वव्याधिचिकित्सितम्। आगन्तुदोषसहजैः सर्वरोगैर्विमुच्यते॥८०॥

तथा गतोष्णीषं नाम मन्त्रविशेषं जपन्नागन्तुजैर्दोषजैः सहजैश्च रोगैर्विमुच्यत इति। तच्च तथा गतोष्णीषवत् सर्वव्याधिचिकित्सितमस्माभिः पर्णशबर्यायाः पठ्यन्ते॥८०॥

Gatoshneesha Mantra japa should be done to treat Agantu Dosha, Sahaja Roga and also useful to treat all the Vyadhi.

18. Rajayakshma chikitsa 7/7

दैवव्यपाश्रयं तद्वदथर्वोक्तं च पूजितम्। इष्ट्या यथा च चन्द्रस्य राजयक्ष्मा पुरा जितः। पुरोहितः प्रयुञ्जीत वेदोक्तां जितात्मनः।।५५।।

Daiva Vyapashraya chikitsa explained in Atharva Veda is useful

Kustha Chikitsa 21/52

लेपोऽतिकठिनपरुषे सुप्ते कुष्ठे स्थिरे पुराणे च| पीतागदस्य कार्यो विषैः समन्त्रागदैश्चानु||५२||

अनु च विषलेपस्य मन्त्रयुक्तैरगदैर्लेपः कार्यः

Here Visha lepa is commented as Mantra Yuktha Agada Lepa.

#### **UTTARA TANTRA**

19. Balopacharaneeya Adhyaya 1/4

अङ्गादङ्गत्सम्भविस हृदयादिभिजायसे। आत्मा वै पुत्रनामासि स जीव शरदां शतम्। शतायुः शतवर्षोऽसि दीर्गमायुरवाप्नुहि। नक्षत्राणि दिशो रात्रिरहश्चत्वाभिरक्षतु।।४।।

During Jatakarma Samskara above mantra pathana should be done

आदारीविदारीबदरीख़िदरनिम्बपीलुपरूषकशाख़ाभिरेनं वीजयेत्। ताभिश्च समन्ततः सूतिकागारं परिVवारयेत्। सर्षपातसीकणकणिकाश्चान्तर्बिहः प्रकिरेत्। सायं प्रातश्च बलिम्॥१६॥

सायं प्रातश्च बलिं भूतोपहारमन्तर्बहिः प्रकिरेत्॥१६

In Sutikaghara morning and night bali should be done

षष्ठीं निशां विशेषेण कृतरक्षाबलिक्रियाः। जागृयुर्बान्धवास्तस्य दधतः परमां मुदम्।।२५।।

यद्यपि सर्वं दशाहं रक्षादिकमुक्तं तथापि विशेषेण षष्ठीं निशां तस्य बालस्य बान्धवाः कृतरक्षाबलिक्रियाः परमं च हर्षं दधतो जागृयुः।। २५।।

Every 10<sup>th</sup> day after delivery raksha vidhana is explained, specially on 60<sup>th</sup> night raksha bali kriya should be adopted

स्वाहेति मन्त्रेणानेन प्रत्यहं च ततः परम्। 36

In Upaveshana Samskara हे धरिण! अशेषाणां भूतानां त्वमिस कामधुङ्गाता। कामं दुह्यत इति कामधुक्। न जीर्यत इत्यजरा त्वमिस। तथा प्रमातुमशक्याप्रमेया। सर्वैश्च भूतैर्नमस्कृता। चरा भूता जङ्गमाः अचरा स्थावरास्तेषां सर्वेषां त्वमिस प्रतिष्ठा। न व्येति नाना न गच्छतीत्यव्यया निर्विकारा चैनं कुमारं पाहि। यथा माता पुत्रं पाति। तच्च कुमारपालनं भवत्या ब्रह्मानुमन्यताम्। Mantra pathana should be done

20. 4th Chapter Bala Graha Pratisheda

स्वस्ति ते भगवान् ब्रह्मा स्वस्ति नारदपर्वतौ। स्वस्ति वेदाश्च यज्ञाश्च अग्नीषोमौ च स्वस्ति ते। स्वस्ति ते श्रीधृितिः कीर्तिर्लक्ष्मीर्मेधाक्षमाद्युतिः। स्वस्ति तुष्टिश्च पुष्टिश्च वपुर्हीर्बुद्धिरेव च। स्वस्ति रुद्रो विशाखश्च स्कन्दः शक्तिधरश्च

स्वस्ति धाता विधाता च सुपर्णश्च महाबलः। स्वस्ति देवाश्च यक्षाश्च मा च ते पापमागतम्। दुर्व्याहृतानि दुःस्वप्नं मनसा चिन्तितानि च। दुष्टादीनां भयकृतो वाचः प्रतिहता मया। रक्षा प्रतिसरा तुभ्यं बद्धेयं पापघातिनी। निर्वृतस्त्वं निरुद्वेगो जीव वर्षशतं सुखी।।८।।

Above said mantra is useful for protecting child from all the graham and to achive Deerghayu. अपूपपूपसंयावस्वित्कालोपिकादयः। पायसो मिश्रकः सिद्धो गुडपूरो हिरद्रकः। कृसरो यावकः क्षौद्रं पललं लवणं हिवः। दिधकुल्माषिनष्पावो रक्तो भूतौदनः पयः। पक्वाममांसरुधिरमत्स्यसक्तुसुरासवाः। गन्धं माल्यं फलं हेम धूपः सपुरकुन्दुरुः। सुरसार्जकिनर्गुण्डीकुसुमं च सपल्लवम्। बिलः सुशस्तैर्देयः स्याद्भवनस्य चतुर्दिशम्। चतुष्कचैत्यत्रिपथदेवायतनगोपुरे। रेखावृक्षोदपाने च सन्ध्ययोदीपवान् निशि।।९।। बालिनवासभवनस्य चतुर्दिशमपूपादिकश्च बिलर्देयः।

Also bali should be offered to protect child

नमो विमारकस्य। नमः कुमारङ्गाय। नमः सप्तानां मातृणाम्। नमः स्कन्दाय। एष परिग्रहमन्तः।

This mantra phatana is mentioned to treat Skanda Graha.as bali parigraha mantra बलेरनन्तरं कुर्याद्धोममभ्यर्च्य पावकम्। पुष्पैर्भक्ष्पैश्च विविधैश्चरुणा लोहितैस्तथा। गन्धैर्गुग्गुलुधूपैश्च सिमधः खिदरादथ। शतमष्टोत्तरं हव्यमथवा चन्दनद्रमात्।।१३।।

After bali homa with pushpa, gandha, guggulu etc is specified.

अग्निदण्डं प्रवक्ष्यामि सर्वग्रहिवमोक्षणम्। अग्नये स्वाहा। महाग्नये स्वाहा। त्वं हि शान्तिकरो विह्नस्त्वं मारुतहरोदनः। हिरप्रधानगितरासीदिमं निगृह्य गुह्यकमुत्सादयतेजसा। त्वं मम वश्यं च तं कुरु दुष्टग्रहिनवारणं सर्वोपद्रवेषु च। त्वया कृतेन होमेन शीघ्रं शान्तिः प्रजायते। आयाहि वह्नं देवानां त्वं हि वक्तं पुरातनम्। तेन सत्येन देवेश इस साधय मे ग्रहम्। नमोऽस्तु ते हव्यवाहन दण्डं प्रदर्शय दह दह दर्श दर्श तेज तेज मोटय मोटय अपस्मारमुद्घाटय कुमार पिशाच-रेवती-रोदन-त्रासन-वित्रासन-कम्पन-उत्क-म्पन-विजृम्भण-देव-यक्ष-गन्धर्व-भूत-नाग-राक्षस- सन्तर्जनदण्ड-नाविधूसारय भगवन्नग्निदण्ड अग्निवीर्य नमस्तेजसा स्वेन त्यक्तमुत्सादय स्वाहा। (भुर्भुवाय स्वाहा) भूर्भुवस्स्वस्स्वाहा। दीप्ततेजसे स्वाहा। हव्य वाहनाय स्वाहा। यमाय स्वाहा। नश्यन्त्यनेन होमेन समस्ता बालकग्रहाः।।१४।।

This mantra is specified as Agni dandha mantra to remove the effect of all the graham  $21.5^{th}$  Snapana Vidhi Adhyaya 5/17

इन्द्राय नमः स्वाहा। इन्द्राण्यै नमः स्वाहा। अपरा- जिताय स्वाहा। मेघाधिपतये स्वाहा।देवाधिपतये स्वाहा। शतक्रतवे स्वाहा। १६(१)।१७।

In Amrutadi Snapana, Indrakalasha mantra are explained

यमाय नमः स्वाहा। यमदण्डाय नमः स्वाहा। महिष वाहनाय स्वाहा। प्रेताधिपतये स्वाहा। धर्माधिपतये स्वाहा। वैजयन्ताय स्वाहा। १६(२)।।१७।।

Mentioned in jayanti as Mantra for Yama kalasha

तव पापं विहन्त्याशु सर्वविघ्ननिवारणः। वरुणाय नमः स्वाहा। श्वेताम्बरधराय स्वाहा। मकर वाहनाय स्वाहा। जयन्ताय स्वाहा। १६(३)।।१५।।

For 3<sup>rd</sup> Kalasha for jayanti

धनाधिपतये स्वाहा। गदापाणये स्वाहा। अपराजिताय स्वाहा। चित्राम्बरधराय स्वाहा। १६(४)।।१३।। आप इत्यादिकः धन्वन्तरिरगस्त्यश्च सुस्नातं प्रदिशन्तु ते इत्येव मन्त्रो मन्त्रपाठो विज्ञेयः।।

As mentioned in Aparajita for Danada kalasha.mentioned as explained by Dhanvantari and Agastya.

आपः पवित्रं लोकेऽस्मिन्नापो वै परमं शुचिः। आपो वै देवताः सर्वा आपस्त्वामभिषिच्यताम्। ब्रह्मा ब्रह्मार्षिभिः सार्धं भगवांस्त्वाभिषिञ्चतु। स्वाहा। साङ्गोपाङ्गास्तथा वेदाः कीर्तिर्लक्ष्मीः सरस्वती। बाला दाक्षायणी सीता सावित्री सरमा द्युतिः। आकाशगङ्गा गङ्गाद्या महानद्यो महोदधिः। नदीनां सङ्गमास्तीर्था निर्झराः सागरास्तथा।

मेरुर्महिन्द्रो हिमवान् जगच्च स्थावरत्वयम्। स्कन्दादयो ग्रहाश्चैव तोषिता बलिकर्मणा। अद्य त्वामिभिषिञ्चन्तु नीरुजो भव दारक। नमो भगवते पितामहाय। औम् - मं औम् - मं - ल्मि - ल्मि - लिमुक् - लिमुक् - लिपिभवनेभ्यः स्वाहा। नमो भगवते रुद्राय हिलि - हिलि मेल्लि - मेल्लि वेल्लि - वेल्लि म्मिलि - म्मिलि स्वाहा। राक्षसाश्च पलायन्तु भूताश्च त्रस्तमानसाः। मृताशना महाजिह्वास्तथा विघ्नविनायकाः। नमो भगवते कुमाराय पिलि-पिलि खिल्लि-खिल्लि खिणि-खिणि स्वाहा। पुष्करं पुष्कराख्यं नैमिशं च तथा गया। प्रभासं प्रवरं तीर्थं तथा पिण्डारकाह्वयम्। तीर्थान्येतानि सर्वाणि अभिषिञ्चन्तु स्वस्ति ते। नमो भगवतीभ्यो महायोगीश्वरीभ्यो निमि-निमि मेनु- मेनु तरु-तुरु स्वाहा। याश्च जातापहारिण्यो राक्षस्यो विकृताननाः। अपि ता निहताः सर्वाः याश्चान्याः पापचिन्तकाः। सतीनां कपिलानां च सिद्धानं चैव तेजसा। तेजसा चिषिवप्राणां मयाद्य स्विपतो भवान्। प्रभुर्मृत्युरलक्ष्मीश्च कालरात्रिश्च सारिथः (सारितः)। लम्बा च लोहशङ्कुश्च पूतना कूटपूतना। अशुभं यच्च ते किञ्चित्सर्वं प्रतिहतं मया। आदित्या वसवो रुद्रा अश्विनावौषधीगणाः। गावोऽन्तरिक्षं सन्ध्ये च नक्षत्रग्रहवत्सरः। विश्वावसुश्च हाहा च नारदस्तुम्बुरुस्तथा। धन्वन्तरिरगस्त्यश्च सुस्नातं प्रदिशन्तु ते। १६६(५)।।३३।।

22. 6<sup>th</sup> hapter Skanda Graha adhyaya

सोमवल्लीन्द्रवल्लीशमीबिल्ववन्दाकमृगादिनीमूलानि सूत्रेण ग्रथितानि कण्ठेन शिरसा वा धारयेत्। (६)।२। To overcome all the Graha above enlisted oushadha dharana is explained.

रक्तमाल्यानुलेपवस्रपताकामणिबीजैर्विविधेश्च भक्ष्यैः सद्धिघृतमधुलाजकुल्माषमांसमत्स्यसुरासवं समयूरकु- क्कुटं सघण्टाकं सशूर्पव्यजनञ्च कुमारग्रहे रक्तौदनेन बलिमुपोषितो निवेदये

Rakta mala, Anulepa etc bali should be given.

तत्र च रात्राविग्निं ज्वालियत्वा मन्त्रिममं पठन् मधुसर्पिषा जुहुयात्। अग्नये कृत्तिकाभ्यश्च स्वाहास्वाहेति चान्ततः।

नमः स्कन्दाय देवाय ग्रहाधिपतये नमः। शिरसा त्वाभिवन्देहं प्रतिगृह्णीष्व मे बलिम्। नीरुजो निर्विकारश्च शिशुर्भवतु सर्वदा। स्वाहेति। (८)।२।

In kumara graham to treat skanda graham above mantra pathana should be done सर्वेष्वेव ग्रहेषु त्रिकालमग्निं पूजयेत्तर्पयेच्च। विशेषतः स्कन्दग्रहे त्रिरात्रं च रात्रौ रात्रौ गायत्र्यभिमन्त्रितोद- केन चत्वरे धात्रीकुमारयोः स्नपनमाचरेत्। (९)।२।

To treat all the graham 3 times Agni tarpana should be done, especially for skanda graham 3 night water which is processed with gayatri mantra for dhatri and Kumaara should be done. त्रिकालं च मन्त्रेणानेन बालमपमार्जयेत् प्रतिसरां च बध्नीयात्। तपसां तेजसां चैवं यशसां वपुषां तथा। विधाता योऽव्ययो देवः स ते स्कन्दः प्रसीदतु। ग्रहसेनापतिर्देवो देवसेनापतिर्विभुः। देवसेनारिपुहरः पातु त्वा भगवान् गुहः। देवदेवस्य महतः पावकस्य च यः सुतः। गङ्गोमाकृत्तिकानां च स ते शर्म प्रयुच्छतु।रक्तमाल्याम्बरः श्रीमान् रक्तचन्दनभूषितः। रक्तादित्यवपुर्देवः पातु त्वा क्रौञ्चसूदनः। (१०)।।२।।

Bala pramarjana above mantra should be used three times in a day अनन्ता कुक्कुटीमर्कटीबिम्बीसमङ्गाश्वेतगिरिकर्णिकाः पूर्वोक्तानि च पूर्ववत् धारयेत्।

To treat Skanda GrahaAnanta, Kukkuti, Markati, bimbi etc Dharana Should be done पक्वाममांसरुधिरदधिवारुणीयुक्तो वटवृक्षे बलिश्च- तुष्पथे स्नानम्।

Bali of Pakva and Amamamsa, Rudhira, Dadhi Varuni etc near Vatavruksha.

स्कन्दापस्मारसंज्ञो यः स्कन्दस्य दयितः सखा।

विशाखसंज्ञः स शिशोः शिवोस्तु विकृताननः।।३।।

Above said mantra should be chanted to treat vishaka graham.

सर्पगन्धाबस्तगन्धातुम्बी- मृगोर्वारुशतावरीसहदेवा पुनर्नवबीजानि धारयेत्। विचित्रमाल्यफलशुक्लविलेपनौदनद्धिधृतगुडक्षीरैः महापथे क्षीरिद्रुमे वा बलिः। नदीतीरे स्नानम्। मन्त्रश्च -- अजाननश्चलाक्षिभूः कामरूपी महायशाः। बालं बालहितो देवो नैगमेषोऽभिरक्षतु। स्वाहा।।४।।

To treat naigamesha Graha, Dharana of medicine Sarpa Gandha, Basta Gandha, Tumbi etc, and bali of Vicitra Mala, Phala etc at Mahapata or at Ksheera Drma and above mantra should be done.

वचावयस्थाब्राह्मीजटिलागोलोमीलम्बापूतनाकेशीगिरिकदम्बकेकैषीकासहदेवीर्धरयेत्।

सघृतसुरामांसदिधरुधिरपललश्चत्वरे बलिः। अङ्करकूटे स्नानम्। मन्त्रश्च रक्षार्थं कार्तिकेयस्य कृत्तिकोमाग्निशूलिभिः। योऽसौ श्वविग्रहः सृष्टः स देवस्त्वाभिरक्षतु। स्वाहा।।५।।

To treat Kartikeya Graha, Dharana of Oushadha Vaca, Vayastha, Brahmi etc, bali of Sura, Mamsa, Dhadhi etc with gruta at catvara, sankara kuta snana and pathana off above mantra are mentioned

गृधोलूकवानररोमाणि सघृतानि तत्पुरीषं वा सुप्तजने धूपो वचादिभिर्वा प्रदेहोक्तैः पूर्वोक्तो वा। पूर्वोक्ता एव च धारयेत्। सुरासवगुडापूपिष्टतिलकृतभक्षो वृक्षमूले सवृषभः कञ्चनाक्षियुगयुक्तः स्वयं पित्रा कुमारस्य निर्वापणीयो बिलः। क्षीरिवृक्षसमीपे स्नानम्। मन्त्रश्च यः पिता सर्वबालानां ग्रहाणां पूजितो वरः। वृक्षमूले कृतावासः सत्वां पातु पिता सदा। स्वाहा।।६।।

To treat pitru graham dharana of Grudra, Uluka, Vanara roma etc, bali to vrukshamula by the father of kumara with Sura, Asava, Snana at Khseera Vruksha, and mantra pathana should be done

काकापिच्छेन वा गोबालोग्रगन्धा रक्षोघ्नघृत-मयूरचन्द्रकैर्वा। कटम्भराकुक्कुटीमर्कटी लम्बा सहदेव हीवेरोशीराणी धारयेत्। नागदन्तीलक्ष्मणाबृहतीद्वयमृगोर्वारुशतावरीसहदेवा वा। तिलतण्डुलमत्स्यमन शिशलाहरिताल सम्पृक्तिस्तिलिपष्टकृतशकुनिकैः करञ्जे बिलिर्निष्कुटे स्नानम्। मन्त्रश्च- अन्तरिक्षचरा देवी सर्वालङ्कारभूषिता। अयोमुखी तीक्ष्णतुण्डा शकुनी ते प्रसीदतु। दुर्दर्शना महाकाया पिङ्गाक्षी भैरवस्वरा। लम्बोदरी शङ्कुकर्णी शकुनी ते प्रसीदतु।।७।।

To treat Shakuni graham dharana of kakapiccha, Gobala, Ugragandha etc, bali to karancja mula with tila tandula, matsya, and mantra pathana should be done

एलाद्वयकुष्ठवचाहिङ्गुदेवदारुगिरिकदम्बकैधूर्पः। बिब्बीगुञ्जाकाकादनीन्द्रवारुणीचित्रपला धारयेत्। विचित्र माल्यमत्स्योदनकृसरपललवान् बलिः सङ्कर-कूटे। तद्वच्छरावसम्पुटस्थः शून्यगृहे चतुर्दिशं प्रक्षेप्यः। तत्र चोच्छिष्टेन स्नपनम्। मन्त्रश्च - मिलनाम्बरसंवीता मिलना रूक्षमूर्धजा। शून्यागाराश्रया देवी दारकं पातु पूतना।

दुर्दर्शना महाकाया कराला मेघमालिका। भिन्नागाराश्रया देवी दारकं पातु पूतना।।८।

To treat Putana graham dharana of eladvaya, krushna vacha etc, bali to sankara kuta with Vichitra Malya Matsya etc and mantra pathana should be done मुद्गौदनाशना देवी सुराशोणितपायिनी। जलाशयालयरता पातु त्वा शीतपूतना।।९।।

To treat sheeta Putana graham above mantra pathana should be done

जीर्णभिक्षुसङ्घाटी- कृकवाकुपुरीषाहित्वक्केशचर्मभिर्वा। अनन्ता कुक्कुटी मर्कटी बिम्बीर्धारयेत्। तुम्बी चित्र- फला मृगोळ्कुजालिनी काकादनीर्वा। पक्वाम्रमांसशोणितैश्चतुष्पथे बलिगृहे स्नानम्। मन्त्रश्च- कराला पिङ्गला मुण्डा कषायाम्बरवासिनी। देवी बालिममं प्रीता पालयत्वन्धपूतना।।१०।।

To treat Andhaputana Graha dharana of ananta, kukkuti, markati, bimbi etc. at baligruha bali with pakva, amra mamsa shonita etc and mantra pathana should be done

सर्पचाषकीररत्नकित्वा धारयेत्। मातुश्चास्य श्लेष्महरमौषधं पाने स्तनोद्वर्तने च युञ्ज्यात्। विविध गन्धधूपमाल्याञ्जनपारदमनशिशलायुक्तो गोष्ठमध्ये बलिर्गवां मध्ये स्नानम्। मन्त्रश्च- अलङ्कृता रूपवती सुभगा कामरूपिणी। गोष्ठमध्यालयरता पातु त्व मुखमण्डिता।।११।। To treat Mukhamandika graham Sarpa, rallaka jihva etc, Bali at Gosthamadya with different gandha Dhupa, Mala, anjana etc, Gava Madhya Snana and pathana of above enlisted Mantra. शुक्लमाल्यविलेपनलाजौदनपायसैर्गोतीर्थे बलिः। नदीसङ्गमे क्षीरिवृक्षसमीपे वा स्नपनम्। मन्त्रश्चनानावस्त्रधरा देवी चित्रमाल्यानुलेपना। चलत्कुण्डलिनी श्यामा रेवती ते प्रसीदतु।१२।

In revati graham bali of Shukla mala, odana etc at Goteertha, Snana at Nadi Sanghama Ksheera Vruksha and Pathana of abovemantra.

कुल्माषैर्मद्येन शुष्कमांसेन च शुष्कवृक्षे बलिः। तत्रैव च स्नानम्। मन्त्रश्चौपासते यां सततं देव्यो विविधभूषणाः। लम्बा कराला विनता तथैव बहुपुत्रिका। रेवती शुष्कनामा च सा ते देवी प्रसीदतु। इति।।१३।।

For reducing the effect of Sarva Graha, kulmasha, madya, dry meat at Shushka Vruksha, there itself is snana and pathana of above mantra

23. 8th Chapter bhutapratished Adhyaya

ग्रहा गृह्णन्ति ये येषु तेषां तेषु विशेषतः। दिनेषु बलिहोमादीन् प्रयुञ्जीत चिकित्सकः।।१३।।

Graha and bhuta get effect during day hence bali and homa should be carried out. According to graham bali place should be decided

TABLE NO 4
Various Types of Bali for Different Graha

सुरर्षिगुरुवृद्धेभ्यः सिद्धेभ्यश्च	सुरालये।	
देवा	दिश्युत्तर	शुचिशुक्लानि माल्यानि गन्धाः क्षेरेयमोदनम्। दधिच्छत्रं च धवलं
दैत्यभूताय	चत्वरे त्रिपथे पश्चिमायाम् दिशि।	र्बहुफलः सोशीरकमलोत्पलः।
गन्धर्वाय	मार्गे सवस्त्राभरणं बलिम्।	
पितृग्रहे	नद्यां बलिः।	
नागग्रहे	नद्यां बलिः।नागेभ्यः पूर्वदक्षिणायां दिशि।	सुमनोलाजगुडापूपगुडौदनैः। परमान्नमधुक्षीरकृष्णमृन्नागकेसरैः। वचापद्मपुरोशीररक्तोत्पलदलैर्बलिः।
यक्षाय	यक्षायतने सरितोर्वा समागमे।	क्षीरदध्याज्यमिश्रकौदनगुग्गुलुः। देवदारुत्पलं पद्ममुशीरं वस्त्रकाञ्चनम्।
राक्षसानां ब्रह्म-	ब्रह्म-राक्षसानां च चतुष्पथे वा भीषणेषु वा गहनेषु	पललं शुक्लं कुसुमं मिश्रकौदनम्। बलिः पक्वाममांसानि निष्पावा रुधिरोक्षिताः
		Brahma rakshasa

		सिद्धं तोयस्य		यवानां तलं छत्रं वस्त्रं ी	C/	ाढकम्। 
पिशाचाय	पश्धिमां दिशमास्थिते शून्यालये	बलिः मूलकं	सीधुः लवणं सपि	पिण्याकः र्गः सभूतौदनय	पललं ावकम्।	दधि।

ईश्वरं द्वादशभुजं नाथमार्यावलोकितम्। सर्वव्याधिचिकित्सां च जपन्सर्वग्रहाञ्जयेत्। तथोन्मादानपस्मारानन्यं वा चित्तविप्लवम्। महाविद्यां च मायूरीं शुचिस्तं श्रावयेत्सदा। भूतेशं पूजयेत्स्थाणुं प्रमथाख्यांश्च तद्गणान्। जपन् सिद्धांश्च तन्मात्रान् ग्रहान् सर्वानपोहित।। २५।।

Ishwara is considered to be God for treating Sarva Graha, Sarva Vyadhi, including unmade, apasmara and chitta viplava, listening of Mahavidya and Mayuri Vidya, doing puja of bhutesh including his gana is specified for treating bhutesha

नाथं लोकैकनाथमीश्वरं महादेवं ध्यात्वा सर्वव्याधिचिकित्सां लक्षणया सर्वव्योधेः प्रायश्चित्तभूतं श्रीपञ्चाक्षरादिकं मन्त्रं जपन् समाहितः पौनःपुन्योनोच्चरन् सर्वग्रहान् पञ्चसप्ताष्टादशविधानुन्मादान् वक्ष्यमाणलक्षणानपस्मा रानपस्मारग्रहानन्यं वा येन केनापि हेतुनोत्पन्नं चित्तविप्लवं बुद्धि विभ्रंशं जयेच्छमयेत्। इति कैरली)।

To treat unmada shree panchakshara mantra is mentioned

24. 9th Chapter Unmada Adhyaya

भूतानुबन्धमीक्षेत प्रोक्तिलङ्गाधिकाकृतिम्। यद्युन्मादे ततः कुर्यात् भूतिनिर्दिष्टमौषधम्। बलिं च दद्यात्पललं यावकं सक्तुपिण्डिकाम्। स्निग्धं मधुरमाहारं तण्डुलान् रुधिरोक्षितान्। पकामकानि मांसानि सुरां मैरेयमासवम्। अतिमुक्तस्य पुष्पाणि जात्याः सहचरस्य च। चतुष्पथे गवां तीर्थे नदीनां सङ्गमेषु च।।३३।। In Bhutanubanda Unmada bhuta nirdista oushadha is needed. For which bali of palala, yavaka, saktu pindaka is mentioned

25. 10<sup>th</sup> Chapter Apasmara chikitsa Adhyaya 10/30

भूतानुबन्धेऽपस्मारे दोषलिङ्गाधिकाकृतौ। युञ्ज्याद्यथास्वं भूतोक्तां क्रियां दैवव्यपाश्रयाम्॥३०॥

In bhutanubanda Apasmara, daiva vyapashraya chikitsa is useful

26. 38th Chapter Guhya Roga Vijnaneeya 38/32

दुष्टार्तवादपद्रव्यैर्बीजदोषेण दैवतः।।३२।।

Daiva or Anya Janma Kruta karma is cause for 20 yonivyapad.

27. 40<sup>th</sup> Chapter Vishapratisheda

मन्त्रौषधबलेन चोपशमितमपि, प्रत्ययमासाद्यपुनः प्रकु प्यतीति।।९।।

पाकित्वन्तु मन्त्रतन्त्राभ्यामन्तरेण पाकाभावात्। पाको वीर्यहानिः। पक्वेऽप्यन्ने विषस्यापक्वस्यैवोपलब्धेः। मन्त्रतन्त्राभ्यामपाक एवास्य कारणान्तरे पुनः कोपहेतुः)

By the mantra oushadha bala Visha gets come down. In Mantra and Tantra Paka abhava is there as after paka reduction of veerya occurs

विषं तेजोमयं मन्तैः सत्यब्रह्मतपोमयैः। यथा निवार्यते शीघ्रं प्रयुक्तैर्न तथौषधैः। न तु सर्वमनुष्याणां सन्ति भेषजसम्पदः।अज्ञातरोगसद्भावे योग्यता चातिदुर्लभा। प्रकुप्यति विषं भूयः केवलैश्चौषधैर्जितम्।अवाप्तौ सिद्धमन्त्राणां यतेतातिश्चिकित्सकः। तेऽपि च व्रतहीनस्य हीना वा स्वरवर्णतः।यस्मान्न सिद्धिमायान्ति तस्माद्योज्योऽगदक्रमः।।८३।।

By the teja of visha it is going effect fast, all the purusha bheshaja is not capable of reliving the same. Mantra does not affect if adopted devoid of vrata by the physician, or svara, varna heena 28. 42-chapter Sarpavisha Pratisheda

सिता वैगन्धिको द्राक्षा पयस्या मधुकं मधु। पानं समन्त्रपूताम्बुप्रोक्षणं सान्त्वहर्षणम्। सर्पाङ्गाभिहते युञ्ज्यात्तथा शङ्काविषार्दिते।।५४।।

If doubt about sarpa hata, mantra puta sitadi jala is useful

कर्केतनं मरकतं वज्रं वारणमौक्तिकम्। वैडूर्यं गर्दभमणिं पिचुकां विषमुष्टिकाम्। हिमवद्गिरिसम्भूतां सोमराजीं पुनर्नवाम्। तथा द्रोणं महाद्रोणं मानसीं सर्पजं मणिम्। विषाणि विषशान्त्यर्थं वीर्यवन्ति च धारयेत्।।५७।।

Dharana of above mani is mentioned to reduce the effect of Visha. As per Acharya Jejjataby Prabhava

29. 46<sup>th</sup> Chapter Mushikalrka Pratisheda

अलर्काधिपते यक्ष सारमेयगणाधिप। अलर्कजुष्टमेतं मे निर्विषं कुरु माचिरात्। स्वाहेति मन्त्रोऽलर्कार्ते सर्वकर्मस् शस्यते।।५९।।

अलर्काधिपत इत्यादि स्वाहान्तो मन्त्रोलर्कार्ते पुरुषे सर्वकर्मसु शस्यते। हे अलर्काभिधान, अधिपते स्वामिन्, हे यक्षगणानां सारमेयगणानां चाधिप। एनमलर्कजुष्टं मे निर्विषं कुरु माचिशत् शीघ्रं स्वाहेति मन्त्रपदम्।। ५९।।

To treat alarka visha mantra related to alarkadipati is mentioned

30. 47<sup>th</sup> Chapter Vishopadrava Pratisedha

आश्लेषासु गवां मध्ये शस्त्रमन्त्राभिरिक्षतम्। कुमार्या स्नातया तत्र मन्त्रोऽयं विष्णुनिर्मितः। माता मे विजया नाम जयो नाम पिता मम। अजय्यस्य च पुत्रोऽसौ जये च विजयामि च। सुगन्धाख्योऽयमगदो नित्यं देहविलेपनात्।22 During Ashlesha Nakshatra between cows shastra mantra rakshana is mentioned with above mantra written by Vishnu

31. 49<sup>th</sup> Chapter Rasayanavidhi

मन्त्रेणानेन पूतस्य तैलस्य दिवसे शुभे। 'मज्जासार महावीर्य सर्वान् धातून् विशोधय। शङ्ख चक्र गदा पाणी स्त्वामाज्ञापयतेऽच्युतः।

Above mantra need to be chanted while administering tuvaraka taila.

आत्रेयमुनिगीतश्च मन्त्रोऽयं कर्मसिद्धिकृत्। भगवान् पुण्डरीकाक्षो देवाश्च सपुरन्दराः।144

भगवानित्यादिना श्लोकद्वयेनात्रेयमुनिगीतः कर्मसिद्धिकृदयं गुग्गुलुप्रयोगमन्त्रः सुबोधः।। १४४।।

Above mantra is useful during Guggulu Prayoga

- 32. 50<sup>th</sup> Chapter, Vajeekarana Adhyaya 66
- 33. रुचिभेदेन लोकस्य दैवयोगाच्च योषिताम्। तं तं प्राप्य विवर्द्धन्ते नरं रूपादयो गुणाः।।६६।।

Rupa and Guna of Stree is due to Daiva

# D. REFERENCES IN ASTANGA HRUDAYA

In Sutrasthana 29/30 Purva Karma of Shastra Karma

कुर्वीतानन्तरं तस्य रक्षां रक्षोनिषिद्धये। बलिं चोपहरेत्तेभ्यः-----।३०।

After shastra karma patient should be protected from Pishaca, rakshasa etc

1. Shareera Sthana 2/25-27 – Muda Garbha Chikitsa

गृतेन कल्कीकृतया शाल्मल्यतिसपिच्छया॥२५॥ मन्त्रैर्योगैर्जरायूक्तैर्मूढगर्भो न चेत्पतेत्। अथापृच्छयेश्वरं वैद्यो यत्नेनाशु तमाहरेत्॥२६॥

Along with the other sthanika Chikitsa in Mudagarbha Mantra Prayoga should be done.

2. In Sushruta Samhita Shareera Sthana 4/31-32

सचेतनश्च गर्भः शस्त्रेण विदार्य्यमाणो विषयमङ्गानि विक्षिपेत्। तस्मात् तत्सङ्गे सूत्यः प्रयतेरन् पुर्वोक्तानि च मन्त्रौषधानि प्रयुञ्जीत॥३२॥

If Garbha is obstructed and it is live then Mantra Prayoga should be done

3. In Chikitsa Sthana Jyara Chikitsa 1/165

दैवाश्रयं च भैषज्यं ज्वरान् सर्वान् व्यपोहति। विषेषाद्विषमान् प्रायस्ते ह्यागन्त्वनुबन्धजाः॥१६५

Daivavyapashraya Chikitsa cures all kinds of fever specially Vishama Jwara as it manifests due to Agantuja Nidana.

ग्रहोत्थेभूतविद्योक्तं बलिमन्त्रादि साधनम्। 1/171-172, 177

The Jvara Caused by Graha can be treated with Bali, Mantra, etc as mentioned in Bhuta Vidya

शापाथर्वणमन्त्रोत्थे विधिर्दैवव्यपाश्रयः। ते ज्वराः केवलाः पूर्वं व्याप्यन्तेऽनन्तरं मलैः॥१७१॥ तस्माद्दोषानुसारेण तेष्वाहारादि कल्पयेत्। न हि ज्वरोऽनुबध्नाति मारुताद्दैर्विना कृतः॥१७२॥

Abhishapaja Jvara also treated by measures mentioned under Daiva Vyapashraya Chikitsa. औषधयो मणयश्च सुमन्त्राः साधुगुरुद्विजदैवतपूजाः। प्रीतिकरा मनसो विषयाश्च घ्नन्त्यपि विष्णुकृतं ज्वरमुग्रम्॥१७७॥

Wearing of Oshadhi, Mani, Mantra, Puja of Sadu Guru Dvija and Devata are pathya in Jvara.

4. In Rajayakshma Chikitsa 5/83-84

सुहृदां दर्शनं गीतवादित्रोत्सवसंश्रुतिः। बस्तयः क्षीरसपीषि मद्यमांससुशीलता॥८३॥ दैवव्यपाश्रयं तत्तदथर्वोक्तं च पूजितम्। ८३ १/२।

Adopting good conduct, doing daiva vyapashraya mentioned in Atharva Veda are beneficial.

#### 5. Jata Karma

प्रथमे दिवसे तस्मात्निकालं मधुसर्पिषी॥१२॥ अनन्तामिश्रिते मन्त्रपाविते प्राशयेच्छिशुम्। Ananta with madhu and Gruta should be administered in the form of leha on the first day after delivery.

- 6. अश्मनोर्वादनं चास्य कर्णमूले समाचरेत्। अथास्य दक्षिणे कर्णे मन्त्रमुच्चारयेदिमम्॥२॥ Immediately after birth after cleaning the Ulba and Bala Taila abhyanga Ashmano Sangattana – hitting two stones at the root of its ear, below said Mantra should be chanted.
- "अङ्गादङ्गात्सम्भवसि हृदयादभिजायसे। आत्मा वै पुत्रनामासि सञ्जीव शरदां शतम्॥३॥ शतायुः शतवर्षोऽसि दीर्घमायुरवाप्नुहि। नक्षत्राणि दिशो रात्रिरहश्च त्वाऽभिरक्षतु"॥४॥
- 7. षष्ठीं निशां विशेषेण कृतरक्षाबलिक्रियाः। जागृयुर्बान्धवास्तस्य दधतः परमां मुदम्॥२१।
  On the sixth night protective rites and offering of oblation (to protect the child from evil spirits)

should be performed, relatives should awake that night.

8. जीवत्खङ्गादिशृङ्गोत्थान् सदा बालः शुभान् मणीन्॥२६॥ धारयेदौषधीः श्रेष्ठा ब्राह्मयैन्द्रीजीवकादिकाः। हस्ताभ्यां ग्रीवया मूर्ध्रा विशेषात्सततं वचाम्॥२७॥ आयुर्मेधास्मृतिस्वास्थ्यकरीं रक्षोभिरक्षिणीम्।

The baby should always be adorned with Mani prepared from Kadga and other animals, wear potent herbs such as Brahmi, Aindri, Jeevaka etc on hands, neck and head, especially Vaca should be worn constantly to provide long life, intelligence, memory, health and to protect from evils.

If child born with erupted teeth or the child which develop teeth first in the upper jaw shanty should be performed, child should be gifted along with money to Bhrahmana and Naigamesha should be worshiped.

9. हन्तुकामं जयेद्धोमैः सिद्धमन्त्रप्रवर्तितैः॥४०॥ इतरौ तु यथाकामं रतिबल्यादिदानतः।

The Graha which desire to kill the child/adult should won over by resorting to Homa initiated by chanting of the effective hymns. The other Grahas by fulfilling their desires such as sexual gratification, offering of oblation etc

- 10. घृतानि भूतविद्यायां वक्ष्यन्ते यानि तानि च। युञ्ज्यात्तथा बलिं होमं स्नपनं मन्त्रतन्त्रवित्॥५८॥ The physician conversant with Mantra and Tantra should make Ghruta described in Bhutavidhya and also perform rites such as bali, homa and snapana etc
- 11. भूतं जयेदिहेंसेच्छं जपहोमबिलव्रतैः। तपःशीलसमाधानदानज्ञानदयादिभिः॥१॥ Bhuta should be won over by Japa, Homa, Bali, Tapa, Dana, Sheela, and acquiring spiritual knowledge etc.
- 12. ग्रहा गृह्णन्ति ये येषु तेषां तेषु विशेषतः।दिनेषु बलिहोमादीन् प्रयुञ्जीत चिकित्सकः॥२१-37 The physician should perform fire sacrifices and offer oblations on specific days on which the specific evil spirits seize the patients.
- 13. रत्नानि गन्धमाल्यानि बीजानि मधुसर्पिषी।भक्ष्याश्च सर्वे सर्वेषां सामान्यो विधिरित्ययम्॥२३॥
  Offering of ratna, gandha, mala, beeja, madhu, gruta and bhakshya etc as a part of bhuta chikitsa.
  - 14. सुरर्षिगुरुवृद्धेभ्यः सिद्धेभ्यश्च सुरालये। दिश्युत्तरस्यां तत्रापि देवायोपहरेद्धलिम्॥२४॥ पश्चिमायां यथाकालं दैत्यभूताय चत्वरे।गन्धर्वाय गवां मार्गे सवस्त्राभरणं बिलम्॥२५॥ पितृनागग्रहे नद्यां नागेभ्यः पूर्वदक्षिणे। यक्षाय यक्षायतने सिरतोर्वा समागमे॥२६॥ चतुष्पथे राक्षसाय भीमेषु गहनेषु च। रक्षसां दक्षिणस्यां तु पूर्वस्यां ब्रह्मरक्षसाम्॥२७॥ शून्यालये पिशाचाय पश्चिमां दिशमास्थिते।

Bali should be offered to sura, rushi, Guru, Vruddha and Siddha Graha at the temple especially in the northen quarters for the deva graham. In the western quarters and at the pale of chatushpatha for daitya graham, at the path of the cattle for gandharva graham, along with new cloth and ornaments, for pitru and naga graham in the river, in the south east for naga, for the yaksha either at the dwelling of the yaksha or the meeting of the revers, for the rakshasa at the meeting place of the revivers chatishpatha, and at dangerous and secrete place, at the eastern quarters for bhrahma rakshasa, for the pishaca graham at the haunted house and in the western quarter.

Clean white cloth and garlands, scents, milk puddings, boiled rice, curds, white umbrella are the bali given to the deva grahas.

15. दैत्ये बलिर्बहुफलः सोशीरकमलोत्पलः॥३१॥

Bali of different kinds of fruits along with ushira, kamala and utpala should be given to daitya Graha.

16. नागानां सुमनोलाजगुडापूपगुडौदनैः। परमान्नमधुक्षीरकृष्णमृन्नागकेसरैः॥३२॥ वचापद्मपुरोशीररक्तोत्पलदलैर्बलिः।

For the naga graham bali are Sumana, laja, cake made from Jaggery, boiled rice mixed with jiggery, paramanna, madhu, ksheera, masha, mrut etc.

17. यक्षाणां क्षीरदध्याज्यमिश्रकौदनगुग्गुलु||३४|| देवदारूत्पलं पद्ममुशीरं वस्त्रकाञ्चनम्| हिरण्यं च बलिर्योज्यो------|३५|

For the Yaksha Graha, boiled rice mixed with milk, curds and ghee, guggulu, devadharu, utpala, padma, ushira, new cloth, money and gold should be offered.

- 18. ब्रह्मरक्षोबिलः सिद्धं यवानां पूर्णमाढकम्॥३७॥ तोयस्य कुम्भः पललं छत्रं वस्त्रं विलेपनम्। For the Brahma Rakshasa bali are pot filled with boiled yava, pot filled with water, meat, umbrella, new cloth and pralepas.
  - 19. Oblation to Rakshasa graham is meat, white flowers, rice cooked along with meat, cooked and uncooked meat and nishpava, smeared with blood
  - 20. पिशाचानां बलिः सीधुः पिण्याकः पललं दिध॥४४॥ मूलकं लवणं सिर्पः सभूतौदनयावकम्। Oblation for Pishaca Graha is Seedhu, Pinyaka, meat, curds, raddish, salt, ghee, yava boiled and colored red.
  - 21. ऋते पिशाचात्सर्वेषु प्रतिकूलं च नाचरेत्। सवैद्यमातुरं घ्नन्ति क्रुद्धास्ते हि महौजसः॥४९॥

Except for pishacha graham, in all others, nothing unbenifitial should be done, because grahas being of grate power may get engaged and kill both the patient and the physician.

22. ईश्वरं द्वादशभुजं नाथमार्यावलोकितम्। सर्वव्याधिचिकित्सां च जपन् सर्वग्रहान् जयेत्॥५०॥ तथोन्मादानपस्मारानन्यं वा चित्तविप्लवम्।

By worshiping Ishvara with shoulder, Natha the lord Arya, Avalokitha, the treater of all diseases and by doing japa. All the graham can be won so also diseases such as Unmada, Apasmara and other disorders of mind.

23. महाविद्यां च मायूरीं शुचिं तं श्रावयेत्सदा॥५१॥

The patient who is made clean should be made to listen Maha Vidya and Mayuri Vidya always.

24. भूतेशं पूजयेत् स्थाणुं प्रमथाख्यांश्च तद्गणान्। जपन् सिद्धांश्च तन्मन्त्रान् ग्रहान् सर्वानपोहति॥५२॥

Sthanu (shiva) the bhutesha and the pramatha ganashould be worshipped. The potent hymns concerned with them should be chanted, these will drive away all the grahas.

25. बिलं च दद्यात्पललं यावकं सक्तुपिण्डिकाम्॥५६॥ स्निग्धं मधुरमाहारं तण्डुलान् रुधिरोक्षितान्। पक्वामकानि मांसानि सुरां मैरेयमासवम्॥५७॥ अतिमुक्तस्य पुष्पाणि जात्याः सहचरस्य च। चतुष्पथे गवां तीर्थे नदीनां सङ्गमेषु च॥५८॥

In Agantuja Unmada, bali consisting of meat, balls of Yava, food which are fatty and sweet, rice mixed with blood, cooked and uncooked meat, sura, maireya, asava, flowers of atimukta, jati and sahacara, offering being done at chatushpatha, cattle shed or confluence of rivers.

26. अञ्जनं तगरं कुष्ठं हरितालं मनःशिला। फलानी त्रिकटु स्पृक्का नागपुष्पं सकेसरम्॥२४॥ हरेणुर्मधुकं मांसी रोचना काकमालिका।श्रीवेष्टकं सर्जरसः शताह्वा कुङ्कुमं बला॥२५॥ तमालपत्रतालीसभूर्जोशीरिनशाद्वयम्। कन्योपवासिनी स्नाता शुक्लवासा मधुद्रुतैः॥२६॥ द्विजानभ्यर्च्य तैः पुष्पे कल्पयेदगदोत्तमम्।वैद्यक्षात्र तदा मन्त्रं प्रयतात्मा पठेदिमम्॥२७॥ "नमः पुरुषिसंहाय नमो नारायणाय च। यथाऽसौ नाभिजानाति रणे कृष्णपराजयम्॥२८॥ एतेन सत्यवाक्येन अगदो मे प्रसिध्यतु। नमो वैदूर्यमाते हुलुहुलु रक्ष मां सर्विविषेभ्यः॥२९॥ गौरि गान्धारि चाण्डालि मातिङ्गः स्वाहा।पिष्टे च द्वितीयो मन्त्रः "हिरमायि स्वाहा॥३०॥ अशेषविषवेतालग्रहकार्मणपाप्मसु। मरकव्याधिदुर्भिक्षयुद्धाशिनभयेषु च॥३१॥ पाननस्याञ्जनालेपमणिबन्धादियोजितः।एष चन्द्रोदयो नाम शान्तिस्वस्त्ययनं परम्॥३२॥ ।वासवो वृत्रमवधीत्समालिप्तः किलामुना। ॥३२॥

While preparation of chandrodaya Agada two mantra are explained. 1<sup>st</sup> before preparation and later one during maceration of the Dravya.

27. दंशस्योपरि बध्नीयादरिष्टां चतुरङ्गुले। क्षौमादिभिर्वेणिकया सिद्धैर्मन्त्रेश्च मन्त्रवित्॥४२॥ अम्बुवत् सेतुबन्धेन बन्धेन स्तभ्यते विषम्।न वहन्ति सिराश्चास्य विषं बन्धाभिपीडिताः॥४३॥

To prevent the spreading of Visha, Mantra prayoga should be done.

28. सिता वैगन्धिको द्राक्षा पयस्या मधुकं मधु|पानं समन्त्रपूताम्बु प्रेक्षणं सान्त्वहर्षणम्||८९|| सर्पाङ्गाभिहते युञ्ज्यात्तथा शङ्काविषार्दिते|

Sita, Vaigandika, Draksha, Payasya, madhuka and Madhu should be consumed sprinkling with water scarified by mantra, assurances and creating pleasure these treatments should be administered to person suffering from Sarpangabhihata.

Karketana, Marakata, Vajra, Varana, Mauktika, Vaidurya, Gardhabhamani, Picuka, Visamustika, himavadgiri, sambhuta, somaraji, Punarnava, Drona, mahadrona, Manasi, sarpamani should be worn on the body to mitigate the effect of the poison.

# 29. समन्त्रं सौषधीरत्नं स्नपनं च प्रयोजयेत्॥३८॥

In Alarka Visha wearing of Oushadha and Mani, Mantra snana should be administered.

30. As a Rasayana while administering Tuvaraka Taila, mantra should be chanted.

#### A. ARTHASHRAYA

# 1. Aadilopa:

While describing about the qualities of Mamsa Rasa in Anna Swarupa Adyaya, Mamsa word is Omitted and mentioned it as mere *rasa*, this is an example of Adi lopa.

# 2. Madyalopa:

The name of the chapter Drava Dravya Vijnaneeya Adhyaya, should Drava Swaroopa Vijnaneeyam, the middle word *svaroopa* is found missing.

# 3. Anta lopa:

In the description of blood vessels carrying blood, vitiated by the *tridosha*, the term *kapha* is used to mean *kaphaasram*. This means that end word in the term is found missing. In the context to indicate blood vitiated with *vata* is termed *vataasra* and blood vitiated with *pitta* is termed *pitta-shonita*. Naturally the term for blood polluted for *kapha* should be *kaphaasra* or*kapha-shonita*.

# 4. Ubhaya-pada-lopa:

In the description of phase digestion, taking place in the gastrointestinal tract, 'aadau(at first)' is mentioned at the beginning of the first phase. But madya(in the middle) and at ante(at the end) are not mentioned in the beginning of description of the second and third phases of digestion. Thus two terms (madhye, ante) are missing. The reader will have to supply them for this lapse of two terms.

# 5. Aadi-madya-anta-lopa:

In the description of digestion, in the beginning the term *aadau*(in the beginning) is not found. In the middle, the term *madhye*(in the middle) and at the beginning of the last process the term the *ante*(at the end) is also missing. Thus we find that terms are missing in the beginning, middle and end.

# 6. Upadha-lopa:

The additional substrate mentioned by Shree Shankar Sharma is 'upadha-lopa' (omission of last letter) placed just before the last vowel of a term. This may be very well included in omission of last word. According to Sanskrit grammar *upadhaa* is the letter stationed just before the last vowel of a word. For example in the word 'krushaka', the last vowel is 'a' and

the letter before it, i.e. *upadhaa* is 'k' When k is omitted, the word will be *krusha*. Another example is using 'baala' for 'baalaka'. Here also the letter before the last vowel is lost.

# 7. Varnopajanana:

Wherever words or letters are missing in the text, the reader will have to supply them to get the accurate meaning of the passage. It is usually supplied at the time of commentary. *Varna* here means a phoneme and *upa-janana* means to sub-generate. The missing letter is supplied by generating it. In many cases we find that the verb for existence is omitted by the authors. The examples provided by Arunadatta are 1. Of the presence of channels and 2. Properties of *vayubhuta* (air) and *agnibhuta* (fire) in the body. The missing word here is *bha-va-nti* consisting of three letters.

This is exactly what the logic of *tantrayukti* (treatise) called supply of *vakyashesha* (ellipsis) is meant for. In fact the substrates of the meanings enumerated here as one to six are concerned with omissions in statements of treatises. In all the cases compensation by supplying the missing part is to be done. The difference is only regarding the site of the omission. Hence on a gross account we may include all these six under the logic called supply of ellipsis. The reader may also read the description of the logic 'supply of ellipsis' here refers *vakyasesha*.

According to Shankara Sharma, when one letter generates the knowledge of another subject which is related with it, it is *varnopajanana*. For example the letter *Kha* will generate the ideas of sky (ether = *akasha*), sound (*shabda*), ear or auditory faculty (*srotra*) etc. in this case the substrate is not supply of ellipsis but it will be synonym or supply of idea. Synonym is already included as another substrate.

#### 8. Rishi klishta:

The original author or his scribe or copier may make spelling mistakes or other types of errors in the manuscript by absentmindedness. Such errors are to be corrected by the reader during studying the text. Such errors called *rishiklishta* (author's error). [*Rishi* = sage (author); *klishta* = difficulty (error)]. Such errors stay in the world, passed down through generations. The term in Sanskrit for hair is '*roma*'. But it is usually written and spoken as '*loma*'. This is an example of author's error.

The sages are believed to be very authentic and we do not expect errors from them. Yet the sages too are humans and it is too humane to err. Nevertheless Arunadatta has optionally attributed the error to the son of sage. Son of sage means student as sages considered all their students as their own children and even address so (my son!).

#### 9. Tantrasheela:

Each book, by virtue of its author, has a style of writing. This style is called *tantrasheela*(style of author). According to Arunadatta, the authors elaborate certain facts while give only a concise account for certain other things. This is due to the style of author or is the choice of the author. For example, the enumeration of bones in Ashtanga Hridaya is concise without elaborating on the bones of digits, foot, palm etc. at the same time, the description of veins is in detail so as to enable the student to avoid certain veins in bloodletting.

Style of author is also considered as the order of topics in a book. The author may arrange the topics according to alphabetical order, importance, anatomically (from head to foot or foot to head) etc. some name the *arthashraya*as *tantrashailee* [which means the style of the book] instead of *tantrasheela* [better translated as the practice of the book].

#### 10. Tantra samjna:

On describing a topic, the author may introduce examples from his own treatise to establish the topic dealt with. Such instances are called *tantrasamjna* (term of text). For example, we find that in *navajwara* (new fever), when the *dosha* are not ripe, administration of *pancha-kashaya*(five primary extracts) is prohibited. When the *dosha* are ripe (*pakwa*) enough, by employing *langhana* (reduction) etc., administration of decoctions etc. are indicated for digesting or mitigating the residual humors. Here, it is advised that bitter taste is especially good for *pittajajwara* and acrid taste is especially good for *kaphajajwara*. This is an idea introduced by the author himself from his previous descriptions about the taste.

The example provided by Arunadatta does not tally with its definition. The controversy suggested by him in the example also is not feasible. In fact, there is no controversy in prescribing bitter and acrid tastes in the condition suggested (after six days of reduction) as we have already attained a level of ripeness of humors. The example is also difficult for the beginners.

Shree Shankara Sharma defines tantrasamina differently. According to him by this the author uses certain words by his style in a different meaning from its accepted or usual meaning. For example, Sushruta Samhita uses the term 'kevalam' to mean 'completely' where as the term ordinarily means 'exclusively' and is used by Vedanta in the "Rasa....anudhavatyevamshareeramkevalam" is an example from Sushruta Samhita, here kevalam means the entire body. The passage means that the body fluids circulate throughout the body.

The difficulty to accept this option is that *swasamjna*, included in the logics of *tantrayukti*(treatise) will be identical with this substrate.

### 11. Prakrita:

Meanings of terms are to be understood according to context. In ooshakadi gana (group of drugs) one ingredient is saindhava. Saindhavameans rock salt and horse. In the group all members are drugs and hence saindhava should be rock salt in it and not horse.

# 12. Samanatantrapratyaya:

When explanations are not available in a treatise to detail certain topics, commentators' resort to import relevant details from other similar treatises. For example; it is directed that the hair, beard, nails etc. are to be kept low. But the periodicity of trimming them is not mentioned. Here Ksharapani etc. suggests that trimming of hair etc. is to be done once in ten days. But Charaka Samhita suggests trimming thrice in a fortnight, i.e., once in five days. Commentators generally follow the direction of Charaka Samhita.

Another author provides example from Sushruta Samhita. This treatise imports the evolution of universe from the Sankhya system of philosophy. But here it is from a book of another science, not of Ayurveda and hence it should be considered as *paratantrapratyaya*.

# 13. Para-tantra-pratyaya:

When authors find it difficult to cite example from books of Ayurveda, they adopt examples from books of other sciences. For example, when the etiology is concisely enumerated as three viz. the improper unions (yoga) of time, objects and actions, the term union (yoga) in this sense is not defined in any Ayurvedic treatise. This is to be defined from Buddhist treatise.

Some others are of the opinion that copying some parts of other books, as it is, in a treatise as text is 'reference from other treatise'. For example Maadhava Nidaana has copied many stanzas from Ashtaanga Hridaya, Sushruta Samhita etc. as it is.

#### 14. Hetu-hetuka-dharma:

This is the inference of an effect from its established cause. If a patient with pitta diarrhea is consuming things that aggravate pitta, we can easily infer that he will soon develop diarrhea with blood. It is established that an effective cause will initiate the effect.

#### 15. Kaarya-kaarana-dharma:

Sometimes causes are known by the name of effects and vice-versa. This is known as cause and effect substitution. For example the humors are referred to as diseases. Actually humors are causes of disease.

#### 16. Aadyanta-viparyaya:

Sometimes the authors make changes in the order of chapters for convenience. This is called inversion of sequence. For example, in Ashtanga Hridaya, before detailing the food items,

drinks are detailed in chapter five. Food items are detailed only after that in chapter six. In fact the logical sequence would have been food followed by drinks. But drinks are described first as the topic is small and light comparing to the food items. It is like dipping in the sea, first to shallow waters and then to deeper zones.

# 17. Sabdaanyatva:

Treatises use many synonyms for important scientific terms. For example there are many Sanskrit synonyms for the term disease. These are listed in the first chapter on the part on pathology of Ashtanga hridaya.

# 18. Pratyaya-dharma:

Sometimes, something which is not a real cause of something else is attributed with the casualty of it. [When A is not a cause of B, A is attributed as a cause of B.] For example, intellectual error is the cause of sudden personality changes in weak-minded persons (*bhoota-graha*). But, mythological figures like demigods, termed as *bhoota*, are attributed as the cause of the sudden personality changes. It is clearly stated in the text that the cause of sudden personality changes is immediate or past intellectual errors (causing guilt complex). Yet the mythological figures are presented and accused as the cause.

### 19. Upanaya:

This is contextual citation of some topic related to the topic dealt, but belonging to some other area. For example in the chapter on dose of food (*Maatrashiteeya*) diseases like gastroenteritis (cholera) and their treatment are described. The pathological descriptions belong to pathology and treatment belongs to the part of therapeutics. Yet they are described in the context of defining the dose of food. Such bringing in of related topics is called correlation. Others are of the opinion that this is adherence to the original sequence of topics mentioned earlier will be akin to the amplification (*nirdesha*) included among logics of *Tantrayukti*(treatise).

#### 20. Sambhava:

When a topic or aphorism in the treatise embraces the whole of the science because of its extension it is called inclusion. This is slightly different from the logic of treatise termed inclusion because there the included topic is limited. The aphorism enumerating the eight branches of Ayurveda is an example for extensive inclusion.

Others opine that this is bringing in an irrelevant topic in the detailing of a context. Bringing in the details of worms (*krimi*) in the chapter "*Vyaadhita-roopeeyamvimaanam*" of

CharakaSamhitha is cited as example. But according to Arunadatta such inclusion of other data is correlation (*upanaya*).

#### 21. Vibhava:

The description of this substrate of meaning is partially missing in the commentary of Arunadatta. From the remaining part we may deduce that it is an additional description. The aphorism which has been described all over the book is known as *vibhava*. For example 'Asthanga Ayurveda' has been described in detail in whole of the Charaka Samhita.

#### PARA-TANTRA-PRATYAYA ARTHASHRAYA

In this study using Para-tantra-pratyaya arthashraya, the references of Daivavyapashraya Chikitsa are taken from the Charaka Samhita and linked with references of Rigveda, Atharva Veda, Sushruta Samhita and Astanga Sangraha.

#### **B. INTRODUCTION TO VEDA**

The term Veda possesses meaning knowledge, which is derived from the Sanskrit word 'Vid' which means to know, 'to see', 'to intuited'. This is reconstructed as being derived from the proto-into European root 'ueid'- meaning "see", know. The noun is from proto-Indo-European' ueid cognate to aspect form not to be confused is the homonymous 1st and 3rd person singular perfect tense Veda. Veda can also be used to refer to a field of study unrelated to liturgy or ritual e.g., in agada-veda - medical science which deals with the toxicology, Sasya-veda the Science of agriculture or sarpa veda "Science of Snakes", durveda means with evil, evil knowledge, ignorant.

वेदेन वै देवा असुराणां वित्तं वेद्यमविंदंत तद्वेदस्य वेदत्वम्।

As per Kaathaka, Maitrayaneeya, and Taittareeya Samhita, state of Asura is understood through Veda.

विद्यते लभ्यते अनेन इति करणे।

As here there is karana pratyaya, it is antodatta,

नइन्द्रियाणांनानुमानंवेदाहैवैनंवेदयन्तितस्मादाहुर्वेदाइतिपिप्पलाद श्रुति।

The knowledge of Atma cannot be perceived by the Indriya or Anumana, it can be studied with Veda

विदन्त्यनेनधर्मंवेद।

Veda Provides knowledge about Dharma| Veda provides knowledge of Dharma with the help of Pramana, also give knowledge about Moksha.

# विदन्त्यनन्यप्रमाणवेद्यंधर्मलक्षणं अर्थमस्मादितिवेदः। मानवधर्मशास्त्र

# निश्रेयसकराणिकर्माणिआवेदयंतीतिवेदाः॥

While commenting about Ayurveda Acharya Dalhana Vid pratyaya mentioned Trutiya Vibhakti as Karanarta and Saptami Vibhakti i.e Adhikaranartha. Hence vid indicates both existing and knowing, doing Vicharana and Vidrul Dhatu talk about acquiring. InMedhatithi bhashya on Manava Darma Shastra the Dharmalakshana which can be learnt through Pramana can be studied with Veda. Also other Acharya opines that Veda provides knowledge about the karma for Moksha.

In Shrouta Sutra of Hiranya Keshiya when karma cannot be established with the help of Pratyaksha, Veda as Shabda Pramana will be utilized.

In the text Vaijayanti author Mahadeva combination of Mantra, Brahmana and Kalpa is Veda, whereas Acarya Sayana describes veda as Samuccaya of Mantra & Bhrahmana.

The word Veda means "to study," "to gain," "to analyse," "to provide knowledge," and so on. The vedas are literature written in Vedic Sanskrit that originated in ancient India. However, the Veda is considered by Ancient Hindu Rishis to be 'Apaurusheya,' which means "not of a man, superman, and impersonal," but rather the exploration of the entire cosmos. Vedas are authorless. Vedas are also known as 'Shruti,' which means "hearing-documented." By hearing the words during meditation and contemplation, the Vedic period gained knowledge of the cosmos, its beginning, maintenance, control, and rule, as well as knowledge of celestial, atmospherically, and earthly bodies, nature, and spirit.

The knowledge during the ancient India handed down to the next generation in the form of Mantra (songs). The Vedic rishis obtained knowledge and they had seen 'mantras' (mantra Dristas) they constructed Mantra and by oral practice they taught the knowledge in the form of Mantra to their next generation. Thus Vedas are called 'smritis'. The Veda, for orthodox Indian theologian are considered revelations, some or other the work of the deity.

Veda provides Pramanyata for the knowledge of person. Veda is mula for the Achara, Vyavahara, Sangeeta Sahitya etc Vidya and for all the Kala. To understand the life of people during Veda period and its gradual transformation into the present-day life style Veda is essential.

Mantras were used to pass down wisdom from generation to generation in ancient India (songs). The Vedic rishis acquired knowledge and had seen mantras' (mantra Dristas), therefore they created Mantra and imparted the knowledge in the form of Mantra to their next generation

through oral practise. As a result, the Vedas are referred to as'smritis.' For traditional Indian theologians, the Vedas are revelations, some of which are the work of the gods.

Pramanyata is a Vedic concept that refers to a person's knowledge. Veda is mula for all Vidya and Kala, including Achara, Vyavahara, Sangeeta Sahitya, and others. Veda is vital for understanding people's lives during the Vedic period and its progressive development into modern life styles. The Vedas also provides the knowledge about highest level of consciousness and soul. Veda is Moola for Darshana etc.

Rugveda is considered to be ancient, originated during the yajna done by Devata as mentioned in Purusha Sukta, which was utilized for inviting Devata for yajna, offering to Havi to Agni. Puronuvak – the ruk or mantra which are useful for inviting the god. Yajya – Mantra useful for doing the Homa, Hotru – The person who invite God to the Homa, Adhvaryu – person who do the Homa, Udgatru – person who do Gayana during Yagna, Bhrma – the person who take care yagna, who know properly Chaturveda.

The samaveda mantra are useful for Gayana, Yajurveda originated later to explain yajna Vidi. The veda which consists Mantra and Bhrahmana is Shruti, the Granta which are upaposhaka to veda and which are Ashrayi in Veda is Smruti. The Rushi who are Mantra Drustha does Upadesha to Shishya hence the name Shruti.

Smruti is of two type Sutra and Shloka rupa. Sutra rupa granta are directly related to veda, which are required for understanding of veda. They are six, also named as Vedanga. They are Shiksha, Vyakarana, Chandas, Nirukta, Jyotisha and Kalpa.

Vedanga are separate Grantha which are required for understanding the Veda.

#### 1. Shiksha

Shastra which explains about spasta uccharana of Veda mantra. Rugveda consists two shakha – Shakala Shaka – written by Shounaka and Bhashkala Shaka.

- 2. Vyakarana Now the Vyakarana bhagha of veda is lupta, however the panineeya vyakarana lie on Veda itself.
- 3. Chanda Shastra Explains about the Veda Mantra Vrutta. Shastra which is written by Pingala is base.
- 4. Nirukta by yaska, which consists two part Nigantu klista pada kosha and nirukta
   Vyakhyana rupa of Nighantu.
- 5. Jyotisha Shastra It explains about the time of yajna.
- 6. Kalpa Sutra Explains about method for pronouncing the Mantra, niyama and Vidi for Yajna is explained. Ashvalayana Srouta Sutra includes Srouta Sutra method of yaga

and suitable Mantra for the Same, Gruhya Sutra – Shaodasha Samskara, Dharma Sutra – Dharma Niyama for common people, Shulva Sutra – Agni Kunda, vedika et c.

For Rugveda – Sankhyana Shrouta Sutra followed at northen part of India, Ahshwalayana Shrouta sutra at Southern part of India.

#### Rugveda Samhita

Rug-Veda is a Sanskrit composite of re "praise, poem" and Veda knowledge. The rigveda is the most well-known of the four. It is made up of sacred verses that are recited in adoration of God. There are 1028 Mantra in the Rigveda, which is most likely the world's oldest literature. The Mantra is divided into 10 mandalas or Astakas. Mandalas are composed of Mantra groups, each of which is associated with a Rishi family. The mantra for the soma rites can be found in the ninth mandla. The first and tenth mandates have slightly different language and are assumed to have been written by a bigger number of distinct authors.

Samahita refers to paraha Sannikarsha Samhita, all the mantra together named as Samhita or Pratishakhya etc sutra according to Vidhi of Svara, Sandhi and Niyama created as required for doing Pathana of Veda mantra.

The Brabmanas are located next to the Samhitas. Brahmana is an etymological term that refers to anything that has to do with brahman (neut., meaning "prayer," as opposed to masc. brahman, which means "head priest"). In fact, the word appears in the Ruk Samhita in the context of prayer in a number of places. When it comes to the nature and content of the Brahmanas, we should look at how the term is used in the Brahmana texts themselves. The expression tasyoktam brahmanam is employed by to refer to its own past speculations on a specific hymn or mantra text. Bhrahmana explains the specifics of the Mantra found in the Samhita, as well as Prayoga and the history around it.

Bhrahmana is described by Acharya Sayana as the Grantha, which explains Vedartha and Mantra Viniyoga. Vyakarana Brahmana is a mantra related to Brahma or Veda found in Vyakarana. Karma and Kalpa Brahmana are explained by Bhatta Baskara. In Karma Brahmana, Karma Vidana and Mantra Viniyoga are included, however in Kalpa Brahmana, just mantra patha is included. For the Rugveda it includes Itereya and Koshiki Brahmana

Grantha which are related to Bhrahmana is Aranyaka. These are also regarded as the final section of Brahmana. It contains Adhyayana vidi at Aranyaka, which is known as Aranyaka. The Aranyakasas contain the majority of the Upanishads. The Rig-Veda Mantras are contained in the Samveda and are to be sung during sacrifices. The Rig-Veda is heavily represented in the Yajurveda. Many mantras from the Rig-Veda, which is the oldest, are also found in the Atharvaveda. The Vedas have been interpreted differently by various Indian ideologies and

religions. 'Orthodox' schools of Indian philosophy are those that cite the Vedas as their scriptural authority (astika). Other sramana traditions that do not regard the Vedas as authoritative, such as lokayata chariaka Ajivika, Buddhism, and Jainism, are referred to as 'heterodox' or non-orthodox (nastika) schools.

Religion was seen as the world's sustainer in the Rigveda. When the intelligent worship the virat, or the infinite, religion is born. Although the Rigveda identifies thirty-three gods8, it only believes in one supreme Lord. Sages call the one Reality by numerous names, including Indra, Mitra-Varuna, Agni, and the heavenly noble-winged Garutman.

The Rigveda's Mantra are divided into collections, each dealing with a different deity: Agni is first, Indra is second, and so on. Mantra are listed in descending order of the number of stanzas per Mantra inside each collection. If two Mantras in the same collection have the same number of stanzas, they are ordered in descending order by the number of syllabi in the metre.

Table No 5

Mandala, Mantra & Rishi of Rigveda

Mandala	Anuvak	Sukta	Manta Sankhya	Rishi
1	24	191	2006	Shatarchi
2	4	43	429	Grutsamada
3	5	62	617	Vishvamitrta
4	5	58	589	Vamadeva&Goutama
5	6	87	727	Atri
6	6	75	765	Bhardwaja
7	6	104	841	Vasistha
8	10	103	1716	Kanva
9	7	114	1108	Many Rishi
10	12	191	1754	Many Rishi
10	85	1028	10552	

- Mandala 1 comprises 191 Mantra. Hymn 1.1 is addressed to Agni, and his name is the first
  word of the *Rigveda*. The remaining Mantra are mainly addressed to Agni and Indra, as
  well as Varuna, Mitra, the Ashvins, the Maruts, Usas, Surya, Rbhus, Rudra, Vayu,
  Brihaspati, Vishnu, Heaven and Earth, and all the Gods.
- Mandala 2 comprises 43 Mantra, mainly to Agni and Indra. It is chiefly attributed to the <u>Rishi grtsamada śaunahotra</u>.
- Mandala 3 comprises 62 Mantra, mainly to Agni and Indra and the Visvedevas
- Mandala 4 comprises 58 Mantra, mainly to Agni and Indra as well as the Rbhus, Ashvins,
   Brhaspati, Vayu, Usas, etc.

- Mandala 5 comprises 87 Mantra, mainly to Agni and Indra, the Visvedevas ("all the gods'), the Maruts, the twin-deity Mitra-Varuna and the Asvins. Two Mantra each are dedicated to Ushas (the dawn) and to Savitr.
- Mandala 6 comprises 75 Mantra, mainly to Agni and Indra, all the gods, Pusan, Asvin, Usas, etc.
- Mandala 7 comprises 104 Mantra, to Agni, Indra, the Visvedevas, the Maruts, Mitra-Varuna, the Asvins, Ushas, Indra-Varuna, Varuna, Vayu (the wind), two each to Sarasvati (ancient river/goddess of learning) and Vishnu, and to others.
- Mandala 8 comprises 103 Mantra to various gods.
- Mandala 9 comprises 114 Mantra, entirely devoted to *Soma Pavamana*, the cleansing of the sacred potion of the Vedic religion.
- Mandala 10 comprises additional 191 Mantra, frequently in later language, addressed to Agni, Indra and various other deities.

Time

The Vedic period refers to that time period when Vedic Sanskrit text were the commonly proposed period of earlier Vedic age is dated back to 2nd millennium BCE 15

How to Apply Mantra of Rigveda

Content of Mantra of Rigveda can be of

Sthuthi – Praise

Aashi – Prayer

Sthuthi mantra are expressed by means of Nama- name, rupa – form, Kaama – Action, Bhandaya – relation

Asshi mantra are by starting the desired objects, namely – heaven, Ayu, Dhana, Putradi In Sayana Bhasya Mantra Viniyoga is categorized into two. First Viniyoga of Rigveda Mantra for Brahma, Yagna, Japa and Parayana etc Karma and Vishesha Viniyoga like – Sukta Viniyoga, three ruk Viniyoga, one ruk Viniyoga for the Ista Devata Sakshatkara.

Sukta Viniyoga

Sukta or ruk which are present in rugveda are useful in Yagna Karma Anusthana, Vivaha etc Gruhyasutrokta karma. Also while worshiping God, respective ruk or sukta mentioned in rigveda are useful.

For example during Yagna related to Agni, the mantra which are praising Agni will be selected initially which are named as nivit or nividhana. Later while inviting Agni, ruk related to Agni devata will be chanted, they are named as puronuvaka mantra and mantra which are used in Homa are yajya mantra. Laingika mantra are related to that particular god.

#### Mantra can be of

1. Daivata Mantra – Which describes devata which can be of three i.e Parokshakruta, Pratyakshakruta and Adhyatmika Kruta. Parokshakruta mantra useful when God is not infront and consists third person both in Subject and Predicate.

Patyaksha Mantra are god which are intended to worship will be believed to be Infront and words will be in second person. Adhyatmika Mantra consists first person words.

- 2. Stuti Mantra which are stotra mantra which includes prayer.
- 3. Ashi Mantra useful for blessing
- 4. Shapatha Mantra useful for doing Pratigna
- 5. Abhishapa Mantra For cursing
- 6. Kashcidbhava which describes about particular event or tatva
- 7. Paridevana Mantra Ninda mantra
- 8. Prashamsa Mantra Prasing or prasing related to Dana

According to Ashvalayana (Srouta Sutra, 4<sup>th</sup> Chapter, 13 Khanda, if Completes ruk pada if mentioned while explaining its viniyoga one should use only that particular Ruk, if complete pada is explained the whole sukta viniyoga should be done.

In this study the text Rugvidana is considered as base for understanding the application of Rigveda Samhita. This is written by Acharya Shounaka. Acharya explains how these Mantra can be useful in achieving Shanti, Pusti etc and their anusthana Vidhi.

#### C. ATHARVAVEDA

The Atharva veda is a book of knowledge compiled last in the series of four Veda. Atharvaveda means the procedures for everyday life. It explains about the secrets of Srusti, Prayer, Method of doing Yajna, treatment of various diseases, Marriage, delivery, family, society and protection of onself. As per Aitareya Brahmana Rugveda, Yajurveda and Samaveda purifies Yajna through Vaka, whereas Atharva Veda purifies Yagna through Mind. Hence for the completion of Yagna Atharva Veda is needed. In vaidika Vakmaya Atharva Veda is mentioned as Brahma Veda, Amruta Veda, Atma Veda, Angeera Veda, Atharva Angeerasa Veda, Bhrugu Angeerasa Veda.

In Nirukta the term Atharva is derived from the tharva which means Koutilye which means Gati Sheelata or Himsa. Atharva means Akutila or Ahimsa Pravrurtti. Atharva word also carry meaning of Purohita who does Puja of Agni.

The Atharva Veda is associated with both Atharva and Angeerasa hence the name Atharva Angeerasa. Pusti karma yukta mantra are Atharva Mantra and Abhicarana karma related Mantra are Angeerasa Drusta Mantra.

As Brugu Shishya of Angeerasa did both Prachara and Prasara hence the name Bhrugu Angeerasa Veda.

Subsequently, they are divided into 20 kandas, having a total of 730 hymns or suktas or a total of 5,987 mantras. most of the mantras are padya; About 80 hymns are in gadya form.

About a hundred suktas have only one or two verses. They are all integrated to the descendants or disciples of the singularity of the seers, Atharvan and Angiras. There exist an approx twenty percent overlapping between Rigveda Samhita and Atharvaveda Samhita.

From the ancient Vedic times up to the present day, the Hindu thoughts are continuously showing the true path for knowledge. Many of the subhashitas found in all Indian languages, not just Sanskrit, can be traced to the Atharvaveda Samhita. Some of them are in section "Epigrams". Atharvaveda verses have considerable symbolism.

Synonyms of Veda and its Meaning

Table No 6 Synonyms of Atharva Veda

Sl No	Name	Meaning
1.	Atharvangirasha	Atharva & Angirasa – two clans, meaning of which is attainment of stability with exercising modesty and non-violence
2.	Brahma Veda	Determined for use of Brahma and priority of Brahma karma
3.	Bhargava Angirasa	Importance of priest – Bhrugu & Angirasa, bhrugu disciple of angira

Other names of Atharva veda are Chandoveda, Mahi veda, Kshatra Veda, Bhaishajya Veda

Below is the parenthesis with the number of hymns in the Atharva veda:

- 1. Spiritual and Psychological Topics (90)
- 2. Various Devas like Agni, Indra, Sun etc and their psychological powers (100)
- 3. Stages of life: Brahmacharya, Wedding, Hospitality, Ascetic phase
- 4. Health and healing (153) and physiology (215)
- 5. Professions, Caste, Governance, Nation and Community Welfare, Openness of Society (52)

6. Mathematics, time (10)

7. Misc. topics like rituals, animals etc (40)

8. Hymn to Earth (1)

#### F. GAYATRI MANTRA

Gayathri Goddess is considered as Mother of Veda, Essence of Veda and she is reason for everything. And it is root for Parama Tatva and Parama Gati. It is representative of Brahma, Vishnu and Maheshwara.

In Rigveda Gayatri mantra is present in 3<sup>rd</sup> Mandala 62<sup>nd</sup> Sukta and 10<sup>th</sup> Mantra, in Yajurveda present in 3<sup>rd</sup> Mandala 6<sup>th</sup> Sukta and 3<sup>rd</sup> Mantra, and in Samaveda in 2<sup>nd</sup> Mandala, 81<sup>st</sup> Sukta and 2<sup>nd</sup> Mantra.

गारत्रीछण्दसामाता । (महानाराय्223ाणोपनिषत् 24-1)

Gayatri is said to be the mother of all chandas

एवंहिसर्ववेदानांगायत्रीसारमुच्यते। गायत्रीवा इदं सर्वं। (नृसिंहपूर्वतापनीयोपनिषत्।

Gayatri is a *mantra* for invocation; it is a metre, which has become great with just Astha Pada and with Tripada. It removes ignorance and reveals the truth. The use of the *mantra* with a particular *chandas* in a vedic rituals depends upon the mental composition of a person who is performing the ritual. Atharva Veda starts with the *mantras* in Gayatri mantra.

गायत्रीतृपरंतत्वंगायत्रीपरमागतिः।

गायत्रैवपरोविष्णुगायत्रैवपरःशिवः । गायत्रैव परोब्रह्मा

गायत्रैव त्रयीयतः । (बृहत्पराशरसंद्याभाष्य)

which means "O Indra! *Rtviks*, who chant the *Rks* in the Gayatri metre are chanting *Sama-Ve*die hymns.

परब्रह्मस्वरूपाचनिर्वाणपददायिनी। ब्रह्मतेजोमयी शक्तिस्तदाधिष्ठातृ देवता॥ (देवीभागवत 9-1-47)

सर्वेषांजपसूक्तानांगायत्रीपरमोजपः।बृहत्पराशरसंद्याभाष्य)

नसावित्रांसमंजप्यं॥ सूतसंहिता

सर्वमंत्रेष्गायत्रीप्रणवान्विता। बृहत्पराशरसंद्याभाष्य)

गायत्रीनामपूर्वन्हे सावित्रीमद्यमदिने। सरस्वतीचसायन्हे सैवसंद्यात्रिषुस्मृता।

Such frequent use of *Savitri Mantra* signifies deep concern with natural religion in India or in vedic thought. Such interpretations of this *mantra* are elucidated in many texts of the vedic literature.

The recitation of the Gayatri Mantra is preceded by o and the maha vyahruti bhr bhuva sva. The Gayatri mantra is said to have been created by Maharshi Vishvamitra. This mantra is a vital part of the upanayana ceremony, and dvija men have been reciting it as part of their daily routines for a long time. Gayatri mantra has 24 letters.

Table No 7
24 letters of Gayathri Mantra

1.tat,	2.sa,
3.vi,	4.tur,
5.va,	6.re,
7.ņi,	8.yam,
9.bhar,	10,go,
11.de,	12.va,
13.sya,	14.dhī,
15.ma,	16.hi,
17.dhi,	18.yo,
19.yo,	20.naḥ,
21.pra,	22.cho
23.da	24.yāt.

When counting the letters, the word *vareṇyam* is treated as *vareṇiyam* which is the original form of the mantra in the Vedic language before the forced ex-post application of sandhi rules in the much more rigid Classical Sanskrit language.

Some opines that these 24-letter indicative of 24 Shakti of Sankhya Darshana.

Aum :our particular awareness is a subset of the Universal Consciousness that pervades this Universe, as taught by the heavenly sound of Aum. As a result, we should spend our lives in a way that honours the Universal Consciousness banner.

"Bhoor": teaches us to recognise and change the traits that degrade us, and to replace them with those that benefit us in a holistic way..

"Bhuvaha": tells what should engage in actions and Karma that uphold the welfare of all.

"Svaha": emphasises the necessity of creating a balanced cognitive process that allows us to face both joy and sadness, pain and pleasure, profit and loss, good and evil with character equanimity

"Tat" denotes that we should not rely on bodily pleasures to sustain us.

As a result of our acts, we get wisdom, righteous intellect, excellent health, righteously gained money, and righteously gained notoriety and celebrity. "Vareniyam" motivates us to strive for only the most exalted qualities. "Bhargo" advises that we absorb purity in our bodies, minds, riches, health, homes, clothing, and demeanour. "Devasya" refers to the development of a generous, divine, and long-sighted mind process. "Dhimahi" refers to the ability to assimilate positive traits, divine splendour, and smart thinking. "Dhimahf' can be translated as 'Let us ponder or concentrate on' or 'Let us remember.' To put it another way, the phrase Dhimahi means that we should always keep the picture of Savitr in mind as the only object worthy of contemplation and meditation.

"Dhiyo": refers to development of our intellect. Gayatri embodies the prayer that Savitr may inspire in the seeker, that *Dhi* which gives him both these requisites of self-realization. *Dhi* here means both discriminating sense, the power of the intellect, illumined with the light of the soul, and the power of action assuming the form of spiritual meditation and leading to realization, to the sense of oneness with the *Brahman*. Prajna or knowledge is necessary because only through it *avidya* or ignorance can be destroyed. And this *prajna* can be attained only through the *karma* of *updsana* or through the act of seeking the *Brahman* through contemplation. Thus there is no inconsistency between the two interpretations of the term *Dhi* given above. "Dhiyo" alludes to the growth of our minds. Gayatri represents the prayer that

Savitr may inspire in the seeker, the Dhi that provides him with both of these self-realization requirements. Dhi here refers to the discriminating sense, the intellect's power enlightened by the light of the soul, as well as the power of action, which takes the shape of spiritual meditation and leads to realisation, or a sense of oneness with the Brahman. Prajna, or knowledge, is required because avidya, or ignorance, can only be eradicated via it. And only the karma of updsana, or the act of seeking the Brahman through contemplation, may lead to this prajna. As a result, there is no contradiction between the two definitions of Dhi presented above.

"Yha" means "to internalise all positive traits" not only for our own well-being but also for the benefit of those around us.

Naha translates to "to us." This word appears to imply that the Brahman and the Jivas are two distinct beings.

"Prachodayaat" is a word that describes the quality of inspiration.

Gayatri's three-fold nature is also described in Devi-Bhagavat..

Gayatri, the world's mother, is the primary and infinite energy. She's everywhere. Gayatri has three names, according to trisandhya. In the mornings, she is known as Gayatri. In the middle of the day, Gayatri is known as Savitri, and in the evening, she is known as Sarasvati. Brahmi, Vaisnavi, and Raudri are some of her other names.

Gayatri is a wonderful mother. Those who have not been initiated into the Gayatri mantra might practise japa of the following Sarva Gayatri mantra, which is just as powerful as the Devi Bhagavatham Gayatri mantra.

यो देवः सवितास्माकं धियो धर्मादिजोचराः ।प्रेरयेत् तस्य यद्भर्गः तत्वरेण्यम् उपास्महे ॥

We meditate on the excellent light of the deva called SavitA who directs our intellect towards the ways of dharma

In Devi Bhagavatham, as part of Nitya karma – Achamana, Marjana, Snana, Pranayama, Aghamrshana, Gayitri Japa and Gayatri Dhyana is enlisted.

As per Devi Bhagavatam Gayatri japa results in Karma Shuddi, Atma Suddhi and achieving Moksha. Gayatri is symbol of Surya which illuminates mind there by helps to Achieve Moksha Also This mantra Japa is useful vyadhi Nivarana and adopting different wholesome method prevents manifestation of the disease. The diseases which are manifested due to Bhuta can be reduced by doing Havana with drvya prepared with Ksheeri Vruksha by chanting Gayatri mantra. Similarly Guduci Ksheera reduces all diseases and ksheera prepared with tender leaves of mango also helpful in jvara. Also Vaca Ksheera paka reduces, Kshaya, intake of madhu tritaya – ksheera, Dhadhi and Gruta in equal quantity reduces rajayakshma.

Shankha vruksha Havana corrects Kustha, Apamarga Bheeja Havana prevents Apasmara, twigs of ksheeri Vruksha in Unmada, Samit of Gular in Madhumeha, Madhu and Ikshu in Prameha.

Madhutritaya and Kapila Go gruta Havana in Masurika, seven days Havana with Nyadroda prevents Apamrutyu, Gayatri japa under bilwa tree and Havana with bilva mula, patra phala also helpful for preventing apamrutyu.

Svaanjali sva abhisheka with Gayatri mantra chanting provides mati, Arogya, Ayushya and Svasthya.

1000 gayatri patha daily provides Ayu. 3000 gayatri japa provides wealth Yajna, Vrata, Upavasa and Utsava are Naimittika Karma.

#### G. RESEARCH UPDATES

According to the principles of, chanting a mantra is Mantra yoga. Japa yoga refers to any method of chanting the Mantra. Vaikhari Japa is when the mantra is recited out; Upamsu Japa is when the mantra is murmured or hummed; Manasika Japa is when the mantra is repeated mentally; and Likhita Japa is when the mantra is written. Mantra Yoga is a branch of yoga that is particularly interested with Gayatri meditation.

- a) Research into how reciting the Gayatri mantra affects REG In contrast to Random Thinking (RT) sessions in normal males, Neha Racca (2013) investigated how Gayatri mantra chanting effects REG (Random Event Generator an electronic device used in the scientific study of consciousness). (a) prior to and following Gayatri mantra sessions, (b) prior to and during Gayatri mantra sessions, and (c) during and following Gayatri mantra sessions. In addition, the researchers looked at whether Gayatri mantra sessions, as opposed to random thinking, improve the capacity of persons who can considerably impact the REG. When comparing the power of influencing REG in Gayatri mantra chanting sessions to random thinking sessions, the results show a significant possibility for an increase in the power of influencing REG in Gayatri mantra chanting sessions.<sup>19</sup>
- b) Effects of the Gayatri Mantra and Poem Chanting on the Digit Letter Substitution Task In a study by Balaram Pradhan and Seema Godse Derle (2012), the effect of Gayatri mantra and poem chanting on Digit Letter Substitution Task Analysis, the GM session performed considerably better than the PL session.
- c) Changes in Autonomic Function During OM Meditation Shirley Telles, Nagarathna. R, and Nagendra.H.R (1998) studied the autonomic and respiratory variables associated with "OM" meditation in seven experienced meditators aged twenty-nine to fifty-five years. When comparing the meditation and control periods to the preceding periods, there was a significant and comparable decrease in finger plethysmogram amplitude (plethysmogram measures changes in volume within an organ or whole body usually

caused by fluctuations in the amount of blood or air it contains). Following meditation, there was also a non-significant drop in oxygen demand.. $^{21}$ 

#### H. ANIMAL EXPERIMENTATION

- i. In this study the effect of two version of Gayatri Mantra on animal behavior and learning memory etc. study was conducted in a customized chamber which has minimized entry of sound exterior to 40 db. The animals which are present in study, standard and control were conditioned with sound, temperature, humidity, light, food and water supply. For deciding the design for the study a pilot study was carried out based on the researches carried out to see the effect of Music/ sound over animal behaviors, anxiety, stress and memory in western part of the word.
- ii. These are the studies referred for designing the experiment. Many researcher opines that Music provides relaxing effect when it's played in steady tempo, stability or gradual shifts in volume rhythm, timbre, harmony; consistent texture, predictable harmonic modulation, appropriate cadence, predictable melodic lines, repetition of material, soft timbre, few accents, among others.
- iii. Therapeutic Effect of Music on increasing the cognitive in Parkinson, Neuro Psychological diseases like Alzheimer, depression, schizophrenia, autistic spectrum disorder, aphasia were have observed reduction in anxiety using the elevated plus maze and also blood pressure.
- iv. The exposure to music enhance neurogenesis in the hippocampus during perinatal or postnatal period, it reduces the adverse effect of stress on immune system, the cancer development and protects the memory against callosal lesions
- v. Researcher also found effective in increasing learning and memory in rodents using water maze test .Post-exposure to classical music of Mozart increase in the level of plasma ACTH and anxiety behavior in the rats

- vi. With this background this research is planned to assess the effect of two version of Gayithri Mantra in reducing the stress and anxiety and increasing learning and memory was observed.
- vii. In the study the animals were maintained under 12:12 hours dark: light cycle and controlled temperature ( $25 \pm 3^{\circ}$ C). Animals were fed with food (Amruth feeds, standard rat pellets) and water ad libitum. Intensity of the background noise in the rearing environment was 40 dB at the time of applying Mantra.
- viii. Pilot study was done to decide the sound intensity for the experiment and both the Mantra were administered for 108 times with 90 Db sound intensity.

#### **CHAPTER 3**

#### MATERIAL AND METHODS

Study was Under Taken with the following Aim and Objectives.

#### **AIM**

To establish the concept of Daivavyapashraya chikithsa as explained in Bhruhatrayee through the use of Paratantrapratyayaarthashrya in Rigveda and Atharvaveda, with a focus on in vivo gayathri mantra analysis in abino rats.

#### **OBJECTIVE**

- 1. To understand Daiva Vyapashraya chikithsa of bhruhutrayee, apply paratantra Arthas hraya in rigveda and Atharvaveda.
- 2. Vishvamitra and Puranokta Gayatri Mantra effects on physiological and psychological parameters in albino rats were compared.

# I. Literature survey of texts – Rigveda And Atharvaveda.

The references to Daiva Vyapashraya recorded in both the Rigveda and the Atharva Veda were collected and categorised using Paratantra Arthashraya. The references contained in Bhruhatrayee were used to assess these references. To comprehend the Rigveda's Mantra Viniyoga Paddati Rugvidana of Acharya Shounaka was used as a reference point, and its clinical application was examined. The Atharva Veda was examined for references to various Daivavyapashraya Chikitsa techniques

# II. Invivo study to assess and compare the effect of Vishwamitra and Purana Gayathri in albino rats

Animals study was carried out at SDM Research Center for Allied Science after receiving the approval from Institutional Animal Ethics Committee (IAEC). (Certification number – SDMCRA/IAEC/SS-01650/02/c/CPCSEA/12 & date 07/01/2019.) For the study either gender healthy 3 to 5 month aged animals were selected. In the study the animals were maintained under 12:12 hours dark: light cycle and controlled temperature (25  $\pm$  3°C). Animals were fed with food (Amruth feeds, standard rat pellets) and water ad libitum. Intensity of the background noise in the rearing environment was 40 dB at the time of applying Mantra.

Pilot study was done to decide the sound intensity for the experiment and both the Mantra were administered for 108 times with 90 Db sound intensity.

The study was carried out by dividing them in to following group, by random allocation.

Group A (Vishvamitra *Gayathri*)

Group B (Puranokta *Gayathri*)

Group C (Control Group)

Group D (Standard)

In group A, Vishwamitra Gayithri recording of Challakere brothers were played. Total 108 Vishwamitra Gayitrimantra including Om was played everyday early morning for 48 days

In Group B, 108 time Puranoktha Gayithri was played every day early morning. Puranoktha Gayithri Mantra was recorded from Singer who learnt Indian classical music from childhood and practicing for 18 years. Here also chanting was done followed by om. Study duration was 48 days.

In Standard group to reduce anxiety standard drugs as mentioned below was used. Before commencing the experiment Cooks pole, Morries water maze etc to assess learning and piracetam.

Before commencing the experiment Behavior despair, open field drug diazepam 4mg per kg body weight of albino rats to study anxietolytic effect. To study the analgesic effect diclofenac was administered prior to Hot plate. To Study the effect on learning before commencing Cooks pole, Morrie's water maze etc Piracetam 1mg per kg body weight was administered.

Before and after study all the groups were assessed for changes in Behavioral, Hormonal, Anxiety, Stress, and Depression. Where as in control group no intervention and Standard Group required drug will be administered.

# I. Assessment of behavioral Changes

# 1:Gross Behavior [Clara Morpurgo 1971]

Clara Morpurgo (1971) devised a multidimensional observation approach for assessing behavioural changes at various time intervals after intervention. The approach entailed awarding scores on a 0-3 point scale based on the observed phenomenon's average intensity.

One hour prior to the experiment, the intervention was given. Following that, observations were performed every hour for four hours (1, 2, 3 and 4 hours). On a rubber sheet with diameters of 7cm, 9cm, and 13cm, the rats were placed one

by one in the center of three concentric circles drawn with chalk. Additional behavioral changes were observed and recorded, along with a description. Raring, grooming, freezing, licking, sneezing, and sniffing were used to investigate gross behavior

#### II. ANTIPSYCHOTIC ACTIVITIES

# Behavioral 'despair' test in Rats (Porsolt et al 1977)

The intervention was given based on the grouping. Each rat would then be carefully placed into a glass cylinder of 41 cm in height and 15 cm in diameter, which would be filled with water to a depth of 30 cm. After 1 hour of intervention, 6 minutes of observations would be recorded. The first two minutes were not counted as reading time, but rather as the time needed to stabilise the animal's behaviour. The rats' limb movements and struggle to get out of the cylinder over the next four minutes were recorded and subtracted from the overall time (4 minutes) to determine the duration of immobility.

# III. ANXIOLYTIC ACTIVITY

#### A. Open field Behaviour (Bhattacharya et. al 1993)

The open field behaviour apparatus, as described by Bhattacharya et al. 1993, was used to conduct this test in rats. The device is a square box with side walls that are roughly 30 cm high and measures 96x96 cm. The floor is divided into 36 squares that are all the same size. During the trial, it would be maintained in a dimly lit, quiet environment. An hour after intervention, each rat was gently put in a pre-determined corner of the apparatus and given 5 minutes to explore the arena. The following parameters were taken into consideration:

The total number of rearing., The total amount of faecal pellets discharged.

The total number of squares crossed. The duration of immobility (freezing time), as well as the time of start.

Any other form of conduct (ghrooming, preening, sniffingetc)

#### B. Morris Maze test for learning and memory assessment

This test was carried out as described by Morris (1984).

The maze is a 170 cm diameter cylindrical black metallic pool that is filled to a depth just below the platform disc with water that is kept at room temperature. At the outset of each day's testing, the depth and temperature of the water were examined and modified as needed to preserve uniformity. An lighted fluorescent tube was placed above the maze's centre to provide proper lighting. Only one platform was employed in this test protocol, which was buried just below the water level. The platform's placement was kept constant. By adding the needed amount of skimmed milk, the water became opaque (average 1 to 1.25 L would be required).

#### **Procedure:**

Regardless of platform position, the trial protocol was the same. At least 30 minutes before the first trail, the animals were brought into the experiment room. Only the animals who were being tested were brought inside the room on the day of the test. The pool was split into four equal quadrants by two imaginary lines that crossed the pool's centre, designated North-South-East-West, North-South-East-West, North-South-East-West, North-South-East-West, North-South-East-West, North-South-East-West, North-South-East-West, On a set spot in one of the four quadrants of the pool, an escape platform (10 cm in diameter) was hidden 2 cm below the surface of the water. Throughout the trial, the platform remained in the same quadrant. A trial consisted of placing a rat in the pool facing the wall in one of the four starting locations. The starting location was randomly assigned with care being taken that all the four 28 days chosen location are used for each session.

Before the training started, rats was allowed to swim freely into the pool for 60 s without platform. They were given four trials (once from each starting position) per session for 90 days, each trial had a ceiling time of 60 s and a trial interval of approximately 30 s.

After climbing on to the platform, the animal was allowed to remain there for 30 s before the commencement of the next trial. If the rat failed to reach the escape platform within the maximum allowed time of 60 s, it was gently placed on the platform and allowed to remain there for the same interval of time. Then it was removed from the maze and thoroughly dried with a towel and hair drier. The latency, and the strategic path used by the animal to locate the platform were recorded.

The time required to reach the hidden platform was recorded as escape latency. In addition to the acquisition test, the determination of retention memory was carried out on the next

day. During this test, the platform was removed and the rats would be placed into the water maze for 60 s. The time spent in the target quadrant, which had previously contained the hidden platform was recorded. The time spent in the target quadrant indicated the degree of memory consolidation taken place after learning. Any enhancement of cognition is reflected by a decrease in escape latency and increase in retention time.

At the completion of each session, each rats were given a reward (food pellet) and returned to the home cage and animal house. The stress status of each subject were monitored throughout the test session. Testing was terminated for a subject: if excessive vocalization occurs when the experimenter would be about to pick the animal during the testing times, including for the first trial. If excessive aggressive behavior towards the experimenter occurs during the testing times, including for the first trial. If an animal failed to swim (ie: floats) in four consecutive trials (ie for all trials conducted in one day). Also, if an animal failed to recover its body heat between trials (ie: if it is shivering or cold to touch), the animal would remain in its cage for a further five minutes. If there would be no improvement after this time, water maze testing for this animal was terminated.<sup>22</sup>

(Morris R. Developments of a water-maze procedure for studying spatial learning in the rat.J.Neurosci. Methods.1984;11:47–60.)

# IV. EVALUATION FOR MEMORY ENHANCEMENT WITH THE HELP OF COOK'S POLE CLIMBING APPARATUS

This method is developed after modifying method of Sharma AC and Kulkarni SK (1991) for the assessment of learning and memory by using Cook's Pole climbing apparatus instead of Rodent Memory Evaluator. In this apparatus there is stainless steel grid floor in a wooden box with floor grid linked to the source of electric shock to rats. They can be trained to avoid the exposure to noxious stimulus in the form electric shock by climbing on to a centrally located wooden pole. They were trained to establish conditioned avoidance response following the general protocol for this type of experiments. The stimulus was approximately 0.1 mA of 60-cycle alternating current at 40 volts for 2.5 sec duration. The conditioning stimulus was a sound buzzer attached to the chamber and flash of light.

Fresh naive animals were selected for the experiment. Wistar albino rats of either sex weighing between  $200 \pm 30$  g were used for this experimental study. They were trained for 28 days with two sessions i.e. morning and evening sessions. Each session was consisted of

three shock treatments that consist of buzzer and flash of light for 1 sec duration followed by three consecutive shocks for duration of 2.5 seconds each. The rats were trained to climb a pole after the conditional stimulus (buzzer). The trained albino rats were randomly divided into different groups containing 6 animals in each *viz*:

- Control group without any treatment,
- Standard Group Diazepam control 7.5mg/kg body weight of rat i.p.
- VishvamitraGayathri Mantra plus Diazepam + 7.5mg/kg rat i.p.
- PuranoktaGayathri Mantra plus Diazepam + 7.5mg/kg rat i.p.

Vehicle and Gayathri Mantra were given orally for 48th consecutive days according to their grouping. On 154560 minutes after drug administration diazepam (ip) was given and animals would not be exposed to Cook's pole on this day. On 28<sup>th</sup>day an hour after drug administration, the response of each animal were determined by recording transfer latency i.e. time between the time at which the animal was placed on the floor grid of Cook's Pole apparatus and the time at which animal would jump to the centrally located wooden pole as shock free zone to avoid electric shock on the floor grid as well as total duration spent on the wooden pole.

Time taken to climb the pole and total time spent on the pole was considered to determine learning and memory cognition respectively.

Cut off time fixed was 50 sec for climbing to pole and 180 sec for time spent on the pole.

#### V. LEARNING

The apparatus was programmed to accelerate from 4 to 40 rpm in 300 seconds, and animals from the same cage were placed in separate lanes on a rod that was spinning at 4 rpm at the start. The trial began when the animal began to accelerate and ended when the animal fell off the rod. If an animal clings to the rod and completes a full passive revolution, the timer for that animal was stopped, the passive rotation was recorded, and the animal was returned to its home cage, with care made not to disturb other animals in the neighbouring lanes. Between experiments, the apparatus was cleaned with Virkon. In all of the groups, latency to fall was measured. The rotarod test is commonly used in mice to assess therapeutic effects on motor coordination, balance, and learning.

# VI. EXPLORATORY BEHAVIOR

The holeboard test is primarily used to examine rodent exploratory behaviour. The animal is placed in an arena with holes in the floor that are set in a regular pattern. After that, the frequency and duration of spontaneously triggered hole-poking activity are recorded during a brief time period.

# VII. HOT PLATE

Wistar rats were used, and each rat was subjected to one hot plate test. The exposure length was 45 seconds, and the platform (Socrel DS37) was kept at 55.0 0.5 °C. An ethogram and a software package were used to analyse the behaviour that was videotaped. Every pattern parameter (frequency, duration, and initial occurrence latency) was measured. To examine escape noxious-evoked reactions, paw-licking and jumping were used to assess main noxious-evoked patterns.

VIII. Analysis of Hormones was done i.e ACTH, Dopamine Cortisol after intervention in all the groups

#### **CHAPTER 4**

# ANALYSIS AND INTERPRITATION

# 1. OBSERVATION

# i. Literary Study

According to rigvidhana, prior to application of Rigveda Mantra one should do chanting of Gayitri Mantra, Pathana of Apohista, Aghamarshana, Sham na Indragni and Svasti Pavamana Sukta.

# a. DAIVAVYAPASHRAYA IN BHRUHAT TRAYEE

Table No 8

References of Daivavyapashraya Chikitsa in Charaka Samhita

SI No	METHOD	Context	Frequency	%
1	Archana Homa Bali Mantra	Sadvrutta	1	4.7
		Rakshavidhana in	1	4.7
		kumaraghara,		
2	Bali Mangala Homa Parayaschita	Sutikaghara		
3	Daivavyapashraya	Agantujwara	1	4.7
4	Mani	Matrashiteeya Adhyaya	2	
5	Mani	Visha		9.5
		Preparing	8	
6	Mantra	Food/Medicine		
7	Mantra	Garbhadhana		38%
8	Mantra	Prasava		
9	Mantra	Gayathri Kevala Amalaka		
10	Mantra	Visha		
11	Mantra	Agantu Apasmara		
12	Mantra	Agantu Vrana		
13	Mantra	Vamana Dravya		
14	Mantra Bali Archana	Janapadodwamsa	1	4.7
15	Mantra Bali Upahara	Agantu Unmada	1	4.7
	Mantra Bali Upahara Homa Shanti		1	4.7
16	Karma Svasthyayana	Agantu Unmada		
17	Mantra Dana	Daily Before Food	1	4.7
18	Mantra Homa	Shishyopanayana	2	
19	Mantra Homa	Putrakamesti		9.5
		Vishnusahasranama,	1	4.7
20	Mantra Tapa Niyama	Jwara		
21	Oushadhi Dharana	Garbhasthapana Dravya	1	4.7

In Charaka Samhita, 21 references are found related to Daivavyapashraya Chikitsa, among which 38%(n=8) are related to Mantra, 9.5% (n=2) related to Mani and Mantra Homa together, remaining all includes 4.7%(n=1)

Table No 9

References of Daivavyapashraya Chikitsa in Sushruta Samhita

SI No	METHOD	Context	Frequency	%
	Bali Mangala	Purva Karma & Paschat Karma of	1	4.7
1	Svasthivachana	Shastra		
2	Bali Mantra Upahara	all the Graha	1	4.7
3	Daivavyapashraya	Vyapanna Rutu	2	9.5
4	Daivavyapashraya	Prevention of Death		
5	Homa	Abhishapa	1	4.7
6	Mantra	Shishyopanayana	14	66.6
		Paschat Karma of Shastra with		
7	Mantra	Dhupana		
8	Mantra	Kshara Prepration		
		Ruk Yaju Sama Atharva Mantra to		
9	Mantra	protect King		
		Atharva Veda Mantra for Poisionous		
10	Mantra	food		
11	Mantra	Jatakarma		
		Shree Suktha Prameha Tuvaraka Taila		
12	Mantra	Prayoga		
13	Mantra	Rasayana Prayoga		
14	Mantra	Mudagarbha		
15	Mantra	Gayathri Mantra-Vidanga Prayoga		
16	Mantra	Soma Prayoga		
17	Mantra	Visha Chikitsa		
18	Mantra	Alarka Visha		
19	Mantra	Gyatri Mantra – Snapana		
	Mantra Bali Upahara		1	4.7
20	Yaga	Karmaja Atisara		
21	Puja, Bali, Upahara	Bhutesha - Bhutabhishanga	1	4.7

In Sushruta Samhita, 21 references are found related to Daivavyapashraya Chikitsa, among which66.6%(n=14) are related to Mantra, 9.5% (n=2) related to all measures of daiva vyapashraya, remaining all includes 4.7%(n=1)

Table no 10

References of Daivavyapashraya Chikitsa in Astanga Sangraha

SI			Frequency	%
No	METHOD	Context		
1	Bali	Sutikaghara	2	
2	Bali	Bhuta Unmada		7.14
3	Daivavyapashraya	Rutu Vuapanna Chikitsa	5	
4	Daivavyapashraya	Agantu Anubanda Vishama Jwara		
5	Daivavyapashraya	vidhi of Atharva veda Abhishapa Jwara		17.85
6	Daivavyapashraya	Rajayalkshma - Atharva veda vidhi		
7	Daivavyapashraya	Bhutanubanda Apasmara		
8	Homa	Ahara Sevana	1	3.5
9	Mani	Jala purification with Chandrakanta Mani	2	7.14
10	Mani	Make Visha to Nirvisha		
11	Mantra	to protect Raja from Visha	16	
12	Mantra	Akala Mrutyu, due to Vasuki		57.14
13	Mantra	Vamana		
14	Mantra	Kshara Prepration		
15	Mantra	Garbhadana		
16	Mantra	Prasava		
17	Mantra	Mudhagarbha		
18	Mantra	Kustha Agada Lepa		
19	Mantra	Jaatakarma		
20	Mantra	Upaveshana Samskara		
		unmada shree panchakshara mantra is		
21	Mantra	m		
22	Mantra	Visha		
23	Mantra	Alrkadipati		
24	Mantra	Tuvaraka Taila		
25	Mantra	Guggulu Prayoga		
26	Mantra	Sarpa Visha		
	Mantra Bali Oushadha		1	3.5
	Dharana Upahara			
27	Snana	Graha		
28	Oushadha Dharana	Prasava	1	3.5

In Astanga Sangraha, 28 references are found related to Daivavyapashraya Chikitsa, among which57.14%(n=16) are related to Mantra, 17.85% (n=5) related to all measures of daiva vyapashraya, 7.14% (n=2) related to Bali and Mani, remaining all includes 3.5%(n=1)

### b. RIGVEDA

### 1ST MANDALA52

### 1ST SUKTA

अग्निमींळे पुरोहिंतं य्ज्ञस्यं द्वेवमृत्विजंम् ।होतांरं रत्नधातंमम् ॥ १.अग्निः पूर्वेभिरृषिंभिरीड्यो नूतंनैरुत ।स देवाँ एह वंक्षति ॥ ०२अग्निनां रियमंश्रवृत्योषंमेव द्विवेदिवे ।यृशसं वीरवंत्तमम् ॥०३अग्ने यं यृज्ञमंध्वरं विश्वतंः परिभूरिसं ।स इद्देवेषुं गच्छति ॥ ०४अग्निर्होतां कृविक्रंतुः सृत्यश्चित्रश्रंवस्तमः ।द्वेवो देवेभिरा गंमत् ॥ ०५ यदङ्ग दाशुषे त्वमग्नें भृद्रं कंरिष्यिसं ।तवेत्तत्सृत्यमंङ्गिरः ॥०६उपं त्वाग्ने द्विवेदिवे दोषांवस्तर्धिया वयम् ।नमो भरंन्त एमंसि ॥०७ राजंन्तमध्वराणां गोपामृतस्य दीदिविम् ।वर्धमानं स्वे दमें ॥०८

स नंः पितेवं सूनवेऽग्नें सूपायनो भंव ।सचंस्वा नः स्वस्तयें ॥ ०९

This Sukta is explained for worshiping the Agni Devata. It is composed in Gayathri Chandas and Rishi is Vishvamitra Putra Madhu Chanda.

### **Application**

As per Rug Vidhana Agni Meele – Agni Sukta, If Pathana done slow voce 10 times, in Upanshu 100 times, mind 1000 times one can attain Attaind Dhana Dhanya. Also if pathana is done for 11 times attains all Kama and overcomes from sin, if pathana done empty stomach attains long life span, education, wealth, offspring and house. During Pathana if any sees Shudra should have bathing and should see cow and Sun. According to Acharya Sayana, this sukta can be chanted previous night of Soma Yaga, till Usha Kala for praying Agni, Ushas, Ashvini devata using Gayitri etc 7 chandus.

### 2<sup>ND</sup> SUKTA

वायवा यांहि दर्शतेमे सोमा अरंकृताः ।तेषां पाहि श्रुधी हवंम् ॥.०१ वायं उक्थेभिंर्जरन्ते त्वामच्छां जिर्तारंः ।सुतसोंमा अहिर्विदंः ॥ ०२वायो तवं प्रपृञ्चती धेनां जिगाति दाशुषे ।उर्रूची सोमंपीतये ॥०३इन्द्रंवायू इमे सुता उप प्रयोभिरा गंतम् ।इन्दंवो वामुशन्ति हि ॥०४वायविन्द्रंश्च चेतथः सुतानां वाजिनीवसू ।तावा यांत्रमुपं द्रवत्॥०५वायविन्द्रंश्च सुन्वत आ यांत्रमुपं निष्कृतम् ।मक्ष्विश्त्या धिया नंरा॥०६िमृत्रं हुंवे पूतदंक्षं वरुणं च रिशादंसम् ।धियं घृताचीं साधंन्ता ॥०७ऋतेनं मित्रावरुणावृतावृधावृतस्पृशा ।क्रतुं बृहन्तंमाशाथे ॥०८कृवी नों मित्रावरुणा तुविजाता उंरुक्षयां ।दक्षं दधाते अपसंम् ॥ ०९

This sukta is required for Prauga Shastra ruk Stotra Pathana. Here Shastra refer to Devata Smarana Rupa Karma – which possess Adrusta Phala or even it can be Pradhana karma. According to the Jaiminee Maharshi – Stotra and Shastra includes Devata and Guna of the Devata. Stotra mostly useful for the Gayanarta, usually done by Rutvija, relative Shastra mantra pathana done by the Hotru.

It is useful for Agni Stoma Yaga, Here Soma is offered for Agni Stoma Yaga. Agniṣṭoma means 'praise of Agni. The link between men and God is Yajna. Somayaga is sacrifices in which libations of the Soma Rasa are offered in the duly consecrated fire. Agniṣṭoma is a typical Somayaga, forming the prakṛti or model for other Soma sacrifices. It is such an integral part of another well-known sacrifice, Jyoti- ṣṭoma, that these two are often identified same. Literally the word 'Agniṣṭoma' means 'praise of Agni' and the rite derives its name from the hymns called Stoma(a group of three rks) which are chanted in the praise of Agni towards the end of the rite.

Somapravakas, or heralds of Soma sacrifice, are sent out on the first day to call priests. The priests must be chosen, the sacrifice's Diksha must be conducted, as well as a little sacrifice called Dikshaneeya isti, and bamboo huts must be built. On the second day, in addition to acquiring the soma creepers and ceremonially greeting them, two additional ceremonies known as pravargya and upasad are conducted.

The pravargya and upasad ceremonies are performed again on the third day, followed by the construction of the mahavedi and uttaravedi. Fire is ceremonially moved from the old and permanent sacrifice shed to the new on the fourth day, after conducting pravargya and upasad ceremonies once more. This is referred to as agnoma-praayana. A sacrifice of an animal is also carried out.

The soma juice is ceremonially extracted three times and offered on the fifth and final day, known as sutya. The morning offering, known as pratassavana, is made. At noon, the second offering, known as madhyandina savana, is made. The sacrifice fees are distributed at the end of this.

The third pressing, known as trutiya, begins shortly after this. All individuals personally participating in the sacrifice receive avabhtha snana at the conclusion of it.

1<sup>st</sup> Ruk – tell about the Soma Stuti, even in 9<sup>th</sup> Mandala application of Soma Stuti is present. Here soma is a creeper after collecting it should be crushed with Adri, Grava or Ullukala, the rasa should be extaracted. It possesses Babru Varna/Arusha varna/ Haridra Varrna/ Shona Varna/ and Madhura Gandhi. If store for long period attains Amla or Durganda induces Vamana. In Rasayana Adyaya, Soma considered as creeper which is balack in colour without leaf. Juice of it looks like ksheera, commonly consumed by Ajadi animals.

This sukta pathana will be done during extaraction of Soma rasa. If Soma rasa extracted morning then named as Pratassavana, noon – madyandina and evening as truteeya savanna – during this time 12 stotra and 12 shastramantra pathana should be done.

### 3<sup>RD</sup> SUKTA

ओमांसश्चर्षणीधृतो विश्वें देवास् आ गंत । दाश्वांसों दाशुषंः सुतम् ॥ १.००३.०७विश्वें देवासों अस्निध् एहिंमायासो अद्गुहंः ।मेधं जुषन्त वह्नंयः ॥ १.००३.०९

7<sup>th</sup> Ruk to 9<sup>th</sup> Ruk of 3<sup>rd</sup> Sukta are vaishvadeva ruca useful for abhijit savanna and during chaturmasa soma sevana.

पावका नः सरंस्वती वाजेंभिर्वाजिनींवती ।यज्ञं वंष्ट् धियावंसुः ॥ १.००३.१०

10<sup>th</sup> Ruk of this sukta is useful for praying God sarasvathi provides Ishwarya.

महो अर्णः सरंस्वती प्र चेंतयति कृतुनां ।धियो विश्वा वि रांजित ॥ १.००३.१२ चोद्रियत्री सूनृतांनां चेतंन्ती सुमतीनाम् ।यज्ञं दंधे सरंस्वती ॥ १.००३.११

Ashvina etc 12 ruk pathana should be done by the hotru, as praugra shastra mantra for praying Vayu, Indravayu, Mitra Varunaa, Ashvini, Indra, Vishvadeva and Saraswati. Chodayitri ruk of This sukta can be useful for Soutamani Yaga, Vaishvadeva, Ukha sambarana and Ekasthaka yaga.

Ruk 13 pathana helps to enlightens the peoples mind if Stotra of Saraswati or yajna if done. This Mantra also useful during the Soutramani Yagna. It is one among the sapta havi yagna done for reconquering lost property.

### 4<sup>TH</sup> SUKTA

सुरूपकृत्नमूतयें सुदुघांमिव गोदुहें ।जुहूमिस द्वविद्यवि ॥०१उपं नः सवना गंहि सोमंस्य सोमपाः पिब ।गोदा इद्रेवतो मदंः ॥०२अथां ते अन्तंमानां विद्यामं सुमतीनाम् ।मा नो अतिं ख्य आ गंहि ॥०३ परेहि विग्रमस्तृंतिमिन्द्रं पृच्छा विपृश्चितंम् ।यस्ते सिखंभ्य आ वरंम् ॥ ०४उत ब्रुंवन्तु नो निदो निर्न्यतंश्चिदारत ।दधांना इन्द्र इद्दुवंः ॥ ०५उत नंः सुभगां अरिर्वोचेयुंर्दस्म कृष्टयंः ।स्यामेदिन्द्रंस्य शर्मीण ॥०६एमाशुमाशवें भर यज्ञिश्चयं नृमादंनम् ।पृत्यन्मंन्द्रयत्संखम् ॥.०७अस्य पीत्वा शंतक्रतो घृनो वृत्राणांमभवः ।प्रावो वाजेषु वाजिनं वाजयांमः शतक्रतो ।धनांनामिन्द्र सातयें ।.०९यो रायो३ःऽविनेम्हान्सुंपारः सुन्वतः सखां ।तस्मा इन्द्रांय गायत ॥ १०

It comes in 2<sup>nd</sup> anuvaka which includes 4 to 7 Sukta consisting 10 ruk each. For this Rushi is Vishvamitra and Devata is Indra.

### **Application**

4th sukta Pathana can be done during pratsavana kala in Abhiplavashadaha Yaga by Brahmacarinachamsi hotru for Soma Vruddi and as per Ashvalayana Gruhya sutrathis ruk pathana can be done in Agni Stoma Yaga.

By chanting the 4<sup>th</sup> Ruk If indra becomes happy provides wealth, putra sampat, etc shresta vara. 9<sup>th</sup> ruk chanted to attain pashu, Putra, Dhana etc wealth the power ful person in Yuddha i.e Indra will be worshiped with the havis.

## 5<sup>TH</sup> SUKTA

 $2^{\rm ND}$  SUKTA IN  $2^{\rm ND}$  ANUVAKA OF  $1^{\rm ST}$  MANDALA.

आ त्वेता नि षींद्रतेन्द्रंमिभ प्र गांयत । सखांयः स्तोमंवाहसः ॥०१पुरूतमं पुरूणामीशांनं वार्याणाम् । इन्द्रं सोमे सचां सुते ॥ ०२स घां नो योग् आ भुंवत्स राये स पुरंध्याम् । गमद्वार्जेभिरा स नंः ॥ ०३यस्यं संस्थे न वृण्वते हरीं समत्सु शत्रंवः । तस्मा इन्द्रांय गायत ॥ ०४सुतपाठ्नं सुता इमे शुचंयो यन्ति वीत्रयें । सोमांसो दध्यांशिरः ॥ ०५त्वं सुतस्यं पीत्रयें सद्यो वृद्धो अंजायथाः । इन्द्रं ज्यैष्ठ्यांय सुक्रतो ॥ ०६आ त्वां विशन्त्वाशवः सोमांस इन्द्रं गिर्वणः । शं तें सन्तु प्रचेंतसे ॥ ०७त्वां स्तोमां अवीवृधन्त्वामुक्या शंतक्रतो । त्वां वंर्धन्तु नो गिरंः ॥ ०८अक्षिंतोतिः सनेदिमं वाजिमन्द्रंः सहस्रिणंम् । यस्मिन्विश्वांनि पौंस्यां ॥ ०९मा नो मर्तां अभि द्रुंहन्तुनूनांमिन्द्रं गिर्वणः । ईशांनो यवया वधम् ॥१०

In ati ratra yaga – froma shveta etc 3 ruk considered as 1 ruca – useful for mahavrata which means soma yaga which need to be conducted for 12 days.

## 6<sup>TH</sup> SUKTA

युञ्जन्तिं ब्रध्नमंरुषं चरंन्तं परिं तुस्थुषंः ।रोचंन्ते रोचना द्विव ॥०१युञ्जन्त्यंस्य काम्या हरी विपंक्षसा रथें ।शोणां धृष्णू नृवाहंसा ॥ ०२केतुं कृण्वन्नंकेतवे पेशों मर्या अपेशसें ।समुषद्भिरजायथाः ॥ ०३आदहं स्वधामनु पुनंर्गर्भत्वमेंििरेरे ।दधांना नामं यिश्चयंम् ॥ ०४वीळु चिंदारुज्लुभिर्गुहां चिदिन्द्र विह्निभिः ।अविन्द उस्निया अनुं ॥०५देवयन्तो यथां मृतिमच्छां विदद्वंसुं गिरंः ।महामंनूषत श्रुतम् ॥ ०६इन्द्रंण् सं हि दक्षंसे संजग्मानो अबिंभ्युषा ।मृन्दू संमानवंर्चसा ॥०७अन्वदौर्भिद्युंभिर्मुखः सहंस्वदर्चित ।गुणैरिन्द्रंस्य काम्यैः ॥०८अतंः परिज्मन्ना गंहि दिवो वां रोचनादिधं ।समंस्मिन्नञ्जते गिरंः ॥ ०९इतो वां सातिमीमंहे दिवो वा पार्थिवादिधं ।इन्द्रं मृहो वा रजंसः ॥१०

### **Application**

Useful for Abhiplavashadaha yaga need to be done during pratsavana kala.

### 7<sup>TH</sup> SUKTA

इन्द्रिमिद्ग्णियनीं बृहिदिन्द्रंमुर्केभिर्जिणं:। इन्द्रं वाणीरनूषत॥१॥इन्द्र इद्धर्योः सचा संमिश्ल आ वंचोयुजां। इन्द्रीं वुजी हिंरुण्ययं:॥२॥इन्द्रों दीर्घाय चक्षंस आ सूर्यं रोहयद् दिवि। वि गोभिरद्रिमैरयत्॥३॥इन्द्र वाजेंषु नोऽव सहस्रंप्रधनेषु च। उग्र उग्राभिरूतिभिं:॥४॥इन्द्रं व्यं मंहाधन इन्द्रमर्भे हवामहे। युजं वृत्रेषुं वृज्जिणंम्॥५॥ स नों वृषन्नुमुं चुरुं सत्रांदावृन्नपां वृधि। अस्मभ्यमप्रंतिष्कुतः॥६॥तुञ्जेतुंञ्चे य उत्तरे स्तोमा इन्द्रंस्य वृज्जिणं:। न विन्धे अस्य सुष्टुतिम्॥७॥वृषां यूथेव वंसंगः कृष्टीरियर्त्योजंसा। ईशांनो अप्रंतिष्कुतः॥८॥य एकंश्वर्षणीनां वर्सूनामिर्ज्यतिं। इन्द्रः पञ्चं क्षितीनाम्॥९॥इन्द्रं वो विश्वतस्परि हवांमहे जनेंभ्यः। अस्माकंमस्तु केवंलः॥१०॥ Same as previous Sukta this Sukta also useful in Abhiplavashadaha yaga need to be done during pratsavana kala.

## 18<sup>TH</sup> SUKTA

This is included in the 5<sup>th</sup> anuvak of 1<sup>st</sup> mandala.

सदंसुस्पतिमद्भुंतं प्रियमिन्द्रंस्य काम्यंम् ।सुनिं मेधामंयासिषम् ॥ १.०१८.०६

6<sup>th</sup> ruk is sadasspati Ruk, Sadasaspati – refers to adhipati for sadas or sabha refers to agni. In this sukta 6<sup>th</sup> to 9<sup>th</sup> ruk related to the sadasaspati. Sadaspaticonsidered to be devata of Medha shakti, to attain the same this suk can be chanted and also useful for the Homa. This ruk is also useful during gruhya karma like vivaha for anupravacaneeya caru homa as mentioned by Ashvalayana gruhya sutra.

यस्मांद्रते न सिध्यंति यज्ञो विंपश्चितंश्चन ।स धीनां योगंमिन्वति ॥ १.०१८.०७

In 7<sup>th</sup> ruk specified that the god sadaspati creates relation between the thinking and the karma which need to be performed, promotes mind for anusthana karma. This Suktha also present in Sama Veda, Taittareeya Upanishad

### 22 SUKTHA

इदं विष्णुर्वि चंक्रमे त्रेधा नि दंधे पदम् ।समूंव्वहमस्य पांसुरे ॥ १.०२२.१७त्रीणि पदा वि चंक्रमे विष्णुंर्गोपा अदांभ्यः ।अतो धर्माणि धा्रयंन् ॥ १.०२२.१८विष्णोः कर्माणि पश्यत् यतो व्रतानि पस्पशे ।इन्द्रंस्य युज्यः सखां ॥ १.०२२.१९

Shraddha prevents from Rakashasa Bhada. This is also found in both Atharva and Samaveda इहेन्द्राणीमुपं ह्वये वरुणानीं स्वस्तयें ।अग्नायीं सोमंपीतये ॥ १.०२२.१२

In this sukta 12<sup>TH</sup> Ruk explains that Vishnu traversed this universe three times planted his foot i.e Pruthvi, Antariksha and svarga. On this ruk yaska maharshi commented as surya trough his rays covers everything and through rashmi enters everywhere or extensive spreads and enlightens. It is useful in Upamshu yaga and Upapadahoma as Puronuvakya and Yajya mantra

तद्विष्णोंः पर्मं पुदं सदां पश्यन्ति सूरयंः ।दिवींव चक्षुरातंतम् ॥ १.०२२.२०

22 Sukta 20<sup>th</sup> Ruk explaines that the wise always contemplate the supreme place of Vishnu as the eye fixed in heaven. This is useful for clearing the Sinful acts of of 7 Janma, faults of Abakshya Bakshana. It is also present in Sama and Atharva Veda

## 23<sup>RD</sup> SUKTA

It is a 6<sup>th</sup> sukta of 5<sup>th</sup> Anuvaka. It consists 24 ruk. Here Vayu, Indra, Varuna, Mitra, Marut, Pusha and Apa are the devata. Rush is Medhatithi kanva.

वरुंणः प्राविता भुंवन्मित्रो विश्वांभिरूतिभिः ।करंतां नः सुराधंसः ॥ १.०२३.०६

6<sup>th</sup> Ruk explain regarding the prayer related to varuna and Mitra for protection of Ahara Dhanya, place of residence, fear from the enemy.

अम्बयों युन्त्यध्वंभिर्जामयों अध्वरीयृताम् ।पृञ्चृतीर्मधुंना पयंः ॥ १.०२३.१६

16<sup>th</sup> ruk Pathana during Abhisheka Snana improve Ayu and Arogya. It is also found in atharva veda इदमांपुः प्र वंहत् यत्किं चं दुरितं मियं ।यद्वाहमंभिदुद्रोह् यद्वां शेप उतानृंतम् ॥ १.०२३.२२

22<sup>nd</sup> ruk can be used as marjana mantra as mentioned in gruhya sutra. Also in yagnantya this mantra can be useful as marjana mantra.

सं मांग्ने वर्चसा सृजु सं प्रजया समायुंषा ।विद्युर्मे अस्य देवा इन्द्रों विद्यात्सह ऋषिभिः ॥ १.०२३.२४

 $24^{\text{th}}\,\text{ruk}$  is useful for praying agni for providing vigour, progeny and long life

## 24<sup>TH</sup> SUKTA

Useful in Raja Suya Yaga, in which the king's inauguration sacrifice is a Shrouta ritual of the Vedic religion which is a consecration of a king described in the Taittiriya corpus, including Apastamba Srauta Sutra 18.8–25.22.

कस्यं नूनं कंतुमस्यामृतांनां मनांमहे चारुं देवस्य नामं ।को नों मुह्या अदितये पुनंदात् पितरं च दृशेयं मातरं च ॥१॥अुग्नेर्वयं प्रंथुमस्यामृतांनां मनांमहे चारुं देवस्य नामं ।स नों मुह्या अदितये पुनंदात् पितरं च दृशेयं मातरं च

॥२॥अभि त्वां देव सवितुरीशांनुं वार्याणाम् । सदांवन्भागमींमहे ॥३॥यश्चिद्धि तं इत्था भगं: शशमानः पुरा निदः । अद्वेषो हस्तंयोर्द्रधे ॥४॥भगंभक्तस्य ते वयमुदंशेम् तवावंसा । मूर्धानं राय आरभें ॥५॥नृहि तें क्षुत्रं न सहो न मृन्युं वयंश्चनामी पृतयंन्त आपुः ।नेमा आपों अनिमिषं चरंन्तीर्न ये वातंस्य प्रमिनन्त्यभ्वंम् ॥६॥अबुध्ने राजा वरुंणो वनंस्योध्वं स्तूपं ददते पूतदंक्षः ।नीचीनां: स्थुरुपरिं बुध्न एंषामुस्मे अन्तर्निहिंताः कृतवं: स्यु: ॥७॥ उुरुं हि राजा वरुंणश्चकारु सूर्यायु पन्थामन्वेंतवा उं ।अपद्रे पादाु प्रतिंधातवेऽकरुतापंवुक्ता हृंदयाविधंश्चित् ॥८॥श्वतं तें राजन् भिषजं: सहस्रंमुर्वी गंभीरा सुंमृतिष्टें अस्तु ।बाधंस्व दूरे निऋंतिं पराचैः कृतं चिदेनु: प्र मुंमुग्ध्यस्मत् ॥९॥अमी य ऋक्षा निहिंतास उच्चा नक्तुं दद्देश्वे कुहं चिद् दिवेंयुः ।अदंब्धानि वरुंणस्य व्रतानिं विचाकंशच्चन्द्रमा नक्तंमेति ॥१०॥तत्त्वां ब्रह्मणा वन्दंमानस तदा यामि शांस्ते यजंमानो अहेंळमानो वरुणे्ह बोध्युरुंशंसु मा नु आयु: प्र मोंषी: ॥११॥॥तदिन्नक्तुं तद् दिवा मह्यंमाहुस् तद्यं केतों हृद आ वि चंष्टे ।शुनु:शेपो यमह्नंद् गृभीतः सो अस्मान् राजा वरुंणो मुमोक्तु ॥१२॥शुनु:शेपो ह्यह्नंद् गृभीतस् त्रिष्वांद्रित्यं द्रंपदेषुं बुद्धः ।अवैनं राजा वरुंणः ससुज्याद् विद्वाँ अदंब्धो वि मुंमोक्तु पाशांन् ॥१३॥अवं ते हेळों वरुण नमोंभिरवं युज्ञेभिरीमहे हुविभिः ।क्षयंत्रस्मभ्यंमसुर प्रचेता राजुन्नेनांसि शिश्रथः कृतानिं ॥१४॥उदुंत्तमं वंरुण् पाशंमुस्मदवांधुमं वि मध्यमं श्रंथाय ।अथां वयमांदित्य वृते तवानांगसो अदितये स्याम ॥१५॥

Chanting of this sukta helps in clearing the Mahodara

## 25<sup>TH</sup> SUKTA

स नों विश्वाहां सुक्रतुंराद्वित्यः सुपथां करत् । प्र णु आयूंषि तारिषत् ॥१२॥

12<sup>th</sup> ruk pray son of Aditi (varuna) keep us all our days in the right path and prolong our lives

## 27th SUKTA

जरांबोधु तद् विंविड्ढि वि्शविंशे युज्ञियांय । स्तोमं रुद्रायु दृशींकम् ॥१०॥॥

In  $10^{th}\,$  ruk pray about Agni useful in Aptoryam Somayaga it is useful.

## 28<sup>TH</sup> SUKTA,

यत्र ग्रावां पृथुबुंध्र ऊर्ध्वों भवंति सोतंवे । उलूखंलसुतानामवेद्विन्द्र जल्गुलः ॥१॥यत्र द्वाविंव ज्घनांधिषवण्यां कृता । उलूखंलसुतानामवेद्विन्द्र जल्गुलः ॥२॥यत्र नार्यपच्यवमुंपच्यवं च शिक्षंते । उलूखंलसुतानामवेद्विन्द्र जल्गुलः ॥३॥यत्र मन्थां विब्ध्रतें रुश्मीन् यमिंत्वा इंव । उलूखंलसुतानामवेद्विन्द्र जल्गुलः ॥४॥यच्चिद्धि त्वं गृहेगृंह् उलूंखलक युज्यसें । इह द्युमत्तंमं वद्र जयंतामिव दुन्दुिभः ॥५॥उत स्मं ते वनस्पते वातो वि वात्यग्रमित् । अथो इन्द्रांय पातंवे सुनु सोमंमुलूखल ॥६॥आयजी वांजुसातंमा ता ह्युश्च्या विंजभॄतः । हरीं इवान्धांसि बप्संता ॥७॥ता नों अद्य वंनस्पती ऋष्वावृष्वेभिः सोतृभिः । इन्द्रांय मधुंमत्सुतम् ॥८॥

1<sup>st</sup> 4 ruk is useful in Anjassava Homa, 5<sup>th</sup> to 8<sup>th</sup> Ruk useful in Abhishava karma and last ruk in useful for collecting the saomarasa.

### 30TH SUKTA

त्वं त्येभिरा गंहि वाजेंभिर्दुहितर्दिवः । अस्मे रुयिं नि धारय ॥२२॥॥

In 22<sup>nd</sup> Ruk Praying about Ushe for providing Santana and Sampat, deerghayu

## 31ST SUKTA

Useful for Abhiplavashad and vajapeya Yaga type of soma yajna

त्वं नों अग्ने सनये धनांनां यशसं कारुं कृंणुहि स्तवांनः ।ऋध्याम् कर्मापसा नवेंन देवैद्यांवापृथिवी प्रावंतं नः ॥८॥ In 8<sup>th</sup> Ruk Agni whoa are praised by us for the sake of wealth gice us an illustrious son the performer of the sacrifice we may increase or improve the act by a new offspring Heaven and Earth protect us with the other Gods.

### 34<sup>TH</sup> SUKTA

त्रिनीं अश्विना द्विव्यानिं भेषुजा त्रिः पार्थिवानि त्रिरुं दत्तमृद्ध्यः ।ओमानं शुंयोर्ममंकाय सूनवं त्रिधातु शर्मं वहतं शुभस्पती ॥६॥

In  $6^{th}$  RUK Aswin is prayed thrice to grant us the medicaments of heaven and those of earth and those of sky give my son the prosperity of Samyu lords of bliss preserve the wellbeing of the three dosha of the body. In Rugveda – 1 – 154-3, tridhatu is considered – Pruthvi, Ap and Teja and in 1-183-1 tells about Suvarna, Rajata and Tamra.

### 35th SUKTA

आ कृष्णेन रजंसा वर्तमानो निवेशयंत्रमृतं मर्त्यं च ।हिर्ण्ययंन सिवता रथेनाऽऽ देवो यांति भुवंनानि पश्यंन् ॥२॥ In 2<sup>nd</sup> RUK prayed Savitri which is useful during Sandyavandana for giving Arghya to Surya हिरंण्यपाणिः सिवता विचंर्षणिरुभे द्यावांपृथिवी अन्तरींयते ।अपामींवां बाधंते वेति सूर्यमिभ कृष्णेन रजंसा द्यामृंणोति ॥९॥हिरंण्यहस्तो असुंरः सुनी्थः सुंमृळी्कः स्ववाँ यात्वर्वाङ् ।अपसेधंन् रक्षसों यातुधानानस्थांद् देवः प्रंतिदो्षं गृंणानः ॥१०॥

In 9<sup>th</sup> RUK prayed Savitri. In this ruk the Surya is considered to have the power of clearing the diseases. Also in Rugveda 1-50-11 Praskanva rushi pray surya for clearing clearing the hrudroga and Kamala.

### 40th SUKTA

उप प्र यंन्तु मुरुतंः सुदानंव इन्द्रं प्राशूर्भवा सचां ॥१॥त्वामिद्धि संहसस्पुत्र मर्त्यं उपब्रूते धनें हिते ।सुवीर्यं मरुत् आ स्वश्व्यं दधींत यो वं आच्के ॥२॥प्रैतु ब्रह्मंणस्पितः प्र देव्येतु सूनृतां ।अच्छां वीरं नर्यं पुङ्क्तिरांधसं देवा यृज्ञं नंयन्तु नः ॥३॥यो वाघते ददांति सूनरं वसु स धंत्ते अक्षिति श्रवंः ।तस्मा इळां सुवीरामा यंजामहे सुप्रतूर्तिमनेहसंम् ॥४॥प्र नूनं ब्रह्मंणस्पितिर्मन्तं वदत्युक्थ्यंम् ।यस्मिन्निन्द्रो वरुंणो मित्रो अंर्यमा देवा ओकांसि चक्रिरे ॥५॥तमिद् वोंचेमा विद्यथंषु शम्भुवं मन्तं देवा इमां च वाचं प्रतिहर्यथा नरो विश्वेद् वामा वों अश्रवत् ॥६को देवयन्तंमश्रवज् जनं को वृक्तबंहिषम् ।प्रप्रं दाश्वान् पुस्त्यांभिरस्थितान्तुर्वावृत् क्षयं दधे ॥७॥उपं क्षृत्रं पृंञ्चीत हन्ति राजंभिर्भये चित् सुक्षितिं दंधे ।नास्यं वर्ता न तंरुता मंहाधने नार्भे अस्ति वृज्जिणंः ॥८॥

This sukta is laingika, and also in Soma yaga  $24^{th}$  Day , during marutvateeya shstra mantra pathana  $3^{rd}$  ruk of this sukta is useful.

### 42th SUKTA

सं पूंष्त्रध्वंनस्तिर् व्यंहों विमुचो नपात् । सक्ष्वां देव प्रणंस्पुरः ॥१॥यो नंः पूषत्रघो वृकों दुःशेवं आदिदेंशित । अपं स्म तं पृथो जंहि ॥२॥अप त्यं पंरिपन्थिनं मुषीवाणं हुरिश्चतंम् । दूरमिधं स्नुतेरंज ॥३॥त्वं तस्यं द्वयाविनो ऽघशंसस्य कस्यं चित् । पृदाभि तिष्ठ तपुंषिम् ॥४॥आ तत्तं दस्र मन्तुमः पूष्त्रवों वृणीमहे । येनं पिृतृनचोंदयः ॥५॥अधां नो विश्वसौभग हिरंण्यवाशीमत्तम । धनांनि सुषणां कृधि ॥६॥अतिं नः सृश्चतों नय सुगा नंः सुपथां कृणु । पूषित्रिह क्रतुं विदः ॥७॥अभि सूयवंसं नय न नंवज्वारो अध्वंने । पूषित्रिह क्रतुं विदः ॥८॥श्विष्टि पूर्षि प्र यंसि च शिशीहि प्रास्युदरंम् । पूषित्रिह क्रतुं विदः ॥९॥न पूषणं मेथामिस सूक्तैर्भि गृंणीमिस । वसूंनि दस्ममींमहे ॥१०॥

During Dura Desha Gamana Chanting of this sukta is explained in Ashwalayana Gruhya Sutra

### 43rd SUKTA

यथां नो अदिति: कर्त् पश्चे नृभ्यो यथा गवें । यथां तोकायं रुद्रियंम् ॥२॥

 $2^{nd}$  RUK about Aditi (earth ) to obtain for us for our cattle, men, our children, the medicament of Rudra

#### 46th SUKTA

उभा पिंबतमश्विनोुभा नुः शर्मं यच्छतम् । अविद्वियाभिंरूतिभिं: ॥१५॥

15<sup>th</sup> Ruk about Aswini praying for happiness through your blameless protection. This ruk is useful in Pravarga yaga which need to be done during Purvanha kala as Yajyamantra and also during ashwini shastra mantra pathana as 2<sup>nd</sup> Ajya mantra

### 47th SUKTA

अयं वां मधुंमत्तमः सुतः सोमं ऋतावृधा । तमंश्विना पिबतं तिरोअंह्न्यं धृतं रत्नांनि दा्शुषें ॥१॥त्रिवृन्धुरेणं त्रिवृतां सुपेशंसा रथेना यांतमिश्वना । कण्वांसो वां ब्रह्मं कृण्वन्त्यध्वरे तेषां सु शृंणुतं हवंम् ॥२॥अश्विंना मधुंमत्तमं पातं सोमंमृतावृधा । अथाद्य दंस्रा वसु बिभ्रंता रथें दाश्वांसमुपं गच्छतम् ॥३॥त्रिष्धस्थे बृहिंषिं विश्ववेदसा मध्वां यृज्ञं मिंमिक्षतम् । कण्वांसो वां सुतसोंमा अभिद्यंवो युवां हंवन्ते अश्विना याभिः कण्वंमभिष्टिभिः प्रावंतं युवमंश्विना । ताभिः ष्वश्समां अंवतं शुभस्पती पातं सोमंमृतावृधा ॥५॥सुदासें दस्रा वसु बिभ्रंता रथे पृक्षों वहतमिश्वना । रृयिं संमुद्रादुत वां दिवस्पर्यस्मे धंत्तं पुरुस्पृहंम् ॥६॥यन्नांसत्या परावित् यद्वा स्थो अधिं तुर्वशें । अतो रथेन सुवृतां न आ गंतं साकं सूर्यस्य रृश्मिभिः ॥७॥अर्वाञ्चां वां सप्तंयोऽध्वरृश्रियो वहंन्तु सवनेदुपं । इषं पृञ्चन्तां सुकृतें सुदानंव आ बृिहः सींदतं नरा ॥८॥तेनं नास्त्या गंतं रथेन सूर्यत्वचा । येन शश्वंदूहथुंद्रशिषे वसु मध्वः सोमंस्य पीतयें ॥९॥उक्थेभिरवांगवंसे पुरूवसूं अर्केश्च नि ह्वंयामहे । शश्वत् कण्वांनां सदंसि प्रिये हि कुं सोमं पुपश्रंरिश्वना

It is  $4^{th}$  sukta in ninth anuvaka, consisting 10 ruk. For which Ashwini Devata are God, useful during prataranuvaka mantra pathana kala

## 50th SUKTA

उदु त्यं जातवेदसं देवं वंहन्ति कृतवंः । हृशे विश्वांय सूर्यम् ॥ १.०५०.०१अप त्ये तायवों यथा नक्षंत्रा यन्त्यक्तुभिंः । सूरांय विश्वचंक्षसे ॥ १.०५०.०२अहंश्रमस्य कृतवो वि रृश्मयो जनाँ अनुं । भ्राजंन्तो अग्नयों यथा ॥ १.०५०.०३तुरणिंर्विश्वदंर्शतो ज्योतिष्कृदंसि सूर्य ।

11<sup>th</sup> ruk pathana will be done during Ashvina shastra mantra and sourya kratu mantra. This sukta is related to Surya devata. There are 60 and ½ ruk are related to the god surya named as soura sukta. This sukta is useful toGet ride from disease

**79**<sup>th</sup> **SUKTA,** 9<sup>th</sup> Ruk prayed Agni for our livelihood wealth with sound understanding conferring happiness and sustaining us through life. During Ayuskamesti homa during 1<sup>st</sup> Ajya Ahuti A no Agni ruk as puronuvakyamantra

**84**<sup>th</sup> **SUKTA**, 7<sup>th</sup> RUK As per Ashwalayana shrouta Sutra It is useful in Abhiplavashadaha yaga, in bhrahmanachamsi trutiya savanna. Also in Mahavrata yaga, during shastramantrapathana as Ushnik Chandas this ruk can be be used.

8<sup>th</sup> Ruk useful In second Ajya homa as puronuvakya Mantra in Svastyayana it is useful.

 $12^{th}$  Ruk There three Isti by name Pavamana. In  $3^{rd}$  Isti last Ajyabhaga as Puronuvakya Mantra it can be useful. And in pratakala upasat isti and soma sambanda yaga

1<sup>st</sup> mandala 97 SUKTA 1<sup>st</sup> RUK

4<sup>th</sup> Sukta in 15<sup>th</sup> Anuvaka consisting of 8 ruk, have Gayitri Chandas, Rishi – Kutsa, God Agni, laingika Viniyoga. As per history for the shoka pariharatha this mantra is chanted by Kutsa Rushi for removing shoka due to Deerga Jihvi Rakshasi. Even according to bharadvaja maharshi this mantra can be used in Aparakarma.

अपं नः शोशुंचद्रघमग्नें शुशुग्ध्या रियम् ।अपं नः शोशुंचद्रघम् ॥ १.०९७.०१प्र यत्तें अग्ने सूरयो जायेंमिह् प्र तें वयम् ।अपं नः शोशुंचद्रघम् ॥ १.०९७.०४द्विषों नो विश्वतोमुखातिं नावेवं पारय ।अपं नः शोशुंचद्रघम् ॥ १.०९७.०७

Reduces Vidvesha in three nights, duing chanting in noon increases Ayu and evening increases Oja, Ayu and destroys Shatru

### 98TH SUKTA

Its is 5<sup>th</sup> sukta of 15<sup>th</sup> Anuvak consists 3 ruk, and rishi for the same is kutsa, chandas is tristup, Agni devata

पृष्टो दिवि पृष्टो अग्निः पृंथिव्यां पृष्टो विश्वा ओषंधीरा विवेश ।वैश्वानरः सहंसा पृष्टो अग्निः स नो दिवा स रिषः पांतु नक्तंम् ॥ १.०९८.०२

Agni who is present in the sky and present upon earth and who present has pervaded all herbs may the agni vaishwanara who is present in vigor gurd us and day against our enemy.

Useful in Chaturmasa Yaga for praying Vaishvanara and Parjanya devata

### 99TH SUKTA

जातवेंदसे सुनवाम् सोमंमरातीयतो नि दंहाति वेदंः ।स नंः पर्षदितें दुर्गाणि विश्वां नावेव सिन्धुं दुरितात्यग्निः ॥ १.०९९.०१

6<sup>th</sup> Sukta in 15<sup>th</sup> Anuvak, consists 1 ruk, Rishi is Marici putra Kashyapi, tristup chandas Useful in ahargana Yaga . Pathana during sunrise, sunset and day & night prevents bad dreams

### 101 SUKTHA 11th Ruk

प्र मन्दिनें पितुमदंर्चता वचो यः कृष्णगंर्भा निरहंत्रृजिश्वंना । अवस्यवो वृषंणं वर्त्रदक्षिणं मुरुत्वंन्तं सुख्यायं हवामहे ॥ १.१०१.०१

Japa of this ruk leads to easy Prasava तन्नों मित्रो वरुंणो मामहन्तामदिति: सिन्धुं: पृथिवी उत द्यौः॥11॥ Rushi for this sukta is son of Angeerasa Maharshi Kutsu consist tristup and Jagatee Chandas and Indra is God Chanting of this sukta and doing fasting for three nights helps to Prevents Bad dreams Same sukta if Homa done with trimadhu, Udumbara destroys all desease.

## SUKTHA 104, 6<sup>th</sup> and 8<sup>th</sup> RUK

स त्वं नं इन्द्र सूर्ये सो अप्स्वंनागास्त्व आ भंज जीवशुंसे । मान्तंरां भुजमा रींरिषो नुः श्रद्धितं ते मह्त इंन्द्रियायं ॥६॥मा नों वधीरिन्द्र मा परां दा मा नंः प्रिया भोजंनानि प्र मोंषीः ।आण्डा मा नों मघवञ्छक्र निर्भेन्मा नुः पात्रां भेत् सहजांनुषाणि ॥८॥

This Suktha is prayer for Indra for protecting offspring while yet in the womb. This is Mantra of Vishwa Devata pathana of the same Destroys all papa

### **SUKTHA 112**

ईळे द्यावांपृथिवी पूर्विचंत्त्येऽप्तिं घुर्मं सुरुचं यामंत्रिष्टयं ।याभिभरें का्रमंशांय जिन्वंथस्ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०१युवोर्दानायं सुभरां अस्श्वतो रथमा तंस्थुर्वचसं न मन्तंवे ।याभिधियोऽवंथः कर्मित्रिष्टये ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०२युवं तासां द्विव्यस्यं प्रशासंने विशां क्षंयथो अमृतंस्य मृज्मनां ।याभिर्धुनुमुस्वंर्ं पिन्वंथो नरा ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०३याभिः परिज्मा तनंयस्य मृज्मनां द्विमाता तूर्षु तुरिणविभूषंति ।याभिस्तिमन्तुरभंवद्विचक्षणस्ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०४याभी रेभं निवृंतं सितमृद्ध्य उद्वन्दंनमैरंयतं स्वंद्धे ।याभिः कण्वं प्र सिषांसन्तुमावंतं ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०५याभिरन्तंकं जसंमानुमारंणे भुज्यं याभिरव्यिभिजिजिन्वधंः ।याभिः कृक्नेशुं वृय्यं च जिन्वंथस्ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०६ याभिः शुचन्तिं धंनसां सुंषुसदं तृप्तं घुर्ममोप्यावंन्तुमत्रये ।याभिः पृत्रिगुं पुरुकुत्सुमावंतं ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०७याभिः श्वचीभिर्वषणा परावृजं प्रास्थं श्रोणं चक्षस् एतंवे कृथः ।याभिवितिंकां प्रसिताममुंञ्चतं ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.०९याभिः सित्यं मर्धमन्तुमसंश्चतं विसिष्टं याभिरजराविजन्वतम् ।याभिः कुत्सं श्रुतर्यं नर्यमावंतं ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२०.०९ याभिर्विश्वणा धनुसामंथव्यं सुहसंमीव्ह आजाविजन्वतम् ।याभिर्वश्चम्यव्यं प्रेणिमावंतं ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२०.०९ याभिर्विश्वना गंतम् ॥ १.११२०.०१ याभिर्विश्वना गंतम् ॥ १.११२०.०१ याभिर्वश्वना गंतम् ॥ १०० वश्वे अवर्वनावे विष्वने मर्धा क्रांश्वने अवर्वने मर्धाभिर्वा विष्वने स्वा क्रोशो अक्षरत् ।

कक्षीवंन्तं स्तोतारं याभिरावंतं ताभिंरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.११याभीं रसां क्षोदंसोद्रः पिंपिन्वथ्रंरनश्वं याभी रथमावंतं जिषे ।याभिंस्त्रिशोकं उस्त्रियां उदाजंत ताभिंरू षु ऊतिभिरिश्वना गंतम ॥ १.११२.१२याभिः सूर्यं परिया्थः पंरावतिं मन्धातारुं क्षेत्रंपत्येष्वावंतम् ।याभिर्विप्रं प्र भुरद्वांजुमावंतुं ताभिरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.१३याभिर्मुहामंतिथिग्वं कंशोजुवं दिवोदासं शम्बरुहत्यु आवंतम् ।याभिः पूर्भिद्यें त्रुसदंस्युमावंतुं ताभिरू षु कुतिभिरश्विना गंतम् ॥ १.११२.१४याभिर्वुम्नं विपिपानमुंपस्तुतं कुलिं याभिर्वित्तजानिं द्वस्यर्थः ।याभिर्व्यश्वमृत पृथिमावंतं ताभिंरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.१५याभिंर्नरा शयवे याभिरत्रंये याभिः पुरा मनंवे गातुमीषर्थः ।याभिः शारीराजंतं स्यूमंरश्मये ताभिंरू षु ऊतिभिंरश्विना गंतम् ॥ १.११२.१६याभिः पठंर्वा जठंरस्य मुज्मनाप्निर्नादींदेच्चित इद्धो अज्मुन्ना ।याभिः शर्यातुमवंथो महाधुने ताभिरू षु कुतिभिरिश्वना गंतम् ॥ १.११२.१७याभिरिङ्गरो मनंसा निरुण्यथोऽग्रं गच्छंथो विवरे गोअंर्णसः ।याभिर्मनुं शूरंमिषा समावंतं ताभिंरू षु ऊतिभिंरश्विना गंतम् ॥ १.११२.१८याभिः पत्नीर्विमदायं न्यूहथुरा घं वा याभिररुणीरशिक्षतम् ।याभिः सुदासं ऊहथुः सुद्रेव्यं१ुं ताभिरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.१९याभिः शंतांती भवंथो ददाशुषें भुज्युं याभिरवंथो याभिरधिंगुम् ।ओम्यावंतीं सुभरांमृतुस्तुभुं ताभिंरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.२०याभिः कृशानुमसंने दुवस्यथीं जुवे याभिर्यूनो अर्वन्तुमावंतम् ।मधुं प्रियं भंरथो यत्सरङ्भ्यस्ताभिंरू षु ऊतिभिरश्विना गंतम् ॥ १.११२.२१याभिर्नरं गोषुयुधं नृषाह्ये क्षेत्रंस्य साता तनंयस्य जिन्वंथः ।याभी रथाँ अवंथो याभिरवंतस्ताभिंरू षु ऊतिभिरश्विना गंतम् ॥ १.११२.२२याभिः कृत्संमार्जुनेयं शंतक्रत् प्र तुर्वीतिं प्र चं दुभीतिमावंतम् ।याभिंध्र्वसन्तिं पुरुषन्तिमावंतुं ताभिंरू षु ऊतिभिरिश्वना गंतम् ॥ १.११२.२३अप्नंस्वतीमिश्वना वाचंमुस्मे कृतं नों दस्रा वृषणा मनीषाम् ।अद्यूत्येऽवंसे नि ह्वंये वां वृधे चं नो भवतुं वाजंसातौ ॥ १.११२.२४दुयुभिंरुक्तुभिः परिं पातमुस्मानरिष्ट्रिभिरश्विना सौभंगेभिः ।तन्नों मित्रो वरुंणो मामहन्तामदितिः सिन्धुः पृथिवी उत द्यौः ॥ १.११२.२५

This is 7<sup>th</sup> Sukta in 16<sup>th</sup> Anuvaka. Rishi for this is kutsu of Angeerasa, consists 25 ruk which are in tristup and jagathee chandas, Pruthvee, Agni and Ashvini are the Devatha. According to the Ashvalayana sutra, this sukta can be chanted in Pravargya Yaga as prataranuvaka for Ashvina kratu relation and Aptoryama yagapathana by Acchavaka Rutvija.

1<sup>st</sup> Ruk, Ashwini prayed through shining Agni and from 5th ruk chanting of 3<sup>rd</sup> ruk onwards provides Yuva avasta and deergayu. When patharva rushi became krusha due to roga, which altered the natural colour of the body, Ashwini devata made him glow and strong like Ashwini

Pathana of above sukta leads to Sarva Vruddi & destroys all sin

# $1^{ST}$ MANDALA, $114^{TH}$ SUKTHA $1^{ST}$ RUK

डुमा रुद्रायं त्वसें कपुर्दिनें क्ष्यद्वीरायु प्र भंरामहे मृतीः ।यथा शमसंह्विपद्वे चतुंष्पद्वे विश्वं पुष्टं ग्रामें अस्मिन्नंनातुरम् ॥ १.११४.०१भृळा नों रुद्रोत नो मयंस्कृधि क्षयद्वीरायु नमंसा विधेम ते ।यच्छं च योश्व मनुंरायेजे पिता तदंश्याम् तवं रुद्व प्रणींतिषु ॥ १.११४.०२अश्यामं ते सुमृतिं देंवयुज्ययां क्षयद्वीरस्य तवं रुद्र मीद्दः ।सुम्नायन्निद्विशों अस्माकृमा चरारिष्ट्वीरा जुहवाम ते हृतिः ॥ १.११४.०३त्वेषं वयं रुद्रं यंज्ञ्साधं वृङ्कुं कृविमवंसे नि ह्वंयामहे ।आरे अस्महैव्यं हेळों अस्यतु सुमृतिमिद्वयमुस्या वृंणीमहे ॥ १.११४.०४द्विवो वंराहमंरुषं कंपुर्दिनं त्वेषं रूपं नमंसा नि ह्वंयामहे ।हस्ते बिभ्रंद्वेषुजा वार्याणि शर्म वर्म च्छ्विर्समभ्यं यंसत् ॥ १.११४.०५इदं पित्रे मुरुतांमुच्यते वचंः स्वादोः स्वादीयो रुद्राय वर्धनम् ।रास्वां च नो अमृत मर्तुभोजंनं त्मनें तोकायु तनंयाय मृळ ॥ १.११४.०६मा नों मृहान्तंमुत मा नों अभृकं मा न उक्षंन्तमृत मा नं उि्षतम् ।मा नों वधीः पितर्यं मोत मातरं मा नंः प्रियास्तन्वों रुद्र रीरिषः ॥ १.११४.०७मा नंस्तोके तनंये मा नं आयो मा नो गोषु मा नो अश्वेषु रीरिषः ।वीरान्मा नों रुद्र भामितो वंधीहिविष्यंन्तः सद्वमित्वां हवामहे ॥ १.११४.०८उपं ते स्तोमांन्यशुपा इवाकंरं रास्वां पितर्मरुतां सुम्रमुस्मे ।भुद्रा हि ते सुमृतिमृंळ्यन्तुमाथां वयमव इत्तें वृणीमहे ॥ १.११४.०९आरे तें गोन्नमृत पूरुषुन्नं क्षयंद्वीर सुम्नमुस्मे तें अस्तु ।मृळा चं नो अधिं च ब्रूहि देवाधां च नः शर्म यच्छ द्विबर्शः ॥ १.११४.१०अवोंचाम् नमों अस्मा अवस्यवंः शृणोतुं नो हवं रुद्रो मुरुत्वांन्। तत्रों मित्रो वरुणो मामहन्तामिदितिः सिन्धः पृथिवी उत द्योः ॥ १.११४.११

9<sup>th</sup> sukta in 16 Anuvaka, Kutsu rushi consisting 11 ruk, Rudra is the god, tristup and jagati chandas. Useful in shulagava etc karma related to rudra, 1<sup>st</sup> and 2<sup>nd</sup> ruk in this sukta useful for vapaapuroodasha homa. Chanting of this suktha Attains vidya, wealth, offspring

Here offering to the mighty Rudra in order that health may be enjoyed by bipeds and quadrupeds and that all beings in this village may be nourished and exempt from disease.

## 114 SUKTA 2<sup>ND</sup> RUK

It pray about Rudra for happiness and requesting for directions Rudra that removes the disease and exemption from dangers. In vapapurodasha homa for Rudra as puronuvak mantrathis above mentioned ruk chanting can be done.

120 Sukta 2<sup>nd</sup> RUK helps in preventing bad dreams. 12<sup>th</sup> Ruk

अधु स्वप्नंस्यु निर्विदेऽभुंञ्जतश्च रेुवतंः । दुभा ता बस्निं नश्यतः ॥ १.१२०.१२

The 1<sup>st</sup> five ruk explains about the importance of Ashwini Devata helps in removing the Duswapna. Chanting of this mantra destroys dusvapna and dose not produce any difficulty due to Abojya

### 133rd SUKTA 1st RUK

उभे पुंनामि रोदंसी ऋतेन द्वहों दहामि सं महीरंनिन्द्राः ।अभिव्लग्य यत्रं हृता अमित्रां वैलस्थानं परि तृव्वहा अशेरन् ॥ १.१३३.०१अभिव्लग्यां चिदद्रिवः शीर्षा यांतुमतींनाम् ।छिन्धि वंदूरिणां पदा महावंदूरिणा पदा ॥ १.१३३.०२अवांसां मघवञ्जिह् शर्धों यातुमतींनाम् ।वैलस्थानके अमिक महावैंलस्थे अमिक ॥ १.१३३.०३यासां तिसः पंञ्चाशतोंऽभिव्लङ्गेरपावंपः ।तत्सु तें मनायित तकत्सु तें मनायित ॥ १.१३३.०४पिशङ्गंभृष्टिमम्भृणं पिशाचिंमिन्द्र सं मृंण ।सर्वं रक्षो नि बंह्य ॥ १.१३३.०५अवर्मृह इंन्द्र दाद्दृि श्रुधी नंः श्रुशोच् हि द्यौः क्षा न भीषाँ अंद्रिवो घृणात्र भीषाँ अंद्रिवः ।श्रुष्पिन्तंमो हि श्रुष्पिभिवंधैरुग्रेभिरीयंसे ।अपूरुषद्रो अप्रतीत शूर् सत्वंभिस्तिसप्तैः शूर सत्वंभिः ॥ १.१३३.०६वनोति हि सुन्वन्क्षयं परींणसः सुन्वानो हि ष्मा यज्त्यव द्विषों देवानामव द्विषेः ।सुन्वान इत्सिषासित सहस्रां वाज्यवृंतः ।सुन्वानायेन्द्रों ददात्याभुवं रृपिं दंदात्याभुवंम् ॥ १.१३३.०७

Chanting of this ruk Destroys Rakshasa.

## 115<sup>TH</sup> SUKTHA 1<sup>ST</sup> RUK

चित्रं देवानामुदंगादनींकं चक्षुंर्मित्रस्य वरुंणस्याग्नेः ।आप्रा द्यावांपृथिवी अन्तरिक्षं सूर्यं आत्मा जगंतस्त्रस्थुषंश्च ॥ १.११५.०१सूर्यो देवीमुषसं रोचंमानां मर्यो न योषांमुभ्येंति पृश्चात् ।यत्रा नरों देवयन्तों युगानिं वितन्वते प्रतिं भुद्रायं भुद्रम् ॥ १.११५.०२भुद्रा अश्वां हृरितः सूर्यस्य चित्रा एतंग्वा अनुमाद्यांसः ।नुमुस्यन्तों दिव आ पृष्ठमंस्थुः परि द्यावांपृथिवी यंन्ति सुद्यः ॥ १.११५.०३तत्सूर्यस्य देवृत्वं तन्मंहित्वं मुध्या कर्तोविंतंतुं सं जंभार

।यदेदयुंक्त ह्रितंः स्धस्थादाद्रात्री वासंस्तनुते सिमस्मैं ॥ १.११५.०४तन्मित्रस्य वरुंणस्याभिचक्षे सूर्यो रूपं कृंणुते द्योरुपस्थे ।अनुन्तमृन्यद्रुशंदस्य पाजंः कृष्णमृन्यद्धरितः सं भंरन्ति ॥ १.११५.०५अद्या देवा उदिता सूर्यस्य निरंहंसः पिपृता निरंवद्यात् ।तन्नों मित्रो वरुंणो मामहन्तामदितिः सिन्धुः पृथिवी उत द्यौः ॥ १.११५.०६

10<sup>th</sup> Sukta in 16<sup>th</sup> Anuvaka consists 6 ruk for which rushi is kutsa and god is surya and chandas is tristup. It is useful for Ashvina Shastra mantra pathana after suryodaya, 1<sup>st</sup> 3 ruk are useful in surya samband apashuhomafor doing for doing vapapurodasha. Next 2 ruk pathana should be done as yajya mantra. Atimurti by name during Ekahesti Shunaseera homa 1<sup>st</sup> ruk is useful. Worshiping sun with samitpani increases life span and wealth.

## 141 SUKTA, 11th RUK

अस्मे र्यिं न स्वर्थं दमूंनसं भगं दक्षं न पंपृचासि धर्णिसम् ।र्श्मीरिंव यो यमंति जन्मंनी उभे देवानां शंसंमृत आ चं सुक्रतुं: ॥ Parayed for getting obedient and energetic son the receptacle learning and other merits one who is the performer of holy rites. Agni who regulates as it where his own rays and the condition of both his births or heave and earth be regulates at our sacrifices the adoration of the gods.

## 164th SUKTA.

इन्द्रं मित्रं वरुंणमुग्निमांहुरथीं दिव्यः स सुंपुर्णो गुरुत्मांन् ।एकुं सिद्धप्रां बहुधा वंदन्त्युग्निं युमं मांतुरिश्वांनमाहुः ॥ १.१६४.४६कृष्णं नियानुं हरंयः सुपूर्णा अपो वसानाः दिवुमुत्पंतन्ति ।त आवंवृत्रुन्सदंनादृतस्यादिद्घृतेनं पृथिवी व्यंद्यते ॥ १.१६४.४७द्वादंश प्रधयंश्रुक्रमेकुं त्रीणि नभ्यांनि क उ तिच्चेंकेत ।तस्मिन्साकं त्रिशता न शङ्कवोंऽर्पिताः षष्टिर्न चंलाचलासंः ॥ १.१६४.४८यस्ते स्तनंः शशयो यो मंयोभूर्येन विश्वा पृष्यंसि वार्याणि ।यो रंतुधा वंसुविद्यः सुदत्रः सरंस्वित् तिमृह धातंवे कः ॥ १.१६४.४९यूज्ञेनं युज्ञमंयजन्त देवास्तानि धर्माणि महिमानंः प्रथमान्यांसन ।ते नाकं सचन्त पूर्वे साध्याः यत्र Ш १.१६४.५०समानमेतदुंदकमुच्चैत्यव चाहंभिः ।भूमिं पर्जन्या जिन्वंन्ति दिवं जिन्वन्त्यग्नयंः ॥ १.१६४.५१ दिव्यं सुंपूर्णं वांयुसं बृहन्तंमुपां गर्भं दर्शतमोषंधीनाम् ।अभीपुतो वृष्टिभिंस्तुर्पयंन्तुं सरंस्वन्तुमवंसे जोहवीमि ॥ १.१६४.५२

It is the 8<sup>th</sup> Sukta in 22<sup>nd</sup> ANuvaka, consists 52 ruk. Rushi is uchatya putra Deerga Tamas, as it consists less stotra bhagha it is named as Kalpastavana. This Sukta is useful in Mahavrata while doing pathana of vaishvadeva shastra mantra.

As per rug vidana dvija due to Ajnana, lobha takes others belongings, to get ride of that sinful act Japa of this sukta for three days. Also in Mahavrata for worshiping Vaishvadeva Shastra Mantra first 41 Mantra of this ruk chanting should be done.

### 179<sup>TH</sup> SUKTHA 6<sup>TH</sup> RUK

इमं नु सोममन्तिंतो हृत्सु पीतमुपं ब्रुवे ।यत्सीमागंश्चकृमा तत्सु मृंळतु पुलुकामो हि मर्त्यः ॥ १.१७९.०५अगस्त्यः खनंमानः खुनित्रैः प्रजामपंत्यं बलंमिच्छमांनः ।उभौ वर्णावृषिंरुग्रः पुंपोष सत्या देवेष्वाशिषों जगाम ॥ १.१७९.०६

Praying for the action of Soma which has consumed expiate the sin and subject to many desire.

This ruk can be understood in threeways. One among three indicates the disgratefull for sinful act which can be removed by worshiping Soma. Chanting of this helps to attain all the desire and destroys the sin.

As per Rigvidhana, Chanting of Pitum nu stomam Chanting during Bhojana Kala attains good food, dose not get any disease due to food, even poison converts into food. Food consumed without speaking, clean, shanta mana dose not get any disease. Also 1<sup>st</sup> Suktha of 1<sup>st</sup> Mandala chanting with Agni Sthapana – get veera Putra

### 191ST SUKTA 1ST RUK

कङ्कंतो न कङ्कृतोऽथों सतीनकंङ्कतः ।द्वाविति प्लुषी इति न्य१ं ृंदृष्टां अलिप्सत ॥ १.१९१.०१अदृष्टांन्हन्त्यायृत्यथों हन्ति परायृती ।अथों अवघृती हृन्त्यथों पिनष्टि पिंषृती ॥ १.१९१.०२शृरासः कुशंरासो दुर्भासः सैर्या उत ।मौञ्जा अदृष्टां वैरिणाः सर्वे साकं न्यंलिप्सत ॥ १.१९१.०३नि गावों गोष्ठे अंसदृत्रि मृगासों अविक्षत ।नि कृतवो जनांनां न्य१ं ृंदृष्टां अलिप्सत ॥ १.१९१.०४एत उ त्ये प्रत्यंदृश्रन्प्रदोषं तस्कंरा इव ।अदृष्टा विश्वंदृष्टाः प्रतिबुद्धा अभूतन ॥ १.१९१.०५द्यौर्वः पिता पृंथिवी माता सोमो भ्रातादितिः स्वसां ।अदृष्टा विश्वंदृष्टास्तिष्ठंतेलयंता सु कंम् ॥ १.१९१.०६ये अंस्या ये अङ्ग्याः सूचीका ये प्रंकङ्कृताः ।अदृष्टाः किं चनेह वः सर्वे साकं नि जंस्यत ॥ १.१९१.०७उत्पुरस्तात्सूर्यं एति विश्वदृष्टो अदृष्टाः ।अदृष्टाः ।अदृष्टाः स्विश्वंदृष्टाः ॥ १.१९१.०८उदंपप्तदुसौ सूर्यः पुरु विश्वांनि जूर्वन् ।आदित्यः पर्वतिभ्यो विश्वदृष्टी अदृष्टाः ॥ १.१९१.०९स्र्ये विषमा संजामि दिते सूर्यंवतो गहे ।सो चित्र न मंराति नो वयं मंरामारे

अंस्य योजंनं हरिष्ठा मधुं त्वा मधुला चंकार ॥ १.१९१.१०इयुत्तिका शंकुन्तिका सुका जंघास ते विषम् ।सो चिन्नु न मंराति नो वयं मंरामारे अंस्य योजंनं हरिष्ठा मधुं त्वा मधुला चंकार ॥ १.१९१.११ त्रिः सुप्त विष्पुलिङ्गुका विषस्य पुष्यंमक्षन् ।ताश्चिन्नु न मंरन्ति नो वयं मंरामारे अंस्य योजंनं हरिष्ठा मधुं त्वा मधुला चंकार ॥ १.१९१.१२नवानां नंवतीनां विषस्य रोपंषीणाम् ।सर्वासामग्रभं नामारे अंस्य योजंनं हरिष्ठा मधुं त्वा मधुला चंकार ॥ १.१९१.१३तिः सुप्त मंयूर्यः सुप्त स्वसारो अग्नुवंः ।तास्ते विषं वि जिभ्रर उद्वकं कृम्भिनीरिव ॥ १.१९१.१४इयुत्तकः कुषुम्भकस्तकं भिनदम्यश्मना ।ततो विषं प्र वावृते परांचीरनुं संवतः ॥ १.१९१.१५कुषुम्भकस्तदंब्रवीदिरेः प्रंवर्तमानुकः ।वृश्चिकस्यार्सं विषमंर्सं वृश्चिक ते विषम् ॥ १.१९१.१६ This sukta is explained by Agastya Rishi for reducing the Visha when he had doubt of Sarpa Damstra. In Shrouta prayoga this sukta is laingika. As per Rugvidhana the person who is effected with Visha this sukta Japa should be done. It prevents the toxic effect of Snake bite or due to Drusti Dosha. Also reduces the poison due to Saeesrupa, Scorpion etc or pison due to food. Also Japa of this sukta is benifitial in achieving intellect, wealth, child, fortune, health, nourishment, education and fame.

### 2nd MANDALA<sup>53</sup>

### 12th Sukta 1st Ruk

यो जात एव प्रंथमो मनंस्वान्द्रेवो द्वेवान्क्रतुंना पुर्यभूषत् ।यस्य शुष्माद्रोदंसी अभ्यंसेतां नृम्णस्यं मृह्णा स जंनास् इन्द्रंः ॥ २.०१२.०१यः पृंथिवीं व्यथंमानामहंहद्यः पर्वतान्प्रकुंपिताँ अरंम्णात् ।यो अन्तरिक्षं विममे वरींयो यो द्यामस्तंभ्नात्स जंनास् इन्द्रंः ॥ २.०१२.०२यो हृत्वाहिमरिंणात्सप्त सिन्धून्यो गा उदाजंदप्धा वृत्तस्यं ।यो अश्मंनोरुन्तर्प्निं जुजानं संवृक्समत्सु स जंनास् इन्द्रंः ॥ २.०१२.०३येनेमा विश्वा व्यवंना कृतानि यो दासं वर्णमधंरं गुहाकंः ।श्वृष्नीव यो जिंगीवाँल्लक्षमादंद्यः पुष्टानि स जंनास् इन्द्रंः ॥ २.०१२.०४यं स्मां पृच्छन्ति कुह् सेतिं घोरमुतेमांहुनैंषो अस्तीत्येनम् ।सो अर्यः पुष्टीर्विजं इवा मिनाति श्रदंस्मै धत्त स जंनास् इन्द्रंः ॥ २.०१२.०५यो रुधस्यं चोदिता यः कृशस्य यो ब्रह्मणो नाधंमानस्य कीरेः ।युक्तग्रांच्यो योऽविता सृंशिप्रः सुतसोंमस्य स जंनास् इन्द्रंः ॥ २.०१२.०६यस्याश्वांसः प्रदिशि यस्य गावो यस्य ग्रामा यस्य विश्वे रथांसः ।यः सूर्यं य उषसं जुजान् यो अपां नेता स जंनास् इन्द्रंः ॥ २.०१२.०७यं क्रन्दंसी संयती विह्वयेंते परेऽवंर

उभयां अमित्राः ।समानं चिद्रथंमातस्थिवांसा नानां हवेते स जंनास इन्द्रंः ॥ २.०१२.०८यस्मान्न ऋते विजयंन्ते जनांसो यं युध्यंमाना अवंसे हवंन्ते ।यो विश्वंस्य प्रतिमानं बुभूव यो अंच्युतच्युत्स जंनास इन्द्रंः ॥ २.०१२.०९यः शश्वंतो महोनो दधांनानमंन्यमानाञ्छवीं जघानं ।यः शर्धते नानुददांति शृध्यां यो दस्योंर्ह्न्ता स जंनास इन्द्रंः ॥ २.०१२.१०यः शम्बंरं पर्वतेषु क्षियन्तं चत्वारिंश्यां श्ररद्यन्विवन्दत् ।ओजायमानं यो अहिं जघान दानुं शयांनं स जंनास इन्द्रंः ॥ २.०१२.११यः सप्तरंशिमवृष्यभस्तुविष्मानवासृंज्ञत्मतिवे सप्त सिन्धूंन् ।यो रौंहिणमस्फुंरृद्वज्रंबाहुर्द्यामारोहंन्तं स जंनास इन्द्रंः ॥ २.०१२.११द्यावां चिदस्मै पृथिवी नंमेते श्रुष्मांच्चिदस्य पर्वता भयन्ते ।यः सोंमुपा निचितो वज्रंबाहुर्यो वज्रंहस्तः स जंनास इन्द्रंः ॥ २.०१२.१३यः सुन्वन्तुमवंति यः पर्चन्तं यः शंसंन्तं यः शंशमानमृती ।यस्य ब्रह्म वर्धनं यस्य सोमो यस्येदं राधः स जंनास इन्द्रंः ॥ २.०१२.१४यः सुन्वते पर्वते दुध आ चिद्वाजं दर्दिष्टं स किलांसि सृत्यः ।वयं तं इन्द्र विश्वहं प्रियासंः सुवीरांसो विदयमा वेदेम ॥ २.०१२.१५

It is present in 2<sup>nd</sup> Anuvaka of 2<sup>nd</sup> Mandala. Consists 15 Ruk. For it Rishi is Grutsamada and Indra is God. Its is composed in Tristup Chandas. It is useful in Samsrava Yaga as Nishkevalya Shastra Mantra. Also 3<sup>rd</sup> day in Abhiplava Yaga, Vishvajit Yaga, Mahavrata and for Agni stutyarta this sukta pathana can be done. After 100 Pranayama, remembering Grutyamada Rishi, worshiping Indra with this Mantra

1 Day achive wealth, 2 days special siddi, 3 day Health, 4 days more food, 5 day – Brahma Varcas, 6 day – Ayu, 7 day – achive offspring, 8 days – Pusti

## 23rd SUKTA

गुणानां त्वा गुणपंतिं हवामहे कृविं कंवीनामुंपुमश्रंवस्तमम् ।ज्येष्ठुराजुं ब्रह्मंणां ब्रह्मणस्पत् आ नंः शृण्वन्नृतिभिः सीद्र सादंनम् ॥ २.०२३.०१द्रेवाश्चिंत्ते असुर्यु प्रचेतसो बृहंस्पते यृज्ञियं भागमांनशुः ।उसा इंव सूर्यो ज्योतिषा महो विश्वेषामिज्जंनिता ब्रह्मंणामिस ॥ २.०२३.०२आ विबाध्यां पिर्रापुस्तमांसि च ज्योतिंष्मन्तुं रथंमृतस्यं तिष्ठसि ।बृहंस्पते भीममांमित्रदम्भंनं रक्षोहणं गोत्रभिदं स्वर्विदंम् ॥ २.०२३.०३सुनीतिभिंर्नयसि त्रायंसे जनं यस्तुभ्यं दाशान्त्र तमंहों अश्रवत् ।ब्रह्मद्विष्मस्तपंनो मन्युमीरंसि बृहंस्पते मिह् तत्ते महित्वनम् ॥ २.०२३.०४न तमंहो न दुंरितं कुतंश्चन नारांतयस्तितिरुन् द्वंयाविनंः ।विश्वा इदंस्माद्ध्वरसो वि बांधसे यं सुंगोपा रक्षंसि

ब्रह्मणस्पते ॥ २.०२३.०५त्वं नों गो॒पाः पंथिकृद्विचक्ष्मणस्तवं व्रतायं मृतिभिंर्जरामहे ।बृहंस्पते यो नों अभि ह्वरों दुधे स्वा तं मंर्मर्तु दुच्छुना हरंस्वती ॥ २.०२३.०६उत वा यो नों मृर्चयादनांगसोऽराती्वा मर्तः सानुको वृकंः ।बृहंस्पते अप तं वंर्तया पृथः सुगं नों अस्यै देववींतये कृधि ॥ २.०२३.०७

त्रातारं त्वा तुनूनां हवामहेऽवंस्पर्तरिधवुक्तारंमस्मयुम् ।बृहंस्पते देविनिदो नि बंर्हयु मा दुरेवा उत्तरं सुम्नमुन्नंशन् ॥ २.०२३.०८त्वयां व्यं सुवृधां ब्रह्मणस्पते स्पाहां वसुं मनुष्या दंदीमिह ।या नों दूरे तिळतो या अरांतयोऽिभ सिन्तं जम्भया ता अनुप्रसंः ॥ २.०२३.०९त्वयां व्यमुंत्तमं धींमहे वयो बृहंस्पते पिप्रणा सिस्नंना युजा ।मा नों दुःशंसों अभिदिप्सुरींशत प्र सुशंसां मृतिभिंस्तारिषीमिह ॥ २.०२३.१०

अनानुदो वृंषभो जिम्मिराह्वं निष्टंप्ता शत्रुं पृतंनासु सास्तिः ।असिं स्तय ऋंण्या ब्रंह्मणस्पत उग्रस्यं चिद्दिम्ता वींळुहुर्षिणंः ॥ २.०२३.११अदेंवेन मनंसा यो रिष्ण्यितं शासामुग्रो मन्यंमानो जिघांसित ।बृहंस्पते मा प्रणक्तस्यं नो वधो नि कंर्म मृन्युं दुरेवंस्य शर्धतः ॥ २.०२३.१२भरेषु हव्यो नमंसोपसद्यो गन्ता वाजेषु सिनंता धनंधनम् ।विश्वा इद्वर्यो अभिद्विप्स्वो३ः मृधो बृह्स्पतिर्वि वंवर्हा रथाँ इव ॥ २.०२३.१३तेजिष्ठया तपनी रक्षसंस्तप् ये त्वां निदे दंधिरे दृष्टवींर्यम् ।आविस्तत्कृष्ण् यदसंत्त उक्थ्यं१ः बृहंस्पते वि पंरिरापों अर्दय ॥ २.०२३.१४

बृहंस्पते अति यद्वर्यो अहीं झ्युमद्विभाति क्रतुंमुज्जनेषु ।यद्दीदयुच्छवंस ऋतप्रजात तद्वस्मासु द्रविणं धेहि चित्रम् ॥ २.०२३.१५मा नंः स्तेनेभ्यो ये अभि द्रुहस्पदे निरामिणों रिपवोऽन्नेषु जागृधुः ।आ देवानामोहंते वि व्रयों हृदि बृहंस्पते न प्रः साम्नों विदुः ॥ २.०२३.१६विश्वेंभ्यो हि त्वा भुवंनेभ्यस्परि त्वष्टाजंनत्साम्नंःसाम्नः कृविः ।स ऋणचिद्दंणया ब्रह्मंणस्पतिर्द्वहो हुन्ता मह ऋतस्यं धुर्तीरे ॥ २.०२३.१७

तवं श्रिये व्यंजिहीत् पर्वतो् गवां गोत्रमुदसृंजो् यदंङ्गिरः ।इन्द्रेंण युजा तमंसा परींवृतं बृहंस्पते निर्पामौंब्जो अर्णवम् ॥ २.०२३.१८ब्रह्मंणस्पते त्वमस्य यन्ता सूक्तस्यं बोधि तनंयं च जिन्व ।विश्वं तद्भद्रं यदवंन्ति देवा बृहद्वंदेम विदथें सुवीराः ॥ २.०२३.१९

It is present in 3rd Anuvaka of 2nd Mandala, consists 19 ruk, for which rishi is Gatsama. 15th and 19th ruk are in tristup chandas, remaining are in Jagati Chandas. It is useful in Abhistava Yaga. Sukta Japa – Attains sarva Sukha and Sarva Kama Siddhi

## 27th SUKTA

यो राजंभ्य ऋतुनिभ्यों दुदाश् यं वुर्धयंन्ति पुष्टयंश्च नित्याः ।स रेवान्यांति प्रथमो रथेंन वसुदावां विदर्थेषु प्रशुस्तः ॥ २.०२७.१२

Chanting of this ruk helps to destroy bad dreams.

## 32<sup>ND</sup> SUKTA 4<sup>TH</sup> RUK

राकाम् हं सुहवां सुष्टुती हुंवे शृ्णोतुं नः सुभगा बोधंतु त्मनां ।सीव्यत्वपंः सूच्याच्छिंद्यमानया ददांतु वीरं शृतदांयमुक्थ्यंम् ॥ २.०३२.०४यास्तें राके सुमतयंः सुपेशंसो याभिर्ददांसि दाशुषे वसूंनि ।ताभिनीं अद्य सुमनां उपागिह सहस्रपोषं सुंभगे ररांणा ॥ २.०३२.०५िसनींवालि पृथुंष्टुके या देवानामिस स्वसां ।जुषस्वं ह्व्यमाहुंतं प्रजां देवि दिदिष्टि नः ॥ २.०३२.०६या सुंबाहुः स्वंङ्गुिरः सुषूमां बहुसूवंरी ।तस्यैं विश्पत्यैं हृविः सिनीवाल्यै जुंहोतन ॥ २.०३२.०७या गुङ्गूर्या सिनीवाली या राका या सरंस्वती ।इन्द्राणीमिह कृतयें वरुणानीं स्वस्तयें ॥ २.०३२.०८

Shukla Paksha Shashti, Homa with Ajya & Ksheeranna, consuming remaining food attains good offspring. In sukta offering to the oblation to that sinivali the protectress of mankind who has beatiful fingers who is the parent of many children and who had numerous children.

### 33RD SUKTA

आ तें पितर्मरुतां सुम्नमेंतु मा नः सूर्यस्य संदृशों युयोथाः ।अभि नों वीरो अविति क्षमेत् प्र जांयेमिह रुद्र प्रजाभिः ॥ २.०३३.०१त्वादंत्तेभी रुद्र शंतंमेभिः शृतं हिमां अशीय भेष्रजेभिः ।व्यर्ंस्मद्द्वेषों वितरं व्यंहो व्यमींवाश्चातयस्वा विषूंचीः ॥ २.०३३.०२श्रेष्ठों जातस्यं रुद्र श्रियासिं त्वस्तंमस्त्वसां वज्रबाहो ।पिषं णः पारमंहंसः स्वस्ति विश्वां अभींती रपंसो युयोधि ॥ २.०३३.०३मा त्वां रुद्र चुक्रुधामा नमोंभिमां दुष्टुंती वृषभ् मा सहूंती ।उन्नों वीराँ अपिय भेष्रजेभिंभिंषक्तंमं त्वा भिष्रजां शृणोमि ॥ २.०३३.०४ हवींमिभिर्हवंते यो ह्विभिरव स्तोमेंभी रुद्रं दिषीय ।ऋदूदरं सुहवो मा नों अस्यै बुभुः सुशिप्रों रीरधन्मनायैं ॥ २.०३३.०५उन्मां ममन्द वृष्पभो मुरुत्वान्त्वक्षींयसा वयंसा नाधंमानम् ।घृणींव च्छायामंर्पा अंशीया विवासेयं रुद्रस्यं सुम्नम् ॥ २.०३३.०६क्वर्ं स्य तें रुद्र मृळ्याकुर्हस्तो यो अस्तिं भेष्रजो जलांषः ।

अपुभृता रपंसो दैव्यंस्याभी नु मां वृषभ चक्षमीथाः ॥ २.०३३.०७प्र बुभ्रवें वृष्भायं श्वितीचे मृहो मृहीं सुंष्टुतिमीरयामि ।

नुमस्या कंल्मलीिकनं नमोंभिर्गृणीमसिं त्वेषं रुद्रस्य नामं ॥ २.०३३.०स्थिरेभिरङ्गैः पुरुरूपं उग्रो बुभ्रुः शुक्रेभिः पिपिशे हिरंण्यैः ।ईशांनादुस्य भुवंनस्य भूरेनं वा उं योषद्रुद्रादंसुर्यम् ॥ २.०३३.०९

अर्हिन्बिभर्षि सार्यकानि धन्वार्हिन्नष्कं यंजतं विश्वरूपम् ।अर्हिन्निदं दंयसे विश्वमभ्वं न वा ओजींयो रुद्र त्वदंस्ति ॥ २.०३३.१०स्तुहि श्रुतं गंर्तुसदुं युवांनं मृगं न भीममुंपह्लुमुग्रम् ।मृळा जंरि्ने रुंद्र स्तवांनोऽन्यं तें अस्मन्नि वंपन्तु सेनाः ॥ २.०३३.११कुमारिश्वंतियुत् वन्दंमानं प्रतिं नानाम रुद्रोपयन्तंम् ।भूरेंदर्गतारं सत्पंतिं गृणीषे स्तुतस्त्वं भेषुजा रांस्यस्मे ॥ २.०३३.११

या वों भेषुजा मंरुतः शुचींनि या शंतंमा वृषणो या मंयोभु । यानि मनुरवृंणीता पिता नस्ता शं च योश्चं रुद्रस्यं वश्मि ॥ २.०३३.१ परिं णो हेती रुद्रस्यं वृज्याः परिं त्वेषस्यं दुर्मितिर्मही गांत् । अवं स्थिरा मुघवंद्भ्यस्तनुष्व मीद्वंस्तोकाय तनंयाय मृळ ॥ २.०३३.१४ एवा बंभ्रो वृषभ चेकितान यथां देव न हंणी्षे न हंसिं ।

हवनुश्रुन्नों रुद्रेह बोंधि बृहद्वंदेम विदर्थे सुवीराः ॥ २.०३३.१५

It is pesent in 4th Anuvak of 2nd Mandala consists 11 Sukta. Above enlisted sukta consists 15 ruk for which Grutsamada is rishi, god is Rudra, presented in tristup Chandas. It is useful in Shulagava etc Rudra Yagna, this is useful in Pashuyaga. Person suffuring withSever Disease on Krishna Paksha Caturdashi, doing Ajya and Havi Homa, worshiping Rudra and consuming remaining food with in one mont get releaved from diseases and death

## 3<sup>RD</sup> MANDALA<sup>54</sup>

## 26th Suktha 7th Ruk

वैश्वान्रं मनंसाग्निं निचाय्यां ह्विष्मंन्तो अनुष्रत्यं स्वर्विदंम् ।सुदानुं देवं रंथिरं वंसूयवों गीर्भी रुण्वं कुंशिकासों हवामहे ॥ ३.०२६.०१तं शुभ्रमुग्निमवंसे हवामहे वैश्वानुरं मांतुरिश्वांनमुक्थ्यंम् ।बृहस्पतिं मनुंषो देवतांतये विप्रं

श्रीतांर्मितिंथिं रघुष्यदंम् ॥ ३.०२६.०२अश्वी न क्रन्दुञ्जनिंभिः सिमध्यते वैश्वान्रः कुंशिकेभिंयुंगेयुंगे ।स नों अग्निः सुवीर्यं स्वश्व्यं दधांतु रत्नंममृतेंषु जागृंविः ॥ ३.०२६.०३प्र यंन्तु वाजास्तविंषीभिर्प्नयः शुभे सिम्मिंश्लाः पृषंतीरयुक्षत ।बृहुदुक्षों मुरुतों विश्ववेंदसः प्र वेंपयन्ति पर्वताँ अदांभ्याः ॥ ३.०२६.०४अग्निश्रियों मुरुतों विश्वकृंष्ट्य आ त्वेषमुग्नमवं ईमहे वयम् ।ते स्वानिनों रुद्रियां वर्षिनिंणिंजः सिंहा न हेषक्रंतवः सुदानंवः ॥ ३.०२६.०५व्रातंव्रातं गणंगंणं सुश्चस्तिभिर्ग्नेभीमं मुरुतामोजं ईमहे ।पृषंदश्वासो अनवभ्ररांधसो गन्तारो यृत्रं विद्येषु धीराः ॥ ३.०२६.०६अग्निरंस्मि जन्मंना जातवेंदा घृतं मे चक्षुंरमृतं म आसन् ।अर्कस्त्विधातू रजंसो विमानोऽजंसो घुर्मो ह्विरंस्मि नामं ॥ ३.०२६.०७व्रिभिः पवित्रैरपुंपोद्ध्यश्ंक्षे हृदा मृतिं ज्योतिरनुं प्रजानन् ।वर्षिष्ठं रत्नंमकृत स्वधाभिरादिद्यावांपृथिवी पर्यपश्यत् ॥ ३.०२६.०८शृतधांरमुत्समक्षींयमाणं विपृश्चितं पितरं वक्त्वांनाम् ।मेळिं मदंन्तं पित्रोरुपस्थे तं रोंदसी पिपृतं सत्यवाचंम् ॥ ३.०२६.०९

In this Sukta 1-3 ruk useful in Abhiplava Yaga. Agnirasmi ruk is useful in Agni cayana. Chanting before food destroys the disease Ajeerna

## 53RD SUKTA

इन्द्रांपर्वता बृहता रथेंन वामीरिष् आ वंहतं सुवीरांः ।वीतं हृव्यान्यंध्वरेषुं देवा वर्धेथां गीृभिरिळंया मदंन्ता ॥ ३.०५३.०१तिष्ठा सु कं मघवन्मा परां गाः सोमंस्य नु त्वा सुषुंतस्य यिष्व ।िपृतुर्न पुत्रः सिचमा रंभे तृ इन्द्र स्वादिष्ठया गिरा शंचीवः ॥ ३.०५३.०२शंसांवाध्वर्यो प्रतिं मे गृणीृहीन्द्रांय वाहंः कृणवाव जुष्टंम् ।एदं बहिंर्यजंमानस्य सीृदाथां च भृदुक्थिमन्द्रांय शुस्तम् ॥ ३.०५३.०३जायेदस्तं मघवन्सेदु योनिस्तदित्त्वां युक्ता हरंयो वहन्तु ।यदा कृदा चं सुनवांम सोमंमृिष्ठिष्ट्वां दूतो धंन्वात्यच्छं ॥ ३.०५३.०४परां याहि मघवृत्रा चं याहीन्द्रं भ्रातरुभ्यत्रां ते अर्थम् ।यत्रा रथंस्य बृहतो निधानं विमोचंनं वाजिनो रासंभस्य ॥ ३.०५३.०५अणाः सोम्मस्तंमिन्द्र प्र यांहि कल्याणीर्जाया सुरणं गृहे ते ।यत्रा रथंस्य बृहतो निधानं विमोचंनं वाजिनो दिक्षणावत् ॥ ३.०५३.०६इमे भोजा अङ्गिरसो विरूपा दिवस्पुत्रासो असुंरस्य वीराः ।विश्वामित्राय ददंतो मुघानं सहस्रसावे प्र तिरन्त आयुंः ॥ ३.०५३.०७क्टपंरूपं मुघवां बोभवीति मायाः कृंण्वानस्तन्वंरृं परि स्वाम् ।त्रियीद्देवः परि मुहूर्तमागात्स्वैरनृतुपा ऋतावां ॥ ३.०५३.०८मुहाँ ऋषिर्देवजा देवजूतोऽस्तंभनात्तिन्धुंमर्णवं नृचक्षाः ।विश्वामित्रो यदवंहत्सुदासुमिप्रयायत कृषि्रकेभिरिन्द्रः ॥ ३.०५३.०९हंसा इंव कृणुथ

श्लोकुमद्रिभिर्मदंन्तो गीभिरंध्वरे सुते सर्चा ।देवेभिर्विप्रा ऋषयो नृचक्षसो वि पिंबध्वं कुशिकाः सोम्यं मध्रं ॥ ३.०५३.१०उपु प्रेतं कुशिकाश्चेतयंध्वमश्चं राये प्र मुंञ्चता सुदासंः ।राजां वृत्रं जंङ्गनुत्प्रागपागुदुगथां यजाते वर् आ पृंथिव्याः ॥ ३.०५३.११य इमे रोदंसी उभे अहमिन्द्रमतुष्टवम् ।विश्वामित्रस्य रक्षति ब्रह्मेदं भारंतुं जनम् ॥ ३.०५३.१२विश्वामित्रा अरासत् ब्रह्मेन्द्रांय वुजिणे ।करुदिन्नंः सुराधंसः ॥ ३.०५३.१३किं तें कृण्वन्ति कीकंटेषु गावों नाशिरं दुह्रे न तंपन्ति घुर्मम् ।आ नों भर् प्रमंगन्दस्य वेदों नैचाशाुखं मंघवन्नन्धया नः ॥ ३.०५३.१४सुसूर्परीरमंतिं बाधंमाना बृहन्मिंमाय जुमदंग्निदत्ता ।आ सूर्यस्य दुहिता तंतानु श्रवों देवेष्वमृतंमजुर्यम् ॥ ३.०५३.१५सुसुर्पुरीरंभरुत्तूयंमेुभ्योऽधि श्रवः पाञ्चंजन्यासु कृष्टिषुं ।सा पृक्ष्याु३ुं नव्यमायुर्दधांना यां में पलस्तिजमदुग्नयों दुदुः ॥ ३.०५३.१६स्थिरौ गावौं भवतां वीळुरक्षो मेषा वि वर्हि मा युगं वि शांरि ।इन्द्रंः पातुल्यें ददतां शरींतोररिष्टनेमे अभि नंः सचस्व ॥ ३.०५३.१७बलं धेहि तुनूष् नो बलंमिन्द्रानुळुत्सुं नः ।बलं तोकाय तनंयाय जीवसे त्वं हि बंलदा असिं ॥ ३.०५३.१८अभि व्यंयस्व खदिरस्य सारमोजों धेहि स्पन्दने शुंशपांयाम् ।अक्षं वीळो वीळित वीळयंस्व मा यामांदुस्मादवं जीहिपो नः ॥ ३.०५३.१९अयमुस्मान्वनुस्पतिर्मा च हा मा चं रीरिषत् । स्वस्त्या गृहेभ्य आवसा आ विमोचंनात् ॥ ३.०५३.२०इन्द्रोतिभिंर्बहुलाभिंर्नी अद्य यांच्छेष्ठाभिर्मघवञ्छर जिन्व ।यो नो द्वेष्ट्यधंरुः सस्पंदीष्ट यमुं द्विष्मस्तमुं प्राणो जंहातु ॥ ३.०५३.२१पुरुशुं चिद्धि तंपति शिम्बुलं चिद्धि वृंश्चति । उखा चिंदिन्द्र येषंन्ती प्रयंस्ता फेनंमस्यति ॥ ३.०५३.२२न सायंकस्य चिकिते जनासो लोधं नंयन्ति पश् मन्यंमानाः ।नावांजिनं वाजिनां हासयन्ति न गंर्दभं पूरो अश्वांत्रयन्ति ॥ ३.०५३.२३ड्रम इंन्द्र भर्तस्यं पुत्रा अंपपित्वं चिंकितुर्न प्रंपित्वम् ।हिन्वन्त्यश्वमरंणुं न नित्युं ज्यांवाजुं परिं णयन्त्याजौ ॥ ३.०५३.२४

This is 15<sup>th</sup> Sukta in 4<sup>th</sup> Anuvaka of 3<sup>rd</sup> Mandala, 1<sup>st</sup> 24 ruk Vishvamitra Rishi, for 1<sup>st</sup> ruk Indra Parvata, Vak is devata for 15<sup>th</sup> and 16<sup>th</sup> ruk, for sasarpari etc 4 ruk Rathanga are the God,

Doing Japa by dumb, Ajnani, Vidya hina overcome problem by 2 month

## 62<sup>ND</sup> SUKTA

Tat Savituhu Varenyam became popular as Gayatri. This ruk is mentioned in all the three Veda. In Sama Veda – 1462, in Shukla Yajurveda- 3-35, 22-9, 30-2, 26-3, Krishna Yajurveda – 1-5-6-4, 4-1-11-1, Tattareeya Aranyaka -1-11-2.

The ruk which are in Gayatri Chanda, named as Gayatri, word meaning of which is Gai Shabda – suitable for singing.

तत्संवितुर्वरेंण्युं भर्गों देवस्यं धीमहि । धियो यो नंः प्रचोदयांत् ॥ ३.०६२.१०

Yaha- Who, Naha – us, Dhiyaha – Pragna related to Karma, Prachodayat – does Prerana, Tat – Similar, Devasya – God, Savituhu – Savitru, Varenyam – worshiped by all, Bharghaha – Jyoti, Dheemahi – meditate

We meditate on that desirable light of the devine Savithri, who influences our pious rites.

This ruk individually useful on 6<sup>th</sup> day of Dasharatra Yaga and 2<sup>nd</sup> day of Abhiplava prushthyashadaha Yaga.Here Savitru word can be either sarvantaryami Parameshwara and Parabrahmatmaka Teja is Bharga which removes Avidya and dushkruti due to same.

Or Savitru is Surya, Dhee Shabda is indicative of Surya Aradhaka Karma, Bharga means Papa Nashaka Tejo Mandala.

According to the rigvidana, 1000 time Japa of Gayitri Mantra provides Ayu, Arogya and Ishwarya quickly, Doing Snana with Sahasra gayatri with Jalasparsha destroys Papa and Vyadhi, Drinking only milk and doing laksha gayatri Japa overcome mrutyu. Similary doing laksha gayatri japa with only drinking ghee becomes Mahamedhavi and Jnani. Doing Grutakta Tila Homa with Gayitri Mantra Fulfills all the desire, achieve moksha, Doing Homa with Yava and Ghee with 1 lakha Gayitri Mantra Japa achieves all the desires. Conducting Homa with Ghee with 1 lakh japa Achieves all the desire, Home with rakta karaveera and doing Gayiti Japa Induces Jvara to Shatru. Conducting Rakta Shali with Gruta Homa with Gayatri Mantra Japa Achieves strength, Panchagavya with Madhu – Homa leads to Pratyanayana. Grutakta Bilva Homa and doing Laksha Gayatri Japa Removes Bhrahma Hatya Dosha. Doing 25 laksha gayatri japa Consuming milk, curd, ghee makes Shareera Shuddhi and Niroga Avasta. Conducting100 days doing Gayatri Japa standing in water with consuming Pancagavya/vayu/Anna removes all the papa. Gayithri japa Remove the papa due to Go, Pitru, matru, Bhrahma, Guru – disrespect

Papa due to stealing gold and consuming alcohol. Conducting Gayatri Japa and Doing yagna which should not, kukarma dosha and dosha due to mahadana

### 4<sup>TH</sup> MANDALA<sup>55</sup>

#### 40<sup>TH</sup> SUKTA

हंसः शुंचिषद्वसुंरन्तरिक्ष्मद्धोतां वेदिषदितिथिर्दुरोणसत् ।नृषद्वंरसदंतसद्धोंम्सदब्जा गोजा ऋंतुजा अंद्रिजा ऋतम् ॥ ४.०४०.०५

Doing japa of 5<sup>th</sup> ruk seeing surya Attains bhrahma loka.

#### 5TH MANDALA<sup>56</sup>

### 18th Sukta 1st Ruk

प्रातरिष्ठः पुंरुप्रियो विशः स्तंवेतातिथिः ।विश्वांनि यो अमंत्यीं ह्व्या मर्तेषु रण्यंति ॥ ५.०१८.०१द्वितायं मृक्तवांहसे स्वस्य दक्षंस्य मृंहनां ।इन्दुं स धंत्त आनुषक्स्तोता चिंत्ते अमर्त्य ॥ ५.०१८.०२तं वों दीर्घायुंशोचिषं गिरा हुंवे मृघोनांम् ।अरिष्ठो येषां रथो व्यंश्वदावृत्तीयंते ॥ ५.०१८.०३चित्रा वा येषु दीधितिरासत्रुक्था पान्ति ये ।स्तीर्णं बहिः स्वंणरे श्रवांसि दिधरे परि ॥ ५.०१८.०४ये में पञ्चाशतं दुदुरश्वांनां सुधस्तुंति ।द्युमदंग्ने मिह् श्रवों बृहत्कृंधि मृघोनां नृवदंमृत नृणाम् ॥ ५.०१८.०५

Pathana by diseased person cures disease.

### 24th Sukta 1st Ruk

अग्ने त्वं नो अन्तंम उत त्राता शिवो भंवा वरूथ्यंः ॥ ५.०२४.०१वसुंरुग्निर्वसुंश्रवा अच्छां निक्ष द्युमत्तंमं रृियं दांः ॥ ५.०२४.०२स नों बोधि श्रुधी हवंमुरुष्या णों अघायतः संमस्मात् ॥ ५.०२४.०३तं त्वां शोचिष्ठ दीदिवः सुमायं नूनमीमहे सर्खिभ्यः ॥ ५.०२४.०४

Doing Agni Upasana using this sukta one can achieve Dhana and Ayu . Here Agni is prayed and useful for Mahapitru Yagna and Dasharatra Yaga.

### 38TH SUKTA 1ST RUK

उरोष्टं इन्द्र राधंसो विभ्वी रातिः शंतक्रतो ।अधां नो विश्वचर्षणे द्युम्ना सुंक्षत्र मंहय ॥ ५.०३८.०१यदींमिन्द्र श्रवाय्यमिषं शविष्ठ दिधेषे ।पुप्रथे दींर्घश्रुत्तंम्ं हिरंण्यवर्ण दुष्टरंम् ॥ ५.०३८.०२शुष्मांसो ये तें अद्रिवो मेहनां केतुसापं: ।उभा देवाविभष्टंये दिवश्च ग्मश्चं राजथः ॥ ५.०३८.०३उतो नों अस्य कस्यं चिद्दक्षंस्य तवं वृत्रहन् । अस्मभ्यं नृम्णमा भंरास्मभ्यं नृमणस्यसे ॥ ५.०३८.०४नू तं आभिरभिष्टिंभिस्तव शर्मञ्छतक्रतो । इन्द्र स्यामं सुगोपाः शूर स्यामं सुगोपाः ॥ ५.०३८.०५

This sukta is useful to pray the God indra and helps to achieves mahat sukha

#### 46th SUKTHA

देवानां पत्नींरुशतीरंवन्तु नः प्रावंन्तु नस्तुजये वाजंसातये ।याः पार्थिवासो या अपामपिं व्रते ता नों देवीः सुहवाः शर्मं यच्छत ॥ ५.०४६.०७

Doing Caruhoma with 7th ruk provide susantana. In this ruk requesting wives of the gods, for the protection of vigorous offspring and aboundent food. Also Useful in patni samyaja homa

#### 51st SUKTHA

स्वस्ति पन्थामनुं चरेम सूर्याचन्द्रमसांविव । पुनर्ददुताघ्नंता जानता सं गंमेमिहि ॥ ५.०५१.१५ daily pathana of 15th ruk after doing shuchi karma attain suchitva always. In this sukta 15th RUK to 20th RUK are useful in 6th day of Shashthyaha Yaga.

### 78th SUKTA

अश्विना्वेह गंच्छतं नासंत्या मा वि वेंनतम् । हंसाविंव पतत्मा सुताँ उपं ॥१॥अश्विना हिर्णाविंव गौराविवानु यवंसम् । हंसाविंव पतत्मा सुताँ उपं ॥२॥अश्विना वाजिनीवस् जुषेथां यज्ञमिष्टयें । हंसाविंव पतत्मा सुताँ उपं ॥३॥अत्रिर्यद् वांमवरोहंत्रृबीसमजोहवीन्नाधंमानेव योषां ।श्येनस्यं चिज्जवंसा नूतंनेना ऽऽगंच्छतमिश्वना शंतंमेन ॥४॥वि जिंहीष्व वनस्पते योनिः सूष्यंन्त्या इव । श्रुतं में अश्विना हवं सप्तवंधिं च मुञ्चतम् ॥५॥भीताय नाधंमानाय ऋषंये सप्तवंधये । मायाभिरिश्वना युवं वृक्षं सं च वि चांचथः ॥६॥यथा वातांः पुष्क्रिणीं सिमिङ्गयंति सर्वतंः । एवा ते गर्भ एजतु निरैत् दशंमास्यः ॥७॥यथा वातो यथा वनं यथां समुद्र एजंति । एवा त्वं दंशमास्य सहावेंहि जुरायुंणा ॥८॥दशु मासांञ्छशयानः कुंमारो अधि मातिर । निरैतुं जीवो अक्षंतो जीवो जीवंन्त्या अधिं ॥९॥

Mantra present in this sukta considered as Stree Sukta, this is useful For sukha prasava of garbhini and for preventing shatru. In 7<sup>th</sup> ruk detail about the wind ruffles the lake on every side, womb be stimulated and the conception of the months come forth. In 8<sup>th</sup> Ruk states as the wind as the wood as the ocean are agitated, on ten months invested with the uterine membranes descend. In 9<sup>th</sup> Ruk prayed for gaining alive, unharmed, living, from a living parent.

Above said 3 Ruks are named as Garbhasravinyupanishad, chanted by Saptavadri Rushi for achiving normal delivery to his wife. If child delivered at 10<sup>th</sup> month child achieves Balarogya and Deergayu. Along with Chanting of Karmanyr Mantra and conducting Padma or Bilwa Homa, if Snana for the Raja is done, helps to Svakama Santana.

## 6<sup>TH</sup> MANDALA<sup>57</sup>

## 3<sup>RD</sup> SUKTA

अश्रे स क्षेषदत्या ऋंतेजा उरु ज्योतिर्नशते देवयुष्टें ।यं त्वं मित्रेण वरुंणः सुजोषा देव पासि त्यजंसा मर्तुमंहंः ॥ ६.००३.०१ईजे युज्ञेभिः शश्मे शमीभिरृधद्वांरायाग्रयें ददाश ।एवा चन तं युशसामजुंष्ट्रिनांहो मर्तं नशते न प्रदंितः ॥ ६.००३.०२सूरो न यस्यं दृशतिरंप्रेपा भीमा यदेति शुचतस्त आ धीः ।हेषंस्वतः शुरुधो नायमक्तोः कुत्रां चिद्वण्वो वंसतिर्वनेजाः ॥ ६.००३.०३तिग्मं चिदेम मिह् वर्षो अस्य भस्दक्षो न यंमसान आसा ।विजेहंमानः पर्शुर्न जिह्नां द्रविर्न द्रांवयित दारु धक्षंत् ॥ ६.००३.०४स इदस्तेव प्रति धादिस्ष्यिञ्छशीत तेजोऽयंसो न धारांम् ।चित्रभ्रंजितररतिर्यो अक्तोर्वेन द्रुषद्वां रघुपत्मंजंहाः ॥ ६.००३.०५स ई रेभो न प्रतिं वस्त उसाः शोचिषां रारपीति मित्रमंहाः ।नक्तं य ईमरुषो यो दिवा नृनमंत्यी अरुषो यो दिवा नृन ॥ ६.००३.०६दिवो न यस्यं विधतो नवीनोद्वृषां रुक्ष ओषंधीषु नूनोत् ।घृणा न यो ध्रजंसा पत्मंना यन्ना रोदंसी वसुंना दं सुपत्नीं ॥ ६.००३.०७धायोभिर्वा यो युज्येभिर्कैर्विद्युन्न दंविद्योत्स्वेभिः शुष्मैः ।शर्धी वा यो मुरुतां तृतक्षं ऋभुर्न त्वेषो रंभसानो अंद्यौत् ॥ ६.००३.०८

Chanting daily and conducting Aajya Homa, person get Rupavati, Dharmistha santati. In this sukta prayer done to Agni, Mitra and Varuna.

### 47th SUKTA

उपं श्वासय पृथिवीमुत द्यां पुंरुत्रा तें मनुतां विष्ठितं जगंत् ।स दुंन्दुभे सुजूरिन्द्रेंण देवैर्दूराद्दवींयो अपं सेध् शत्रुंन ॥ ६.०४७.२९

Doing japa in ranaranga of 29<sup>th</sup> ruk by doing sparsha og dundubi solders strength increases.

During Yudda – from this ruk next three ruk should be chanted for doing Abhimarshana of dundubi

### 48th SUKTA

युज्ञायंज्ञा वो अग्नयें गिरागिरा च दक्षंसे ।प्रप्रं वयममृतं जातवेंदसं प्रियं मित्रं न शंसिषम् ॥ ६.०४८.०१ Japa of above Sukta if done by holding truna and visarjana in jala – achieves all phala and removes shatru, rakshasa bhaya

### 52<sup>nd</sup> SUKTA

ये के च ज्मा मृहिनो् अहिंमाया दिवो जंज्ञिरे अपां सुधस्थें ।ते अस्मभ्यंमिषये विश्वमायुः क्षपं उस्रा वंरिवस्यन्तु देवाः ॥ ६.०५२.१५

15<sup>th</sup> ruk is useful for counducting Ajya Homa, which improves Ayu. Homa which is done related to Vishvadevata – Agrayaneshti. Also useful in Puroshada Homa.

## 61st SUKTA 1st RUK

इयमंददाद्रभुसमृंणुच्युतं दिवोंदासं वध्र्यश्वायं दा्शुषे ।या शश्वंन्तमाचुखादांवुसं पृणि ता तें दा्त्राणि तिवुषा संरस्वित ॥ ६.०६१.०१इयं शुष्पेंभिर्बिसुखा इंवारुजुत्सानुं गिरीणां तंविषेभिर्मुमिंशः ।पा्रावृत्वप्नीमवंसे सुवृक्तिभः सरंस्वतीमा विवासेम धीतिभः ॥ ६.०६१.०२सरंस्वित देवनिदो नि बंह्य प्रजां विश्वंस्य बृसंयस्य मापिनः ।उत श्वितिभ्योऽवनीरिविन्दो विषमंभ्यो अस्रवो वाजिनीवित ॥ ६.०६१.०३प्र णों देवी सरंस्वती वाजेंभिर्वाजिनीवती ।धीनामंवित्र्यंवतु ॥ ६.०६१.०४यस्त्वां देवि सरस्वत्युपब्रूते धनें हिते ।इन्द्रं न वृंत्रूत्यें ॥ ६.०६१.०५त्वं देवि सरस्वत्यवा वाजेंषु वाजिनि ।रदां पूषेवं नः सुनिम् ॥ ६.०६१.०६उत स्या नः सरंस्वती घोरा हिरंण्यवर्तिनः ।वृत्रुप्त्री विश्व सुद्धितम् ॥ ६.०६१.०७यस्यां अनन्तो अहुंतस्वेषश्चेरिष्णुरंर्णवः ।अमृश्चरंति रोरंवत् ॥ ६.०६१.०८सा नो विश्वा अति द्विषः स्वसृंदन्या ऋतावंरी ।अतृत्रहेव सूर्यः ॥ ६.०६१.०९उत नः प्रिया प्रियासुं सुप्तस्वंसा सुजुष्टा ।सरंस्वती स्तोम्यां भूत् ॥ ६.०६१.१०आपप्रुषी पार्थिवान्युरु रजों अन्तरिक्षम् ।सरंस्वती निदस्यांतु ॥ ६.०६१.११त्रेष्ठष्यां सुप्तधांतुः पञ्चं जाता वर्धयंन्ती ।वाजेंवाजे हव्यां भूत् ॥ ६.०६१.१२प्र या मंहिम्ना महिनांसु चेकिते द्युम्नेभिंदुन्या अपसांमपस्तंमा ।रथं इव बृहती विभ्वनं कृतोपुस्तुत्यां विकृतुषा सरंस्वती ॥ ६.०६१.१३सरंस्वत्यिभ नो नेषि वस्यो मापं स्फरीः पयंसा मा न आ धंक् ।जुषस्वं नः सख्या वेश्यां च मा त्वत्क्षेत्राण्यरंणानि गन्म ॥ ६.०६१.१४

Doing Japa daily makes person Vagmi and Buddiman. In this Sukta goddess Saraswati is worshiped.

## 69th SUKTA

सं वां कर्मणा सिम्षा हिंनोमीन्द्रांविष्णू अपंसस्पारे अस्य ।जुषेथां युत्तं द्रविणं च धत्तमिरिष्टैर्नः पृथिभिः पारयंन्ता ॥ ६.०६९.०१या विश्वांसां जिन्तारां मतीनामिन्द्राविष्णू कृलशां सोम्धानां ।प्र वां गिरंः श्रस्यमाना अवन्तु प्र स्तोमांसो गीयमांनासो अकैः ॥ ६.०६९.०२इन्द्रांविष्णू मदपती मदानामा सोमं यातं द्रविणो दधांना ।सं वांमञ्जन्त्वक्तुभिर्मतीनां सं स्तोमांसः श्रस्यमांनास उक्थैः ॥ ६.०६९.०३आ वामश्वांसो अभिमातिषाह इन्द्रांविष्णू सध्मादों वहन्तु ।जुषेथां विश्वा हवंना मतीनामुप् ब्रह्मांणि शृणुतं गिरों मे ॥ ६.०६९.०४इन्द्रांविष्णू तत्पंन्याय्यं वां सोमंस्य मदं उरु चंक्रमाथे ।अकृंणुतमन्तिरंश्चं वरीयोऽप्रंथतं जीवसें नो रजांसि ॥ ६.०६९.०५इन्द्रांविष्णू हिवषां वावृधानाग्रांद्वाना नमंसा रातहत्या ।घृतांसुती द्रविणं धत्तमस्मे संमुद्रः स्थंः कृलशंः सोम्धानंः ॥ ६.०६९.०६इन्द्रांविष्णू पिबंतं मध्वों अस्य सोमंस्य दस्रा जठरं पृणेथाम् ।आ वामन्धांसि मिद्दराण्यंग्मन्नुप ब्रह्मांणि शृणुतं हवं मे ॥ ६.०६९.०७उभा जिंग्यथुन परां जयेथे न परां जिग्ये कत्रश्चनैनोंः ।इन्द्रंश्च विष्णो यदपंस्पृधेथां त्रेधा सहस्रं वि तदैरयेथाम ॥ ६.०६९.०८

Chanting of this sukta helps to achieve all the desire.

## 74th SUKTA

सोमांरुद्रा धा्रयेंथामसुर्यं १ प्रवांमिष्टयोऽरं मश्रुवन्तु । दमेंदमे सप्त रत्ना दर्धाना शं नों भूतं द्विपद्वे शं चतुंष्पदे ॥ ६.०७४.०१सोमांरुद्रा वि वृंहतुं विषूंचीममींवा या नो गयंमाविवेशं । आरे बांधेथां निरृंतिं पराचैरुस्मे भद्रा सौंश्रवसानिं सन्तु ॥ ६.०७४.०२सोमांरुद्रा युवमेतान्यस्मे विश्वां तनूषुं भेषजानिं धत्तम् । अवं स्यतं मुञ्चतं यत्रो अस्तिं तनूषुं बद्धं कृतमेनों अस्मत् ॥ ६.०७४.०३तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंळतं नः । प्र नों मुञ्चतुं वरुंणस्य पाशांद्रोपायतं नः सुमनस्यमांना ॥ ६.०७४.०४

Chanting of these Mantra removes all the Papa, Abhishapa and kukarma person attains shuddi.

## 7<sup>TH</sup> MANDALA<sup>58</sup>

### 1ST SUKTA

अग्निं नरो दीधितिभिर्रण्योर्हस्तंच्युती जनयन्त प्रश्नस्तम् ।दूरे्द्रशं गृहपंतिमथुर्युम् ॥ ७.००१.०१तमृग्निमस्ते वसंवो न्यृंण्वन्सुप्रतिचक्षुमवंसे कुतंश्चित् ।दुक्षाय्यो यो दम् आस् नित्यः ॥ ७.००१.०२प्रेद्धों अग्ने दीदिहि पुरो नोऽजंस्रया सूम्यां यिवष्ठ ।त्वां शश्वंन्त उपं यन्ति वाजाः ॥ ७.००१.०३प्र ते अग्नयोऽग्निभ्यो वरं निः सुवीरांसः शोशुचन्त द्युमन्तः ।यत्रा नरः सुमासंते सुजाताः ॥ ७.००१.०४दा नों अग्ने धिया र्यिं सुवीरं स्वपृत्यं संहस्य

प्रशस्तम् ।न यं यावा तरंति यात्मावांन् ॥ ७.००१.०५ उप यमेतिं युवतिः सुदक्षं दोषा वस्तोंईविष्मंती घृताचीं ।उप स्वैनंमुरमंतिर्वसूयुः ॥ ७.००१.०६ विश्वां अग्नेऽपं दुहारांतीर्येभिस्तपोंभि्रदंहो जरूथम् ।प्र निंस्वरं चांतयुस्वामींवाम् ॥ ७.००१.०७आ यस्तें अग्न इधुते अनींकुं वसिंष्ठ शुक्रु दीदिंवुः पावंक ।उतो नं एभिः स्तुवर्थेरिह स्यांः ॥ ७.००१.०८आ यस्तें अग्न इधृते अनींकुं वसिष्ठ शुक्रु दीर्दिवुः पावंक । उतो नं एभिः स्तुवर्थेरिह स्यांः ॥ ७.००१.०८इमे नरों वृत्रहत्येषु शूरा विश्वा अदेवीर्भि संन्तु मायाः ।ये मे धियं पुनयंन्त प्रशुस्ताम् ॥ ७.००१.१०मा शूनें अग्ने नि षंदाम नृणां माशेषंसोऽवीरंता परि त्वा ।प्रजावंतीषु दुर्यासु दुर्य ॥ ७.००१.११यमुश्वी नित्यंमुपुयातिं युज्ञं प्रजावन्तं स्वपुत्यं क्षयं नः ।स्वजन्मना शेषंसा वावधानम् ॥ ७.००१.१२पाहि नों अग्ने रक्षसों अर्जुष्टात्पाहि धूर्तेररंरुषो अघायोः ।त्वा युजा पृंतनायूँरुभि ष्यांम् ॥ ७.००१.१३सेदग्निरग्नीँरत्यंस्त्वन्यान्यत्रं वाजी तनंयो वीळुपांणिः । सहस्रंपाथा अक्षरां समेतिं ७.००१.१४सेद्रप्निर्यो वंनुष्यतो निपातिं समेद्धार्महंस उरुष्यात् । सुजातासः परिं चरन्ति वीराः ॥ ७.००१.१५ अयं सो अग्निराहंतः पुरुत्रा यमीशांनः सिमिदिन्धे हविष्मांन् । परि यमेत्यंध्वरेषु होतां ॥ ७.००१.१६ त्वे अंग्न आहवंनानि भूरींशानास आ जुंहुयाम् नित्यां । उभा कृण्वन्तों वहुतू मियेधें ॥ ७.००१.१७डुमो अंग्ने वीततंमानि ह्व्याजंस्रो विक्ष देवतांतिमच्छं ।प्रतिं न ईं सुर्भीणिं व्यन्तु ॥ ७.००१.१८मा नों अग्नेऽवीरंते परां दा दुर्वासुसेऽमंतये मा नों अस्यै ।मा नंः क्षुधे मा रुक्षसं ऋतावो मा नो दमे मा वन आ जुंहूर्थाः ॥ ७.००१.१९नू में ब्रह्मांण्यग्न उच्छंशाधि त्वं देव मुघवंद्भ्यः सुषूदः । रातौ स्यांमोभयांसु आ तें यूयं पांत स्वस्तिभिः सदां नः ॥ ७.००१.२०त्वमंग्ने सुहवों रुण्वसंदृक्सुदीती सूंनो सहसो दिदीहि । मा त्वे सचा तनंये नित्य आ धुङ्गा वीरो अस्मन्नर्यो वि दांसीत् ॥ ७.००१.२१मा नों अग्ने दुर्भृतये सचैषु देवेद्धेंष्व्रग्निषु प्र वोंचः ।मा तें अस्मान्दुंर्मृतयों भृमाच्चिंद्देवस्यं सूनो सहसो नशन्त ॥ ७.००१.२२स मर्ती अग्ने स्वनीक रेवानमंर्त्ये य आंजुहोतिं ह्व्यम् ।स देवतां वसुवनिं दधाति यं सूरिर्थी पृच्छमांन् एतिं ॥ ७.००१.२३महो नों अग्ने सुवितस्यं विद्वान्नयिं सूरिभ्यु आ वंहा बृहन्तंम् ।येनं वयं हसावन्मद्रेमाविंक्षितासु आयुंषा सुवीरांः ॥ ७.००१.२४

For this Sukta is Rishi is Vasishtha and Agni is God. This sukta is Useful in

- 1. Vishvajit Yaga, Chaturveera Yaga, Vyhla Dasharatra yaga, Mahavratesti Yajya Mantra
- 2. In Ashwini shastra mantra As Shrotreeyanu Rupa mantra
- 3. In Mandaladi Homa for Utsarjanopakara, Svistakrud Homa as Anuvaka Mantra
- 4. In Pranayesti Yaga as Yajya and Anuvaka Mantra

As per rigvidhana this Sukta is useful for Ajya Japa to attain Putra, Ayu, Arogya and Sukha.

In the Sukta itself mentioned that praying god to bestowers of progeny and other blessings than the fires of common life. Also Agni will grant worthy male offsprings and descendants wealth. Agni drive away febrile disease, heroes in battle with foes overcome all impious devices, blesses with

progeny with excellent posterity with lineal successors, Agni protects from the Rakshaasa protect us from the malignant. Agni blesses with uncontacted life and excellent male descendants may be happy.

### 13th SUKTA

प्राग्नयें विश्वशुचें धियंधेंऽसुर्घ्ने मन्मं धीतिं भंरध्वम् ।भरें ह्विर्न बुर्हिषिं प्रीणा्नो वैश्वान्राय् यतंये मती्नाम् ॥ ७.०१३.०१त्वमंग्ने शो्चिषा शोशुंचान् आ रोदंसी अपृणा् जायंमानः ।त्वं देवाँ अभिशंस्तेरमुञ्चो वैश्वांनर जातवेदो मिह्त्वा ॥ ७.०१३.०२जातो यदंग्ने भुवंना् व्यख्यः पृश्त्र गो्पा इर्यः परिंज्मा ।वैश्वांनर् ब्रह्मणे विन्द गातुं यूयं पांत स्वस्तिभिः सदां नः ॥ ७.०१३.०३

Japa in sandhyakala of above ruk prevents rakshasa bhada. This sukta indicates pious rites the desptoyer of the Asuras propitiating him now present the oblations on the sacred grass to Vaishwanara the granter of desire.

## 32<sup>nd</sup> Sukta 22<sup>nd</sup> RUK

अभि त्वां शूर नोनुमोऽदुंग्धा इव धेनवंः । ईशांनमस्य जगंतः स्वर्दशुमीशांनमिन्द्र तुस्थुषंः ॥ ७.०३२.२२ This ruk is useful for Ayu vruddi and achieving astaishvarya by doing Indra Puja.

### 46<sup>TH</sup> SUKTA

डुमा रुद्रायं स्थिरधंन्वने गिरंः क्षिप्रेषंव देवायं स्वधानें ।अषांव्व्हाय सहंमानाय वेधसें तिग्मायुंधाय भरता शृणोतुं नः ॥ ७.०४६.०१स हि क्षयेंण क्षम्यंस्य जन्मंनः साम्रांज्येन दिव्यस्य चेतंति ।अवुन्नवंन्तीरुणं नो दुरंश्वरानमीवो रुंद्र जासुं नो भव ॥ ७.०४६.०२या तें दिद्युदवंसृष्टा दिवस्परिं क्ष्मया चरंति परि सा वृंणक्तु नः ।सृहस्रं ते स्विपवात भेषुजा मा नंस्तोकेषु तनंयेषु रीरिषः ॥ ७.०४६.०३मा नों वधी रुद्र मा परां दा मा तें भूम प्रसिंतौ हीळितस्यं ।आ नों भज बहिंषिं जीवश्ंसे यूयं पांत स्वस्तिभिः सदां नः ॥ ७.०४६.०४ In Shulagava Rudra Yagna it is useful and to attain Praja and Dhana. Rudra God protects our progeny and protect against diseases, make appears of wind are a thousand medicaments inflict not evil upon sons and grand sonds.

#### 51st SUKTA1ST

आदित्यानामवंसा नूतंनेन सक्षीमिह् शर्मणा शंतंमेन । अनागास्त्वे अंदितित्वे तुरासं इमं य्ज्ञं दंधतु श्रोषंमाणाः ॥ ७.०५१.०१आदित्यासो अदितिर्मादयन्तां मित्रो अंर्यमा वरुंणो रजिष्ठाः । अस्माकं सन्तु भुवंनस्य गोपाः पिबंन्तु सोममवंसे नो अद्य ॥ ७.०५१.०२

This above mentioned sukta pathana at morning time useful for shatru nasha and roga nasha. This sukta is useful in Pashuyaga for praying Aditya and Vapahoma, Aditya Graha homa.

## 55th SUKTA

अमीवृहा वांस्तोष्पते विश्वां रूपाण्यांविशन् ।सखां सुशेवं एधि नः ॥ ७.०५५.०१यदंर्जुन सारमेय द्रतः पिंशङ्ग् यच्छंसे ।वींव भ्राजन्त ऋष्ट्रय उप सक्वंषु बप्संतो नि षु स्वंप ॥ ७.०५५.०२स्तेनं रांय सारमेय तस्करं वा पुनःसर ।स्तोतृनिन्द्रंस्य रायि किमस्मान्दुंच्छुनायसे नि षु स्वंप ॥ ७.०५५.०३त्वं सूंक्ररस्यं दर्दिष्ट् तवं दर्दर्तु सूक्ररः ।स्तोतृनिन्द्रंस्य रायि किमस्मान्दुंच्छुनायसे नि षु स्वंप ॥ ७.०५५.०४सस्तुं माता सस्तुं पिता सस्तु श्वा सस्तुं विश्पतिः ।ससन्तु सर्वे ज्ञातयः सस्त्वयम्भितो जनः ॥ ७.०५५.०५य आस्ते यश्च चरंति यश्च पश्यंति नो जनः ।तेषां सं हंन्मो अक्षाणि यथेदं हुम्यं तथां ॥ ७.०५५.०६ सहस्रंशृङ्गो वृष्भो यः संमुद्रादुदाचंरत् ।तेनां सहस्येना वयं नि जनांन्स्वापयामिस ॥ ७.०५५.०७

This Sukta pathana Prevents bhuta bhade, dusvapna

## 66th SUKTA

तच्चक्षुंर्देविहितं शुक्रमुच्चरंत् ।पश्येम शुरदंः शुतं जीवेम शुरदंः शुतम् ॥ ७.०६६.१६

16th ruk chanting at morning and afternoon of this ruk achives deerghayu.

#### 104th SUKTA

इन्द्रांसोमा तपंतं रक्षं उब्जतं न्यंर्पयतं वृषणा तमो्वृधंः ।परां शृणीतम्चितो न्योंषतं हृतं नुदेथां नि शिंशीतम्त्रिणंः ॥ ७.१०४.०१इन्द्रांसोमा सम्घशंसम्भ्य१ं घं तपुंर्ययस्तु च्रुरंग्निवाँ इंव ।ब्रह्मद्विषें क्रव्यादें घोरचंक्षसे द्वेषों धत्तमनवायं किमीदिनें ॥ ७.१०४.०२इन्द्रांसोमा दुष्कृतों वृत्रे अन्तरंनारम्भणे तमंसि प्र विंध्यतम् ।यथा नातः पुन्रेकंश्चनोदयत्तद्वांमस्तु सहंसे मन्युमच्छवंः ॥ ७.१०४.०३

After doing Japa of 3<sup>rd</sup> ruk, if Dana is given to to Bhrahmana one can becomeSarva Shastra sampanna. In this sukta Indra and Soma considered to be destroyer of Rakshasas.

#### 8<sup>TH</sup> MANDALA<sup>59</sup>

#### 3rd SUKTA

कन्नव्यों अतुसीनां तुरो गृंणीत् मर्त्यः । नहीं न्वंस्य महिमानंमिन्द्रियं स्वंगॄ्णन्तं आनुशुः ॥ ८.००३.१३ Chanting of 13<sup>th</sup> ruk daily prevents charma and Asthi dosha.

## 12<sup>TH</sup> SUKTA

य इंन्द्र सोमुपातंमो मदंः शविष्ठ चेतंति । येना हंसि न्यश्त्रिणुं तमीमहे ॥१॥येना दर्शग्वमध्रिंगुं वेपयंन्तुं स्वर्णरम् । येनां समुद्रमाविंथा तमींमहे ॥२॥येन सिन्धुं महीरुपो रथाँ इव प्रचोदयं: । पन्थांमृतस्य यातंवे तमींमहे ॥३॥इमं स्तोमंमुभिष्टंये घृतं न पूतमंद्रिवः । येना नु सुद्य ओजंसा वुवक्षिथ ॥४॥इमं जुंषस्व गिर्वणः समुद्र इंव पिन्वते । इन्द्र विश्वाभिरूतिभिर्वविक्षिथ ॥५॥यो नों देवः पंरावतंः सखित्वनायं मामुहे । दिवो न वृष्टिं प्रथयंन्वविक्षंथ ॥६॥वृवक्षुरंस्य कृतवों उत वज्रो गर्भस्त्योः । यत्सूर्यो न रोदंसी अवंर्धयत् ॥७॥यदिं प्रवृद्ध सत्पते सुहस्रं महिषाँ अर्घः । आदित्तं इन्द्रियं महि प्र वांवृधे ॥८॥इन्द्रः सूर्यस्य रृश्मिभिन्र्यर्शसानमोंषति । अग्निर्वनेव सासुहिः प्र वांवृधे ॥९॥इ्यं तं ऋत्वियांवती धीतिरेति नवींयसी । सुपूर्यन्तीं पुरुप्रिया मिमींत इत् ॥१०॥गर्भीं युज्ञस्यं देवुयुः क्रतुं पुनीत आनुषक् । स्तोमैरिन्द्रंस्य वावधे मिमींतु इत् ॥११॥सुनिर्मित्रस्यं पप्रथु इन्द्रः सोमंस्य पीतयें । प्राची वाशींव सुन्वते मिमींतु इत् ॥१२॥यं विप्रां उक्थवांहसोऽभिप्रमुन्दुरायवं: । घृतं न पिंप्य आसन्यृतस्य यत् ॥१३॥उत स्वराजे अदिति: स्तोमुमिन्द्रांय जीजनत् । पुरुप्रशुस्तमूतयं ऋतस्य यत् ॥१५॥अभि वह्नंय ऊतयेऽनूंषत् प्रशंस्तये । न देवं विव्रंता हरीं ऋतस्य यत् ॥१५॥यत्सोमंमिन्द्र विष्णंवि यद्वां घ त्रित आप्त्ये । यद्वां मुरुत्सु मन्दंसे सिमन्दंभिः ॥१६॥यद्वां शक्र परावतिं समुद्रे अधि मन्दंसे । अस्माकृमित्सुते रंणा सिमन्दंभिः ॥१७॥यद्वासिं सुन्वतो वधो यजंमानस्य सत्पते । उुक्थे वा यस्य रण्यंसि सिमन्दुंभिः ॥१८॥देवंदेवं वोऽवंसु इन्द्रंमिन्द्रं गृणीूषणि । अधां युज्ञायं तुर्वणे व्यानशुः ॥१९॥युज्ञेभिर्युज्ञवांहसुं सोमेभिः सोमुपातंमम् । होत्रांभिरिन्द्रं वावृधुव्यनिशुः ॥२०॥मुहीरंस्य प्रणीतयः पूर्वीरुत प्रशंस्तयः । विश्वा वसूनि दाशुषे व्यानशुः ॥२१॥इन्द्रं वृत्राय हन्तंवे देवासों दिधरे पुरः । इन्द्रं वाणीरनूषता समोजसे ॥२२॥महान्तं महिना वयं स्तोमेंभिर्हवनश्रतंम् । अर्केरभि प्र णोनूमः समोजंसे ॥२३॥न यं विविक्तो रोदंसी नान्तरिक्षाणि विज्ञणंम् । अमादिदंस्य तित्विषे समोजंसः ॥२४॥यदिन्द्र पृतुनाज्यें देवास्त्वां दिधरे पुरः । आदित्तें हर्युता हरीं ववक्षतुः ॥२५॥यदा वृत्रं नंदीुवृतुं शवंसा विज्ञन्नवंधीः । आदित्तें हर्युता हरीं ववक्षतुः ॥२६॥युदा ते विष्णुरोजंसा त्रीणि पुदा विचक्रमे । आदित्तें हर्युता हरीं ववक्षतुः ॥२७॥युदा तें हर्युता हरीं वावृधातें द्विवेदिंवे । आदित्ते विश्वा भुवंनानि येमिरे ॥२८॥युदा ते मारुंतीर्विशुस्तुभ्यंमिन्द्र नियेमिरे । आदित्ते विश्वा भुवंनानि येमिरे ॥२९॥युदा सूर्यमुमुं द्विवि शुक्रं ज्योतिरधारयः । आदित्ते विश्वा भुवंनानि येमिरे ॥३०॥इमां तं इन्द्र सुष्ट्रतिं विप्रं इयर्ति धीतिभिः । जामिं पुदेव पिप्रंतीं प्राध्वरे ॥३१॥यदंस्य धामंनि प्रिये संमीचीनासो अस्वरन् । नाभां युज्ञस्यं दोहुना प्राध्वरे ॥३२॥सुवीर्यं स्वश्व्यं सुगव्यंमिन्द्र दद्धि नः । होतेंव पूर्वचिंत्तये प्राध्वरे ॥३३॥

Pathana of above ruk and sparshana with nabhi – Ayu vruddi for pati and increases 100 children. In rigvidhanaif Trayambhaka Homa done for 100 Parva dina 3 night Upavasa, homa with payasa, ghee and caru – 100 yrs Sukhee.

## 16<sup>TH</sup> SUKTA

प्र सम्राजं चर्षणीनामिन्द्रं स्तोता नव्यं गीिर्भः ।नरं नृषाहुं मंहिष्ठम् ॥ ८.०१६.०१यस्मिंत्रुक्थानि रण्यंन्ति विश्वांनि च श्रवस्यां ।अपामवो न संमुद्रे ॥ ८.०१६.०२तं सुंष्टुत्या विंवासे ज्येष्ठराजुं भरें कृत्नुम् ।मृहो वाजिनं सिनिभ्यंः ॥ ८.०१६.०३यस्यानूंना गभीरा मदां उरवस्तरुंत्राः ।हर्षुमन्तुः शूरंसातौ ॥ ८.०१६.०४तिमद्धनेषु

हितेष्वंधिवाकायं हवन्ते ।येषामिन्द्रस्ते जंयन्ति ॥ ८.०१६.०५तमिच्च्यौत्तैरार्यन्ति तं कृतेभिंश्चर्षणयंः ।एष इन्द्रों विरवस्कृत् ॥ ८.०१६.०६इन्द्रों ब्रह्मेन्द्र ऋषिरिन्द्रंः पुरू पुंरुहूतः ।महान्महीभिः शर्चीभिः ॥ ८.०१६.०७स स्तोम्यः स हव्यंः सत्यः सत्वां तुविकूर्मिः ।एकंश्चित्सन्नभिभूतिः ॥ ८.०१६.०८तम्केभिस्तं सामंभिस्तं गांयुत्रैश्चर्षणयंः ।इन्द्रं वर्धन्ति क्षित्तयंः ॥ ८.०१६.०९प्रणेतारं वस्यो अच्छा कर्तीरं ज्योतिः समत्सुं ।सास्ह्रांसं युधामित्रांन् ॥ ८.०१६.१०स नः पप्रिः पारयाति स्वस्ति नावा पुंरुहूतः ।इन्द्रो विश्वा अति द्विषंः ॥ ८.०१६.११स त्वं नं इन्द्र वाजेभिर्दशस्या चं गातुया चं ।अच्छां च नः सुम्नं नेषि ॥ ८.०१६.१२

Japa of above sukta with surya darshana make person victory in vada vivada and does shatru nasha. As per Rigvidhana Shamagnirabhi Agnibhi Ruk destroys all the Papa. While doing Pathana First agni, vayu and surya stuti should be done. Also ruk which starts from Na hi vo asti – 4 mantra chanting daily morning removes Sarva Papa and Bhaya

## 17<sup>TH</sup> SUKTA

वास्तोष्पते ध्रुवा स्थूणांसंत्रं सोम्यानांम् ।द्रप्सो भेत्ता पुरां शश्वंतीनामिन्द्रो मुनींनां सखां ॥ ८.०१७.१४

Doing Puja of vaishva deva with above Ruk prevents bhuta, roga and achieve sukha. Similarly 24<sup>th</sup> Ruk commencing from Aayudindrashca Pathana provides Istharatha Siddhi.

## 32<sup>nd</sup> TH SUKTA

प्र कृतान्यृंजीिषणः कण्वा इन्द्रंस्य गाथंया ।मद्रे सोमंस्य वोचत ॥ ८.०३२.०१ यः सृबिंन्द्रमनंर्शिनें पिप्रुं दासमंहीशुवंम् ।वधींदुग्रो रिणन्नपः ॥ ८.०३२.०२ न्यर्बुदस्य विष्टपं वृष्मीणं बृह्तस्तिंर ।कृषे तर्दिन्द्र पौंस्यंम् ॥ ८.०३२.०३प्रतिं श्रुतायं वो धृषत्तूणींशां न गिरेरिधं ।हुवे सुंशिप्रमृतयें ॥ ८.०३२.०४स गोरिश्वंस्य वि व्रजं मन्दानः सोम्येभ्यः । पुरं न शूर दर्षिसे ॥ ८.०३२.०५

Chanting of this Ruk 1<sup>st</sup> to 5<sup>th</sup> before bhojana helps to attain Sarva Kama and Removes all the Papa.

# 35th SUKTA

अग्निनेन्द्रेंणु वरुंणेनु विष्णुंनादित्यै रुद्रैर्वसुंभिः सचाुभुवां ।सुजोषंसा उषसा सूर्येण च सोमं पिबतमश्विना ॥ ८.०३५.०१विश्वांभिर्धीभिर्भुवंनेन वाजिना दुवा पृथिव्याद्रिभिः सचाुभुवां ।सुजोषंसा उषसा सूर्येण च सोमं पिबतमिश्वना ॥ ८.०३५.०२विश्वैर्देवैस्त्विभिरेंकादुशैरिहाद्भिर्मरुद्धिर्भृगुंभिः सचाभुवां ।सुजोषंसा उषसा सूर्येण च सोमं पिबतमिश्वना ॥ ८.०३५.०३जूषेथां यज्ञं बोधंतं हवस्य मे विश्वेह देवौ सवनावं गच्छतम् ।सजोषंसा उषसा सूर्येण चेषं नो वोव्वहमश्विना ॥ ८.०३५.०४स्तोमं जुषेथां युवशेवं कृन्यनां विश्वेह देवौ सवनावं गच्छतम् ।सजोषंसा उषसा सूर्येण चेषं नो वोव्वहमिश्वना ॥ ८.०३५.०५िगरों जुषेथामध्वरं जुंषेथां विश्वेह देंवौ सवनावं गच्छतम् ।सजोषंसा उषसा सूर्येण चेषं नो वोव्वहमिश्वना ॥ ८.०३५.०६हारिद्रवेवं पतथो वनेद्रप सोमं सूतं मंहिषेवावं गच्छथः ।सुजोषंसा उषसा सूर्येण च त्रिर्विर्तियतिमश्विना ॥ ८.०३५.०७हंसाविंव पतथो अध्वगाविंव सोमं सुतं मंहिषेवावं गच्छथः ।सुजोषंसा उषसा सूर्येण च त्रिर्विर्तिर्यातमश्विना ॥ ८.०३५.०८श्येनाविंव पतथो हव्यदांतये सोमं सतं मंहिषेवावं गच्छथः ।सजोषंसा उषसा सूर्येण च त्रिवीर्तियांतमश्विना ॥ ८.०३५.०९पिबंतं च तृष्णुतं चा चं गच्छतं प्रजां चं धत्तं द्रविंणं च धत्तम् ।सजोषंसा उषसा सूर्येण चोर्जं नो धत्तमश्विना ॥ ८.०३५.१०जयंतं चु प्र स्तुंतं चु प्र चांवतं प्रुजां चं धुत्तं द्रविंणं च धत्तम् ।सुजोषंसा उषसा सूर्येणु चोर्जं नो धत्तमिश्वना ॥ ८.०३५.११हृतं च शत्रून्यतंतं च मित्रिणंः प्रजां चं धृतं द्रविणं च धत्तम् ।सुजोषंसा उषसा सूर्येण चोर्जं नो धत्तमश्विना ॥ ८.०३५.१२मित्रावरुंणवन्ता उत धर्मवन्ता मुरुत्वंन्ता जरितुर्गच्छथो हवंम् ।सुजोषंसा उषसा सूर्येण चादित्यैर्यातमिश्वना ॥ ८.०३५.१३अङ्गिरस्वन्ता उत विष्णुंवन्ता मुरुत्वंन्ता जिर्तुर्गिच्छथो हवंम् ।सुजोषंसा उषसा सूर्येण चादित्यैर्यातमिश्वना ॥ ८.०३५.१४ऋभुमन्तां वृषणा वाजंवन्ता मुरुत्वंन्ता जरितुर्गिच्छथो हवंम् ।सुजोषंसा उषसा सूर्येण चादित्यैर्यातमिश्वना ॥ ८.०३५.१५ब्रह्मं जिन्वतमुत जिन्वतं धियों हतं रक्षांसि सेधंतममीवाः ।

स्रजोषंसा उषसा सूर्येण च सोमं सुन्वतो अंश्विना ॥ ८.०३५.१६क्षृत्रं जिन्वतमुत जिन्वतं नृन्हृतं रक्षांसि सेधंतममीवाः ।स्रजोषंसा उषसा सूर्येण च सोमं सुन्वतो अंश्विना ॥ ८.०३५.१७ धेनूर्जिन्वतमुत जिन्वतं विशों हृतं रक्षांसि सेधंतममीवाः ।स्रजोषंसा उषसा सूर्येण च सोमं सुन्वतो अंश्विना ॥ ८.०३५.१८अत्रेरिव शृणुतं पूर्व्यस्तुंतिं श्यावाश्वंस्य सुन्वतो मंदच्युता ।स्रजोषंसा उषसा सूर्येण चाश्विना तिरोअंह्न्यम् ॥ ८.०३५.१९सर्गाः इव सृजतं सुष्टुतीरुपं श्यावाश्वंस्य सुन्वतो मंदच्युता ।स्रजोषंसा उषसा सूर्येण चाश्विना तिरोअंह्न्यम् ॥ ८.०३५.२०२१मीरिव यच्छतमध्वराँ उपं श्यावाश्वंस्य सुन्वतो मंदच्युता ।स्रजोषंसा उषसा सूर्येण चाश्विना

तिरोअंह्न्यम् ॥ ८.०३५.२१अर्वाग्रथं नि यंच्छतं पिबंतं सोम्यं मधुं ।आ यांतमिश्वना गंतमवस्युर्वीमृहं हुंवे धत्तं रत्नांनि दा्शुषें ॥ ८.०३५.२२नमोवाके प्रस्थिते अध्वरे नरा विवक्षंणस्य पीतयें । आ यांतमिश्वना गंतमवस्युर्वीमृहं हुंवे धत्तं रत्नांनि दा्शुषें ॥ ८.०३५.२३स्वाहांकृतस्य तृम्पतं सुतस्यं देवावन्धंसः ।आ यांतमिश्वना गंतमवस्युर्वीमृहं हुंवे धत्तं रत्नांनि दा्शुषें ॥ ८.०३५.२४

This 24 ruks are useful in Ashwini Mantra to increase Bala and Dana.

## 71st SUKTA

अच्छां नः शीरशोंचिषुं गिरों यन्तु दर्शतम् । अच्छां युज्ञासो नमंसा पुरूवसुं पुरुप्रशुस्तमूतयें ॥ ८.०७१.१०

Chanting of this ruk to pray god Surya achieves shatrujaya and Santati labh

According to Rigvidhana, Samidaagnim duvasyata Suktha Japa along with ghee homa if done it provides Deerghayu. Also Suktha Starts with Vasham mahi pathana results in Arogya. Also Shamnobhava Mantra Japa after food – dusvapna nasha, sarva papa nasha

## 100th SUKTA

अयं तं एमि तुन्वां पुरस्ताद्विश्वें देवा अभि मां यन्ति पृश्चात् ।यदा मह्यं दीधरो भागिमन्द्रादिन्मयां कृणवो वीर्याणि ॥ ८.१००.०१दधांमि ते मधुंनो भूक्षमग्रें हितस्तें भागः सुतो अंस्तु सोमः ।असंश्च त्वं दंक्षिणतः सखा मेऽधां वृत्राणिं जङ्गनाव भूरिं ॥ ८.१००.०२

1st two ruk chanting during Gouri pooja makes samskara of vak and prevents asat vani dosha.

### 101st SUKTA

बण्महाँ अंसि सूर्य बळांदित्य महाँ अंसि । महस्तें सतो मंहिमा पंनस्यतेऽद्धा देव महाँ अंसि ॥ ८.१०१.११ Japa of 11<sup>th</sup> ruk while seeing surya prevents asatya dosha

इयं या नीच्यर्किणीं रूपा रोहिंण्या कृता । चित्रेव प्रत्यंदर्श्यायृत्यर्ंन्तर्दशसुं बाहुषुं ॥ ८.१०१.१३ Doing Japa of 13<sup>th</sup> ruk on Poornima and See Chandra makes person varcasvi. वचोविदं वाचंमुदीरयंन्तीं विश्वांभिधीभिरुंपतिष्ठंमानाम् । देवीं देवेभ्यः पर्येयुषीं गामा मांवृक्त मर्त्यों द्रभ्रचेंताः ॥ ८.१०१.१६

Chanting of 16th ruk makes person Vagmi

According to Rigveda Ruk starts with Prajahetisra Prevents punarjanma. Also following Gayitri Candayukta pavamana sukta – japa in jale nimajya – get ride of sarva papa. Also the same suktha Japa by jitendriya-adyayana – achieve ayu, balayasha, without anna for 3 days and japa – prevents vyadhi. Also Nanaanam va ruk japa provides Amrutatva for the Purusha.

### 9<sup>TH</sup> MANDALA<sup>60</sup>

# 88<sup>TH</sup> SUKTA 1<sup>ST</sup> RUK

अयं सोमं इन्द्र तुभ्यं सुन्वे तुभ्यं पवते त्वमंस्य पाहि ।त्वं हृ यं चंकृषे त्वं वंवृष इन्द्रुं मदांय युज्यांय सोमंम् ॥१॥स ईं रथो न भुंरिषाळंयोजि महः पुरूणिं सातये वसूंनि ।आदीं विश्वां नहुष्यांणि जाता स्वंर्षाता वनं ऊर्ध्वा नंवन्त ॥२॥वायुर्न यो नियुत्वाँ इष्टयांमा नासंत्येव हव आ शम्भंविष्ठः ।विश्ववांरो द्रविणोदा इंव तमन्पूषेवं धीजवंनोऽिस सोम ॥३॥इन्द्रो न यो महा कर्माणि चक्रिंह्न्ता वृत्राणांमिस सोम पूर्भित् ।पैद्रो न हि त्वमिहंनाम्नां हन्ता विश्वंस्यासि सोम दस्योः ॥४॥अग्निर्न यो वन आ सृज्यमांनो वृथा पाजांसि कृणुते नदीषुं ।जनो न युध्वां मह्त उंपब्दिरियंतिं सोमः पवंमान ऊर्मिम् ॥५॥एते सोमा अति वाराण्यव्यां दिव्या न कोशांसो अभ्रवंर्षाः ।वृथां समुद्रं सिन्धंवो न नीचीः सुतासों अभि कृलशाँ असृग्रन् ॥६॥शुष्मी शर्धो न मारुतं पवस्वानंभिशस्ता दिव्या यथा विट् ।आपो न मृक्षू सुंमृतिर्भवा नः सहस्रांप्साः पृतनाषाण्न यृज्ञः ॥७॥राज्ञो नु ते वरुणस्य वृतानिं बृहद्रंभीरं तवं सोम् धामं ।शुचिष्ट्रमंसि प्रियो न मित्रो दुक्षाय्यों अर्यमेवांसि सोम ॥८॥

This sukta is also named as Rakshohanam sukta or Havishvamti sukta. Daily Chanting of Rakshohanam sukta and performing Homa and doing Ajya Ahuti useful in Shanty Karma, Havishvamti sukta chanting daily for 6 months seeing surya Removes kutsitanna dosha, vaishvanara vidye will become vasha.

This sukta specifies that the soma oblation undecaying and agreeable to the gods which is offered to Agni provides happiness with food. Who propitiated by the gods was the first offere of oblations whom his worshippers anoint with clarified butter she Agni jatavedasa quickly made that which can fly that which can walk that which is stationary that which is moveable, brings the manifold plants to maturity

As per Rigvidhana Pathana of Pusrusha Suktha during Shubha Nakshatra Shuklapaksha Dvadashi Ekadashi –fasting – homa Vishnu Amsha putra prapti. If Pathana done during keshvadi Dvadashi Nama start from Margasheersha Masa and doing Homa with ksheera paramanna – attains medhavi, Ayushmantha, Dharmika Putra. Also if Purusha Suktha Pathana on Dvadashi and doing homa Ashvatta Samit, use havi sheshanna and Bhrahmana bhojana

# 10TH MANDALA<sup>61</sup>

#### 14th Sukta

पुरेयिवांसं प्रवतों महीरनुं बहुभ्यः पन्थांमनुपस्पशानम् ।वैवस्वतं संगर्मनुं जनानां यमं राजांनं हृविषां दुवस्य ॥ १०.०१४.०१ If this ruk is chanted during Astami/chaturdashi- puja of yama- homa, one chan achieve Deerghayu. Meaning of this sukta says as Worship with oblations Yama, king of the Pitris Son of Vivaswat the aggregation of mankind who conducts those who are virtuous over the earth and opens to many the path of heaven

# 18th Sukta

परं मृत्यो अनु परेंहि पन्थां यस्ते स्व इतंरो देवयानांत् ।चक्षुंष्मते शृण्वते तें ब्रवीमि मा नंः प्रजां रीरिषो मोत वीरान् ॥ १०.०१८.०१मृत्योः पदं योपयंन्तो यदैत द्राघींय आयुंः प्रतरं दधांनाः ।आप्यायंमानाः प्रजया धनेंन शुद्धाः पूता भंवत यित्रयासः ॥ १०.०१८.०२

chanting of 1st rukt for one year at Night, consuming little food one can clear all the mrutyu

bhaya. In this sukta Depart from the Mrityu by a different path by that which is your own and distint from the path of the Gods I speak to you who have eyes who have ears do no harm to our offsprings nor to our male progeny. Chanting of this ruk in Shishira rutu in jala, in Greeshma in panchagni and in Varsha rutu in megha Prevents sarva roga. enriched with progeny and affluence be cleansed and pure. Daily Chanting of this sukta provides Shanti and Sukha, chanting 1000 times daily provides in One month Pala, one month water, one manth Vayu – can achieve all desired things

# 35th Sukta

अबुंध्रमु त्य इन्द्रंवन्तो अग्नयो ज्योतिर्भरंन्त उषसो व्यृंष्टिषु ।मही द्यावांपृथिवी चेंततामपोऽद्या देवानामव आ वृंणीमहे ॥ १०.०३५.०१द्वेवस्पृंथिव्योरव आ वृंणीमहे मातृन्सिन्धून्पर्वताञ्छर्यणावंतः ।अनागास्त्वं सूर्यमुषासंमीमहे भृद्रं सोमः सुवानो अद्या कृंणोतु नः ॥ १०.०३५.०२द्यावां नो अद्य पृंथिवी अनांगसो मृही त्रांयेतां सुवितायं मातरां ।उषा उच्छन्त्यपं बाधताम्घं स्वस्त्य१ ंग्निं संमिधानमींमहे ॥ १०.०३५.०३दुयं नं उसा प्रंथमा सुंदेव्यं रेवत्सिनभ्यों रेवती व्युंच्छतु ।आरे मृन्युं दुंर्विदत्रंस्य धीमहि स्वस्त्य१ ंग्निं संमिधानमींमहे ॥ १०.०३५.०४प्र याः सिस्नंते सूर्यंस्य रृश्मिभिज्योंतिर्भरंन्तीरुषसो व्युंष्टिषु ।

भुद्रा नों अद्य श्रवंसे व्युंच्छत स्वस्त्य१ं प्रेंग्नं संमिधानमींमहे ॥ १०.०३५.०५अनुमीवा उषस् आ चंरन्तु न् उद्रग्नयों जिहतां ज्योतिंषा बृहत् ।आयुंक्षातामृश्विनाः तूतुंजिं रथं स्वस्त्य१ं प्रेंग्नं संमिधानमींमहे ॥ १०.०३५.०६श्रेष्ठं नो अद्य संवित्ववेरंण्यं भागमा सुंव स हि रंत्नुधा असिं ।रायो जनित्रीं धिषणामुपं ब्रुवे स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.०७पिपंर्तु मा तद्दतस्यं प्रवाचंनं देवानां यन्मंनुष्या्३ं अमंन्मिह ।विश्वा इदुसाः स्पळुदेति सूर्यः स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.०८अद्वेषो अद्य बहिष्ः स्तरींमिण् ग्राव्णां योगे मन्मंनः साधं ईमहे ।आदित्यानां शर्मिण् स्था भुरण्यिस स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.०९आ नों बहिः संधुमादें बृहद्दिवि देवाँ ईळे साद्यां सप्त होतॄंन् ।इन्द्रं मित्रं वरुणं सात्रये भगं स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.१०त आंदित्या आ गंता सुर्वतांतये वृधे नों युज्ञमंवता सजोषसः ।बृहस्पितं पूषणंमश्विना भगं स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.११तन्नीं देवा यच्छत सुप्रवाचनं छुर्दिरांदित्याः सुभरं नृपाय्यंम् ।पश्वें तोकाय तनंयाय जीवसें स्वस्त्यश्ंिप्रं संमिधानमींमहे ॥ १०.०३५.१२विश्वें अद्य मुरुतो विश्वं कृती विश्वं भवन्त्वप्रयः समिद्धाः ।विश्वं नो देवा अवसा गंमन्तु विश्वंमस्तु द्रविणं वाजों अस्मे ॥ १०.०३५.१३यं देवासोऽवंथ वाजंसातौ यं त्रायंध्वे यं पिपृथात्यंहंः ।यो वों गोपी्थे न भृयस्य वेद ते स्यांम देववींतये तुरासः ॥ १०.०३५.१४

Doing Nitya Japa with this sukta helps to remove all the Shapa. In this Sukta Agni associated with God indra is prayed, for preserving the happiness by making free from sin.

# 45th Sukta

द्विवस्परिं प्रथमं जंज्ञे अग्निरस्मद्द्वितीयं परिं जातवेदाः ।तृतीयंमुप्सु नृमणा अजंस्वमिन्धांन एनं जरते स्वाधीः ॥ १०.०४५.०१

Chanting of this sukta prayed for Jatavedasa makes person Shraddavanta.

## 58th Sukta

यत्तें युमं वैंवस्वृतं मनों जुगामं दूरुकम् ।तत्तु आ वंर्तयामसीह क्षयांय जीवसें ॥ १०.०५८.०१

By keeping hand over head if this sukta is chanted the one can protect the ayu. It is hieghlighted that although spirit have gone for away to Yama son of Vivaswat, bring back to live.

# 63rd Sukta

पुरावतो ये दिधिषन्त आप्यं मनुंप्रीतासो जनिंमा विवस्वंतः ।ययातेर्ये नंहुष्यंस्य बहिंषि देवा आसंते ते अधि ब्रुवन्तु नः ॥ १०.०६३.०१

Chanting of this sukta is useful in achiving the Svarga and Svasthya.

# 71st Sukta 1st Ruk

बृहंस्पते प्रथमं वाचो अग्रं यत्प्रैरंत नामधेयं दर्धानाः ।यदेषां श्रेष्ठं यदंरिप्रमासींत्प्रेणा तदेषां निहिंतुं गुहाविः ॥ १०.०७१.०१

Chanting of this sukta is helpful to attain Jnana and Stree. This sukta the bhruhaspati is prayed as he is the best of speech.

# 97th Sukta 1st Ruk

या ओषंधीः पूर्वी जाता देवेभ्यंस्त्रियुगं पुरा ।मनै नु बुभ्रूणांमुहं श्रुतं धामांनि सुप्त चं ॥ १०.०९७.०१शृतं वीं अम्बु धामांनि सुहस्रंमुत वो रुहं: ।अधां शतक्रत्वो यूयिममं में अगुदं कृत ॥ १०.०९७.०२ओषंधीः प्रतिं मोदध्वं पुष्पंवतीः प्रुसूवंरीः ।अश्वां इव सुजित्वंरीर्वी्रुग्धः पारियुष्णवंः ॥ १०.०९७.०३ओषंधीरितिं मातरुस्तद्वों देवीरुपं ब्रुवे ।सनेयमश्वं गां वासं आत्मानं तवं पुरुष ॥ १०.०९७.०४अश्वत्थे वों निषदंनं पर्णे वों वसतिष्कृता ।गोुभाज इत्किलांसथु यत्सुनवंथु पूरुंषम् ॥ १०.०९७.०५यत्रौषंधीः सुमग्मंतु राजांनुः समिंताविव ।विप्रः स उंच्यते भिषग्रंक्षो्हामींवुचातंनः ॥ १०.०९७.०६अश्वावतीं सोंमावती मूर्जयंन्ती मुदोंज सम् ।आविंत्सि सर्वा ओषंधीरुस्मा अंरिष्टतांतये ॥ १०.०९७.०७उच्छुष्मा ओषंधीनां गावों गोष्ठादिवेरते ।धनं सनिष्यन्तींनामात्मानं तवं पूरुष ॥ १०.०९७.०८इष्कृंतिनीमं वो माताथों यूयं स्थ निष्कृंतीः ।सीराः पंतुत्रिणीः स्थन् यदामयंति निष्कृंथ ॥ १०.०९७.०९अति विश्वाः परिष्ठाः स्तेन इंव व्रजमंक्रमुः ।ओषंधीः प्राचुंच्यवुर्यत्किं चं तुन्वो॒३॒ं रपंः ॥ १०.०९७.१०यद्रिमा वाजयंत्रहमोषंधीर्हस्तं आदुधे ।आत्मा यक्ष्मंस्य नश्यति पुरा जींवुगृभीं यथा ॥ १०.०९७.११यस्यौषधीः प्रसर्पथाङ्गंमङ्गं परुष्परुः ।ततो यक्ष्मं वि बांधध्व उुग्रो मध्यमुशीरिव १०.०९७.१२साकं यंक्ष्म प्र पंतु चाषेंण किकिदीविनां ।साकं वातंस्य ध्राज्यां साकं नंश्य निहाकंया ॥ १०.०९७.१३अन्या वों अन्यामंवत्वन्यान्यस्या उपांवत ।ताः सर्वाः संविदाना इदं मे प्रावंता वर्चः १०.०९७.१४याः फुलिनीुर्या अंफुला अंपुष्पा याश्चं पुष्पिणीः ।बृह्स्पतिंप्रसूताुस्ता नीं मुञ्चन्त्वंहंसः १०.०९७.१५मुञ्चन्तुं मा शपृथ्या॒३्ंदथों वरुण्यांदुत ।अथों युमस्य पड्बींशाृत्सर्वस्माद्देव किल्बुषात् ॥ १०.०९७.१६ अवुपतंन्तीरवदन्द्विव ओषंधयुस्परिं ।यं जीवमुश्नवांमहै न स रिष्याति पूरुंषः ॥ १०.०९७.१७या ओषंधीः सोमंराज्ञीर्बुह्धीः शुतविंचक्षणाः ।तासां त्वमंस्युत्तमारं कामांय शं हृदे ॥ १०.०९७.१८या ओषंधीः सोमंराज्ञीर्विष्ठिताः पृथिवीमनुं ।बृह्स्पतिंप्रसूता अस्यै सं दंत्त वीर्यम् ॥ १०.०९७.१९मा वों रिषत्खिनता यस्मैं चा्हं खनांमि वः ।द्विपच्चतुंष्पदुस्माकुं सर्वमस्त्वनातुरम् ॥ १०.०९७.२०याश्चेदमुंपशृण्वन्ति याश्चं दूरं परांगताः ।सर्वाः सुंगत्यं वीरुधोऽस्यै सं दंत्त वीर्यम् ॥ १०.०९७.२१ओषंधयुः सं वंदन्ते सोमेंन सुह राज्ञां ।यस्मैं कृणोतिं ब्राह्मणस्तं रांजन्पारयामसि ॥ १०.०९७.२२त्वमुंत्तमास्योंषधे तवं वृक्षा उपंस्तयः ।उपंस्तिरस्तु सो॒३्ंऽस्माक्ं यो अस्माँ अंभिदासंति ॥ १०.०९७.२३

Using this Mantra Charu homa if done daily for 6 Months prevents diseases. Also Prevents shatrukruta oshadi prayoga effect if pathana done for 7 nights pathana. In this Sukta the hundred and seven applications of the brown tinted plants which are ancient being generated for the gods

before the three ages. Effect of those drugs are made thousandfold which helps in making free from disease. Also in this sukta god is requested to abode in the Ashwath, palasa. Where plants are like princes in battle there the sage is designated a physician the destroyer of evil spirits the extirpator of disease. The Aswavathi the somavathi the Urjayanti the Udojasa all these plants helps in overcoming this disease. The virtues of the plants which are desirous of bestowing wealth issue from them man towards your body like cattle from the pen.

In This Sukta the soma the offspring of bhruhaspati give vigour to this infirm body.

# 108th Sukta

किमिच्छन्तीं सुरमा प्रेदमांनड्दूरे हाध्वा जगुंरिः पराचैः ।कास्मेहिंतिः का परितक्य्यासीत्कृथं रुसायां अतरः पर्यांसि ॥ १०.१०८.०१इन्द्रंस्य दूतीरिष्ट्रिता चरामि मह इच्छन्तीं पणयो निधीन्वः ।अतिष्कदों भियसा तन्नं आवृत्तथां रुसायां अतरं पर्यांसि ॥ १०.१०८.०२कीृहङ्ङिन्द्रः सरमे का दृशीका यस्येदं दूतीरसंरः पराकात् ।आ च गच्छांन्मित्रमेना दधामाथा गवां गोपंतिनों भवाति ॥ १०.१०८.०३नाहं तं वेद्व दभ्यं दभुत्स यस्येदं दूतीरसंरं पराकात् ।न तं गूंहन्ति स्रवतों गभीरा हृता इन्द्रंण पणयः शयध्वे ॥ १०.१०८.०४इमा गावंः सरमे या ऐच्छः परिं द्विवो अन्तांनसुभगे पतंन्ती ।कस्तं एना अवं सृजादयुंध्व्युतास्माकृमायुंधा सन्ति तिग्मा ॥ १०.१०८.०५असेन्या वंः पणयो वचांस्यनिष्वव्यास्तन्वः सन्तु पापीः ।अधृष्टो व एतवा अंस्तु पन्या बृहस्पतिंव उभ्या न मृंळात् ॥ १०.१०८.०६अयं निधिः संरमे अद्रिबुध्नो गोभिरश्वेभिवसुंभिन्यृष्टः ।रक्षन्ति तं पणयो ये सुंगोपा रेकुं पुदमलंकृमा जंगन्य ॥ १०.१०८.०७ एह गंमृत्रृषयः सोमंशिता अयास्यो अङ्गिरसो नवंग्वाः ।त एतमूर्वं वि भंजन्त गोनामथैतद्वचः पणयो वमृत्रित् ॥ १०.१०८.०८एवा च त्वं संरम आजृगन्य प्रबांधिता सहंसा दैव्येन ।स्वसारं त्वा कृणवै मा पुनंगी अपं ते गवां सुभगे भजाम ॥ १०.१०८.०९नाहं वेद भ्रातृत्वं नो स्वसृत्विमन्द्रों विदुरङ्गिरसश्च घोराः ।गोकांमा मे अच्छदयुन्यदायुमपातं इत पणयो वरीयः ॥ १०.१०८.१०दृरमिंत पणयो वरीय उद्गावों यन्तु मिनृतीरृतेनं ।बृहस्पतिर्या अविन्दुत्रिगूंळ्हाः सोमो ग्रावाण ऋषयश्च विप्राः ॥ १०.१०८.११

This sukta is useful for offering in Santana Puja of Ashvini using same sukta and offering payasa, tilanna, mamsa, dadhi, pista, saktu, kulmashapala during sandyakala, attains ayushmanta varchasvi putra. This sukta describing of Ashwini Devata is done like Devatas are Conneted together like wings of a birds, two fierce shining fires like two princes, two quick horses, two pleasantly moving well fed hills like Mitra and Varuna, two mad elephants bending their forequarters and smiting the foe like the two sons of Nitosha destroying foes and cheristing, bright as two water born jewels, two powerful, two flying birds with form like the moon attaining success through the mind like two laudable beings and two loud sounding sweet like two bees

# 121ST SUKTA

आपों ह् यद्बृंह्तीर्विश्वमायनार्भं दधांना जनयंन्तीरुग्निम् ।ततों देवानां समंवर्ततासुरेकः कस्मैं देवायं ह्विषां विधेम ॥ १०.१२१.०७

While chanting 7<sup>th</sup> mantra if Gruta lepa if done it will increases Ayu.

# 125th Sukta

अहं रुद्रेभिर्वसुंभिश्चराम्यहमांदित्यैरुत विश्वदेंवैः ।अहं मित्रावर्रुणोभा बिंभर्म्यहिमंन्द्राग्नी अहमृश्विनोभा ॥ १०.१२५.०१अहं सोमंमाहृनसं बिभर्म्यहं त्वष्टांरमुत पूषणं भगम् ।अहं दंधामि द्रविणं ह्विष्मंते सुप्राव्ये३ं यजंमानाय सुन्वते ॥ १०.१२५.०२अहं राष्ट्रीं संगमंनी वसूंनां चिकृतुषीं प्रथमा यिश्चयांनाम् ।तां मां देवा व्यंदधुः पुरुत्रा भूरिंस्थात्रां भूयिविशयंन्तीम् ॥ १०.१२५.०३मया सो अन्नंमित्त् यो विषश्यंति यः प्राणिति य ईं शूणोत्युक्तम् ।अमन्तवो मां त उपं क्षियन्ति श्रुधि श्रुंत श्रद्धिवं तें वदामि ॥ १०.१२५.०४अहमेव स्वयमिदं वंदामि जुष्टं देविभिरुत मानुंषिभः ।यं कामये तंतंमुग्नं कृंणोमि तं ब्रह्माणं तमृषिं तं सुंमेधाम् ॥ १०.१२५.०५अहं रुद्राय धनुरा तंनोमि ब्रह्मद्विषे शरंवे हन्त्वा उं ।अहं जनांय समदं कृणोम्यहं द्यावांपृथिवी आ विवेश ॥ १०.१२५.०६अहं सुंवे पितरंमस्य मूर्धन्मम् योनिंरप्स्व१ं न्तः संमुद्रे ।ततो वि तिष्ठे भुवनानु विश्वोतामूं द्यां वृष्मणोपं स्पृशामि ॥ १०.१२५.०७अहमेव वातं इव प्र वांम्यारभंमाणा भुवंनानि विश्वां ।परो दिवा पर एना पंथिव्यैतावंती महिना सं बंभुव ॥ १०.१२५.०८

Chanting of this Sukta Make the person Vagmi. According to rigvidhana. Pathana of Natmaho ruk removes all the Papa. Also with Pampatyajya Abhishekha 3 vrutta suvarna mani – abhisheka – dharana shira or kantha or ura prevents abhicara krutya. Also Pathana of Ayushya Khila Suktha provides Ayu and Varcha Dayaka

### 137 Sukta

उत देवा अवंहितं देवा उन्नयथा पुनंः ।उतागंश्चक्रुषं देवा देवां जीवयंथा पुनंः ॥ १०.१३७.०१द्वाविमौ वातौं वात् आ सिन्धोरा पंरावतंः ।दक्षं ते अन्य आ वांतु परान्यो वांतु यद्रपंः ॥ १०.१३७.०२आ वांत वाहि भेषजं वि वांत वाहि यद्रपंः ।त्वं हि विश्वभेषजो देवानां दूत ईयंसे ॥ १०.१३७.०३आ त्वांगमं शंतांतिभिरथों अरिष्टतांतिभिः ।दक्षं ते भद्रमाभांषुं परा यक्ष्मं सुवामि ते ॥ १०.१३७.०४त्रायंन्तामिह देवास्त्रायंतां मुरुतां गुणः ।त्रायंन्तां विश्वां भूतानि यथायमंरुपा असंत् ॥ १०.१३७.०५आप इद्वा उं भेषाजीरापों अमीवचातंनीः

।आपः सर्वस्य भेषुजीस्तास्तें कृण्वन्तु भेषुजम् ॥ १०.१३७.०६हस्तांभ्यां दर्शशाखाभ्यां जिह्वा वाचः पुंरोगवी ।अनाम्यित्नुभ्यां त्वा ताभ्यां त्वोपं स्पृशामसि ॥ १०.१३७.०७

This sukta will chanted for prevention of roga. In this Sukta God provide life to again who has committed sin, also he is the one who brings vigor to blow away all evil. Also here state that Breathing of the wind medicinal balm blow away wind all evil, Vayu provides protections, fortunate vigour and drive away disease. Similarly the medicinal waters are the dissipaters of disease, it is the medicines for everything's. The tongue bearing cleansed by the ten branched hands the forerunner of speech with those hands the removes of diseases.

Also Sampatyajya lepa dose shamana of all the Roga including Ajeerna. Also pathana of Shraddha and Medha Suktha and consuming BHrahmi Svarasa for 3 days provide Medha. Brahmi Svarasa – 3 day medha siddi, Shankha pushpa with milk, Brhmi Pushpa – with ghee, Shatavari with milk and Vaca with jala or gruta 3 days achieves shraddha, medhadharana shakti, ayu, bala and ishvarya

#### 61 SUKTA

मुञ्चामिं त्वा ह्विषा जीवंनाय कमंज्ञातयक्ष्मादुत रांजयक्ष्मात् ।ग्राहिंर्जुग्राह् यदि वैतदेंनं तस्यां इन्द्राग्नी प्र मंुमुक्तमेनम् ॥ १०.१६१.०१यदि क्षितायुर्यदि वा परेंतो यदि मृत्योरंन्त्विकं नींत एव ।तमा हंरामि निरृंतेरुपस्थादस्पांषिमेनं शत्रशांरदाय ॥ १०.१६१.०२सहस्राक्षेणं शत्रशांरदेन शतायुंषा ह्विषाहांषिमेनम् ।श्वतं यथेमं श्रुरदो नयातीन्द्रो विश्वंस्य दुरितस्यं पारम् ॥ १०.१६१.०३शृतं जींव शुरदो वर्धमानः शृतं हेंमन्ताञ्छतमुं वसन्तान् ।श्वतिमंन्द्राग्नी संविता बृहस्पतिः श्वतायुंषा ह्विषेमं पुनंदुः ॥ १०.१६१.०४आहांर्षं त्वाविदं त्वा पुन्रागाः पुनर्नव ।सर्वाङ्ग सर्वं ते चक्षुः सर्वमायुंश्च तेऽविदम् ॥ १०.१६१.०५

This sukta homa is useful for treating Hrudroga Holding darba, ajya ahuti sampajya 9remaining ajya) with milk consumption, Kadira and Kusta qith water, ghee honey.

# **162 SUKTA**

ब्रह्मणाृग्निः संविदानो रंक्षो्हा बांधतामितः ।अमीवा यस्ते गर्भं दुर्णामा योनिमा्शयें ॥ १०.१६२.०१यस्ते गर्भममीवा दुर्णामा योनिमा्शयें ।अग्निष्ठं ब्रह्मणा सह निष्कृत्यादंमनीनशत् ॥ १०.१६२.०२यस्ते हन्तिं पतयंन्तं निष्ठत्स्रुं यः संरीसृपम् ।जातं यस्ते जिघांसित तिमृतो नांशयामिस ॥ १०.१६२.०३यस्तं कुरू विहरंत्यन्तरा दम्पंती शयें ।योनिं यो अन्तरारेव्व्हि तिमृतो नांशयामिस ॥ १०.१६२.०४यस्त्वा भ्राता पतिभूत्वा जारो भूत्वा निपद्यंते ।प्रजां यस्ते जिघांसित तिमृतो नांशयामिस ॥ १०.१६२.०५यस्त्वा स्वप्नेन तमंसा मोहियत्वा निपद्यंते ।प्रजां यस्ते जिघांसित तिमृतो नांशयामिस ॥ १०.१६२.०५यस्त्वा स्वप्नेन तमंसा मोहियत्वा निपद्यंते ।प्रजां यस्ते जिघांसित तिमृतो नांशयामिस ॥ १०.१६२.०६

This sukta pathana is useful for preventing Garbhasrava. Whe a lady confirms pregnancy to prevent abortion, Homa should be carried out with Ajya and remaining Ajya should be consumed orally and applied externally by lady, this helps for live birth. Also along with Homa mani should be kept and should be tied to head of the lady with three thread along with ashwatta tender fruits after reciting 10 Gayatri japa and Svasti vachana by Brahmana. This process should be done during 3<sup>rd</sup> month of pregnancy, which provides male child.

The child born should be smeared with ajya and with in one year japa homa should be counducted In this sukta Agni is prayed considering him as destroyer of the rakshasa and destroyes the evil spirit causing the sickness durnaman. Also in this sukta specifies that the evil spirit can destroy the impregnating energy the germ as it settles the moving embryo who seeks to destroys the babe when born and effects the seed during the conception.

# 163 SUKTA, 1<sup>ST</sup> RUK

अक्षीभ्यां ते नासिंकाभ्यां कर्णाभ्यां छुबुंकादिधं ।यक्ष्मं शीर्षण्यं मस्तिष्कांज्जिह्नाया वि वृंहामि ते ॥ १०.१६३.०१ग्रीवाभ्यंस्त उष्णिहांभ्यः कीकंसाभ्यो अनूक्यांत् ।यक्ष्मं दोषण्य१ं मंसांभ्यां बाहुभ्यां वि वृंहामि ते ॥ १०.१६३.०२आन्त्रेभ्यंस्ते गुदांभ्यो विनृष्ठोर्हृदंयादिधं ।यक्ष्मं मतस्त्राभ्यां यक्नः प्लाशिभ्यों वि वृंहामि ते ॥ १०.१६३.०३ऊरुभ्यां ते अष्ठीवद्भ्यां पाष्णिभ्यां प्रपंदाभ्याम् ।यक्ष्मं श्रोणिभ्यां भासंदाद्धंसंसो वि वृंहामि ते ॥ १०.१६३.०४मेहंनाद्वनंकरंणाल्लोमंभ्यस्ते नुखेभ्यः ।यक्ष्मं सर्वस्मादात्मनुस्तिमुदं वि वृंहामि ते ॥

१०.१६३.०५अङ्गांदङ्गाल्लोम्नोंलोम्नो जातं पर्वणिपर्वणि ।यक्ष्मां सर्वस्मादात्मनस्तिमदं वि वृंहामि ते ॥ १०.१६३.०६

This Sukta is useful for treating the Kshaya Roga and Ajya should be smeared to hand and head, ear, eyes, chin and nose should be touched daily.

# 164 SUKTA, 1<sup>ST</sup> RUK

विष्णुर्योनिं कल्पयतु त्वष्टां रूपाणिं पिंशतु ।आ सिंञ्चतु प्रजापंतिर्धाता गर्भं दधातु ते ॥ १०.१८४.०१गर्भं धेहि सिनीवालि गर्भं धेहि सरस्वति ।गर्भं ते अश्विनौं देवावा धंत्तां पुष्कंरस्रजा ॥ १०.१८४.०२हिर्ण्ययीं अरणी यं निर्मन्थंतो अश्विनां ।तं ते गर्भं हवामहे दशुमे मासि सूतंवे ॥ १०.१८४.०३

In this sukta prayed Prajapati Sinivali Saraswati and Aswins for nourishing and Sustaining the embrayo bring it forth in the 10<sup>th</sup> month. Hence this sukta is useful for sustaining the same.

# 189th Sukta 1st 3rd ruk

आयं गौः पृश्निरक्रमीदसंदन्मातरं पुरः । पितरं च प्रयन्स्वंः ॥ १०.१८९.०१ अन्तश्चरित रोचनास्य प्राणादंपानती । व्यंख्यन्मिहृषो दिवंम् ॥ १०.१८९.०२त्रिंशद्धाम् वि रांजित् वाक्पंतुंगायं धीयते ।प्रति वस्तोरह् द्युभिंः ॥ १०.१८९.०३

This Sukta is useful for avoiding Sarpa Bhada.

Table no 11
Observation of Daiva Vyapashraya Chikitsa in Rigveda

SI	Indication	Mandala	Sukta	Method
31	indication	Manuala	No No	Wethod
1	Ajeerna	3	26	Chanting before food
2	asatya dosha	8	101	Japa of 11 <sup>th</sup> ruk while seeing surya
3	asthi and charma dosha	8	3	Chanting of 13 <sup>th</sup> ruk daily
4	Bala	8	35	24 ruks are useful in Ashwini Mantra
5	Deergayu	1	1	Longlife, Useful in Soma Yaga
		1	23	improve Ayu and Arogya
		1	25	Longlife
		1	97	Reduces Vidvesha, increases Oja, Ayu and destroys Shatru
		1	112	Yuva avasta and deergayu, destroys papa
		1	115	increases life span and wealth.
		5	24	achieve Dhana and Ayu
		6	52	Ajya Homa, which improves Ayu.
		7	32	Ayu vruddi
		7	66	chanting achives deerghayu.
		10	14	Astami/chaturdashi- puja of yama- homa, Deerghayu.
		10	58	keeping hand over head - chanted-protect the ayu.
		10	121	Gruta lepa -increases Ayu.
6	Dundubi	6	47	Doing japa in ranaranga, doing sparsha of dundubi solders strength increases.
7	Dura Desha Gamana	1	42	Dura Desha Gamana
8	Dusvapnanashana	1	99	prevents bad dreams
		1	101	Japa for 3 nights Prevents dusvapna, homa cures all the disease
		1	120	Bad dreams
		2	27	Chanting
		7	55	This Sukta pathana Prevents bhuta bhade, dusvapna
9	Garbhadhana		108	for offering in Santana Puja of Ashvini and bali during sandyakala attains ayushmanta varchasvi putra.

10	garbharaksha	1	104	Protects child in womb, destroys papa	
		7	46	protects our progenyagainst diseases,	
		10	162	preventing Garbhasrava	
		10	164	In this sukta prayed Prajapati Sinival Saraswati and Aswins for nourishing and Sustaining the embrayo bring it forth in the 10 <sup>th</sup> month	
11	Hrudroga	10	161	This sukta homa is useful for treating Hrudroga Holding darba , ajya ahuti sampajya 9remaining ajya) with milk consumption, Kadira and Kusta qith water, ghee honey	
12	Kshayaroga	10	163	Ajya should be smeared to hand and head ear, eyes, chin and nose should be touched daily.	
13	Mahodara, Papa Nasha, Deerghayu	1	24	daily for three times get devoid from all Papa and attains sukha. Doing dhyana of Sun while chanting and doing Homa with Ghrita attains long life, Helps to treat Mahodara	
14	Medha	1	03-09	enlightens the peoples mind	
		1	8	Medha	
		3	52	Doing Japa by dumb, Ajnani, Vidya hina overcome problem by 2 month	
		6	61	Doing Japa daily makes person Vagmi and Buddiman.	
		8	16	Japa of above sukta with surya darshana make person victory in vada vivada and does shatru nasha.	
		10	45	Chanting prayed for Jatavedasa makes person Shraddavanta.	
		10	125	Chanting of this Sukta Make the person Vagmi.	
15	Moksha	4	40	Doing japa of 5 <sup>th</sup> ruk seeing surya Attains bhrahma loka.	
		10	63	Chanting of this sukta is useful in achiving the Svarga and Svasthya	
16	mrutyubhaya nasha	10	18	chanting of 1st rukt for one year at Night, consuming little food one can clear all the mrutyu bhaya.	

17	Oushadhalabha	1	34	Aswin is prayed thrice to grant us the medicaments of heaven
		1	43	Rudra for obtaining medicine
18	Papa Nasha	1	104	Protects child in womb, destroys papa
		1	112	Yuva avasta and deergayu, destroys papa
		1	164	papa karma get reduced
		1	179	helps to attain all the desire and destroyes the sin
19	Prasava	1	101	easy Prasava
		5	78	shree suktha-sukha prasava of garbhini and for preventing shatru
20	prevents roga	10	137	This sukta will chanted for prevention of roga.
21	protection of Ahara Dhanya, place of residence, fear	1	23	varuna and Mitra for protection of Ahara Dhanya, place of residence, fear from the enemy.
	from the enemy.	1	98	varuna and Mitra for protection of Ahara Dhanya, place of residence, fear from the enemy.
22	Putra	1	4	chanting makes happy provides wealth, putra sampat, etc shresta vara. 9th ruk chanted To attain pashu, Putra, Dhana etc wealth the power ful person in Yuddha
		1	114	vidya, wealth, offspring
		1	141	for getting obedient and energetic son the receptacle learning and other merits
		1	1	Mantra with Agni Sthapana – get veera Putra
		2	32	Shukla Paksha Shashti, Homa with Ajya & Ksheeranna, consuming remaining food attains good offspring.
		5	46	.In this ruk requesting wives of the gods, for the protection of vigorous offspring and aboundent food
		6	3	Chanting daily and conducting Aajya Homa, person get Rupavati, Dharmistha santati.

		7	1	As per rigvidhana this Sukta is useful for Ajya Japa to attain Putra, Ayu, Arogya and Sukha.
		8	12	Pathana of above ruk and sparshana with nabhi – Ayu vruddi for pati and increases 100 children
		8	71	Chanting of this ruk to pray god Surya achieves shatrujaya and Santati labh
23	Rakashasa Bhada	1	22	prevents fro Rakashasa Bhada
			48	Japa of above Sukta if done by holding truna and visarjana in jala – achieves all phala and removes shatru, rakshasa bhaya
		7	13	Japa in sandhyakala of above ruk prevents rakshasa bhada
		7	104	After doing Japa of 3 <sup>rd</sup> ruk, if Dana is given to to Bhrahmana one can becomeSarva Shastra sampanna.
		8	17	Doing Puja of vaishva deva with above Ruk prevents bhuta, roga and achieve sukha
		9	88	Daily Chanting of Rakshohanam sukta and performing Homa and doing Ajya Ahuti useful in Shanty Karma, Havishvamti sukta chanting daily for 6 months seeing surya Removes kutsitanna dosha, vaishvanara vidye will become vasha.
		1	133	Destroys Rakshasa.
24	Rogahara	1	35	clearing the diseases.
		1	50	Get ride from disease
		1	101	Japa for 3 nightsPrevents du Svapna, homa cures all the disease
		1	181	Chanting during Bhojana Kala attains good food, dose not get any disease due to food, even poison converts into food. Food consumed without speaking, clean, shanta mana dose not get any disease
		2	33	Person suffuring withSever Disease on Krishna Paksha Caturdashi, doing Ajya and Havi Homa, worshiping Rudra and consuming remaining food with in one mont get releaved from diseases and death
1		5	18	Pathana by diseased person cures disease.

		7	51	This above mentioned sukta pathana at morning time useful for shatru nasha and roga nasha	
25	Sandhyavandhana	1	35	useful during Sandyavandana for giving Arghya to Surya	
26	Santana and Sampat, deerghayu	1	30	Santana and Sampat, deerghayu	
27	sarva sukha	2	12	1 Day achive wealth, 2 days special siddi, 3 day Health, 4 days more food, 5 day – Brahma Varcas, 6 day – Ayu, 7 day – achive offspring, 8 days – Pusti	
		2	23	Sukta Japa – Attains sarva Sukha and Sarva Kama Siddhi	
		3	62	all benefits	
		5	38	This sukta is useful to pray the God indra and helps to achieves mahat sukha	
		6	69	Chanting of this sukta helps to achieve all the desire.	
		6	74	Chanting of these Mantra removes all the Papa, Abhishapa and kukarma person attains shuddi	
		8	32	Chanting of this Ruk 1 <sup>st</sup> to 5 <sup>th</sup> before bhojana helps to attain Sarva Kama and Removes all the Papa.	
		10	97	Using this Mantra Charu homa if done daily for 6 Months prevents diseases. Also Prevents shatrukruta oshadi prayoga effect if pathana done for 7 nights pathana.	
28	Shapahara	10	35	Doing Nitya Japa with this sukta helps to remove all the Shapa	
29	Shuchitva	5	51	daily pathana of 15th ruk after doing shuchi karma attain suchitva always. In this sukta 15th RUK to 20th RUK are useful in 6th day of Shashthyaha Yaga.	
30	Somarasa	1	27	while collecting somarasa	
31	Somayaga	1	1	Longlife, Useful in Soma Yaga	
		1	2	Somayaga	
		1	40	Somayaga, achieve sukha	
32	svasthyayana	1	84	Svasthyayana	

33	vak dosha	8	100	1 <sup>st</sup> two ruk chanting during Gouri pooja makes samskara of vak and prevents asat vani dosha.
34	Vidya	1	114	vidya, wealth, offspring
35	vigour, progeny and long life	1	23	praying agni for providing vigour, progeny and long life
36	Vishahara	1	191	prevents the toxic effect of Snake bite or due to Drusti Dosha. Also reduces the poison due to Saeesrupa, Scorpion etc or pison due to food. Also Japa of this sukta is benifitial in achieving intellect, wealth, child, fortune, health, nourishment, education and fame.
		10	189	This Sukta is useful for avoiding Sarpa Bhada.
37	Yuvavastha	1	112	3 to 5 Yuva avasta and deergayu, destroys papa

Above are the observation made in Rigveda Samhita

Table No 12
Consolidate References of Daivavyapashraya in Rigveda

Sl	Indication	No
1	Deergayu	13
2	Putra	10
3	Sarva Sukha	8
4	Medha	7
5	Rakashasa Bhada	7
6	Rogahara	7
7	Dusvapnanashana	5
8	Garbharaksha	4
9	Papa Nasha	4
10	Somayaga	3
11	Moksha	2
12	Oushadhalabha	2
13	Prasava	2
14	Protection Of Ahara Dhanya, Place Of Residence, Fear From The Enemy.	2

15	Vishahara	2
16	Ajeerna	1
17	Asatya Dosha	1
18	Asthi And Charma Dosha	1
19	Bala	1
20	Dundubi	1
21	Dura Desha Gamana	1
22	Garbhadhana	1
23	Hrudroga	1
24	Kshayaroga	1
25	Mahodara, Papa Nasha,	1
	Deerghayu	
26	Mrutyubhaya Nasha	1
27	Prevents Roga	1
28	Sandhyavandhana	1
29	Santana And Sampat, Deerghayu	1

30	Shapahara	1
31	Shuchitva	1
32	Somarasa	1
33	Svasthyayana	1

34	Vak Dosha	1
35	Vidya	1
36	Vigour, Progeny And	1
	Long Life	
37	Yuvavastha	1

To treat Ajeerna (no=1), Asatya Dosha (n=1), Asthi And Charma Dosha (n=1), to increase Bala (n=1), to obtain deerghayu (n=13), to prevent the effect of Agantu karana (n=1)Dura Desha Gamana to prevent dusvapna (n=5), Garbhadhana & Garbha Samskara (n=6), to iniate Prasana (n=2), to treat hrudroga (n=1), to treat Kshayaroga (n=1), to increase medha (n=7), Medha (n=7), to remove Vak Dosha (n=1), to get vidya (n=1) to get putra (n=10), to get Santana And Sampat, Deerghayu (n=1),

To prevent effect of Rakshasa (n=7), vishahara suktha (n=3), somayaga (n=4), to achieve Sarva Suktha (n=8), to reduce papa (n=5) to reduce Mahodara, Papa Nasha and to get Deerghayu (n=1), to get Moksha (n=2) Mrutyubhaya Nasha (n=1), to get Oushadhalabha(n=2), Prevents Roga(n=1) Protection Of Ahara Dhanya, Place Of Residence, Fear From The Enemy(n=2), Rogahara (n=7), Sandhyavandhana(n=1), Shuchitva(n=1), Svasthyayana(n=1), to get Vigour, Progeny And Long Life (n=1), to get Yuvavastha(n=1)

### ATHARVA VEDA

### 1<sup>st</sup> SUKTA

## **MEDHA SUKTA**

Rushi – Atharva, God Vacaspati, related to Vak Shakti, Chanda used for writing is Anustup, 4 catushpada Virat Urobruhati

ये त्रिषप्ताः परियन्ति विश्वा रूपाणि बिभ्रतः । वाचस्पतिर्बला तेषां तन्वो अद्य दधातु मे ॥१॥इहैवाभि वि तनूभे आर्जी इव ज्यया । वाचस्पतिर्नि यछतु मय्येवास्तु मिय श्रुतम् ॥३॥उपहूतो वाचस्पतिरुपास्मान् वाचस्पतिर्ह्वयताम् ।सं श्रुतेन गमेमिह मा श्रुतेन वि राधिषि ॥४॥

In this sukta prayed for Vachaspati which bear, wear, and comprise the entire world of forms in existence are the three seven considered to be lord of speech, awareness, and the phenomenal universe prayed for all forms of knowledge. Vachaspati, source of wisdom, power, money, and value. Prayed for both instructor and the student, in the process of learning and teaching, be at the optimal tension of joyful instruction, lead the discipline.

#### **UTILITY**

Manana of This Sukta is helpful for achieving Jnana, increase memory, grasping capabilities, power of intuition, and overall intelligence. Hence this sukta is benificial for the students who study Veda and this also provides the knowledge of sapta padartha. Also it can be chanted during Pushpabhisheka for the King. This sukta recitation the devout, this can inculcate even in their new-borns supreme intellectual abilities. <sup>23</sup>

#### 2 SUKTA

### VIJAYA SUKTA – AGAINST INJURY FROM THE DISEASE

विद्मा शरस्य पितरं पर्जन्यं भूरिधायसम् । विद्मो ष्वस्य मातरं पृथिवीं भूरिवर्पसम् ॥१॥ज्याके परि णो नमाश्मानं तन्वं कृिध । वीडुर्वरीयोऽरातीरप द्वेषांस्या कृिध ॥२॥वृक्षं यद्गावः परिषस्वजाना अनुस्फुरं शरमर्चन्त्यृभुम् । शरुमस्मद्यावय दिद्युमिन्द्र ॥३॥यथा द्यां च पृथिवीं चान्तस्तिष्ठति तेजनम् । एवा रोगं चास्रावं चान्तस्तिष्ठतु मुञ्ज इत्॥४॥

Here father of the wave, Parjanya, breadwinner, mother well Prithivi prayed for strength, drive away the distant evil and full of hatred. Also during fight Munja herb keeps between sickness and dysentery.

#### **UTILITY**

Not present in Paippalada Brahmana, but 5,6Ruk are commonly reffered as Sangramika Mantra to avoid wounds by arrows, also for the purpose of healing of wound as Upakrama and considered to belongs to Mahashanti by name Aparajita Ghana. 7<sup>th</sup> and 8<sup>th</sup> Ruk found in Paipp (xix). This is useful in Mutratisara for by Koushika Sutra doubtful, however Bloomfeild interpret as diarrhoea.<sup>24</sup>

# 3<sup>RD</sup> AROGYA SUKTA

विद्मा शरस्य पितरं पर्जन्यं शतवृष्ण्यम् ।तेना ते तन्वे शं करं पृथिव्यां ते निषेचनं बिहिष्टे अस्तु बालिति ॥१॥ विद्मा शरस्य पितरं मित्रं शतवृष्ण्यम् ।तेना ते तन्वे शं करं पृथिव्यां ते निषेचनं बिहिष्टे अस्तु बालिति ॥२॥ विद्मा शरस्य पितरं वरुणं शतवृष्ण्यम् । तेना ते तन्वे शं करं पृथिव्यां ते निषेचनं बिहिष्टे अस्तु बालिति ॥३॥ विद्मा शरस्य पितरं चन्द्रं शतवृष्ण्यम् । तेना ते तन्वे शं करं पृथिव्यां ते निषेचनं बिहिष्टे अस्तु बालिति ॥४॥ विद्मा शरस्य पितरं सूर्यं शतवृष्ण्यम् ।तेना ते तन्वे शं करं पृथिव्यां ते निषेचनं बिहिष्टे अस्तु बालिति ॥५॥

In this sukta father of the **tree**, Parjanya father of the **tree**, Mitra, Varuna and sun and Moon the father of the shaft for health, make body free from old.<sup>25</sup>

# **UTILITY**

These Mantras are considered as the Gana Mantra which are helpful for achieving the Arogya of Vruksha and Vanaspati. Here the truna Vishesha Shara is described. In this sukta 5 Pita are explained – Parjanya – provide rain, Mitra – provide Prana Vayu, Varuna – god of Jala, Chandra – King of Moon, Surya – god of life

## MUTRA DOSHA NIVARANA SUKTA

यदान्त्रेषु गवीन्योर्यद्वस्तावधि संश्रितम् । एवा ते मूत्रं मुच्यतां बहिर्बालिति सर्वकम् ॥६॥

प्र ते भिनिद्म मेहनं वर्त्रं वेशन्त्या इव । एवा ते मूत्रं मुच्यतां बिहर्बालिति सर्वकम् ॥७॥ विषितं ते वस्तिबिलं समुद्रस्योदधेरिव एवा ते मूत्रं मुच्यतां बिहर्बालिति सर्वकम् ॥८॥ यथेषुका परापतदवसृष्टाधि धन्वनः । एवा ते मूत्रं मुच्यतां बिहर्बालिति सर्वकम् ॥९॥

In this Sukta Mutra which is prepared from Pakvashaya, Gavini and Basti come out of the body through urethra just like water come out of dam, ocean or pond. How arrow go out of the body with high speed similarly urine come out of the body.

UTILITY: This sukta is useful against obstruction of Urine.<sup>26</sup>

# $4^{TH}$ , $5^{TH}$ AND $6^{TH}$ SUKTA

# APAM BHESHAJA (JALA CHIKITSA SUKTA)

अम्बयो यन्त्यध्वभिर्जामयो अध्वरीयताम् ।पृञ्चतीर्मधुना पयः ॥१॥ अमूर्या उप सूर्ये याभिर्वा सूर्यः सह ।ता नो हिन्वन्त्वध्वरम् ॥२॥ अपो देवीरुप हृये यत्र गावः पिबन्ति नः । सिन्धुभ्यः कर्त्वं हविः ॥३॥ अप्स्वन्तरमृतमप्सु भेषजम् ।अपामुत प्रशस्तिभिरश्वा भवथ वाजिनो गावो भवथ वाजिनीः ॥४॥

In this sukta river is described which is part of a ceremony to heal sick kine and of a good fortune ceremony.

**UTILITY**: The hymn is not found in Paippalada, it and the two that next follow are reckoned by Koushika to both *Shanti Gana*, *Apam Sukta* or water-hymns, applied in various ceremonies; and by some to the *salila gaṇa*.

आपो हि ष्ठा मयोभुवस्ता न ऊर्जे दधातन महे रणाय चक्षसे ॥१॥तस्मा अरं गमाम वो यस्य क्षयाय जिन्वथ आपो जनयथा च नः ॥३॥ईशाना वार्याणां क्षयन्तीश्चर्षणीनाम्) अपो याचामि भेषजम् ॥४॥

शं नो देवीरभिष्टय आपो भवन्तु पीतये शं योरभि स्रवन्तु नः ॥१॥अप्सु मे सोमो अब्रवीदन्तर्विश्वानि भेषजा अग्निं च विश्वशंभुवम् ॥२॥आपः पृणीत भेषजं वरूथं तन्वे मम ज्योक्च सूर्यं दृशे ॥३॥

शं न आपो धन्वन्याः शमु सन्त्वनूप्याःशं नः खनित्रिमा आपः शमु याः कुम्भ आभृताः शिवा नः सन्तु वार्षिकीः ॥४॥

In this sukta water is compared for mother, water which is purified by sun good for health, water is oushadha, amruta, because of its good quality horse and cows becomes stronger. Water quality changes which is treated with sunrays. Water which is having moment and devoid of moment quality is different. Water also caries honey I,e flowers and pollen and content of trees. The qualities of water are differet which is treated with animals which come for drinking water. Water itself is amruta and kalyanakari Utility: Not present in Paippa in cluded in Shanti Gana as per koushika sutra recited in ceremony of good fortune. 5<sup>th</sup> and 6<sup>th</sup> are known as Sambhumayobhu, useful in house building ceramoney.<sup>27</sup>

# 11th SUKTA NARI SUKHA PRASUTI SUKTA

वषट्ते पूषन्न् अस्मिन्त्सूतावर्यमा होता कृणोतु वेधाः ।सिस्रतां नार्यृतप्रजाता वि पर्वाणि जिहतां सूतवा उ ॥१॥ चतस्रो दिवः प्रदिशश्चतस्रो भूम्या उत ।देवा गर्भं समैरयन् तं व्यूर्णुवन्तु सूतवे ॥२॥

सूषा व्यूर्णीतु वि योनिं हापयामिस । १४ थया सूषणे त्वमव त्वं बिष्कले सृज ॥ ३॥ नेव मांसे न पीविस नेव मज्जस्वाहतम् । अवैतु पृश्नि शेवलं शुने जराय्वत्तवेऽव जरायु पद्यताम् ॥ ४॥ वि ते भिनिद्य मेहनं वि योनिं वि गवीनिके । वि मातरं च पुत्रं च वि कुमारं जरायुणाव जरायु पद्यताम् ॥ ५॥ यथा वातो यथा मनो यथा पतन्ति पक्षिणः । एवा त्वं दशमास्य साकं जरायुणा पताव जरायु पद्यताम् ॥ ६॥

Here god Agni who is considered to be Jata veda – who makes srusti properly, Paramestin – who got the state of samadhi, Tanuvashin – who has control over Indriya and Mana, Nrucaksha – provides Dharma Margha, Deva – Prakashamana, Agni – who removes Andhakara. God is prayed for permiting the woman, rightly engendered, be relaxed; permit her joints cross aside so as to birth. God prayed for uncloser *Yoni*. Not because it had been stuckin the flesh, now no longer withinside the fat, now no longer because it had been withinside the marrows, allow the noticed slimy afterbirth come down, for the canine to eat; allow the afterbirth descend. I split apart thy urinator, apart the *yoni* apart the twogroins, apart both the mother and the child, apart the boy from the afterbirth; let the afterbirth descend.

UTILITY: Useful for safe delivery.<sup>28</sup>

# 12<sup>TH</sup> YAKSHMA NASHANA SUKTA

जरायुजः प्रथम उस्तियो वृषा वाताभ्रजा स्तनयन्न् एति वृष्ट्या । स नो मृडाति तन्व ऋजुगो रुजन् य एकमोजस्त्रेधा विचक्रमे ॥१॥ अङ्गेअङ्गे शोचिषा शिश्रियाणं नमस्यन्तस्त्वा हविषा विधेम ।अङ्गान्त्समङ्कान् हविषा विधेम यो अग्रभीत्पर्वास्या ग्रभीता ॥२॥ मुञ्च शीर्षक्त्या उत कास एनं परुष्परुराविवेशा यो अस्य ।यो अभ्रजा वातजा यश्च शुष्मो वनस्पतीन्त्सचतां पर्वतांश्च ॥३॥ शं मे परस्मै गात्राय शमस्त्ववराय मे ।शं मे चतुर्भ्यो अङ्गेभ्यः शमस्तु तन्वे मम ॥४॥

In this sukta Sun whomakes clouds with Vayu responsible for the rain, moves in sky and removes Dosha and Provides Sukha for all the body part. Prayed him to remove head ache, cough etc,

UTILITY: It is present in Takmanashana Gana and Useful in healing ceremony against disease arising from hurtful changes of wind, bile, or phlegm, and against bad weather *durdina*.<sup>29</sup>

# $17^{\mathrm{TH}}$ RUDHIRA SRAVA NIVRURTNA DHAMANI BANDANA SUKTA

अमूर्या यन्ति योषितो हिरा लोहितवाससः ।अभ्रातर इव जामयस्तिष्ठन्तु हतवर्चसः ॥१॥ तिष्ठावरे तिष्ठ पर उत त्वं तिष्ठ मध्यमे ।कनिष्ठिका च तिष्ठति तिष्ठादिद्धमनिर्मही ॥२॥ शतस्य धमनीनां सहस्रस्य हिराणाम् ।अस्थुरिन् मध्यमा इमाः साकमन्ता अरंसत ॥३॥परि वः सिकतावती धनूर्बृहत्यक्रमीत्।तिष्ठतेलयता सु कम् ॥४॥

Blood which is red circulating all over the body through artery, when ever it got injured we need to stop the bleeding. The vessels which are superficial or deep, small or big need to be stopped.

UTILITY: It is useful to stop the flow of blood as result of a knife wound and the like, and also of disordered menses.<sup>30</sup>

# 22<sup>ND</sup> HRUDROGA KAMALA NASHANA SUKTA

अनु सूर्यमुदयतां हृद्योतो हिरमा च ते ।गो रोहितस्य वर्णेन तेन त्वा परि दध्मिस ॥१॥ परि त्वा रोहितैर्वर्णैर्दीर्घायुत्वाय दध्मिस ।यथायमरपा असदथो अहिरतो भुवत्॥२॥ या रोहिणीर्देवत्या गावो या उत रोहिणीः । रूपंरूपं वयोवयस्ताभिष्ट्वा परि दध्मिस ॥३॥ शुकेषु ते हिरमाणं रोपणाकासु दध्मिस ।अथो हारिद्रवेषु ते हिरमाणं नि दध्मिस ॥४॥

Prayed for reducing Hrudyoma and Halima, like it get covered behind the sun. The cow which are Rohita varna and Sun rays which are red makes person devoid of the disease, disease and removes Halima which makes person yellow colour.

UTILITY: this sukta is useful for treating Hrudroga.<sup>31</sup>

# 23RD AND 24th SHVETA KUSTHA NASHANA SUKTA

नक्तंजातासि ओषधे रामे कृष्णे असिक्नि च । इदं रजिन रजय किलासं पिलतं च यत्॥१॥ किलासं च पिलतं च निरितो नाशया पृषत्।आ त्वा स्वो विशतां वर्णः परा शुक्लानि पातय ॥२॥

असितं ते प्रलयनमास्थानमसितं तव । असिक्नी अस्योषधे निरितो नाशया पृषत्॥३॥

अस्थिजस्य किलासस्य तनूजस्य च यत्त्वचि ।दूष्या कृतस्य ब्रह्मणा लक्ष्म श्वेतमनीनशम् ॥४॥ सुपर्णो जातः प्रथमस्तस्य त्वं पित्तमासिथ ।तदासुरी युधा जिता रूपं चक्रे वनस्पतीन् ॥१॥ आसुरी चक्रे प्रथमेदं किलासभेषजिमदं किलासनाशनम् ।अनीनशिक्तिलासं सरूपामकरत्त्वचम् ॥२॥ सरूपा नाम ते माता सरूपो नाम ते पिता ।सरूपकृत्त्वमोषधे सा सरूपिमदं कृधि ॥३॥ श्यामा सरूपंकरणी पृथिव्या अध्युद्भृता ।इदमू षु प्र साधय पुना रूपाणि कल्पय ॥४॥

In this suktha the terms Rama and Krushna are used to indicate medicine. Mentioned as the Asurawoman first made this remedy for leprous spot, this effacer of leprous spot and it has made the leprous spot disappear, has made the skin uniform.

UTILITY: this sukta is useful for treating Shveta Kustha<sup>32</sup>

# 25<sup>TH</sup> JVARA NASHAKA SUKTA

यदिग्नरापो अदहत्प्रविश्य यत्राकृण्वन् धर्मधृतो नमांसि ।तत्र त आहुः परमं जिनत्रं स नः संविद्वान् पिर वृङ्ग्धि तक्मन् ॥१॥ यद्यर्चिर्यदि वासि शोचिः शकल्येषि यदि वा ते जिनत्रम् । हूडुर्नामासि हरितस्य देव स नः संविद्वान् पिर वृङ्ग्धि तक्मन् ॥२॥ यदि शोको यदि वाभिशोको यदि वा राज्ञो वरुणस्यासि पुत्रः ।हूडुर्नामासि हरितस्य देव स नः संविद्वान् पिर वृङ्ग्धि तक्मन् ॥३॥ नमः शीताय तक्मने नमो रूराय शोचिषे कृणोिम ।यो अन्येद्युरुभयद्युरभ्येति तृतीयकाय नमो अस्तु तक्मने ॥४॥

In this sukta, prayed for avoiding fever.

**UTILITY**: this sukta is useful against fever, in connection with heating an ax and dipping it in hot water to make a lotion; and reckoned Present in takma nashana ghana.<sup>33</sup>

# $26^{TH}$ – SHARMA ( SUKHA) PRAPTI SUKTA RECITING AT THE BEGINNING OF THE DAY AND WHILE SLEEPING

आरेऽसावस्मदस्तु हेतिर्देवासो असत्। आरे अश्मा यमस्यथ ॥१॥ सखासावस्मभ्यमस्तु रातिः सखेन्द्रो भगः सविता चित्रराधाः ॥२॥ यूयं नः प्रवतो नपान् मरुतः सूर्यत्वचसः शर्म यछथ सप्रथाः ॥३॥ सुषूदत मृडत मृडया नस्तनूभ्यो। मयस्तोकेभ्यस्कृधि ॥४॥

UTILITY: This sukta is useful for the students in the rite of entrance on study, during upakarma samskara for Aajya Homa it is useful.<sup>34</sup>

# 27<sup>TH</sup> SUKTHA – SVASTHYAYANA SUKTA

अमूः पारे पृदाक्वस्त्रिषप्ता निर्जरायवः । तासां जरायुभिर्वयमक्ष्याविष व्ययामस्यघायोः परिपन्थिनः ॥१॥ विषूच्येतु कृन्तती पिनाकिमव बिभ्रती । विष्वक्पुनर्भुवा मनोऽसमृद्धा अघायवः ॥२॥ न बहवः समशकन् नार्भका अभि दाधृषुः। वेणोरद्गा इवाभितोऽसमृद्धा अघायवः ॥३॥ प्रेतं पादौ प्र स्फुरतं वहतं पृणतो गृहान् ।इन्द्रान्येतु प्रथमाजीतामुषिता पुरः ॥४॥

UTILITY: Useful for all the Swasthyayana Karma.<sup>35</sup>

# 28<sup>TH</sup> RAKSHOGHNA SUKTA

उप प्रागाद्देवो अग्नी रक्षोहामीवचातनः | दहन्न् अप द्वयाविनो यातुधानान् किमीदिनः ॥१॥ प्रति दह यातुधानान् प्रति देव किमीदिनः ।प्रतीचीः कृष्णवर्तने सं दह यातुधान्यः ॥२॥ या शशाप शपनेन याघं मूरमादधे) या रसस्य हरणाय जातमारेभे तोकमत्तु सा ॥३॥ पुत्रमत्तु यातुधानीः स्वसारमुत नप्त्यम् । अधा मिथो विकेश्यो वि घ्नतां यातुधान्यो वि वृह्यन्तामराय्यः ॥४॥

UTILITY: These sukta is useful in Rakshoghna karma

30<sup>th</sup> , 35<sup>th</sup> Deerghayu Prapti Sukta – during reception of Vedic Students- Upanayana, Mahashanti rites and in Pushpabhisheka

विश्वे देवा वसवो रक्षतेममुतादित्या जागृत यूयमस्मिन् । मेमं सनाभिरुत वान्यनाभिर्मेमं प्रापत्पौरुषेयो वधो यः ॥१॥ ये वो देवाः पितरो ये च पुत्राः सचेतसो मे शृणुतेदमुक्तम् ।सर्वेभ्यो वः परि ददाम्येतं स्वस्त्येनं जरसे वहाथ ॥२॥ ये देवा दिवि ष्ठ ये पृथिव्यां ये अन्तरिक्ष ओषधीषु पशुष्वप्स्वन्तः । ते कृणुत जरसमायुरस्मै शतमन्यान् परि वृणक्तु मृत्यून् ॥३॥ येषां प्रयाजा उत वानुयाजा हुतभागा अहुतादश्च देवाः । येषां वः पञ्च प्रदिशो विभक्तास्तान् वो अस्मै सत्रसदः कृणोमि ॥४॥36

यदाबध्नन् दाक्षायणा हिरण्यं शतानीकाय सुमनस्यमानाः ।तत्ते बद्राम्यायुषे वर्चसे बलाय दीर्घायुत्वाय शतशारदाय ॥१॥ नैनं रक्षांसि न पिशाचाः सहन्ते देवानामोजः प्रथमजं ह्येतत्।यो बिभर्ति दाक्षायणं हिरण्यं स जीवेषु कृणुते दीर्घमायुः ॥२॥ अपां तेजो ज्योतिरोजो बलं च वनस्पतीनामृत वीर्याणि ।इन्द्र इवेन्द्रियाण्यधि धारयामो अस्मिन् तद्दक्षमाणो बिभरद्धिरण्यम् ॥३॥समानां मासामृतुभिष्ट्वा वयं संवत्सरस्य पयसा पिपर्मि ।इन्द्राग्नी विश्वे देवास्तेऽनु मन्यन्तामहृणीयमानाः ॥४॥

In this sukta, God Vasus will be prayed, to protect against weapon and avoid the hundred other deaths. Utility: to protect one self from the rakshasa, this Sukta is useful.

### 2<sup>ND</sup> KHANDa

# 2<sup>nd</sup> Sukta 02

**UTILITY:** In Ayushya karma, this sukta processed Sthali Paka with 3 Gruta pinda should be consumed. Also useful in Upanayana Karma for Ajya Homa.

# 3<sup>rd</sup> SUKTA – Aasrava Bheshaja SUkta

अदो यदवदावत्य वत्कमिध पर्वतात् तत्ते कृणोमी भेषजं सुभेषजं यथाससी। आदङ्ग कुविदङ्ग शतं या भिषजानी ते तेषामसी त्वमुत्तम मनास्रावं अरोगणं ।नीचैः खनन्त्यासुर अरुस्रानिमदम् महत् तदास्रावस्य भेषजं तदु रोगमनीनशत्। उपजीक उद्भरन्ती समुद्रादिध भेषजं नीचैःतदास्रावस्य भेषजं तदु रोगमनीनशत्। अरुस्रानिमदम् महत् पृथिव्यां अध्युद्भुतं तदास्रावस्य भेषजं तदु रोगमनीनशत्। शं नो भवन्त्वप शिवाः इन्द्रस्य वज्रो अप हन्तु रक्षसा आरद् विसृष्टा इषवः पतन्तु रक्षसां

For healing of diseases like wound, Jwara, atisara, Atimutra. employs it only once (25. 6), in a healing rite for various disorders and wounds (*jvarātīsārātimūtranāḍīvraṇeṣu*, comm.), with i. 2

# 4<sup>TH</sup> SUKTA – DEERGAYU PRAPTI SUKTA

दीर्घायुत्वाय बृहते रनायरिष्यन्तो दक्षमाणाः सदैव मणि निष्कन्ध दूषण जङ्गिडं बिभुमो वयं। जङ्गीडो जम्भाद् विश्वराद् विष्कन्ध अदिभिशोचनात् मणिः सहस्रवीर्यः परीणः पातु विश्वतः। अयं विष्कन्धो सहते अयं बाधते अत्रीनः अयं नो विश्वभेषजं जन्गीड पात्वंहसः। देवैदत्तेन मणिना जङ्गेडेन मयोभुव विष्कन्धं सर्वरक्षांसी व्यायामो सहामहे। शनस्च मा जङ्गेडश्च विष्कनदादिभ रक्षतां अरण्यादन्य आभ्रुतः कृष्या अन्यो रसेब्यः। कृत्यादूषीरयम् मनीरथो अरातिदूषिही अथो सहस्वञ्जिड गहु प्रण आयूंषि तरीषात्

In this sukta, in order to length of life, to great joy, avoiding harm, to make person all the time capable Jangidha and Vishkinda herb. Jangida protect us about on every side by Sahasra Veerya, and This one overpowers the *Vishkinda*.

Utility: This sukta is useful while administering Sarva Bhaishajya, i.e Aplavana, Avasecana and Payana etc. Also useful while tieing mani this sukta should be chanted

UTILITY: This sukta is useful in Putra Janana Karma – Shanti Oushadhi Sahita Abhisheka Karma for Vandya. <sup>38</sup>

# 7<sup>TH</sup> SUKTA

श्रेष्ठं यविष्ठ भारताऽग्नें द्युमन्तमा भंर । वसों पुरुस्पृहं रियम् ॥१॥मा नो अरांतिरीशत देवस्य मर्त्यस्य च । पर्षि तस्यां उत द्विषः ॥२॥विश्वां उत त्वयां वयं धारां उदुन्यां इव । अतिं गाहेमिह द्विषं: ॥३॥शुचिं: पावक् वन्द्यो ऽग्नें बृहद् वि

रोंचसे । त्वं घृतेभिराहुंतः ॥४॥त्वं नों असि भारताऽग्नें वृशाभिरुक्षभिः । अष्टापंदीभिराहुंतः ॥५॥ द्रवंन्नः सुर्पिरांसुतिः प्रत्नो होता वरेंण्यः । सहंसस्पुत्रो अद्भुंतः ॥६॥

Utility: This Sukta is Useful for Sarva Sampat Karma, during tieing of Vasita Hiranya Yugma Kshushna Mani. This helpful to protect from Rakshasa, prevents Jvara etc Upadrava. Also Prashana of Sarupa Odana with Purushakruti leha for 12days for Ayushkama. In Upanayakarma for Ajya Homa to attain Ayu this sukta is useful.

# 8<sup>TH</sup> SUKTA – KSHETREEYA ROGA NASHAKA SUKTA

उदगातं भगवती विच्चतो नाम तारके वि क्षेत्रीयस्य मुञ्जमधम् पशुमुत्तमं। अपेयं रात्रुच्यत्वा पोच्छन्त्वा भिक्नुत्वरीः वीरुत क्षेत्रियन्नशन्यप क्षेत्रीयमुच्यतु। बभ्रो अर्जुन कण्डस्य यवस्य ते पलाल्य तिलस्य तिलपिञ्ज

विरुत् क्षेत्रेयनशन्यप क्षेत्रेयमुच्यतु। नमस्ते लाङ्गलेभ्यो नमः सन्देशेब्यो नमः क्षेत्रस्य पतये

विरुत् क्षेत्रेयनशन्यप क्षेत्रेयमुच्यतु।

Present in Tkma – Jwara Nashaka gana useful in healing ceremony against Kulagata Kusta, Kshaya and Grahani Roga<sup>39</sup>

# 9<sup>TH</sup> SUKTA – DEERYAYU PRAPTI

दश वृक्ष मुञ्चेमन् रक्षसो ग्राह्य अधी यैनं चाग्राह पर्वसु अथो येनं वनस्पथे जीवानां लोकमुन्नय। आगदुदगादयं जीवानां व्रतमुप्यगात् अभूदु पुत्राणां पिता नृणां च भगवत्तमः। आधीतीर्ध्यगादयमिध जीवपुरा अगन् शतं ह्यस्य भिषजः सहस्रमुत वीरुधः। दीवस्ते चीतीमविदन ब्रह्मणा उत वीरुधः चीती ते विश्वे देवा अविदन् भूम्यामिध। यस्चकार स निष्करत् स येवा सुभिषक् तमः स येव तुभ्यं भेषजानी कृनवद् भिषजा शुचि।

Here ten trees, are protected from the demon, and seizure. While tying Mani for achieving long life, included under Takma Nasha Gana.  $^{40}$ 

# 11<sup>TH</sup> SUKTA – SHREYA PRAPTI SUKTRA

दूष्य दुषिरसी हेत्य हेतेरसी मेन्य मेनीरसी आप्नुही श्रेयाम् समित समं क्राम । स्रक्तयोअसी प्रतिसरो असी प्रत्यिभचरणो असी आप्नुहि श्रेयाम् समित समं क्राम। प्रति तमिभ चर यो असमान् द्वेष्टी यं वयं द्विष्मः आप्नुहि श्रेयाम् समित समं क्राम। सुरीरसी वर्चोध असि तनुपानो असि आप्नुहि श्रेयाम् समित समं क्राम। शुक्रो असि भ्राजो असि स्वरसी ज्योतिरसीआप्नुहि श्रेयाम् समित समं क्राम।

Utility: Chanting of this sukta along with mani dharana removes the effect of black magic<sup>41</sup>

# 13<sup>TH</sup> DEERGHAYU PRAPTI SUKTA

आयुर्दा अग्ने जरसं ब्रुणानो घृतप्रतीको घृतप्रुष्टो अग्ने घृतं पीत्वा मधुं चारु गव्यं पितवे पुत्रानिभ रक्षतािधमं। पिर धत्त धत्त नो वर्चसेम जरामृत्युं कृणुत दीर्घं आयुः बृहस्पितः प्रायस्चद् वास एतत् सोमाय राज्ञे परीधातव। परीदं वासो अधिथाः स्वस्तये अभूर्ग्रुष्टीना अभिषस्तिपा शतं च जीव शरदः पुरूच् रायस्च पोषरुपसंययस्व। येयेष्मानम तिष्टाष्म भवतु ते तन्ः कृण्वन्तु विश्वे देव आयुष्टे शारदः शतं। यस्य ते वासः प्रथमवास्यं हरामस्तं त्वा विश्वे अवन्थु देवाः तं त्वा भ्रातरः सुवृध वर्धमानं अनु जायन्तां बहवः सुजातं। येयेष्मानम तिष्टाष्म भवतु ते तन्ः कृण्वन्तु विश्वे देव आयुष्टे शारदः शतं। यस्य ते वासः प्रथमवास्यं हरामस्तं त्वा विश्वे अवन्थु देवाः तं त्वा भ्रातरः सुवृध वर्धमानं अनु जायन्तां बहवः सुजातं। यस्य ते वासः प्रथमवास्यं हरामस्तं त्वा विश्वे अवन्थु देवाः तं त्वा भ्रातरः सुवृध वर्धमानं अनु जायन्तां बहवः सुजातं।

In this Suktha Agni is prayed for providing Deerghayu. Utility: For the welfare and long life of an infant while wearing new cloths etc this sukta will be chanted.<sup>42</sup>

# 14<sup>TH</sup> SUKTA – DASYU NASHANA SUKTA

निः सालं धृष्णु धिषनमेकवाध्यं जिघत्स्वं सर्वाश्च अण्डस्य नप्त्यो नाशयमः सदन्वाः। निर्वो गोष्टदजामसी निरक्षां निरुपानसात् निर्वो मगुन्ध्य दुहितरो गृहेब्यस्च अतयामहे। असो यो अधराद् गृहस्तन्न संत्वरय्यः तत्र सेदिर्नुच्यत सर्वत् च यातुधान्यः। भूतपतिर्निरजत्व इन्द्रचेतः सदान्वाः गृहस्य बुध्न आसीनास्ते इन्द्रो वज्रेनाधि तिष्टतु। यदि स्त क्षेत्रीयानं यदि व पुरुषेषिताः यदि स्त दुस्युभ्यो जाता नश्यतेतः सदन्वाः। परी धामान्य असामार्षुगष्ट अमिवसरन् अजैषं सर्वानाजीन् वो नश्यतेतः सदन्वाः।

Utility: This sukta can be recited during Stri karma to prevent abortion.<sup>43</sup>

### 15TH SUKTA – ABHAYAPRAPTI SUKTA

यथा द्वोस्च पृथिवी च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच रात्रि च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच सूर्य च चन्द्र च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच ब्रह्म च क्षत्रं च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच सत्यं च अनृतं च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच भूतं च भव्यं च न बिभीतो न रिष्यतः येवा मे प्राण मा बिभेः। याथःच भूतं च

This sukta is included in Ayushya Gana and useful for achieving long life.

## 17<sup>TH</sup> SUKTA – BALA PRAPTI SUKTA

ओजो अस्योजो मे दाः स्वाहा। सहो असि सहो मे दाः स्वाहा बलं असि बलं मे दाः स्वाहा[आयुरस्य अयुर्मे दाः स्वाहा। अोत्रमसी श्रोत्रं मे दाः स्वाहा चक्षुरसी चक्षुर्मे दाः स्वाहा। परिपाणमसी परिपाणं मे दाः स्वाहा

This sukta is also included under Ayushya Gana.

### 25 SUKTA – PRUSHNAPARNI SUKTA

शं ना देवी प्रुष्णपण्य अंशं निरृत्या अकः उग्रः ही कण्व जम्बनि तामभिक्ष सहस्वतीम्। सहमानेयं प्रथम प्रुष्णपण्यं जायत तयाः दुर्नांनं शिरो व्रुस्छामि शुकुनेरीव। अरायं असृक् पावन यत् च स्पातिं जिहिर्षिति गर्भदं कण्वं नाशाय प्रुष्ण पर्णी सहस्व चिगिरमेनो आ वेशय कण्वान् जीवितयोपनान् तांस्त्व दीवि प्रुष्ण पर्णय अग्निरेव अनुदाहर्निह्। परास्च येनान् प्रणुद कण्वान् जीवितयोपनान् तमांसी यत्र गछन्ती तत् क्रव्यादो अजीगमं

Asper Weber and Grill this sukta is useful for against abortion but as per koushika brahmana – against varies evil

# 28<sup>TH</sup> SUKTA DEERGHAYU PRAPTI SUKTA,

तुभ्यमेव जरीमन् वर्धतामयं मेममन्ये हिंसिषु शतं ये मातेव पुत्रं प्रमान उपस्थे मित्रं येन मित्रियात् पात्वं हसः।

मित्रं येन वरुणो वा रिशाद जरा मृत्यु कृणुता संविधानो तदिग्नहींत वयुनानि विद्वान् विश्व देवानां जिनम विविध्य तवमीशिषे पशूनां पर्थीवानं ये जात उत वा ये जिनत्राः मेमं प्राणो हासीन्मो अपनो मेमं मित्र विधिषुर्मो अमित्राः। ध्योष्त्वा पिता पृथिवी माता जरामृत्यु कृनुतु संविधानो यथा जीव अधितेरुपस्ते प्राणापानाभ्यां गुपितः शतं हिमाः। इमं अग्न आयुषे वर्चसे नय प्रिय रेतो वरुणो मित्रराजन् मातेवास्मा अदिते शमं यत् च विश्वे देवा जराधिस्तयर्थासात्

This sukta is included under Ayushya Gana, useful in Cuda Karma and Godana

# 29<sup>TH</sup> SUKTA – DEERGHAYUSHYA SUKTA

पार्थीवस्य रसे देवा भगस्य तन्वो बले आयुष्ममस्मा अग्निः सूर्यो वर्च आधाद् बृहस्पितः। आयुरस्मै धेहि जात वेदः प्रजा तव्ष्तरिधिनिधेह्यस्मै रायस्पोषं सिवतार सुवस्मै शतं जीवित शरदस्त्वायं। आशीर्णं ऊजमुत सौप्रजास्तं दक्षं धत्त द्रविणं सचेतसो जयं क्षेत्राणि सहसाय इन्द्रं क्रुणवानो अन्यान धरन्त सत्पतान्। इन्द्रेण दन्तो वरुणेन शिष्टो मर्दुभिरुग्रं प्रहितो न आगन् एष वां ध्यवप्रुथिवी उपस्थे मा क्षुधन्म तृषत्। ऊउर्जमस्म ऊर्जस्वती धत्तं पयो अस्मै

पयस्वती धत्तं ऊर्जमस्मै ध्यवप्रुथिवि अधातं विश्वे देव मरुत ऊर्जम् आपः। शिवाम्भिष्टे हृदयं तर्पयन्म्यनमीवो मोदिषीष्टाः सुवर्चाः सवासीनो पिबता मन्थमेतं अश्विनो रूपं परिधाय मायां। इन्द्र येत ससृजे विद्धो अज्ञं ऊर्जा स्वधामजरं स ता येःषः तया त्वा जीव शरदः सुवर्चा माता आ स्रुसोद् भिषजस्ते अक्रन्

As per Koushikeeya Brahmana for healing thirst, useful in Cuda karma and Godhana

31<sup>ST</sup> AND 32<sup>ND</sup> SUKTA

इन्द्रस्या या मिह हषत् क्रिमेर् विश्वस्य तर्हनी तया पिनिष्म स कृमीन् द्रुषदा कल्वौ इवा। हष्टं अहष्टं अत्रुहमथो कुरुरुमत्रुहम् अल्गन्दुन्त सर्वान् चलुनान् किर्मीन् वचसा जम्भयामिस। आल्गन्दून् हिन्म महता वधेन दून अदून अरसा अभूवन् शिष्टा अनिष्टान् नि तिरामि वाच यथा कृमीणां निकरुच्यशातै। अन्वान्त्र्यं शीशन्य अथो पर्ष्तयं कृमीन् अवस्कवं वय्व्वरं कृमीन् वचसा जम्भयामसी। ये क्रिमयह पर्वतेषु वनेषु औषधीषु पशुश्वष्सा अन्तः ये अस्माकं तन्वमाविमिशुः सर्वं तथ्द्मि जानिम कृमीणां। उधन्नादित्य कृमीन् हन्तु निम्नोचन् हन्तु रिश्मिभिः ये अन्तः कृमयो गवी। विश्वरूप चतुरक्षं कृमिन् सारङ्गं अर्जुनं श्रुणाम् यस्य पृष्टी रिप वृश्चामि यत् चिरः। अत्रिवद् वः कृमयो हन्मी कण्ववज्जमदिग्नवत् अगस्तस्य बृह्मणा सं पनश्यहम् कृमीन्। हतो राज क्रिमिनामुतेशाम् स्थापतिर्हतः हतो हतमात कृमिर्हतभात हतस्वसा। हतासो अस्य वेशसो हतासः परिवेशसः हथो ये क्षुल्लका इव सर्वे ते क्रिमयो हताः। प्र ते शृणािम शृङ्गे याभ्यां वितुदायसी भिनिम्ह ते कुषुम्भं यस्ते विषधानः॥

 $31^{st}$  sukta is named as Krimijambhana Sukta for treating worm in human and  $32^{nd}$  for treating krimi in cattle.  $33^{rd}$  SUKTA – Yakshma Nibarhana Sukta, included in Ayushya Ghana, useful for healing.

# TRUTEEYA KHANDA<sup>43</sup>

### 7th YAKSHMA NASHAKA SUKTA

हिरण्यस्य रघुष्यधो अधि शीर्षाणि भेषजं स क्षेत्रीयं विषाणय विशूचि नामनि नशत्। अनु त्वा हरिणो वृषा पिष्वस्च चतुर्भिर् अक्रमीत् विषाणे विष्यं गुष्पितं यदस्य क्षेत्रीयं हिधि। अदो यदवरोचते चतुष्पक्ष्मिमविच्धिः तेन ते सर्वं क्षेत्रेयं अङ्गिभ्यो नाशयामसी। अमू ये दिवा सुभुगे विद्युतो नाम तारके वि क्षेत्रीयस्य मुञ्जताम् अधमं पाशमुतमम्। आपं इद् वा उ भेषजीरापो अमीवचातनीः आपो विश्वस्य भेषजी स्तास्त्व मुञ्चन्तु क्षेत्रीयात्। यदासुते क्रियमन्याः क्षेत्रियं त्वा व्यानशे वेदाहं तस्य भेषजं क्षेत्रीयं नाशयामि त्वत्। अपवासे नक्षत्राणां अपवास उष सामुत अपास्मत् सर्वं दुर्भूतमप क्षेत्रेयं अच्छतु

This is included in Takmanashaka Ghana useful forhealing ceremony. How ever its text does not specify the disease.

# 9th DUKHA NASHAKA SUKTA

कर्शफस्य विशफस्य ध्योष्पिता पृथिवी माता यथाभिचक्रा देवास्तथाप कृणुता पुनः। अश्रेष्मानो अधारयन् तथा तन् मनुना कृतं कृणुमि विध्न विष्कन्धं मूषका बहो गवामिव। पिशङ्गे सूत्रे ख्रुगलं तदा बध्नन्ति वेधसः श्रवस्यु शुष्मं काबवं विध्नं क्रुनवन्तु बन्धुरः। येन श्रवस्य वत् चरथा देव एवासुरमायया शुनां किपरीवा दूषणो बन्धुरा काबवस्य च। धृष्दै ही त्वा भत्स्यामि दूष इष्यामि काबवं उदाशवो रथा इव रपथेभिः सिरष्यथ। एकशतम् विष्कन्धानि विष्ठिता पृथिवी मनु तेषां त्वं अग्र उज्जहरुर् मणिं विष्कन्ध दूषणं

This Sukta is useful for protecting against demons

# 11<sup>TH</sup> DEERGHAYU PRAPTI SUKTA

मुञ्चामि त्वा हिवषा जीवनाय कमज्न्यतय यक्ष्मादुत राजयक्ष्मात् ग्रहिर्जग्राह यध्येतदॆनम् तस्य इन्द्राग्नी प्र मुमुक्तमॆनम्। यदी क्षितयुर् यदी वा परेतो यदी मृत्योरन्तिकं नीत येव तमा हरामि निर्रूते उपस्ताद् स्पर्शमॆन शतशारदाय। सहस्राक्षॆन शत वीर्येण शतायुषा हिवषा हर्षमेनं इन्द्रो येथिनं शरदो नयात् यित विश्वस्य दुरितस्य पारं ।शतं जीव शरधो वर्धमानः शतं हेमन्त आञ्चतमु वसन्तान् शतं त इन्द्रो अग्नि सविता बृहस्पिथ शतायुषा हिवषाहर्ष मेनं ।इहेइव स्तं प्राण अपानो माप गतामितो युवं शरीरं अस्य अङ्गानि जरसे वहतं पुनः। जरायै त्वा परी ददामि जरायै नि धुवामि त्वा जरा त्वा भद्र नेष्ट व्य अन्ये यन्तु मृत्यवो यानहुर् इतरान्चतं। अभि त्वा जईमाहित गामुक्षनिमव रज्ज्वा यस्त्व मृत्युर् अभ्यदत्वा जायमानं सुपाशय तं ते सत्यस्य हस्ताभ्यम्मुदमुञ्चत् बृहस्पितः

In this sukta lord Indra and Agni are prayed to release Yakshma. Useful in General healing ceremony and achieving long life. Included in Takma Nashana Ghana

# 23<sup>RD</sup> SUKTA – VIRA PRASUTI SUKTA

येन वेहद् बभुवित नाशयामिस तत् त्वत् इदं तद् अन्यत्रं त्वदप दूरे नि दध्मसी। आ ते योनि गर्भं ये तु पूमन् बाण इविषुधिम् आ वीरो अत्र जायतां पुत्रस्ते दशमास्यः। पुमांसं पुत्र जन्यं पुमान् ननु जायतां भवासी पुत्राणां माता जातानां जनाय च यान्। यानि भद्राणि बीजानि ऋषभ जनयन्ति च तैस्त्वं पुत्रं विदस्त्वा सा प्रसुर्धेनुक भव । कृणोमि ते प्रजपत्यामः योनिं गर्भं येतु ते विन्दस्व त्वं पुत्रं नारी यस्तुभ्यं शमस्चमु तस्मै त्वं भव। यासां ध्योश् पिता पृथिवी माता समुद्रो मूलम् वीरूधाम् बभूव तास्त्व पुत्र विध्याय दैवीः प्रावन्त्वा ओषधयः

Heaven is regarded the father, earth the mother, and the ocean the root in this sukta of plants good for Sukha Prasava. These herbs of the gods are useful for acquiring a son. This sukta can be used to get male offspring by breaking an arrow over the mother's head.

# 31ST SUKTA YAKSHMA NASHANA SUKTA

वी देवा जरसा आवृतान् वी त्वं अग्ने अरात्य व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। व्यार्य पवमानो वि शक्रः पापकृत्यः व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। वि ग्राम्याः पशव आरण्येर् व्याप्य तृष्ण यासरन् व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। वी हमे ध्याव प्रुथिवी इतो वी पन्थानो दिशं दिशं व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। त्वष्टा दुहित्रे वहन्तु युनक्तेतीदं वुश्वं भुवनं वि याति व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। अग्निं प्रानन्त्सं दधाति चन्द्रः प्राणेन संहितः व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। प्राणेन विश्वतो वीर्यं देवाः सूर्यं समैरयन् व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। आयुष्मता आयुष्कृता प्राणेन जीव मामृता व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। प्राणेन प्राणतां प्रणेहैव भव मा मृथाः व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। उदायुषा समायुषा दोषाधीनां रसेन व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। वा पर्जन्यस्य वृष्योदस्था मामृता वयं व्य अहं सर्वेण पाप्मना वि यक्ष्मेण समायुषा। समायुषा।

In this sukta, Agni is worshipped to keep away from Yakshma, to unite with life-time purification, and to keep one away from arti, evil-doing, and so on. Agni, Moon, and Sun are also supportive of the long-breath, lived's resulting in ayushkrut. This sukta is appropriate for a long-life ceremony. 4<sup>th</sup>

## **KHANDA**

# 4<sup>TH</sup> SUKTA – VAJEEKARANA SUKTA

यां त्व गन्धर्वो अखनद् वरुणाय मृतभ्रजे तां त्व वयं खनमस्योषिधं शोपहर्षणीं । यथा स्म ते विरोहत अभितप्तिमवमित ततस्ते शुष्मवत्तरिमयं क्रुनोतुओषिदिहि। उदषा उदा सूर्या उदिदं मामकं वचा उदेजतु प्रजपतिर्वृषा शुष्मेण वाजिना।अध्याग्ने अद्य सवीतरध्य देवी सरस्वती अध्यास्य ब्रह्मणस्पते धनुरीव तनुया पसः। अपां रस प्रथमजो अथो वनस्पथीनाम् उत सोमस्य भ्रतसुतर्शमसी वृष्णन्यं। उच्हुष्मु औषधीनां सार ऋषभाणां सं पुम्सामिन्द्र वृषन्यमस्मिन धेहि तनुविशन् ।आहं तेनोमि तेपसो अधि ज्यामिव धन्विन क्रमस्वर्श इव रोहितमनवग्लायत सदा। आश्वास्य अश्वतरस्य अजस्य पेतवस्य च अथ ऋषबस्य ये वजास्तानिस्मन् धेही तनुविशन्।

In this suktha is useful for achieving sexual vigor

# 5<sup>TH</sup> SUKTA – SVAPANA SUKTA

सहस्रश्रुङ्गो वृषभो यः संदुद्राधुधाचरत तेन सहस्येन वयं नि जानस्त्वा अपयामसी। न भूमिं वातो अती वाति नाति पश्यित कश्चन स्त्रियश्च सर्वाः स्वापय शुनस्चेन्द्र सखा चरन्। प्रोष्येस्ता अल्पेशय नारीर्या वह्यशीवरीह् स्त्रियो यः पुण्य गन्ध्यस्त्याः सर्वाः स्वपयामसी। येददेजदजग्रभं चक्षुः प्राणामजग्रभम् अङ्गान्य जग्रभं सर्वा रात्रीनां अथि शर्वरी। य आस्थे यत् चरती यत् च तिष्ठठन् विपश्यित तेषां सं दध्मो अक्षीनी यतेधम् हर्म्यं तथा। स्वप्तु माता स्वप्तु पिता स्वप्तु श्वा स्वप्तु विश्पितः स्वप्नास्तस्यै ज्ञातयः स्वप्त्वा यम भीतो जनः। स्वप्न स्वप्नाभिकरणीन सर्वं नि श्वपया जनं औत्सुर्य मन्यन्साव पयाव्युषं जाग्रुताधहम् इन्द्र इवारिष्टो अक्षितः।

Kaushika used it in a rite for putting a woman and her attendants to sleep so that they may approach her safely.

# 6<sup>TH</sup> SUKTA – VISHAGNA SUKTA

ब्रह्मणो जज्ञे प्रथमो दश शीर्षो दश अस्यः स सोमं प्रथमः पपो स चकरारसं विषं। यस्त आस्यत् पञ्चाङ्गु इव वक्रचिदिध धन्वनः अपस्कंबस्य शल्यानिरवोचामहं विषं। सुपर्ण सत्व गुर्त्मान् विष प्रथममावयत् नामीमदो नरुरुप उतास्मा अभवः पितुः। यावती ध्यवप्रुथिवी विरम्ह यावत् सप्त सिन्धवो वितष्टिरे वाचं विषस्य दुशणीं तामतो निरवाधिषं। शल्यद् विषं निरवोच प्रञ्जनादुत पर्णधेः अपाष्तञ्च्रअङ्गात् कुल्मलिनरमोचमहं विषं। अरसस्त इषो शल्यो अथो ते अरसं विषं उतारसस्य वृक्षस्य धनुष्टे अरसारसं। अपीषन् ये अदिहन्य आस्यन् ये अवासृजन् सर्वे ते वर्धयः कृत विधर्विषगिरिः कृतः। वध्रयस्ते खनितारो विधस्त्वं मस्य ओषधे विधः पर्वतो गिरिर्यतो जातिमदं विषं।

This suktha is useful for praying takshaka king of serpent, distinct to Sthavara Kanda/ Kanda Mula.

# 7<sup>TH</sup> SUKTA – VISHANASHANA SUKTA

वारिदं वारयातै वरनामत्या मिध तत्राम्र्तस्य अस्कितम् तेन ते वरये विषं। अरसं प्राच्यां विषम रसं यदुदीच्यं अथेधा मदराच्यं करम्भेन विकल्पते। करम्ब कृत्वा तीर्यं पीबस्पाकं उदारिथं क्षुधा किलत्वा दुष्ट्रनो चिक्षवन्त्सा न रुरुपः। वि ते मदं मदावित शरिमव पातयामसी प्रत्व चरूमिव येषन्तं वचसा स्थापयामसी। पिर ग्राम मिवाचितं वचसा स्थापयामसी तिष्ठा वृक्ष एवा स्थामन्य भ्रिकाते नरुरूप। पवस्तैस्त्वा पर्यक्रीनन दुर्शोभिरजी नैरुत् प्रकीरसी त्वं ओषधे अभ्रिकाते न रुरूप। अनाप्त ये वः प्रथमा यानि कर्माणि चक्रेरी वीरान् नो अत्र मा दभन् तद् व येतत् पुरो दधे।

# 9<sup>TH</sup> SUKTA – AANJANA SUKTA

य़ेहि जीवं त्राय मानं पर्वतस्य अस्यक्षं विश्वे भिर्देवैर् दत्तं परिधिर् जीवनाय कम्। परिपाणं परुषाणां परिपाणं गवामसी अश्वानामर्वतां परिपानाय तस्थिषे। उतासी परीपानं यातुजंबजमान्जनं उतांरुतस्य त्वं वेथाथो असि जीवन भोजनं अथो हरती भेषजं। यस्य अञ्जनं प्रसर्पस्य अङ्गम् अङ्गम् परुष्परुः ततो यक्ष्मं वि बाधस्य उग्रे मद्यम् अशीरेव|नैनं प्राप्नोती शपथो न कृत्वा नाभिशोचनं नैनं विष्कन्धं अश्रुते यस्त्वा बिभर्त्यान्जन। असन् मन्त्राद् दुश्वप्न्याद् दुष्कृतं अछ मलादुतं दुर्हर्द चक्षुषो घोरात् तस्मानः पाह्यञ्जन। इदं विद्वान् आञ्चन सत्यं वक्ष्यामि नानृतं सनेयमश्वं गामहमात्मनम् तव पुरुष। त्रयो दास आन्जनस्य तक्मा बलास आदिहः विष्ठिष्ठः पर्वतानां त्रिककुन्नाम ते पिता। यदान्जनं त्रैककुदं जातं हिमवतस्परी यातुस्च सर्वान्जंभयत् सर्वाश्च यातुधान्यः। यदि वासि त्रैककुदं यदि यामुनमुच्यसे उभे ते भद्रे नाम्नि ताभ्यां नः पाह्याञ्जन।

Binding of an anjana during ceremony for long life

# 10<sup>TH</sup> SUKTA – SHANKHA MANI

वातात् जातो अन्तरिक्षाद् विध्युतो ज्योतिशस्परि स नो हिरन्यजाः शङ्ख कृशन पात्वहसः। यो अग्रतॊ रेचनानां समुद्रादिध जित्तषे शङ्खेन हत्वा रक्षांस्य त्रिनॊ वि षःआमहे। शङ्खेन अमीमवमित शङ्खेनॊत सदान्वाः शङ्खो नो विश्वभेषजो कृशनः पात्वहसम्। दिवा जातः समुद्रजह सिन्धुतस्पर्याभ्रुतः स नो हिरन्यजाः शङ्ख आयुष्प्रतरणो मिण। समुध्राजातो मिनर्वृत्राजातो दिवाकरः सो अस्मान्त सर्वतः पातु हेत्य देवासुरेभ्यः।हिरण्यानाम येकॊ असी सॊमात् त्वमिध जित्तषे रथे त्वमसी दर्शता इषुधो रोचनस्त्वं प्रणा आयुषी तारिषत्।देवानां अस्थि कृशनं बभूव तद् आत्मन् वत् चरत्यपस्व अन्तः तत् ते बध्नम् आयुषी वर्चसी बलाय दिर्गयुत्वाय शत शारदाय कार्शनस्त्वाभि रक्षतु

Ceremony of long life

# 12<sup>TH</sup> SUKTA – ROHINI VANASPATI SUKTA

रोहन्यसी रोहन्यस्थ निस्वनस्स्य रोहिणी रोहयेदमरुन्धित। यत् ते रिष्टं यत् ते धुत्तमस्ति पेष्ट्रं न आत्मिन धाता तत् भद्राय पुनः सं दधत् पुरुषाः पुरुः। सं ते मज्जा मग्न्य भवतु समु ते पुरुषा पुरुः सं ते मांसस्य विस्नस्तं समस्थ्या अपि रोहतु। मज्जा मग्न्या सं धीयतां चर्मणः चर्म रोहतु असृक् ते अस्थि रोहतु। मांसं मांसेन रोहतु। लोम लोम्न सं कल्पय त्वचा सं कल्पया त्वचं असृक् ते अस्थि रोहतु चिन्नं सं धेयोषधे। स अत् तिष्ठा प्रेहि प्र द्रव रथः सुचक्रः सुपविहि सुनाभिः प्रतितेष्ट ऊर्ध्वः। यदि कर्त्रं पतित्वा संशश्रे यदि वाष्म प्रह्यतो जगाना र्हुभो रथस्वेअङ्गानि सं दधत् पुरुषः पुरा।

to heal serious wounds with an herb, prevents flow of blood from sword – boiled laksha water should be poured.

# 13<sup>TH</sup> SUKTA – ROGA NIVARANA SUKTA

उत देव अवहितम् देव उन्नयथा पुनः उताघ्रचक्रुषं देवा देवा जीवयथा पुनः। द्विवमो वात वाता आ संधोरा परावत दक्षं ते अन्य आवातु व्य अन्ये वातु यद् रपः। आ वात वाहि भेषजं वि वात वाहि यद् रपः त्वं ही विश्व भेषजं देवानां दूत ईयसे। त्रायन्तामिम देवास्त्रायन्तां मरुतां गणः त्रायन्तां विश्व भूतानि यथायम रपा असत्। आ त्वागं शान्तितिभिरथो अरिष्ट ताथिभिः दक्षं तं उग्र आभारिशम् पुरा यक्ष्म सुवामि ते। अयं ते हस्तो भगवान् अयं मे भगवत्तरः अयं मे विश्व भेषजो अयं शिवाभिमर्शनः। हस्ताभ्यां दश शाखाभ्याम् जिह्वा वाच पुरा गवी अनामयित्नुभ्यां हस्ताभ्यां ताभ्यां त्वाभि मृशामसी।

This SUKTA included under laghushanti gana, Ayushya gana and brahachanti gana – for achieving long life

# 17<sup>TH</sup> & 18<sup>TH</sup> SUKTA – DUSWAPNA NASHANA SUKTA

In this suktha praying for drug to aquire Sahasra Veerya, which is remedy for witchcraft, i.e Apamarga,

ईशांणां त्वा भेषुजानामुर्ज्जेषु आ रंभामहे ।चुक्रे सहस्रंवीर्यं सर्वस्मा ओषधे त्वा ॥१॥सृत्युजितं शपथ्यावंनीं सहंमानां पुनःस्राम्।सर्वाः समृह्व्योषंधीरितो नंः पारयादितिं ॥२॥या शृशापु शपंनेन याघं मूरंमाद्वधे।या रसंस्य हरंणाय जातमारिभे तोकमंत्तु सा॥३॥यां तें चुक्रुरामे पात्रे यां चुक्रुर्नींललोहिते।आमे मांसे कृत्यां यां चुक्रुस्तयां कृत्याकृतों जिह ॥४॥दौष्वंप्न्यं दौर्जीवित्यं रक्षों अभ्वऽमराय्यः ।दुर्णाम्नीः सर्वां दुर्वाचस्ता अस्मन्नांशयामिस ॥५॥क्षुधामारं तृंष्णामारम्गोतांमनपत्यतांम्।अपांमार्ग त्वयां व्ययं सर्वं तदपं मृज्महे ॥६॥तृष्णामारं क्षुंधामारमथों अक्षपराज्यम्।अपांमार्ग त्वयां व्ययं सर्वं तदप् मृज्महे ॥७॥अपामार्ग ओषंधीनां सर्वासामेक् इद् वृशी। तेनं ते मृज्मु आस्थित्मथु त्वमंगुदर्श्वर ॥८॥

समं ज्योतिः सूर्येणाह्ना रात्रीं समावतीं ।कृणोिमं सत्यमूतयेंऽरसाः संन्तु कृत्वंरीः ॥१॥यो देवाः कृत्यां कृत्वा हरादविंदुषो गृहम्।वृत्यो धारुरिंव मातरं तं प्रत्यगुपं पद्यताम्॥२॥अमा कृत्वा पाप्मानं यस्तेनान्यं जिघांसित ।अश्मांनुस्तस्यां दुग्धायां बहुलाः फट् कंरिक्रति ॥३॥सहंस्रधाम् विशिंखान् विग्नींवां छायया त्वम्।प्रतिं स्म चुकुषें कृत्यां प्रियां प्रियावंते हर ॥४॥अनयाहमोषंध्या सर्वाः कृत्या अंदूदुषम्।यां क्षेत्रें चक्रुर्यां गोषु यां वां ते पुरुषेषु ॥५॥यश्चकारु न शृशाक् कर्तुं शुश्रे पादंमुङ्गुरिंम्।चुकारं भुद्रमुस्मभ्यंमात्मने तपंनं तु सः ॥६॥अपामार्गोऽपं मार्ष्ट्

क्षेत्रियं शपथंश्च यः ।अपाहं यातुधानीरप् सर्वा अराय्यः ॥७॥अपमृज्यं यातुधानानप् सर्वा अराय्यः ।अपांमार्ग् त्वयां वयं सर्वं तदप् मृज्महे ॥८॥

included under duswapna nashana gana

# 20<sup>TH</sup> SUKTA – PISHACHA KSHAYANA SUKTA

आ पश्यित प्रति पश्यित परा पश्यित पश्यित दिवं अन्तिरक्षमाद् भूमिं सर्वं तद् देवी पश्यित। तिस्रो दिवस्त्रिसः प्रृथिविः षट् चेमाः प्रदिशः पृथक् त्वयाहं सर्व भूतानि पश्यानि देव्योषधे। दिव्यस्य सुपर्णस्य तस्य हासि कनीनिका सा भूमिमा रुरोहित वह्यम् श्रान्त वधुरीव। तां मे सहस्राक्षो देवो दिक्षणे हस्थ आ दधत् तयाहं सर्वं पश्यामि यत् च शूद्र उतार्यः। आविष्कुनाश्व रूपाणि आत्मानमप गूहथाह् अथो सहस्र चक्षो त्वं प्रति पश्याः किमीदीनह्। दर्शय मा यातु धनान् दर्शय यातु धान्यः पिशचान्तु सर्वान् दर्शयित त्व रभ ओषधे कश्यपस्य चक्षुरसी शून्यात् च चतुरक्षयः विध्रे सूर्यमिव सर्पान्तः मा पिशाचं तिरस्करः। उदग्रभं परिपानाद् यातुधानम् किमीदीनम् तेनाहं सर्वं पश्याम्युत शुर्द्र मृतार्यमा। यो अन्तरिक्षेण पति दिव यत् च अतिसर्पित भूमिं यो मन्यते नाथं तं पिशाच प्रदर्शय

Chanted along with binding of Sadapushpam in healing ceremony

# 37<sup>TH</sup> SUKTA – KRIMINASHANA SUKTA

त्वया पूर्वं अथर्वाणो जघ्नु रक्षांस्य ओषधे त्वया जघान कश्यपस्त्वाय कण्वो अगस्त्यः। त्वया व्यमस्परसो गन्धर्वस्च अतयामये अजश्रुङ्ग्यजं रक्षः सर्वान् गन्धेन नाशय। नदीं यत् अप्सरसो आपं तारम अश्वसं गुग्गुलु पीला नलध्यो अक्ष गन्धि प्रमन्दिन तत् पेरतप्सरसः प्रतिभुध्द अभूतन्। यत्रश्वाथः न्यग्रोध महावृक्षः शिखण्डिनः तत् पेरतप्सरसः प्रतिभुधः अभूतन्। यत्र वः प्रेन्खा हरित अर्जुनाहुत यत्र घाठाः कर्कयः संवदन्ति तत् पेरतप्सरसः प्रतिभुधः अभूतन्। ययमगनोशधीनां वीरुधां वीर्यवती अजश्रुनान्य राटिक तीक्ष्ण शृङ्गी व्युषत्। आनृत्यतः शिखण्दिन् गन्धर्वस्यस्य अप्सरा पतेः भिनध्मि मुष्कावापि यामि शेपः। भीम इन्द्रस्य हेतयः शतमस्तीरयस्मायि ताभिर् हिवरधान् गन्धर्वानव कादान् व्युषत्। अवकादान भिशोचान् अप्सु ज्योतय मामकान् पिशाचान् सर्वान् ओषधे प्र म्रुणीही सहस्व च। श्वेवैकः किपिरेवैकः कुमारः सर्विकशकः प्रियो दृशो एवा भूत्वा गन्धर्व सचते त्रयस्तिमतो नाशयामसी ब्रह्मणा वीर्यावता जया इद् वो अप्सरसो गन्धर्वः पतयो यूयं अप धावतामर्त्य मर्त्यान् मा सचध्वं

This Suktha is useful against Krimi

5th KHANDA44

1<sup>ST</sup> SUKTA – AMRUTA SUKTA

ऋधञ मन्त्रो योनि या आबभूव अम्रुतसुर् वर्धमानाः सुजन्म अधब्द असुर् भ्राजमानो अहॆव त्रितो धर्ता दधार त्रीणि । आ यो धर्माणि प्रथमः ससाद ततो वपूम्शम् कृनुषे पुरूनि ध्यासुर् योनि प्रथमा आविवेश यो वाचं अनुदितां चिकेत। यस्ते शोकाय तन्वं शिरेच क्षरिधरन्य शुचयो अनु स्वाः अत्रा दधेत अमृतानि नमास्मे वस्त्राणि विश यरन्यतां। प्र येदेत परतरं पूर्वं गुः सदः सद आतिष्टन्तो अर्जुनं कविः शुषस्य मातर रिहान्ये जाम्यो धुर्यं पतिमेरयेथाम्। तदू षु ते महत् प्रथुज्मन् नमः कविहि काव्येन कृणोमि यत् संयन्जाव भियन्ताविभ क्षामत्र मिह रोधचक्रे वात्रुधेते। सप्त मर्यादाः कवयस् तक्षुस्ता सामिदेकामभ्यं यो गात् आयोर्ह स्कम्भ उपमस्य नीडी पथं विसर्गो धरनेषु तस्थो। आताम्रुतासुर् व्रत एमी कर्णवन्न सुरात्म तन्वा सत

स्तत् सम्दुगुह् उत वा शुक्रो रत्नं दधत्युर्जय वा यत् सचते हविर्दाः। उत पुत्र पितरं क्षत्रमीडे जेष्टं मर्याद महयन्त स्वस्ते दर्शन् नु ता वरुण यास्ते विष्ट आवर्व्रततः कृणवो वपुम्षी। अर्धमर्धेन पयसा प्रुनक्ष्यर्धेन शश्म वर्धसे अमुरा अविम ब्रुधाम श्रग्मेयं सखायं वरुणं पुत्रंमदित्य इषिरं कविशस्तान्यस्मै वपुम्ष्य वॊचाम् रोदसी सत्यवाच

This is considered as Pustika Mantra, ceremony against abortion, to acquire good fortune,

# 4<sup>TH</sup> SUKTA – TAKMA NASHANA SUKTA

यो गिरिश्वजायथा वीरुधां बलवत्तमः कुष्टेहि तक्मनाशन तक्मानं नाशयनीतह। सुपर्ण सुवने गिरो जातं हिमवतस्परि धनैरभि श्रुत्वा यन्ति विदुर्हि तक्मनाशनम्। अश्वत्थो देवसदनस् तृतीय अस्यमितो दिवि तत्रामृतस्य चक्षण देवाः कुश्तमवन्वत। हिरण्यया नोरचर्धिरण्य बन्धन दिवि तत्रामृतस्य पुष्पं देवाः कुश्तमवन्वत। हिरण्ययाः पन्थान आसिनरीत्राणि हिरण्यया नावो हिरन्ययीरसम् याभिः कुष्टं निरावहन्। इमं मे कुष्ट परुषं तमा वह तं निष्कुरु तम् मे अगदं कृधि। देवेभ्यो अधि जातो असि सोमस्यासी सुखा हितः स प्राणाय व्यानाय चक्षुषे मे अस्मै मृड। उदन् जातो हिमवतः स प्राच्यां नीयसे जनं तत्र कुष्टस्य नामानि उत्तमानि वि भेजीरे। उत्तमो नाम कुष्टस्य उत्तमो नाम ते पिता यक्ष्मं च सर्व नाशाय तक्मानं चारसं कृधि। शीर्ष मयमुपहत्य अमक्ष्योस् तन्वो रपः कुष्तस्तत् सर्वं दैवं समह वृष्ण्यं। In this suktha, strongest of plants Kushtha, to treat Takman, i.e fever. This suktha is included under Takma Nashana Gana and Kustalingas, useful for healing Rajayakshma also

# 5<sup>TH</sup> SUKTA – LAKSHA SUKTA

रात्रि माता नभः पितार्यमा ते पितामह सिलाचि नाम वा असि स देवानमसी स्वसा। यस्त्व पिबति जीवित त्रायसे पुरुषं त्वं भर्त्री ही शाश्वतामसी जनानां च न्यञ्चनी। वृक्षं वृक्षं आरोहसी वृषन्यन्तीव कन्यला जयन्ति प्रत्यातिष्तन्ति स्पराणि नाम वा असि। यद् दण्डेन यदिष्व यद् वारुर्हरस कृतं तस्य त्वमसि निष्कृति सेमं निष्कृधि पूरुषं। भद्रात् प्लक्षा तिष्टस्य अश्वत्तात् खिदराद् धवात् भद्राणि न्यग्रोधात् पर्णात् सा न यह्यु रुन्धित। हिरण्यवर्णो सुभगे सुर्यवर्णे वपुष्तमे रुतं गछ सी निष्कृते निष्कृतिनाम वा असि। हिरण्यवर्णो सुभगो शुष्मे लोमश्वक्षने अपामसी स्वसा लाक्षे

वातो हात्म बभूव ते। षिलाची नाम कानीनो अजबभु पिता तव अश्वो यमस्य यः श्यावस्तस्य हास्नास्युक्षिता। अश्वस्यास्नः संपतिता सा वृक्षो अभि सिष्यदे सरा पतित्रणी भूत्वा सा न ह्य रुन्धित।

This sukta is found in Paippa. Not in koushika brahmana, useful for healing flesh wound

### 6<sup>TH</sup> SUKTA –BRAHMA VIDYA SUKTA

ब्रह्मं जज्ञानं प्रंथमं पुरस्ताद् वि सींमृतः सुरुचों वेन आंवः ।स बुध्न्याऽ उपमा अंस्य विष्ठाः सृतश्च योनिमसंतश्च वि वंः ॥१॥अनांप्ता ये वंः प्रथमा यानि कर्माणि चिक्रिरे।वीरान् नो अत्र मा दंभन् तद् वं एतत् पुरो दंधे ॥२॥सहस्रंधार एव ते समंस्वरन् द्विवो नाके मधुंजिह्वा असुश्चतंः ।तस्य स्पश्मो न नि मिंषन्ति भूर्णयः प्रदेपंदे पा्शिनंः सन्ति सेतंवे ॥३॥पर्यू षु प्र धंन्वा वाजंसातये परि वृत्राणिं सुक्षणिः ।द्विषस्तदध्यंणिवेनंयसे सनिस्त्रसो नामांसि त्रयोद्धशो मास इन्द्रंस्य गृहः ॥४॥न्वे३तेनांरात्सीरसौं स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥५॥अपैतेनांरात्सीरसौ स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥६॥अपैतेनांरात्सीरसौ स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥६॥अपैतेनांरात्सीरसौ स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥६॥अपैतेनांरात्सीरसौ स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥६॥अपैतेनांरात्सीरसौ स्वाहां ।तिग्मायुंधौ तिग्महेंती सुशेवौ सोमांरुद्राविह सु मृंडतं नः ॥७॥मुमुक्तमस्मान् दुंिरतादंवद्याज्ञुषेथां यज्ञमृमृतंमस्मासुं धत्तम्॥८॥चक्षुंषो हेते मनंसो हेते ब्रह्मंणो हेते तपंसश्च हेते ।मेन्या मेनिरंस्यमेनयुस्ते संन्तु ये३स्माँ अभ्यघायन्ति ॥९॥यो३ऽस्मांश्वश्चंषा मनंसा वित्त्याकूंत्या च यो अघायुरंभिदासांत्।त्वं तानंग्ने मेन्यामेनीन् कृणु स्वाहां ॥१०॥इन्द्रंस्य गृहोऽसि । तं त्वा प्र पंद्ये तं त्वा प्र विशामि सर्वगुःसर्वपूरुषः सर्वात्मा सर्वतन्ः सुह यन्मेऽस्ति तेनं ॥१२॥इन्द्रंस्य वर्रूश्य वर्म्सि । तं त्वा प्र पंद्ये तं त्वा प्रविशामि सर्वगुःसर्वपूरुषः सर्वात्मा सर्वतनः सुह यन्मेऽस्ति तेनं ॥१३॥इन्द्रंस्य वर्ल्यमि । तं त्वा प्र पंद्ये तं त्वा प्रविशामि सर्वगुःसर्वपूरुषः सर्वात्मा सर्वतनः सुह यन्मेऽस्ति तेनं ॥१४॥

This Suktha is useful in healing ceramoney, protecting child bearing woman, epilepsy included under Rudra Ghana

### 8<sup>TH</sup> SUKTA – SHATRU NASHANA SUKTA

त्रयवसाना षट्-पदा युष्णिग्गर्भा जगती।वैकुङ्कृतेनेध्मेनं द्वेवेभ्य आज्यं वह ।अग्ने ताँ इह मांदय सर्वं आ यंन्तु मे हवंम्॥१॥इन्द्रा यांहि मे हवंमिदं कंरिष्यामि तच्छृंणु ।इम ऐन्द्रा अंतिसरा आकूंतिं सं नंमन्तु मे ।तेभिंः शकेम वीर्यं१ जातंवेदस्तनूंविशन्॥२॥यदसावमुतों देवा अदेवः संश्चिकीषित ।मा तस्याग्निर्हृव्यं वांक्षीद्धवं देवा अंस्य मोपं गुर्ममैव हवमेतंन ॥३॥अतिं धावतातिसरा इन्द्रंस्य वचंसा हत ।अविं वृकं इव मध्नीत् स वो जीवन्मा मोंचि प्राणमस्यापि नह्यत ॥४॥यम्मी पुंरोदिधेरे ब्रह्माण्मपंभूतये ।इन्द्र स तें अधस्पदं तं प्रत्यंस्यामि मृत्यवें ॥५॥यदिं प्रेयुर्देवंपुरा ब्रह्म वर्माणि चिक्र्रिरे।तनूपानं परिपाणं कृण्वाना यदुंपोचिरे सर्वं तदंरसं कृधि ॥६॥यानसावंतिसरांश्चकारं कृणवंच्च यान्।त्वं तानिन्द्र वृत्रहन् प्रतीचः पुनरा कृधि यथामुं तृणहां जनम्॥७॥यथेन्द्रं उद्वाचंनं लब्धवा चक्रे अंधस्पदम्।कृण्वे३ऽहमधंरांस्तथामूञ्छंश्वतीभ्यः समांभ्यः ॥८॥अत्रैनानिन्द्र वृत्रहत्रुग्रो मर्मणि विध्य ।अत्रैवैनांनृभि तिष्ठेन्द्र मेद्द्यंश्हं तवं ।अन्ं त्वेन्द्रा रंभामहे स्यामं सुमतौ तवं ॥९॥

Chanting of this suktha takes away witchcraft

## 9<sup>TH</sup> SUKTA - ATMA SUKTA

दिवे स्वाहा। प्रुधिव्यो स्वाहा। अन्तरिक्षाय स्वाहा। सूर्यो मे चल्षुर्वातः प्राणो अन्तरिक्षमात्मा पृथिवी शरीरं अस्तुतो नामाहमयमस्मि स आत्मानं नि दधे ध्यावा प्रुधिविभ्यां गौपिथाय । ऊदायुरूद बलमुत् क्रुतमुत् कृत्यामुन्मनीशामुदेन्द्रीयं आस्युष् कृत् आयुष्पत्नी स्वधन्वन्तो गौप मे स्तं गौपायतम् मा आत्मसदो मे स्तं मा मा हिसिष्टं

Chanting of this suktha is useful for remedial cremoney included in Takma Nashana Gana

## 13<sup>TH</sup> SUKTA – SARPAVISHA NASHANA SUKTA

दिदिर्हि मह्यं वरुणो दिवः किवर्वचोभिरुग्रेनिर् रिणामि ते विषं खातमखातमुत सक्तमग्रम् भिमरेव धन्वन्नि जजास ते विषं। यत् ते अपोदकं विषं तत् त येतास्वग्रभं गृहणामि ते मध्यमं उत्तमम् रसं उतावं भियसा नेशदादु ते।वृषा मे रवो नभसा न तन्यतुरुग्रेण ते वचसा बाध आदु ते अहं तमस्य नृभिरग्रभं रसं तमस एव ज्योतिरुदेतु सूर्यः। चक्षुषा ते चक्षुर्हिन्मे विषेण हन्मि ते विषं अहे प्रियस्व मा जीवीह् प्रत्यग्भ्येतु त्वा विषं। किरात प्रुश्न उपनुन्य बभ्रु आ मे श्रुनुतासिता अलीकाः मा मे सुख्युः स्तामान्मिप श्ताश्रावयन्तो नि विषे रमध्वं। असितस्य तैमातस्य बभ्रुरपूदकस्य च स्रात्रासाहस्याहम् मन्योरव ज्यामिव धन्वनो वि मुञ्चामि रथ एव। आलिगी च विलिगी च पिता च माता च विध्म वः सर्वतो बन्ध्वरसाः किं किरष्यथ। ऊरुगूलाय दुहिता जात दास्यस्किन्या प्रतङ्का ददृशीनां सर्वासांरसं विषं। कर्णा श्वावित् तद्भवीद गोरेरव चरन्तिका यः कास्चोमाः खनित्रिमास्तासामरसतमं विषं। ताबुवं न ताबुवं न धेत् त्वमसी ताबुवं ताबुवेनारसं विषं।

तुस्तुवं न तुस्तुवं न घेतु त्वमसी तस्तुवं तस्तुवीनारसं

This suktha is useful in healing poisonous wound to prevent witchcraft rite

### 22<sup>ND</sup> SUKTA

अगिन्स्तक्मनामप बाधतामितः सोमो वरुणः पूतदक्षाह् वेदिर्बहिहि सिमधः शोषुचाना अप द्वेषांस्यमुया भवन्तु। अयं यो विश्वान् हरितान् कृनोष्युच्होच यन्नग्निरि वाभिदुन्वन अधा ही तक्मन्नरसो ही भूयो अधा न्य दन्धरान् वा परेहि। यः पुरुषः पुरुषयो अवध्वंस इवारुण तक्मानं विश्वधावीर्याधरञ्चं परा सुव। धराञ्चं प्र हिनोमि नमः कृत्वा तक्मने शकंभरस्य मुष्टिहा पुनरेतु महावृषान्। ओको अस्य मुजवन्त ओको अस्य महावृषा यावत् जातस् तक्मस्ता वानिस बिलःकेषु न्योचरः। तक्मन् व्याल वि गद व्यङ्गः भूरि यावप दासीं निष्टाक् वरीं एचम्म तां वन्नेण समर्पय। तक्मन् मुजवतो गत् च बिलह्कान् वा परस्तरां शूद्रां इचाम् तां तक्मन् वीव धूनुहि। महावृषान् मूजावतो बन्ध्वधिः परेत्रय प्रैतानि तक्मने बुमो अन्य क्षेत्राणि वा इ मा। अन्यक्षेत्रे न रमसे वशी सन् मृदयासी नः अभृदु प्रार्थस्तक्मन स गमिष्यित बिलह्कान्। यत् त्वं शीतो अथो सह कासावेपयः भीमास्ते तक्मन् हेतयस्ताभिः स्म परि वृदग्धि न। मा स्मैतान्तसखेन् कुरुथ बलासं कासमुद्युगम् मा स्मातो आर्वादो पुनस्तात् त्वा तक्मन्नुप बुवे। तक्मन् भ्रात्रा बलासेन स्वस्र कासीकया सह पाप्मा भ्रत्रव्येन सह गत् च अमुमरणं जनं। तृतीयकं वित्रुतीयं सदन्दिमुत शारदम् तक्मानं शीतं रुरं ग्रैष्मं नाशाय वार्षिकं। गन्धारिभ्यो मुजवृध्ह्यो अन्गेभ्यो मगधेभ्यो प्रैश्यन् जनमिव शेविधं तक्मानं परि दध्यसी

In this suktha prayer is done for Agni to take away the fever.

## 23<sup>RD</sup> SUKTA – KRIMIGHNA SUKTA

ओति मे ध्याव पृथिवी ओतो देवी सरस्वती ओतो म इन्द्र च अग्नि क्रिमि जम्भयतां इति। अस्येन्द्र कुमारस्य क्रिमीन् धनपते जिह हता विश्वा अराताय उग्नेण वचसा मम। यो अक्ष्यो पिरसपिति यो नासे पिरसपिति दतां यो मध्यं गच्छिति तं क्रिमि जम्भयमसी। सरूपो द्वो विरूपो द्वो कृष्णो द्वो रोहितो द्वो बभ्रुस्च बभ्रुकर्णच गृध्र कोकस्च ते हताः। ये कृम्पः शितिकक्षा ये कृष्णः शितिबाहवह् ये के च विश्व रूपस्तान् कृमिन जम्बयामसी। उत् पुरस्तात् सूर्यं यित विश्वदृष्टो अद्रुष्टाह दृष्टा च घ्न न्नद्रुष्टां च सर्वां च प्रमृणन् कृमिन्। येवाशासः कष्कचासः यजत्काः शिपविल्लुकाः दृष्टश्च हन्यात् कृमिरुताद्रुस्तस्च हन्यतां न्निशीषाणां न्निककुन्दं क्रिमि सारङ्गं अर्जुनं श्रुनांयस्य प्रुस्थिरापि वृस्चामि यत् चरः। इतो येवाषः कृमीणा हतो नदिनमोत सर्वान् नि मष्मशाकरं द्रुषदा खुल्वो इव। आत्रिवद् वः कृमयो हन्मि कण्ववत् जमदिग्नवत् अगस्तस्य ब्रह्मणा सं पिनश्याहम् क्रिमीन्। हतो राजा कृमीनांमुतैषां स्थापतिर्हतः हतो हतमात क्रिमिर् हत भ्राता हतस्वस। हतासो अस्य वेशसो हतासः परिवेशसह् अथो ये क्षुल् लक इव सर्वे ते क्रिमयो हताः। सर्वेषां च कृमीणां सर्वासां च कृमीणां भिनध्यष्प शिरो दहाम्य अग्निना मुखं।

In this suktha God saraswati is prayed, chanting of the same useful against worms

### 25<sup>TH</sup> SUKTA – GARBHADHANA SUKTA

पर्वताद् द्विवो योने्रङ्गांदङ्गात् सुमाभृंतम्।शेपो॒ गर्भस्य रेतोधाः सरौं पूर्णिमवा दंधत्॥१॥यथे्यं पृंथि्वी मही भूतानां गर्भमाद्धे।एवा दंधामि ते गर्भं तस्मै त्वामवंसे हवे ॥२॥गर्भं धेहि सिनीवालि गर्भं धेहि सरस्वति ।गर्भं ते अश्विनोभा धंतां पुष्कंरस्रजा ॥३॥गर्भं ते मित्रावरुंणौ गर्भं देवो बृह्स्पतिः ।गर्भं त इन्द्रंश्चाग्निश्च गर्भं धाता दंधातु ते ॥४॥विष्णुर्योनिं कल्पयतु त्वष्टां रूपाणिं पिंशतु ।आ सिंञ्चतु प्रजापंतिर्धाता गर्भं दधातु ते ॥५॥यद् वेद्व राजा॒ वर्रुणो यद् वां देवी सरंस्वती ।यदिन्द्रों वृत्रहा वेद्र तद् गंर्भुकरंणं पिब ॥६॥गर्भों अस्योषंधीनां गर्भों वनस्पतींनाम्।गर्भो विश्वंस्य भूतस्य सो अंग्रे गर्भमेह धांः ॥७॥अधिं स्कन्द वी्रयंस्व गर्भमा धेंहि योन्यांम्।वृषांसि वृष्ण्यावन् प्रजायै त्वा नंयामसि ॥८॥वि जिंहीष्व बार्हत्सामे् गर्भस्ते योनिमा शंयाम्।अदुंष्टे देवाः पुत्रं सोंमुपा उंभयाविनंम्॥९॥धातुः श्रेष्ठेंन रूपेणास्या नार्या गवीन्योः ।पूमांसं पुत्रमा धेंहि दशमे मासि सूतंवे ॥१०॥त्वष्टः श्रेष्ठेंन रूपेणास्या नार्या गवीन्योः ।पुमांंसं पुत्रमा धेंहि दशुमे मासि सूतंवे ॥११॥सविंतुः श्रेष्ठेंन रूपेणास्या नार्यां गवीन्योः ।पुमांंसं पुत्रमा धेंहि दशुमे मासि सतंवे रूपेणास्या ॥१२॥प्रजांपते श्रेष्ठेंन नार्या' गवीन्योः पुमांसं पुत्रमा धेंहि दशुमे मासि सूतंवे ॥१३॥

In this suktha, Sinivali, Saraswati, Ashvini, Mitra-and-Varuṇa, Brihaspati, Indra and Agni, Vishṇu, Prajapati . This suktha is useful in Pumsavana

## 28<sup>TH</sup> AND 30<sup>TH</sup> DEERGHAYU SUKTA

[नव प्रानान् नविभिः सं मिमीते दीर्घायुत्वाय शतशारदाय हरीते त्रीणि रजते त्रीणी अयसी त्रीणी तपसाविष्टीतानी। अग्निः सूर्य चन्द्र भूमिः आपो धयो अन्तरिक्षं प्रदिशो दिशश्च आर्तवा ऋतुभिः संविदाना अनेन मा त्रिवृता पारयन्तु। त्रयः पोषस्त्तिवृति श्रयन्तामनक्तु पूषा पयसा घृतेन अन्नस्य भूम पुरुषस्य भूम भूम पश्नम् इह श्रायन्तां इमं आदितय वसुना समुक्शते ममग्ने वर्धय वावृधानः इमं इन्द्रं सं सृजा वीयेण अस्मिन् त्रित्र्यत्व्र्रयताम् पूषिपष्णु। भुमिष्ट्वा पातु हईतेन विश्व बृत् अग्निः पिपत्वयसा सजोषाः वुरुध् भिष्टे अर्जुनं संविदानं दक्षं दधातु समनस्यमानम्। त्रेधा जातं जन्म नेदं हरिन्यं अग्नेः येकं प्रियतां बभूव सोमस्येकं हिम्सेतस्य पारपतत् आपमेक वेधसाम् रेत आहुस्तात् ते हिरण्य त्रिवृदस्त्वायुषे। त्रायुषं जमदग्ने काश्यपस्य त्रायुषं त्रेधामृतस्य चक्षणम् त्रीन्ययुषी ते अकरं। त्रयः सुपर्ण त्रिवृता यादयेन् येकाक्क्षर अभिसम्भूय शक्राः प्रत्योह हन्मृत्युम मृतेन साकमन्तर्दधान दुरेतानि विश्वं। दिवस्त्व पातु हरीतं मध्यात् त्व पात्व अर्जुनं भूम्या अयस्मयम पातु प्रागाद् देवपुरा अयं। हिमास्त्रिस्रो देव पुरस्तस्व रक्षन्तु सर्वतः तास्त्वं बिभ्रद वर्चस्त्वा उत्तरो दूषताम् भव। पुरं देवानां अमृतं हिरण्यं य आबेधे प्रथमो देवो अग्रे तस्मै नमो दश प्राचीः क्रुनोम्यनु मन्यतां त्रिवृदाबधे मे। आ त्व च्च तत्वर्यमा पूषा बृहस्पतिः अहर्जातस्य यत् नाम तेन त्वाति च्चतामसी। ऋतुबिष् त्वातं वैरायुषे वर्तते त्वा संवत्सरस्य तेजसा तेन संहनु कृन्मसी। घृतादुल्लुप्तं मधुना समक्तं भूमिं दुहं उच्यताम् पारियष्णु भिन्दत् सपत्नान धरां च कृनवधा आरोह महाते सोभगाय। आवतस्त आवतः परावतस्त आवतः इहेव भव मा न् गा

मा पुर्वाननु गाः पित्रुनसुं बध्नामि ते द्रुडं। यत् त्वाभि चेरुहु पुरुषः स्वो यत् अरन्यो जनः उन्मोचन प्रमोचन उभे वाच वदामि ते। यत् दुद्रोहित शिपिवे स्त्तीयै पुंसे अचित्य उन्मोचन प्रमोचने उभे वाच वदामि ते। येदेनसो मात्रुकृता च्हषे पितृ कृताश्च यत् उन्मोचन प्रमोचने उभे वाच वदामि ते। यत् ते माता येत् ते पिता जामिभ्रात च सर्जतः प्रत्यक् सेवस्व भेषजं जरिदष्टं कृणोमि त्व। इहैध पुरुषः सर्वेण मनसा सह दूतो यमस्य मानु गा अधि जीवपुरा इहि। अनुहूत पुनरेहि विद्वानुदयनम् पथं आरोहणं आक्रमणं जीवतो जीवतो अयनं। मा बिभेन मिरष्यसी जरिदष्टम् कृणूमि त्वा निरवोचं अहं यक्ष्मं अनोभ्यो अङ्गज्वरम् तव। अनाभेदो अङ्गज्वरो यत् च ते हुदयामयः यक्ष्मः श्येन इव प्राप्तद् वाचा साङः परस्तरां। ऋशी बोध प्रति बोध अवस्वप्नो यत् च जागृविः तो ते प्राणस्य गोप्तारो दिवा नक्तं च जागृतां अयं अग्निरुपसद्य इह सूर्य उदेतु ते उदेहि मृत्योर् गम्भीरात क्रुश्नाचित् तमस्परी नमो यमाय नमो अस्तु मृत्यवे नमः पितृभ्य उत ये नयन्ति उत्पारणस्य यो वेद तं अग्नि पुरो दधे अस्मा अरिष्टतातय एतु प्राण येतु मन येतु चक्षुर् अथो बलं शरीरं अस्य संविदां तत् पद्म्यां प्रति तिष्टतु प्राणेन अग्ने चक्षुषं सं सुजेम समीरया तन्वा सं बलेन वेधंरुतस्य मा नु गन्य नु भूमि गृहो भुवत् मा ते प्राण उप दसन्तो अपानो अपि दािय ते सूर्यस्व अधिपतिर् मुर्थ्योरुदयन्तु रिष्टिमिः इ यम् अन्तर् वदिति जिह्वा बधा पनिष्यदा त्वया यक्ष्मं निरवोचम् शतं रोपीच तक्मन अयं लोकः प्रियतमो देवानमपरजितह् यस्मै तं इहा मृत्यवे दिष्टः पुरुष जित्नेष स च त्वान् हुयामसी मा पुरा जरसो मृथाः

In this sukta, God Aditya bestows Goodness, Indra with force, earth, the all-bearing, guard thee with the yellow one; let Agni rescue [thee] in accordance with the iron; let the silver one Arjuna bestow dexterity, with favouring mind, in accordance with the plants.

This suktha is recited in order to have a long life.

### 6th KHANDA45

#### 11. SUKTA- PUMSAVANA SUKTA

श्मीमंश्वत्थ आरूढ्स्तत्रं पुंसुंवंनं कृतम्।तद् वै पुत्रस्य वेदंनं तत् स्त्रीष्वा भंरामिस ॥१॥पुंसि वै रेतों भवित तत् स्त्रियामनुं षिच्यते ।तद् वै पुत्रस्य वेदंनं तत् प्रजापंतिरब्रवीत्॥२॥प्रजापंतिरनुंमितः सिनीवाल्यऽचीक्लुपत्।स्त्रषूंयमुन्यत्र दधृत् पुंमांसम् दधिदुह॥३॥

. Shami and Ashwath are applied to women, and Pumsavana is a ceremony for the conception of a male kid.

### 12. Sarpavishanashaka Suktha.

परि द्यामिंव सूर्योऽहींनां जिंनागमम्।रात्री जगंदिवान्यद्धंसात् तेनां ते वारये विषम्॥१॥ यद् ब्रह्मभिर्यदिषिंभिर्यद् देवैर्विदितं पुरा।यद् भूतं भव्यंमासन्वत् तेनां ते वारये विषम्॥२॥ मध्वां पृञ्चे नृद्यंः१ पर्वता गिरयो मधुं ।मधु परुंष्णी शीपांला शमास्त्रे अंस्तु शं हृदे॥३॥

This suktha is useful to against the poison of snakes.

#### 13<sup>TH</sup> SUKTA – MRUTYUNJAYA SUKTA

नमों देवव्धेभ्यों नमों राजव्धेभ्यंः ।अथों ये विश्यांनां व्धास्तेभ्यों मृत्यों नमोंऽस्तु ते ॥१॥ नमंस्ते अधिवाकायं परावाकायं ते नमंः ।सुमृत्यै मृंत्यों ते नमों दुर्मृत्यै तं इदं नमंः ॥२॥ नमंस्ते यातुधानेंभ्यों नमंस्ते भेषजेभ्यंः नमंस्ते मृत्यों मूलेंभ्यों ब्राह्मणेभ्यं इदं नमंः ॥३॥

This suktha is useful for Svasthyayana

### 14<sup>TH</sup> SUKTA – BALASHA NASHAKA SUKTA

अस्थिसंसं पंरुसंसमास्थितं हृदयामयम्। बुलासं सर्वं नाशयाङ्गेष्ठा यश्च पर्वसु ॥१॥ निर्बुलासं बलासिनः क्षिणोमिं मुष्कुरं यंथा । छिनदम्यंस्य बन्धंनं मूलंमुर्वार्वा इंव ॥२॥ निर्बुलासेतः प्र पंताशुङ्गः शिंशुको यंथा । अथो इटं इव हायनोपं द्राह्यवीरहा ॥३॥

used in a catarrh therapeutic rite, with the patient receiving varying amounts of prepared water.

### 16<sup>TH</sup> SUKTA – AKSHIROGA BHESHAJA SUKTA

आबंयो अनांबयो रसंस्त उग्र आंबयो । आ तें कर्म्भमंद्मिस ॥१॥ विहह्णो नामं ते पिता मदावंती नामं ते माता। स हिंन त्वमंसि यस्त्वमात्मानमावंयः ॥२॥ तौविंलिकेऽवेंल्यावायमैंल्ब ऐंलयीत्। ब्रभुश्चं ब्रभुकंर्णश्चापेंहि निरांल ॥३॥ अलुसालांसि पूर्वं सिलाञ्जांलास्युत्तंरा । नीलागलसालां ॥४॥

as a healing rite, for ailments of the eyes, with mustard plant, explained as designed for diseases of the eyes, with numerous uses of mustard plant

### 17<sup>TH</sup> SUKTA – GARBHAT BHRUHMANA SUKTA

यथेयं पृंथिवी मही भूतानां गर्भमाद्रधे। एवा तें ध्रियतां गर्भों अनु सूतुं सर्वितवे ॥१॥ यथेयं पृंथिवी मही दा्धारेमान् वनस्पतींन्। एवा तें ध्रियतां गर्भों अनु सूतुं सर्वितवे ॥२॥ यथेयं पृंथिवी मही दा्धार पर्वतान् गिरीन्। एवा तें ध्रियतां गर्भों अनु सूतुं सर्वितवे ॥३॥ यथेयं पृंथिवी मही दा्धार विष्ठितं जगंत्। एवा तें ध्रियतां गर्भों अनु सूतुं सर्वितवे ॥४॥

Useful in the fight against abortion

### 19<sup>TH</sup> SUKTA – PAVAMANA SUKTA

पुनन्तुं मा देवजनाः पुनन्तु मनंवो धिया।पुनन्तु विश्वां भूतानि पवंमानः पुनातु मा ॥१॥ पवंमानः पुनातु मा क्रत्वे दक्षांय जीवसें ।अथों अरिष्टतांतये ॥२॥ उभाभ्यां देव सवितः पवित्रेंण सवेनं च । अस्मान् पुंनीहि चक्षंसे ॥३॥

In this suktha purification of body was expected from god-folk, Manu, Dhi, Chanting of this suktha helps to achieve Good fortune.

### 20<sup>TH</sup> SUKTA – YAKSHMANASHANA SUKTA

अग्नेरिवास्य दहंत एति शुष्मिणं उतेवं मृत्तो विलपुत्रपांयित ।अन्यमुस्मिदंच्छतु कं चिंदव्रतस्तपुंर्वधाय नमों अस्तु तक्मनें ॥१॥ नमों रुद्राय नमों अस्तु तक्मनें नमो राज्ञे वरुंणाय त्विषींमते । नमों दिवे नमंः पृथिव्यै नम् ओषंधीभ्यः ॥२॥ अयं यो अंभिशोचियष्णुर्विश्वां रूपाणि हरिता कृणोषिं ।तस्मैं तेऽरुणायं बुभ्रवे नमंः कृणोमि वन्यांय तक्मनें ॥३॥

This suktha is mentioned in Takmanashana Gana, remedial for fever

### 21ST SUKTA – KEHSVARDHINI OUSHADI SUKTA

डुमा यास्तिसः पृंथिवीस्तासां हु भूमिंरुत्तमा। तासामधिं त्वचो अहं भेंष्रजं समुं जग्रभम्॥१॥ श्रेष्ठंमसि भेष्रजानां विसंष्ठं वीरुंधानाम्। सोमो भगं इव यामेंषु देवेषु वरुंणो यथां ॥२॥ रेवंतीरनांधृषः सिषासवंः सिषासथ । उत स्थ केंश्रदृंहंणीरथों ह केश्ववर्धनीः ॥३॥

In this sukta bhumi, Soma, Varuna are prayed for protecting hair

#### 23<sup>RD</sup> SUKTA – APAM BHESHAJA SUKTA

ससुषी्स्तद्वपसो् दिवा् नक्तं च ससुषीः ।वरंण्यक्रतुर्हम्पो देवीरुपं ह्वये ॥१॥ ओता् आपंः कर्मण्याऽमुञ्चन्त्वितः प्रणींतये ।सद्यः कृंण्वन्त्वेतंवे ॥२॥ देवस्यं सिवतुः सवे कर्मं कृण्वन्तु मानुंषाः । शं नीं भवन्त्वप ओषंधीः शि्वाः ॥३॥

This Suktha is useful in Pavamana Homa

### 24<sup>TH</sup> SUKTA – APAM BHESHAJA SUKTA

हिमवंतः प्र स्रंवन्ति सिन्धौं समह सङ्गमः । आपों ह मह्यं तद् देवीर्ददंन् हृद्योतभेषजम्॥१॥ यन्मैं अक्ष्योरांदिद्योत पाष्पर्योः प्रपंदोश्च यत्। आपुस्तत् सर्वं निष्कंरन् भिषजां सुभिषक्तमाः ॥२॥ सिन्धुंपत्नीः सिन्धुंराज्ञीः सर्वा या नृद्यंशस्थनं ।दत्त नुस्तस्यं भेषुजं तेनां वो भुनजामहै ॥३॥

In this suktha water which is moving from the mountain considered as remedy for heart-burn, burning of eyes, heels, front feet. This suktha is useful for Healing Ceremoney of Heart burn and dropsy

### 25<sup>TH</sup> SUKTA – MANYA NASHANA SUKTA

पञ्चं च याः पंञ्चाशच्चं संयन्ति मन्यां अभि।इतस्ताः सर्वां नश्यन्तु वाका अंपचितांमिव ॥१॥ सप्त च याः संप्तृतिश्चं संयन्ति ग्रैव्यां अभि।इतस्ताः सर्वां नश्यन्तु वाका अंपचितांमिव ॥२॥ नवं च या नंवृतिश्चं संयन्ति स्कन्ध्यां अभि।इतस्ताः सर्वां नश्यन्तु वाका अंपुचितांमिव ॥३॥

This suktha pathana is useful for Healing Gandamala

### 26<sup>TH</sup> SUKTA – PAPANASHANA SUKTA

अवं मा पाप्मन्त्सृज वृशी सन् मृंडयासि नः । आ मां भृद्रस्यं लोके पांप्मन् धृह्यविंहुतम्॥१॥ यो नः पाप्मन् न जहांसि तमुं त्वा जिहमो वृयम्। पृथामनुं व्यावर्तनेऽन्यं पाप्मानुं पद्यताम्॥२॥ अन्यत्रास्मन्त्युऽच्यतु सहस्राक्षो अमंर्त्यः । यं द्वेषांम् तमृंच्छतु यमुं द्विष्मस्तमिर्ज्जंहि ॥३॥

This suktha is useful in healing against all the diseases, included in Takma Nashana Ghana

### 30TH SUKTHA – IMPROVES HAIR

देवा इमं मधुंना संयुंतं यवं सरंस्वत्यामिधं मृणावंचर्कृषुः । इन्द्रं आसीत् सीरंपितः श्वतक्रंतुः कीनाशां आसन् मुरुतंः सुदानंवः ॥१॥ यस्ते मदोंऽवकेशो विंकेशो येनांभिहस्यं पुरुषं कृणोषिं । आरात् त्वदुन्या वनांनि वृक्षि त्वं शंमि शृतवंत्शा वि रोह ॥२॥ बृहंत्पलाशे सुभंगे वर्षवृद्ध ऋतांविर । मातेवं पुत्रेभ्यों मृडु केशेंभ्यः शिम ॥३॥

Asper this suktha Yava, combined with honey, prayed the gods Sarasvati and Indra, Maruts makes the hair good, which was intoxication that is thine, with loosened hair, with disheveled hair.

### 41ST SUKTA – DEERGHAYU PRAPTI SUKTA

मनंसे चेतंसे धिय आकूंतय उत चित्तंये ।मृत्यै श्रुताय चक्षंसे विधेमं हृविषां वयम्॥१॥ अपानायं व्यानायं प्राणाय भूरिंधायसे । सरंस्वत्या उरुव्यचें विधेमं हृविषां वयम्॥२॥ मा नों हासिषुर्ऋषंयो दैव्या ये तंनूपा ये नंस्तुन्वऽस्तनूजाः । अमंर्त्या मर्त्यां अभि नंः सचध्वमायुंर्धत्त प्रतुरं जीवसें नः ॥३॥

When mahavrihi rice is made to eat by Youth and useful in Godana this suktha is chanted

### 43<sup>RD</sup> SUKTA MRUTYU SHAMANA SUKTA

अयं दुर्भी विमन्युकः स्वाय चारंणाय च ।मृन्योर्विमंन्युकस्यायं मंन्युशमंन उच्यते ॥१॥ अयं यो भूरिंमूलः समुद्रमंवतिष्ठंति ।दुर्भः पृंथिव्या उत्थितो मन्युशमंन उच्यते ॥२॥ वि तें हन्व्यां शूरिणं वि ते मुख्यां नयामिस ।यथांवृशो न वार्दिषो ममं चित्तमुपायंसि ॥३॥

This suktha pathana gives sukha mrutyu

### 44<sup>TH</sup> SUKTA – ROGANASHANA SUKTA

अस्थाद् द्यौरस्थांत् पृथिव्यस्थाद् विश्वंमिदं जगंत्।अस्थुंर्वृक्षा ऊर्ध्वस्वंप्रास्तिष्ठाद् रोगों अयं तवं ॥१॥ श्रतं या भेंष्जानिं ते सहस्रं संगंतानि च ।श्रेष्ठंमास्रावभेषुजं वसिष्ठं रोगुनाशंनम्॥२॥ रुद्रस्य मूत्रंमस्यमृतंस्य नाभिः ।विषाणुका नाम् वा अंसि पितॄणां मूलादुत्थिंता वातीकृतुनाशंनी ॥३॥

In this Suktha useful in treating all the diseases, along withchanting of this suktha Vishana of Cow tied

## 45<sup>TH</sup> AND 46<sup>TH</sup> SUKTA – DUSVAPNA NASHANA SUKTA

प्रोऽपेंहि मनस्पाप् किमशंस्तानि शंसि ।परेंहि न त्वां कामये वृक्षां वनांनि सं चंर गृहेषुं गोषुं मे मनः ॥१॥ अवशसां निःशसा यत् पंरा्शसोंपारिम जाग्रंतो यत् स्वपन्तः ।अग्निर्विश्वान्यपं दुष्कृतान्यजुंष्टान्यारे अस्मद् दंधातु ॥२॥ यदिन्द्र ब्रह्मणस्पतेऽपि मृषा चरांमि । प्रचेता न आङ्गिरसो दुंरितात् पात्वंहंसः ॥३॥ यो न जीवोऽसि न मृतो देवानांममृतगृभीऽसि स्वप्न । वुरुणानी तें माता यमः पितारंरुर्नामांसि ॥१॥ विद्म तें स्वप्न जिनत्रं देवजामीनां पुत्रोऽसि यमस्य करंणः ।अन्तंकोऽसि मृत्युरंसि। तं त्वां स्वप्न तथा सं विद्म स नः स्वप्न दुष्वप्यांत् पाहि ॥२॥ यथां कृतां यथां श्राफं यथणं संनयंन्ति । एवा दुष्वप्यं सर्वं द्विष्वते सं नंयामिस ॥३॥

These two suktha are included under Duswapna Nashana Ghana

### 47<sup>TH</sup> SUKTA – DEERGHAYU PRAPTI SUKTA – FOR LONG LIFE

अग्निः प्रांतःसवने पांत्वस्मान् वैश्वान्रो विश्वकृद् विश्वशंभूः ।स नंः पावको द्रविणे दधात्वायुंष्मन्तः सहभंक्षाः स्याम ॥१॥ विश्वें देवा मुरुत् इन्द्रों अस्मानुस्मिन् द्वितीये सर्वने न जंहयुः । आयुंष्मन्तः प्रियमेंषां वदंन्तो वयं देवानां सुमृतौ स्यांम ॥२॥ इदं तृतीयं सर्वनं कवीनामृतेन ये चंमुसमैरंयन्त ।ते सौंधन्वनाः स्वऽरानशानाः स्विऽष्टिं नो अभि वस्यों नयन्तु ॥३॥

In this suktha Agni, Marut, Indraares prayed for long-lived, provided with draughts and Moksha.

## 49<sup>TH</sup> SUKTA – ETONASHANA SUKTA

निह तें अग्ने तन्वः क्रूरमानंश मर्त्यः ।कृपिर्बभिस्ति तेजंनं स्वं जरायु गौरिंव ॥१॥ मेष इंव वै सं च वि चोर्विऽच्यसे यदंत्तरद्रावुपंरश्च खादंतः ।शीष्णां शिरोऽप्ससाप्सों अर्दयंत्रंशून् बंभिस्ति हरितिभिरासिभः ॥२॥ सुपूर्णा वाचंमकृतोप ध्वयांखरे कृष्णां इषिरा अंनर्तिषुः ।

नि यन्नियन्त्युपंरस्य निष्कृतिं पुरू रेतों दिधरे सूर्यश्रितंः ॥३॥

In this suktha Agni is prayed for treating the Disorder of drinking of Soma

## 51st SUKTHA FOR VARIOUS BLESSINGS

वायोः पूतः पिवत्रेंण प्रत्यङ् सोमो अतिं द्रुतः ।इन्द्रंस्य युजः सखां ॥१॥ आपों अस्मान् मातरंः सूदयन्तु घृतेनं नो घृतप्वः पुनन्तु ।विश्वं हि रिप्रं प्रवहंन्ति देवीरुदिदांभ्यः शुचिरा पूत एंमि ॥२॥ यत् िकं चेदं वंरुण दैव्ये जनेंऽभिद्रोहं मंनुष्या३श्वरंन्ति ।अचिंत्त्या चेत् तव धर्मा युयोपिम मा नुस्तस्मादेनंसो देव रीरिषः ॥३॥

In this suktha Vayu, Varuna is prayed during healing rites against various diseases, and (25. 21) especially against disorders arising from soma drinking

### 52<sup>ND</sup> SUKTA – BHAISHAJYA SUKTA

उत् सूर्यों दिव एंति पुरो रक्षांसि निजूर्वन्।आदित्यः पर्वतेभ्यो विश्वहंष्टो अहष्ट्रहा॥१॥ नि गावों गो्ष्ठे अंसदन् नि मृगासों अविक्षत ।न्यू३र्मयों नदीनं न्यं१दृष्टां अलिप्सत ॥२॥ आयुर्ददं विपृश्चितं श्रुतां कण्वंस्य वी्रुर्धम्।आभांरिषं विश्वभेंषजीमस्यादृष्टान् नि शंमयत्॥३॥

This suktha is remedy against demons

### 53<sup>RD</sup> SUKTA – SARVATO RAKSHANA SUKTA

द्यौश्नं पृंथिवी शुक्रो इदं प्रचेंतसौ दक्षिणया Ħ पिपर्त च बृहन् अनुं स्वधा चिंकितां सोमों अग्निर्वायुर्नः पातु सविता भगंश्च ॥१॥ पुनः प्राणः पुनंरात्मा न ऐतु पुनुश्चश्चः पुनुरसुंर्न् ऐतुं ।वैश्वानुरो नो अदंब्धस्तनूपा अन्तस्तिष्ठाति दुरितानि विश्वां ॥२॥ त्वष्टां नो अत्र वरीयः कृणोत्वनुं नो मार्ष्टु तुन्वो३यद् विरिष्टम्॥३॥सं तन्भिरगंन्महि वर्चसा पयंसा मनंसा सं This suktha is considered as Remedy for Boils, Medhajanana, during Godhana ceramoney and Upanayana Ceremony

### 56<sup>TH</sup> SUKTHA FOR PROTECTION FROM SERPENTS.

मा नों देवा अहिंर्वधीत् सतोंकान्त्सहपुंरुषान्।सम्यंतं न वि ष्पंरद् व्यात्तं न सं यंमुन्नमों देवजुनेभ्यंः।।१।। नमोंऽस्त्विसताय नमुस्तिरंश्चिराजये ।स्वजायं बुभ्रवे नमो नमों देवजुनेभ्यंः ॥२॥ सं तें हन्मि दता दतः समुं ते हन्वा हनूं ।सं तें जिह्नयां जिह्नां सम्वास्नाहं आस्यऽम्॥३॥

In the ceremony for beginning Vedic study, it was used in a rite for protection against serpents, scorpions, and other venomous creatures.

### 57<sup>TH</sup> WITH A CERTAIN REMEDY AGAINST DISEASE.

इदिमद् वा उं भेषजिम्दं रुद्रस्यं भेषजिम्। येनेषुमेकंतेजनां श्वतशंल्यामपुब्रवंत्॥१॥ जालाषेणाभि षिञ्चत जालाषेणोपं सिञ्चत । जालाषमुग्रं भेषुजं तेनं नो मृड जीवसें ॥२॥ शं चं नो मयंश्च नो मा चं नः किं चनामंमत्। श्वमा रपो विश्वं नो अस्तु भेषुजं सर्वं नो अस्तु भेषुजम्॥३॥

In this suktha god Rudra is prayed useful in healing rite, while treating a bruise

### 62<sup>ND</sup> SUKTA – PAVAMANA SUKTA

वैश्वान् रेशिमभिर्नः पुनातु वातंः प्राणेनेषिरो नभोंभिः । द्यावांपृथिवी पयंसा पयंस्वती ऋतावंरी यृज्ञियें न पुनीताम्॥१॥ वैश्वान् रें स्तृतामा रंभध्वं यस्या आशांस्तुन्वोऽवीतपृष्ठाः । तयां गृणन्तंः सधमादेषु वयं स्यांम् पतंयो रयीनाम्॥२॥ वैश्वान् रीं वर्चस् आ रंभध्वं शुद्धा भवंन्तः शुचंयः पावकाः । इहेडंया सधुमादं मदंन्तो ज्योक् पंश्येम् सूर्यमुच्चरंन्तम्॥३॥ In this Suktha Agni is prayed and useful in Pavamana Homa.

### 71ST AGAINST HARM FROM IMPROPER FOOD.

यदन्नमिद्र्यं बहुधा विरूपं हिरंण्यमश्वंमुत गामुजामिवंम्।यदेव किं चं प्रतिज्ग्रहाहंमिप्रिष्टद्धोता सुहुंतं कृनोतु ॥१॥ यन्मां हुतमहुंतमाजगामं दत्तं पितृभिरनुंमतं मनुष्यैः ।यस्मांन्मे मन् उदिव रारंजीत्यप्रिष्टद्धोता सुहुंतं कृणोतु ॥२॥ यदन्नमद्म्यनृंतेन देवा दास्यन्नदांस्यन्नुत संगृणािमं । वैश्वानरस्यं महतो मंहिम्ना शिवं महां मध्मदस्त्वन्नंम॥३॥

Useful in the *upanayana*, accompanying an offering by the pupil from the food obtained by begging.

## $72^{ND}$ AND $100^{TH}$ VAJEEKARANA SUKTA WITH MANI DHARANA OF ARKA

यथांसितः प्रथयंते वशाँ अनु वपूंषि कृण्वन्नसुंरस्य माययां । एवा ते शेपः सहंसायमकींऽङ्गेनाङ्गं संसंमकं कृणोतु ॥१॥ यथा पसंस्तायाद्वरं वार्तेन स्थूल्भं कृतम्। यावृत् परंस्वतः पसुस्तावृत् ते वर्धतां पसंः ॥२॥ यावृदङ्गीनं पारंस्वतं हास्तिनं गार्दभं च यत्। यावृदश्वस्य वाजिनस्तावंत् ते वर्धतां पसंः ॥३॥

This suktha is considered as Vajeekarana Sukta chanted along with Mani dharana of Arka is Mentioned.

#### 76th SUKTA

य एंनं पिर्षिदिन्ति समाद्रधिति चक्षंसे ।संप्रेद्धौं अग्निर्जिह्वाभिरुदेंतु हृदंयादिधि ॥१॥ अग्नेः सांन्तपुनस्याहमायुंषे पुदमा रंभे ।अद्भातिर्यस्य पश्यंति धूममुद्यन्तंमास्यतः ॥२॥ यो अस्य समिधं वेदं क्षृत्रियेंण समाहिताम्।नाभिह्वारे पदं नि दंधाति स मृत्यवें ॥३॥ नैनं घ्नन्ति पर्यायिणो न सन्नाँ अवं गच्छति ।अग्नेर्यः क्षृत्रियों विद्वान् नामं गृह्णात्यायुंषे ॥४॥ This suktha is considered as Ayushya Sukta, useful for achieving long life.

#### 81st SUKTA

युन्तासि यच्छंसे हस्तावप् रक्षांसि सेधिस ।प्रजां धनं च गृह्णानः परिहस्तो अंभूद्वयम्॥१॥ परिहस्त वि धारय योनिं गर्भीय धातंवे ।मर्यादे पुत्रमा धेहि तं त्वमा गंमयागमे ॥२॥ यं परिहस्तमिबंभरिदितिः पुत्रकाम्या।त्वष्टा तमंस्या आ बंधाद् यथां पुत्रं जनादितिं॥३॥

Chanting of this suktha is useful for successful pregnancy with Manidharana. For conception of Male conception

### 83RD BHAISHAJYA SUKTA

अपंचितः प्र पंतत सुपर्णो वंस्तेरिंव ।सूर्यः कृणोतुं भेषुजं चुन्द्रमा वोऽपोंच्छतु ॥१॥ एन्येका श्येन्येकां कृष्णेका रोहिंणी द्वे।सर्वांसामग्रभं नामावींरघ्रीरपेंतन ॥२॥ असूतिंका रामायण्यऽप्चित् प्र पंतिष्यति ।ग्लिर्तः प्र पंतिष्यिति स गंलुन्तो नंशिष्यति ॥३॥ वीहि स्वामाहंतिं जुषाणो मनंसा स्वाहा मनंसा यदिदं जुहोमिं ॥४॥ Chanting of this this suktha is helpful in treating the disease Apaci.

## 85th and 91st SUKTA - Yakshmanashana Sukta - with barly oushadha dharana

वरणो वांरयाता अयं देवो वन्स्पतिः ।यक्ष्मो यो अस्मिन्नाविष्ट्स्तमुं देवा अंवीवरन्॥१॥ इन्द्रंस्य वचंसा वयं मित्रस्य वरुंणस्य च ।देवानां सर्वेषां वाचा यक्ष्मं ते वारयामहे ॥२॥ यथां वृत्र इमा आपंस्त्तस्तम्भं विश्वधां यतीः । एवा तें अग्निना यक्ष्मं वैश्वानरेणं वारये ॥३॥ इमं यवंमष्टायोगैः षंड्योगेभिरचर्कृषुः ।तेनां ते तन्वो३रपों ऽपाचीन्मपं व्यये ॥१॥ न्यंश्ग्वातों वाति न्यऽक् तपतिं सूर्यः।नीचीनंमुघ्या दुंहे न्यऽग् भवतु ते रपः ॥२॥ आप इद् वा उं भेष्रजीरापों अमीव्चातंनीः

आपों विश्वंस्य भेषुजीस्तास्तें कृण्वन्तु भेषुजम्॥३॥

In this suktha God Varuna is Prayed to treat Yakshma

### 90<sup>TH</sup> ISHUNASHANA SUKTA

यां तें रुद्र इषुमास्यदङ्गेंभ्यो हृदंयाय च । इदं तामद्य त्वद् वयं विषूंचीं वि वृंहामिस ॥ १॥ यास्तें शृतं धमन्योऽङ्गान्यनु विष्ठिताः । तासां ते सर्वांसां वयं निर्विषाणिं हृयामिस ॥ २॥ नमंस्ते रुद्रास्यंते नमः प्रतिंहितायै । नमों विसृज्यमांनायै नमो निपंतितायै ॥ ३॥

In this Suktha God rudra is prayed for treating intense pain.

#### 95TH KUSTHOUSHADHI NASHANA SUKTA

अश्वर्थो देंव्सदंनस्तृतीयंस्यामितो दिवि।तत्रामृतंस्य चक्षंणं देवाः कुष्ठंमवन्वत ॥१॥ हि्रण्ययी नौरंचरुद्धिरंण्यबन्धना दिवि।तत्रामृतंस्य पुष्पं देवाः कुष्ठंमवन्वत ॥२॥ गर्भी अस्योषंधीनां गर्भी हि्मवंतामुत।गर्भी विश्वंस्य भूतस्येमं में अग्रदं कृंधि ॥३॥

In this Suktha tree Ashwatha is considered as seat of the gods useful for Kushtha. It is prayed for treating Kushtha.

### 96<sup>TH</sup> CHIKITSA SUKTA

या ओषंधयः सोमंराज्ञीर्बुह्वीः श्वतिवंचक्षणाः ।बृह्स्पितंप्रसूता्स्ता नों मुञ्चन्त्वंहंसः ॥१॥ मुञ्चन्तुं मा शप्थ्या॒३दथों वरुण्याऽदुत।अथों यमस्य पड्वींशाद् विश्वंस्माद् देविकिल्बिषात्॥२॥ यच्चक्षुंषा् मनंसा् यच्चं वाचोपांरिम जाग्रंतो यत् स्वपन्तः ।सोम्स्तानिं स्वधयां नः पुनातु ॥३॥

The herbs whose king is Soma treats distress. Chanting of this suktha treats dropsy

### 100<sup>TH</sup> VISHADHUSHANA SUKTA

देवा अंदुः सूर्यो अदाद् द्यौरंदात् पृथिव्यऽदात्।तिस्रः सरंस्वतिरदुः सिचंत्ता विषदूषंणम्॥१॥ यद् वों देवा उंपजीका आसिंञ्चन् धन्वंन्युदकम्। तेनं देवप्रंसूतेनेदं दूषयता विषम्॥२॥ असुंराणां दुहितासि सा देवानांमसि स्वसां ।दिवस्पृंथिव्याः संभूता सा चंकर्थारसं विषम्॥३॥

In this Suktha God is prayed for reducing the strength of Poison.

## 105<sup>TH</sup> SUKTA – KASA SHAMANA SUKTA

यथा मनों मनस्केतः पंरापतंत्याशुमत्।एवा त्वं कासे प्र पंत मनसोऽनुं प्रवाय्यऽम्॥१॥ यथा बाणः सुसंशितः परापतंत्याशुमत्।एवा त्वं कासे प्र पंत पृथिव्या अनुं संवतंम्॥२॥ यथा सूर्यस्य रश्मयः परापतंन्त्याशुमत्।एवा त्वं कासे प्र पंत समुद्रस्यानुं विक्षुरम्॥३॥

Chanting of this Suktha is useful to reduce Kasa

### 108RH MEDHA JANANA SUKTA

त्वं नों मेधे प्रथमा गोभिरश्वेंभिरा गंहि ।त्वं सूर्यस्य र्शिमभिस्त्वं नों असि यृज्ञियां ॥१॥ मेधामृहं प्रंथमां ब्रह्मंण्वतीं ब्रह्मंजूतामृषिंष्टुताम्।प्रपींतां ब्रह्मचारिभिर्देवानामवंसे हुवे ॥२॥ यां मेधामृभवों विदुर्यां मेधामसुंरा विदुः ।ऋषंयो भद्रां मेधां यां विदुस्तां मय्या वेंशयामिस ॥३॥ यामृषंयो भूतुकृतों मेधां मेधाविनों विदुः ।तया मामृद्य मेधयाग्नें मेधाविनं कृणु ॥४॥ मेधां सायं मेधां प्रातर्मेधां मध्यन्दिनं परिं ।मेधां सूर्यस्य रशिमभिर्वचसा वेंशयामहे ॥५॥ This suktha is useful to get wisdom chanted prior to vedic study.

### 109TH PIPPALI BHAISHAJYA SUKTA

पिप्पुली क्षिंप्तभेषुज्यू३तार्तिविद्धभेषुजी।तां देवाः समंकल्पयन्नियं जीवित्वा अलंम्॥१॥ पिप्पुल्यंः१ समंवदन्तायतीर्जनंनादधिं।यं जीवमुश्नवांमहै न स रिष्याति पूरुंषः ॥२॥ असुंरास्त्वा न्यऽखनन् देवास्त्वोदंवपुन् पुनंः ।वातीकृंतस्य भेषुजीमथीं क्षिप्तस्यं भेषुजीम्॥३॥

In this suktha the medicine Pippali is said to prepare by to to attain life. Useful against wounds

### 110<sup>TH</sup> DEERGHAYU SUKTA

प्रतो हि कमीड्यों अध्वरेषुं सुनाच्च होता नव्यंश्च सित्स ।स्वां चांग्ने तुन्वं पिप्रायंस्वास्मभ्यं च सौभंगुमा यंजस्व ॥१॥ ज्येष्ट्रष्ट्यं जातो विचृतोंर्यमस्यं मूल्बर्हणात् परिं पाह्येनम्।अत्येंनं नेषद् दुरितानि विश्वां दीर्घायुत्वायं शतशांरदाय ॥२॥ व्याघ्रेऽह्न्यंजिनष्ट वीरो नंक्षत्रजा जायंमानः सुवीरंः ।स मा वंधीत् पितरं वर्धमानो मा मातरं प्र मिनीज्जिनित्रीम्॥३॥

This suktha is useful in child birth against Unlucky time

#### 111ST UNMATTA MOCHANA SUKTA

डुमं में अग्ने पुरुषं मुमुग्ध्ययं यो बृद्धः सुयंतो लालंपीति ।अतोऽधिं ते कृणवद् भाग्धेयं यदानुंन्मद्वितोऽसंति ॥१॥ अग्निष्टे नि शंमयतु यदिं ते मन् उद्युंतम्।कृणोिमं विद्वान् भेष्णं यदानुंन्मद्वितोऽसंसि ॥२॥ देवैन्सादुन्मंदित्मुन्मंत्तं रक्षंस्रस्परिं।कृणोिमं विद्वान् भेष्णं यदानुंन्मदितोऽसंति ॥३॥ पुनंस्त्वा दुरप्सरसः पुन्रिन्द्रः पुन्भीगः।पुनंस्त्वा दुर्विश्वें देवा यथानुंन्मदितोऽसंसि ॥४॥

This suktha is chanted against demons

#### 113st SUKTHA

त्रिते देवा अंमृजतैतदेनंस्त्रित एंनन्मनुष्येऽषु ममृजे ।ततो यदिं त्वा ग्राहिंरानृशे तां तें देवा ब्रह्मंणा नाशयन्तु ॥१॥ मरींचीधूमान् प्र विशानुं पाप्मन्नुदारान् गच्छोत वां नीहारान्।नदीनां फेनाँ अनु तान् वि नंश्य भ्रूणिघ्न पूंषन् दुरितानिं मृक्ष्व ॥२॥ द्वादुश्रधा निहिंतं त्रितस्यापंमृष्टं मनुष्यैनुसानिं ।ततो यदिं त्वा ग्राहिंरानुशे तां तें देवा ब्रह्मंणा नाशयन्तु ॥३॥

Chanting of this suktha is useful to release from seizure

#### 126st Suktha

उपं श्वासय पृथिवीमुत द्यां पुंरुत्रा तें वन्वतां विष्ठिंतं जगंत्।स दुंन्दुभे सुजूरिन्द्रेंण देवैर्दूराद् दवींयो अपं सेध् शत्रूंन्॥१॥ आ क्रंन्दय बल्मोजों न आ धां अभि ष्टंन दुरिता बाधंमानः ।अपं सेध दुन्दुभे दुच्छुनांमित इन्द्रंस्य मुष्टिरंसि वीडयंस्व ॥२॥ प्रामूं जंयाभी३मे जंयन्तु केतुमद् दुंन्दुभिवींवदीतु ।समश्वंपर्णाः पतन्तु नो नरोऽस्माकंमिन्द्र र्थिनों जयन्तु ॥३॥ When the drum is hammered and produces reverberation in this suktha, it gives human beings strength.

This suktha is useful in a battle rite, when the drums and other war musical instruments are sounded three times and passed to those who would play them.

### 127TH YAKSHMA NASHANA SUKTA

विद्रधस्यं बुलासंस्य लोहिंतस्य वनस्पते ।विसल्पंकस्योषधे मोच्छिंषः पिश्चितं चुन॥१॥ यौ तें बलास् तिष्ठंतः कक्षें मुष्कावपंश्रितौ ।वेदाहं तस्यं भेषुजं चीपुद्वंरिभ्चक्षंणम्॥२॥ यो अङ्ग्यो यः कर्ण्यो यो अक्ष्योर्विसल्पंकः ।वि वृंहामो विसल्पंकं विद्रधं हृंदयाम्यम्।परा तमज्ञांतुं यक्ष्मंमध्राञ्चं सुवामिस ॥३॥ In this suktha should be chanted after Smeared by Palasha and varuna to head while treating Yakshma.

### 129TH-BHAGAPRAPTI SUKTA

भगेंन मा शांशपेनं साकिमन्द्रेंण मेदिनां ।कृणोिमं भगिनं मापं द्रान्त्वरांतयः ॥१॥ येनं वृक्षाँ अभ्यभंवो भगेंन वर्चसा सह।तेनं मा भगिनं कृण्वपं द्रान्त्वरांतयः ॥२॥ यो अन्धो यः पुंनःसरो भगों वृक्षेष्वाहिंतः ।तेनं मा भगिनं कृण्वपं द्रान्त्वरांतयः ॥३॥

This Suktha is chanted during ceremony relating to women for good fortune, simultaneously shimshipa and souvarchala mani dharana also done.

### 133RD SUKTA – MEKHALA BHANDANA SUKTA

य इमां देवो मेखंलामाब्बन्ध् यः संनुनाह् य उं नो युयोजं ।यस्यं देवस्यं प्रशिषा् चरांमः स पारिमंच्छात् स स उं नो वि मुंञ्चात्॥१॥ आहुंतास्यभिहुंत् ऋषींणामस्यायुंधम्।पूर्वी व्रतस्यं प्राश्रृती वीर्ष्ट्री भंव मेखले ॥२॥ मृत्योर्ह ब्रह्मचा्री यदस्मिं निर्याचंन भूतात् प्रुरुषं यमायं ।तमहं ब्रह्मणा तपंसा श्रमेंणानयैंनं मेखंलया सिनामि ॥३॥ श्रद्धायां दहिता तपुसोऽधिं जाता स्वस् ऋषींणां भूतकृतां बुभूवं ।सा नों मेखले मृतिमा धेंहि मेधामथों नो धेहि तपं इन्द्रियं चं ॥४॥ यां त्वा पूर्वें भूतकृत ऋषंयः परिबेधिरे।सा त्वं परिं ष्वजस्व मां दींर्घायुत्वायं मेखले ॥५॥

In this suktha prayer is done to achieve Mati, Indra's power and provide long length of life.

## 136<sup>TH</sup> SUKTA – KESHA BHRUHMANA SUKTA

देवी देव्यामिधं जाता पृंथिव्यामंस्योषधे ।तां त्वां नितित्वं केशेंभ्यो दंहंणाय खनामिस ॥१॥ दंहं प्रत्नान् जनयाजांतान् जातानु वर्षीयसंस्कृधि ॥२॥ यस्ते केशोंऽवपद्यंते समूंलो यश्चं वृश्चतें । इदं तं विश्वभेंषज्याभि षिञ्चामि वीरुधां ॥३॥

This Suktha is remedial rites for increasing growth of hair

### 137<sup>TH</sup> SUKTA – KESHA VARDHANA SUKTA

यां जमदंग्निरखंनद् दुहित्रे केंश्वधीनीम्।तां वीतहंव्य आभेरदिसंतस्य गृहेभ्यः ॥१॥ अभीशुंना मेयां आसन् व्यामेनांनुमेयाः ।केशां नुडा इंव वर्धन्तां शीष्णीस्तें असिताः परिं ॥२॥ दृहं मूलुमाग्रं यच्छु वि मध्यं यामयौषधे ।केशां नुडा इंव वर्धन्तां शीष्णीस्तें असिताः परिं ॥३॥

In this Suktha herb which possess property to increase hair growth are considered as invented by Jamadagni for his daughter. Chanting of this suktha is useful increasing the hair growth

### 138<sup>TH</sup> SUKTA – KLAIBYA SUKTA

त्वं वीरुधां श्रेष्ठंतमाभिश्रुतास्योंषधे । इमं में अद्य पुरुषं क्लीबमोंपृशिनं कृधि ॥१॥ क्लीबं कृध्योपृशिन्मथों कुरीरिणं कृधि । अथास्येन्द्रो ग्रावंभ्यामुभे भिंनत्त्वाण्ड्यौऽ॥२॥ क्लीबं क्लीबं त्वांकरं वध्ने वध्निं त्वाकर्मरंसार्सं त्वांकरम्। कुरीरंमस्य शीर्षणि कुम्बं चाधिनिदंध्मसि ॥३॥ ये तें नाड्यौऽदेवकृते ययोस्तिष्ठंति वृष्ण्यंम्। ते तें भिनिद्ये शम्यंयामुष्या अधि मुष्कयोः ॥४॥ यथां नुडं कृशिपुंने स्त्रियों भिन्दन्त्यश्मंना । एवा भिनिद्य ते शेपोऽमुष्या अधि मुष्कयोः ॥५॥

This suktha is useful to making man impotent

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## 2<sup>ND</sup> SUKTA – ATHARVA ( ATMA SUKTA )

अथंर्वाणं पितरंं देवबंन्धुं मातुर्गर्भं पितुरसुं युवांनम्। य इमं युज्ञं मनंसा चिकेतु प्र णों वोचुस्तमिहेह ब्रंवः ॥१॥

Chanting of this suktha useful in healing ceremony

### 6<sup>TH</sup> SUKTA – ADITI SUKTA

अदितिर्द्यौरदितिरुन्तरिक्षमदितिर्माता स पुता स पुत्रः ।विश्वें देवा अदितिः पञ्च जना अदितिर्जातमदितिर्जनित्वम्॥१॥ महीम् सुव्रतानांमृतस्य पत्नीमवंसे मातरं हवामहे ष् तुविक्षुत्रामुजरंन्तीमुरूचीं सुशर्माणुमदितिं सुप्रणीतिम्॥२॥सुत्रामाणं पृथिवीं द्यामंने्हसं सुशर्माणुमदितिं सुप्रणींतिम्।दैवीं स्वरित्रामनांगसो अस्रंवन्तीमा नावं रुहेमा स्वस्तयें ||3|| वाजंस्य न् प्रंसवे मातरं महीमदितिं नाम वचंसा करामहे ।यस्यां उपस्थं उर्वंश्न्तरिक्षं सा नः शर्म त्रिवरूथं नि यंच्छात्॥४॥

In this Suktha God Aditi is prayed, useful for Svasthyayana

#### 12 SUKTHA

सुभा चं मा सिमंतिश्चावतां प्रजापंतेर्दुहितरौं संविदाने।येनां संगच्छा उपं मा सि शिक्षाच्चारं वदानि पितरः संगंतेषु ॥१॥ विद्म तें सभे नामं निरिष्टा नाम वा अंसि ।ये ते के चं सभासदस्ते में सन्तु सवांचसः ॥२॥ एषामहं सुमासींनानां वर्चीं विज्ञानमा दंदे ।अस्याः सर्वस्याः संसदो मामिन्द्र भिगनं कृणु ॥३॥ यद् वो मनः परांगतं यद् बद्धिमह वेह वां ।तद् व आ वंर्तयामिस मियं वो रमतां मनंः ॥४॥

This Suktha is useful for success in the assembly.

### 18<sup>TH</sup>- DHATA PRARTANA SUKTA

धाता दंधातु नो रियमीशांनो जगंतस्पितः ।स नः पूर्णेनं यच्छतु ॥१॥ धाता दंधातु दाशुषे प्राचीं जीवातुक्षिंताम्।व्यं देवस्यं धीमिह सुमृतिं विश्वरांधसः ॥२॥ धाता विश्वा वार्या दधातु प्रजाकांमाय दाशुषे दुरोणे।तस्मै देवाअमृतं सं व्यंयन्तु विश्वें देवा अदितिः सजोषाः ॥३॥ धाता रातिः संवितेदं जुंषन्तां प्रजापितिर्निधिपितिर्नो अग्निः ।त्वष्टा विष्णुंः प्रजयां संरराणो यजमानाय् द्रविणं दधातु ॥४॥

This Suktha is useful in in ceramoney related to women for achieving male child and for Sarva Karma.

### 20<sup>TH</sup> SUKTA – PRAJA SUKTA

प्रजापंतिर्जनयति प्रजा इमा धाता दंधातु सुमन्स्यमानः ।संजानानाः संमनसः सयोनयो मयि पुष्टं पुष्ट्रपतिर्दधातु ॥१॥ In this suktha Prajāpati prayed for acquiring child

# $33^{RD} \ (32^{ND} \ ) \ AND \ 3TH \ , 55^{TH} \ DEERGHAYU \ SUKTA$

उपं प्रियं पर्निप्नतं युवांनमाहृतीवधंम्। अगंन्म् बिभ्नंतो नमों दीर्घमायुं: कृणोतु मे ॥१॥

This suktha is included under AYUSHYA Gana useful for long life.

### 37<sup>TH</sup> SUKTA – ANJANA SUKTA

अक्ष्यौऽनौ मधुंसंकाशे अनींकं नौ सुमञ्जनम्।अन्तः कृष्णुष्व मां हृदि मन् इन्नौं सुहासंति ॥१॥

This Suktha is useful in in marriage ceramoney Anjana need to be applied to each other by the Spouses

### 53 55 th Suktha

अमुत्रभूयादि यद् यमस्य बृहंस्पतेरिभशंस्तेरंमुञ्चः ।प्रत्यौंहतामृश्वनां मृत्युम्स्मद् देवानांमग्ने भिषजा शचींभिः ॥१॥ सं क्रांमतं मा जंहीतं शरीरं प्राणापानौ तें स्युजांविह स्तांम्।शृतं जींव श्ररदो वर्धमानोऽग्निष्टें गोपा अधिपा विसंष्ठः ॥२॥ आयुर्यत् ते अतिहितं पराचैरंपानः प्राणः पुनरा ताविताम्।अग्निष्टदाहार्निरृंतेरुपस्थात् तदात्मिन पुनरा वेंशयामि ते ॥३॥ मेमं प्राणो हांसीन्मो अपानोऽवहाय परां गात्।सप्तिषिभ्यं एनं पिरं ददामि त एंनं स्वस्ति ज्रसें वहन्तु ॥४॥ प्र विंशतं प्राणापानावन्ड्वाहांविव व्रजम्।अयं जिर्मणः शेवधिरिरेष्ट इह वंर्धताम्॥५॥ आ तें प्राणं सुंवामिस परा यक्ष्मं सुवामि ते ।आयुंनीं विश्वतों दधदयमृग्निवरेंण्यः ॥६॥ उद् व्यं तमंसस्पिरे रोहंन्तो नाकंमुत्तमम्।देवं देवत्रा सूर्यमगंन्म ज्योतिंरुत्तमम्॥७॥

This Suktha is useful in some one's health and long life.

### 58<sup>TH</sup> SUKTA – VISHA BHAISHAJYA SUKTA

तिरंश्चिराजेरसितात् पृदांकोः पिर् संभृंतम्।तत् कुङ्कपंर्वणो विषिम्यं वीरुदंनीनशत्॥१॥ इयं वीरुन्मधुंजाता मधुश्चन्मंधुला मधः ।सा विह्नंतस्य भेषज्यथों मशक्जम्भंनी ॥२॥ यतों द्रष्टं यतों धीतं ततंस्ते निर्ह्वयामिस ।अर्भस्यं तृप्रदंिशनों मशकंस्यार्सं विषम्॥३॥ अयं यो वक्रो विपंरुर्व्यऽङ्गो मुखांनि वक्रा वृंजिना कृणोषिं ।तानि त्वं ब्रंह्मणस्पत इषीकांमिव सं नंमः ॥४॥ अर्सस्यं श्वर्कोटंस्य नीचीनंस्योपसर्पतः ।विषं ह्यंश्स्यादिष्यथों एनमजीजभम्॥५॥ न तें बाह्वोर्बलंमिस्ति न शीर्षे नोत मध्यतः ।अथ् कि पापयांमुया पुच्छें बिभर्ष्यर्भकम्॥६॥ अदन्तिं त्वा पिपीलिंका वि वृंश्चन्ति मयूर्यः ।

सर्वे भल ब्रवाथ शार्कोटमर्सं विषम्॥७॥ य उभाभ्यां प्रहरंसि पुच्छेन चा्स्येऽन च । आस्ये३ न तें विषं किमुं ते पुच्छुधावंसत्॥८॥

Chanting of this suktha is useful against venomous snake bites

### 67 69 th SUKTHA

पुनर्मैत्विन्द्रियं पुनरात्मा द्रविणं ब्राह्मणं च ।पुनर्ग्नयो धिष्ण्यां यथास्थाम कंल्पयन्तामिहैव॥१॥ Chanting of this suktha helps For recovery of sense, etc.

### **76 SUKTHA**

आ सुस्रसंः सुस्रसो असंतीभ्यो असंत्तराः ।से होरर्सतंरा लवणाद् विक्लेंदीयसीः ॥१॥या ग्रैव्यां अपृचितोऽथो या उंपपृक्ष्याः ।विजामि या अपृचितंः स्वयंस्रसंः ॥२॥यः कीकंसाः प्रशृणातिं तलीद्यऽमवृतिष्ठंति ।निर्हास्तं सर्वं जायान्यं यः कश्चं कुकुदिं श्रितः ॥३॥ पृक्षी जायान्यः पतित स आ विंशति पूरुंषम्।तदिक्षंतस्य भेषुजमुभयोः सुक्षंतस्य च ॥४॥ विद्म वै तें जायान्य जानं यतों जायान्य जायंसे ।कृथं ह तत्र त्वं हंनो यस्यं कृण्मो ह्विगृ्हे॥५॥ धृषत् पिंब कृलशे सोमंमिन्द्र वृत्रहा शूर समुरे वसूनाम्।माध्यंन्दिने सवंन आ वृंषस्व रियष्ठानों रियम्स्मासुं धेहि ॥६॥

This Suktha is useful for treating against Apachi and Rajayakshma

## 93<sup>rd</sup> Sarpa Visha Nashana Sukta

इन्द्रेंण मन्युनां वयम्भि ष्यांम पृतन्युतः । घ्नन्तों वृत्राण्यंप्रति॥१॥

This Suktha is useful in flinging out snake poison and along with rubbing grass

### 100 And 101- Duswapna Nahsna Sukta

पुर्यावंर्ते दुष्वप्यांत् पापात् स्वप्यादभूत्याः ।ब्रह्माहमन्तंरं कृण्वे परा स्वप्नंमुखाः शुचंः ॥१॥यत् स्वप्ने अन्नंमुश्नामि न प्रातरंधिगम्यतें ।सर्वं तदंस्तु मे शिवं नृहि तद् दृष्यते दिवां ॥१॥

These Suktha are useful against bad dreams and 2<sup>nd</sup> own against bad dream of food eaten in dreams

#### **108 13 th SUKTHA**

तृष्टिंके तृष्टंवन्दन् उद्रमूं छिंन्धि तृष्टिके ।यथां कृतद्विष्टासोऽमुष्मैं शेप्यावंते ॥१॥ तृष्टासिं तृष्टिका विषा विषात्वयऽसि ।परिवृक्ता यथासंस्यृष्भस्यं वृशेवं ॥२॥

Here Agni is prayed to avoid enemy

## 116th SUKTA – JWARANASHANA SUKTA

नमों रूराय च्यवंनाय नोदंनाय धृष्णवें नमंः शीतायं पूर्वकामकृत्वंने ॥१॥यो अंन्येद्युरुंभयद्युरुभ्येतीमं मण्डूकम्भ्येऽत्वव्रतः ॥२॥

This Suktha is useful for treating Jwara

#### 8<sup>TH</sup> Khanda<sup>47</sup>

## 1<sup>ST</sup> SUKTA – DEERGHAYUPRAPTI SUKTA

अन्तंकाय मृत्यवे नमंः प्राणा अंपाना इह तें रमन्ताम्।इहायमंस्तु पुरुषः सहासुंना सूर्यस्य भागे अमृतंस्य लोके॥१॥ उदेंनं भगों अग्रभीदुदेंनं सोमों अंशुमान्।उदेंनं मुरुतों देवा उदिन्द्राग्नी स्वस्तयें ॥२॥ इह तेऽसुंरिह प्राण इहायुंरिह ते मनः ।उत् त्वा निरंत्याः पाशेंभ्यो दैव्यां वाचा भंरामसि ॥३॥ उत् क्रामातंः पुरुषु मावं पत्था मृत्योः पड्वींषमवमुञ्चमांनः ।मा च्छिंत्था अस्माल्लोकादुग्नेः सूर्यस्य सुंदृशंः ॥४॥ तुभ्यं वातंः पवतां मातुरिश्चा तुभ्यं वर्षन्त्वमृतान्यापंः ।सूर्यस्ते तुन्वे३शं तंपाति त्वां मृत्युर्देयतां मा प्र मेंष्ठाः ॥५॥ उद्यानं ते पुरुष नावयानं जीवातुं ते दक्षंतातिं कृणोमि ।आ हि रोहेममुमृतं सुखं रथुमथु जिर्विर्विदथुमा वंदासि ॥६॥ मा ते मनुस्तत्रं गान्मा तिरो भून्मा जीवेभ्यः प्र मंदो मानुं गाः पितृन्।विश्वें देवा अभि रंक्षन्तु त्वेह॥७॥ मा गुतानामा दींधीथा ये नयंन्ति परावतंम्।आ रोंहु तमंसो ज्योतिरेह्या ते हस्तौं रभामहे ॥८॥ श्यामश्चं त्वा मा शुबलंश्च प्रेषितौ यमस्य यौ पंथिरक्षी श्वानौं ।अर्वाङेहि मा वि दींध्यो मात्रं तिष्ठः परांङ्कानाः ॥९॥ मैतं पन्थामनुं गा भीम एष येनु पूर्वं नेयथु तं ब्रंवीमि ।तमं एतत् पुरुषु मा प्र पंत्था भयं पुरस्तादभयं ते अर्वाक् ॥१०॥ रक्षंन्तु त्वाग्नयो ये अप्स्वंशन्ता रक्षंतु त्वा मनुष्याः३ यमिन्धते ।वैश्वान्रो रंक्षतु जातवेंदा दिव्यस्त्वा मा प्र धांग् विद्युतां सह॥११॥ मा त्वां क्रव्यादिभि मंस्तारात् संकंसुकाच्चर।रक्षंतु त्वा द्यौ रक्षंतु पृथिवी सूर्यश्च त्वा रक्षंतां चुन्द्रमांश्च ।अन्तरिक्षं रक्षतु देवहेत्याः ॥१२॥ बोधर्श्वं त्वा प्रतिबोधर्श्वं रक्षतामस्वप्नश्चं त्वानवद्राणश्चं रक्षताम्।गोपायंश्चं त्वा जागृंविश्च रक्षताम्॥१३॥ ते त्वां रक्षन्तु ते त्वां गोपायन्तु तेभ्यो नम्स्तेभ्यः स्वाहां ॥१४॥ जीवेभ्यंस्त्वा सुमुद्रे वायुरिन्द्रों धाता दंधातु सविता त्रायंमाणः ।मा त्वां प्राणो बलं हासीदसुं तेऽनुं ह्वयामिस ॥१५॥ मा त्वां जम्भः संहंनुर्मा तमों विदुन्मा जिह्वा बुर्हिः प्रंमुयुः कृथा स्याः ।उत् त्वांदित्या वसंवो भरुन्तूदिन्द्राग्नी स्वस्तयें ॥१६॥ उत् त्वा द्यौरुत् पृंथिव्युत् प्रजापंतिरग्रभीत्।उत् त्वां मृत्योरोषंधयः सोमंराज्ञीरपीपरन्॥१७॥ अयं देंवा इहैवास्त्वयं मामुत्रं गादितः ।इमं सहस्रंवीर्येण मृत्योरुत् पारयामसि ॥१८॥ उत् त्वां मृत्योरंपीपरुं सं धंमन्तु वयोधसंः ।मा त्वां व्यस्तकेृश्यो३मा त्वांघुरुदों रुदन्॥१९॥ आहांर्षुमविंदं त्वा पुनुरागाः पुनंर्णवः

सर्वाङ्गः सर्वं ते चक्षुः सर्वमायुंश्च ते ऽविदम्॥२०॥ व्यऽवात् ते ज्योतिंरभूदप् त्वत्तमों अक्रमीत्। अप् त्वन्मृत्युं निरृंतिमप् यक्ष्मं नि दंध्मसि ॥२१॥

This Suktha is useful During Upanayana Ceramoney by Touching naval this sukta should be chanted 2<sup>ND</sup> SUKTA – DEERGHAYU PRAPTI SUKTA

आ रंभस्वेमाम्मृतंस्य श्रृष्ट्रिमच्छिंद्यमाना ज्रदिष्टिरस्तु ते ।असुं तु आयुः पुन्रा भराम् रज्स्तमो मोपं गा मा प्र मेष्ठाः ॥१॥ जीवंतां ज्योतिंर्भ्येह्यर्वाङा त्वां हरामि श्वर्त्यारदाय ।अवमुञ्चन् मृंत्युपा्शानशंस्तिं द्राघींय आयुंः प्रत्रं तें दधामि ॥२॥ वातांत् ते प्राणमंविद्वं सूर्याच्यक्षुंरहं तवं ।यत् ते मन्स्त्विय् तद् धांरयाम् सं वित्स्वाङ्गिर्वदं जिह्नयालंपन्॥३॥ प्राणेनं त्वा द्विपदां चतुंष्पदामृप्तिमिव जातम्भि सं धंमामि ।नमंस्ते मृत्यो चक्षुंषे नमंः प्राणायं तेऽकरम्॥४॥ अयं जीवतु मा मृंतेमं समींरयामिस ।कृणोम्यंस्मै भेषुजं मृत्यो मा पुरुषं वधीः ॥५॥जीवलां नंघारिषां जीवन्तीमोषंधीमृहम्।त्रायमाणां सहंमानां सहंस्वतीमिह हुंवेऽस्मा अंरिष्टतांतये ॥६॥अधिं ब्रूह् मा रंभथाः सृजेमं तवैव सन्त्सर्वहाया इहास्तुं ।भवांशर्वौ मृडतं शर्म यच्छतमपुसिध्यं दुरितं धंत्तमायुः ॥७॥ अस्मै मृंत्यो अधिं ब्रूहीमं दंयस्वोदितो॒३यमेतु ।अरिष्टः सर्वीङ्गः सुश्रुज्ज्रसां श्रतहांयन आत्मना भुजंमश्रुताम्॥८॥ देवानां हेतिः परिं त्वा वृणक्तु पा्रयांमि त्वा रजंस उंत् त्वां मृत्योरंपीपरम्।आरादिग्ने

क्रुव्यादं निरूहं जीवातंवे ते परिधिं दंधामि ॥९॥ यत् तें नियानं रजुसं मृत्यों अनवधुर्ष्यऽम्।पृथ इमं तस्माद् रक्षंन्तो ब्रह्मांस्मै वर्मं कृण्मसि ॥१०॥ कृणोमिं ते प्राणापानौ जुरां मृत्युं दीर्घमायुंः स्वस्ति।वैवुस्वतेन प्रहिंतान् यमदूतांश्चरुतोऽपं सेधामि सर्वान्॥११॥ आरादरांतिं निरंतिं पुरो ग्राहिं क्रव्यादंः पिशाचान्।रक्षो यत् सर्वं दुर्भूतं तत् तमं इवापं हन्मसि ॥१२॥ अग्नेष्टं प्राणमुमृतादायुंष्मतो वन्वे जातवेंदसः ।यथा न रिष्यां अमृतंः सुजूरसुस्तत् तें कृणोमि तदुं ते समृध्यताम्॥१३॥ शिवे तें स्तां द्यावांपृथिवी अंसंतापे अंभिश्रियौं ।शं ते सूर्य आ तंपतु शं वातों वातु ते हृदे।शिवा अभि क्षंरन्तु त्वापों द्विव्याः पर्यस्वतीः ॥१४॥ शिवास्तें सुन्त्वोषंधयु उत् त्वांहार्षुमधंरस्या उत्तरां पृथिवीमुभि।तत्रं त्वादित्यौ रंक्षतां सूर्याचन्द्रमसांवुभा॥१५॥ यत् ते वासंः परिधानं यां नीविं कृणुषे त्वम्।शिवं तें तुन्वे३तत् कृण्मः संस्पर्शेऽद्रंक्ष्णमस्तु ते ॥१६॥ यत् क्षुरेणं मुर्चयंता सुतेजसा वप्ता वर्पसि केशश्मुश्रु।शुभुं मुखुं मा नु आयुः प्र मोंषीः ॥१७॥ शिवौ तें स्तां व्रीहियुवावंबलाुसावंदोमुधौ।एतौ यक्ष्मुं वि बांधेते एतौ मुंञ्चतो अंहसः ॥१८॥ यदुश्नासि यत् पिबंसि धान्यंऽ कृष्याः पयंः ।यदाद्यंश यदंनाद्यं सर्वं ते अन्नमिवुषं कृणोमि ॥१९॥ अह्नें च त्वा रात्रंये चोभाभ्यां परि दद्मसि ।अरायेंभ्यो जिघुत्सुभ्यं इमं मे परि रक्षत ॥२०॥ शुतं तेऽयुतं हायुनान् द्वे युगे त्रीणिं चत्वारिं कृण्मः । इन्द्राग्नी विश्वें देवास्तेऽनुं मन्यन्तामहंणीयमानाः ॥२१॥ श्ररदें त्वा हेम्न्तायं वस्नन्तायं ग्रीष्माय परिं दद्मसि विषाणि तुभ्यं स्योनानि येषु वर्धन्तु ओषंधीः ॥२२॥ मृत्युरींशे द्विपदां मृत्युरींशे चतुंष्पदाम्।तस्मात् त्वां मृत्योर्गोर्पतेुरुद् भरामि स मा बिंभेः ॥२३॥ सोऽरिष्ट न मंरिष्यसि न मंरिष्यसि मा बिंभेः ।न वै तत्रं म्रियन्ते नो यंन्त्यधुमं तमंः ॥२४॥ सर्वो वै तत्रं जीवति गौरश्वः पुरुषः पुशुः ।यत्रेदं ब्रह्मं क्रियतें परिधिर्जीवंनायु कम्॥२५॥परिं त्वा पातु समानेभ्योंऽभिचारात् सबंन्धुभ्यः ।अमंम्रिर्भवामृतोंऽतिजीवो मा तें हासिषुरसंवुः शरीरम्॥२६॥ ये मृत्यवु एकंशतुं या नाुष्टा अंतितार्याः ।मुञ्चन्तु तस्मात् त्वां देवा अग्नेर्वैश्वानुरा दधिं ॥२७॥ अग्नेः शरीरमसि पारियुष्णु रक्षोहासिं सपत्नुहा। अथों अमीवचातंनः पूतुद्धर्नामं भेषुजम्॥२८॥

This suktha is utilised in the name-giving ritual with a continuous stream of water being poured on the youth's right hand, followed by the binding on of a deodar amulet and the putting on of a new clothing. When there are family disputes, it is utilised at the tonsure ceremony and again when the child leaves the house for the first time. Previously, the number 17 had been mandated for the same tonsure rite. It is used at the commencement of the Vedic student's reception ritual and on the child's first feeding (with rice and barley).

## 6<sup>TH</sup> SUKTA – GARBHA DOSHA NIVARANA SUKTA

यौ तें मातोन्ममार्जं जातायांः पितवेदंनौ ।दुर्णामा तत्र मा गृंधद्रिलंशं उत वृत्सपंः ॥१॥ पुलालानुपुलालौ शर्कुं कोकं मिलम्लुचं पुलीजंकम्।आश्रेषं वृद्रिवांसस्मृक्षंग्रीवं प्रमीलिनंम्॥२॥. मा सं वृंतो मोपं सृप ऊरू मावं सृपोऽन्तरा।कृणोम्यंस्यै भेषुजं बजं दुंर्णाम्चातंनम्॥३॥ दुर्णामां च सुनामां चोभा संवृतंमिच्छतः ।अरायानपं हन्मः सुनामा स्त्रैणंमिच्छताम्॥४॥ यः कृष्णः कृश्यसुंर स्तम्बज उत तुण्डिंकः ।अरायांनस्या मुष्काभ्यां भंससोपं हन्मसि ॥५॥ अनुजिघं प्रंमृशन्तं कृव्यादंमुत रेरिह्म्।अरायांछ्विकृष्किणों बजः पिङ्गो अनीनशत्॥६॥ यस्त्वा स्वप्नें निपद्यंते भ्रातां भूत्वा पितेवं च ।बजस्तान्त्संहतामितः

क्लीबरूपांस्तिरीटिनंः ॥७॥ यस्त्वां स्वपन्तीं त्सरिति यस्त्वा दिप्सिति जाग्रंतीम्।छायामिव प्र तान्त्सूर्यः परिक्रामंन्ननीनशत्॥८॥ यः कृणोतिं मृतवंत्सामवंतोकामिमां स्त्रियंम्।तमोषधे त्वं नांशयास्याः कुमलंमञ्जिवम्॥९॥ ये शालांः परिनृत्यंन्ति सायं गंर्दभनादिनः । कुसूला ये चं कुक्षिलाः कंकुभाः कुरुमाः स्निमाः । तानोषधे त्वं गुन्धेनं विषूचीनान् वि नांशय ॥१०॥ ये कुकुन्धाः कुकूरंभाः कृत्तींद्व्रशानि बिभ्रंति ।क्लीबा इंव प्रनृत्यंन्तो वने ये कुर्वते घोषुं तानितो नांशयामसि ॥११॥ ये सूर्यं न तितिंक्षन्त आतपंन्तमुमुं द्विवः । अरायांन् बस्तवासिनों दुर्गन्धींल्लोहिंतास्यान् मकंकान् नाशयामसि ॥१२॥ य आत्मानंमतिमात्रमंसं आधाय बिभ्रंति ।स्त्रीणां श्रोंणिप्रतोदिन इन्द्र रक्षांसि नाशय ॥१३॥ये पूर्वे बुध्वो३यन्ति हस्ते शृङ्गांणि बिभ्रंतः ।आपाकेस्थाः प्रंहासिनं स्तम्बे ये कुर्वते ज्योतिस्तानितो नांशयामसि ॥१४॥ येषां पृश्चात् प्रपंदानि पुरः पाष्णीः पुरो मुखां ।खुलुजाः शंकधूमुजा उरुंण्डा ये चं मट्मृटाः कुम्भमुंष्का अयाशवंः ।तानुस्या ब्रंह्मणस्पते प्रतीबोधेनं नाशय ॥१५॥ पूर्यस्ताक्षा अप्रंचङ्कशा अस्त्रैणाः संन्तु पण्डंगाः ।अवं भेषज पादयु य इमां सुंविवृत्सुत्यपंतिः स्वपतिं स्त्रियंम्॥१६॥उद्धर्षिणुं मुनिंकेशं जुम्भयंन्तं मरीमृशम्।उपेषंन्तमुदुम्बलं तुण्डेलंमुत शालुंडम्।पुदा प्र विंध्य पाष्ण्यां स्थालीं गौरिंव स्पन्दुना॥१७॥ यस्ते गर्भं प्रतिमृशाज्जातं वां मारयांति ते ।पिङ्गस्तमुग्रधंन्वा कृणोतुं हृदयाविधंम्॥१८॥ ये अम्रो जातान् मारयंन्ति सूर्तिका अनुशेरंते ।स्त्रीभांगान् पिङ्गो गंन्धुर्वान् वातों अभ्रमिवाजतु ॥१९॥ परिसृष्टं धरयतु यद्धितं मावं पाद्वि तत्।गर्भं त उुग्रौ रंक्षतां भेषुजौ नीविभार्यौऽ॥२०॥ पुर्वीनुसात् तंङ्गल्वाु३च्छायंकादुत नग्नंकात्।प्रजायै पत्यें त्वा पिङ्गः परिं पातु किमीदिनः ॥२१॥ द्याऽस्याच्चतुरुक्षात् पञ्चपदादनङ्गुरेः ।वृन्तांदुभि प्रसर्पतुः परि पाहि वरीवृतात्॥२२॥ यआमं मां्समृदन्ति पौरुषेयं च ये क्रुविः ।गर्भान् खादंन्ति केशुवास्तानितो नांशयामसि ॥२३॥ ये सूर्यात् परिसर्पन्ति सुषेवु श्वशुंरादधि ।बुजश्च तेषां पिङ्गश्च हृदुयेऽधि नि विध्यताम्॥२४॥ पिङ्ग रक्षु जायंमानुं मा पुमांसुं स्त्रियं क्रन्।आण्डाद्ो गर्भान्मा दंभुन् बाधंस्वेतः किमीदिनंः ॥२५॥ अप्रुजाुस्त्वं मार्तवत्सुमाद् रोदंमघमांवयम्।

वृक्षादिव सर्जं कृत्वाप्रिये प्रतिं मुञ्जू तत्॥२६॥

During Seemanta at 8<sup>th</sup> Month, tying white and yellow Sarshapa – neck to Navl this suktha will be chanted. In this suktha prayer is done to prevent complication during delivery of male or female son from the egg eater.

## 7<sup>TH</sup> SUKTA – OSHADHI SAMUHA SUKTA

या बुभ्रवो याश्चं शुक्रा रोहिंणीरुत पृश्नंयः ।असिंक्नीः कृष्णा ओषंधीः सर्वा अच्छावंदामसि ॥१॥ त्रायंन्तामिमं पुरुंषुं यक्ष्मांद् देवेषितादिधं ।यासां द्यौष्पिता पृंथिवी माता संमुद्रो मूलं वीरुधां बुभूवं ॥२॥ आपो अग्रं दिव्या ओषंधयः ।तास्ते यक्ष्मंमेन्स्यंश्मङ्गांदङ्गादनीनशन्॥३॥ प्रस्तृणती स्तम्बिनीरेकंशुङ्गाः प्रतन्वतीरोषंधीरा वंदामि ।अंशुमतीः काण्डिनीर्या विशांखा ह्वयांमि ते वीरुधों वैश्वदेवीरुग्राः पुरुष्जीवंनीः ॥४ यद् वः सहंः सहमाना वीर्यंश्यच्चं वो बलंम्।तेनेमम्स्माद् यक्ष्मात् पुरुषं मुञ्जतौषधीरथों कृणोमि भेष्ठजम्॥५॥ जीव्रलां नंघारिषां जीव्रन्तीमोषंधीम्हम्। अरुन्धतीमुन्नयंन्तीं पुष्पां मधुंमतीमिह हुंवेऽस्मा अंरिष्टतांतये ॥६॥ इहा यंन्तु प्रचेंतसो मेदिनीर्वचंसो ममं ।यथेमं पारयांमसि पुरुषं दुरितादिधं ॥७॥ अग्नेर्घासो अपां गर्भो या रोहंन्ति पुनंर्णवाः ।ध्रवाः सहस्रंनाम्नीर्भेषुजीः सन्त्वाभृंताः ॥८॥

अवकोल्बा उदकांत्मान् ओषंधयः ।व्यृऽषन्तु दुरितं तींक्ष्णशृङ्ग्यः ॥९॥ उन्मुञ्चन्तींर्विवरुणा उग्रा या विषदूषंणीः ।अथों बलासुनाशंनीः कृत्यादूषंणीश्च यास्ता इहा युन्त्वोषंधीः ॥१०॥ अपुक्रीताः सहींयसीर्वीरुधो या अभिष्टुंताः ।त्रायंन्तामुस्मिन् ग्रामे गामश्वं पुरुषं पुशुम्॥११॥ मधुमन्मूलं मधुमदंग्रमासाम्मधुमन्मध्यं वीरुधां बभूव ।मधुमत् पुणैं मधुमत् पुष्पंमासां मधोः संभक्ता अमृतंस्य भुक्षो घृतमन्नं दुहृतां गोपुंरोगवम्॥१२॥ यावंतीः कियंतीश्चेमाः पृंथिव्यामध्योषंधीः ।ता मां सहस्रपुण्यीऽ मृत्योर्मुञ्चन्त्वंहंसः ॥१३॥ वैयांघ्रो मुणिर्वी्रुधां त्रायंमानोऽभिशस्तिपाः ।अमींवाः सर्वा रक्षांस्यपं हन्त्वधिं दूरमुस्मत्॥१४॥ हस्येंव स्तनथोः सं विंजन्तेऽग्नेरिव विजन्त आभृंताभ्यः ।गवां यक्ष्मः पुरुषाणां वीरुद्धिरतिंनुत्तो नाव्याऽएत् स्रोत्याः ॥१५॥ मुमुचाना ओषंधयोऽग्नेवैश्वानुरादधि ।भूमिं संतन्वतीरित यासां राजा वनुस्पतिः ॥१६॥या रोहंन्त्याङ्गिरुसीः पर्वतेषु सुमेषुं च ।ता नुः पर्यस्वतीः शिवा ओषंधीः सन्तु शं हृदे॥१७॥ याश्चाहं वेदं वीरुधो याश्च पश्यांमि चक्षुंषा ।अज्ञांता जानीमश्च या यासुं विद्म च संभृतम् ॥१८ ॥सर्वाः समुग्रा ओषंधीर्बोधंन्तु वचंसो ममं ।यथेमं पारयांमसि पुरुषं दुरितादधिं ॥१९ ॥अश्वत्थो दुर्भो वीरुधां सोमो राजामृतं हविः ।व्रीहिर्यवंश्च भेषुजौ द्विवस्पुत्रावमंत्यौ ॥२०॥ उज्जिंहीध्वे स्तुनयंत्यभिक्रन्दंत्योषधीः ।युदा वंः पृश्निमातरः पूर्जन्यो रेतुसावंति ॥२१॥ तस्यामृतंस्येमं बलुं पुरुषं पाययामसि ।अथीं कृणोमि भेषुजं यथा संच्छुतहायनः ॥२२॥ वुराहो वेंद्र वीरुधं नकुलो वेंद्र भेषुजीम्।सुर्पा गंन्धुर्वा या विदुस्ता अस्मा अवंसे हुवे ॥२३॥ याः सुंपुर्णा आंङ्गिरुसीर्दिव्या या रुघतों विदुः ।वयांसि हंसा या विदुर्याश्च सर्वे पतुत्रिणः ।मृगा या विदुरोषंधीुस्ता अस्मा अवंसे हुवे ॥२४॥ यावंतीनामोषंधीनां गांवः प्राश्नन्यघ्या यावंतीनामजावयंः ।तावंतीस्तुभ्यमोषंधीः शर्मं यच्छुन्त्वाभृंताः ॥२५॥ यावंतीषु मनुष्याऽ भेषुजं भिषजों विद्ः।तावंतीर्विश्वभेषजीरा भंरामि त्वामुभि॥२६॥ पुष्पंवतीः प्रसूमंतीः फुलिनीरफुला उत।सुंमातरं इव दहामुस्मा अंरिष्टतांतये ॥२७॥ उत् त्वांहार्षं पञ्चंशलादथो दशंशलादुत।अथों यमस्य पड्वींशादु विश्वंस्माद् देवकिल्बिषात्॥२८॥

In this suktha consists 10 types of tree like Anshumati, Kandini etc. Chanting of this suktha is useful against all disease, while offering food during Pumsavana, during Sutramani

### 10<sup>TH</sup> SUKTA – VIRAT SUKTA IN MRITYUNJAYA HOMA

विराड् वा ड्रदमग्रं आसीत् तस्यां जातायाः सर्वमिबिभेद्वियमेवेदं भंविष्यतीतिं ॥१॥ सोदंक्रामृत् सा गार्हपत्ये न्यऽक्रामत्।।२॥ गृह्मेधी गृहपंतिर्भवित् य एवं वेदं ॥३।। सोदंक्रामृत् साहंवनीये न्यऽक्रामत्।।४।। यन्त्यंस्य देवा देवहूंतिं प्रियो देवानां भवित् य एवं वेदं ॥५॥ सोदंक्रामृत् सा दंक्षिणायो न्यऽक्रामत्।।८।। यन्त्यंस्य सभां सभ्यों भवित् य एवं वेदं ॥९॥ सोदंक्रामृत् सा समितौ न्यऽक्रामत्।।१।। यन्त्यंस्य सभां सभ्यों भवित् य एवं वेदं ॥१॥ सोदंक्रामृत् सा समितौ न्यऽक्रामत्।।१।। यन्त्यंस्य समितिं सामित्यो भवित् य एवं वेदं ॥११॥ सोदंक्रामृत सामन्त्रणे न्यऽक्रामत्।।१२।।(६)यन्त्यंस्यामन्त्रणमामन्वणीयों भवित् य एवं वेदं ॥१३॥(७)सोदंक्रामृत् सान्तिरिक्षे चतुर्धा विक्रांन्तातिष्ठत्॥१॥(८)तां देवमनुष्याऽ अब्रुवन्नियमेव तद् वेदु यदुभयं उपजीवेंमेमामुपं ह्वयामहा इति ॥२॥(१)तामुपाह्वयन्त ॥३॥(१०)ऊर्ज् एिह् स्वध् एिह् सूनृत् एहीरांवृत्येहीतिं ॥४॥(११)तस्या इन्द्रों वृत्स आसीद् गायुत्र्यऽभिधान्यभ्रमूर्धः ॥५॥(१२)बृहच्चं रथन्तुरं च द्वौ स्तनावास्तां यज्ञायुत्तियं च वामद्रेव्यं च द्वौ॥६॥(१३)ओषंधीरेव रंथन्तुरेणं देवा अंदुहृन् व्यचों बृह्ता॥७॥(१४)अपो वामदेव्यं य एवं वेदं ॥१०॥(१७)सोदंक्रामृत् सा वनुस्पतीनागंच्छत् तां वनुस्पत्तयोऽघृत् सा संवत्सरे समंभवत्।।१।।तस्माद् वनुस्पतीनां संवत्सरे वृक्णमिपं रोहित वृश्चतेऽस्याप्रियो भ्रातृंव्यो य एवं वेदं ॥२॥ (१८)सोदंक्रामृत् सा पितृनागंच्छत् तां पितरोऽघृत् सा मासि समंभवत्।।३।।तस्मात्

पितृभ्यों मा्स्युपंमास्यं ददित प्र पिंतृयाणुं पन्थां जानाति य एवं वेदं ॥४॥(१९)सोदंक्रामृत् सा देवानागंच्छत् तां देवा अंघ्नत् सार्धमासे समंभवत्।।५।।तस्मांद् देवेभ्योंऽर्धमासे वषंट्कुर्वन्ति प्र देवयानुं पन्थां जानाति य एवं वेदं ॥६॥(२०)सोदंक्रामृत् सा मंनुष्या्३नागंच्छत् तां मंनुष्याऽ अघ्नत् सा सद्यः समंभवत्।।७।।तस्मांन्मनुष्येऽभ्य उभयद्युरुपं हर्न्त्युपांस्य गृहे हंरन्ति य एवं वेदं ॥८॥(२१)

(४-5)(१-१६, १-१६) २२-२३, २६,२९(प्र०) चतुष्पदा साम्री जगती, २२-२४, २८-२९(द्वि०) साम्री बृहती, २२-२३,२६,२९ (च०) आर्च्यनुष्टुप्, साम्री उष्णिक्, गायत्री. २३ आची २४-२५, २८ (प्र॰) चतुष्पदा उष्णिक्, २४ (तृ॰) प्राजापत्यानुष्टुप्, त्रिष्टुप्, २४-२५, २७ आर्ची २५-२६ (द्वि॰) साम्नी उष्णिक, २५, २७-२८ (तु॰) विराड गायत्री २७ (प्र॰)चतुष्पदा प्राजापत्या जगती, २७ (द्वि॰) साम्नी बृहती त्रिष्टुप्, २८ (च॰) त्रिपदा ब्रोह्मी भुरिग्गायत्री, २९ (तृ॰) साम्नी अनुष्टुप्। सोदंक्रामृत् सासुंरानागंच्छृत् तामसुंरा उपाह्नयन्त माय एहीति ।। १।।तस्यां विरोचंनः प्राह्नांदिर्वत्स आसींदयस्पात्रं पात्रम्।।२।।तां द्विमूर्धार्त्व्योऽधोक् तां मायामेवाधोंक्।।३।।तां मायामस्रा उपं जीवन्त्यूपजीवनीयों भवति य एवं वेदं ।।४॥(२२)सोदंक्रामृत् सा पितृनागंच्छत् तां पितर् उपांह्वयन्त स्वध् एहीतिं ।।५।।तस्यां युमो राजां वृत्स आसींद् रजतपात्रं पात्रम्।।६।।तामन्तंको मार्त्यवोऽधोक तां स्वधामेवाधोंक।।७।।तां स्वधां पितर उपं जीवन्त्यूपजीवनीयों भवति य एवं वेदं।।८॥(२३)

सोदंक्रामत् सा मंनुष्या३नागंच्छत् तां मंनुष्या३ उपांह्वयन्तेरांवत्येहीतिं ।।९।।तस्या मनुर्वेवस्वतो वत्स आसींत् पृथिवी पात्रंम् ।।१०।।तां पृथीं वैन्योऽधोक तां कृषिं चं सुस्यं चांधोक ।।११।।ते कृषिं चं सुस्यं चं मनुष्या३उपं जीवन्ति कृष्टरांधिरुपजीवनीयों भवति य एवं वेदं ।।१२॥(२४)सोदंक्रामत् सा संप्तऋषीनागंच्छत् तां संप्तऋषय उपांह्वयन्त ब्रह्मंण्वत्येहीतिं ।।१३।।तस्याः सोमो आसीच्छन्दः राजां वत्स तां बृहस्पतिंराङ्गिरुसोऽधोुक् तां ब्रह्मं चु तपंश्वाधोक् ।।१५।।तद् ब्रह्मं चु तपंश्व सप्तऋषयु उपं जीवन्ति ब्रह्मवर्चस्युऽपजीवुनीयों भवति य एवं वेदं ।१६॥(२५)(५)सोदंक्रामृत् सा देवानागंच्छत् तां देवा उपाह्नयुन्तोर्ज् एहीतिं ।।१।।तस्या इन्द्रीं वृत्स तामूर्जामेवाधोंक ।।२।।तां देवः संविताधोक तामूर्जां देवा उपं जीवन्त्युपजीवनीयों भवति य एवं वेदं । ।४॥(२६)सोदंक्रामृत् सा गंन्धर्वाप्सुरस् आगंच्छत् तां गंन्धर्वाप्सुरस् उपाँह्वयन्तु पुण्यंगन्धु एहीतिं ।।५।।तस्यांश्चित्ररंथः सौर्यवर्चुसो वृत्स आसीत् पुष्करपूर्णं पात्रंम् ।।६।।तां वसुरुचिः सौर्यवर्चुसोऽधोक तां पुण्यंमेव गुन्धमंधोक ।।७।।तं पुण्यं गुन्धं गंन्धर्वाप्सुरस् उपं जीवन्ति पुण्यंगन्धिरुपजीवनीयों भवति य एवं वेदं ।।८॥(२७)सोदंक्रामत् सेतरजनानागंच्छत् तामिंतरजना उपांह्वयन्त तिरोध एहीति।।९।।तस्याः कृबेरो वैश्रवणो वत्स आसींदामपात्रं पात्रम् ।।१०।।तां रंजुतनांभिः काबेरुकोऽधोुक् तां तिरोधामेवाधींक् ।।११।तां तिरोधामितरजुना उपं जीवन्ति तिरो धंत्ते सर्वं पाप्मानंमूपजीवनीयों भवति य एवं वेदं॥१२॥(२८)सोदंक्रामत् सा सर्पानागंच्छत् तां सर्पा उपांह्वयन्त विषंवत्येहीति ।।१३।।तस्यांस्तक्षको वैंशलेयो वत्स आसींदलाबुपात्रं पात्रंम ।।१४।तां धृतराष्ट्र ऐरावतोऽधोक तां विषमेवाधींक ।।१५।।तद् विषं सुर्पा उपं जीवन्त्युपजीवनीयों भवति य एवं वेदं ॥१६ (२९)

(6)(-१-४) १ द्विपदा विराड् गायत्री, २ द्विपदा साम्नी त्रिष्टुप्,३ द्विपदा प्राजापत्यानुष्टुप्, ४ द्विपदार्च्युष्णिक्। तद् यस्मां एवं विदुषेऽलाबुंनाभिषिञ्चेत् प्रत्याहंन्यात्॥१।।न चं प्रत्याहुन्यान्मनंसा त्वा प्रत्याहुन्मीतिं प्रत्याहंन्यात्॥२।।यत् प्रत्याहन्तिं विषमेव तत् प्रत्याहंन्ति ॥३॥विषमेवास्याप्रियं भ्रातृंव्यमनुविषिच्यते य एवं वेदं ॥४।।(३०)

This suktha is useful in Mrutyunjaya home

9<sup>TH</sup> KHANDA<sup>48</sup>

#### 2<sup>ND</sup> SUKTA – KAMA SUKTA

स्पलहनंमृष्भं घृतेन कामं शिक्षामि ह्विषाज्येंन ।नी्चैः स्पलान् ममं पादय त्वम्भिष्टुंतो महता वीर्येऽण ॥१॥यन्मे मनंसो न प्रियं चक्षुंषो यन्मे बभंस्ति नाभिनन्दंति ।तद् दुष्वप्यं प्रतिं मुञ्जामि स्पल्ले कामं स्तुत्वोद्धहं भिंदेयम्॥२॥दुष्वप्यं काम दुितं चं कामाप्रजस्तांमस्वगतामवंर्तिम्।उग्र ईशांनः प्रतिं मुञ्ज तस्मिन् यो अस्मभ्यंमंहूरणा चिकित्सात्॥३॥नुदस्वं काम प्र णुंदस्व कामावंर्तिं यन्तु मम् ये स्पलाः ।तेषां नुत्तानांमध्मा तमांस्यग्ने वास्तूंनि निर्देष्ट् त्वम्॥४॥सा तें काम दुिता धेनुरुंच्यते यामाहुर्वाचं कृवयों विराजंम्।तयां सुपलांन् परिं वृङ्ग्धि ये मम् पर्येनान् प्राणः पृशवो जीवंनं वृणक्तु

॥५॥कामुस्येन्द्रंस्य वरुंणस्य राज्ञो विष्णोुर्बलेंन सवितुः सुवेनं ।अग्नेर्होत्रेण प्र णुंदे सुपत्नांछुम्बीव नावंमुदुकेषु धीरंः ॥६॥अध्यंक्षो वाजी ममं कामं उुग्रः कृणोतु मह्यंमसपुत्रमेव।विश्वें देवा ममं नाथं भंवन्तु सर्वे देवा हवुमा यंन्तु म घृतवंज्जुषाणाः कामंज्येष्रा इमम॥७॥इदमाज्यं मांदयध्वम। इह कृण्वन्तो महामसपुत्रमेव॥८॥इन्द्राग्नी काम सुरथं हि भूत्वा नीचैः सपत्नान ममं पादयाथः । तेषां पुन्नानांमधुमा तमां्स्यग्ने वास्तून्यनुनिर्देहं त्वम्॥९॥जुहि त्वं कांमु मम ये सुपत्नां अन्धा तमां्स्यवं पादयैनान्।निरिन्द्रिया अरुसाः संन्तु सर्वे मा तें जीविषुः कतुमच्चनाहंः ॥१०॥अवंधीत् कामो मम् ये सुपत्नां उुरुं लोकमंकरुन्मह्यंमेधुतुम्।मह्यं प्रदिशश्चतंस्रो षडुर्वीर्घृतमा नमन्तां मह्यं वंहन्त || ११ || नौरिंवु बन्धंनात्।न सायंकप्रणुत्तानां पुनंरस्ति निवर्तनम॥१२॥ प्लंवन्तां छिन्ना तेऽधराञ्चः अग्निर्यव इन्द्रो यवः सोमो यवंः ।युवयावांनो देवा यांवयन्त्वेनम्॥१३॥असंर्ववीरश्चरत् प्रणुंत्तो द्वेष्यों मित्राणां परिवर्ग्यः१ विद्युतं मृंणत स्वानांम्।उत पंथिव्यामवं स्यन्ति उग्रो वों देवः सपत्नांन॥१४॥ च्युता चेयं बृंहत्यच्युंता च विद्युद् बिंभर्ति स्तनियुत्नृंश्च सर्वान्। उद्यन्नांदित्यो द्रविणेन् तेजंसा नीचैः सुपत्नांन् नुदतां मे सहंस्वान्॥१५॥यत् ते काम शर्म त्रिवरूथमृदुभ् वर्म वितंतमनतिव्याध्यंऽ ब्रह्म कतम। तेनं सुपत्नान् परि वृङ्ग्धि ये मम् पर्येनान् प्राणः पृशवो जीवंनं वृणक्तु ॥१६॥येनं देवा असुंरान् प्राणुंदन्त येनेन्द्रो दस्यूंनधुमं कांम ये सुपत्रास्तानुस्माल्लोकात् तमों निनायं ।तेन त्वं मम प्र णुंदस्व यथां देवा असुरान् प्राणुदन्तु यथेन्द्रो दस्यूनधुमं तमों बबाधे।तथा त्वं काम मम् ये सुपतास्तानुस्माल्लोकात् णुदस्व दूरम्॥१८॥कामीं आंपः मर्त्याः जज्ञे प्रथमो नैनं देवा पितरो न ततस्त्वमंसि ज्यायांन विश्वहां महांस्तस्मैं ते काम नम इत् कृंणोमि ॥१९॥यावंती द्यावांपृथिवी वंरिम्णा यावदापंः ।ततुस्त्वमंसि ज्यायांन् विश्वहां मृहांस्तस्मैं ते काम् नम् इत् कृंणोमि सिष्यदुर्यावंदग्निः यावंतीर्दिशंः प्रदिशो विषूंचीर्यावंतीराशां अभिचक्षंणा दिवः ।ततुस्त्वमंसि ज्यायांन् विश्वहां महांस्तस्मैं ते काम नम् इत् ॥२१॥यावंतीर्भृङ्गां कुरूरंवो कंणोमि जत्वःऽ यावंतीर्वघां वक्षसप्यीऽ ततस्त्वमंसि ज्यायांन विश्वहां महांस्तरमें ते काम नम इत् कृंणोमि ॥२२॥ज्यायांन निमिषतोऽसि तिष्ठंतो ज्यायांन्त्समुद्रादंसि काम मन्यो ।ततुस्त्वमंसि ज्यायांन् विश्वहां मुहांस्तस्मैं ते कामु नमु इत् कृणोमि ॥२३॥न वै वातंश्चन कामंमाप्नोति नाग्निः सूर्यो नोत चुन्द्रमाः ।ततुस्त्वमंसि ज्यायान् विश्वहां महांस्तस्मैं ते काम् नम् इत् कृणोमि ॥२४॥यास्ते याभिंः भवंति वृंणीषे। शिवास्तन्वःऽ काम भद्रा सत्यं यद ताभिष्ट्रमस्माँ अंभिसंविंशस्वान्यत्रं पापीरपं वेशया धियंः ॥२५॥

This suktha is useful for various Blessings

### 8<sup>TH</sup> SUKTA – YAKSHMA NIVARANA SUKTA

शींर्षामयं कंर्णशूलं विंलोहितम्।सर्वं शीर्षण्यंऽ ते बहिर्निर्मन्त्रयामहे रोगं शीर्षक्तिं || १ || कर्णशूलं विसल्पकम्।सर्वं शीर्ष्णयंऽ कङकुषेभ्यः ते रोगं कर्णाभ्यां ते बहिर्निर्मन्त्रयामहे 11711 हेतोः प्रच्यवंते कर्णत आंस्यतः ।सर्वं शीर्षण्यंऽ ते रोगं बहिर्निर्मन्त्रयामहे यक्ष्मंः ||3|| शीर्षण्यंऽ कृणोतिं प्रमोतंमन्धं कृणोति पुरुंषम्।सर्वं ते रोगं बहिर्निर्मन्त्रयामहे यः || | | | शीर्षण्यंऽ विसल्पंकम्।सर्वं ते बहिर्निर्मन्त्रयामहे अङ्गभेदमंङ्गज्वरं विश्वाङ्ग्यंऽ रोगं ||4|| प्रंतीकाश भीमः उंद्वेपयंति बहिर्निर्मन्त्रयामहे यस्यं पूरुंषम्।तुक्मानं विश्वशारदं ||६|| ।यक्ष्मं अंनुसर्पत्यथो अन्तरङ्गेभ्यो बहिर्निर्मन्त्रयामहे एतिं गवीनिंके ते ऊरू || || || कामांदपकामाद्ध्यदंयाज्जायंते ।हृदो बहिर्निर्मन्त्रयामहे परिं बलासमङ्गेभ्यो यदि 11011 अङ्गेभ्योऽप्वामन्तरोदरांत्।यक्ष्मोधामन्तरात्मनों बहिर्निर्मन्त्रयामहे हरिमाणं ते 11911 भवत्वामयंत्।यक्ष्मांणां निरंवोचमहं आसों बलासो भवंतु मूत्रं सर्वेषां विषं त्वत्॥१०॥ तवोदरांत्।यक्ष्मांणां निर्द्रवतु काहांबाहं सर्वेषां निरंवोचमुहं बहिर्बिलं विषं त्वत्॥११॥ सर्वेषां हृदंयादधिं ।यक्ष्मांणां निरंवोचमहं ते उदरांत क्लोम्रो नाभ्या विषं त्वत्॥१२॥ प्रत्यंर्षनीः विरुजन्तिं मूर्धानुं ।अहिंसन्तीरनाम्या निर्द्रवन्तु बहिर्बिलंम्॥१३॥ सीमानं याः कीकंसाः ।अहिंसन्तीरनामुया निर्द्रवन्तु हृदंयमुपूर्षन्त्यंनुतुन्वन्ति बहिर्बिलंम्॥१४॥ या पार्श्व उंपूर्षन्त्यंनुनिक्षंन्ति पृष्टीः ।अहिंसन्तीरनामुया निर्द्रवन्तु बहिर्बिलंम्॥१५॥ याः यास्तिरश्चींरुपर्षन्त्यंर्षणीर्वक्षणांस् ते ।अहिंसन्तीरनामया निर्द्रवन्तु बहिर्बिलंम्॥१६॥ अनुसर्पन्त्यान्त्राणिं मोहयंन्ति ।अहिंसन्तीरनामुया निर्द्रवन्तु बहिर्बिलंम्॥१७॥ या गुदां च निर्धयंन्ति विरुजन्तिं ।अहिंसन्तीरनामुया परूषि निर्द्रवन्तु बहिर्बिलंम्॥१८॥ मज्ज्ञो च या ।यक्ष्मांणां रोपणास्तवं मदयंन्ति यक्ष्मांसो सर्वेषां ये अङ्गांनि विषं निरंवोचमहं त्वत्॥१९॥ वातीकारस्यं विद्रधस्यं वालजेः ।यक्ष्मांणां सर्वेषां विसल्पस्यं विषं निरंवोचमहं त्वत्॥२०॥ श्रोणिंभ्यां परि भंसंसः ।अनूंकादर्षुणीरुष्णिहांभ्यः शीर्ष्णो रोगंमनीनशम॥२१॥ जान्भयां सं तें शीर्ष्णः कृपालांनि हृदंयस्य च् यो विधुः । उद्यन्नांदित्य रृश्मिभिः शीर्ष्णो रोगंमनीनशोऽङ्गभेदमंशीशमः ॥२२॥ Chanting of this suktha for remedial ceremony

# 10<sup>TH</sup> KHANDA<sup>49</sup>

### 1st SUKTA – Krutya Dushana Sukta

यां कृत्पर्यन्ति वहुतौ वधूमिंव विश्वरूपां हस्तंकृतां चिकित्सवंः ।साराद्वेत्वपं नुदाम एनाम्॥१॥शीर्षेण्वतीं नुस्वतीं कृणिनीं कृत्याकृता संभृता विश्वरूपा ।साराद्वेत्वपं नुदाम एनाम्॥२॥शूद्रकृता राजंकृता स्त्रीकृता ब्रह्मभिः कृता।जाया पत्यां नुत्तेवं

कुर्तारुं बन्ध्वंच्छतु ॥३॥अनयाहमोषंध्या सर्वाः कृत्या अंद्रदुषम्।यां क्षेत्रें चुकुर्यां गोषु यां वां ते पुरुषेषु ॥४॥अघमंस्त्वघुकृतें शुपर्थः शपथीयते।प्रत्यक् प्रंतिप्रहिंण्मो यथां कृत्याकृतुं हनंत्॥५॥प्रतीचीनं आङ्गिरुसोऽध्यंक्षो नः पुरोहिंतः ।प्रतीचीः कृत्या आकृत्यामून् कृत्याकृतों जिह ॥६॥यस्त्वोवाच् परेहीतिं प्रतिकूलंमुदाय्यऽम्।तं कृत्येऽभिनिवंर्तस्व मास्मानिंच्छो अनागसंः ॥७॥यस्ते परूंषि संदुधौ रथंस्येवुर्भुर्धिया।तं गंच्छु तत्रु तेऽयंनुमज्ञांतस्तेऽयं जनंः ॥८॥ये त्वां कृत्वालेंभिरे विद्वला अंभिचारिणंः ।शुंभ्वि३दं कृत्याद्रूषंणं प्रतिवृर्त्म पुंनःसुरं तेनं त्वा स्नपयामसि ॥९॥यद् दुर्भगां प्रस्नंपितां मृतवंत्सामुपेयिम।अपैतु सर्वुं मत् पापं द्रविणुं मोपं तिष्ठतु ॥१०॥यत् तें पितृभ्यो ददंतो युज्ञे वा नामं जगृहुः ।सुंदेशयाु३त् सर्वस्मात् पापादिमा मुंञ्चन्तु त्वौषंधीः ॥११॥देवैनुसात् पित्र्यांन्नामग्राहात् संदेश्याऽदिभिनिष्कृंतात्।मुञ्चन्तुं त्वा वीरुधों वीर्येऽणु ब्रह्मंण ऋग्भिः पयंसु ऋषींणाम्॥१२॥यथा् वातंश्च्या्वयंति भूम्यां रेणुम्न्तरिक्षाच्चाभ्रम्।एवा मत् सर्वं दुर्भूतं ब्रह्मंनुत्तमपायित ॥१३॥अपं क्राम् नानंदती विनंद्धा गर्दुभीवं ।कुर्तृन् नंक्षस्वेतो नुत्ता ब्रह्मंणा वीर्याऽवता ॥१४॥अयं पन्थाः कृत्येतिं त्वा नयामोऽभिप्रहिंतां प्रतिं त्वा यांहि हिंण्मः ।तेनाभि भञ्जत्यनंस्वतीव वाहिनीं विश्वरूपा कुरूटिनीं प्र ॥१५॥ परांक् ते ज्योतिरपंथं ते अर्वागुन्यत्रास्मदयंना कृणुष्व ।परेंणेहि नवृतिं नाृव्याः अतिं दुर्गाः स्रो्त्या मा क्षंणिष्ठाः परेंहि ॥१६॥वातं इव वृक्षान् नि मृंणीहि पादयु मा गामश्वं पुरुषुमुच्छिष एषाम्।कुर्तृन् निवृत्येतः कृंत्योऽप्रजास्त्वायं बोधय ॥१७॥यां तें बुर्हिषि यां श्मंशाने क्षेत्रें कृत्यां वंलुगं वां निचुख्नुः ।अुग्नौ वां त्वा गार्हंपत्येऽभिचे्रुः पाकुं सन्तुं धीरंतरा अनागसंम्॥१८॥उपाहृंतुमनुंबुद्धं निखांतं कर्त्रम। वैरं त्सार्यन्वंविदाम तदेंतु यतु आभृतुं तत्राश्वं इवु वि वर्ततां हन्तुं कृत्याकृतंः प्रजाम् ॥१९ ॥स्वायुसा असयंः सन्ति नो गृहे विद्मा तें कृत्ये यतिधा परूंषि ।उत्तिंष्ठैव परेंहीतोऽज्ञांते किमिहेच्छंसि ॥२०॥ग्रीवास्तें कृत्ये पादौ चापिं कर्त्स्यामि निर्द्रव ।इन्द्राग्नी अस्मान् रंक्षतां यौ प्रजानां प्रजावंती ॥२१॥सोमो राजांधिपा मृंडिता चं भूतस्यं नुः पतंयो मृडयन्तु ॥२२॥भवाशवांवंस्यतां पापुकृतें कृत्याकृतें ।दुष्कृतें विद्युतं देवहेतिम्॥२३॥यद्येयथं द्विपदी चतुंष्पदी कृत्याकृता संभृता विश्वरूपा ।सेतोष्ट्रापदी भूत्वा पुनः परेहि दुच्छुने ॥२४॥अभ्यंक्ताक्ता स्वऽरंकृता सर्वं भरंन्ती दुरितं परेंहि ।जानीहि कृत्ये कुर्तारं दुहितेवं पितरं स्वम्॥२५॥परेंहि कृत्ये मा तिष्ठो विद्धस्येव पुदं नय ।मृगः समृगुयुस्त्वं न त्वां निकर्तुमर्हति ॥२६॥उत हंन्ति पूर्वासिनं प्रत्यादायापंरु इष्वां ।उत पूर्वस्य निघृतो नि हन्त्यपंरुः प्रतिं ॥२७॥एतद्धि भृणु मे वचोऽथेंहि यतं एयथं ।यस्त्वां चुकारु तं प्रतिं ॥२८॥ अनागोहत्या वै भीमा कृत्ये मा नो गामश्वं पुरुषं वधीः ।यत्रंयुत्रासि निहिंता ततुस्त्वोत्थांपयामसि पुर्णाल्लघींयसी भव ॥२९॥यदि स्थ तमुसावृंता जालेंनाभिहिंता इव ।सर्वाः संलुप्येतः कृत्याः पुनंः कुर्त्रे प्र हिंण्मसि ॥३०॥कृत्याकृतों वलुगिनोंऽभिनिष्कारिणंः प्रजाम्।मृणीहि कृत्ये मोच्छिंषोऽमून् कृत्याकृतों जहि ॥३१॥यथा सूर्यो मुच्यते तमंसुस्परि रात्रिं जहांत्युषसंश्च कृतून्।एवाहं सर्वं दुर्भूतं कर्त्रं कृत्याकृतां कृतं हस्तीव रजों दुरितं जंहामि ॥३२॥

Chanting of this suktha is useful to get ride of witch Craft

#### 4<sup>TH</sup> SUKTA – SARPAVISHA DURIKARANA SUKTA

इन्द्रंस्य प्रथमो रथों देवानामपंरो रथों वरुंणस्य तृतीय इत्।अहींनामपमा रथं स्थाणुमांर्दथांर्षत्॥१॥दुर्भः शोचिस्तुरूणंकुमश्वंस्य वारंः परुषस्य वारंः । रथंस्य बन्धुंरम्॥२॥अवं श्वेत पदा जंहि पूर्वेण चा परेण च । उदप्लुतिमंव दार्वहींनामर्सं विषं वारुग्रम्॥३॥अरंघुषो निमज्योन्मज्य पुनंरब्रवीत्। उदुप्लुतिमंव दार्वहींनामर्सं विषं वारुग्रम्॥४॥पैद्वो हंन्ति कसुर्णीलं पुद्धः श्वित्रमुतासितम्। पुद्धो रंथुर्व्याः शिरुः सं बिभेद पृद्युकाः ॥५॥पेद्व प्रेहिं प्रथुमोऽनुं त्वा वयमेमंसि । अहीन् व्यऽस्यतात् पृथो येनं स्मा वयमेमसिं ॥६॥इदं पैद्वो अंजायतेदमंस्य पुरायंणम्। इमान्यर्वतः पुदाहिष्ट्यो वाजिनींवतः ॥७॥संयंतं वि ष्पंरद व्यात्तं अस्मिन् क्षेत्रे द्वावही स्त्री च पुमांश्च तावुभावंरुसा॥८॥अरुसासं इहाहंयो ये अन्ति ये चं दूरके। घुनेनं हिन्मु वृश्चिंकुमिहं दुण्डेनागंतम्॥९॥अघाश्वस्येदं भेषुजमुभयों स्वुजस्यं च । इन्द्रो मेऽहिंमघायन्तुमहिं पैद्वो अंरन्धयत्॥१०॥पैद्वस्यं मन्महे वयं स्थिरस्यं स्थिरधांम्नः। इमे पुश्चा पृदांकवः प्रदीध्यंत आसते ॥११॥नृष्टासंवो नृष्टविषा हता इन्द्रेंण वुज्रिणां । जुघानेन्द्रों जिघ्नमा वयम्॥१२॥हतास्तिरंश्चिराजयो निपिष्टासुः प्रदांकवः । दर्विं करिंक्रतं श्वित्रं दुर्भेष्वंसितं जंहि ॥१३॥कैरातिका कुंमारिका सुका खंनति भेषजम्। हिरण्ययीभिरभ्रिभिर्गिरीणाम्प सानुष्॥१४॥आयमंगन् युवां भिषक् पृंश्निहापंराजितः । स वै स्वजस्य जम्भन उभयोर्विश्विंकस्य च ॥१५॥इन्द्रो मेऽहिंमरन्धयन्मित्रश्च वरुंणश्च । वातापुर्जुन्यो३भा॥१६॥इन्द्रो मेऽहिंमरन्धयुत् पृदांकुं च पृदा्कम्। स्वुजं तिरंश्चिराजिं कसुर्णीलुं दशौनसिम्॥१७॥इन्द्रौं जघान प्रथमं जीनुतारंमहे तवं । तेषाम् तृह्यमाणानां कः स्वित् तेषांमसुद् रसंः ॥१८॥सं हि शीुर्षाण्यग्रंभं पौञ्जिष्ठ इंव कर्वरम्। सिन्धोुर्मध्यं पुरेत्य व्यऽनिजुमहेर्विषम्॥१९॥अहींनां सर्वेषां विषं परां वहन्तु सिन्धंवः । हतास्तिरंश्चिराजयो निपिष्टासः पृदांकवः ॥२०॥ओषंधीनामुहं वृंण उर्वरीरिव साधुया। नयाम्यर्वतीरिवाहें निरेतुं ते विषम्॥२१॥यदुग्नौ सूर्ये विषं पृंथिव्यामोषंधीषु यत्। कान्दाविषं कुनक्नंकं निरेत्वैतुं ते विषम्॥२२॥ ये अप्रिजा औषधिजा अहींनां ये अप्सुजा विद्युतं आबभूतुः ।येषां जातानिं बहुधा महान्ति तेभ्यः सुर्पेभ्यो नमंसा विधेम ॥२३॥तौदी नामांसि कुन्याऽघृताची नाम् वा अंसि । अधुस्पुदेनं ते पुदमा दंदे विषुदूषंणम्॥२४॥अङ्गांदङ्गात् प्र च्यांवयु हृदंयं परिं वर्जय तेजोंऽवाचीनं अधां विषस्य ते यत् तदेंत 112411 आरे अंभूद् विषमंरौद् विषे विषमंप्रागपिं ।अग्निर्विषमहेर्निरंधात् सोमो निरंणयीत्।दंष्टारुमन्वंगाद् विषमहिरमृत ॥२६॥ In the beginning of Vedic Study, this suktha is useful.

### 19th KHAND<sup>50</sup>

### 2<sup>nd</sup> SUktha Apaha Sukta

शं तु आपों हैमवृतीः शमुं ते सन्तूत्स्याः ।शं तें सिन्ष्यदा आपः शमुं ते सन्तु वृष्याः ॥१॥शं तु आपों धन्वन्याः३ शं तें सन्त्वनूप्याः ।शं तें खिन्तित्रमा आपः शं याः कुम्भेभिराभृंताः ॥२॥अन्भ्रयः खनंमाना विप्रां गम्भीरे अपसंः ।भिषग्भ्यों भिषक्तंरा आपो अच्छां वदामिस ॥३॥अपामहं द्विव्याऽनाम्पां स्रोतस्याऽनाम्।अपामहं प्रणेजनेऽश्वां भवथ वाजिनः ॥४॥ता अपः शिवा अपोऽयंक्ष्मंकरंणीर्पः ।यथैव तृंप्यते मयस्तास्त आ दंत्त भेषुजीः ॥५॥

The Waters, the Waters, be blessed unto thee, bringing health. They will heal the wounded area for you, just as thy comfort demands.

### 28<sup>TH</sup> SUKTHA

डुमं बंध्रामि ते मृणिं दींर्घायुत्वाय तेजंसे ।दुर्भं संपत्नदम्भंनं द्विष्वतस्तपंनं हृदः ॥१॥द्विष्वतस्तापयंन् हृदः शत्रूंणां तापयन् मनंः ।दुर्हार्दः सर्वांस्त्वं दंर्भ घर्म इंवाभिन्त्संतापयंन्॥२॥घर्म इंवाभितपंन् दर्भ द्विष्वतो नितपंन् मणे ।हृदः सपत्नांनां भिन्द्धीन्द्रं इव विरुजं बलम्॥३॥भिन्द्धं दंर्भ सपत्नांनां हृदंयः द्विष्वतां मंणे ।उद्यन्त्वचंमिव भूम्याः शिरं एषा वि पांतय ॥४॥भिन्द्धं दंर्भ सपत्नांन्मे भिन्द्धं में पृतनायतः ।भिन्द्धं में सर्वान् दुर्हार्दों भिन्द्धं में द्विष्वतो मंणे ॥५॥छिन्द्धं दंर्भ सपत्नांन् में छिन्द्धं में पृतनायतः ।छिन्द्धं में सर्वान् दुर्हार्दों छिन्द्धं में द्विष्वतो मंणे ॥६॥वृश्चं दंर्भ सपत्नांन्मे वृश्चं में पृतनायतः ।वृश्चं में सर्वान् दुर्हार्दों कृन्तं में पृतनायतः ।कृन्तं में पृतनायतः ।कृन्तं में पृतनायतः ।कृन्तं में पृतनायतः ।कृन्तं में पृतनायतः ।पिंशं में सर्वान् दुर्हार्दों पिंशं में द्विष्वतो मंणे ॥९॥विध्यं दर्भ सपत्नांन् में विध्यं में पृतनायतः ।विध्यं में सर्वान् दुर्हार्दों विध्यं में द्विष्वतो मंणे ॥१॥॥१०॥

This suktha is used in Mahashanti called aindri with binding on of a darbha Mani by one desiring victory and the like

Similarly 29 and 30<sup>th</sup> suktha are useful. 32<sup>nd</sup> and 33 are Darbha suktha are useful in Mahashanti called Yami with Mani Dharana of Drabha.

### 31st SUKTHA

औदुंम्बरेण मुणिना पुष्टिकामाय वेधसा ।पुशूणां सर्वेषां स्फातिं गोष्ठे में सविता कंरत्॥१॥यो नीं अग्निर्गार्हपत्यः पशूनामंधिपा असंत्। औदुंम्बरो वृषां मृणिः सं मां सृजतु पुष्ट्या॥ २॥ कुरीषिणीं फलंवतीं स्वधामिरां च नो गृहे। औदुंम्बरस्य तेजंसा धाता पुष्टिं दंधातु मे ॥३॥यद् द्विपाच्च चतुंष्पाच्च यान्यन्नांनि ये रसांः ।गृह्णे३हं त्वेषां भूमानुं बिभूदौदुंम्बरं मुणिम्॥४॥पुष्टिं पंशूनां परिं जग्रभाहुं चतुंष्पदां द्विपदां यच्चं धान्यम्।पयः पशूनां रसुमोषंधीनां बृहस्पतिः सविता मे नि यंच्छात्॥५॥अहं पंश्नामंधिपा अंसानि मयिं पृष्टं पृष्टपतिंर्दधात् ।महामौद्म्बरो मणिर्द्रविंणानि नि यंच्छत् ॥६॥उप मौद्म्बरो मणिः प्रजयां च धनेंन च ।इन्द्रेंण जिन्वितो मुणिरा मांगन्त्सुह वर्चेंसा ॥७॥देवो मुणिः संपत्नुहा धंनुसा धनंसातये ।पुशोरन्नंस्य भूमानुं गवां स्फातिं नि यंच्छतु ॥८॥यथाग्रे त्वं वंनस्पते पुष्ठ्या सुह जंज्ञिषे।एवा धनंस्य मे स्फातिमा दंधातु सरंस्वती ॥९॥आ मे धनुं सरंस्वती पर्यस्फातिं च धान्यऽम्।सिनीवाल्युपां वहादुयं चौदुंम्बरो मुणिः ॥१०॥त्वं मंणीनामंधिपा वृषांसि त्वयिं पुष्टं पुष्टपतिंर्जजान ।त्वयीमे वाजा द्रविणानि सर्वीद्ंम्बरः स त्वमस्मत् संहस्वारादरांतिममंतिं क्ष्यं च॥११॥ग्रामणीरंसि ग्रामणीरुत्थायाभिषिंक्तोऽभि मां सिञ्च वर्चसा ।तेजोंऽसि तेजो मयिं धार्याधिं रुयिरंसि रुयिं में धेहि ॥१२॥पुष्टिरंसि पुष्ट्या मा समंङ्ग्धि गृहमुंधी गृहपंतिं मा कृणु ।औदुंम्बरुः स त्वमुस्मासुं धेहि रुयिं चं नुः सर्ववीरुं नि यंच्छ रायस्पोषांयु प्रतिं मुञ्चे अहं त्वाम्॥१३॥अयमौदुंम्बरो मुणिर्वीरो वीरायं बध्यते ।स नंः कृणोत् रियं **ਹ** सर्ववीरं नि सनिं मध्मतीं नः यंच्छात॥१४॥ Useful for getting wealth, or in the case of loss of wealth, in a Mahashannti Kauberi with udumbara Mani dharana

## 34th and 35th Suktha- Jangidha mani

जाङ्गिडोऽसि जङ्गिडो रक्षितासि जङ्गिडः ।द्विपाच्चतुंष्पादुस्माकुं सर्वं रक्षतु जङ्गिडः ॥१॥या गृत्स्यंस्त्रिपञ्चाशीः शृतं कृत्याकृतंश्च ये।सर्वीन् विनक्तु तेजंसोऽरुसां जंङ्गिडस्कंरत्॥२॥अरुसं कृत्रिमं नादमंरुसाः सप्त विस्नंसः ।अपेतो जंङ्गिडामंतिमिषुमस्तेव शातय ॥३॥कृत्यादुषंण एवायमथों अरातिदुषंणः ।अथो सहंस्वां जङ्गिडः प्र ण आर्यूषि तारिषत्॥४॥स जंङ्गिडस्यं महिमा परिं णः पातु सासह विश्वतंः ।विष्कंन्धं संस्कंन्धमोज ओजंसा येनं त्रिष्ट्रां देवा अंजनयुन् निष्ठितुं भूम्यामधि ।तमु त्वाङ्गिरा इतिं ब्राह्मणाः पूर्व्या विदुः ॥६॥न त्वा पूर्वा ओषंधयो न त्वां तरन्ति या नर्वाः सुमृङ्गलंः ॥७॥अथोंपदान जंङ्गिडः पंरिपाणंः भगव<u>ो</u> जाङ्गिडामिंतवीर्य पुरा तं उुग्रा ग्रंसत् उपेन्द्रों वीर्यं ददौ ॥८॥उुग्र इत् तें वनस्पत् इन्द्रं ओज्मानुमादंधौ ।अमींवाः सर्वाश्चातयं जुहि रक्षांस्योषधे ॥९॥आशंरीकं विशंरीकं बलासं पृष्ट्याम्यम्। तुक्मानं विश्वशारदमरुसां जंङ्गि डस्कंरत्॥१०॥

Lumbago and rheumatic pain, consumptive cough, and pleurisy, And fever which each Autumn brings, may Jangida make- powerless.

### 36<sup>TH</sup> SHATAVARI MANI

शुतवारो अनीनशुद् यक्ष्मान् रक्षांसि तेजंसा ।आरोहन् वर्चंसा सुह मुणिर्दुर्णामुचातंनः ॥१॥शृङ्गांभ्यां रक्षों नुदते मूर्लेन यातुधान्यः ।मध्येंन् यक्ष्मं बाधते नैनं पाप्पातिं तत्रति ॥२॥ये यक्ष्मांसो अर्भुका मुहान्तो ये चं शब्दिनंः ।सर्वीन् दुर्णामुहा मुणिः श्वतवारो अनीनशत्॥३॥श्वतं वीरानंजनयच्छुतं यक्ष्मानपांवपत्।दुर्णामुः सर्वान् हत्वाव रक्षांसि धूनुते ॥४॥हिरंण्यशृङ्ग ऋष्भः शांतवारो अयं मृणिः ।दुर्णामृः सर्वांस्तृड्ढवाव रक्षांस्यक्रमीत्॥५॥शृतमृहं दुर्णाम्नींनां गन्धर्वाप्सरसां शतम्।शतं शंश्वन्वतीनां शतवारेण वारये ॥६॥

Considered as having 100s of roots and removes 100 of diseases.

### 38th SUKTHA

न तं यक्ष्मा अरुंन्धते नैनं शपथों अश्रुते ।यं भेषुजस्यं गुल्गुलोः सुंरुभिर्गुन्धो अंश्रुते॥१॥विष्वंञ्चस्तस्माद् यक्ष्मां मृगा अश्वां इवेरते ।यद् गुंलाुलु सैन्धुवं यद् वाप्यासिं समुद्रियंम् ॥२ ॥ उभयोंरग्रभुं नामाुस्मा अंश्रुष्टतांतये ॥३॥

Dharana of guggulu protects against disease

### 39th SUKTHA- KUSHTHA NASHANA SUKTHA

ऐतुं देवस्त्रायंमाणुः कुष्ठों हि्मवंतस्परिं ।त्वमानुं सर्वं नाशय सर्वांश्च यातुधान्यः ॥१॥त्रीणिं ते कुष्ठु नामांनि नद्यमारो नद्यारिषः ।नद्यायं पुरुषो रिषत्।यस्मैं परिब्रवींमि त्वा सायंप्रांतुरथो दिवां ॥२॥जीवुला नामं ते माता जीवुन्तो नामं ते पिता।नद्यायं पुरुषो रिषत्।यस्मैं परिब्रवींमि त्वा सायंप्रांतुरथो दिवां ॥३॥उत्तमो अस्योषंधीनामनुड्वान् जगंतामिव व्याघ्रः श्वपंदामिव ।नद्यायं पुरुषो रिषत्।यस्मैं परिब्रवींमि त्वा सायंप्रांतुरथो दिवां ॥४॥त्रिः शाम्बुंभ्यो अङ्गिरेभ्युस्त्रिरांद्वित्येभ्युस्परिं ।त्रिर्जातो विश्वदेवेभ्यः ।स कुष्ठों विश्वभेषजः साकं सोमेंन तिष्ठति ।तुक्मानुं सर्वं नाशयु सर्वांश्च यातुधान्यः ॥५॥अश्वत्थो देंवुसदंनस्तृतीयंस्यामितो दिवि।तत्रामृतंस्य चक्षंणुं ततुः कुष्ठों अजायत ।स कुष्ठों विश्वभेषजः साकं सोमेंन तिष्ठति ।त्वमानं सर्वं नाशय सर्वांश्च यातुधान्यः ॥६॥हिर्ण्ययो नौरंचरुद्धिरंण्यबन्धना दिवि।तत्रामृतंस्य चक्षंणं ततः कुष्ठों अजायत ।स कुष्ठों विश्वभेषजः साकं सोमेंन तिष्ठति ।त्वमानं सर्वं नाशय सर्वांश्च यातुधान्यः ॥७॥यत्र नावंप्रभंशंनं यत्रं हिमवंतः शिरंः ।तत्रामृतंस्य चक्षंणं ततः कुष्ठों अजायत ।स कुष्ठों विश्वभेषजः साकं सोमेंन तिष्ठति ।त्वमानं सर्वं नाशय सर्वांश्च यातुधान्यः ॥८॥यं त्वा वेद्र पूर्व इक्ष्वांको यं वां त्वा कुष्ठ काम्यः ।यं वा वसों यमात्स्यस्तेनासिं विश्वभेषजः ॥९॥शीर्षलोकं तृतीयंकं सद्वन्दिर्यश्चं हायनः ।त्वमानं विश्वधावीर्याधराञ्चं परां सुव ॥१०॥

In this suktha discussing the connection of kustha and soma,

### 44th BHaishajya Suktha

आयुंषोऽसि प्रतरंणं विप्रं भेषजमुंच्यसे ।तदांञ्जन् त्वं शंताते शमापो अभयं कृतम्॥१॥यो हंिरमा जायान्योंऽङ्गभेदो विसल्पंकः ।सर्वं ते यक्ष्ममङ्गंभ्यो बहिर्निर्हुन्त्वाञ्जनम्॥२॥आञ्जनं पृथिव्यां जातं भद्रं पुंरुषजीवंनम्।कृणोत्वप्रंमायुक्ं रथंजूतिमनांगसम्॥३॥प्राणं प्राणं त्रांयस्वासो असंवे मृड ।निरृंते निरृंत्या नः पाशेभ्यो मुञ्च ॥४॥सिन्धोर्गभींऽसि विद्युतां पुष्पंम्।वातंः प्राणः सूर्यश्चश्चंदिवस्पयंः ॥५॥देवांञ्जन् त्रैकंकुदं पिरं मा पाहि विश्वतंः ।

न त्वां तर्न्योषंधयो बाह्याः पर्वतीयां उत ॥६ ॥वी३दं मध्यमवांसृपद् रक्षो्हामींवचातंनः ।अमींवाः सर्वाश्चात्यंन् नाशयंदिभभा इतः ॥७ ॥बह्वि३दं रांजन् वरुणानृंतमाह् पूरुंषः ।तस्मांत् सहस्रवीर्य मुञ्च नः पर्यंहंसः ॥८ ॥यदापों अघ्या इति वरुणेति यदूंचिम।तस्मांत् सहस्रवीर्य मुञ्च नः पर्यंहंसः ॥९ ॥िमृत्रश्चं त्वा वरुंणश्चानुप्रेयंतुराञ्चन ।तौ त्वांनुगत्यं दूरं भोगाय पुनरोहंतुः ॥१०॥

Useful in Mahashanti nairuti, useful in taking of witch caraft 45<sup>th</sup> Anjana Suktha

ऋणाद्दणितं संनयंन् कृत्यां कृंत्याकृतों गृहम्।चक्षुंर्मन्त्रस्य दुर्हार्दः पृष्टीरिपं शृणाञ्जन ॥१॥यद्रस्मासुं दुष्वप्युं यद् गोषु यच्चं नो गृहे।अनांमगृस्तं चं दुर्हार्दः प्रियः प्रतिं मुञ्चताम्॥२॥अपामूर्ज ओजंसो वावृधानमृप्रेर्जातमिधं जातवेंदसः ।चतुंवीरं पर्वतीयं यदाञ्जंनं दिशंः प्रदिशंः कर्दिच्छिवास्तं ॥३॥चतुंवीरं बध्यत् आञ्जंनं ते सर्वा दिशो अभयास्ते भवन्तु ।ध्रुवस्तिष्ठासि सिवतेव चार्यं इमा विशों अभि हंरन्तु ते बिलम्॥४॥आक्ष्वैकं मृणिमेकं कृष्णुष्व स्नाह्योकेना पिबैकंमेषाम्।चतुंवीरं नैरृतेभ्यंश्चतुभर्यो ग्राह्यां बन्धेभ्यः परिं पात्वस्मान्॥५॥अग्निर्माग्निनांवतु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां॥६॥इन्द्रों मेन्द्रियेणांवतु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां॥८॥भगों मा भगेनावतु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां॥८॥भगों मा भगेनावतु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां॥८॥भगों मा भगेनावतु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां ॥९॥मुरुतों मा गुणैरंवन्तु प्राणायांपानायायुंषे वर्चस् ओजंसे तेजंसे स्वस्तयें सुभूतये स्वाहां ॥९॥मुरुतों स्वाहां ॥१०॥

Againest Apasmara

## 56th & 57th Dusvapna Nashana Suktha

यमस्यं लोकादध्या बंभूविथ् प्रमंदा मर्त्यान् प्र युंनिक्षु धीरंः । एकाकिनां सर्थं यासि विद्वान्त्त्वप्नं मिमांनो असुंरस्य योनौं ॥१॥ बन्धस्त्वाग्नं विश्वचंया अपश्यत् पुरा रात्र्या जिनतोरेके अहिं । ततंः स्वप्नेदमध्या बंभूविथ भिषग्भ्यों रूपमंप्गूहंमानः ॥२॥ बृहद्गावासुरेभ्योऽधिं देवानुपांवर्तत मिह्मानं मिच्छन्। तस्मै स्वप्नांय दधुराधिंपत्यं त्रयस्त्रिंशासः स्वरानशानाः ॥३॥ नैतां विदुः पितरो नोत देवा येषां जिल्पृश्चरंत्यन्तरेदम्। त्रिते स्वप्नंमदधुराप्त्ये नर् आदित्यासो वरुंणेनानुंशिष्टाः ॥४॥ यस्यं क्रूरमभंजन्त दुष्कृतो ऽस्वप्नंन सुकृतः पुण्यमायुः । स्वर्मदिस पर्मणं बन्धुनां तृप्यमांनस्य मनुसो ऽधिं जिष्ठेषे ॥५॥ विद्वा ते सर्वाः परिजाः पुरस्तांद् विद्वा स्वंप्न्य यो अधिपा इहा ते । यशुश्विनों नो यशसेह पांह्याराद् द्विषेभिरपं याहि दूरम्॥ ६॥

Chanting of above suktha prevents evil dreaming

## 60th Angha Suktha

वाङ् मं आसन् नसोः प्राणश्चक्षुंरक्ष्णोः श्रोत्रं कर्णयोः ।अपंलिताः केशा अशोंणा दन्तां बहु बाह्वोर्बलंम्॥१॥ऊर्वीरोजो जङ्घंयोर्जवः पादंयोः ।प्रतिष्ठा अरिष्टानि मे सर्वात्मानिभृष्टः ॥२॥

A prayer for perfect bodily and mental health and Vigour

### 61st Purnayu Suktha

तुनूस्तुन्वा मे सहे दुतः सर्वमायुरशीय । स्योनं में सीद पुरुः पृंणस्व पर्वमानः स्वर्गे॥१॥

A prayer for long life prosperity and final happiness

## 63<sup>rd</sup>Ayu Vardhana Suktha

उत् तिष्ठ ब्रह्मणस्पते देवान् युज्ञेनं बोधय ।आयुं: प्राणं प्रजां पृशून् कीर्तिं यजंमानं च वर्धय ॥१॥

A prayer, with sacrifice, for long life and Prosperity

## 64th Deerghayu Suktha

अग्नें समिधमाहांर्षं बृह्ते जातवेंदसे ।स में श्रद्धां चं मेधां चं जातवेंदाः प्र यंच्छतु ॥१॥इध्मेनं त्वा जातवेदः समिधां वर्धयामिस ।तथा त्वमस्मान् वंर्धय प्रजयां च धनेंन च ॥२॥यदंग्ने यानि कानिं चिदा ते दारूणि दध्मिसं ।सर्वं तदंस्तु मे शिवं तज्जुंषस्व यविष्ठ्य ॥३॥एतास्तें अग्ने समिधस्त्विमद्धः समिद् भव ।आयुंरस्मासुं धेह्यमृत्त्वमांचार्याय ॥४॥ A prayer to Agni for children, long life, and various blessings

## 67th Deergayusutha

पश्येम शुरदेः शुतम्॥१॥जीवेम शुरदेः शुतम्॥२॥बुध्येम शुरदेः शुतम्॥३॥रोहेम शुरदेः शुतम्॥४॥पूषेम शुरदेः शुतम्॥५॥भवेम शुरदेः शुतम्॥६॥भूयेम शुरदेः शुतम्॥७॥भूयंसीः शुरदेः शुतात्॥८॥

A prayer for long life

### 69th Apaha Suktha

जीवा स्थं जीव्यासुं सर्वमायुंर्जीव्यासम्॥१॥उपजीवा स्थोपं जीव्यासुं सर्वमायुंर्जीव्यासम्॥२॥सुंजीवा स्थ सं जीव्यासुं सर्वमायुंर्जीव्यासम्॥३॥जीवुला स्थं जीव्यासुं सर्वमायुंर्जीव्यासम्॥४॥

A prayer or charm for long life

## 70th Purnayu Suktha

इन्द्र जीव सूर्य जीव देवा जीवां जीव्यासंमुहम्।सर्वमायुंर्जीव्यासम्॥१॥

A charm for long life

20th KHAND

#### 96th SUKTHA

तीवरयाभिवंयसो अस्य पांहि सर्वरुथा वि हरीं इह मुंञ्च ।इन्द्र मा त्वा यजमानासो अन्ये नि रीरमुन् तुभ्यंमिमे सुतासंः ॥१॥तुभ्यं सुतास्तुभ्यंमु सोत्वांसुस्त्वां गिरुः श्वात्र्या आ ह्वंयन्ति ।इन्द्रेदमुद्य सर्वनं जुषाणो विश्वंस्य विद्वां इह पाहि सोमंम्॥२॥य उंशुता मनंसा सोमंमस्मै सर्वहृदा देवकांमः सुनोतिं ।न गा इन्द्रस्तस्य परां ददाति प्रशुस्तमिच्चारुंमस्मै कृणोति ॥३॥अनुंस्पष्टो भवत्येषो अंस्य यो अंस्मै रेवान् न सुनोति सोमंम्।निरंरुत्नौ मुघवा तं दंधाति ब्रह्मद्विषों हन्त्यनांनुदिष्टः ॥४॥अश्वायन्तों गुव्यन्तों वाजयन्तो हवांमहे त्वोपंगन्तुवा उं । आभूषंन्तस्ते सुमृतौ नवायां वयमिन्द्र त्वा शुनं हुंवेम ॥ ५॥ मुञ्जामिं त्वा हुविषा जीवंनाय कर्मज्ञातयुक्ष्मादुत रांजयुक्ष्मात्।ग्राहिंर्जुग्राह् यद्येतदेंनं तस्यां इन्द्राग्नी प्र मुंमुक्तमेनम्॥६॥यदिं क्षितायुर्यदिं वा परेंतो यदिं मृत्योरेन्तिकं नीऽत एव।तमा हंरामि निर्तेरुपस्थादस्पांशीमेनं शतशांरदाय ॥७॥सहस्राक्षेणं शतवींर्येण शतायुंषा हिवषाहांषीमेनम्।इन्द्रो यथैनं शरदो नयात्यित विश्वंस्य दुरितस्यं पारम्॥८॥शतं जीव शरदो वर्धमानः शतं हेमन्तान्छृतम् वसुन्तान्।शतं तु इन्द्रौ अग्निः संविता बृहस्पतिः शतायुंषा ह्विषाहांर्षमेनम्॥९॥आहांर्षमविंदं त्वा पुनुरागाः पुनंर्णवः ।सर्वाङ्ग सर्वं ते चक्षुः सर्वमायुंश्च तेऽविदम्॥१०॥ब्रह्मणाप्निः संम्विदानो रंक्षोहा बांधतामितः ।अमींवा यस्ते गर्भं दुर्णामा योनिमाशयें ॥११॥यस्ते गर्भममींवा दुर्णामा योनिमाशयें ।अग्निष्टं ब्रह्मंणा सह निष्कृव्यादंमनीनशत्॥१२॥यस्ते हन्तिं पुतयंन्तं निषुत्स्रुं यः संरीसृपम्।जातं यस्ते जिघांसिति तिमतो नांशयामिस ॥१३॥यस्तं ऊरू विहरंत्यन्तुरा दम्पंती शयें।योनिं यो अन्तरारेल्हि तिमुतो नांशयामिस ॥१४॥यस्त्वा भ्राता पतिर्भूत्वा जारो भूत्वा निपद्यंते।प्रजां यस्ते जिघांसित् तिमुतो नांशयामिस ॥१५॥यस्त्वा स्वप्नेन तमंसा मोहियत्वा निपद्यंते ।प्रजां यस्ते जिघांसित् तिमुतो नांशयामिस ॥१६॥अक्षीभ्यां ते नासिंकाभ्यां कर्णाभ्यां छुबुंकादधिं ।यक्ष्मं शीर्षण्यं मस्तिष्कांज्जिह्वाया वि वृंहामि ते ॥१७॥ग्रीवाभ्यंस्त उष्णिहांभ्यः कीकंसाभ्यो अनुक्याऽत्।यक्ष्मं दोषुण्यंश्मंसांभ्यां बाहुभ्यां वि वृंहामि ते ॥१८॥हृदंयात् ते परि क्लोुम्नो हलींक्ष्णात् पार्श्वाभ्यांम्।यक्ष्मं मतंस्राभ्यां प्लीह्नो युक्नस्ते वि वृंहामसि ॥१९॥आन्त्रेभ्यंस्ते गुदांभ्यो वनिष्ठोरुदरादधिं ।यक्ष्मं कुक्षिभ्यां प्लाशेर्नाभ्या वि वृंहामि ते ॥२०॥कुरुभ्यां ते अष्टीवद्भ्यां पार्ष्णिभ्यां प्रपंदाभ्याम्।यक्ष्मं भसुद्यं श्रीणिभ्यां भासंदुं भंसंसो वि वृंहामि ते ॥२१॥अस्थिभ्यंस्ते मुज्जभ्यः स्नावंभ्यो धुमर्निभ्यःयक्ष्मं पाणिभ्यांमुङ्गुलिंभ्यो नुखेभ्यो वि वृंहामि ते ॥२२॥अङ्गेंअङ्गे लोम्निंलोम्नि यस्ते पर्वणिपर्वणि ।यक्षं त्वचुस्यं ते वयं कृश्यपंस्य वीबुर्हेणु विष्वंञ्चं वि वृंहामसि ॥२३॥अपेंहि मनसस्पृतेऽपं क्राम पुरश्चेर ।पुरो निरृंत्या आ चंक्ष्व बहुधा जीवंतो मनंः ॥२४॥

This suktha is concerned with Yakshma, Garbha Samsrava, Dusvapna.

## 127<sup>th</sup> Suktha

इदं जना उपं श्रुत नराशंस स्तर्विष्यते ।षष्टिं सहस्रां नवतिं चं कौरम् आ रुशमेषु दद्महे ॥१॥उष्ट्रा यस्यं प्रवाहणों वधूमंन्तो द्विर्दशं ।वष्मां रथंस्य नि जिंहीडते द्विव ईषमांणा उपस्पृशंः ॥२॥एष इषायं मामहे शतं निष्कान् दश् स्रजंः । त्रीणिं शतान्यर्वतां सहस्रा दश् गोनांम्॥३॥

These Suktha are stated as narashansya means appreciation of leader or establishment of Speech

Table No 13

Observation of Daivavyapashraya Chikitsa in Atharva Veda

Sl	Kha nda	Sukta	Mantra	Indication
1	1	1	Medha Sukta	Achieve Jnana required to study Veda.
2	1	2	Vijaya Sukta	Sangramika Mantra to avoid wounds by arrows
3	1	3	Arogya Sukta	Sadhana for Arogya of Vruksha and Vanaspati
4	1	3	Mutra Dosha Nivarana Sukta	against obstruction of Urine
5	1	4,5,5	Sukta Apam Bheshaja (Jala Chikitsa Sukta)	recited in ceremony of good fortune
6	1	11	Nari Sukha Prasuti Sukta	for safe delivery
7	1	12	Yakshma Nashana Sukta	Treat Yakshma
8	1	17	Rudhira Srava Nivrurtna Dhamani Bandana Sukta	Arrest Bleeding
9	1	23,24	Shveta Kustha Nashana Sukta	Shvithra
10	1	25	Jvara Nashaka Sukta present in takmanāçana gaņa.	against fever, heating an ax and dipping it in hot water to make a lotion and applied
11	1	26	Sharma ( Sukha) Prapti Sukta	Svastyayana Karma, on going to bed and getting up again and in the rite of entrance on Vedic study
12	1	27	Svasthyayana sukta	Swasthyayana Karma
13	1	28	Rakshoghna Sukta	Protection against all elements
14	1	30,35	Deerghayu Prapti Sukta	Upanayana, Mahashanti rites and in Pushpabhisheka
15	2	3	Aasrava Bheshaja Sukta	Arrest secretion
16	2	4	Deergayu Prapti Sukta	while tying mani this sukta should be chanted
17	2	8	Kshetreeya Roga Nashaka Sukta Present in Tkma – Jwara Nashaka gana	Kulagata Kusta, Kshaya and Grahani Roga
18	2	9	– Deeryayu Prapti- included under Takma Nasha Gana.	While tying Mani for achieving long life,

19	2	11	– Shreya Prapti Suktra	With mani dharana against black magic
20	2	13	Deerghayu Prapti Sukta	For the welfare and long life of an infant while wearing new cloths etc
21	2	14	Dasyu Nashana Sukta –	recited during Stri karma to prevent abortion
22	2	15	Abhayaprapti Sukta included in Ayushya Gana	for achieving long life
23	2	17	Bala Prapti Sukta included under Ayushya Gana	Achieve Bala
24	2	25	Prushnaparni Sukta,	against abortion/ against varies evil
25	2	28	Sukta Deerghayu Prapti Sukta -includes under Ayushya Gana,	useful in Cuda Karma and Godana
26	2	29	Deerghayushya Sukta	in Cuda karma and Godhana
27	2	31-32	Krimijambhana Sukta	treating worm in human and cattle
28	2	33	Yakshma Nibarhana Sukta, Included In Ayushya Ghana,	Useful For Healing
29	3	7	Yakshma Nashaka Sukta - included in Takmanashaka Ghana	This is useful for healing ceremony.
30	3	9	Dukha Nashaka Sukta	protecting against demons
31	3	11	Deerghayu Prapti Sukta Included in Takma Nashana Ghana	Useful in General healing ceremony and achieving long life.
32	3	23	Vira Prasuti Sukta	male offspring with breaking an arrow over the mothers head
33	3	31	Yakshma Nashana Sukta	long life
34	4	4	Vajeekarana sukta	sexual vigor
35	4	5	Svapana Sukta	Used by Kāuç. among the women's rites, in a rite for putting to sleep a woman and her attendants, in order to approach her safely
36	4	6	Vishagna Sukta	praying takshaka king of serpent, distinct to Sthavara Kanda/ Kanda Mula
37	4	7	Vishanashana Sukta	Against Poison
38	4	9	Aanjana Sukta	Binding of an anjana during ceremony for long life

39	4	9	Shankha Mani	Ceremony of long life	
40	4	12	Rohini Vanaspati Sukta	to heal serious wounds with an herb, prevents flow of blood from sword – boiled laksha water shold be poured	
41	4	13	Roga Nivarana Sukta included under laghushanti gana, Ayushya gana and brahachanti gana	for achieving long life	
42	4	17,18	Duswapna Nashana Sukta	To prevent bad derams	
43	7	100 & 101			
44	4	20	Pishacha Kshayana Sukta	against Krimi	
45	5	1	Amruta Sukta	for Pustika Mantra, ceremony against abortion, to acquire good fortune	
46	5	4	Kustatakma Nashana Sukta included under Takma Nashana Gana	Healing Kustha and Rajayakshma	
47	5	5	Laksha Sukta	healing flesh wound	
48	5	6	Brahma Vidya Sukta epilepsy included under Rudra Ghana	useful in healing ceremony, protecting child bearing woman,	
49	5	8	Shatru Nashana Sukta	takes away witchcraft	
50	5	9	Atma Sukta	useful for remedial ceremony included in Takma Nashana Gana	
51	5	13	Sarpavisha Nashana Sukta	healing poisonsous wound to prevent witchcraft rite	
52	5	22	in the <i>gaṇamālā</i> as belonging in the <i>takmanāçana gaṇa</i>	healing ceremony	
53	5	23	Krimighna Sukta	against worms	
54	5	25	Garbhadhana Sukta	in Pumsavana	
55	5	28 to 30	Deerghayu Sukta	attaining long life	
56	6	11	Pumsavana Sukta	shami and Ashwath applied to women, . Pumsavana	
57	6	12	Vishanashaka Sukta	Poison Of Snake	
58	6	13	Mrutyunjaya Sukta	for Svasthyayana	
59	6	14	Balasha Nashaka Sukta	prepared water against Shleshma,	

60	6	16	Akshiroga Bheshaja Sukta	for diseases of Eye, with mustard plant, in a healing rite, explained as intended for disease of the eyes, with various use of mustard plant	
61	6	17	Garbhat Bhruhmana Sukta	against abortion	
62	6	19	Pavamana Sukta	for Good fortune.	
63	6	20	Yakshmanashana Sukta Takmanashana Gana	fever	
64	6	21	Kehsvardhini Oushadi Sukta	for protecting hair	
65	6	23	Bheshaja Sukta	in Pavamana Homa	
66	6	24	Apam Bheshaja Sukta	Healing Ceremoney of Heart burn and dropsy	
67	6	25	Manya Nashana Sukta	Healing Gandamala	
68	6	26	Papanashana Sukta included in Takma Nashana Ghana	healing against all the diseases	
69	6	41	Deerghayu Prapti Sukta	mahavrihi rice is made to eat by Youth and useful in Godana	
70	6	43	Mrutyu Shamana Sukta	Protect life	
71	6	44	Roganashana Sukta	along with Vishana of Cow tied	
72	6	45-46	Dusvapna Nashana Sukta included under Duswapna Nashana Ghana	Against bad dreams	
73	6	47	Deerghayu Prapti Sukta –	For Long Life	
74	6	49	Etonashana Sukta	Disorder of drinking of Soma	
75	6	52	Bhaishajya Sukta	remedy against demons	
76	6	53	Sarvato Rakshana Sukta	Remedy for Boils, Medhajanana, during Godhana ceramoney and Upanayana Ceremony	
77	6	56	Sarpa rakshana Sukta	. For Protection From Serpents	
78	6	57	Jala Chikitsa Sukta	With A Certain Remedy Against Disease	
79	6	62	Pavamana Sukta	For health	
80	6	71	AnnaSukta	Against Harm From Improper Food	
81	6	72 and 100	Vajeekarana Sukta	With Mani Dharana Of Arka	
82	6	76	Ayushya Sukta	Long life	

83	6	81	Garbhadhana Suktha  For Successful Pregnancy With Manidharana. For Conception O Male Conception			
84	6	83	Apaci Chikitsa	Against Apachi		
85	6	85 and 91	Yakshmanashana Sukta	With Barly Oushadha Dharana		
86	6	90	Ishunashana Sukta	For Intense Pain		
87	6	95	Kusthoushadhi Nashana Sukta	Against Skin Disease		
88	6	100	Vishadhushana Sukta	Against Poison		
89	6	105	Kasa Shamana Sukta	Against cough		
90	6	108	Medha Janana Sukta	to get wisdom chanted prior to vedic study.		
91	6	109	Pippali Bhaishajya Sukta	Useful against wounds		
92	6	110	Deerghayu Sukta	useful in child birth against Unlucky time		
93	6	114	Unmatta Mochana Sukta	This suktha is chanted agains demons		
94	6	113	Papanashana Sukta	release from Apsmara		
95	6	126	Dundubi Sukta	In this suktha, when drum is beaten and produce resound, its assigns strength to human		
96	6	127	Yakshma Nashana Sukta	In this suktha should be chanted after Smeared by Palasha and varuna to head while treating Yakshma.		
97	6	129	Bhagaprapti Sukta	This Suktha is chanted during ceremony relating to women for good fortune, simultaneously shimshipa and souvarchala mani dharana also done.		
98	6	133	Mekhala Bhandana Sukta	In this suktha prayer is done to achieve Mati, Indra's power and provide long length of life.		
99	6	136	Kesha Bhruhmana Sukta	This Suktha is remedial rites for increasing growth of hair		
100	6	137	Kesha Vardhana Sukta	Chanting of this suktha is useful increasing the hair growth		
101	6	138	– Klaibya Sukta –	\making man impotent		
102	7	2	Atharva ( Atma Sukta )	healing ceremony		

103	7	6	Aditi Sukta – For Svasthyayana	Svasthyayana	
104	7	13	Sbha Shatru nashana Sukta	Vaada	
105	7	18	Dhata Prartana Sukta useful in in ceremony related women for achieving male ch and for Sarva Karma.		
106	7	20	Praja Sukta	for acquiring child	
107	7	33 <sup>rd</sup> (32 <sup>nd</sup> ) and 3th , 55 <sup>th</sup> Sukta	Deerghayu Sukta – Included Under AYUSHYA Gana	under AYUSHYA Gana useful for long life.	
108	7	37	Anjana Suktha	This Suktha is useful in in marriage ceramoney Anjana need to be applied to each other by the Spouses	
109	7	53	Deerghayu Sukta	health and long life.	
110	7	58	Visha Bhaishajya Sukta	venomous snake bites	
111	7	67	Murcha Nashana	recovery of sense, etc.	
112	7	80	Apachi Jayanya Sukta	Apachi	
113	7	93	Sarpa Visha Nashana Sukta –	flinging out snake poison and along with rubbing grass	
114	7	1,05,10 6	Duswapna Nahsna Sukta –	against bad dreams	
115	7	108	Kshatriya Sukta	avoid enemy	
116	7	121	Jwaranashana Sukta	Jwara	
117	8	1	Deerghayuprapti Sukta	Upanayana Ceremony by Touching naval this sukta should be chanted	
118	8	2	Deerghayu Prapti Sukta	Namakarana Samskara with Devadharu dharana, Nishkramana and Upanayana Samskara	
119	8	6	Garbha Dosha Nivarana Sukta –	During Seemanta at 8 <sup>th</sup> Month, tying white and yellow Sarshapa – neck to Navl this suktha will be chanted. In this suktha prayer is done to prevent complication during delivery of male or female son from the egg eater.	

120	8	7	Oshadhisamuha Sukta	In this suktha consists 10 types of tree like Anshumati, Kandini etc. Chanting of this suktha is useful against all disease, while offereing food during Pumsavana, during Sutramani		
121	8	10	Virat Sukta	Mrutyunjaya home		
122	9	2	Kama Sukta	various Blessings		
123	9	8	Yakshma Nivarana Sukta	remedial ceremony		
124	10	1	Krutya Dushana Sukta	to get ride of witch Craft		
125	10	4	Sarpavisha Durikarana Sukta	In the beginning of Vedic Study		
126	19	2	Apaha Sukta	Healing wounda		
127	19	28	Dharbha Mani Suktha	Mahashanti with dharbha dharana		
128	19	31	Oudumbaramani Suktha	Mahashanti		
129	19	34 <sup>th</sup> and 35 <sup>th</sup>	Suktha- Jangidha mani	lumbago and rheumatic pain, consumptive cough and pleurisy, and the fever that each Autumn brings.		
130	19	36	36 <sup>th</sup> Shatavari Mani	Considred as having 100s of roots and removes 100 of diseases. with the Shatavari amulet		
131	19	38		Dharana of guggulu protects against disease		
132	19	199	39 <sup>th</sup> SUKTHA- KUSHTHA NASHANA SUKTHA	discussing the connection of kushtha and soma,		
133	19	44	SukthaBHaishajya SUktha	Use ful in Mahashanti		
134	19	45	Anjana Suktha	Apasmara		
135	19	56,57	Dusvapna Nashana Suktha	evil dreaming		
136	19	60	ANGHA SUKTHA	perfect bodily and mental health and vigour		
137	19	61	Purnayu Suktha	long life prosperity and final happiness in heaven		
138	19	63	Ayu Vardhana Suktha	long life and prosperity		
139	19	64	Deerghayu Suktha	for children, long life, and various blessings		
140	19	67	Deergayusuktha	long life		
141	190	69	– Apaha Suktha	charm for long life		

142	19	70	Purnayu Suktha	charm for long life
143	20	96		Yakshma, Garbha Samsrava, Dusvapna.
144	20	127		appreciation of leader or establishment of Speech

By observing the references of Mantra Prayoga found in atharvaveda above categorizations were made.

Table No 14
Consolidated References of Daivavyapashraya Chikitsa in Atharva Veda

Sl	Mantra	No
1	Dheerghayu Prapti Sukta	18
2	Yakshma Nashaka Sukta	8
3	Apaha Sukta	6
4	Visha Bhaishajya Sukta	5
5	Dusvapna Nahsna Sukta	4
6	Sarpa rakshana Sukta	4
7	Kehsvardhini Oushadi Sukta	3
8	Kustatakma Nashana Sukta	3
9	Anjana Suktha	2
10	Apachi Jayanya Sukta	2
11	Bhaishajya Sukta	2
12	Garbhadhana Sukta	2
13	Jvara Nashaka Sukta	2
14	Krimighna Sukta	2
15	Medha Janana Sukta	2
16	Mrutyu Shamana Sukta	2
17	Oshadhisamuha Sukta	2
18	Papanashana Sukta	2
19	Pavamana Sukta	2
20	Purnayu Suktha	2

21	Rakshoghna Sukta	2
22	Roganashana Sukta	2
23	Vajeekarana sukta	2
24	Aanjana Sukta	1
25	Aasrava Bheshaja Sukta	1
26	Abhayaprapti Sukta	1
27	Aditi Sukta	1
28	Akshiroga Bheshaja Sukta	1
29	Amruta Sukta	1
30	ANGHA SUKTHA	1
31	AnnaSukta	1
32	Atharva ( Atma Sukta )	1
33	Atma Sukta	1
34	Bala Prapti Sukta	1
35	Balasha Nashaka Sukta	1
36	Bhagaprapti Sukta	1
37	Brahma Vidya Sukta	1
38	Dasyu Nashana Sukta	1
39	Dharbha Mani Suktha	1
40	Dhata Prartana Sukta	1
41	Dukha Nashaka Sukta	1

42	Dundubi Sukta	1
43	Etonashana Sukta	1
44	Garbha Dosha Nivarana Sukta –	1
45	Garbhat Bhruhmana Sukta	1
46	GandaMALA	1
47	Ishunashana Sukta	1
48	Kama Sukta	1
49	Kasa Shamana Sukta	1
50	Klaibya Sukta –	1
51	Krutya Dushana Sukta	1
52	Kshatriya Sukta	1
53	Kshetreeya Roga Nashaka Sukta	1
54	Laksha Sukta	1
55	Manya Nashana Sukta	1
56	Mekhala Bhandana Sukta	1
57	Murcha Nashana	1
58	Mutra Dosha Nivarana Sukta	1
59	Nari Sukha Prasuti Sukta	1
60	Pippali Bhaishajya Sukta	1
61	Pishacha Kshayana Sukta	1
62	Praja Sukta	1
63	Prushnaparni Sukta,	1
64	Pumsavana Sukta	1
65	Rohini Vanaspati Sukta	1
66	Rudhira Srava Nivrurtna Dhamani Bandana Sukta	1
67	Sarvato Rakshana Sukta	1
68	Sbha Shatru nashana Sukta	1
69	Shankha Mani	1
70	Sharma (Sukha) Prapti Sukta	1

71	Shatavari Mani	1
72	Shatru Nashana Sukta	1
73	Shreya Prapti Suktra	1
74	Shveta Kustha Nashana Sukta	1
75	Suktha- Jangidha mani	1
76	BHaishajya SUktha	1
77	Svapana Sukta	1
78	Svasthyayana sukta	1
79	Unmatta Mochana Sukta	1
80	Vijaya Sukta	1
81	Vira Prasuti Sukta	1
82	Virat Sukta	1
83	Dharana of guggulu	1
84	Yakshma, Garbha Samsrava,	1
	Dusvapna.	
85	appreciation of leader or	1
	establishment of Speech	

By the above observation Maximum (n=18) sukthas are-related to Deerghayu, (n=8) are related to Yakshma, (n=6) are related to Apa bheshaja, n=5 are related to Visha, n=4 are related to dusvapna and Sarpa Visha, and n=3 are related to Kesha Vardhini or Bhruhmani and Kustha

### A. ANIMAL EXPERIMENT

### 1. WEIGHT IN GMS

### I. With in the Group

### A. CONTROL GROUP

Table No 15 DISTRIBUTION OF ANIMALS IN CONTROL GROUP BASED ON WEIGHT IN GMS ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N = 14)								
	Mean	MD	SD	SEM	t value			
BT	176	9	17.83148	4.76566	-11.6	≤0.01		
28TH DAY	185		17.88071	4.77882		0		
28TH DAY	185	7	17.88071	4.77882	-6.55	≤0.00		
48TH DAY	192	1	18.01114	4.81368		2		
0 day	176	18	17.83148	4.76566	-10.135	≤0.00		
48TH DAY	192		18.01114	4.81368		1		

There was significant increase in weight was observed from BT to  $28^{th}$  day  $(\bar{x} = 9, t = 11.6)$  and p = 0.001,  $28^{th}$  day to  $48^{th}$  day  $(\bar{x} = 7, t = 6.55)$  and p = 0.001) and over all increase of weight from 0 day to  $48^{th}$  day  $(\bar{x} = 18, t = 10.135)$  and  $(\bar{x} = 18, t = 10.135)$ 

### **B. STANDARD GROUP**

Table No 16 DISTRIBUTION OF ANIMALS IN STANDARD GROUP BASED ON WEIGHT IN GMS ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N = 12)								
Mean MD SD SEM t value								
BT	190	5	36.63580	10.57	6.09	≤0.001		
28TH DAY	195		36.00	10.39				
28TH DAY	195	3	36	10.39	5.152	≤0.001		
48TH DAY	198		34.26	9.89				
BT	190	8	36.63580	10.57	6.445	≤0.001		
48TH DAY	198		34.26	9.89				

There was significant increase in weight was observed from BT to  $28^{th}$  day is significant  $\overline{(x = 5, t= 6.09 \text{and } p = 0.001)}$ ,  $28^{th}$  day of treatment to  $48^{th}$  day increase of weight not significant  $\overline{(x = 3, t= 5.152 \text{ and } p = 0.001)}$  and over all increase of weight from 0 day to  $48^{th}$  is significant  $\overline{(x = 8, t= 6.445 \text{ and } p = 0.001)}$  in standard group.

### C. PURANAGAYATRI GROUP

		-	Гable No 17									
DISTRIBUTI	DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON WEIGHT IN GMS											
ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY												
		Mean	Std.	Std. Error	T value							
	Mean	Diff	Deviation	Mean								
ВТ	153	64	22.58379	6.03577	-9.050	≤0.001						
28TH DAY	217		32.89552	8.79170								
28TH DAY	217	23	33.83501	8.79170	-4.937	≤0.001						
48TH DAY	240		40.92475	10.93760								
ВТ	153	87	22.58176	6.26305	-9.148	≤0.001						
48TH DAY	240		40.92475	10.93760								

There was significant increase in weight was observed from before treatment to  $28^{th}$  day of treatment  $(\bar{x} = 64, t = 9.05)$  and  $(\bar{x} = 64, t = 9.05)$  and  $(\bar{x} = 23, t = 4.93)$  and  $(\bar{x} = 23, t = 4.93)$  and  $(\bar{x} = 87, t = 9.148)$  and  $(\bar{x} = 87, t = 9.148)$ 

### D. VISHVAMITRAGAYATRI GROUP

		T	able No 18								
DISTRIBUTI	ON OF ANI			SED ON WEIGH	HT IN G	MS ON BT,					
28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)											
		Std.	Mean Diff		T value						
	Mean	Deviation		Std. Error Mean							
ВТ	168	36.18117	21	9.66982	4.294	≤0.001					
28TH DAY	189	29.40808		7.85964	-						
28TH DAY	189	29.40808	55	7.85964	4.919	≤0.001					
48TH DAY	244	41.26782		11.02929							
BT	168	36.18117	76	9.66982	7.073	≤0.001					
48TH DAY	244	41.26782		11.02929							

Weight of animals was not increased before treatment to  $28^{th}$  day of treatment  $(\bar{x} = 21, t = 4.294)$  and p = 0.001) which is statistically insignificant, significant increase in weight was observed during  $28^{th}$  day of treatment to  $48^{th}$  day of treatment  $(\bar{x} = 55, t = 4.919)$  and p = 0.001) and over all increase of weight was significant from before treatment to  $48^{th}$  day of treatment  $(\bar{x} = 76, t = 7.073)$  and p = 0.001) in the animals intervened with Vishwamitra Gayatri.

### II. WEIGHT BETWEEN THE GROUP

### A. CONTROL VS STANDARD GROUP

DIST	TABLE NO 19 DISTRIBUTION OF ANIMALS BASED ON WEIGHT IN GMS IN CONTROL & STANDARD GROUP										
	GROUP Mean Mean Std. Std. Error t-test for Equality of Means										
			diff	Deviation	Mean	T	Sig.				
28TH	CONTROL	185	9	17.88	4.77882	0.869	.394				
DAY	STANDARD	194		36	10.39						
48TH	CONTROL	191	7	18.092	4.835	0.643	.527				
DAY	STANDARD	198		34.26	9.89						

Weight of animals in Standard group was slightly more when compared to the control Group significant increase in weight was observed during  $28^{th}$  day of treatment in standard in comparison to Control group  $\overline{(x}=9$ , t=0.869 and more than p=0.394) and after  $48^{th}$  day of treatment in control group animals were more in comparison to control group  $\overline{(x}=7$ , t=643 and more than p=0.527), however the differences are statistically insignificant

### B. CONTROL VS PURANA GAYATRI GROUP

DISTR	IRUTION OF A	NIMALS		BLE NO 20	T IN CRM	IS IN	CONTR	OI & Purana			
	DISTRIBUTION OF ANIMALS BASED ON WEIGHT IN GRMS IN CONTROL & Purana Gayathri Group GROUP										
GROU		Mean	Mean	Std.	Std.	Error	t-test fo	or Equality of			
P			diff	Deviation	Mean		Means				
							Т	Sig.			
28TH	CONTROL	185	32	17.83148	4.76566		3.269	.003			
DAY	PURANA GAYATHRI	217		32.89552	8.79170						
48TH	CONTROL	191	49	18.09	4.83544		-4.074	.001			
DAY	PURANA GAYATHRI	240		40.92	10.93						

Weight of animals in control group was slightly more when compared to the Purana Gayathri Group during  $28^{th}$  day of treatment in Purana Gayathri in comparison to Control group  $(\bar{x} = 32, t = 3.269 \text{ and } p = 0.003)$  and after  $48^{th}$  day of treatment in Purana Gayathri group animals were more in comparison to Control group  $(\bar{x} = 49, t = 4.074 \text{ and } p = 0.001)$ 

### C. CONTROL VS VISHWAMITRA GAYATRI GROUP

DI	TABLE NO 21 DISTRIBUTION OF ANIMALS BASED ON WEIGHT IN GMS CONTROL & VISHWAMITRA gAYATHRI GROUP										
Time	GROUP		Mean diff	Std.		Means	Equality of				
		Mean		Deviation	Mean	Т	Sig.				
28TH	CONTROL	185	6	17.83148	4.7786	.381	.444				
DAY	VISHWAMITR A GAYATHRI	191		29.40	7.62455						
48TH	CONTROL	191	53	18.0925	4.96744	4.840	.001				
DAY	VISHWAMITR A GAYATHRI	246		38.30	10.23668						

Weight of animals in control group was slightly more when compared to the Vishvamitra Gayathri Group during  $28^{th}$  day of treatment  $\bar{(x}=6$ , t=0.381 and p=0.444) which was statistically insignificant and after  $48^{th}$  day of treatment in Vishwamitra Gayathri group animals were more in comparison to Control group  $\bar{(x}=53$ , t=4.840 and p=0.001) which was statistically significant.

### D. STANDARD GROUP VS PURANA GAYATRI GROUP

DISTI	TABLE NO 22 DISTRIBUTION OF ANIMALS BASED ON WEIGHT INGMS IN Purana Gayathri & STANDARD GROUP										
GROUP Mean Std. Std. Error t-test											
		Mean	diff	Deviation	Mean	T	Sig.				
28TH	Standard	191	26	36.002	10.39	1.720	.098				
DAY	PURANA GAYATHRI	217		32.89552	8.79170						
48TH	Standard	198	37	34.26	9.89	2.805	.010				
DAY	PURANA GAYATHRI	235		40.92	10.937						

Weight of animals in standard group was slightly more when compared to the Purana Gayathri Group during  $28^{th}$  day of treatment in Purana Gayathri in comparison to standard group  $\overline{(x}=26, t=1.720$  and more than p=0.098) which is statistically insignificant and after  $48^{th}$  day of treatment in Purana Gayathri group animals were more in comparison to standard group  $\overline{(x}=37, t=2.805$  and less than p=0.01) which was statistically significant

### E. Standard Group VS Vishwamitra Gayatri Group

### TABLE NO 23 DISTRIBUTION OF ANIMALS IN between the GROUPS BASED ON WEIGHT IN GMS ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) **GROUP** Mean t-test Std. Error difference Sig. Mean Std. Deviation Mean 28TH Standard 194 19.60 35.74690 10.31924 1.849 .077 DAY VISHWAMITRA 189 16.13814 4.31310 **GAYATHRI** 48TH 198 49.63 -3.273 Standard 35.25706 10.17784 .003 DAY VISHWAMITRA 244 11.02929 41.26782 **GAYATHRI**

Weight of animals in standard group was slightly less when compared to the Vishwamitra Gayathri Group significant increase in weight was observed during  $28^{th}$  day of treatment in Vishwamitra Gayathri was less in comparison to standard group  $(\bar{x} = 19.60, t = 1.849 \text{and } p = 0.077)$  which was statistically insignificant and after  $48^{th}$  day of treatment in Vishwamitra Gayathri group animals were more in comparison to standard group  $(\bar{x} = 49.63 t = 3.273 \text{ and } p = 0.003)$  which was statistically significant.

### I. CHANGES IN NEUROMUSCULAR ACTIVITY - BASED ON ROTAROD WITH IN THE GROUP

### A. CONTROL GROUP

TABLE NO 24 DISTRIBUTION OF ANIMALS IN CONTROL GROUP BASED ON ROTAROD ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)										
Std. Mean Std. Error T value Mean Deviation Differences Mean										
ВТ	58.4286	34.34825	13.07	9.17996	.805	≤0.436				
28THDAY	45.3571	38.58977		10.31355	=					
28THDAY	45.3571	38.58977	12.93	10.31355	.888	≤0.391				
48THDAY	32.4286	29.10647		7.77903	=					
ВТ	58.4286	34.34825	26	9.17996	2.086	≤0.057				
48THDAY	32.4286	29.10647		7.77903	1					

The neuromuscular activity of the animals was observed using rotarod with 15 RMP, which was decreased from BT to  $28^{TH}$  day  $(\bar{x} = 13.07, t = 0.805)$  and p = 0.436, 28 with 15 RMP to  $48^{th}$  day  $(\bar{x} = 12.93, t = 888)$  and p = 0.391) and BT to  $48^{th}$  day  $(\bar{x} = 26T = 2.086)$  and p = 0.057) which was statistically non significant in the animals of control group

### **B. STANDARD GROUP**

DISTRI	TABLE NO 25 DISTRIBUTION OF ANIMALS IN STANDARD GROUP BASED ON ROTAROD ON BT, 28TH DAY & 48TH DAY (N=13,14)									
	Mean	Mean Diff	Std. Deviation	Std. Error Mean	T value					
BT	52.8571	2.4	4.29988	1.43624	-1.691	0.115				
AT	55.2857									

The neuromuscular activity of the animals was observed using rotarod with 15 RMP, which was increased from from BT to AT day  $(\bar{x} = 2.4 \text{ t} = 1.691 \text{ and } p = 0.115)$  which was statistically non significant in the animals of standard group

### C. PURANA GAYATHRI GROUP

TABLE NO 26 DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON ROTAROD ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)											
		Std.	Mean	Std. Erro	T value						
	Mean	Deviation	Differences	Mean							
BT	68.7857	21.44108	24.36	5.73037		≤0.001					
28THDAY	93.1429	37.74175		10.08691	-4.209						
28THDAY	93.1429	37.74175	5.208	10.08691	2.275	≤0.041					
48THDAY	98.3571	30.73361		8.21390							
BT	68.7857	21.44108	29.57	5.73037	-6.838	≤0.001					
48THDAY	98.3571	30.73361		8.21390							

The neuromuscular activity of the animals was increased from day BT to  $28^{TH}$  ( $\overline{x}=24.36$ , t=-4.209 and p = 0.001), from day 28 to  $48^{th}$  day ( $\overline{x}=5.208$ , t=-2.275 and p = 0.041) and from day1 to  $48^{th}$  day ( $\overline{x}=29.57$  t=-6.838 and p = 0.001) which was statistically highly significant in the animals Purana Gayatri intervention

### Table No 27 DISTRIBUTION OF ANIMALS IN VG GROUP BASED ON ROTAROD ON BT, $28^{\mathrm{TH}}$ DAY & 48<sup>TH</sup> DAY (N=13,14) Mean Diff Std. T value Mean Deviation Std. Error Mean BT62.6429 11.8 24.05637 6.42933 $\leq 0.002$ -3.955 28THDAY 74.5000 32.79951 8.76604 ≤0.001 BT74.5000 33.2 32.79951 8.76604 -4.09 107.7 48THDAY 26.18111 6.99720 28THDAY 62.6429 45 24.05637 ≤0.001 6.42933 -6.43 48THDAY 107.7 26.18111 6.99720

The neuromuscular activity of the animals was increased from day 1 to  $28^{TH}$  day  $\overline{(x=11.8, t=3.955 \text{ and } p=0.002)}$ , from day 28 to  $48^{th}$  day  $\overline{(x=33.2, t=4.09 \text{ and } p=0.001)}$  and from day 1 to  $48^{th}$  day  $\overline{(x=45 \text{ t}=6.43 \text{ and } p=0.001)}$  which was statistically highly significant in the animals Vishwamitra Gayatri intervention

### II. BETWEEN THE GROUP

### 1. CONTROL VS STANDARD

	Table No 28 DISTRIBUTION OF ANIMALS IN CONTROL VS STANDARD GROUP BASED ON ROTAROD ON 28 <sup>th</sup> day & 48 <sup>TH</sup> DAY (N=14,12)										
	GROUP	Mean	Mean difference	Std. Deviation	SEM	t-test for I Means	Equality of				
						t	Sig.				
28TH	CONTROL	45.35	9.65	38.58	10.31	0.880	0.391				
DAY	STANDARD	55		12.77	3.68						
48TH DAY	CONTROL	32.4286	22.03	29.10647	7.7790 3	2.187	0.022				
	STANDARD	55		14.05250	4.2369 9	_					

The neuromuscular activity of the animals was more in standard group on the day  $28 \ \bar{x} = 9.65$ , t = 0.88 and p = 0.391) which was statistically insignificant and on  $48^{th}$  day  $\bar{x} = 22.03$  t= 2.187 and p = 0.022) which was statistically highly significant in comparison to control group

### 2. CONTROL VS SPURANA GAYATHRI

### Table No 29 DISTRIBUTION OF ANIMALS IN CONTROL VS PURANA GAYATHRI GROUP BASED ON ROTAROD ON 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) Std. Std. Error t-test for Equality of **GROUP** Mean Mean Deviation difference Mean Means Sig. CONTROL |45.3571 47.7 10.31355 3.312 0.003 28TH 38.58977 DAY PURANA 93.1429 37.74175 10.08691 Gayathri 5.053 48TH CONTROL | 32.4286 59.65 29.10647 7.77903 0.001 DAY PURANA 92.0769 32.01682 8.87987 Gayathri

The neuromuscular activity of the animals was more in Purana Gayatri group on the day  $28 \ \bar{x} = 47.7$ , t = 3.312 and p = 0.003) more in Purana Gayatri group which was statistically highly significant and on  $48^{th}$  day  $\bar{x} = 59.65$  t = 5.053 and p = 0.001) which was statistically highly significant in the animals of Purana Gayatri group in comparison to control group

			GROU	JP <b>Table N</b> o	30		
DISTR	RIBUTION (	OF ANIMA	ALS IN CO	NTROL VS	S VISHWAMI'	ГRA Gaya	athri GROUP
BASE	D ON ROTA	ROD ON	28 <sup>TH</sup> DAY	& 48 <sup>TH</sup> DAY	Y (N=14)		
			Mean			t-test for	Equality of
			difference	Std.	Std. Error	Means	
		Mean		Deviation	Mean	t	Sig.
28TH	CONTROL	45.3571	27.18	38.58977	10.31355	1.964	0.061
DAY	VISHWA	72.5385		33.27315	9.22831		
	MITRA						
	Gayathri						
48TH	CONTROL	32.4286	60.72	29.10647	7.77903	4.766	0.001
DAY	VISHWA	93.1429		37.74175	10.08691		
	MITRA						
	Gayathri						

The neuromuscular activity of the animals was more in Vishwamitra Gayatri group on the day  $28 \ \bar{(x} = 27.18, t = 1.964 \text{ and } p = 0.061)$  which was statistically in significant and on  $48^{th}$  day with  $\bar{(x} = 60.72 \ t = 4.766 \ \text{and } p = 0.001)$  which was statistically highly significant in comparison to control group

# Table No 31 DISTRIBUTION OF ANIMALS IN STANDARD VS PURANA GAYATHRI GROUP BASED ON ROTAROD ON 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) GROUP Mean difference Std. Deviation Mean t-test for Equality of Means t Sig.

1	5110 01		1.100011				=4"
			difference	Std.	Std. E	rror of Means	
		Mean		Deviation	Mean	t	Sig.
28TH	standard	55.0000	38.14	12.77071	3.68659	3.552	0.003
DAY	Purana Gayathri	93.1429		37.74175	10.08691		
48TH	standard	54.4545	37.62	14.05250	4.23699	3.842	0.001
DAY	Purana Gayathri	92.0769		32.01682	8.87987		
TVI	1		• 1	· D	<u> </u>	.1	1 20

The neuromuscular activity of the animals was more in Purana Gayatri group on the day 28  $\overline{(x}=38.14,\,t=3.552$  and p=0.003) which was statistically highly significant and on  $48^{th}$  day  $\overline{(x}=37.62\ t=3.842$  and p=0.001) which was statistically highly significant in comparison to standard group .

TABLE NO 32
DISTRIBUTION OF ANIMALS IN STANDARD VS VISHWAMITRA GAYATHRI
GROUP BASED ON ROTAROD ON 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)

G	ROUP		Mean difference				t-test Means	Equality	of
		Mean		Std. Deviation	Std. Mean	Error	t	Sig.	
28TH	standard	55.0000	17.53	12.77071	3.68659		1.765	0.97	
DAY	Vishwamitr a Gayathri	72.5385		33.27315	9.22831				
48TH DAY	standard	54.4545	38.69	14.05250	4.23699		3.636	0.002	
	Vishwamitr a Gayathri	93.1429		37.74175	10.0869	1			

The neuromuscular activity of the animals was more in Vishwamitra Gayatri group on the day  $28 \ \bar{(x} = 17.53.14, t = 1.765 \ and p = 0.97)$  which was statistically in significant and on  $48^{th}$  day  $\bar{(x} = 38.69 \ t = 3.636 \ and p = 0.002)$  which was statistically highly significant in comparison to standard group

DISTR			S IN Purana		mitra Gayathri <sup>H</sup> DAY (N=14)	GROUP B.	ASED
GROU		Mean	Mean difference	Std. Deviation	Std. Error Mean	t-test for E of Means	quality Sig.
28TH		93.1429	20.60	37.74175	10.08691		0.286
DAY	Vishwamitr a Gayathri	72.5385		33.27315	9.22831		
48TH	Purana	92.0769	-1.06	32.01682	8.87987	0.079	0.246
DAY	Vishwamitr a Gayathri	93.1429		37.74175	10.08691		

The neuromuscular activity of the animals was more in Purana Gayatri group on day 28 ( $\bar{x}$  =20.60.14, t= 1.5 and p = 0.286) and on  $48^{th}$  day ( $\bar{x}$  =-1.06 t= 0.079 and p = 0.246) neuromuscular activity of the animals was more in Vishwamitra Gayathri group than Purana Gayathri Group which was statistically not significant

### 3. The Escape response

### A. With in the Group - Control

Distri	bution of a	nimals in stand: 48	Table No3- ard group bas TH DAY (N=	ed on hole	board ON 2	8TH DAY &
	Mean	Mean Diff	Std. Deviation	Std. E Mean	Error T value	
ВТ	9.7857	0.571	1.34	0.358	1.593	0.135
28THDAY	9.2143					
28THDAY	9.2143	0.142	1.099	0.293	0.486	0.635
48THDAY	9.0714					
ВТ	9.7857	0.714	1.857	0.496	1.439	0.174
48THDAY	9.0714				TIL	

The Escape response of the animals was decreased from day 1 to  $28^{TH}$  day  $\overline{(x=0.5, t=1.593)}$  and p=0.135, 28 to  $48^{th}$  day  $\overline{(x=0.142, t=0.486, p=0.635)}$  and BT to  $48^{th}$  day  $\overline{(x=0.714, t=1.439)}$  and p=0.0174) which was statistically insignificant in the animals of control group **STANDARD** 

DISTRIB	Table No 35 DISTRIBUTION OF ANIMALS IN Standard GROUP BASED ON Hole Board ON BT & 48TH DAY (N=13,14)									
	Mean	Mean Diff	Std. Deviation	Std. Error Mean	T value					
BT	16.3333	4.75	2.37	0.686	6.917	0.001				
At	11.5833									

The Escape response of the animals was decreased from day BT to  $48^{th}$  day  $(\bar{x} = 4.75 t = 6.97 and p = 00001)$  which was statistically highly significant in the animals of standard Group

DISTRIBU	Table No36 DISTRIBUTION OF ANIMALS IN Purana Gayatri GROUP BASED ON Hole Board ON BT, 28TH DAY & 48TH DAY (N=13,14)										
					T value						
	Mean	Mean Diff	Std. Deviation	Std. Error Mean							
BT	10.0000	5.00000	3.39683	.90784	5.508	.0001					
28THDAY	5.0000										
28THDAY	5.0000	.28571	5.09039	1.36046	.210	.837					
48THDAY	4.7143	1									
BT	10.0000	5.28571	3.62531	.96890	5.455	.0001					
48THDAY	4.7143										

The Escape response of the animals was decreased from day 1 to  $28^{TH}$  day  $\overline{(x=5, t=5.508)}$  and p=0.001) which was statistically highly, decrease in escape response from day 28 to  $48^{th}$  day  $\overline{(x=0.28571, t=0.210)}$  and p=0.837) which was statistically insignificant and decrease in escape response from day 1 to  $48^{th}$  day  $\overline{(x=5.289, t=5.455)}$  and p=0.001) which was statistically highly significant in the animals Purana Gayatri intervention

DISTRIBU	Table No37 DISTRIBUTION OF ANIMALS IN Vishwamitra Gayatri GROUP BASED ON Hole Board ON ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=13,14)										
	Mean	Mean Diff	Std. Deviation	Std. Error Mean	T value						
BT	16.2143	1.00000	5.09902	1.36277	.734	≤0.476					
28THDAY	15.2143										
28THDAY	15.2143	11.571	7.56220	2.02108	5.725	≤0.001					
48THDAY	3.6429										
BT	16.2143	12.5714	5.73403	1.53248	8.203	≤0.001					
48THDAY	3.6429										

The Escape response of the animals was decreased from day 1 to  $28^{TH}$  day  $(\bar{x} = 1, r = 0.821$  and p = 0.001) which was statistically insignificant, decrease in escape response from day 28 to  $48^{th}$  day  $(\bar{x} = 11.58, r = 0.530$  and p = 0.001) which was statistically highly significant and decrease in escape response from day 1 to  $48^{th}$  day  $(\bar{x} = 12.5714, t = 8.203)$  and p = 0.001) which was statistically highly significant in the animals Vishwamitra Gayatri intervention

### **Between the Group**

DIS	Table No 38 DISTRIBUTION OF ANIMALS IN Control VS Standard GROUP BASED ON Hole										
	<b>Board ON BT &amp; 48</b> <sup>TH</sup> <b>DAY</b> (N=14)										
GROU	GROUP			Std.	Std. E	Error	t-test fo	or Equality	of Means		
	Mean		difference	Deviation	Mean		Sig.	T	Sig.		
_	Control	9.0909	0.12	1.57826	.47586		0.054	0.129	0.698		
DAY	standard	9.2143		3.09288	.82661						

The Escape response of the animals was less in standard on  $48^{th}$  day  $(\bar{x} = 0.1214, t = 0.129)$  and p = 0.698) which was statistically no significant

# Table No 39 DISTRIBUTION OF ANIMALS IN Control VS Purana gayatri GROUP BASED ON Hole Board ON 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) ROUP Mean difference Std. Std. Error Means

GROU	P		Mean				t-test for	Equality of
			difference	Std.	Std.	Error	Means	
		Mean		Deviation	Mean		T	Sig.
28TH	Control	8.0714	2.61	2.70226	.72221		2.185	0.039
DAY	Purana	5.4615		3.43063	.95149			
	gayatri							
48TH	Control	9.2143	4.21	3.09288	.82661		3.200	0.004
DAY	Purana	5.0000		3.69685	1.02532			
	gayatri							

The Escape response of the animals was less in Control Group on  $28^{th}$  day escape response was less in Purana Gayatri group  $(\bar{x} = 2.61, t-2.185)$  and p = 0.039) which was statistically significant and escape response was less in Purana Gayatri Group on  $48^{th}$  day  $(\bar{x} = 4.21, t = 3.2)$  and p = 0.004) which was statistically highly significant.

DISTI	RIBUTION (		ALS IN Con	able No 40 trol VS Visl <sup>H</sup> DAY & 48			UP	BASED ON
GROU	P		Mean difference	Std.	Std.	t-test Means		Equality of
		Mean		Deviation	Mean	T		Sig.
28TH	Control	8.0714	7.14	2.70226	.72221	2.888		0.011
DAY	Vishwantr a gayatri	15.21		8.85072	2.36545			
48TH	Control	9.2143	5.36	3.09288	.82661	4.019		0.001
	Vishwantr a gayatri	3.85		3.79994	1.01558			

The Escape response of the animals was less in Control Group on  $28^{th}$  day escape response was less in Control Gayatri group  $(\bar{x}=7.14,\ t-2.88\ and\ p=0.011)$  which was statistically significant and escape response was less in Vishwamitra Gayatri Group on  $48^{th}$  day  $(\bar{x}=5.36,\ t=4.019)$  and  $(\bar{x}=5.36,\ t=4.019)$ 

### Table No 41 DISTRIBUTION OF ANIMALS IN Standard VS Purana gayatri GROUP BASED ON Hole Board ON 48<sup>TH</sup> DAY (N=14) GROUP Mean t-test for Equality of difference Means Std. Error T Std. Sig. Deviation Mean Mean 48TH 4.09 Standard 9.0909 1.57826 .47586 3.619 0.002DAY 5.0000 Purana 3.69685 1.02532 gayatri

The Escape response of the animals was less in Purana Gayatri Group on  $48^{th}$  day  $(\bar{x} = 4.09, t = 3.619)$  and  $(\bar{x} = 4.09, t = 3.619)$ 

	IBUTION O		LS IN Stand	able No 42 lard VS Visl	ıwamitra	gaya	tri GR	OUI	P BASED	ON
	ROUP		Mean difference	Std.	Std.		t-test Means	for	Equality	of
		Mean		Deviation	Mean		T		Sig.	
48TH	Standard	9.0909	5.24	1.57826	.47586		4.667		0.001	
DAY	Vishwamitr	3.8571		3.69685	1.01558					
	a gayatri									

The Escape response of the animals was less in Vishwamitra Group on day 1  $(\bar{x} = 0.69, t = 0.307)$  and p = 0.762) which was statistically insignificant, and escape response was less in Vishwamitra Gayatri Group on  $48^{th}$  day  $(\bar{x} = 5.24, t = 4.667)$  and p = 0.001) which was statistically highly significant.

 $Table\ No\ 43 \\ DISTRIBUTION\ OF\ ANIMALS\ IN\ Purana\ Gayatri\ Group\ VS\ Vishwamitra\ gayatri\ GROUP\ BASED\ ON\ Hole\ Board\ ON\ 28^{TH}\ DAY\ \&\ 48^{TH}\ DAY\ (N=14)$ 

	GROUP		Mean						Equality	of
			differenc	Std.	Std.	Error	Means			
		Mean	e	Deviation	Mean		T		Sig.	
28TH	Purana	5.4615	9.75	3.43063	.95149		3.825		0.001	
DAY	Gayatri									
	Vishwamitra	15.2143		8.85072	2.36545					
	gayatri									
48TH	Purana	5.0000	1.15	3.69685	1.02532		0.792		0.436	
DAY	Gayatri									
	Vishwamitra	3.8571		3.79994	1.01558					
	gayatri				<u> </u>			sth .		

The Escape response of the animals was less in Purana Gayitri Group on  $28^{th}$  day escape response was less in Purana Gayatri group  $(\bar{x} = 9.75, t-3.825 \text{ and } p = 0.001)$  which was statistically significant and escape response was less in Vishwamitra Gayatri Group on  $48^{th}$  day  $(\bar{x} = 1.15, t = 0.792 \text{ and } p = 0.436)$  which was statistically highly significant.

### **BEHAVIOURAL DESPAIR**

### A. With in the Group Control

	Table No 44											
DISTRIBUTIO						MOBILITY						
FREQUENCY <b>ON BT, 28<sup>TH</sup> DAY &amp; 48<sup>TH</sup> DAY (N=12,14</b> )												
		Mean	Std.	Std. Error	T value							
	Mean	Diff	Deviation	Mean								
ВТ	17.0000	0.36	1.081	0.2891	1.235	≤0.239						
28THDAY	16.64											
28THDAY	16.64	0.72	0.994	0.2657	2.687	≤0.019						
48THDAY	15.92											
ВТ	17.0000	1.08	0.916	0.245	4.375	≤0.001						
48THDAY	15.92											

The immobility frequency of the animals was decreased from day BT to  $28^{TH}$  day  $(\bar{x} = 0.36, t = 1.235)$  and p = 0.239) which was statistically insignificant, 28 to  $48^{th}$  day  $(\bar{x} = 0.72, t = 2.687)$  and p = 0.019) and from BT to  $48^{th}$  day  $(\bar{x} = 1.08, t = 1.08)$  to  $(\bar{x} = 1.08, t$ 

### Table No45 **DISTRIBUTION OF ANIMALS BASED ON BEHAVIOURAL DESPAIR IMMOBILITY** Duration **ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=12,14)** Mean Std. Std. Error T value Diff Mean Deviation Mean BT36 0.7 0.744 0.199 3.229 ≤0.007 28THDAY 35.3 28THDAY 0.4 1.222 0.326 1.312 ≤0.212 35.3 48THDAY 34.9 BT1.1 1.268 3.160 36 0.339 ≤0.008 34.9 48THDAY

The immobility duration of the animals was decreased from day 1 to  $28^{TH}$  day  $(\bar{x}=0.7, t=3.229)$  and p=0.007) and from BT to  $48^{th}$  day  $(\bar{x}=1.1, t=3.160)$  and p=0.008) which was statistically highly significant, and from 28 to  $48^{th}$  day  $(\bar{x}=0.4, t=1.312)$  and p=0.212) which was statistically insignificant in control group

### Standard

DISTRIBUTIO	Table No46  DISTRIBUTION OF ANIMALS ASED ON BEHAVIOURAL DESPAIR IMMOBILITY FREQUENCY ON BT& 48 <sup>TH</sup> DAY (N=12,14)										
	Mean	Mean Diff		Std. Error Mean	T value						
ВТ	10.9167	2.8	1.11464	.32177	8.805	≤0.001					
48THDAY	13.7500										

The immobility frequency of the animals was decreased from BT to  $48^{th}$  day  $(\bar{x} = 2.8 \ t = 8.805)$  and p = 0.001) which was statistically highly significant in standard group

Table No47											
DISTRIBUTION OF ANIMALS IN BASED ON BEHAVIOURAL DESPAIR											
IMMOBILITY FREQUENCY <b>ON BT, 28<sup>TH</sup> DAY &amp; 48<sup>TH</sup> DAY (N=12,14</b> )											
		Mean	Std.	Std. Error	T value						
	Mean	Diff	Deviation	Mean							
ВТ	21.6667	3.9	1.403	0.40	6.999	≤0.001					
48THDAY	24.5000										

The immobility duration of the animals was decreased from day 1 to  $48^{th}$  day  $(\bar{x} = 3.9, t = 6.99)$  and  $(\bar{y} = 0.002)$  which was statistically highly significant in in standard group intervention

DISTRIBU	Table No 48 DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON BEHAVIOURAL											
DESPAIR IMMOBILITY frequency <b>ON BT, 28</b> <sup>TH</sup> <b>DAY &amp; 48</b> <sup>TH</sup> <b>DAY</b> ( <b>N=12,14</b> )												
Frequency		Mean	Std.	Std. Error	T value							
	Mean	Diff	Deviation	Mean								
ВТ	19.0000	7.7	12.39217	3.31195	2.351	≤0.035						
28THDAY	11.2143											
28THDAY	9.2500	6.1	6.22069	1.79576	3.43	≤0.001						
48THDAY	3.0833											
ВТ	17.7500	14.67	12.39217	3.57672	4.101	≤0.002						
48THDAY	3.0833											

The immobility frequencyof the animals was decreased from day 1 to  $28^{TH}$  day  $\overline{(x}$  =7.7, and p = 0.035) from day 28 to  $48^{th}$  day  $\overline{(x}$  = 6.1, and p = 0.001) from day 1 to  $48^{th}$  day  $\overline{(x}$  =14.67 and p = 0.002) which was statistically highly significant in the animals Purana Gayatri intervention

			Table No 49	)									
DISTRII	DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON BEHAVIOURAL												
DESPAIR IMMOBILITY duration ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=12,14)													
duration		Mean	Std.	Std. Error	T value								
	Mean	Diff	Deviation	Mean									
BT	13.0714	4.9	6.45	1.72	2.859	≤0.013							
28THDAY	8.1429												
28THDAY	7.3333	4	5.25	1.51	2.63	≤0.023							
48THDAY	3.3333												
ВТ	12.0833	8.7	4.73	1.36	6.406	≤0.001							
48THDAY	3.3333												

The immobility duration of the animals was decreased from day0 to  $28^{TH}$  day  $(\bar{x} = 4.9)$ , r = 0.013 from 28 to  $48^{th}$  day  $(\bar{x} = 4.9)$  or  $(\bar{$ 

### Table No 50

### BEHAVIOURAL DESPAIR IMMOBILITY Frequency **DISTRIBUTION OF ANIMALS IN VG GROUP BASED ON** BEHAVIOURAL DESPAIR IMMOBILITY Duration **ON BT**, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=12,14)

	Mean		Std. Deviation	Std. Error Mean	T value	
BT	9.0000	.25000	4.37191	1.26206	.198	≤0.847
28THDAY	8.7500					
28THDAY	8.7500	6.27273	3.03615	.91543	6.852	≤0.001
48THDAY	2.5455					
BT	9.0000	6.23077	4.49359	1.24630	4.999	≤0.001
48THDAY	2.5455					

The immobility frequency of the animals was decreased from day 0 to  $28^{TH}$  day  $(\bar{x} = 0.25, p = 0.847)$  which was statistically insignificant, decrease in immobility duration from day 28 to  $48^{th}$  day  $(\bar{x} = 6.27, p = 0.001)$  0 to  $48^{th}$  day  $(\bar{x} = 6.23)$  and  $(\bar{x} = 0.001)$  which was statistically highly significant in the animals Vishwamitra Gayatri intervention

# Table No 51 DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON BEHAVIOURAL DESPAIR IMMOBILITY duration ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=12,14)V BEHAVIOURAL DESPAIR IMMOBILITY duration

	Mean	Mean Diff	Std. Deviation	Std. Error Mean	T value	
ВТ	17.5385	8.07692	16.59047	4.60137	1.755	≤0.105
28THDAY	9.4615					
28THDAY	9.4615	7.00000	4.82418	1.39262	5.026	≤0.001
48THDAY	2.4615					
ВТ	17.5385	1.63846	16.89447	4.68568	3.497	≤0.004
48THDAY	2.4615	E1				

The immobility duration of the animals was decreased from day 0 to  $28^{TH}$  day  $\overline{(x=8.076\,,\,p=0.105)}$  which was statistically insignificant, decrease in immobility frequency from day 28 to  $48^{th}$  day  $\overline{(x=7,\,p=0.001)}$  0 to  $48^{th}$  day  $\overline{(x=1.63)}$  and p=0.004) which was statistically highly significant in the animals Vishwamitra Gayatri intervention

### **B.** Between the Group

	Table No52 DISTRIBUTION OF ANIMALS IN Control VS Standard GROUP BASED ON Frequency of immobility in behavioral despair 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)										
GROU	P		Mean difference	Std.		t-test for Means	Equality of				
		Mean		Deviation	Mean	t	Sig.				
48 <sup>th</sup>	Control	16.7857	10.21	7.96317	2.12825	1.612	0.002				
day	Standard	13.7500		4.24532	1.22552						

The immobility frequency of the animals was less in standard group on  $48^{th}$  day  $(\bar{x} = 10.21)$ , t= 1.612 and p = 0.002) in comparison to Control which was statistically significant

DIST	Table No 53 DISTRIBUTION OF ANIMALS IN Control VS Standard GROUP BASED ON duration of immobility in behavioral despair 48 <sup>TH</sup> DAY (N=14)										
GROUP			Mean difference	Std.	Std.		t-test for I Means	Equality of			
		Mean		Deviation	Mean		t	Sig.			
48TH	Control	34.7143	4.28	21.34129	5.70370		1.753	0.013			
DAY	Standard	24.5000		9.56794	2.76203						

The immobility duration of the animals was less in standard group on  $48^{th}$  day  $\overline{(x}$  =4.28, t= 1.753 and p = 0.013) in comparison to Control which was statistically significant

	Table No 54  DISTRIBUTION OF ANIMALS IN Control VS Purana gayatri GROUP BASED ON immobility frequency ON 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)										
GROUE			Mean				t-test for E	quality of			
			differen	Std.	Std.	Error	Means				
		Mean	ce	Deviation	Mean		t	Sig.			
28TH	Control	16.7857	7	7.96317	2.12825		2.558	0.017			
DAY	Purana gayatri	9.7857		6.43522	1.71989						
48TH	Control	16.7857	13.45	7.96317	2.12825		6.136	0.001			
DAY	Purana gayatri	3.3333		1.82574	.52705						

The immobility frequency of the animals was less in Purana Gayatri group was less in comparison to Control which was statistically significant  $28^{th}$  day of treatment  $(\bar{x} = 7, t = 2.558)$  and p = 0.017, and on  $48^{th}$  day of treatment  $(\bar{x} = 13.45, t = 6.136)$  and p = 0.001).

### Table No55 DISTRIBUTION OF ANIMALS IN Control VS Purana gayatri GROUP BASED ON immobility duration ON BT, $28^{TH}$ DAY & $48^{TH}$ DAY (N=14)

GROUP		Mean					t-test for Equality of	
			difference	Std.	Std. E	rror	Means	
		Mean		Deviation	Mean		t	Sig.
28TH	Control	34.7143	20.42	21.34129	5.70370		3.23	0.004
DAY	Purana	14.2857		10.22387	2.73244			
	gayatri							
48TH	Control	34.7143	31.62	21.34129	5.70370		5.527	0.001
DAY	Purana	3.0833		1.62135	.46804			
	gayatri							

The immobility duration of the animals was less in Purana Gayatri group was less in comparison to Control which was statistically significant  $28^{th}$  day of treatment  $(\bar{x} = 20.42)$ , t= 3.23 and p = 0.004), and on  $48^{th}$  day of treatment  $(\bar{x} = 31.62)$ , t= 5.52 and p = 0.001).

### Table No56 DISTRIBUTION OF ANIMALS IN Control VS Vishwantra gayatri GROUP BASED ON ON immobility frequency ON BT, $28^{TH}$ DAY & $48^{TH}$ DAY (N=14) ON BT, $28^{TH}$ DAY &

ON immobility frequency ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14)

GROUP			Mean				t-test for Ec	quality of
			difference	Std.	Std. E	rror	Means	
		Mean		Deviation	Mean		t	Sig.
28TH	Control	16.7857	8.03	7.96317	2.12825		4.305	0.001
DAY	Vishwantra	8.7500		2.98861	.86274			
	gayatri							
48TH	Control	16.7857	14.32	7.96317	2.12825		6.687	0.001
DAY	Vishwantra	2.4615		.87706	.24325			
	gayatri							

The immobility frequency of the animals was less in Vishwamitra Gayatri group was less in comparison to Control which was statistically significant  $28^{th}$  day of treatment  $\overline{(x=8.03, t=4.305)}$  and p=0.001), and on  $48^{th}$  day of treatment  $\overline{(x=14.32, t=6.687)}$  and p=0.001).

# Table No 57 DISTRIBUTION OF ANIMALS IN Control VS Vishwantra gayatri GROUP BASED ON ON immobility duratioin ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14)

GROUF	)		Mean difference	Std.	Std. Erro	t-test for F of Means	Equality
		Mean		Deviation	Mean	T	Sig.
28TH	Control	34.7143	25.25	21.34129	5.70370	4.305	0.001
DAY	Vishwantra	9.4615		4.94327	1.37102		
	gayatri						
48TH	Control	34.7143	32.25	21.34129	5.70370	5.65	0.001
DAY	Vishwantra	2.4615		.87706	.24325		
	gayatri						

The immobility duration of the animals was less in Vishwamitra Gayatri group was less in comparison to Control which was statistically significant  $28^{th}$  day of treatment  $\overline{(x=25.25, t=4.305 \text{ and } p=0.001)}$ , and on  $48^{th}$  day of treatment  $\overline{(x=32.25, t=5.65 \text{ and } p=0.001)}$ .

			T	able No 58			
DISTE	RIBUTION	OF ANIM	ALS IN Sta	andard VS	Purana gayat	ri GROU	P BASED ON
immol	oility freque	ncy ON BT	T, 28 <sup>TH</sup> DAY	7 <b>&amp; 48</b> <sup>™</sup> <b>D</b> A	AY (N=14)		
			Mean			t-test fo	r Equality of
			difference	Std.	Std. Erro	Means	
		Mean		Deviation	Mean	t	Sig.
48TH	Standard	10.9167	7.58	4.23102	1.22139	5.701	0.001
DAY	Dunana	2 2222		1 02574	52705	_	
	Purana gayatri	3.3333		1.82574	.52705		

The immobility frequency of the animals was less in Purana Gayatri group was less in comparison to standard group which was statistically in significant on  $48^{th}$  day of treatment  $(\bar{x} = 7.58, t = 5.701)$  and p = 0.001).

### Table No 59 DISTRIBUTION OF ANIMALS IN Standard VS Purana gayatri GROUP BASED ON immobility duration ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14) GROUP Mean t-test for Equality of difference Std. Error Means Std. Sig. Mean Deviation Mean 21.6667 8.95781 2.58590 7.072 48TH Standard 18.58 0.001 DAY Purana 3.0833 1.62135 .46804 gayatri

The immobility duration of the animals was less in Purana Gayatri group was less in comparison to standard group which was statistically in significant during on  $48^{th}$  day of treatment  $\overline{(x = 18.58, t = 7.072 \text{ and } p = 0.001)}$ .

	Table No 60												
DIS	DISTRIBUTION OF ANIMALS IN Standard VS Vishwamitra gayatri GROUP BASED												
	ON immobility frequency ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14)												
GROU	JΡ		Mean			Levene's	Test	t-test for I	Equality				
			difference			for Equa	ality of	of Means					
				Std.	Std. Error	Variance	es						
		Mean		Deviation	Mean	F	Sig.	t	Sig.				
48TH	Standard	10.9167	8.45	8.95781	2.58590	26.093	0.001	7.394	0.001				
DAY	Vishwami	2.4615		.87706	.24325								
	tra												
	gayatri												

The immobility frequency of the animals was less in Vishwamitra Gayatri group was less in comparison to standard group which was statistically in significant statistically in significant during on  $48^{th}$  day of treatment ( $\bar{x} = 8.45$ , t = 7.394 and p = 0.001).

	Table No61 DISTRIBUTION OF ANIMALS IN Standard VS Vishwamitra gayatri GROUP BASED ON immobility duration ON BT, 28 <sup>TH</sup> DAY & 48 <sup>TH</sup> DAY (N=14) GROUP												
			Mean differen	Std.	Std.		t-test fo Means	r Equality of					
		Mean	ce	Deviation	Mean		t	Sig.					
48TH	Standard	21.6667	19.2	8.95781	2.58590		7.394	0.001					
DAY	Vishwamitra gayatri	2.4615		.87706	.24325								

The immobility duration of the animals was less in Vishwamitra Gayatri group was less in comparison to standard group which was statistically in significant on  $48^{th}$  day of treatment  $(\bar{x})$  = 19.2, t= 7.394 and p = 0.001).

Table No63

DISTRIBUTION OF ANIMALS IN Vishwamitra Gayatri VS Purana gayatri
GROUP BASED ON immobility Duration ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14)

Mea

t-test for Equality of Means

			Mea			t-test for	Equality of Means
			n			t	Sig.
			diff				
			eren	Std.	Std. Error		
		Mean	ce	Deviation	Mean		
28TH	Vishwamitra	9.7857	1	6.43522	1.71989	0.538	0.597
DAY	Gayatri						
	Purana	8.7500		2.98861	.86274		
	gayatri						
48TH	Vishwamitra	3.0833	0.62	1.62135	.46804	1.179	0.255
DAY	Gayatri						
	Purana	2.4615		.87706	.24325		
	gayatri						

The immobility frquency of the animals was less in Purana Gayatri group on  $28^{th}$  day of treatment  $\overline{(x=1)}$ , t=0.538 and p=0.597), and  $48^{th}$  day of treatment  $\overline{(x=0.62)}$ , t=1.179 and p=0.255). which was statistically in significant

# TABLE NO 64 DISTRIBUTION OF ANIMALS IN VISHWAMITRA GAYATRI VS PURANA GAYATRI GROUP BASED ON IMMOBILITY frequency ON BT, 28<sup>TH</sup> DAY & 48<sup>TH</sup> DAY (N=14)

			Mean difference	Std.	Std. Err	t-te or Me		quality of
		Mean		Deviation	Mean	t		Sig.
28TH DAY	Vishwamit ra Gayatri	14.2857	4.82	10.22387	2.73244	1.5'	78	0.131
	Purana gayatri	9.4615		4.94327	1.37102			
48TH DAY	Vishwamit ra Gayatri	3.0833	0.62	1.62135	.46804	1.1'	79	0.255
	Purana gayatri	2.4615		.87706	.24325			

The immobility duration of the animals was less in Purana Gayatri group on  $28^{th}$  day of treatment  $(\bar{x} = 4.82)$ , t = 1.578 and p = 0.131, and  $48^{th}$  day of treatment  $(\bar{x} = 0.62)$ , t = 1.179 and p = 0.255) which was found statistically in significant

### **COOKS POOL**

### A. With in the Group

DIST	Table No 65 DISTRIBUTION OF ANIMALS IN PG GROUP BASED ON Cooks Pole ON BT & 48 <sup>TH</sup> DAY (N-14)											
Cooks Po	le	Mean (S)	Mean Diff	Std. Dev	Std. Error Mean	T value						
Jumping	BT 48THDAY	15.0714 60.9286	-4.58571E1	22.19445	5.93172	-7.731	≤0.0 01					
LATENC Y TO POLE		40.5714 95.2857	-5.47143E1	24.59027	6.57203	-8.325	≤0.0 01					
TSP	BT 48THDAY	65.2143 110	-4.47857E1	18.73778	5.00788	-8.943	≤0.0 01					

Before treatment jumping response was observed was 15 seconds which are increased tp 60.9 sec after 48 days of intervention which was statistically significant  $(\bar{x} = 4.5)$ , t = 7.73 and p = 0.001), Before treatment latency at pole was observed was 40.5 seconds which are increased to 95.2 sec after 48 days of intervention which was statistically significant  $(\bar{x} = 5.4)$ , t = 8.325 and p = 0.001), and Before treatment time spent at pole was observed was 65.2 seconds which

are increased to 110sec after 48 days of intervention which was statistically significant  $(\bar{x} = 4.4)$ , t = 8.94 and p = 0.001), in the animals Purana Gayatri intervention

DISTRIB	Table No 66  DISTRIBUTION OF ANIMALS IN VG GROUP BASED ON Cooks Pole ON BT & 48 <sup>TH</sup> DAY (N-14)											
Cooks Pol	e – V					T value						
		Mean	Mean Diff	Std. Deviation	Std. Error Mean							
Jumping	BT	17.5714	-8.192	22.97646	6.14072	-13.342	≤0.001					
	48THDAY	99.5000										
LATENC Y TO	ВТ	57.2857	-2.385	23.76441	6.35131	-3.756	≤0.002					
POLE	48THDAY	81.1429	=									
CDENT	BT	62.0000	-4.685	20.70621	5.53397	-8.467	≤0.001					
	48THDAY	108.86										

Before treatment jumping response was observed was 17 seconds which are increased tp 99.5 sec after 48 days of intervention which was statistically significant  $(\bar{x} = 8.1)$ , t = 13.3 and p = 0.001), Before treatment latency at pole was observed was 57.28 seconds which are increased to 81.1 sec after 48 days of intervention which was statistically significant  $(\bar{x} = 2.3)$ , t = 3.75 and p = 0.002, and Before treatment time spent at pole was observed was 62 seconds which are increased to 108.8sec after 48 days of intervention which was statistically significant  $(\bar{x} = 4.6)$ , t = 8.46 and p = 0.001, in the animals Vishwamitra Gayatri intervention

### **B.** Between the Group

		Table No	67			
Control Group VS Pu	rana Gaya	tri Group (N=14,12		Cooks Pole	On 28 <sup>th</sup> 1	Day
Response Vs Group		Mean Diff			Equal	st For lity Of eans
	Mean		Std. Deviation	Std. Error Mean	Т	Sig.
Jumping Control	10.8571	4.22	7.43026	1.98582	1.695	0.104
Jumping Purana Gayatri	15.0714		5.63593	1.50627		
Latency at Pole Control	22.2143	18	17.10231	4.57078	2.785	0.010
Latency at Pole Purana Gayatri	40.5714		17.77082	4.74945		
Time spent at Pole Control	69.3571	4.14	43.65531	11.66737	0.327	0.742
Time spent at Pole Purana Gayatri	65.2143		18.43149	4.92602		

On  $28^{th}$  Day jumping response was more in Purana Gayatri in comparison to Control Group which was statistically in significant  $(\bar{x} = 4.22, t = 1.695)$  and p = 0.104), Before treatment latency at pole was more in Purana Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 1.8, t = 2.785)$  and p = 0.01), Before treatment time spent at pole was more in Purana Gayatri in comparison to Control Group which was statistically in significant  $(\bar{x} = 4.14, t = 0.327)$  and p = 0.742).

### Table No 68 DISTRIBUTION OF ANIMALS IN Control Group VS Purana Gayatri GROUP BASED ON Cooks Pole ON 48 day (N=14,12) $\mathbf{V}\mathbf{s}$ Mean t-test for Equality Response **GROUP** difference of Means Std. Std. Error Sig. Mean Deviation Mean Jumping Control | 10.8571 50.07 7.43026 1.98582 8.157 0.001 Jumping **Purana** 60.9286 22.03307 5.88858 Gayatri 22.2143 **Latency at Pole** 73.07 17.10231 4.57078 11.601 0.001 **Control** Latency at Pole 95.2857 16.21694 4.33416 Purana Gayatri Time spent at Pole 69.3571 0.004 40.65 43.65531 11.66737 3.389 Control Time spent at Pole 11000E2 10.37749 2.77350 Purana Gayatri

On  $48^{th}$  Day jumping response was more in Purana Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 50.02, t = 8.157 \text{ and } p = 0.001)$ , Before treatment latency at pole was more in Purana Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 73.07, t = 11.601 \text{ and } p = 0.001)$ , Before treatment time spent at pole was more in Purana Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 40.65, t = 3.389)$  and  $(\bar{x} = 40.004)$ .

### Table No 69 DISTRIBUTION OF ANIMALS IN Control Group VS Vishwamitra Gayatri GROUP BASED ON Cooks Pole ON 28th Day (N=14) Mean diff RESPONSE VS GROUP t-test for Equality of Means t Sig. Std. Std. Error Deviation Mean Mean 2.009 Jumping Control 10.8571 6.72 7.43026 1.98582 0.05 Jumping Vishwamitra 17.5714 10.05917 2.68843 Gayatri **Latency at Pole** 17.10231 0.001 22.2143 35.07 4.57078 4.833 **Control Latency at Pole** 57.2857 21.09112 5.63684 Vishwamitra Gayatri Time spent at Pole **Control** | 69.3571 7.35 43.65531 0.575 0.572 11.66737 Time spent at Pole 62.0000 19.58021 5.23303 Vishwamitra Gayatri

On  $28^{th}$  Day jumping response was more in Vishwamitra Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 6.72, t = 2.009)$  and p = 0.005), Before treatment latency at pole was more in Vishwamitra Gayatri in comparison to Control Group which was statistically significant  $(\bar{x} = 35.07, t = 4.833)$  and p = 0.001), Before treatment time spent at pole was more in Vishwamitra Gayatri in comparison to Control Group which was statistically in significant  $(\bar{x} = 7.35, t = 0.575)$  and p = 0.572).

#### Table No 70 DISTRIBUTION OF ANIMALS IN Control Group VS Vishwamitra Gayatri GROUP BASED ON Cooks Pole ON 48 day (N=14,12)GROUP Mean t-test for Equality of differenc Means e Sig. Std. Error t Std. Deviation Mean Mean Jumping Control 10.8571 88.62 7.43026 1.98582 13.722 0.001 Jumping Vishwamitra 99.5000 23.00084 6.14723 Gayatri **Latency at Pole** 22.2143 58.93 17.10231 4.57078 7.22 0.001 Control **Latency at Pole** 81.1429 25.29475 6.76031 Vishwamitra Gayatri Pole 69.3571 3.314 0.005 Time spent 38.65 43.65531 11.66737 Control at Pole 10886E2 Time spent 9.13874 2.44243 Vishwamitra Gayatri

On  $48^{th}$  day jumping response was more in Vishwamitra Gayatri in comparison to Control Group which was statistically significant ( $\bar{x} = 88.62$ , t = 13.722 and p = 0.001), Before treatment latency at pole was more in Vishwamitra Gayatri in comparison to Control Group which was statistically significant ( $\bar{x} = 58.93$ , t = 7.22 and p = 0.001), Before treatment time spent at pole was more in Vishwamitra Gayatri in comparison to Control Group which was statistically significant ( $\bar{x} = 38.65$ , t = 3.314 and p = 0.005).

		Table	No 71			
<b>DISTRIBUTION O</b>	F ANIMAI	LS IN Standa	rd Group P	urana Gayatri	Gayatri G	ROUP
	BASED (	N Cooks Po	le ON 28 <sup>th</sup> D	ay (N=14)		
Response Vs GROUP		Mean			t-test	for
		difference			Equal	ity of
					Mea	ans
			Std.	Std. Error	t	Sig.
	Mean		Deviation	Mean		
Jumping Standard	10.1667	4.904	4.78318	1.38078	2.400	0.02 4
Jumping Purana Gayatri	15.0714		5.63593	1.50627		
Latency at Pole Standard	16.5000	24.07	7.76355	2.24114	4.584	0.00
Latency at Pole Purana Gayatri	40.5714		17.77082	4.74945		
Time spent at Pole	36.3333	28.88	18.14754	5.23874	4.016	0.00
Standard						1
Time spent at Pole	65.2143		18.43149	4.92602		
Purana Gayatri						

On  $28^{th}$  Day jumping response was more in Purana Gayatri in comparison to Standard Group which was statistically significant ( $\bar{x} = 4.904$ , t = 2.4 and p = 0.024), Before treatment latency at pole was more in Purana Gayatri in comparison to Control Group which was statistically significant ( $\bar{x} = 24.07$ , t = 4.58 and p = 0.001), Before treatment time spent at pole was more in Purana Gayatri in comparison to Control Group which was statistically significant ( $\bar{x} = 28.88$ ), t = 4.01 and p = 0.001).

		Ta	able No 72				
DISTRIBUTION	OF ANIM	ALS IN Sta	ndard Gro	up Puran	a Ga	yatri Gay	atri GROUP
]	BASED O	N Cooks Po	le ON 48 <sup>th</sup> l	Day (N=1	<b>4</b> )GR	OUP	
		Mean difference				t-test fo Means	r Equality o
	Mean	unrerence	Std. Deviation	Std. Mean	Error		Sig.
Jumping <b>Standard</b>	10.1667	50.754	4.78318	1.38078		8.393	0.001
Jumping Purana Gayatri	60.9286		22.03307	5.88858			
Latency at Pole Standard	16.5000	78.78	7.76355	2.24114		16.147	0.001
Latency at Pole Purana Gayatri	95.2857		16.21694	4.33416			
Time spent at Pole Standard	36.3333	73.67	18.14754	5.23874		12.428	0.001
Time spent at Pole Purana Gayatri	110.00E2		10.37749	2.77350			

On  $48^{th}$  day jumping response was more in Purana Gayatri in comparison to standard Group which was statistically significant ( $\bar{x} = 50.754$ , t = 8.39 and p = 0.001), latency at pole was more in Purana Gayatri in comparison to standard Group which was statistically significant ( $\bar{x} = 78.78$ , t = 16.14 and p = 0.001), time spent at pole was more in Purana Gayatri in comparison to standard Group which was statistically significant ( $\bar{x} = 73.67$ , t = 12.42 and p = 0.001).

#### Table No 73 DISTRIBUTION OF ANIMALS IN Standard Group VS Vishwamitra Gayatri GROUP BASED ON Cooks Pole ON 28th Day (N=14) **GROUP** Mean t-test for Equality of differen Means ce Sig. t Std. Error Std. Mean Deviation Mean 10.1667 7.404 Jumping **Standard** 4.78318 1.38078 2.459 0.024 Jumping Vishwamitra 17.5714 10.05917 2.68843 Gayatri **Latency at Pole** 16.5000 40.78 7.76355 2.24114 6.724 0.001 Standard Latency at Pole 57.2857 21.09112 5.63684 Vishwamitra Gayatri Time spent at Pole 36.3333 25.67 3.464 0.002 18.14754 5.23874 Standard 5.23303 Time spent at Pole 62.0000 19.58021 Vishwamitra Gayatri

On  $28^{th}$  Day jumping response was more in Vishwamitra Gayatri in comparison to standard Group was  $\bar{x} = 7.404$ , t = 2.459 and p = 0.024), latency at pole  $\bar{x} = 40.78$ , t = 6.72 and t = 0.001, time spent at pole  $\bar{x} = 25.67$ , t = 3.484 and t = 0.002) which was statistically significant

#### Table No 74 DISTRIBUTION OF ANIMALS IN Standard Group Vishwamitra Gayatri GROUP BASED ON Cooks Pole ON 48th Day (N=14)GROUP Mean t-test for Equality of difference Means Std. Std. Error t Sig. Mean Deviation Mean Jumping **Standard** 10.1667 89.334 4.78318 1.38078 14.179 0.001 Jumping 99.5000 23.00084 6.14723 Vishwamitra Gayatri 7.76355 9.076 **Latency at Pole** 16.5000 64.64 2.24114 0.001 Standard Latency at Pole 81.1429 25.29475 6.76031 Vishwamitra Gayatri Time spent at Pole 36.3333 71.67 12.547 0.001 18.14754 5.23874 Standard Time spent at Pole 1.0886E2 9.13874 2.44243 Vishwamitra

On  $48^{th}$  day of treatment jumping response was more in Vishwamitra Gayatri in comparison to standard Group was  $\bar{x} = 89.334$ , t = 14.179 and p = 0.001), latency at pole  $\bar{x} = 64.64$ , t = 9.07 and t = 0.001), time spent at pole  $\bar{x} = 71.67$ , t = 12.547 and t = 0.001) which was statistically significant

Gayatri

# Table No 75 DISTRIBUTION OF ANIMALS IN Purana Gayatri VS Group VS Vishwamitra Gayatri GROUP BASED ON Cooks Pole ON 28th day (N=14)

GROUP		Mean			t-test for	Equality
		difference	Std.	Std. Error	of M	Ieans
	Mean		Deviation	Mean	t	Sig.
Jumping <b>Purana</b>	15.0714	2.5	5.63593	1.50627	0.427	0.024
Gayatri						
Jumping	17.5714	=	10.05917	2.68843		
Vishwamitra						
Gayatri						
Latency at Pole	40.5714	16.71	17.77082	4.74945	2.268	0.032
Purana Gayatri						
Latency at Pole	57.2857		21.09112	5.63684		
Vishwamitra						
Gayatri						
Time spent at	65.2143	3.21	18.43149	4.92602	0.446	0.658
Pole <b>Purana</b>						
Gayatri						
Time spent at	62.0000		19.58021	5.23303		
Pole						
Vishwamitra						
Gayatri						

On  $28^{th}$  Day jumping response was more in Vishwamitra Gayatri in comparison to standard Group was  $(\bar{x} = 2.5, t = 0.427)$  and  $(\bar{x} = 0.024)$ , latency at pole  $(\bar{x} = 16.71, t = 2.268)$  and  $(\bar{x} = 0.032)$  which was statistically significant, time spent at pole was more in Purana Gayatri  $(\bar{x} = 3.21, t = 0.446)$  and  $(\bar{x} = 0.001)$  which was statistically in significant

# TABLE NO 76 DISTRIBUTION OF ANIMALS IN PURANA GAYATRI VS GROUP VS VISHWAMITRA GAYATRI GROUP BASED ON Cooks Pole ON 48th Day (N=14)GROUP

	,	, '	)	_				
		Mean difference	G4.1	C4.1	F	t-test Means	Equality	of
	Mean	difference	Std. Deviation	Std. Mean	Error	t	Sig.	
Jumping Purana Gayatri	60.9286	34.58	22.03307	5.88858		4.537	0.001	
Jumping Vishwamitra Gayatri	99.5000		23.00084	6.14723				
Latency at Pole Purana Gayatri	95.2857	14.14	16.21694	4.33416		1.761	0.092	
Latency at Pole Vishwamitra Gayatri	81.1429		25.29475	6.76031				
Time spent at Pole <b>Purana</b> <b>Gayatri</b>		2	10.37749	2.77350		0.309	0760	
Time spent at Pole Vishwamitra Gayatri	10886E2		9.13874	2.44243				

On  $48^{th}$  day of treatment jumping response was more in Vishwamitra Gayatri in comparison to standard Group was  $\bar{\ }(x=34.58,t=4.537)$  and p=0.001, latency at pole  $\bar{\ }(x=14.14t=1.781)$  and p=0.002) which was statistically significant, time spent at pole was more in Purana Gayatri  $\bar{\ }(x=2,t=0.308)$  and p=0.760) which was statistically in significant

#### 4. CAR BT

DISTI			ALS IN F	•	ri VS Group V ON BT Day	S Vishwar	nitra				
	GROUP					Total	Chi				
	CONTROL STAND PURANA VISHWAMIT ARD GAYATHRI RA GAYATHRI										
ABSENT	9		5	9	8	31	1.758				
PRESEN T	5	6	23	0.624							
Total	Total 14 12 14 14 54										
	% of Total	25.9%	22.2%	25.9%	25.9%	100.0%					

On 28<sup>th</sup> day CAR response was statistically insignificant in control (9), Standard (5) Purana Gayatri Group (9) and Vishwamitra Gayathri Group (8) with z value 1.758 and p value 0.624

Table No 78 DISTRIBUTION OF ANIMALS IN Purana Gayatri VS Group VS Vishwamitra Gayatri GROUP BASED ON CAR ON 48th Day											
						Chi Square					
	CONTR OL	STANDAR D	PURANA GAYATHRI	VISHWAMITRA GAYATHRI	Total	and p Value					
Absent	9	5	7	9	30	1.977					
Present	5	7	7	5	24	0.577					
	14	12	14	14	54						

After 48<sup>th</sup> day of treatment CAR response was statistically insignificant in control (9), Standard (5) Purana Gayatri Group (7) and Vishwamitra Gayathri Group (9) with z value 1.977 and p value 0.577.

#### 5. WATER MAZE - EFFECT

#### 1. With in the Group

#### Purana Gayatri BT to 28th Day

			Ta	ble No 79			
Purana (	Gayatri BT	to 28th Da	ay				
		Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p
N	BT	14.0000	6.59545	1.82925	3.61538	3.023	.011
	28 <sup>th</sup> Day	10.3846	6.85004	1.89986			
W	BT	19.2308	13.20451	3.66227	7.07692	5 200	0.001
	28 <sup>th</sup> Day	12.1538	15.88420	4.40548		5.390	0.001
S	BT	35.1538	18.08704	5.01644	3.23077	3.742	0.002
	28 <sup>th</sup> Day	31.9231	19.29793	5.35228			0.003
Е	ВТ	24.0769	24.76376	6.86823	2.46154	2.816	0.016
	28 <sup>th</sup> Day	21.6154	26.23464	7.27618		2.810	0.010
Latency	ВТ	22.4615	9.21607	2.55608	8.61538	2.981	0.011
	28 <sup>th</sup> Day	13.8462	8.27492	2.29505			0.011
Time	BT	17.4615	3.79946	1.05378	7.00000	<i>C 1</i> 01	0.001
spent	28 <sup>th</sup> Day	10.4615	5.70987	1.58363		6.481	0.001
No of crossing	ВТ	3.0769	2.90004	.80433	-4.46154	-6.108	0.001
Crossing	28 <sup>th</sup> Day	7.5385	2.43637	.67573		0.100	

There was Significant decrease in time spent at North (t=3.023, p=0.011), West (t = 5.390, p=0.001), South (t=3.742, p=0.003), Easte (t= 2.816, p=0.016), Latency (t=2.981, [p=), time spent (t=6.481, p=0.001) and No of crossing (t=6.108, p=0.001) from 0 to  $28^{th}$  day in Purana Gayatri Group.

Purana Gayatri 28th to 48th Day

				Table No 80 ayatri 28th t	o 48 <sup>th</sup> Day		
		Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p
N	28 <sup>th</sup> Day	10.3846	6.85004	1.89986	2.04615	2.467	0.030
48th Da		7.5385	3.38170	.93791	2.84615		
W 28 <sup>th</sup> Day		12.1538	15.88420	4.40548	4.53846	1.247	0.227
	48th Day	7.6154	6.07644	1.68530	4.33840		
S 28 <sup>th</sup> Day		31.9231	19.29793	5.35228	- 2.02308E1	4.003	0.002
48th	48th Day	11.6923	4.88850	1.35583	- 2.02306E1		
Е	28 <sup>th</sup> Day	21.6154	26.23464	7.27618	7.15385	2.306	0.04
	48th Day	14.4615	20.89504	5.79524	7.13363		
Latency	28 <sup>th</sup> Day	13.8462	8.27492	2.29505	6.53846	3.626	0.003
	48th Day	7.3077	2.86893	.79570	0.33840		
Time spent	28 <sup>th</sup> Day	10.4615	5.70987	1.58363	5 52946	3.734	0.003
Spont	48th Day	4.9231	3.20056	.88768	5.53846		
No of crossin	28 <sup>th</sup> Day	7.5385	2.43637	.67573	2.07602	- 2.920	0.013
g	48th Day	9.6154	4.05254	1.12397	-2.07692	2.720	
	ı			1	1		1

There was Significant decrease in time spent at North (t=2.467, p=0.030), South (t=4.003, p=0.002), East (t= 2.306, p=0.04), Latency (t=3.626, p=0.003), time spent (t=3.734, p=0.003) and increase in No of crossing (t=2.920, p=0.013) which was statistically significant, West (t = 1.247, p=0.227) which was statistically insignificant, from  $28^{th}$  to  $48^{th}$  day in Purana Gayatri Group.

				able No 81 ayatri 0 to 48	Qth Dov			
			rurana G	ayau1 0 to 4	o™ Day			
N	ВТ	14.0000	6.59545	1.82925	6.46154	5.307	0.001	
	48 <sup>th</sup> Day	7.5385	3.38170	.93791				
W	ВТ	19.2308	13.20451	3.66227	1.16154E1	3.793	0.002	
	48 <sup>th</sup> Day	7.6154	6.07644	1.68530			0.003	
S	ВТ	35.1538	18.08704	5.01644	2.34615E1	4.855	0.001	
	48 <sup>th</sup> Day	11.6923	4.88850	1.35583			0.001	
Е	ВТ	24.0769	69 24.76376 6.86823 9.61538 3.596	3.596	0.004			
	48 <sup>th</sup> Day	14.4615	20.89504	5.79524			0.004	
Latency	ВТ	22.4615	9.21607	2.55608	1.51538E1	5.798	0.001	
	48 <sup>th</sup> Day	7.3077	2.86893	.79570			0.001	
Time spent	ВТ	17.4615	3.79946	1.05378	1.25385E1	12.333	0.001	
	48 <sup>th</sup> Day	4.9231	3.20056	.88768			0.001	
No of crossing	ВТ	3.0769	2.90004	.80433	-6.53846	<b>7</b> 00 5	0.001	
	48 <sup>th</sup> Day	9.6154	4.05254	1.12397		-5.906	0.001	

There was Significant decrease in time spent at North (t=5.307, p=0.001), West (t = 3.793, p=0.003), South (t=4.855, p=0.001), Easte (t= 3.596, p=0.0104), Latency (t=5.798, p=0.001), time spent (t=12.333, p=0.001) and No of crossing (t=-5.9066.108, p=0.001) from 0 to  $48^{th}$  day in Purana Gayatri Group.

Vishwamitra Gayatri BT to 28th Day

			7	Table No 82			
		•	Vishwamitra	Gayatri BT	to 28th Day		
		Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p
N	BT	15.7143	8.51631	2.27608	4.14286	4.538	.001
	28 <sup>th</sup> Day	11.5714	8.50081	2.27194	-		
W	BT	17.1429	10.16674	2.71718	6.14286	4.187	.001
	28 <sup>th</sup> Day	11.0000	11.58912	3.09732			
S	BT	16.2143	11.38946	3.04396	3.50000	3.862	.002
Ţ	28 <sup>th</sup> Day	12.7143	13.14083	3.51203			
Е	ВТ	17.6429	12.26381	3.27764	2.07143		.001
	28 <sup>th</sup> Day	15.5714	13.21837	3.53276			
Latency	BT	20.7143	14.72532	3.93551	1.78571	2.832	.014
	28 <sup>th</sup> Day	18.9286	16.03585	4.28576			
Time	BT	14.0000	7.36938	1.96955	2.92857	2.484	.027
spent	28 <sup>th</sup> Day	11.0714	8.93966	2.38923			
No of	BT	2.6429	2.37316	.63425	-2.92857	4.750	001
crossing	28 <sup>th</sup> Day	5.5714	3.52386	.94179		-4.759	.001

There was Significant decrease in time spent at North (t=4.538, p=0.011), West (t = 4.187, p=0.001), South (t=3.862, p=0.003), Easte (t= 4.368p=0.016), Latency (t=2.832, [p=), time spent (t=2.484, p=0.001) and increase in No of crossing (-4.759, p=0.001) from 0 to  $28^{th}$  day in VishwamitraGayatri Group.

Vishwamitra Gayatri 28th to 48<sup>th</sup> Day

	<u> </u>			Fable No 83 a Gayatri 28	to 24 <sup>th</sup> Dav		
			, <u>-</u> 2, <del>-</del>	ouj 20	30		
		Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p
N	28 <sup>th</sup> Day	11.5714	8.50081	2.27194	6.00000	4.068	.001
	48th Day	5.5714	3.52386	.94179	0.00000		
W	28 <sup>th</sup> Day	11.0000	11.58912	3.09732	5.42857	2.303	.038
	48th Day	5.5714	3.87724	1.03624	3.12037		
S 28 <sup>th</sup> Day		12.7143	13.14083	3.51203	7.57143	2.677	.019
	48th Day	5.1429	3.32490	.88862	7.37113		
Е	28 <sup>th</sup> Day	15.5714	13.21837	3.53276	9.85714	4.639	.001
	48th Day	5.7143	5.99267	1.60161	7.03714		
Latency	28 <sup>th</sup> Day	18.9286	16.03585	4.28576	1.32143E1	3.058	.009
	48th Day	5.7143	4.77862	1.27714	1.321+321		
Time	28 <sup>th</sup> Day	11.0714	8.93966	2.38923	6.71429	3.173	.007
spent	48th Day	4.3571	3.87511	1.03567	0.71127		
No of	28 <sup>th</sup> Day	5.5714	3.52386	.94179		-3.801	.002
crossing	48th Day	11.2143	3.80644	1.01731	-5.64286		

There was Significant decrease in time spent at North (t=4.068,p=0.030), South (t=2.303,p=0.002), East (t=2.677, p=0.04), Latency (t=4.639, p=0.003), time spent (t=3.058, p=0.003) and No of crossing (t=3.173, p=0.013) which was statistically significant, West (t=-3.801,, p=0.227) which was statistically insignificant, from 28<sup>th</sup> to 48<sup>th</sup> day in Vishwamitra Gayatri Group.

			Table N	lo 84			
		Vish	wamitra Gaya	tri 0 to 24 <sup>th</sup> D	ay		
		Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p
N	ВТ	15.7143	8.51631	2.27608	1.01429E1	6.496	0.001
	48 <sup>th</sup> Day	5.5714	3.52386	.94179			
W	BT	17.1429	10.16674	2.71718	1.15714E1	5.369	0.001
	48 <sup>th</sup> Day	5.5714	3.87724	1.03624			
S	BT	16.2143	11.38946	3.04396	1.10714E1	4.539	0.001
	48 <sup>th</sup> Day	5.1429	3.32490	.88862			
Е	BT	17.6429	12.26381	3.27764	1.19286E1	6.532	0.001
	48 <sup>th</sup> Day	5.7143	5.99267	1.60161			
Latency	BT	20.7143	14.72532	3.93551	1.50000E1	3.670	0.001
	48 <sup>th</sup> Day	5.7143	4.77862	1.27714			
Time spent	BT	14.0000	7.36938	1.96955	9.64286	4.899	0.001
ърси	48 <sup>th</sup> Day	4.3571	3.87511	1.03567			
No of	BT	2.6429	2.37316	.63425	-8.57143	5.052	0.001
crossing	48 <sup>th</sup> Day	11.2143	3.80644	1.01731		-5.952	

There was Significant decrease in time spent at North (t=6.496, p=0.001), West (t = 5.369, p=0.003), South (t=4.539, p=0.001), Easte (t= 6.532, p=0.0104), Latency (t=3.670, p=0.001), time spent (t=4.899, p=0.001) and No of crossing (t=-5.952, p=0.001) from 0 to 48<sup>th</sup> day in Vishwamitra Gayatri Group.

#### **Between the Group**

#### **CONTROL VS STANDARD**

			Table N	lo 85		
		C	Control and Sta	ndard Group		
		Mean	SE	MD	t	p
N	Control	17.6429		0.1012	1.40	
	Standard	9.4615	5.85574	5.85574 8.18132		0.175
W	Control	17.6429		10110	0.016	
	17.5385	6.60439	.10440		0.988	
S	Control				0.622	
Standar	Standard	10.3846	7.87619	4.90110		0.539
E	Control 14.1429			0.631		
	Standard	11.3846	4.12740	2.75824		0.510
Latency	Control	8.6429			0.688	
	Standard	10.0769	1.80681	2.75824		0.435
Time	Control	20.2857			0.674	
spent	Standard	19.0769	2.51484	-1.43407		0.635
	Control	4.6429			0.75	
crossing	Standard	17.6429	3637	1.20879		0.940

Insignificant difference between Control and Standard was observed in North (t=1.40, p=0.175), West (t = 0.016, p=0.988), South (t=0.622, p=0.539), Easte (t= 0.631 p=0.510), Latency (t=0.688, p=0.435), time spent (t=0.674, p=0.635) and No of crossing (t=0.75, p=0.940)

Control Vs Purana Gayathri on 28th Day

			Table No	86			
		Contr	ol and Standa	ard Group			
	Group	Mean	Т	Sig. (2-tailed)	Mean Difference	Std. Error Difference	
N	Control	17.6429	0.816	0.422	4.42857	5.42763	
	Purana	13.2143	0.810	0.422	4.42637	3.42/03	
W	Control	17.6429	0.456	0.653	2.92857	6.42885	
	Purana	14.7143	0.430	0.033	2.92637	0.42883	
	Control	15.2857	-1.861	0.074	-15.21429	8.17540	
	Purana	30.5000	-1.601	0.074	-13.21429	0.17340	
E	Control	14.1429	824	.417	-6.21429	7.54071	
	Purana	20.3571	024	.417	-0.21429	7.54071	
LATENCY	Control	8.6429	-1.860	.074	-4.64286	2.40.522	
	Purana	13.2857	-1.800	.074	-4.04280	2.49623	
TIME SPENT	Control	20.2857	4 222	0.001	10.571.42	2 44010	
	Purana	9.7143	4.332	0.001	10.57143	2.44018	
No of CROSS	Control	4.6429	4.220	0.001	0.05714		
	Purana	7.5000	-4.238	0.001	-2.85714	.67415	

Insignificant difference between Control and Purana Gayathri was observed in North (t=0.816 p=0.422), West (t = 0.456, p=0.653), South (t=-1.861, p=0.074), East (t=-.824 p=0.417), Latency (t==-1.861, p=0.74), However statistically significant reduction in time spent at central platform (t=4.332, p=0.001) and increase in No of crossing (t=-4.238, p=0.001) was observed on  $28^{th}$  day of intervention

Control Vs Purana Gayathri on 48th Day

		Contr	Table No 8° ol and Purana				
	Group	Mean	t	Sig. (2-tailed)	Mean Difference	Std. Error	
N	Control	17.3571	2.055	050	0.50000	4 60050	
	Purana	7.8571	2.055	.050	9.50000	4.62253	
W	Control	17.5000					
	Purana	7.7857	2.130	.049	9.71429	4.55965	
S	Control	15.2857					
	Purana	11.2143	.628	.540	4.07143	6.48549	
E	Control	14.0714					
	Purana	13.7857	.046	.964	.28571	6.25962	
LATENCY	Control	8.6429					
	Purana	6.9286	1.186	.248	1.71429	1.44523	
TIME	Control	20.2857					
SPENT	Purana	4.5714	7.813	.0001	15.71429	2.01135	
No of	Control	4.6429					
CROSS	Purana	9.7857	-4.748	.0001	-5.14286	1.08327	

Significant difference between Control and Purana Gayathri was observed in North (t=2.055 p=0.05), West (t = 2.130, p=0.049), insignificant difference was observed in South (t=.628, p=0.540), East (t=.046 p=0.964), Latency (t==1.861, p=0.248), However statistically significant reduction in time spent at central platform (t=7.813, p=0.001) and increase in No of crossing (t=-4.238, p=0.001) was observed on  $48^{th}$  day of intervention

# Control vs Vishwamitra Gayathri on 28th Day

	•	Tabl Control and Vis	le No 88 shwamitr	a Gayathri		
	Group	Mwan	Т	Sig. (2-tailed)	Mean Difference	Std. Error Difference
N	Control  Vishwamitra	17.6429 11.5714	1.252	.225	6.07143	4.84974
W	Control	17.6429	- 1.261	.219	6.64286	5.06611
S	Vishwamitra Control	11.0000 15.2857	1.201	.219	0.04280	5.26611
3	Vishwamitra	12.7143	.355	.727	2.57143	7.25202
Е	Control Vishwamitra	14.1429 15.5714	302	.765	-1.42857	4.73074
LATENCY	Control	8.6429	-2.313	.035	-10.28571	4.44635
TIME	Vishwamitra Control	18.9286 20.2857				
SPENT	Vishwamitra	11.0714	3.079	.005	9.21429	2.99247
No of CROSS	Control Vishwamitra	4.6429	-2.280	.039	-3.50000	1.53517
	visnwamitra	8.1429				

In Significant difference between Control and Vishwamitra Gayathri was observed in North (t=1.252 p=0.225), West (t = 1.261, p=0.219), South (t=.628, p=0.540), East (t= .355 p=0.727), significant reduction was found in Latency (t==-2.313, p=0.035), time spent at central platform (t=3.079 p=0.005) and increase in No of crossing (t=-2.280, p=0.039) was observed on 28<sup>th</sup> day of intervention

		Tal Control and V	ble No 89 ishwamitra	Gayathri			
	Group	Mwan	t	Sig. (2-tailed)	Mean Difference	Std. Error Difference	
N	Control	17.3571	2.549	022	11 70571	4 62502	
	Vishwamitra	5.5714	2.548	.023	11.78571	4.62592	
W	Control	17.5000		0.15	44.020	4.40.450	
	Vishwamitra	5.5714	2.708	.017	11.92857	4.40462	
S	Control	15.2857				c 40.000	
	Vishwamitra	5.1429	1.583	.137	10.14286	6.40680	
E	Control	14.0714					
	Vishwamitra	5.7143	2.363	.029	8.35714	3.53614	
LATENCY	Control	8.6429					
	Vishwamitra	5.7143	1.681	.105	2.92857	1.74165	
TIME	Control	20.2857					
SPENT	Vishwamitra	4.3571	7.664	.000	15.92857	2.07824	
No of CROSS	Control	4.6429					
CKUSS	Vishwamitra	11.2143	-6.275	.000	-6.57143	1.04716	
Ī!							

Significant difference between Control and Vishwamitra Gayathri was observed in North (t=2.548 p=0.023), West (t = 2.708, p=0.017), East (t= 2.363 p=0.029), time spent at central platform (t=7.664 p=0.001) and increase in No of crossing (t=-6.257, p=0.001), insignificant reduction was found in South (t=1.583, p=0.137), Latency (t==1.681, p=0.105), was observed on 48<sup>th</sup> day of intervention

#### **Standard vs Purana**

		Table				
		Standard and Po	urana Gayatl	nri		
	Group	Mean	T	Sig. (2-tailed)	Mean Difference	Std. Error Difference
N	Standard	9.4615	726	.475	-3.75275	5.16954
	Purana	13.2143	720	.175	-3.73273	
W	Standard	17.5385	402	.691	2 02 11 0	7.01057
	Purana	14.7143	.403		2.82418	7.01037
S	Standard	10.3846	2.046	007	20 11520	6.82825
	Purana	30.5000	-2.946	.007	-20.11538	
E	Standard	11.3846	1 222	.238	-8.97253	7.33592
	Purana	20.3571	-1.223			
LATENCY	Standard	10.0769	1 220	220		
	Purana	13.2857	-1.238	.229	-3.20879	2.59218
TIME SPENT	Standard	19.0769	2.004	001	0.26264	2 200 41
	Purana	9.7143	3.904	.001	9.36264	2.39841
No of CROSS	Standard	4.6154		001	-2.88462	-040
	Purana	7.5000	-4.235	.001		.68107

In Significant difference between Standard and Purana Gayathri was observed in North (t=.726 p=0.475), West (t = 4.03, p=0.691), East (t=-1.223 p=0.238), latency (t=-1.238, p=0.229) Significant reduction in time spent at central platform (t=3.904 p=0.001) and increase in No of crossing (t=-4.235, p=0.001), increase in South (t=-2.946, p=0.007) was observed on 28<sup>th</sup> day of intervention

		Table I					
	- h	Standard and Pu	ırana Gayatl				
	Group	Mean	t	Sig. (2-tailed)	Mean Difference	Std. Error Difference	
N	Standard	9.1538	224	751	1 20770	3.99773	
	Purana	7.8571	.324	.751	1.29670		
W	Standard	13.8462	1.001	20.5		4.50045	
	Purana	7.7857	1.321	.206	6.06044	4.58817	
S	Standard	6.3846		025	4.020.67	2 17297	
	Purana	11.2143	-2.223	.036	-4.82967	2.17286	
E	Standard	11.1538	1.7.2	.656		5.80545	
	Purana	13.7857	453		-2.63187		
LATENCY	Standard	8.7692		1.20			
	Purana	6.9286	1.531	.138	1.84066	1.20200	
TIME SPENT	Standard	19.5385					
DI LIVI	Purana	4.5714	7.107	.000	14.96703	2.10598	
No of CROSS	Standard	4.6154					
CRODD	Purana	9.7857	-4.754	.000	-5.17033	1.08759	

In Significant difference between Standard and Purana Gayathri was observed in North (t=.324 p=0.751), West (t = 1.321, p=0.206), East (t=-0.453 p=0.656), latency (t=1.531, p=0.138) Significant reduction in time spent at central platform (t=7.107 p=0.001) and increase in No of crossing (t=-4754, p=0.001), increase in South (t=-2.223, p=0.036) was observed on 48<sup>th</sup> day of intervention

STANDARD vs VISHWAMITRA Gaytari

		T Standard and	able No 92 Vishvamitra	a Gayathri			
	Group	Mean		Sig. (2-	Mean	Std. Error	
			T	tailed)	Difference	Difference	
N	Standard	9.4615	471	.641	-2.10989	4.47631	
	Vishwamitra	11.5714	<del>-</del> /1	.041	-2.10707	4.4/631	
W	Standard	17.5385	1.115	.275	6.53846	5.86424	
	Vishwamitra	11.0000	1.113	.213	0.55040		
S	Standard	10.3846	413	.683	-2.32967	5.64601	
	Vishwamitra	12.7143	.113	.003	2.32707		
E	Standard	11.3846	940	.356	-4.18681	4.45228	
	Vishwamitra	15.5714	.540	.550	4.10001	4.43228	
LATENCY	Standard	10.0769	-1.905	.068	-8.85165	4.64621	
	Vishwamitra	18.9286	11,500	.000	0.00100		
TIME SPENT	Standard	19.0769	2.671	.013	8.00549	2.99721	
	Vishwamitra	11.0714	2.071	.013	3.005 17	2.33121	
No of CROSS	Standard	4.6154	-2.211	.036	-3.52747	1 59514	
	Vishwamitra	8.1429	2.211	.030	3.32141	1.59514	

In Significant difference between Standard and Vishwamitra Gayathri was observed in North (t=-.471 p=0.641), West (t = 1.115, p=0.275), South (t=-0.413, p=0.683), East (t=-0.940 p=0.356), latency (t=-1.9.5, p= 0.068) Significant reduction in time spent at central platform (t=2.671 p=0.013) and increase in No of crossing (t=-2.211, p=0.036), was observed on 28<sup>th</sup> day of intervention

		T	able No 93				
		Standard and	l Vishvamitra	a Gayathri			
	Group	Mean		Sig. (2-	Mean	Std. Error	
			T	tailed)	Difference	Difference	
N	Standard	9.1538					
	Vishwamitra	5.5714	.926	.363	3.58242	3.86788	
W	Standard	13.8462	1 001	_	0.07.470	4.207.10	
	Vishwamitra	5.5714	1.931	.065	8.27473	4.28563	
S	Standard	6.3846	650	F16	1.24176	1.88501	
	Vishwamitra	5.1429	.659	.516	1.241/6	1.00501	
E	Standard	11.1538				2 (2 (52	
	Vishwamitra	5.7143	2.071	.049	5.43956	2.62653	
LATENCY	Standard	8.7692	1.015	0.12		4 7 40 70	
	Vishwamitra	5.7143	1.946	.063	3.05495	1.56959	
TIME SPENT	Standard	19.5385					
	Vishwamitra	4.3571	7.137	.000	15.18132	2.12706	
No of CROSS	Standard	4.6154					
	Vishwamitra	11.2143	-6.066	.000	-6.59890	1.08787	

In Significant difference between Standard and Vishwamitra Gayathri was observed in North (t=-.926 p=0.363), West (t = 1.931p=0.065), South (t=0.659, p=0.516), latency (t=1.946, p= 0.063) Significant reduction East (t= 2.071 p=0.049), in time spent at central platform (t=7.137 p=0.001) and increase in No of crossing (t=-6.066, p=0.001), was observed on 48<sup>th</sup> day of intervention

#### 6. OPEN FIELD

#### A. WITH IN THE GROUP

			Table No	94			
			Purana Gay	athri			
Parameter	Time	Mean	Std. Deviation	SEM	MD	t	p
OC	ВТ	1.0357E 2	50.14397	13.40154	7.321	4.533	0.001
	28 <sup>th</sup> day	30.3571	23.17362	6.19341			
MC	ВТ	8.2857	5.97982	1.59817	-3.214	1.995	0.067
	28 <sup>th</sup> day	11.5000	6.30933	1.68624			
IC	ВТ	1.1429	2.93145	.78346	-4.7	5.411	0.001
	28 <sup>th</sup> day	5.9286	3.38468	.90459			
REARING	ВТ	30.2857	11.71080	3.12984	2.142	5.546	0.001
	28 <sup>th</sup> day	8.8571	7.01490	1.87481			
GROOMING	ВТ	40.7857	27.71886	7.40818	2.357	4.146	0.001
	28 <sup>th</sup> day	17.2143	15.69507	4.19468			
FREEZING	ВТ	6.7857	13.37724	3.57522	4.785	1.416	0.180
	28 <sup>th</sup> day	2.0000	3.01279	.80520			
	ВТ	2.5714	1.60357	.42857	1.642	3.967	0.002
FEACAL	28 <sup>th</sup> day	.9286	.99725	.26653			

Before treatment to  $28^{th}$  day of intervention in Purana Gayatri group significantly reduction in time spent at outer circle (t=4.533, P=0.001), inner circle (t=5.411, P=0.001) raring(t=5.546, P=0.001), grooming (t=4.146, P=0.001). time spent at middle circle (t=1.995, P=0.067) and decrease in freezing (t=1.416, P=0.180) which was statistically in significant.

Purana Gayatri Group BT to 48th day

-			ble No 95			
	]	Purana Gayatri				
	Mean	Std. Deviation		or Mean Diff	Т	p
OC BT	1.0357E2	50.14397	13.40154	8.01	5.118	0.001
48 <sup>th</sup> day	23.4286	21.31707	5.69723			
MC BT	8.2857	5.97982	1.59817	-1.96	.487	0.641
48 <sup>th</sup> day	10.2143	11.82031	3.15911			
IC BT	1.1429	2.93145	.78346	-7.71	7.962	0.001
48 <sup>th</sup> day	8.8571	3.65549	.97697			
REARING	30.2857	11.71080	3.12984	2.428	7.35	0.001
48 <sup>th</sup> day	6.0000	4.77171	1.27529			
GROOMING	40.7857	27.71886	7.40818	2.707	4.2	0.001
48 <sup>th</sup> day	13.7143	15.92013	4.25483			
FREEZING	6.7857	13.37724	3.57522	5.785	1.615	.130
48 <sup>th</sup> day	1.0000	1.83973	.49169			
NO OF FEACAL	2.5714	1.60357	.42857	1.92	4.170	0.001
48 <sup>th</sup> day	.6429	.74495	.19910			

Before treatment to 48<sup>th</sup> day of intervention in Purana Gayatri group significantly reduction in time spent at outer circle (t=5.118, P=0.001), increase in inner circle (t=7.962, P=0.001) raring(t=7.35, P=0.001), grooming (t=4.2, P=0.001). time spent at middle circle (t=0.487, P=0.641) and decrease in freezing (t=1.615, P=0.130) which was statistically in significant

#### Vishwamitra Gayatri Group BT to 28th day

			Table No				
		Vishwamitr	a Gayatri Gr	oup BT to 48 <sup>th</sup>	day		
Parameter	Time	Mean	Std. Deviation	Std. Error	Mean Diff	Т	p
OC	BT	60.7143	34.77716	9.29459	56.5	3.67	0.003
	28 <sup>th</sup> day	4.20000E1	17.806654	4.759028	-		
MC	ВТ	9.1429	10.45766	2.79493	3.79	2.479	0.028
	28 <sup>th</sup> day	5.3571	5.62422	1.50314	-		
IC	ВТ	3.0714	4.98404	1.33204	-4.21	4.98	0.001
	28 <sup>th</sup> day	7.2857	5.16540	1.38051	•		
REARING	ВТ	16.2857	5.82341	1.55637	2.57	5.037	0.001
	28 <sup>th</sup> day	13.7143	4.90570	1.31110	-		
GROOMING	ВТ	34.5714	25.11731	6.71288	5.86	5.236	0.001
	28 <sup>th</sup> day	28.7143	22.60166	6.04055	-		
FREEZING	ВТ	2.4286	1.60357	.42857	0.858	2.121	0.05
	28 <sup>th</sup> day	1.5714	.64621	.17271	-		
	ВТ	3.1429	2.98347	.79737	1.79	2.534	0.025
FEACAL	28 <sup>th</sup> day	1.3571	1.15073	.30755			
- ath					L		

Bt to 28<sup>th</sup> day of intervention in Vishwamitra Gayatri group significantly reduction in time spent at outer circle (t= 3.67, p= 0.003), Middle circle, (t=2.479, p=0.028), inner circle(t=-4.98, p=0.001) raring(t=t=5.037, p=0.001), grooming(t=5.236, p=0.001), freezing (t=2.121, p=0.05) and no of faecal matter (t=2.534, p=0.025 which was statistically in significant.

### Vishwamitra Gayatri Group 28th to 48th day

Table No 97 Vishwamitra Gayatri Group 28 to 48 <sup>th</sup> day										
	Mean	Std. Deviation	Std. Error Mean	Mean Diff	Т	p				
28 <sup>th</sup> day	4.20000 E1	17.806654	4.759028	1.171	2.945	0.011				
48 <sup>th</sup> day	30.2857	20.35239	5.43941							
28 <sup>th</sup> day	5.3571	5.62422	1.50314	1.285	2.938	0.012				
48 <sup>th</sup> day	4.0714	5.42734	1.45052							
28 <sup>th</sup> day	7.2857	5.16540	1.38051	0.857	1.710	0.111				
48 <sup>th</sup> day	8.1429	6.03652	1.61333							
28 <sup>th</sup> day	13.7143	4.90570	1.31110	4.285	1.285 4.207	0.001				
48 <sup>th</sup> day	9.4286	3.61012	.96485							
28 <sup>th</sup> day	28.7143	22.60166	6.04055	7	1.986	0.068				
48 <sup>th</sup> day	21.7143	17.65668	4.71895							
28 <sup>th</sup> day	1.5714	.64621	.17271	1.214	5.667	0.001				
48 <sup>th</sup> day	.3571	.74495	.19910							
28 <sup>th</sup> day	1.3571	1.15073	.30755	1	2.248	0.043				
48 <sup>th</sup> day	.3571	1.08182	.28913							
	28 <sup>th</sup> day  48 <sup>th</sup> day  28 <sup>th</sup> day  28 <sup>th</sup> day	Mean  28 <sup>th</sup> day  4.20000 E1  48 <sup>th</sup> day  30.2857  28 <sup>th</sup> day  5.3571  48 <sup>th</sup> day  4.0714  28 <sup>th</sup> day  7.2857  48 <sup>th</sup> day  8.1429  28 <sup>th</sup> day  13.7143  48 <sup>th</sup> day  28.7143  48 <sup>th</sup> day  21.7143  28 <sup>th</sup> day  1.5714  48 <sup>th</sup> day  3.571  28 <sup>th</sup> day  1.3571	Vishwamitra Gayatri Gr           Mean         Std. Deviation           28 <sup>th</sup> day         4.20000 17.806654           48 <sup>th</sup> day         30.2857 20.35239           28 <sup>th</sup> day         5.3571 5.62422           48 <sup>th</sup> day         4.0714 5.42734           28 <sup>th</sup> day         7.2857 5.16540           48 <sup>th</sup> day         8.1429 6.03652           28 <sup>th</sup> day         13.7143 4.90570           48 <sup>th</sup> day         9.4286 3.61012           28 <sup>th</sup> day         28.7143 22.60166           48 <sup>th</sup> day         21.7143 17.65668           28 <sup>th</sup> day         1.5714 .64621           48 <sup>th</sup> day         .3571 .74495           28 <sup>th</sup> day         1.3571 1.15073	Vishwamitra Gayatri Group 28 to 48th           Mean         Std. Deviation Mean           28th day         4.20000 E1           48th day         30.2857 20.35239 5.43941           28th day         5.3571 5.62422 1.50314           48th day         4.0714 5.42734 1.45052           28th day         7.2857 5.16540 1.38051           48th day         8.1429 6.03652 1.61333           28th day         13.7143 4.90570 1.31110           48th day         9.4286 3.61012 96485           28th day         28.7143 22.60166 6.04055           48th day         21.7143 17.65668 4.71895           28th day         1.5714 64621 1.7271           48th day         .3571 74495 1.9910           28th day         1.3571 1.15073 .30755	Vishwamitra Gayatri Group 28 to 48th day           Mean         Std. Deviation Deviation Mean         Std. Error Mean Diff           28th day         4.20000 17.806654 4.759028 1.171         1.171           48th day         30.2857 20.35239 5.43941 2.80314 1.50314 1.285         1.285           48th day         4.0714 5.42734 1.45052 1.50314 1.45052 1.45052 1.61333 1.45052 1.61333 1.429 6.03652 1.61333 1.429 6.03652 1.61333 1.429 6.03652 1.61333 1.429 6.03652 1.61333 1.429 6.03652 1.61333 1.429 6.04055 1.429 6	Vishwamitra Gayatri Group 28 to 48th day           Wean         Std. Deviation Deviation Mean         Error Mean Diff         T Diff           28th day         4.20000 E1         17.806654         4.759028         1.171         2.945           48th day         30.2857         20.35239         5.43941         1.285         2.938           48th day         5.3571         5.62422         1.50314         1.285         2.938           48th day         4.0714         5.42734         1.45052         1.710         1.710           48th day         7.2857         5.16540         1.38051         0.857         1.710           48th day         8.1429         6.03652         1.61333         1.710         4.285         4.207           48th day         13.7143         4.90570         1.31110         4.285         4.207           48th day         28.7143         22.60166         6.04055         7         1.986           48th day         1.5714         .64621         .17271         1.214         5.667           48th day         .3571         .74495         .19910         1.2248				

 $28^{th}$  day to  $48^{th}$  Day of intervention in Vishwamitra Gayatri group significantly reduction in time spent at outer circle (t= 2.945, p= 0.010), Middle circle, (t=2.938, p=0.012), raring(t=4.285, p=0.001), , freezing (t=5.667, p=0.001) and no of faecal matter (t=2.248, p=0.043) which are statistically significant, inner circle(t=-1.710, p=0.111) grooming(t=1.986, p=0.068) which was statistically in significant.

Vishwamitra Gayatri Group BTto 48th day

	Table No 98 Vishwamitra Gayatri Group 28 to 48 <sup>th</sup> day										
	Mean	Std. Deviation		Mean Diff	Т	p					
OC BT	60.7143	34.77716	9.29459	3.024	4.637	0.001					
48 <sup>th</sup> day	30.2857	20.35239	5.43941								
MC BT	9.1429	10.45766	2.79493	5.071	3.166	0.007					
48 <sup>th</sup> day	4.0714	5.42734	1.45052	_							
IC BT	3.0714	4.98404	1.33204	-5.07	4.827	0.001					
48 <sup>th</sup> day	8.1429	6.03652	1.61333	_							
REARING	16.2857	5.82341	1.55637	6.857	6.025	0.001					
48 <sup>th</sup> day	9.4286	3.61012	.96485								
GROOMING	34.5714	25.11731	6.71288	1.285	3.713	0.003					
48 <sup>th</sup> day	21.7143	17.65668	4.71895								
FREEZING	2.4286	1.60357	.42857	2.071	4.265	0.001					
48 <sup>th</sup> day	.3571	.74495	.19910	-							
NO OF FEACAL	3.1429	2.98347	.79737	2.785	3.267	0.006					
48 <sup>th</sup> day	.3571	1.08182	.28913	-							

0 to 48<sup>th</sup> Day of intervention in Vishwamitra Gayatri group significantly reduction in time spent at outer circle (t= 4.637, p=0.001), Middle circle, (t=3.166, p=0.007), inner circle (-4.827, p=0.001) raring(t=6.025, p=0,001), Grooming (t=3.713, p=0.003) freezing (t=4.265 p=0.001) and no of faecal matter (t=3.267, p=0.006) which are statistically significant

## Open field Control Vs Purana Gayatri Group on 28th day

		r	Table No 99	9						
Control vs Purana Gayatri Group 28 to 48th day										
	GROUP	Mean	Std. Deviation	Std. Error Mean	Mean Diff	t	Sign			
OC BT	CONTROL	74.5000	41.90603	11.19986	44.14	3.449	.002			
	Purana Gayatri	30.3571	23.17362	6.19341	-					
MC BT	CONTROL	5.7143	10.68737	2.85632	-5.78	-1.744	0.093			
	Purana Gayatri	11.5000	6.30933	1.68624						
IC BT	CONTROL	1.9286	4.02806	1.07654	-4	-2.845	0.009			
	Purana Gayatri	5.9286	3.38468	.90459						
REARING	CONTROL	20.0000	10.35523	2.76755	11.14	3.333	0.003			
	Purana Gayatri	8.8571	7.01490	1.87481						
GROOMIN G	CONTROL	24.1429	21.36805	5.71085	6.928	0.978	0.337			
U	Purana Gayatri	17.2143	15.69507	4.19468						
FREEZING	CONTROL	16.5000	20.43658	5.46191	14.5	2.626	0.014			
	Purana Gayatri	2.0000	3.01279	.80520						
NO OF FEACAL	CONTROL	1.3571	1.54955	.41413	0.428	0.870	0.392			
	Purana Gayatri	.9286	.99725	.26653						

On  $28^{th}$  Day of intervention Statisticaly significant reduction in time spent at Outer circle (t=3.449, p=0.002), Rearing(t=3.333, p=0.003), Freezing (t=2.626, p=0.014) and increase in time spent at inner circle (-2.845, 0.009) was observed in Prana Gayatri, Increase in time spent at middle circle (t=-1.744,p=0.093) and reduction in grooming (t= 0.978, p=0.337), number of faecal matter (t=0.870, p=0.392)is more in Purana Gayithri which is statistically insignificant.in comparison to control

#### Control Vs Purana Gayatri Group on 48th day

	Table No 100									
Control vs Purana Gayatri Group 28 to 48th day										
			Std.	Std. Error	Mean	t	Sign			
	GROUP	Mean	Deviation	Mean	Diff					
OC BT	CONTROL	74.5000	41.90603	11.19986	51.07	4.064	0.001			
	Purana Gayatri	23.4286	21.31707	5.69723						
MC BT	CONTROL	5.7143	10.68737	2.85632	-4.5	-1.05	0.301			
	Purana Gayatri	10.2143	11.82031	3.15911						
IC BT	CONTROL	1.9286	4.02806	1.07654	-6.9	-4.766	0.001			
	Purana Gayatri	8.8571	3.65549	.97697						
REARING	CONTROL	20.0000	10.35523	2.76755	14	4.59	0.001			
	Purana Gayatri	6.0000	4.77171	1.27529						
GROOMIN	CONTROL	24.1429	21.36805	5.71085	10.428	1.464	0.156			
G	Purana Gayatri	13.7143	15.92013	4.25483						
FREEZING	CONTROL	16.5000	20.43658	5.46191	15.5	2.826	0.009			
	Purana Gayatri	1.0000	1.83973	.49169						
NO OF	CONTROL	1.3571	1.54955	.41413	0.714	1.554	0.132			
FEACAL	Purana Gayatri	.6429	.74495	.19910						

On  $48^{th}$  Day of intervention Statistically significant reduction in time spent at Outer circle (t=4.064),, Rearing(t=4.59, p=0.001), Freezing(t=2.826, p=0.009) and increase in time spent at inner circle (t=-4.766, p=0.001)was observed in Prana Gayatri, Increase in time spent at middle circle (t=1.05, p=0.301) and reduction in grooming (1.464, p=0.156), number of faecal matter (t=1.554, p=0.132) is more in Purana Gayithri which is statistically insignificant.in comparision to control

Control Vs Vishwamitra Gayatri Group on 28th day

	Table No 101									
Control vs Vishwamitra Gayatri Group 28 h day										
			Std.	Std. Error	Mean	t	Sign			
	GROUP	Mean	Deviation	Mean	Diff					
OC BT	CONTROL	74.5000	41.90603	11.19986	32.5	2.671	0.013			
	Vishwa Gayatri	42.0000	17.80665	4.75903						
MC BT	CONTROL	5.7143	10.68737	2.85632	0.357	0.111	0.913			
	Vishwa Gayatri	5.3571	5.62422	1.50314						
IC BT	CONTROL	1.9286	4.02806	1.07654	-5.357	-3.06	0.005			
	Vishwa Gayatri	7.2857	5.16540	1.38051						
REARING	CONTROL	20.0000	10.35523	2.76755	6.285	2.053	0.05			
	Vishwa Gayatri	13.7143	4.90570	1.31110						
GROOMI	CONTROL	24.1429	21.36805	5.71085	-4.57	0.550	0.587			
NG	Vishwa Gayatri	28.7143	22.60166	6.04055						
FREEZIN	CONTROL	16.5000	20.43658	5.46191	14.928	2.732	0.011			
G	Vishwa Gayatri	1.5714	.64621	.17271						
NO OF	CONTROL	1.3571	1.54955	.41413	0	0	0			
FEACAL	Vishwa Gayatri	1.3571	1.15073	.30755						

On 28<sup>th</sup> Day of intervention Statisticaly significant reduction in time spent at Outer circle(t=2.671, p=0.013), Rearing (t=2.053,p=0.05), Freezing (t=2.732, p=0.011) and increase in time spent at inner circle (t=-3.06, p=0.005)was observed in Vishwamitra Gayatri, Increase in time spent at middle circle (t=0.11, p=0.913)and reduction in grooming(t=0.550, p=0.587), number of faecal matter (0)is more in Vishwamitra Gayithri which is statistically insignificant.comparisoon to control

Control Vs Vishwamitra Gayatri Group on 48th day

Table No 102										
Control vs Vishwamitra Gayatri Group 48th day										
		Std.	Std. Error	Mean	t	Sign				
GROUP	Mean	Deviation	Mean	Diff						
CONTROL	74.5000	41.90603	11.19986	44.21	3.551	0.001				
Vishwa Gayatri	30.2857	20.35239	5.43941							
CONTROL	5.7143	10.68737	2.85632	1.642	0.513	0.614				
Vishwa Gayatri	4.0714	5.42734	1.45052							
CONTROL	1.9286	4.02806	1.07654	-6.21	-3.204	0.0097				
Vishwa Gayatri	8.1429	6.03652	1.61333							
CONTROL	20.0000	10.35523	2.76755	10.571	3.607	0.001				
Vishwa Gayatri	9.4286	3.61012	.96485							
CONTROL	24.1429	21.36805	5.71085	2.428	0.328	0.746				
Vishwa Gayatri	21.7143	17.65668	4.71895							
CONTROL	16.5000	20.43658	5.46191	16.142	2.954	0.007				
Vishwa Gayatri	.3571	.74495	.19910							
CONTROL	1.3571	1.54955	.41413	1	1.980	0.05				
Vishwa Gayatri	.3571	1.08182	.28913							
	GROUP CONTROL Vishwa Gayatri	Control vs         Vishwar           GROUP         Mean           CONTROL         74.5000           Vishwa Gayatri         30.2857           CONTROL         5.7143           Vishwa Gayatri         4.0714           CONTROL         1.9286           Vishwa Gayatri         8.1429           CONTROL         20.0000           Vishwa Gayatri         9.4286           CONTROL         24.1429           Vishwa Gayatri         21.7143           CONTROL         16.5000           Vishwa Gayatri         .3571           CONTROL         1.3571	Control vs Vishwamitra Gaya           GROUP         Mean         Deviation           CONTROL         74.5000         41.90603           Vishwa Gayatri         30.2857         20.35239           CONTROL         5.7143         10.68737           Vishwa Gayatri         4.0714         5.42734           CONTROL         1.9286         4.02806           Vishwa Gayatri         8.1429         6.03652           CONTROL         20.0000         10.35523           Vishwa Gayatri         9.4286         3.61012           CONTROL         24.1429         21.36805           Vishwa Gayatri         21.7143         17.65668           CONTROL         16.5000         20.43658           Vishwa Gayatri         .3571         .74495           CONTROL         1.3571         1.54955	Control vs Vishwamitra Gayatri GroupGROUPMeanStd.Std. ErrorCONTROL74.500041.9060311.19986Vishwa Gayatri30.285720.352395.43941CONTROL5.714310.687372.85632Vishwa Gayatri4.07145.427341.45052CONTROL1.92864.028061.07654Vishwa Gayatri8.14296.036521.61333CONTROL20.000010.355232.76755Vishwa Gayatri9.42863.61012.96485CONTROL24.142921.368055.71085Vishwa Gayatri21.714317.656684.71895CONTROL16.500020.436585.46191Vishwa Gayatri.3571.74495.19910CONTROL1.35711.54955.41413	Control vs Vishwamitra Gayatri Group 48th day           GROUP         Mean         Std.         Std. Error Mean         Mean           CONTROL         74.5000         41.90603         11.19986         44.21           Vishwa Gayatri         30.2857         20.35239         5.43941         5.43941           CONTROL         5.7143         10.68737         2.85632         1.642           Vishwa Gayatri         4.0714         5.42734         1.45052         1.642           CONTROL         1.9286         4.02806         1.07654         -6.21           Vishwa Gayatri         8.1429         6.03652         1.61333         10.571           Vishwa Gayatri         9.4286         3.61012         .96485         10.571           Vishwa Gayatri         24.1429         21.36805         5.71085         2.428           Vishwa Gayatri         21.7143         17.65668         4.71895         16.142           Vishwa Gayatri         .3571         .74495         .19910         16.142           CONTROL         1.3571         1.54955         .41413         1	Control vs Vishwamitra Gayatri Group 48th day           GROUP         Mean         Std. Deviation Deviation Diff         Mean Diff         t Diff           CONTROL         74.5000         41.90603         11.19986         44.21         3.551           Vishwa Gayatri         30.2857         20.35239         5.43941         5.43941         0.513           CONTROL         5.7143         10.68737         2.85632         1.642         0.513           Vishwa Gayatri         4.0714         5.42734         1.45052         -6.21         -3.204           CONTROL         1.9286         4.02806         1.07654         -6.21         -3.204           Vishwa Gayatri         8.1429         6.03652         1.61333         10.571         3.607           Vishwa Gayatri         9.4286         3.61012         .96485         96485         0.328           CONTROL         24.1429         21.36805         5.71085         2.428         0.328           Vishwa Gayatri         21.7143         17.65668         4.71895         16.142         2.954           Vishwa Gayatri         .3571         .74495         .19910         16.142         2.954           CONTROL         1.3571         1.54955 <t< td=""></t<>				

On  $48^{th}$  Day of intervention Statisticaly significant reduction in time spent at Outer circle (t=3.551, p=0.001), Rearing(t=3.607, p=0.001), Freezing(t=2.954, p=0.007) and increase in time spent at inner circle (t=-3.204, p=0.009) number of faecal matter (t=1.980, p=0.05)was observed in Vishwamitra Gayatri, Increase in time spent at middle circle(t=0.513, p=0.614) and reduction in grooming(t=0.328, p=0.746), is more in Vishwamitra Gayithri which is statistically insignificant.

Open field Standard Vs Purana Gayatri Group on 28 day

			Table No 10	3			
	Star	ndard vs Pu	rana Gayatı	ri Group 28 <sup>th</sup> d	lay		
	GROUP	Mean	Std. Deviation	Std. Error Mean	Mean diff	T	Sign
OC BT	Standard	83.4167	26.73254	7.71702	53.05	5.42	0.001
	Purana Gayatri	30.3571	23.17362	6.19341			
MC BT	Standard	3.5833	5.55073	1.60236	-7.91	-3.36	0.003
	Purana Gayatri	11.5000	6.30933	1.68624			
IC BT	Standard	6.0000	11.77825	3.40009	0.07143	0.022	0.983
]	Purana Gayatri	5.9286	3.38468	.90459			
REARIN	Standard	14.5000	12.39135	3.57707	5.64	1.456	0.158
G	Purana Gayatri	8.8571	7.01490	1.87481			
GROOMI	Standard	17.9167	20.77349	5.99679	0.7023	0.098	0.923
NG	Purana Gayatri	17.2143	15.69507	4.19468			
FREEZIN	Standard	13.8333	30.96870	8.93989	11.833	1.427	0.167
G	Purana Gayatri	2.0000	3.01279	.80520			
	Standard	1.5833	2.39159	.69039	0.654	0.936	0.358
FEACAL	Purana Gayatri	.9286	.99725	.26653			

On 28<sup>th</sup> Day of intervention Statisticaly significant reduction in time spent at Outer circle (t=5.42, p=0.001), increase in time spent at middle circle (t=-3.36, p=0.003)in Purana group, reduction in time spent at iiner circle(t=0.022, p=0.983), rearing(t=1.456, p=0.158), grooming(t=0.098 p=0.923), freezing(t=1.427, p=0.167) and number of faecal matter (t=0936, p=0.358) in Purana Gayitri is statistically insignificant.compare to standard

Open field Standard Vs Purana Gayatri Group on 48 day

			Table No 10	4			
	Stan	dard vs Pu	rana Gayatı	ri Group 48 <sup>th</sup>	day		
			Std.	Std. Error	Mean	Т	Sign
	GROUP	Mean	Deviation	Mean	diff		
OC BT	Standard	83.4167	26.73254	7.71702	59.98	6.366	0.001
	Purana Gayatri	23.4286	21.31707	5.69723			
MC BT	Standard	3.5833	5.55073	1.60236	-6.63	-1.779	0.088
	Purana Gayatri	10.2143	11.82031	3.15911			
IC BT	Standard	6.0000	11.77825	3.40009	-2.857	-0.863	0.397
	Purana Gayatri	8.8571	3.65549	.97697			
REARING	Standard	14.5000	12.39135	3.57707	8.5	2.376	0.026
	Purana Gayatri	6.0000	4.77171	1.27529			
GROOMIN	Standard	17.9167	20.77349	5.99679	4.20	0.584	0.565
G	Purana Gayatri	13.7143	15.92013	4.25483			
FREEZING	Standard	13.8333	30.96870	8.93989	12.833	1.553	0.134
	Purana Gayatri	1.0000	1.83973	.49169			
	Standard	1.5833	2.39159	.69039	0.940	1.399	0.175
FEACAL	Purana Gayatri	.6429	.74495	.19910			

On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle (t=6.366, p=0.001) and rearing (t=2.376, p= in Purana group, reduction in time spent at iiner circle, increase in time spent at middle circle, reduction in rearing, grooming, freezing and number of faecal matter in Purana Gayitri is statistically insignificant. compare to standard

	C4 J		Table No 10		oth J		
			Std.		Mean	Т	Sign
o a pm	GROUP	Mean	Deviation	Mean	diff	4.5100	004
OC BT	Standard	83.4167	26.73254	7.71702	41.41	4.7120	.001
	Vishwamitra Gayatri	42.0000	17.80665	4.75903			
MC BT	Standard	3.5833	5.55073	1.60236	-1.77	807	0.428
	Vishwamitra Gayatri	5.3571	5.62422	1.50314	1.20		
IC BT	Standard	6.0000	11.77825	3.40009	-1.28	-0.307	0.715
	Vishwamitra Gayatri	7.2857	5.16540	1.38051			
REARING	Standard	14.5000	12.39135	3.57707	0.785	0.219	0.829
	Vishwamitra Gayatri	13.7143	4.90570	1.31110	-		
GROOMING	Standard	17.9167	20.77349	5.99679	-10.79	-1.26	0.220
	Vishwamitra Gayatri	28.7143	22.60166	6.04055			
FREEZING	Standard	13.8333	30.96870	8.93989	12.261	1.486	0.150
	Vishwamitra Gayatri	1.5714	.64621	.17271			
NO OF	Standard	1.5833	2.39159	.69039	0.226	0.315	0.756
FEACAL	Vishwamitra Gayatri	1.3571	1.15073	.30755			

On  $28^{th}$  Day of intervention Statisticaly significant reduction in time spent at Outer circle (t=4.712, p=0.001) in Vishwamitra Gayatri group, reduction in time spent at iiner circle(t=-0.307, p=0.715), increase in time spent at middle circle(t=-0.807, p=0.428), reduction in rearing (t=0.219, p=0.829), grooming(t=-1.26, p=0.220), freezing (t=1.486, p=0.150)and number of faecal matter(t=-0.315, p=0.756) in Vishwamitra Gayitri is statistically insignificant. compare to standard

#### Standard Vs Vishwamitra Gayatri Group on 48th day

		T	able No 10	5			
	Standard	l vs Vishwa	mitra Gay	atri Group 4	8 <sup>th</sup> day		
			Std.	Std. Error	Mean	T	Sign
	GROUP	Mean	Deviation	Mean	diff		
OC BT	Standard	83.4167	26.73254	7.71702	53.13	5.74	0.001
	Vishwamitr a Gayatri	30.2857	20.35239	5.43941			
MC BT	Standard	3.5833	5.55073	1.60236	-0.488	-0.226	0.283
	Vishwamitr a Gayatri	4.0714	5.42734	1.45052			
IC BT	Standard	6.0000	11.77825	3.40009	-2.14	-0.597	0.556
	Vishwamitr a Gayatri	8.1429	6.03652	1.61333			
REARING	Standard	14.5000	12.39135	3.57707	5.071	1.465	0.156
	Vishwamitr a Gayatri	9.4286	3.61012	.96485			
GROOMING	Standard	17.9167	20.77349	5.99679	-3.769	-0.504	0.619
	Vishwamitr a Gayatri	21.7143	17.65668	4.71895	-		
FREEZING	Standard	13.8333	30.96870	8.93989	13.476	1.633	0.115
	Vishwamitr a Gayatri	.3571	.74495	.19910			
NO OF	Standard	1.5833	2.39159	.69039	1.226	1.728	0.097
FEACAL	Vishwamitr a Gayatri	.3571	1.08182	.28913			

On  $28^{th}$  Day of intervention Statisticaly significant reduction in time spent at Outer circle (t=5.74, p=0.001) in Vishwamitra Gayatri group, reduction in time spent at iiner circle(t=0.597, p=0.556), increase in time spent at middle circle(t=-0.226, p=0.283), reduction in rearing(t=1.465, p=0.156), grooming(t=-0.504, p=0.619), freezing (t=1.633, p=0.115)and number of faecal matter (t=1.728, p=0.097)in Vishwamitra Gayitri is statistically insignificant. compare to standard

Purana Vs Vishwamitra Gayatri Group on 28th day

	Purana Ga		Table No 10 ishwamitra	6 Gayatri Grou	p 28 <sup>th</sup> d	ay	
	GROUP	Mean	Std. Deviation	Std. Error Mean	Mean diff	Т	Sign
OC BT	Purana Gayatri Vishwamitra Gayatri	30.3571 74.5000	23.17362 41.90603	6.19341 11.19986	-44.14	-3.449	0.002
MC BT	Purana Gayatri Vishwamitra Gayatri	11.5000 5.7143	6.30933 10.68737	1.68624 2.85632	5.785	1.744	0.93
IC BT	Purana Gayatri Vishwamitra Gayatri	5.9286 1.9286	3.38468 4.02806	.90459 1.07654	4	2.845	0.009
REARI NG	Purana Gayatri Vishwamitra Gayatri	8.8571 20.0000	7.01490 10.35523	1.87481 2.76755	-11.14	-3.333	0.003
GROO MING	Purana Gayatri Vishwamitra Gayatri	17.2143 24.1429	15.69507 21.36805	4.19468 5.71085	-6.92	-0.9	0.337
FREEZI NG	Purana Gayatri Vishwamitra Gayatri	2.0000 16.5000	3.01279 20.43658	.80520 5.46191	-14.5	-2.262	0.014
NO OF FEACA L	Purana Gayatri Vishwamitra Gayatri	.9286 1.3571	.99725 1.54955	.26653	-0.428	-0.870	0.392

On 28<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle (t=3.449. p=0.002), Inner Circle(t=2.845. p=0.009), reduction in rearing (t=-3.333. p=0.003) and freezing (t=-2.262. p=0.014) in Purana Gayatri group, More time spent at Middle circle (t=-1.744. p=0.093) and number of faecal matter (t=-0.870. p=0.392) is more in Purana Gayatri which is statistically insignificant WHEN Compare to standard

Purana Vs Vishwamitra Gayatri Group on 48th day

		Ta	able No 10	7			
Purana	Gayathri vs Vish	wamitra (	Gayatri Gr	oup 48 <sup>th</sup> dag	y		
	GROUP	Mean	Std. Deviation		Mean diff	Т	Sign
OC	Purana Gayatri	23.4286	21.31707	5.69723	-	-4.06	0.001
	Vishwamitra Gayatri	74.5000	41.90603	11.19986	51.071		
MC	Purana Gayatri	10.2143	11.82031	3.15911	4.50	1.057	0.300
	Vishwamitra Gayatri	5.7143	10.68737	2.85632			
IC	Purana Gayatri	8.8571	3.65549	.97697	6.928	4.766	0.001
	Vishwamitra Gayatri	1.9286	4.02806	1.07654			
	Purana Gayatri	6.0000	4.77171	1.27529	-14	-4.594	0.001
NG	Vishwamitra Gayatri	20.0000	10.35523	2.76755			
GROO	Purana Gayatri	13.7143	15.92013	4.25483	_	-1.464	0.155
MING	Vishwamitra Gayatri	24.1429	21.36805	5.71085	10.428 57		
	Purana Gayatri	1.0000	1.83973	.49169	-15.50	-2.826	0.009
ING	Vishwamitra Gayatri	16.5000	20.43658	5.46191			
	Purana Gayatri	.6429	.74495	.19910	_	-1.554	0.132
FEAC AL	Vishwamitra Gayatri	1.3571	1.54955	.41413	0.7142		

On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle (t=4.06, p=0.001), Inner Circle(t=4.766, p=0.001), reduction in rearing(t=-4.594 p=0.001) and freezing (t=-2.826, p=0.009) in Purana Gayatri group, More time spent at Middle circle (t=1.057, p=0.301)and number of faecal matter(t=-1.554, p=0.132) is more in Purana Gayatri which is statistically insignificant.

# Hot plate

# **Control vs standard: REPONSE DURATION**

Table No 107							
Control vs Standard Group							
GROUP	Mean	Std. Deviation	SEM	Т	P		
CONTROL	5.6286	1.23065	.32891	-2.132	.050		
STANDARD	8.1029	4.16466	1.11305				

After intervention in Standard Group response duration was more (t=-2.132,p=0.05) found statistically significant compare to control

	Table No 108								
	Control vs Purana Gayathri Group								
REPONSE					T	p			
DURATIO				Std. Error					
N	GROUP	Mean	Std. Deviation	Mean					
28 <sup>th</sup> day	CONTROL	5.6286	1.23065	.32891	-5.910	0.001			
	PURANA GAYATHRI	16.3786	6.69384	1.78900					
48 <sup>th</sup> day	CONTROL	5.6286	1.23065	.32891	-5.910	0.001			
	PURANA GAYATHRI	16.3786	6.69384	1.78900					

After 28<sup>th</sup> and 48<sup>th</sup> day day of intervention in Purana Gayatri Group response duration was more (t=-5.910, p=0.001) found statistically significant. compare to control

	Table No 109 Control vs Vishwamitra Gayathri Group								
REPONSE					T	p			
DURATIO				Std. Erroi					
N	GROUP	Mean	Std. Deviation	Mean					
28 <sup>th</sup> day	CONTROL	5.6286	1.23065	.32891		0.001			
	VISHWAMI TRA GAYATHRI	10.8000	3.20464	.92510	-5.591				
48 <sup>th</sup> day	CONTROL	5.6286	1.23065	.32891		0.001			
	VISHWAMI TRA GAYATHRI	11.5467	4.00301	1.15557	-5.265				

After  $28^{th}$  day and  $48^{th}$  days of intervention in Vishwamitra Gayatri Group response duration was more (t=-5.591p=0.001 & t=-5.265, p=0.001) found statistically significant. compare to control

	Table No 110								
Standard vs Purana Gayathri Group									
REPONSE			Std.		Т	p			
DURATION	GROUP	Mean	Deviation	Std. Error Mean					
28 <sup>th</sup> day	STANDARD	8.1029	4.16466	1.11305	-3.928	0.001			
	PURANA GAYATHRI	16.3786	6.69384	1.78900					
48 <sup>th</sup> day	STANDARD	8.1029	4.16466	1.11305					
	PURANA GAYATHRI	16.3786	6.69384	1.78900	-3.928	0.001			

After 28<sup>th</sup> day and 48<sup>th</sup> days of intervention in Purana Gayatri Group response duration was more t=-3.928, (p=0.001)found statistically significant. Compare to standard

Table No 111 Standard vs Vishwamitra Gayathri Group							
REPONSE DURATIO			Std. Deviatio	Std. Erro	T	p	
N	GROUP	Mean	n	Mean			
28 <sup>th</sup> day	STANDARD	8.1029	4.16466	1.11305		.075	
	VISHWAMITRA GAYATHRI	10.800 0	3.20464	.92510	-1.864		
48 <sup>th</sup> day	STANDARD	8.1029	4.16466	1.11305		.042	
	VISHWAMITRA GAYATHRI	11.546 7	4.00301	1.15557	-2.140		

After 28<sup>th</sup> day of in tervention reponse duration was more in Vishwamitra Gayatri which was found statistically insignificant (p=-1.864, p=07)and 48<sup>th</sup> days of intervention in Vi shwamitra Gayatri Group response duration was more (t=-2.140, p=0.04)found statistically significant. Compare to standard

	Table No 112 Puranavs Vishwamitra Gayathri Group								
REPONSE DURATION	GROUP	Mean	Std. Deviation	Std. Error Mean	T	p			
28 <sup>th</sup> day	PURANA GAYATHRI	16.3786	6.69384	1.78900	2.770	.012			
	VISHWAMIT RA GAYATHRI	10.8000	3.20464	.92510					
48 <sup>th</sup> day	PURANA GAYATHRI	16.3786	6.69384	1.78900	2.269	.034			
	VISHWAMIT RA GAYATHRI	11.5467	4.00301	1.15557					

After 28<sup>th</sup> day response duration was more in Purana Gayitri (t=2.770,p=0.012) and 48<sup>th</sup> days of intervention in response duration was more in Purana Gayatri Group response duration was more (t=2.269,p=0.034)found statistically significant. Compare to vishwamitra

28th Day

TABLE NO 113 RESPONSE IN HOT PLATE ON 28 <sup>TH</sup> DAY						
GROUP		No Response	Paw licking	Jumping		
CONTROL	Count	0	10	4		
	% of Total	.0%	18.5%	7.4%		
STANDARD	Count	2	6	6		
	% of Total	3.7%	11.1%	11.1%		
PURANA GAYATHRI	Count	0	11	3		
	% of Total	.0%	20.4%	5.6%		
VISHWAMITRA	Count	0	10	2		
GAYATHRI	% of Total	.0%	18.5%	3.7%		
	Count	2	37	15		
	% within GROUP	3.7%	68.5%	27.8%		

No difference in Response observed in Control group (no response =0, Paw licking -10 & Jumping-4), in Satndard (no response =2, Paw licking -6 & Jumping-6), in Purana Gayathri no response =0, Paw licking -11 & Jumping-3) and in Vishwamitra Gayathri no response =0, Paw licking -10 & Jumping-2) with Chi Square Value 9.848, p value more than 0.05 on  $28^{th}$  day

Table No 114 RESPONSE IN HOT PLATE ON 48 <sup>TH</sup> DAY						
GROUP		No Response	Paw licking	Jumping		
CONTROL	Count	0	10	4		
	% of Total	.0%	18.5%	7.4%		
STANDARD	Count	2	6	6		
	% of Total	3.7%	11.1%	11.1%		
PURANA GAYATHRI	Count	0	11	3		
	% of Total	.0%	20.4%	5.6%		
VISHWAMITRA	Count	0	11	3		
GAYATHRI	% of Total	.0%	18.5%	3.7%		

No difference in Response observed in Control group (no response =0, Paw licking -10 & Jumping-4), in Satndard (no response =2, Paw licking -6 & Jumping-6), in Purana Gayathri no response =0, Paw licking -11 & Jumping-3) and in Vishwamitra Gayathri no response =0, Paw licking -10 & Jumping-2) with Chi Square Value 9.289, p value more than 0.05 on  $48^{th}$  day

# EFFECT ON NEUROTRANSMITTER

	Table No 115 CONTROL VS SATNDARD								
Neurotransmit ter	GROUP	Mean	Std. Deviation	Std. Error Mean	t	sig			
DOPAMIN 28 <sup>th</sup> Day	CONTROL STANDARD	.6131 .9617	.11492 .16420	.03187 .04740	6.103	0.001			
DOPAMIN 48 <sup>th</sup> Day	CONTROL STANDARD	.6131 .9617	.11492 .16420	.03187 .04740	6.103	0.001			
CORTISOLE 28THDAY	CONTROL STANDARD	26.8462 28.6667	6.79272 7.93534	1.88396 2.29074	0.614	0.546			
CORTISOLE 48THDAY	CONTROL STANDARD	26.8462 28.6667	6.79272 7.93534	1.88396 2.29074	0.614	0.546			
ACTH 28THDAY	CONTROL STANDARD	5.5800E2 5.34	200.89798 182.28672	55.71908 52.62164	0.312	0.758			
ACTH 48THDAY	CONTROL STANDARD	5.5800E2 5.4223E2	200.89798 176.98124	55.71908 49.08576	0.212	0.834			

On  $28^{th}$  day and  $48^{th}$  day Dopamine level was more in Standard group which was statistically significant at p value 0.001 (t=6.103). Cortisone level was same on  $28^{th}$  and  $48^{th}$  day after treatment in both standard and Control group, which was slightly less in Standard Group (t=0.614, p=0.546). ACTH level is slightly less in statistical group in standard group during  $28^{th}$  and  $48^{th}$  day after treatment ( $28^{th}$  day t= 0.312, p=0.758, on  $48^{th}$  day t=0.212, p=0.834).

	CONTI	Table No ROL VS PURA		ΓHRI		
	GROUP	Mean	Std. Deviation	Std. Error Mean	Т	sig
DOPAMIN 28 <sup>th</sup> Day	CONTROL	.6131	.11492	.03187	2.537	.019
	PURANA GAYATHRI	.4700	.17409	.04653		
DOPAMIN 48 <sup>th</sup> Day	CONTROL	.6131	.11492	.03187	-3.209	.004
	PURANA GAYATHRI	.7675	.12491	.03606		
CORTISOLE 28THDAY	CONTROL	26.8462	6.79272	1.88396	601	.555
	PURANA GAYATHRI	29.2857	13.45893	3.59705		
CORTISOLE 48THDAY	CONTROL	26.8462	6.79272	1.88396	-1.775	.090
	PURANA GAYATHRI	32.1667	8.07728	2.33171		
ACTH 28THDAY	CONTROL	5.5800E2	200.89798	55.71908		
	PURANA GAYATHRI	3.3679E2	239.53904	64.01950		
ACTH 48THDAY	CONTROL	5.5800E2	200.89798	55.71908	1.344	0.178
	PURANA GAYATHRI	4.6400E2	125.34433	37.79274		

On 28<sup>th</sup> day after intervention in Purana Gayathri dopamine level was less (p=0.01), on 48<sup>th</sup> day it was increased (0.004)which was statistically significant. On 28<sup>th</sup> and 48<sup>th</sup> day cortisole level was higher Purana Gayitri which was statistically In significant. On 28<sup>th</sup> and 48<sup>th</sup> day level of ACTH was less in Purana Gayitri which was statistically insignificant. Compare to control group

	Table No 117						
CONTROL VS VISHWAMITRA GAYATHRI							
				Std. Error	T	sig	
	GROUP	Mean	Std. Deviation	Mean			
DOPAMIN 28 <sup>th</sup> Day	CONTROL	.6131	.11492	.03187	.720	.479	
	VISHWAMITR	.5825	.09715	.02805			
	A GAYATHRI	.3623	.09/13	.02803			
DOPAMIN 48 <sup>th</sup> Day	CONTROL	.6131	.11492	.03187	-5.311	.001	
	VISHWAMITR A GAYATHRI	.8592	.11650	.03363			
CORTISOLE 28THDAY	CONTROL	26.846 2	6.79272	1.88396	.840	.414	
	VISHWAMITR A GAYATHRI	25.166 7	2.32900	.67232			
CORTISOLE 48THDAY	CONTROL	26.846 2	6.79272	1.88396	-1.497	.148	
	VISHWAMITR A GAYATHRI	30.916 7	6.78847	1.95966			
ACTH 28THDAY	CONTROL	5.5800 E2	200.89798	55.71908	1.663	.112	
	VISHWAMITR A GAYATHRI	4.5000 E2	115.66959	33.39094			
ACTH 48THDAY	CONTROL	5.5800 E2	200.89798	55.71908	412	.684	
	VISHWAMITR A GAYATHRI	5.8975 E2	184.51909	53.26607			

On 28<sup>th</sup> day after intervention in Vishwamitra Gayathri dopamine level was less (p=0.479), which was found statistically insignificant on 48<sup>th</sup> day it was increased (0.004)which was statistically significant. On 28<sup>th</sup> cortisole level is less in and 48<sup>th</sup> day cortisole level was higher Vishwamitra Gayatri which was statistically In significant. On 28<sup>th</sup> ACTH level was less and 48<sup>th</sup> day level of ACTH was more in Vishwamitra Gayitri which was statistically insignificant.

Table No 118							
STANDARD VS PURANA GAYATHRI							
	GROUP	Mean	Std. Deviation	Std. Error Mean	Т	p	
DOPAMIN 28 <sup>th</sup> Day	STANDARD	.9617	.16420	.04740	7.402	0.001	
	PURANA GAYATHRI	.4700	.17409	.04653			
DOPAMIN 48 <sup>th</sup> Day	STANDARD	.9617	.16420	.04740	3.260	.004	
	PURANA GAYATHRI	.7675	.12491	.03606			
CORTISOLE 28THDAY	STANDARD	28.6667	7.93534	2.29074	145	.886	
	PURANA GAYATHRI	29.2857	13.45893	3.59705			
CORTISOLE 48THDAY	STANDARD	28.6667	7.93534	2.29074	1.071	.296	
	PURANA GAYATHRI	32.1667	8.07728	2.33171			
ACTH 28THDAY	STANDARD	5.3408E2	182.28672	52.62164	2.381	.026	
	PURANA GAYATHRI	3.3679E2	239.53904	64.01950			
ACTH 48THDAY	STANDARD	5.4223E2	176.98124	49.08576	1.263	.220	
	PURANA GAYATHRI	4.6400E2	125.34433	37.79274			

On 28<sup>th</sup> day after intervention in Purana Gayathri dopamine level was less (p=0.01), on 48<sup>th</sup> day it was increased (0.004)which was statistically significant. On 28<sup>th</sup> and 48<sup>th</sup> day cortisole level was higher Purana Gayitri which was statistically In significant. On 28<sup>th</sup> and 48<sup>th</sup> day level of ACTH was less in Purana Gayitri which was statistically insignificant. standard

Table No 119 Standard VS VISHWAMITHRA GAYATHRI							
	GROUP	Mean	Std. Deviation	Std. Error Mean	Т	p	
DOPAMIN 28 <sup>th</sup> Day	STANDARD	.9617	.16420	.04740	6.885	0.001	
	VISHWAMITRA GAYATHRI	.5825	.09715	.02805			
DOPAMIN 48 <sup>th</sup> Day	STANDARD	.9617	.16420	.04740	1.764	.093	
	VISHWAMITRA GAYATHRI	.8592	.11650	.03363			
CORTISOLE 28THDAY	STANDARD	28.6667	7.93534	2.29074	1.466	.167	
	VISHWAMITRA GAYATHRI	25.1667	2.32900	.67232			
CORTISOLE 48THDAY	STANDARD	28.6667	7.93534	2.29074	746	.464	
	VISHWAMITRA GAYATHRI	30.9167	6.78847	1.95966			
ACTH 28THDAY	STANDARD	5.3408 E2	182.28672	52.62164	1.349	.193	
	VISHWAMITRA GAYATHRI	4.5000 E2	115.66959	33.39094			
ACTH 48THDAY	STANDARD	5.4223 E2	176.98124	49.08576	656	.518	
	VISHWAMITRA GAYATHRI	5.8975 E2	184.51909	53.26607			

On 28<sup>th</sup> day after intervention inVishwamitra Gayathri dopamine level was less (p=0.01)founs statistically significant. On 48<sup>th</sup> day it was less (0.093)which was statistically in significant. On 28<sup>th</sup> cortisole was less and 48<sup>th</sup> day cortisole level was higher Vishwamitra Gayitri which was statistically In significant. On 28<sup>th</sup> ACTH level was less and 48<sup>th</sup> day level of ACTH was more in Vishwamitra Gayitri which was statistically insignificant. Compare to standard

		Table No	120			
VISHAMITHRA VS PURANA GAYATHRI						
	GROUP	Mean	Std. Deviation	Std. Error Mean	Т	P
DOPAMIN 28 <sup>th</sup> Day	PURANA GAYATHRI	.4700	.17409	.04653	-2.071	.051
	VISHWAMITRA GAYATHRI	.5825	.09715	.02805		
DOPAMIN 48 <sup>th</sup> Day	PURANA GAYATHRI	.7675	.12491	.03606	-1.859	.077
	VISHWAMITRA GAYATHRI	.8592	.11650	.03363		
CORTISOLE 28THDAY	PURANA GAYATHRI	29.2857	13.45893	3.59705	1.126	.279
	VISHWAMITRA GAYATHRI	25.1667	2.32900	.67232		
CORTISOLE 48THDAY	PURANA GAYATHRI	32.1667	8.07728	2.33171	.410	.686
	VISHWAMITRA GAYATHRI	30.9167	6.78847	1.95966		
ACTH 28THDAY	PURANA GAYATHRI	3.3679E2	239.53904	64.01950	-1.568	.133
	VISHWAMITRA GAYATHRI	4.5000E2	115.66959	33.39094		
ACTH 48THDAY	PURANA GAYATHRI	4.6400E2	125.34433	37.79274	-1.925	.069
	VISHWAMITRA GAYATHRI	5.8975E2	184.51909	53.26607		

On 28<sup>th</sup> day after intervention inVishwamitra Gayathri dopamine level was more (p=0.05)found statistically sig

nificant. On 48<sup>th</sup> day it was more in vishwamitra gayatri (0.077)which was statistically in significant. On 28<sup>th</sup> cortisole was less and 48<sup>th</sup> day cortisole level was higher Vishwamitra Gayitri which was statistically In significant. On 28<sup>th</sup> and 48<sup>th</sup> day level of ACTH was more in Vishwamitra Gayitri which was statistically insignificant. Compare to puran

## **DISCUSSION**

Arthashrayas are useful for comprehending the concept of author, applying theories, grasping the practical utility of verses, clarifying controversial terms, and completing incomplete granthas such as Kasyap Samhita. They are also the key to understanding the shastras - the style and aim of Author. When citing instances from Ayurveda books proves challenging, authors turn to examples from other fields. The use of paratantra Pratyaya Arthashraya clarifies this. Parathantra arthashraya was chosen and employed in Rigveda and artharva veda for understanding Daiva Vyapashraya Chikitsas in Bhruhattrayee.

In Ayurveda, Daiva Vyapashraya is one of the three therapy techniques. Acharya Chakrapani comments on term Daiva as

- 1. Roga are two types, manifested due to hetu which is drusta and Adrusta.
- A. Adrusta karma are related to Purva Janma, which present with less Nidana, more expression. For this type of disease chikitsa shows its result only after Karma kshaya. Adrustha, or diseases that appear as a result of Adrustha Karana a difficult-to-determine reason that can be treated using Daiva Vyapashraya techniques such as mantra, etc.

Adharma rupi Karma adopted in Previous janma manifests Disease as mentioned in Janapadodwamsa Adhyaya. The effect is manifested by the Karma that is stronger.

B. Adrusta Karma here to Bhuta, Graha etc, which are invisible.

In Astanga Sangraha Daiva, is considered as a deciding factor for Sadhya and Asadyata of Vyadhi. Even all the four limbs of Chikitsa is Complete, if Vyadhi is not cured, which need to be assessed considering Daiva influence. Acharya Arunadatta comments as, the daivavyapashraya treatment acts on diseases by destructing the Papa Karma, without contacting Jatharagni Samyoga. Anna Svarupa Vijnaneeya Adhyaya, there is a quotation "विनापि चोपयोगेन मणिमन्तादिकार्यकृत्॥" which means when Guduchi etc medicine does not have any effect, the mani mantra are useful. These acts by ist swabhava. According to Acharya Daiva Vyapashraya Chikitsa is an Vyadhipratyaneeka Chikitsa.

C. Daiva Shabda is associated with Deva, and the measurements Mantra, etc., are influenced by Deva Prabhava, and Bali upahara is also pleasing to Deva.

Acharya Chakrapani comments in Atulyagotriya Shareera definitely balavat Daiva results into vyadhi. While explaining congenital diseases in Kuddika Garbhavakranti Shareera Andhya, Kubja etc get manifests with the influence of Daiva. While describing stree also acgarya

explains, due to daiva yoga i.e Praktana Karma Vrushyatva, Rupa and Guna. Similarly in 30<sup>th</sup> Chapter of Yonivyapad Chikitsa importance of Daiva Vyapashraya chikitsa is highlighted.

Hence daiva Vyapashraya Chikitsa is useful in treating the Diseases which are manifested by Adrusta Karana, any diseases which are treated by the Deva Prabhava and purva janmakruta papakarma. As per Acharya Charaka following of Atharva veda is hita for Ayu, and method specified for daiva vyapashraya chikitsa should be referred from the Atharva Veda.

According to Acharya Sushruta, while explaining Rutu Vyapat Chikitsa Daiva Vyapashraya Chikitsa is explained (Su Su 6/19). Along with Sthana Parityaga leaving the place one can adopt daivavyapashraya Chikitsa. Also in Bhuta chikitsa Daivavyapashraya Chikitsa is useful. Even Acharya tells in Anghavibhaga Shareera Adhyaya Samyoga and Vibhaga of Paramanu, are due Vayu, get influenced by the Karma of This Janma and Daiva. In Prakruti bhedeeya Adhyaya Acharya States that Daiva decides the Prakruti of the Purusha. Gatoshneesha Mantra japa should be done to treat Agantu Dosha, Sahaja Roga and also useful to treat all the Vyadhi.

As per Acharya Kashyapa, two types of chikitsa are mentioned, i.e Oshadha and Bheshaja, Oshadha refers to chikitsa done with dravya samyoga like deepana etc. Bheshaja refers to Homa, Vrata, Tapa, Dana and Shanti Karma.

As per Acharya Sushruta When Ayu Kshaya is there person is opportunistic to get effected with Preta, Bhuta, Pishacha and Rakshasa. Here above said chikitsa dose not helps.

In Kshyapa Samhita Dupa Kalpa Adhyaya, along with 40 Dhupa yoga, importance of Homa, Japa and tapa to worship Agni

## IMPORTANCE OF KNOWLEDGE OF DAIVA VYAPASHRAYA CHIKITSA

In Yukta Seneeya Adhyaya, to protect the king, one should appoint of the priest who are well versed in the knowledge of mantra. Here Rigveda, Yajurveda, Samaveda and Atharva Veda mantra are explained.

Hence how for the dosha chikitsa Physician is considered important, for daiva vyapashraya chikitsa Udgatru, Hotru, Brahmana and Adwaryu is important. Here Udgatru refers to the person who are expert in Samaved, Hotru referes to the person who is expert in Rigveda, Brahma refers to person expert in Atharva veda veda, Advaryu expert in all the three Veda. Also whom daivavyapashrya chikitsa can be administered, In Yukthaseneeya Adhyaya, while explaining the quality of patient Acharya Specifies that patient should be of Astika. Here Astika

refers to

आस्तिक इति दत्तमस्ति ह्तमस्ति परलोकोऽस्त्येवं मतिर्यस्य स आस्तिकः।

Which means the person who has belief on Dana, Homa and Praloka.

## **COMPONENTS OF DAIVAVYAPASHRAYA CHIKITSA**

Daivavyapashraya chikitsa includes Mantra, Oushadhi, Mani, Mangala, Bali, Upahara, Homa, Niyama, Prayaschita, Upavasa, Svasthyayana, Pranidhana, Gamana.

#### Mantra

According to the Shabdakalpadruma, मित्र गप्तभाषणे + घञ । The word mantra comes from the Sanskrit word Matri Dhatu, which meaning Gupta Bhasahna. Mantra are useful, according to Manusmruti, from the nisheka to the Smashana. These mantras should be used according to Shastra. जप ओङ्कारपूर्वकमृग्यजुःसामावर्तनं – Chanting of Ruk, Yaju etc followed Considered by **Omkara** is as Japa. In Astanga Sanghraha मन्त्रार्थस्त्वदर्शनीयः, आवृत्यैव केवलया मन्त्राणां फलदत्वात्। Meaning of Mantra is self evident, repetition of mantra helps to get the phala.

देवब्रह्मर्षिभिः प्रोक्ता मन्त्राः सत्यतपोमयाः | According to Acharya Sushruta, Mantra are revealed by the God like Bhrahma and Mantra prayoga is successful if it is chanted by the sages who are aiding satya and doing the Tapa.

The person who do Mantra Prayoga should avoid Stree, Mamsa and Madhu and follow Mita Ahara, Shuchi, sleep on mat of Kusha. Also should practice the Japa, Homa and Bali karma etc. As per Visha Pratisheda Adhyaya Mantra and Tantra are explained to treat Visha. Here Tantra refers to Dupa etc Raksha Vidhana

Mantra acts without undergoing Paka. After paka reduction of veerya occurs. Hence Action of Mantra is more and fast. Mantra chanted without adhering to these procedure and deficient by either sound or letters do not become successful. svara refers to Udatta, Anudatta & Svarita Swara Specified for Chanting of Mantra.

In Shabdakalpadruma, Japa refers to Hrudi Ucchara. Hrudi Ucchara means जिह्नोष्ठादिव्यापार-रहितं शब्दार्थयोश्चिन्तनं i.e Thinking of Shabdartha with out Jihva Ostha etc, in Hrudaya thinking about God.

There are certain rules for doing Japa. Mantra should not be chanted loudly, japa should be done at Rahasya – secret place which is devoid of disturbance, not in the state of Tandra, with concentration, or disturbance in mind, not thinking anything else other than god, with the rules described in the Shastra, with 10 qualities. Japa in the form of Upamshu gives 100 benefits,

Manasa Japa 1000 of benefits. Japa done without Darbha, Snana, Dana and Udaka though Asankhyeya Japa is done it does not yield benefits. Hence Mantra effect is fruitful if adopted with Tantra and chanted in presence of mind.

मन्त्रमुच्चारयेद्वाचा वाचिकः स जपः स्मृतः ॥ Japa is that which pronounced is vachika.

उच्चैर्जपाद्विशिष्टः स्यादुपांशुर्दशभिर्गुणैः IPronounced loudly Upamshu/using lips.

जिह्वाजपः स विज्ञेयः केवलं जिह्वया बुधैः – only using tongue-जिह्वाजपः शतगुणः

साहस्रो मानसः स्मृतः I1000 benefits with mind.

## **Oushadhi Dharana**

Acharya Chakrapani, consider Oushadhi as Dharaneeya Prashasta Oushadhi, medicines which are suitable for wearing. According to Shabda kalpa druma, ओषधिरेव वा "ओषधेरजातौ" *Oushadhi* are which origin from *Oshadhi*. ओषोधीयतेऽत्र । ओष + धा +िक । Osha refers to which provides phala and get destroys, फलपाकान्तवृक्षादिः

Example in Garuda Purana, कुसुमस्य निबद्धञ्च तरुणीनां महेश्वर ! ।रक्तोत्पलस्य – Dharana of flower of lotus prevents bleeding. हिङ्गुसैन्धवसंयुक्तं शीघ्रं स्त्रीणां प्रसूतिकृत् ॥मातुलुङ्गस्य वै मूलं किटबद्धं प्रसूतिकृत् । Dharana of *Hingu Saindhava or Matulunga Mula* in *kati* initiates labor. अपामार्गस्य वै मूले नारीणां शिरसि स्थिते ।गर्भशूलं विनश्येत नात्र कार्य्या विचारणा ॥ Dharana of *Apamarga Mula* over *Shira* destroyers *Garbha Shula*. शङ्खनाभिवचाकुष्ठलोहानां धारणं सदा ॥बालानामुपसर्गभ्यो रुद्र ! रक्षाकरं भवेत् ।

To protect Baala – dharana of Shankanabhi, Vaca, Kushtha and loha is useful.

#### **MANI**

Mani, according to Acharya Chakrapani, Dharaneeya Prashastha Chandrakantadi. मण + "सर्व्यधातुभ्य इन्। The term Mani is derived from Man Dhatu indicates Sarvadhatu. In Bhavaprakasha Purva Khanda 1st part Mani includes Pashana Bheda, Mukta etc. According to Sushruta Samhita Sutrasthana 46th Chapter Mukta, Vidruma, Vaidurya etc are Mani which are Chakshushya, Sheeta, Lekhana, reduces Visha. Which are Pavitra, suitable for wearing removes Papa and Alakshmi

## Mangala Karma

According to Acharya Charaka, Mangala Karma refers to Shubhakut Karma, where as Acharya Sushruta explains mangala as Prashasta and Oushadha Mani Dharana. In Shabda kalpa druma मङ्गति हितार्थं सर्पति मङ्गति दुरदृष्टमनेनास्माद्वेति । मिग + "मङ्गतेरलच् । word mangala is derived from Mang Dhatu, which means activities spreads Hita and Anghati refers to by which bad fortunes removed. Mangala Karma for Bhrahmana desired for Kushala, Kshtriya for bandu anamayarta, Vaishya are for Kshemarta and for Shudra for attaining Arogya

## Bali

In Charaka Samhita Bali Upaharo Devadishu is considered as Homa. According to Acharya Dalhana, उपहारः देवादिषु गवाश्वप्रभृतीनामुपा(न)यनम् अन्ये उपहारो देवतानां सपशुर्बिलः;- Bringing go or Ashva near to God is Upahara others opines that Pashubali as Upahara In Shabdakalpadruma, बल्यते दीयते इति । बल दाने + "सर्व्व-धातुभ्य इन् *Bali* refers to that which is offered. बलेः पूजोपकरणस्य देवतो-देशेन संकल्पितच्छागादेवी दानम्। Offering sheep etc to God after *Sankalpa*.

## **Upahara**

According to Astanga Sangraha, Upahara is considered as अत्रौषधीनां धारणमेवाभिप्रेतम्। बलेरुपहारो देवादिषु. According to Shabda kalpa druma the term Upahara derived from उप + ह + घञ्. Which means उपढौकनद्रव्यम्. Synonyms of the same are प्राभृतम्, प्रदेशनम्, उपायनम, उपग्राह्यः and उपदा. This indicates Offering Ratna, Puspa etc.

## Homa

According to Sushruta Samhita होमो लक्षकोटिप्रयुतोपलिक्षितः- offering 1 lack or 1 crore time. In Shabdakalpadruma, Homa is Havana, derived from hu dhatu हवनमिति । हु + "अर्तिस्तुमुहु-स्निति अध्यापनं ब्रह्मयज्ञः पितृयज्ञस्तु तर्पणम् । होमो दैवो विलभौतो नृयज्ञोऽतिथिपूजनम् ॥"Homa refers to Havana. As per Acharya Manu Homa refers to Havana, it includes Tarpana to Deva, Deva Bali, Nru Yagna, Athithi Pujana, As per Manusmruti, one should follow Nitya Homa to attain all the desires Here while doing homa Agni should be brought to kunda with mula Mantra, followed with submission of bali.

## Prayashchita

Acharya Chakrapani consider Vratadi as Prayaschita, Acharya Sushruta Chandrayana etc Vrata which helps for Prashamana of praktana karma i.e Prayaschita. प्रायो नाम तपः प्रोक्तं चित्तं निश्चय उच्यते। तपोनिश्चियसंयुक्तं प्रायश्चित्तमिति स्मृतम् . Here Praya refers to Tapa, chitta refers to Nischaya, hence where Tapa is Nischaya i.e Prayaschita.

According to Shabda Kalpa Druma, प्रायस्य पापस्य चित्तं विशोधनंयस्मात् । यदुक्तं स्मृतौ । According to Smruti, Praya refers to Papa, Shodhana of Papa refers to Shaodhana of Manas"यद्वा, प्रायस्य तपसः चित्तम् निश्चय इति lor Praya refers to Tapa, which are considered as Sadhana for Citta Nischaya. पापक्षयमात्रसाधनंकर्मा । Also Sadhana karma should be adopted to reduce Papa.

# **Upavasa**

In Astanga Sangraha, उपवासः प्रसिद्धः पापहर्तृत्वे- Upavasa is considered as Popular entity which is responsible for reduction of Papa. In Shabdakalpa druma, उप + वस + घञ् उपवस्तम् , therm Upavasa derives from Uapa Dhatu, Vas Pratyaya. Here Upavrutta refers to Papa, Vasa refers to Guna

उपावृत्तस्य पापेभ्यो यस्तु वासो गुणैः सह । उपवासः स विज्ञेयः सर्व्वभोगविवर्ज्जितः। Avoiding all Bhoga removes Papa, which means Upavrutta means nivrutta devoid of Papa Karma, this guna or qualities are expected by adopting Upavasa.

As a part of Upavasa in Mahabharana states that rendering Daya for all the bhuta, not having asuya, shoucha, not having Ayasa, Mangala, no Karpanya and Aspruha.

## Abhyupagama

Acording to Acharya Sushruta, अभ्युपगमः गुरुवाक्यादीनामङ्गीकारः; - following of Guru Vakhya etc.

## Svasthyayana

स्वस्त्ययनं वेदोक्तं कर्म|- Karma mentioned in Veda according to Acharya Charaka and Vagbhata.

## Niyama

नियमो वर्ज्यवर्जनम्। i.e Niyama activities which need to be avoided according to Acharya Charaka, नियमः शास्त्रोदितो विधिर्मौनादिः, - following rules as per shastra i.e mouna etc according

to sushruta. In Shabdakalpadruma, नियमनमिति । नि + यम + "यमःसमुपनिविषु च प्रतिज्ञा Niyama referes to regulating onself by taking certain Pratijna.

नियमं प्रथमं कृत्वा पश्चात् पूजां समाचरेत् ॥"बन्धनम् । यथा, मनुः । ८ । १२२ ।

As per Manu one should follow Niyama first, the Puja should be carried out. As per Garuda Purana, Niyama enlisted are Shouca – maintaining cleanliness, Tusti, Santosha – happiness, Indriya Nigraha – controlling sense organ, Snana, Mouna – controlling verbs, Upavasa – Fasting, Ijya, Adhyaya – study, Upastha Nigraha – Brahma Carya, Tapa, Krodha, Guru Bhakti.

## Pranipata

Devebbyo Namaskara according to Acharya Charaka, Sushruta Describe it as नमस्कारो देवद्विजगुरुभ्यः कायवाङ्गानसः प्रणामः; - Expressing salutation to Deva, Dvija and Gura through Kaya Vak and Mana. Gamana is देवतीर्थादिगमनम्

## **Others**

Additnal to this according to Acharya Sushruta Shanti Karma *Indriya Vijaya* or *Yajana* of *Vedokta Mantra and according to Astanga Sangraha* स्वस्त्ययनं वेदोक्तं कमी। इज्या यागः; - Yaga as Ijya, offering offered to Agni as per Acharya Dalhana which can be brought under Homa. अञ्जलिः भक्त्या करसम्पुटविधानं — Kara Smputa Vidhana ie different Anga Nyasa which are adopted in Puja which can be considered under Pranipata. तपः तापनालक्षणमुपवासादि; - following Upavasa etc by which making Shareera Tapana etc दया प्राणिषु कृपा;- compassionate for animals दानं यथाविभवं वित्तविसर्गः; - offering दीक्षा गुरुतो मन्त्रादिग्रहणं; - from guru receiving the mantra can be taken under Niyama.

Among enlisted Daivavyapashraya Chikitsa Measures Mantra, Oushadhi, Mani, Mangala, Bali, Upahara, Homa, Niyama, Prayaschita, Upavasa, Svasthyayana, Pranidhana and Gamana, all are not applied as treatment of disease and prevention of the same.

In Rigveda To treat Ajeerna (no=1), Asatya Dosha (n=1), Asthi And Charma Dosha (n=1), to increase Bala (n=1), to obtain deerghayu (n=13), to prevent the effect of Agantu karana (n=1)Dura Desha Gamana to prevent dusvapna (n=5), Garbhadhana & Garbha Samskara (n=6), to iniate Prasana (n=2), to treat hrudroga (n=1), to treat Kshayaroga (n=1), to increase

medha (n=7), Medha (n=7), to remove Vak Dosha (n=1), to get vidya (n=1) to get putra (n=10), to get Santana And Sampat, Deerghayu (n=1),

In Atharva Veda To prevent effect of Rakshasa (n=7), vishahara suktha (n=3), somayaga (n=4), to achieve Sarva Suktha (n=8), to reduce papa (n=5) to reduce Mahodara, Papa Nasha and to get Deerghayu (n=1), to get Moksha (n=2) Mrutyubhaya Nasha (n=1), to get Oushadhalabha(n=2), Prevents Roga(n=1) Protection Of Ahara Dhanya, Place Of Residence, Fear From The Enemy(n=2), Rogahara (n=7), Sandhyavandhana(n=1), Shuchitva(n=1), Svasthyayana(n=1), to get Vigour, Progeny And Long Life (n=1), to get Yuvavastha(n=1) Under standing of references of Daivavyapashraya can be done under Svasthya Rakshana and Vikara Prashamana

## In Swasthya Raksnana

In Matraashiteeya Adhyaya the practice which are required for protecting Svasthya includes रत्नाभरणधारणम्।। - wearing of Ratna, Abharana is mentioned. When diseases do not respond to Oushadha Chikitsa, one must consider the Karma (Karma Vipak siddhanta) or Graha rogas (planets), then shanithi Vidhanas can be adopted in the form of Ratana dana or Ratna dharana, Ratnena Devata Archana (gem). For example Jwara, Patan, Apasmara, Hritroga, and other diseases are due to Sun. Nidra, Agnimandya, Atisara, Pitaka, Sheeta Jwara, Aalasya, Kapharoga, and other ailments are caused by the effects of the Moon. Surya is represented by Manikya (Ruby), Chandra by Mukta (Pearl), Mangal by Vidruma (Coral), Budha by Markat (Emerald), Guru by Pushpraga (Topaz), Shukra by Vajra (Diamond), Shani by Neelam (Blue sapphire), Rahu by Gomeda (Hessonite), and Ketu by Vaidurya (Cat's eye stone). However in Atharva Veda, Mani which are made out of Oushadha are specified, for instance wearing of Darbha Mani, Shatavari Mani etc. However this can be brought under heading Oushadha Dharana also.

Doing Snana Mantra is explained. . In 10<sup>th</sup> mandala of Rigveda आपों ह यद्बृंहतीर्विश्वमायनार्भं --While chanting 7<sup>th</sup> mantra if Gruta lepa if done it will increases Ayu. While doing any shubhakarma Apa sprusha etc Mantra Should be chanted. Suktha which starts from Apasprusha is not observed either in Rigveda or Atharvaveda is not available. In Commentator quotes 'अग्निर्मे' इत्यादिना etc or 'आपोहिष्ठा' इत्यन्तः are considered as स्नानमन्तः.

In Rigveda अम्बयों युन्त्यध्वंभिर्जामयों अध्वरीयताम् ।पृञ्चतीर्मधुंना पर्यः in 1st Mandala16<sup>th</sup> ruk Pathana during Abhisheka Snana improve Ayu and Arogya. It Similarly in 1<sup>st</sup> Mandala इदमांपुः प्र वंहत् यक्तिं चं दुर्रितं मियें 1----22<sup>nd</sup> ruk can be used as marjana mantra as mentioned in gruhya sutra. Also in yagnantya this mantra can be useful as marjana mantra. सं मोग्ने वर्चसा सृज् सं ---24<sup>th</sup> ruk is useful for praying agni for providing vigour, progeny and long life. in atharva veda apam bheshaja or jala chikitsa sukta, अम्बयो यन्त्यध्वभिर्जामयो अध्वरीयताम् ---recited in ceremony of good fortune. 5<sup>th</sup> and 6<sup>th</sup> are known as Sambhumayobhu, useful in house building ceremony. In Atharva Veda 19<sup>th</sup> khanda 2<sup>nd</sup> Suktha and 20<sup>th</sup> khanda 69<sup>th</sup> suktha are related to Apam suktha which is explained for attaining the deerghau. These Mantra Pathana during Abhisheka Snana improve Ayu and Arogya, for Yagnya marjana mantra, in Svasthyayana Karma also described.

Shuchitva can be interpreted as Kayika, Manasika and Vachika Shuchi. Snana helps to achieve both Kayika and Mansika Shuchi. While explaining Snana as a part of Dinacharya terms Vrushya and Ayushya are the effect mentioned. Also in pathantara it is stated as सौमनस्यमलक्ष्मीघ्नं स्नानमोजस्करं परम् i.e Soumanasya, Alakshmi are the benefits of the same. As per Astanga Hrudaya Snana removes Papa Karma. Hence Snana can be considered as beneficial to achieve both internal and externally shuchitva. 5<sup>th</sup> Mandala of Rigveda 51<sup>st</sup> Suktha daily pathana of 15th ruk after doing shuchi karma attain suchitva always. In this sukta 15th RUK to 20th RUK are useful in 6th day of Shashthyaha Yaga

As per Matrashiteeya of Charaka Samhita daily food should be consumed after processing food with Vedokta mantra. Suktha explained in Rigveda वैश्वान्रं मनंसाग्निं निचाय्यां ह्विष्मंन्तो अनुष्रयं स्वर्विदंम् suktha and अग्निरंसिम् जन्मंना जातवेदा घृतं मे चक्षुंरमृतं म आसन् Ruk useful in Agni cayana, as per rigvidhana Chanting of this suktha before food destroys the disease Ajeerna. According to the Bela Samhita, dharana of Oshadi, Mani, adopting Mani, Mangala, doing Mantra Avarthana need to be adopted after food and Maithuna Karma

Daily one should do Brahma Japa ie doing Avartana of Pranava etc Mantra and Doing Dana helps for going to Moksha (Ca Su 27/346). Here Agni is understood as Antaragni and lokhagata agni, antaragni should be maintained by following pathya ahara, bahi agni daily bhrahma japa should be done which helps to correct janmantara kurta apathya janitha ahara related disease. This acts by prabhava reduces Adharma.

For the Protection of Food from Visha in Sushruta Annapana Vidhi Adhyaya, In Aharavidhi the food which is prepared should be purified with ant poisonous drugs, sprinkled with water

processed with atharva veda mantra. According to Astanga Sangraha in Dravadravya vijnaneeya Adhyaya Water purified with Chandrakanta mani useful for the rakshoghna karma, reduces the effect of the Visha along with other benefits. In Anna rakshavidhi Adhyaya of Astanga Sangraha To make vishayuktha dravya into Nirvisha, laksha etc dravya mixed with honey applied to horn of cow store in earth for 7 nights, then cover with gold, and dharana should be done. Harenu, Jathamamsi, Manjista etc. should be made mani as explained in previous explaination for the preparing the mantra. Also After Abhimantrana with Raksha Mantra Shayya Should be given to raja to prevent the effect of poision.

In Rigveda 1<sup>st</sup> Mandala 181 suktha Chanting during Bhojana Kala attains good food, does not get any disease due to food, even poison converts into food. Food consumed without speaking, clean, shanta mana dose not get any disease. 191 sutha of 1<sup>st</sup> Mandala prevents the toxic effect of Snake bite or due to Drusti Dosha. Also reduces the poison due to Sareesrupa, Scorpion etc or poison due to food. Also Japa of this sukta is beneficial in achieving intellect, wealth, child, fortune, health, nourishment, education and fame. In 9<sup>th</sup> mandala88<sup>th</sup> sukta 1<sup>st</sup> ruk अयं सीमें इन्द्र तुभ्यं सुन्वे तुभ्यं पवते त्वमंस्य पाहि ।त्वं ह् यं ----named as Rakshohanam sukta or Havishvamti sukta. Daily Chanting of Rakshohanam sukta and performing Homa and doing Ajya Ahuti useful in Shanty Karma, Havishvamti sukta chanting daily for 6 months seeing surya Removes kutsitanna dosha, vaishvanara vidye will become vasha

by observing the Rigveda benefit of Chanting different Mandala can be grouped under, Chanting of Mantra, doing Homa before or during Bhojana Kala helps to attains good food, prevents disease, reduces the toxic effect of poison mixed food, promotes nourishment, removes kutsitanna dosha. Here Kutsita can be considered as Nindita, Nikrusta as per Dictionary. In Charaka Samhita Indriyopakramaneeya Adhyaya Acharya specifies that Kutsita Anna should be avoided. Acharya chakrapani comments Nindita by Svarupa itself. Svarupa of Ahara can be understood with Hita and Ahita concept, Astavidha Ahara Ayatana etc. Acharya Dalhana comments of Kutsita word for Anistha. शेषाण्यपि चानिष्टरूपरसगन्धस्पर्शब्दमानसानि.. Sushruta Samhita 24t Chapter Acharya quotes that food should not be consumed with Anista Rupa, Anistha Rasa, Anista Gandha, Anistha Sparsha, Anista Shabda and Anistha Manas. Consumption of food is one of the cause for Manodushana and inturn results in manifestation of unmada, more chance of getting affected with Graha.

In rasa vimana Adhyaya while commenting on karana refers to Acharya chakrapani commented as पेषणाभिमन्त्रणादि गृह्यते।while preparing the food and

medicine Abhimantrana importance is explained. In Rigveda 2<sup>nd</sup> suktha of 1<sup>st</sup> mandala is useful for extracting the juice of Saomarasa. The Abhimantra related to food are enlisted above.

Karana for Janapadodwamsa is Adharma. Due to Adharma by the influence of raksho Gana. Here Raksho gana is referred as Rakshasa etc according to Chakrapani. Acharya Ganghadhara consider bhuta sanga, in this context Ashuci is considered as karana for bhutonmada. Here reason for bhutonmada is Adharma itself due to Prajnaparadha. daily pathana of 5<sup>th</sup> mandala of Rigveda 15th ruk after doing shuchi karma attain suchitva always. However this suktha is not mentioned by the Acharya Ganghadhara.

In 7<sup>th</sup> Mandala of Rigveda 55<sup>th</sup> Suktha अमीवहा वांस्तोष्पते विश्वां--- Prevents bhuta bhade, dusvapna. In the same Mandala 46<sup>th</sup> Suktha useful In Shulagava Rudra Yagna it is useful and to attain Praja and Dhana. Rudra God protects our progeny and protect against diseases, make appears of wind are a thousand medicaments inflict not evil upon sons and grand sonds.

Similarly in 8<sup>th</sup> Mandala 17<sup>TH</sup> SUKTA वास्तोंष्पते ध्रुवा ---mention Doing Puja of vaishva deva with above Ruk prevents bhuta, roga and achieve sukha. In 4<sup>th</sup> Khanda of Atharva Veda Pishacha Kshayana Suktha Chanted along with bainding of Sadapushpam in healing ceramoney

The disease which manifests due to Janapadodwamsa can treated with Satya, Daya, Dana, Bali, Devarchana, Gupti (Mantra), worshiping Shiva. According to Acharya Ganghadhara Prasham referes to following of Shantarasa, Atmano gupti refers to Deshantara Gamana, Shiva sevana refers to shiva refers to Manghalakara syasthyayana

In Sushruta Samhita, to Protect from Vyapanna Rutu the measures of Daiva Vyapashraya was highlighted with Shantikarma, Prayaschita, homa etc. can be adopted. Here Daiva vyapashraya is advised as Rutu kopa manifests due to Adharma. Shanti karma in this context refers to Vedakto mantra yajana

In Janapadodwamasa Acharya Charaka Mentions that due to Janapadodwamsa bhava Vaishamya quality of medicine going to reduce. In Atharva Veda 1<sup>st</sup> Khanda 3<sup>rd</sup> suktha Arogya Sukta is Sadhana for Arogya of Vruksha and Vanaspati

In Astanga Sangraha Viruddhanna Vijnaneeya While describing Rutu Vyapanna Chikitsa, Daiva Vyapashraya is explained, as per commentator which includes Bali, Upahara, Mani & Mantra etc Brahmacarya etc. Also acharya explains Daiva and Purusha Karma are decides the

Ayu.In case of Akala mrutyu due to Vasuki, Mantra chikitsa is useful. To prevent Death in Person with Arista Lakshana In Viparita Aviparita Vrana Vijnaneeya Adhyaya daiva vyapashraya chikitsa is explained.

In Shishyopanayana vidhi Mantra is explained along with Homa, Acharya Ganghadhara explains Om bhuhu Svaha, Om Bhuvaha Svaha, Om svaha Svaha e avruti is explained. In Rigveda 24 th suktha In Atharva veda Rakshogna suktha –  $28^{th}$  suktha  $1^{st}$  khanda, Suktha of protecting Sarpa -  $56^{th}$  suktha of  $6^{th}$  khanda, Medhajanana Suktha-  $108^{th}$  suktha of  $6^{th}$  Khanda, Deerghayu Suktha –  $2^{nd}$  Suktha of  $8^{th}$  Mandala and Sarpavisha Durikarana Sukta of  $10^{th}$  mandala are mentioned.

However these suktha are not same as explained by Acharya Ganghadhara. Similarly in Sushruta Samhita Achrya Dalhana comments सप्रणवाभिः सोङ्काराभिःmantra prayoga is mentioned. However for the Shudra Ayurveda Upadesha Can be given with out providing Mantra Upadesha.

To increase Medha in Rigveda 18<sup>th</sup> Suktha 6<sup>th</sup> ruk is sadasspati Ruk, Sadasaspati – refers to adhipati for sadas or sabha refers to agni. In this sukta 6<sup>th</sup> to 9<sup>th</sup> ruk related to the sadasaspati. Sadaspaticonsidered to be devata of Medha shakti, to attain the same this suk can be chanted and also useful for the Homa. This ruk is also useful during gruhya karma like vivaha for anupravacaneeya caru homa as mentioned by Ashvalayana gruhya sutra.

1<sup>st</sup> Mandala 23<sup>RD</sup> Sukta 6<sup>th</sup> sukta of 5<sup>th</sup> Anuvaka. It consists 24 ruk. Here Vayu, Indra, Varuna, Mitra, Marut, Pusha and Apa are the devata. Rush is Medhatithi kanva. 114<sup>th</sup> Suktha helps to achieve vidya, wealth, offspring. In 8<sup>th</sup> mandala, 100<sup>th</sup> Suktha 1<sup>st</sup> two ruk chanting during Gouri pooja makes samskara of vak and prevents asat vani dosha

In Atharva veda 1<sup>st</sup> khanda 1<sup>st</sup> Medha Sukta helpful for achieving Jnana, increase memory, grasping capabilities, power of intuition, and overall intelligence. Hence this sukta is beneficial for the students who study Veda and this also provides the knowledge of sapta padartha. Also it can be chanted during Pushpabhisheka for the King. This sukta recitation by the devout, this can inculcate even in their new-borns supreme intellectual abilities.

5<sup>th</sup> Khanda Khanda 53<sup>rd</sup> Suktha Sarvato Rakshana Suktha is considered as Remedy for Boils, Medhajanana, during Godhana ceramoney and Upanayana Ceremony, 108<sup>th</sup> medha janana suktha

In Garbhadhana Samskara, "अहिरसि आयुरसि सर्वतः etc Mantra is explained. For the Putrakamesthi Yagna, ततस्तस्या आशासानाया ऋत्विक प्रजापतिमभिनिर्दिश्य योनौ ... is mentioned.

Archana with Vishnu Yonim Mantra is mentioned. Here Mantra puta Ajya is explained. Vishnu yoni mantra is explained as Isti Sadhika mantra as per Acharya Chakrapani. In Rigveda 10<sup>th</sup> Mandala 164 Sukta, 1<sup>st</sup> Ruk विष्णुर्योनिं कल्पयतु त्वष्टां रूपाणि पिंशतु --Sukta prayed Prajapati Sinivali, Saraswati and Aswins for nourishing and Sustaining the embryo bring it forth in the 10<sup>th</sup> month. Hence this Sukta is useful for sustaining the same.

In Atharva Veda 5<sup>th</sup> Khanda 25<sup>th</sup> Suktha Garbhadhana Sukta useful in Pumsavana. 7<sup>th</sup> Khanda 18<sup>th</sup> Suktha Dhata Prartana Sukta is mentioned helps in ceremony related to women for achieving male child and for Sarva Karma. 6<sup>th</sup> Mandala 11<sup>th</sup> Suktha – Pumsavana Suktha Pathana while preparing medicine by Phsician/Preiest shami and Ashwath applied to women. 22<sup>nd</sup> Truteeya Naka Sukta useful in Offering for Offspring. 6<sup>th</sup> Mandala 81<sup>st</sup> Ayushya Suktha is useful. For Successful Pregnancy with Manidharana. For Conception of male conception. In Atharva Veda 8<sup>th</sup> Khanda 7<sup>th</sup> Oshadhisamuha Suktha describes 10 Types Of Tree – Against All Disease, While Offering Food During Pumsavana, During Sutramani

In 10<sup>th</sup> Mandala 108<sup>th</sup> Suktha for offering in Santana Puja of Ashvini and bali during sandyakala attains ayushmanta varchasvi putra. In 1<sup>st</sup> mandala 104<sup>th</sup> Suktha Chanting Protects child in womb, destroys papa. &th Mandala 46<sup>th</sup> Suktha Pathana protects our progenyagainst diseases.

In Atharva Veda 8<sup>th</sup> Khanda 1<sup>st</sup> suktha Garbha Dosha Nivarana Suktha useful During Seemanta At 8<sup>th</sup> Month, Tying White and Yellow Sarshapa – Neck To Navl

1<sup>st</sup> Mandala 104<sup>th</sup> Suktha Protects child in womb, destroys papa, 1<sup>st</sup> Mandala 4<sup>th</sup> Suktha chanting makes happy provides wealth, putra sampat, etc shresta vara. 9th ruk chanted To attain pashu, Putra, Dhana etc wealth the power ful person in Yuddha . 1<sup>st</sup> mandala 114<sup>th</sup> Suktha chanting helps to get child with vidya, wealth, offspring. 1<sup>st</sup> Mandala 1<sup>st</sup> Suktha Pathana with Agni Sthapana get veera putra 141<sup>st</sup> Suktha usefulfor getting obedient and energetic son the receptacle learning and other merits.

2<sup>nd</sup> Mandala32<sup>nd</sup> Shukla Paksha Shashti, Homa with Ajya & Ksheeranna, consuming remaining food attains good offspring. 5<sup>th</sup> Mandala 46<sup>th</sup> Suktha requesting wives of the gods, for the protection of vigorous offspring and aboundent food. 6<sup>th</sup> Mandala 3<sup>rd</sup> Suktha Chanting daily and conducting Aajya Homa, person get Rupavati, Dharmistha santati. 7<sup>th</sup> Mandala 1<sup>st</sup> Suktha is useful for Ajya Japa to attain Putra, Ayu, Arogya and Sukha. 8<sup>th</sup> Mandala 12<sup>th</sup> Suktha Pathana of above ruk and sparshana with nabhi – Ayu vruddi for pati and increases 100 children. 8<sup>th</sup>

Mandala 71<sup>st</sup> Suktha Chanting of this ruk to pray god Surya achieves shatrujaya and Santati labh

To get healthy conception 'क्षितिर्जलं वियत्तेजो वायुर्विष्णुः 🕲 प्रजापितः.. mantra is mentioned to initiate Prasava without any difficulty. According to Astanga Sangraha To treat obstructed labour गच्छ सुभगे! स्वस्थानम्' इति मन्त्रं पदेनैव तां योनिं ब्रूयात्। Mantra Pathana should be done

In Atharva Veda 3<sup>rd</sup> Khanda 23<sup>rd</sup> Vira Prasuti Sukta useful for achieving male offspring with breaking an arrow over the mothers head

In Charaka Samhita Shaareera Sthana 8/20 ऐन्द्री ब्राह्मी शतवीर्या सहस्रवीर्याऽमोघाऽव्यथा etc शिरसा दक्षिणेन वा पाणिना धारणं is mentioned. 1<sup>st</sup> mandala 101<sup>st</sup> Suktha chanting helps for easy Prasava. 5<sup>th</sup> Mandala 78<sup>th</sup> Suktha condidered as shree suktha-sukha prasava of garbhini and for preventing shatru In Sushruta Samhita to treat Mudagarbha 'इहामृतं च सोमश्च चित्रभानुश्च भामिनि । उच्चैःश्रवाश्च तुरगो मन्दिरे-----Mantra should be chanted During garbha Nirharana, if fetus is live but difficult to extract. In Atharva Veda 1<sup>st</sup> khanda 11<sup>th</sup> suktha Nari Sukha Prasuti Sukta useful for safe delivery

However 162 Sukta of Rugveda ब्रह्मणानिः संविदानो रंक्षोहा बांधतामितः etc suktha pathana is useful for preventing Garbhasrava. When a lady confirms pregnancy to prevent abortion, Homa should be carried out with Ajya and remaining Ajya should be consumed orally and applied externally by lady, this helps for live birth. Also along with Homa mani should be kept and should be tied to head of the lady with three thread along with Ashwatta tender fruits after reciting 10 Gayatri japa and Svasti vachana by Brahmana. This process should be done during 3<sup>rd</sup> month of pregnancy, which provides male child.

The child born should be smeared with ajya and with in one year Japa Homa should be counducted

In this sukta Agni is prayed considering him as destroyer of the rakshasa and destroyes the evil spirit causing the sickness durnaman. Also in this sukta specifies that the evil spirit can destroy the impregnating energy the germ as it settles the moving embryo who seeks to destroys the babe when born and effects the seed during the conception.

In Atharvaveda 17<sup>TH</sup> SUKTA – GARBHAT BHRUHMANA SUKTA of 6<sup>th</sup> khanda यथेयं पृंथिवी मही भूतानां गर्भमाद्रधे।एवा तें ध्रियतां गर्भों अनु सूतुं सर्वितवे ॥१॥ useful against abortion. युन्तासि यच्छंसे हस्तावप रक्षांसि सेधिस ।प्रजां धनं च गृह्णानः परिहस्तो ......81 suktha of 6<sup>th</sup> khanda Chanting of this SukthSa is useful for successful pregnancy with Manidharana. For conception of Male conception also chanting of this mantra is useful. In pumsavana karma while explaining 164 suktha of 1<sup>th</sup> mandala of Rigveda Also along with Homa mani should be kept and should be tied to head of the lady with three thread along with Ashwatta tender fruits after reciting 10 Gayatri japa and Svasti vachana by Brahmana. This process should be done during 3<sup>rd</sup> month of pregnancy, which provides male child

In Sushruta Samhita, in Shareera Sthana 10<sup>th</sup> Chapter during jathakarma Mantraputa Madusarpi administration to Garbhini is explained. In Astanga Sangraha Balopacharaneeya Adhyaya अङ्गादङ्गत्सम्भवसि हृदयादभिजायसे। आत्मा वै पुत्रनामासि स जीव शरदां शतम्। mantra pathana should be done. In Sutikaghara morning and night bali should be done. Every 10<sup>th</sup> day after delivery raksha vidhana is explained, specially on 60<sup>th</sup> night raksha bali kriya should be adopted

In Upaveshana Samskara हे धरणि! अशेषाणां भूतानां त्वमसि कामधुङ्गाता---- Mantra pathana should be done, Bala Graha Pratisheda. स्वस्ति ते भगवान् ब्रह्मा स्वस्ति नारदपर्वतौ। स्वस्ति वेदाश्च यज्ञाश्च---- mantra is useful for protecting child from all the graham and to achive Deerghayu. अपूपपूपसंयावस्वस्तिकालोपिकादयः। पायसो मिश्रकः etc bali should be offered to protect child. 2<sup>nd</sup> Mandala 28<sup>th and 29th</sup> Suktha Sukta Deerghayu Prapti Sukta -includes under Ayushya Gana, useful in Cuda Karma and Godana

1st Mandala 1st Suktha, 23rd Suktha, 25th SUKTHA AND 115TH Suktha, 5th Mandala 24th Suktha ,6th Mandala 47th Suktha, 7th Mandala 32nd and 66th Suktha are useful to achieve Longlife. 1st Mandala 97th Suktha Reduces Vidvesha, increases Oja, Ayu and destroys Shatru. 1st Mandala 112nd Suktha chanting provides Yuva avasta and deergayu, destroys papa. 10th Mandala 58th suktha keeping hand over head - chanted-protect the ayu. While doing Gruta lepa chanting 10th Mandala 121st Suktha pathana increases Ayu. In Atharva Veda 2nd Khanda 13th Suktha pathana For the welfare and long life of an infant while wearing new cloths etc 3rd Khanda 11th Suktha Deerghayu Prapti Sukta Included in Takma Nashana Ghana Useful in General healing ceramoney and acheliving long life. 5th Khanda 28th to 30th Suktha Deerghayu Sukta useful for attaining long life

6<sup>th</sup> MKhanda 41<sup>st</sup> Suktha is useful in mahavrihi rice is made to eat by Youth and useful in Godana 52th Suktha Ajya Homa, which improves Ayu. 6<sup>th</sup> Khanda 110<sup>th</sup> Suktha is useful against Child Birth Against Unlucky Time 10<sup>th</sup> Khanda 14<sup>th</sup> Suktha doing Astami/chaturdashipuja of yama- homa, Deerghayu. In Atharva Veda 8<sup>th</sup> Khsnda 2<sup>nd</sup> Suktha useful in Namakarana Samskara, Nishkramana Samskara, Nava Vastra Dharana, And In Chuda Karma To Child. 8<sup>th</sup> Khanda 1<sup>st</sup> Suktha is useful During Upanayana Ceramoney by Touching naval this sukta should be chanted

19<sup>th</sup> Khanda 61<sup>st</sup> SUKTHA – Purnayu Suktha and 63<sup>rd</sup> Suktha Ayu Vardhana Suktha for long life prosperity and final happiness in heaven. 64<sup>th</sup> Suktha Deerghayu Suktha A prayer to Agni for children, long life, and various blessings 67<sup>th</sup> Suktha Deerghayu Suktha and 70<sup>th</sup> Suktha Purnayu Suktha A charm for long life

आयुर्दी अग्ने जरसं ब्रुणानो घृतप्रतीको घृतप्रष्टो अग्ने घृतं etc 13<sup>th</sup> deerghayu prapti sukta of 2<sup>nd</sup> Khanda of Atharva veda useful for the welfare and long life of an infant while wearing new cloths etc this sukta will be chanted.

Similarly 28<sup>TH</sup> Sukta Deerghayu Prapti Sukta of 1<sup>st</sup> khanda तुभ्यमेव जरीमन् वर्धतामयं मेममन्ये हिंसिषु शतं ये मातेव----included under Ayushya Gana, useful in Cuda Karma and Godana 29<sup>th</sup> Sukta – Deerghayushya Sukta

पार्थीवस्य रसे देवा भगस्य तन्वो बले आयुष्ममस्मा अग्निः सूर्यो वर्च आधाद् बृहस्पतिः। आयुरस्मै धेहि जात वेदः प्रजा तव्ष्तरिधनिधेह्यस्मै रायस्पोषं सवितार सुवस्मै शतं जीवित शरदस्त्वायं |useful in Cuda karma and Godhana 8<sup>th</sup> Kanda 2<sup>nd</sup> suktha Deerghayu Prapti Sukta. आ रंभस्वेमाम्मृतंस्य श्रुष्ट्रिमच्छिंद्यमाना जरदंष्टिरस्त् ते ।अस्ं----used on the first feeding of the child (with rice and barley.

# RELATED TO HEALTH OTHER SUKTHAS MENTIONED IN RIGVEDA

8<sup>th</sup> Mandala 24 ruks are useful in Ashwini Mantra to increase Bala and Dana. In Atharvaveda 17<sup>th</sup> Sukta – Bala Prapti Sukta is also included under Ayushya Gana. 2<sup>nd</sup> Mandala 12<sup>th</sup> Suktha Pathana 1 Day achive wealth, 2 days special siddi, 3 day Health, 4 days more food, 5 day – Brahma Varcas, 6 day – Ayu, 7 day – achive offspring, 8 days – Pusti. 23<sup>rd</sup> Suktha Japa – Attains sarva Sukha and Sarva Kama Siddhi. 3<sup>rd</sup> mandala 62<sup>nd</sup> Suktha provides all benefits. 5<sup>th</sup> mandala 38<sup>th</sup> Suktha useful to pray the God indra and helps to achieves mahat sukha. 6<sup>th</sup> Mandala Chanting of 69<sup>th</sup> sukta helps to achieve all the desire. Chanting of 74<sup>th</sup> Suktha removes all the Papa, Abhishapa and kukarma person attains shuddi. 10<sup>th</sup> Mandala 97<sup>th</sup> Suktha

Pathana Using this Mantra Charu homa if done daily for 6 Months prevents diseases. Also Prevents shatrukruta oshadi prayoga effect if pathana done for 7 nights pathana.

In Rigveda 8<sup>th</sup> Mandala 101<sup>st</sup> Sukta बण्महाँ अंसि सूर्य बळांदित्य महाँ अंसि Japa along with seeing surya prevents asatya dosha. 1<sup>st</sup> Mandala 42<sup>nd</sup> Suktha to prevent the effect of Agantu karana during Dura Desha Gamana

In Rigveda 1<sup>st</sup> Mandala 99<sup>th</sup> and 120<sup>th</sup> Suktha, 2<sup>nd</sup> Mandala 27<sup>th</sup> Suktha Prevents dusvapna, 101<sup>st</sup> Suktha Japa for 3 nights Prevents dusvapna, homa cures all the disease, 7<sup>th</sup> Mandala 55<sup>th</sup> Suktha pathana Prevents bhuta bhade, dusvapna. In Atharva Veda 4<sup>th</sup> Khanda, 17<sup>th</sup> & 18<sup>th</sup> sukta and 7<sup>th</sup> khanda 100, 101, 106 and 108 sukta duswapna nashana sukta included under duswapna nashana gana

1<sup>st</sup> Mandala 84<sup>th</sup> Suktha helps to perform Svasthyayana. In Rigveda 10<sup>th</sup> Mandala 18<sup>th</sup> Suktha chanting of 1st rukt for one year at Night, consuming little food one can clear all the mrutyu In Atharva Veda 6<sup>th</sup> Khanda 13<sup>th</sup> Mrutyunjaya Sukta is useful for Svasthyayana, 43rs Mrutyu Shamana Sukta Pathana Gives Sukha Mrutyu 8th Khanda 10<sup>th</sup> Sukta – Virat Sukta Useful In Mrityunjaya Homa

As per Rigvidhana Gayitri Candayukta pavamana sukta – japa and Doing in jale nimajya – get ride of sarva papa. Japa by jitendriya-adyayana – achieve ayu, balayasha. In 6<sup>th</sup> khanda 62<sup>ND</sup> SUKTA – PAVAMANA SUKTA here Agni is prayed and useful in Pavamana Homa. In 6<sup>th</sup> Khanda 19<sup>th</sup> पुनन्तुं मा देवजुनाः पुनन्तु मनंवो ध्या।पुनन्तु Pavamana Suktha purification of body was expected from god-folk, Manu, Dhi , Chanting of this suktha helps to achieve Good fortune. Similarly in the same khanda 23<sup>rd</sup> SUKTA – Apam Bheshaja Sukta सुसुषीस्तद्वपसो दिवा नक्तं च सुसुषीः is useful in Pavamana Homa

 $1^{st}$  mandala  $34^{th}$  Suktha Aswin is prayed thrice to grant us the medicaments of heaven , in  $43^{rd}$  Suktha worshiping of Rudra for obtaining medicine  $10^{th}$  Mandala  $137^{th}$  Suktha chanted to for prevention of roga.  $1^{st}$  Mandala  $23^{rd}$  Suktha and  $98^{th}$  Suktha varuna and Mitra for protection of Ahara Dhanya, place of residence, fear from the enemy.

4<sup>th</sup> Mandala 40<sup>th</sup> suktha 5<sup>th</sup> ruk japa seeing surya Attains bhrahma loka.10<sup>th</sup> Mandala 63<sup>rd</sup> Suktha is useful in achieving the Svarga and Svasthya. Atharva veda 5<sup>th</sup> Khanda 47<sup>th</sup> Suktha Agni, Marut, Indraares prayed for long-lived, provided with draughts and Moksha.

## ATHURA - TO TREAT THE DISEASE.

In general to treat Disease In Rigveda 1<sup>st</sup> Mandala, 35<sup>th</sup> suktha chanting clearing the diseases, 50<sup>th</sup> Suktha chanting, Get ride from disease, 101<sup>st</sup> SukthaJapa for 3 nightsPrevents du Svapna, homa cures all the disease, 181<sup>st</sup> Suktha Chanting during Bhojana Kala attains good food, dose not get any disease due to food, even poison converts into food. Food consumed without speaking, clean, shanta mana dose not get any disease. 2<sup>nd</sup> Mandala 33<sup>rd</sup> Suktha if Person suffuring withSever Disease on Krishna Paksha Caturdashi, doing Ajya and Havi Homa, worshiping Rudra and consuming remaining food with in one mont get releaved from diseases and death. 5<sup>th</sup> Mandala 18<sup>th</sup> Suktha Pathana by diseased person cures disease. 7<sup>th</sup> Mandala 51<sup>st</sup> Suktha pathana at morning time useful for shatru nasha and roga nasha

As a Part of Rasayana Chiktsa, Processing of oushadha with Mantra are explained. While administering the Kevala Amalaka rasayana, take Amalaki after meditating on the Savitri mantra (Gayatri mantra), which helps to regain youthfulness and lives a thousand years longer than the fruits consumed. In Sushruta Samhita In Sarvopaghata Shamaneeya Adhyaya, before Vidhanga Prayoga, 1000 times recitation of Rugveda mantra are explained. Here Acharya gejjata, shabda considered as Yajna Sravanam According to Gayadasa here Atharvaveda should be followed

त्रिपदा गायत्र्या वा प्राक्तनकर्मक्षयार्थं विघ्नशान्त्यर्थमभिमताशीःप्राप्त्यर्थं वा सहस्राभिहुतं कृत्वा प्रयुज्यन्ते here tripada Gayitri or to reduce praktana and for Vighna Shanti 1000 times Ahuti should be done.

In Rigveda 62<sup>ND</sup> SUKTA Gayithri mantra is explained. Tat Savituhu Varenyam became popular as Gayatri. This ruk is mentioned in all the three Veda. In Sama Veda – 1462, in Shukla Yajurveda- 3-35, 22-9, 30-2, 26-3, Krishna Yajurveda – 1-5-6-4, 4-1-11-1. According to the rigvidana, 1000 time Japa of Gayitri Mantra provides Ayu, Arogya and Ishwarya quickly, Doing Snana with Sahasra gayatri with Jalasparsha destroys Papa and Vyadhi, Drinking only milk and doing laksha gayatri Japa overcome mrutyu. Similary doing laksha gayatri japa with only drinking ghee becomes Mahamedhavi and Jnani. Doing Grutakta Tila Homa with Gayitri Mantra Fulfills all the desire, achieve moksha, Doing Homa with Yava and Ghee with 1 lakha Gayitri Mantra Japa achieves all the desires. Conducting Homa with Ghee with 1 lakh japa Achieves all the desire, Home with rakta karaveera and doing Gayiti Japa Induces Jvara to Shatru. Conducting Rakta Shali with Gruta Homa with Gayatri Mantra Japa Achieves strength, Panchagavya with Madhu – Homa leads to Pratyanayana. Grutakta Bilva Homa and doing Laksha Gayatri Japa Removes Bhrahma Hatya Dosha. Doing 25 laksha gayatri japa Consuming milk, curd, ghee makes Shareera Shuddhi and Niroga Avasta. Conducting100 days doing

Gayatri Japa standing in water with consuming Pancagavya/vayu/Anna removes all the papa. Gayithri japa Remove the papa due to Go, Pitru, matru, Bhrahma, Guru – disrespect Papa due to stealing gold and consuming alcohol. Conducting Gayatri Japa and Doing yagna which should not, kukarma dosha and dosha due to mahadana

In Su Chi 30/28 while administering Soma Prayoga महेन्द्ररामकृष्णानां ब्राह्मणानां ---- Mantra Prayoga is specified. In Rigveda the ninth mandla is useful for the soma ceremonies. According to Acharya Sayana, 1st sukta of 1st Mandala can be chanted previous night of Soma Yaga, till Usha Kala for praying Agni, Ushas, Ashvini devata using Gayitri etc 7 chandus. 2nd Suktha of 1st Mandala is useful for Agni Stoma Yaga, Soma is offered for Agni. This sukta pathana will be done during extaraction of Soma rasa. If Soma rasa extracted morning then named as Pratassavana, noon – madyandina and evening as truteeya savanna – during this time 12 stotra and 12 shastramantra pathana should be done. 1st Ruk of 2nd Mandala tell about the Soma Stuti, even in 9th Mandala application of Soma Stuti is present. Here soma is a creeper after collecting it should be crushed with Adri, Grava or Ullukala, the rasa should be extaracted. It possesses Babru Varna/Arusha varna/ Haridra Varrna/ Shona Varna/ and Madhura Gandhi. If store for long period attains Amla or Durganda induces Vamana. In Rasayana Adyaya, Soma considered as creeper which is balack in colour without leaf. Juice of it looks like ksheera, commonly consumed by Ajadi animals.

7<sup>th</sup> Ruk to 9<sup>th</sup> Ruk of 3<sup>rd</sup> Sukta are vaishvadeva ruca useful for abhijit savanna and during chaturmasa soma sevana.

Kalpas are one among the Shad Vedangas. Shrautasutras of the Kalpa Vedanga deal with the rules for the execution of the great yajnas based on the Veda mantras. All the four Vedas have their Shrautasutras. Shrauta Yajnas are performed in the shrauta-agnis which consist of three fires called as Tretagni (Garhapatya, Ahvaniya and Dakshinagni). Different sutras mention different shrauta yajnas.

In the Shabdakalpadrum the following Shrauta Yajnas are summarized as given in the table below.

तत्र श्रौताग्निकृत्य- हिवर्यज्ञाः सप्त । यथा । आग्न्याधानं तदेवाग्निहोत्रम् १ दर्शपौर्णमासौ २ पिण्डिपतृ-यज्ञः ३ आग्नयणम् ४ चातुम्मिस्यः ५ निरूढ-पशुबन्धः ६ सौत्रामिणः ७ ।श्रौताग्निसप्तसंस्थाः । यथा । सोमयागः स एवाग्निष्टोमः १ अत्यग्निष्टोमः २ उक्थ्यः ३ षोडशी ४ वाजपेयः ५ स द्विविधः संस्था कुरुश्च । अतिरात्रः ६ अप्तूर्य्यामः ७ ।

Meaning: Shrauta Yajnas are 14 in number. They are divided into two main groups: Haviryajnas and Somayajnas.

Table No 121

Shrauta Yajnas				
Haviryajnas	Somayajnas			
अग्निहोत्रम् ॥ Agnihotra	अग्निष्टोम ॥ Agnistoma			
दर्शपूर्णमासेष्टिः ॥ Darsapurnamasa	अत्यग्निष्टोम ॥ Atyagnistoma			
आग्रयणम् ॥ Agrayana	उक्य ॥ Ukthya			
पिण्डपितृयज्ञ ॥ Pindapitryajna	षोडशी ॥ Sodashi			
चातुर्मास्य ॥ Chaturmasya	वाजपेय ॥ Vajapeya			
निरूढपशुबन्ध ॥ Nirudha Pashubandha	अतिरात्र ॥ Atiratra			
सौत्रामणी ॥ Sautramani	आप्तोर्याम ॥ Aptoryam			

The Agnihotra is the most common of these yajnas, in which daily havis of milk is offered in the three fires every morning and evening. Apart from Agnihotra, Darsapurnamasa and Chaturmasya are important Hindu rituals that are still practised in a few places today.

In Atharva Veda, in 5<sup>th</sup> khanda 49<sup>th</sup> sukta – etonashana sukta and 51<sup>st</sup> suktha for various blessings is useful against disorders arising from soma drinking, 96<sup>th</sup> Suktha soma is explained as king of medicine treats distress. Chanting of this suktha treats dropsy. 6<sup>th</sup> Khanda Kehsvardhini Oushadi Sukta, Soma Is Prayed For Protecting The hair.

In Charaka Samhita 4<sup>th</sup> सोमो नामौषधिराजः पञ्चदशपर्वा स सोम इव हीयते वर्धते च। Soma is considered as King of Medicine, leaves of this plant increases one by one 15 days and fall of in 15 days.

By observing this the sukthas explained in Rigveda can be chanted during Preparation of Soma and Soma Yagna. In Atharva Veda Suktha explained are related to intake of Soma and its complication.

Tuvaraka taila should be administered to the patients of Prameha after reciting the Mantra. Here Mantra specified are Similarly Ayushkama Rasayana Prayoga Su Chi 28/13 should be done along with the mantra. श्रीसूक्तमथर्ववेदोक्तं "हिरण्यवर्णां हरिणीं सुवर्णरजतस्रजां" इत्यादिकम्। To get protect oushadhi and achieve required benefits one should chant the mantra starting from Mahendra etc.

हिरण्यवर्णां हरिणीं सुवर्णरजतस्रजाम् ।चन्द्रां हिरण्मयीं ....

This is found in Khilanis or appendices to the Rigveda, which is found in Bashkala Shaka. It is placed in the sixth sukta of 19th kanda of the Atharvaveda, it has sixteen stanzas similar to the Rgveda with some differences in the order of stanzas and with change in some words. Person who has desire of Shree Japa should be done daily, Pathana of this suktha helps to achieve all the desire, putra, poutra, dhanya Also helps to achieve Deerghayu. This is considered as Shree Suktha.

According to Astanga Sangraha ' आत्रेयमुनिगीतश्च मन्त्रोऽयं mantra is useful during Guggulu Prayoga. This Suktha also not present either in Rigveda or Atharva veda. In Nivrutta Santaapeeya rasayana Su Chi 30/28, To protect oushadhi and achieve required benefits one should chant the mantra starting from Mahendra etc.

## **VAJEEKARANA**

In Astanga Sangraha 50<sup>th</sup> Chapter, Vajeekarana Adhyaya, रुचिभेदेन लोकस्य –etc shloka describes regarding influence of daiva Rupa and Guna. In Rigveda 112<sup>th</sup> Suktha 1<sup>st</sup> Ruk, Ashwini prayed through shining Agni and from 5th ruk chanting of 3<sup>rd</sup> ruk onwards provides Yuva avasta and deergayu. When patharva rushi became krusha due to roga, which altered the natural colour of the body, Ashwini devata made him glow and strong like Ashwini Pathana of above sukta leads to Sarva Vruddi & destroys all sin In Atharva Veda 4<sup>th</sup> khanda 4<sup>th</sup> suktha vajeekarana suktha is useful for achieving sexual vigor, 5<sup>th</sup> khanda 72<sup>nd</sup> and 100<sup>th</sup> sukta considered as Vajeekarana Sukta chanted along with Mani dharana of Arka is Mentioned.

#### JVARA CHIKITSA

In Ayurved Jwara is explained under two category. i.e Nija and Agantuja. Nija Jwara causes due to Ahara Vihara resulting in dosha Vaishamya, which is treated with Ahara and Oushadha trough Shamana and Shodhana. Agantu Jwara manifested due to Abhighata, Abhicara, Abhishapa and Abhishanga jwara there is need of Daiva Vyapashraya Chikitsa. In Abhighataja Jwara manifest due to abhighata and vitiated Vayu and dustha raktha. Jwara Asrava Bheshaja suktha of Atharva Veda is useful, which is useful to treat wound, bleeding and Jwara. Abhicara jwara due to Atharva vidhi prayoga, which can be treated by the suktha explained in Atharva veda. Abhishapa already described above, Abhishapa jwara manifest due to bhuta abhishangha, mano vaishamya- due to raja and tamoguna, Visha. Hence in abhishangaja jwara bhutabhishanga and rakshoghna suktha may be useful. Agantu unmada hara suktha are useful in Mana related Abhishanga Jwara. Jwara due to Visha Visha hara suktha are beneficial.

Hence all above Agantu Jwara Daiva Vyapashraya Chikitsa are useful. Also as per acharya all the Nija Jwara can have association Agantu karana. In Jwara Chikitsa Recitation of the Vishnu sahasra nama explained under Vishama Jwara, however this is useful in treating all types of jwara. It contains 1000 Vishnu names, appears in the Mahabharata's Anushasana Parva. Other versions can be found in the Padma Purana, the Skanda Purana, and the Garuda Purana.

As per the Phalashruti, the recitation of the Sahasranama provides unwavering mental serenity, reduces stress and provides the eternal wisdom. Unpleasant or inauspicious will be prevented if daily hears or repeats these names. If the person recites Vishnusahasra nama removes fear, provides courage and vitality, and removes disease. Formal beauty, physical and mental strength, and noble conduct will come naturally to the person who recites Vishnu Sahasra Nama. Peace of mind, patience, prosperity, mental stability, memory, and reputation are all gained by reading this hymn every day with dedication and care.

In Sushruta samhita Uttara Tantra 39<sup>th</sup> Bhutabhishanga Jvara and Chikitsa, the fever which manifests due to bhutabhishanga should be treated with Bhandana with Mantra, Sarshapadi Tadana, Pujana – Bali Upahara etc as mentioned under Bhutavidya. Also Abhishapaja Jvara can be treated with Homa etc, if produce by bad effects of Utpata and Graha through dana, svasthyayana, etc. In Astanga Sangraha Jeerna Jwara Chikitsa Adhyaya Daiva Vyapashraya chikitsa explained in Atharva Veda is useful in Abhishapaja Jwara

In Atharva veda 1<sup>st</sup> Khanda25tth Suktha explained for Jwaranashaka suktha, in connection with heating an ax and dipping it in hot water to make a lotion; and reckoned Present in takma nashana ghana. In 2<sup>nd</sup> Khanda 3<sup>rd</sup> sukta, aasrava bheshaja sukta is useful for treating the jwara. In 9<sup>th</sup> suktha deerghayu prapti suktha ten trees are mention which are useful to protect demon, and seizure, While tying Mani for achieving long life, included under Takma Nasha Gana. 3<sup>rd</sup> khanda 7<sup>th</sup> suktha and 11<sup>th</sup> Suktha included in Takmanashaka Ghana useful forhealing ceremony. How ever its text does not specify the disease.

5th Khanda 4<sup>th</sup> Suktha plant Kushtha is mentioned, to treat Takman, i.e fever and 9<sup>th</sup> suktha for remedial cremoney included in Takma Nashana Gana . 22<sup>nd</sup> kuktha is useful to pray to Agni to take away the fever. 6<sup>th</sup> Khanda 20<sup>th</sup> Suktha Yakshma Nashana Suktha mentioned in Takmanashana Gana, remedial for fever. 26<sup>th</sup> Papanashana Suktha useful in healing against all the diseases, included in Takma Nashana Ghana

Also in 7<sup>th</sup> Khanda 116<sup>th</sup> Suktha useful to treat Jwara. Gatoshneesha Mantra japa should be done to treat Agantu Dosha, Sahaja Roga and also useful to treat all the Vyadhi.

By the observation of above references there are description about Suktha for treating Jwara. Few Suktha explained above are included are in Takmanashana Gana. Here Takma Nashaka Ghana are used for general healing ceremony, treating disease in general, fever and Yakshma.

However treatment of bhuta, rakshasa etc is explained separately.

In Abhicara jwara In Rigveda - 3 vrutta suvarna mani – abhisheka – dharana shira or kantha or ura prevents abhicara krutya (627-28). In Atharva veda 17<sup>th</sup> and 18<sup>th</sup> suktha of 4<sup>th</sup> khanda is useful for praying for drug Apamargha to aquire Sahasra Veerya, which is remedy for witchcraft. 5<sup>th</sup> Khanda 8<sup>th</sup> Suktha shatrunashana suktha is useful Abhicara. 13<sup>th</sup> Sarpavisha nashana suktha useful in healing poisonsous wound to prevent witchcraft rite, In 10<sup>th</sup> khanda,1<sup>st</sup> kuktha Krutya Dushana Sukta chanting is useful to get ride of witch Craft. 2<sup>nd</sup> Khanda of Atharva Veda 11<sup>th</sup> Suktha pathana with Mani dharana is useful to treat Black magic.

In Rigveda सोमांरुद्रा धारयेंथामसुर्यं---74th suktha of 6th Mandala helps to remove all the papa, 35th Suktha of 10th Mandala अबुंध्रमु त्य इन्द्रंवन्तो अग्नयो nithya japa removes all the papa, however in Asthanga Sangraha jeerna jwara chikitsa Adhyaya, atharva veda mantra are specified for treating the abhishapaja jwara.

#### **UNMADA CHIKITSA**

Agantuja unmada chikitsa Daiva vyapashraya is explained. Nidana for the unmada Acharya has explained Abhigarshana of Deva, Rushi, Gandarva, Pishaca, Yaksha, Raksha, Pitru etc Abhiharshana (Aavesha), not following the Nityakarma and Purva Janma Kruta Mithya Karma. For the bhuta Avesha 3 karana are explained, i.e Rati/kama, Archana and Himasa. Among these three Himsa is considered as Asadhya. Abhipraya in Rati and Achara in Archana are to be considered before selecting the Daiva vyapashraya chikitsa bali, upahara, mantra, shanti karma, homa, japa, swastyayana, vedic rites and expiations, i.e. prayaschita, are beneficial. In Caraka Samhita while explaining the chikitsa, Yukthi and daiva vyaoashraya chikitsa are mentioned. Being Ishwara and gana of him is Deva ect adhipathi, nitya puja should be done. Also bali for for devatha, Prashastha oushadhi & Agadha dharana. In Astanga Sangraha To treat unmada shree panchakshara mantra is mentioned, In Bhutanubanda Unmada bhuta nirdista oushadha is needed. For which bali of palala, yavaka saktu pindaka is mentioned. In Atharva Veda 6<sup>th</sup> Khanda 11<sup>th</sup> suktha is useful ganinest bhuta Unmada.

#### **APASMARA**

In Apasmara if extrinsic causative factors are involved, and presentation of symptoms also if indicates Agantu involvement the chikitsa explained in Agantu Unmada can be advised. In Acoomentory acharya chakrapani specifies that though apasmara can have presentation with Agantu karana, initially to manifest Vyadhi Dosha Anubandha is essential. However in Sushruta Samhita Acharya explains Apasmara being Mahavyadhi, manisfest due to involvement of Dosha itself. . In In Atharva Veda 6th khanda 113rd Suktha त्रिते देवा अंमजतैतदेनंस्त्रित एंनन्मनुष्येऽषु ममृजे ----chanting helps to release seizers.

## **ATISARA**

In Sushruta Samhita in Atisara chikitsa if it is due to Karmaja, then यागदानमन्त्रबल्युपहारदेवताराधनगुरुपूजनादिना should be followed. However to stimulate Agni Suktha are explained, also Papa Nashana Suktha are described. There is no specific suktha for the Karmaja Atisara Chikitsa.

#### **Kustha Chikitsa**

In Astanga Sangraha Kustha Chikitsa Here Visha lepa is commented as Mantra Yuktha Agada Lepa. In Rigveda 8<sup>th</sup> Mandala, 3rd Sukta, 13<sup>th</sup> Ruk कन्नव्यों अतुसीनां तुरो --- Chanting daily prevents charma and Asthi dosha. In 2<sup>nd</sup> Khanda 8<sup>th</sup> Sukta – Kshetreeya Roga Nashaka Sukta, useful in healing ceremony against Kulagata Kusta. In 5<sup>th</sup> Khanda 95 Suktha- kusthoushadhi nashana suktha, describing Ashwatha which is considered as seat of the gods useful for Kushtha. It is prayed for treating Kushtha. In 19th khanda 39<sup>th</sup> suktha describes about Kustha Nashana Suktha. In 1<sup>st</sup> Mandala 23<sup>rd</sup> And 24<sup>th</sup> Shveta Kustha Nashana Sukta useful for treating Shveta Kustha.

In Ayurveda according to Acharya Charaka, विप्रान् गुरून् धर्षयतां पापं कर्म च कुर्वताम्। Gharshana with Vipra and Guru, Papa Karma are mention as Nidana. Also Shveta Kustha will manifest due to Vachamsi tatya i.e Papakarma due to Vak and Manas, deve ninda, Purva kruta Papa karma.

As nidhana included under Adrustha Karana, Chikitsa will be of Daivavyapashraya. In gayadasa commentory on sushruta Samhita, kushtha chikitsa, along with ahara vihara, karma is karana for Kustha. Kustha which manifest due to karma even person dies it wont get cured. Only karma kshaya results into reduction of kustha.

In the kustha which get tranfer one to other manifest due to प्रसङ्गाद्वात्रसंस्पर्शा—etc. Here Prasanghat Acharya Gayadasa comments as पापकृतां प्रसङ्ग्नेन पापं सङ्क्रमति. Because of which chikitsa also कुष्ठानां द्विविधं चिकित्सितं युक्तिव्यपाश्रितं दैवव्यपाश्रितं च, दोषकर्मसम्भवत्वात् कुष्ठानाम् Daivavyapashraya and Yukthivyapashraya. In Rigveda 1<sup>st</sup> Mandala 104<sup>th</sup> Suktha is prayer for Indra for protecting offspring while yet in the womb. This is Mantra of Vishwa Devata pathana of the same Destroys all papa. 3<sup>rd</sup> Mandala 62<sup>nd</sup> Suktha 10<sup>th</sup> ruk Gayatrimantra reduces Papa Karma. 6<sup>th</sup> Mandala 74<sup>th</sup> Suktha Chanting of these Mantra removes all the Papa, Abhishapa and kukarma person attains shuddi. 8<sup>th</sup> Mandala 32<sup>nd</sup> Suktha Ruk 1<sup>st</sup> to 5<sup>th</sup> before bhojana helps to attain Sarva Kama and Removes all the Papa.

In Atharva Veda 6<sup>th</sup> khanda 26<sup>th</sup> Papanashana Suktha useful in healing against all the diseases, included in Takma Nashana Ghana. When Kustha reaches to the state of Asadhya. Krimi get manifested. These krimi effects tvak, mamsa, meda, raktha sira, snayu, tarunasthi and produces deformity.

 $2^{nd}$  Khanda named as Krimijambhana Sukta for treating worm in human and  $32^{nd}$  for treating krimi in cattle. $4^{th}$  khanda  $20^{th}$  suktha Pishacha Kshayana Sukta and  $37^{th}$  Sukta – Kriminashana Sukta against Krimi.  $5^{th}$  khanda  $23^{rd}$  suktha krimighna kustha God saraswati is prayed, chanting of the same useful against worms.

Hence Kustha can manifest due to Papa Karma or due to Dosha with the involvement of Krimi. In Atharva Veda also suktha related to above it is mentioned.

# **RAJAYAKSHMA CHIKITSA**

In Astanga Sangraha Daiva Vyapashraya chikitsa explained in Atharva Veda is useful. While describing Jvara nidana chakrapani commentary describe about Vigraha as Tripada Tri Shira Prani Vishesha, invasion of the same results into jwara.

In Rigveda 10<sup>th</sup> Mandala 163 Sukta, 1<sup>st</sup> Ruk, अक्षीभ्यां ते नासिकाभ्यां कर्णाभ्यां छुबुंकादधिं is useful for treating the Kshaya Roga and Ajya should be smeared to hand and head, ear, eyes, chin and nose should be touched daily

In Atharva Veda 1<sup>st</sup> Khanda 12<sup>th</sup> Suktha mentions about Yakshma Nashaka Suktha, It is present in Takmanashana Gana and Useful in healing ceremony against disease arising from hurtful changes of wind, bile, or phlegm), and against bad weather *durdina*.

In 2<sup>nd</sup> khanda 33<sup>rd</sup> sukta – Yakshma Nibarhana Sukta, included in Ayushya Ghana, useful for healing. 3<sup>rd</sup> khanda 7<sup>th</sup> Yakshma Nashaka Sukta is included in Takmanashaka Ghana useful

forhealing ceremony. How ever its text does not specify the disease, Similarly in the same khanda 11<sup>TH</sup> Deerghayu Prapti Sukta in this sukta lord Indra and Agni are prayed to release Yakshma. Useful in General healing ceremony and achieving long life. Included in Takma Nashana Ghana. 31<sup>st</sup> Sukta Yakshma Nashana Sukta in this sukta Agni is prayed to keep away from Yakshma, This sukta is useful for ceremony for long life

In 5<sup>th</sup> khanda 4<sup>th</sup> Sukta – Takma Nashana Sukta In this suktha, strongest of plants Kushtha, to treat Takman, i.e fever. This suktha is included under Takma Nashana Gana and Kustalingas, useful for healing Rajayakshma also. In 6<sup>th</sup> Khanda 20<sup>th</sup> Sukta – Yakshmanashana Sukta mentioned in Takmanashana Gana, remedial for fever, 85<sup>th</sup> and 91<sup>st</sup> Sukta – Yakshmanashana Sukta – with barly oushadha dharana, 127<sup>th</sup> Sukta – Yakshma Nashana Sukta should be chanted after Smeared by Palasha and varuna to head while treating Yakshma. In 7<sup>th</sup> khanda 80<sup>TH</sup> sukta – apachi jayanya sukta is useful for treating against Apachi and Rajayakshma. 9<sup>th</sup> Kanda 8<sup>th</sup> Sukta – yakshma nivarana sukta for remedial ceremony and 96<sup>th</sup> Suktha of 20<sup>th</sup> khanda concerned with Yakshma, Garbha Samsrava, Dusvapna.

Yakshma and Shosha are the two different terms used in this context. In nidana sthana shosha nidana and chikitsa sthana rajayakshma chikitsa are explained. In Shoshanidhana chatuvidhakarana resulting into shosha and opportunistic for invasion of Bhuta. Hence in rajayakshma chikitsa acharya states that when body possess सेहपरिक्षयात्। here Sneha refers to Sara of the Shareera. Sara in Ayurveda includes Shukra and Oja. During this stage क्रोधो निःश्वासरूपेण मूर्तिमान् निःसृतो मुखात्॥bhuta come out of the mukha from the infected person can invade. Here Nija Vyadhi turn to Agantu Avastha hence Daiva Vyapashraya can be condidered as chikitsa.

By observing the above references Takma Nashaka and Yakshama Nashaka Ghana used to treat in general disease, jwara and Rajayakshma. Acharya charaka consider क्रोधो यक्ष्मा ज्वरो रोग एकार्थी दुःखसञ्ज्ञक Yakshama and Jwara are synonym to each other.

तत्र व्याधिरामयो गद आतङ्को यक्ष्मा ज्वरो विकारो रोग इत्यनर्थान्तरम्॥५॥

In Nidana sthana 1<sup>st</sup> Chapter Yakshma and Jwara are synonym for the Vyadhhi. While comenting on this Acharya chakrapani states यक्ष्मशब्देन च राजयक्ष्मवदनेकरोगयुक्तत्वं विकाराणां दर्शयति yakshma is synonym for vyadhi, as it indicative about roga samuhatva. ज्वरशब्देन च देहमनःसन्तापकरत्वं jwara indicates santapa of Deha and Manas.

Hence when Vyadhi is effecting both shareera and manas like jwara, apasmara, unmada and manifest like syndrome i.e Rajayakshma, disease which manifest with the invasion of agantu karana daivayapashraya chikitsa are useful.

### VRANA CHIKITSA

Acharya charaka Vrana is two types based on hetu. Nija Vrana manigfests due to shareera dosha, Agantu manifests due to Agantu nidana. मन्त्रागदप्रलेपाद्यैभेषजैईत्भिश्च ते। In Agantuja Vrana Mantra is first measures. Once Agantu karana subsides Nija dosha of shareera should be In Sushruta Samhita dvivraneeya Adhyaya importance of Raksha Vidhana is explained. Day night there will be chance of microbial invasion of Micro organism. Hence Ayurvedavihita Rakshavidhana with Guggulu etc dhupana and essential.रक्षाविधानैरुद्दिष्टैरिति गुग्गुल्वादिधूपादिभिः, मन्त्रेश्चायुर्वेदविहितैः In Dvivraneeya Adhyaya, Rakshavidhana is exolained form in two 1.तन्त्रेण रक्षोघ्नगुग्गुल्वादिना धूपनेन लक्ष्मीगृहाद्योषधिधारणेन चेत्येतद्वतमग्रोपहरणीये व्रणितोपासनीये। As explained in Vranitopasaneeya and Agropaharaneeya Dhupana and medicine like Lakshmi etc dharana

2.मन्त्रेण च "कृत्यानां प्रतिषेधार्थं" (सू. ५) इत्यादिनाऽग्रोपहरणीये, Rakshavidhana through mantra as explained in Krutya Pratisheda. Here before Mantra Prayoga Jala Prokshana is should be done. In Atharva veda 1<sup>st</sup> Mandala 2<sup>nd</sup> suktha describes about Viajaya Suktha. In this suktha 5,6Ruk are commonly reffered as Sangramika Mantra to avoid wounds by arrows, also for the purpose of healing of wound as Upakrama and considered to belongs to Mahashanti by name Aparajita Ghana.

Japa in ranaranga of 29<sup>th</sup> ruk by doing sparsha og dundubi solders strength increases.

During Yudda – from this ruk next three ruk should be chanted for doing Abhimarshana of dundubi. In Atharva veda 6<sup>th</sup> Khanda 126st Suktha उपं श्वासय पृथिवीमृत द्यां पुंरुत्रा तें वन्वतां विष्ठितं जगंत्।स दुंन्द्रभे ---when drum is beaten and produce resound, its assigns strength to human . This suktha is useful in a battle rite, as the drums and other musical instruments of war, duly prepared, are sounded thrice and handed to those who are to play them In Astanga Sangraha Daiva or Anya Janma Kruta karma is cause for 20 yonivyapad.

In  $1^{st}$  Khanda  $17^{TH}$  Rudhira Srava Nivrurtna Dhamani Bandana Sukta is useful to stop the flow of blood as result of a knife wound and the like, and also of disordered menses. In  $2^{nd}$  Khanda  $3^{rd}$  Sukta – Aasrava Bheshaja Sukta

In 4<sup>th</sup> Khanda 12<sup>TH</sup> Sukta – Rohini Vanaspati Sukta mentions to heal serious wounds with an herb, prevents flow of blood from sword – boiled laksha water should be poured. 5<sup>th</sup> Sukta – Laksha Sukta of 5<sup>th</sup> khanda is useful for healing flesh wound, 13<sup>th</sup> Sarpavisha Nashana Sukta is useful to treat poisonous wound 109<sup>th</sup> Pippali Bhaishajya Sukta in 6<sup>th</sup> khanda Useful against wounds. In 19<sup>th</sup> khanda 2nf Apaha suktha , water its self is considered as healing entity of wound.

In veda Mantra explained for treating Vrana can be categorized into Sangramika Mantra and Dundubisvana playing which prevents wound during war, arrest bleeding in fresh wound, treat poisonous wound. Alsong with mantra laksha prayoga is specified to treat wound. In Apa suktha jala itself considered as medicine to treat wound. Also in general many mantra are mentioned for rakshoghna karma that also can be adopted to treat wound. These measures includes oushasha dharana also.

### **VISHA CHIKITSA**

The measures to reduce the effect of Visha are recitation of mantras and application of the Arishta – that is, tying an Oushadha recited with mantra or tying a bandage above the bite. Also It destroys the afflictions of bad spirits, poisons, germs, alaksmi, karmana, mantra, fire, thunderbolt, and foes when breathed, applied topically as an ointment, carried in the body as an amulet, smoked, or stored in the house. While administering Mahagandhahasti Agada, the treatment requires the chanting of Mantra.

मन्त्रैरित्यादौ अवमार्जनमिति विषस्य प्रतिलोमेन मार्जनं मन्त्रैरेव कार्यम्

Mantra should be used for Visha Marjana.

मन्त्रस्य विषहरेषु श्रेष्ठत्वादग्रेऽभिधानं; यदुक्तं "विषं तेजोमयैर्मन्त्रैः सत्यब्रह्मतपोमयैः। यथा निवार्यते क्षिप्रं प्र युक्तैर्न 🕙 तथौषधैः" (सु.क.अ.५) इति

Among the measures explained for Visha, Mantra is explained in the beginning

Mantra which is Tejo maya by the Satya, Brahma, Tapa, fast action of mantra is mentioned in the Sushruta Samhita, which is taken as example by Chakrapani. Arista is of two types, by Rajju and by the Mantra. .

यत्र च सन्निहितोऽयं न तत्र बालग्रहा न रक्-----हिलिमिलि सं स्पृष्टे रक्ष सर्वभेषजोत्तमे स्वाहा 🗓 ॥९४

To treat visha upadrava shvasa chikitsa is explained with above mantra. According to Astanga Sangraha During Ashlesha Nakshatra between cows shastra mantra rakshana is mentioned with above mantra written by Vishnu. In Astanga Sangraha in Visha Pratishedha Adhyaya By the

mantra oushadha bala Visha gets come down. In Mantra and Tantra Paka abhava is there.as after paka reduction of veerya occurs

By the teja of visha it is going effect fatly, all the purusha bheshaja is not capable of revliving the same. Mantra does not effect if adopted devoid of vrata by the physician, or svara, varna heena..

सिता वैगन्धिको द्राक्षा -----पानं समन्त्रपूताम्बु प्रोक्षणं सान्त्वहर्षणम्॥२२३Here Mantra puta jala prokshana need to be done. चर्मवृक्षकषायं वा कल्कं <sup>[3]</sup> वा कुशलो भिषक् |वादयेच्चागदैर्लिप्त्वा दुन्दुभींस्तस्य पार्श्वयोः ॥४६

Physician expert should smear charma with Kashaya or kalka, Agada and Vadana should be done to bring back consciousness.

अनेन दुन्दुभिं लिम्पेत् पताकां तोरणानि च श्रवणाद्दर्शनात् स्पर्शात् विषात् [3] सम्प्रतिमुच्यते ॥४ In Dundubhi svaneeya kalpa of Sushruta Samhita, application of Ksharaghada over Dundumbi, pataka, torana – listening of sound when drum is beaten, touching of totana and pathaka reduces the effect of poison. The effect of the same during war already discussed under Vrana Chikitsa. According to Astanga Sangraha Dharana of above mani is mentioned to reduce the effect of Visha. As per Acharya Jejjataby Prabhava

In Sushruta Samhita Mantra Prayoga is mention in treatment of Alarka Visha. However this is not present Rigveda or Atharva veda. To teat visha bhimantraita jala is required, which should be used for Snana. Also bali of Pinyaka, Palala, Dadhi etc need to be adopted. Praying of alakadipathi removes the effect of Alarka Visha

In Rigveda 1<sup>st</sup> Mandala 191<sup>st</sup> Sukta 1<sup>st</sup> Ruk कई तो न कङ्क तोऽथीं सतीनके इतः I---explained by Agastya Rishi for reducing the Visha when he had doubt of Sarpa Damstra. In Shrouta prayoga this sukta is laingika. As per Rugvidhana the person who is effected with Visha this sukta Japa should be done. It prevents the toxic effect of Snake bite or due to Drusti Dosha. Also reduces the poison due to Saeesrupa, Scorpion etc or pison due to food. Also Japa of this sukta is benifitial in achieving intellect, wealth, child, fortune, health, nourishment, education and fame.

In 4<sup>th</sup> khanda of atharveda veda 6<sup>th</sup> suktha-Vishaghna suktha ब्र ह्मणो जज्ञे प्रथमो दश शीर्षो दश अस्यः स सोमं प्रथमः पपो स चकरारसं विषं। ---is Vishagna Suktha. This suktha is useful for praying takshaka king of serpent, distinct to Sthavara Kanda/ Kanda Mula. 7<sup>th</sup> Suktha Vishanashana

Suktha वारिदं वारयातै वरनामत्या मधि तत्राम्र्तस्य अस्कितम् तेन ते वरये विषं। अरसं प्राच्यां विषम रसं यदुदीच्यं अथेधा मदराच्यं करम्भेन विकल्पते। also useful for Visha hara. In 5<sup>th</sup> khanda 13<sup>th</sup> Sukta – Sarpavisha Nashana Sukta

दिदिहिं मह्यं वरुणो दिवः कविर्वचोभिरुग्रेनिर् रिणामि ते विषं खातमखातमुत---is useful in healing poisonous wound to prevent witchcraft rite. 12. Sarpavishanashaka Suktha.

परि द्यामिंव सूर्योऽहींनां जनिमागमम्।रात्री जगंदिवान्यद्धंसात् of 6<sup>th</sup> khanda useful to against the poison of snakes.

 $7^{\text{th}}$  khanda  $58^{\text{TH}}$  Visha Bhaishajya Sukta तिरंश्चिराजेरसितात् पृदांकोः परि संभृंतम्।तत् कुङ्कपंर्वणो--

-Chanting of this suktha is useful against venomous snake bites

93<sup>rd</sup> Sukta – Sarpa Visha Nashana Sukta इन्द्रेंण मृन्युनां व्यम्भि ष्यांम पृतन्यतः । घ्रन्तों वृत्राण्यंप्रति॥१॥

This Suktha is useful in flinging out snake poison and along with rubbing grass 10<sup>th</sup> khanda 4<sup>th</sup> Sukta – Sarpavisha Durikarana Sukta

इन्द्रंस्य प्रथमो रथों देवानामपंरो रथो वरुंणस्य तृतीय इत्।अहींनामप्मा रथं स्थाणुमांर्दथांर्षत्॥१॥दुर्भः शोचिस्तुरूणंकुमश्वंस्य वारंः परुषस्य वारंः । रथंस्य बन्धुंरम्॥२॥ In the beginning of Vedic Study, this suktha is useful.

Mantra explained by Acharya Charaka is not found in either in Atharva or Rigveda.

Mantra in Rigveda are related to Shanka Visha Chikitsa, Atharvaveda describes suktha to worship Takshaka, treating poisonous wound, prevent witchcraft rite and Drusti Dosha. Dundubi svaneeya description as mentioned in the Sushruta Samhita specifies about agada lepa to dundubi before its usage to reduce the effect of the Visha. In Veda this method included under varana chikitsa.

# MANTRA PRAYOGA BEFORE VAMANA VIRECHANA

Before administration medicine for Vamana and Virechana 'ॐ ब्रह्मदक्षाश्विरुद्रेन्द्रभूचन्द्राकानिलानलाः---Mantra prayoga is mentioned. As explained in Veda Ashi mantra and above explained mantra should be chanted prior to administration of Vamana Virechana Oushadha. This mantra also not found in Rigveda or Atharva veda. How ever while preparing and administering the Soma Mantra are explained. Same mantra is mentioned in Sushruta Samhita. While commenting on this Acharya Dalhana specifies that

मन्त्रार्थस्त्वदर्शनीयः, आवृत्त्यैव केवलया मन्त्राणां फलदत्वात् Mantra Artha is self explanatory and mantra phala can be achieved, only if avarthana of mantra is followed.

### PURVAKARMA FOR SHASTRA KARMA

Additionally in Sushruta Samhita before after Shastra karma Raksha Vidhana is explained. The measures like bali, mangala and svasthivacana are included prior to Shastra Karma in Vidradi. After shastra karma Raksha karma should be carried out through fumigation and protect the patient by chanting mantra. After performing protective rituals as described in veda the patients should be taken into Aturagara.

In Rigveda first mandala 133<sup>rd</sup> Suktha उभे पुंनामि रोदंसी ऋतेन द्वहों ---- Chanting Destroys Rakshasa. 1<sup>st</sup> Mandala 22<sup>nd</sup> Suktha prevents fro Rakashasa Bhada In 2<sup>nd</sup> mandala 7<sup>th</sup> suktha is Useful for Sarva Sampat Karma, during tieing of Vasita Hiranya Yugma Kshushna Mani. This helpful to protect from Rakshasa, prevents Jvara etc Upadrava. Also Prashana of Sarupa Odana with Purushakruti leha for 12days for Ayushkama. In Upanayakarma for Ajya Homa to attain Ayu this sukta is useful. 9<sup>th</sup> suktha Here ten trees, are protected from the demon, and seizure. While tying Mani for achieving long life, included under Takma Nasha Gana in 6<sup>th</sup> mandala 48<sup>th</sup> suktha युज्ञायंज्ञा वो अप्रयं गिरागिरा च्.....japa done by holding truna and visarjana in jala – achieves all phala and removes shatru, rakshasa bhaya

In 7<sup>th</sup> Mandala 13<sup>th</sup> suktha प्राप्तयें विश्वश्चें धियंधेंऽसुरघ्ने मन्मं धीतिं ..Japa in sandhyakala of above ruk prevents rakshasa bhada. After doing Japa of 104<sup>th</sup> suktha 3<sup>rd</sup> ruk, if Dana is given to to Bhrahmana one can becomeSarva Shastra sampanna. 8<sup>th</sup> Mandala 17<sup>th</sup> Suktha Doing Puja of vaishva deva with above Ruk prevents bhuta, roga and achieve sukha. 9<sup>th</sup> Mandala 88<sup>th</sup> Suktha Daily Chanting of Rakshohanam sukta and performing Homa and doing Ajya Ahuti useful in Shanty Karma, Havishvamti sukta chanting daily for 6 months seeing surya Removes kutsitanna dosha, vaishvanara vidye will become vasha. 1<sup>st</sup> Mandala 35<sup>th</sup> Suktha useful during Sandyavandana for giving Arghya to Surya

In Atharva Veda 28<sup>th</sup> suktha 28<sup>th</sup> Rakshoghna Sukta उप प्रागाद्देवो अग्नी रक्षोहामीवचातनः । दहन्न् अप द्वयाविनो यातुधानान् किमीदिनः ----These sukta is useful in Rakshoghna karma 30<sup>th</sup> , 35<sup>th</sup> Deerghayu Prapti Sukta-विश्वे देवा वसवो रक्षतेममुतादित्या जागृत यूयमस्मिन् । of 1<sup>st</sup> Khanda – during reception of Vedic Students- Upanayana, Mahashanti rites and in Pushpabhisheka

### KSHARA PREPRATION

While preparing the Kshara महान्तमसितमुष्ककमधिवास्यापरेद्युः Dalhana commented adhivasya refers to Mantravat Bali karma. Some uses mantra – Agni Veerya Maha veerya----. This suktha is not available either in Rigveda or Atharva veda.

## **GRAHACHIKITSA**

For Graha Chikitsa In Sushruta samhita Uttara Tantra 27<sup>th</sup> Chapter The samanya chiktsa of the child effected with Navagrahas like Skandha, Shakuni, Revati, Putana etc in general application of purana gruta, mustard should be spread all around, light of mustard oil lamp, worshiping of Agni and Krutika by giving bali with sarva gandha dravya, beeja oushidhi.

Table No 122

Skhanda Graha	Mantra नमः स्कन्दाय देवाय ग्रहाधि पतये नमः	Bali Rakta Mala, Rakta Pataka, Rakta Gandha Vividha Bakshya, Ghanta, Kukkuta	Snana 3 nights at Catvara, with water Gayathri Mantra	रक्षा स्वस्त्ययनं; मन्त्राणामचि न्त्यशक्तित्वान्म न्त्रमयी रक्षा पा पनाशिनी Here Raksha Vidhana refers to Svasthyayana , here	
Shakuni	अन्तरीक्षचरा देवी सर्वा लङ्कारभूषिता	Tila, Tandula, Mala, Haritala, Manashila	Snana at Garden with gayatri Abhimantrita Jala	Mantramaya Raksha Karma for removing Papa, as it possess	Shatavari, Indravaruni, Naga Danti, Bhruhati etc
Revati	नानावस्त्रधरा देवी चित्रमा ल्यानुलेपना।	Sukla, SumanaSa laja, Paya, Shali,	Sanghama	Achintya Shakti	Varuna, Aristhaka, Sainduka
Putana	मलिनाम्बरसं वीता मलिना	Matsya Odana, Krushara, palala at Shunya Gruha	Achamana udaka	Mantra Raksha	Kakadani, Chitraphala, Bimbi, Gunja
Andhapu tana	कराला पिङ्ग ला मुण्डा	Ama mamsa, Pakva Shonita at chatushpathe	Sarva Gandha Udaka Snana at Anta Gruha		Kukkuti, Markati, Shimbi
Sheeta putana		Mudgakruta Anna, Varuni, Rudira	River bank		Lamba, Gunja, Kakadani
Mukha mandika	अलङ्कृता रूपवती सुभ गा कामरूपि णी	Varnaka, Churnaka, Mala, Anjana, Parada, Manashila	Gayatri Mantra Jala Gostha Madya Snana		Vacha, sarjarasa, kustha
Naigame sha	अजाननश्चला क्षिभ्रः काम	At ksheera vruksha mula bali of Tilatandula, Mala, Bhakshya	Gayatri Mantra Jala AdhavrukshaS nana		Vaca, Guduchi, Durva, Jatamamsi

In Sushruta samhita Uttara Tantra 60<sup>th</sup> Chapter – Graha Chikitsa Adhyaya,

For all the Bhuta rakta gandha malya, seeds, honey, ghee and different kinds of Bhakshya Garments, scents, garlands, flesh and blood which ever is liked most by them.

The days on which Graha causes harm, bali should be givan on the same day.

Table No 123

1	Deva Graha	Offering should be done at temples after performing Agni		
		Hotra with Kusha, svastika, Pupa, ajya,		
2	Asura Graha	Offering should be givan on the day of sizer at Chatushpata		
3	Gandarva Graha	At cowshed using wine, Mamsa of Anupa and Jangala		
		Mamsa		
4	Yaksha Graha	Offering should be at beautiful house with cooked grains,		
		beers, garlands of atimuktaka, kunda and abja		
5	Pitru Graha	At bank of river adorned by spreading Kusha Grass		
6	Naga Graha	At bank of river with Guda, Madhu, Asava, Payasa etc		
7	Rakshasa Graha	Either at chatushpatha or at thick forest		
8	Pishaca Graha	At vacant house consisting foul things like raw flesh cattle		
		feed atc.		

Those Grahawhich donot respond to the Mantramentioned in Bhutavidhya it should be treated with medicinal prepration.

Bali of Unclean things should not be done to Deva Graha except Pishacha, if done it kills both Patient and Physician.

In Astanga Sangraha Ishwara is considered to be god for treating Sarva Graha, Sarva Vyadhi, including unmade, apasmara and chitta viplava, listening of Mahavidya and Mayuri Vidya, doing puja of bhutesh including his gana is specified for treating bhutesha

No specific Treatment for Graha suktha are available in Rigveda and Atharva Veda except Gayathri Mantra, however suktha related to Rakshogna, Svasthayaya, Shanti mantra, Deerghayu Paraptimantra are useful.

However in Ayurveda to treat Graha amost of the methods of Daiva Vyapashraya chikitsa are useful like Mantra, Oushadhata Dharana, Bali, Homa, Upahara, Mangala are included.

### **IN RIGVEDA**

Other than the Suktha discussed above following Suktha are described.

- I. In Rigveda 1<sup>st</sup> Mandala, 24<sup>th</sup> Suktha कस्यं नूनं कंतुमस्यामृतांनां मनांमहे ----chanting to reduce Mahodara, Papa Nasha and to reduce Deerghayu
- II. Rugveda 1-50-11 Praskanva rushi pray surya for clearing the hrudroga and Kamala. In Atharva Veda in 1<sup>st</sup> Khanda 22<sup>nd</sup> Suktha Hrudroga Kamala Suktha is mentioned.
- III. In Rigveda Japa of 11<sup>th</sup> ruk of 101 Suktha of 8<sup>th</sup> Mnadala while seeing surya, removes Asatya Dosha.
- IV. In total 5 Sukth are useful in preventing the Dusvapna
- V. 100<sup>th</sup> Suktha of 8<sup>th</sup> Mandala chanting during Gouri pooja makes samskara of vak and prevents asat vani dosha

### **IN ATHARVA VEDA**

The treatment for diseases not mentioned in ayurveda found in Atharva veda are as followes.

- I. 1<sup>st</sup> Khsnda 3<sup>rd</sup> Suktha Mutra Dosha Nivarana Sukta useful against obstruction of Urine
- II. In 6<sup>th</sup> Khanda 21<sup>st</sup> and 37<sup>th</sup> Keshsvardhini Oushadi and Keshavardhana Suktha pathana for protecting hair . Pathana of 137<sup>th</sup> Suktha increases growth of hair.
- III. 6<sup>th</sup> Khanda 30<sup>th</sup> Suktha useful while processing the Shami, which is useful for hair
- IV. 6<sup>th</sup> Khanda 25<sup>th</sup> Manya Nashana Sukta useful for Healing Gandamala
- V. 6<sup>th</sup> Khanda 105<sup>th</sup> Suktha describes about Kasa Nashaka Suktha useful against cough

- VI. In Rigveda 6<sup>th</sup> Khanda 83<sup>rd</sup> Suktha Useful against Apachi, 7<sup>th</sup> Khanda 8<sup>th</sup> Apachi jayana Suktha useful Against Apachi And Rajayakshma
- VII. 6<sup>th</sup> Khanda 90<sup>th</sup> Suktha Ishunashana Sukta useful For Intense Pain
- VIII. 7<sup>th</sup> Khanda 67<sup>th</sup> Suktha Murcha Nashana Suktha useful For Recovery Of Sense, Etc.
- IX. 6<sup>th</sup> Khanda 83<sup>rd</sup> Suktha Apachi Chikitsa
- X. 6<sup>th</sup> Khanda 129<sup>th</sup> Bhagaprapti Sukta is chanted during ceremony relating to women for good fortune, simultaneously shimshipa and souvarchala mani dharana also done.
- XI. 6<sup>th</sup> Khanda 133<sup>rd</sup> Mekhala Bhandana Sukta- prayer is done to achieve Mati, Indra's power and provide long length of life.
- XII. 6<sup>th</sup> Khanda 138<sup>th</sup> Klaibya Suktha making man impotent
- XIII. 7<sup>th</sup> Khanda 13<sup>th</sup> Sbha Shatru nashana Suktha useful in getting success in vaada
- XIV. 7<sup>th</sup> Khanda 67<sup>th</sup> Murcha Nashana Suktha get recovery of sense, etc.
- XV. 19<sup>th</sup> Khanda 28<sup>th</sup> Dharbha Mani Suktha for Mahashanti
- XVI. 19<sup>th</sup> Khanda 31<sup>st</sup> Oudumbaramani Suktha for Mahashanti
- XVII. 19<sup>th</sup> Khanda 34<sup>th</sup> & 35<sup>th</sup> Jangidha mani Suktha lumbago and rheumatic pain, consumptive cough and pleurisy, and the fever that each Autumn brings
- XVIII. 19<sup>th</sup> Khanda 36<sup>th</sup> Shatavari Mani

The references of Daivavyapashraya chikitsa In Charaka Samhita 21, in Sushruta Samhita 21 and in Astanga Sangraha 28. Among which most commonly practiced measure by Acharya Charaka, Sushruta and Vagbhata are Mantra. Application of these measures in many diseases was in combination like some time all together as Daiva Vyapashraya as like in Agantu Vyadhi with Bhuta etc. Some time Mantra with Oushadhi Dharana as in Prasaya.

The Mantra which are explained in Bhruhattrayee few are refered from Atharva Veda. Mantra Mentioned for prior to administration of Vamana, Graha Chikits atc not found either Rigveda or Atharva Veda.

However by observing the information available in Bhruhatrayee and both the Veda by application of Paratantra Arthashraya, references of Daivavyapashraya considered are near to Atharva Veda. This may be due to time period of Rigveda and Atharva Veda.

The measures found in bhruhattrayee under daiva vyapashraya chikitsa are not the same. This variation could be related to Acharya's field of interest and changes in people's lifestyles in the society. In comparison to the Atharva Veda, the Rigveda contains far less material about Dvaivavyapashraya Chikitsa. There are currently no references for Yuktivyapashraya Chikitsa.

आदिकाले ह्यदितिसुतसमौजसोऽतिविमलविपुलप्रभावाः प्रत्यक्षदेवदेवर्षिधर्मयज्ञविधिविधानाः ------व्यपगतभयरागद्वेषमोहलोभक्रोधशोकमानरोगनिद्रातन्द्राश्रमक्लमालस्यपरिग्रहाश्च पुरुषा --- पृथिव्यादीनां कृतयुगस्यादौ। भ्रश्यित तु कृतयुगे केषाञ्चिदत्यादानात् साम्पन्निकानां सत्त्वानां शरीरगौरवमासीत्, शरीरगौरवाच्छ्रमः, श्रमादालस्यम्, आलस्यात् सञ्चयः, सञ्चयात् परिग्रहः, परिग्रहाल्लोभः प्रादुरासीत् कृते।

People were bereft of Bhaya, Raga, Dvesha, Moha, Lobha, Krodha, and other things during the Adikala period, according to Janapadodwamsa Adhyaya. During the Kruta Yuga, the illness began to manifest. This could explain why Yukthi Vyapashraya has fewer Suktha.

Ayurveda is considered as Upaveda of Rigveda according to Acharya Kashayapa. According to Acharya Sushruta and Charaka Ayurveda is Upaveda of Atharva Veda. By the above reference we can understand that Ayurveda can be considered as Upaveda of Atharva Veda.

Some believe that the effect of Mantra is fast and stronger, than Oushadha etc measure mentioned under Daivavyapashraya Chikitsa. However Mantra Chikitsa application in

Ayurveda observed along with Oushadha. Acharya Dalhana considers Oushadha Prayoga externally in the form for Dhupa etc in Rakshavidhana as Tantra. In Mantra Chikitsa in common practice also give more importance of Tantra. For instance while chanting Gayathri Mantra during Sandhya Vandhana Angha Nyasa, Pranayama are mentioned, which signifies added effect to the Mantra.

Also while explaining clinical application of Daiva vyapashraya chikitsa, methods are not detailed in Bhruhattrayee. Also Rigveda and Atharva Veda dose not specify how to use these measure. Acharya Sushruta mention Mantra Visharadha and Rasa Visharadha need to administer Bheshaja and Mantra Chikitsa respectively. Here Mantra is Upalakshana. Other measures of Daiva Vyapashraya Chikitsa also administer by experts only.

However even in Rigveda Methods of application of Sukth are not mentioned. As in Rigveda few Ruk are lingika, those are considered in this study. Other Suktha / Ruk application is understood by considering Sayana Bhasya and Rigvidhana. Atharveda also Koshika and Pippalyadi bhramana are considered for understanding its application along with Suktha name.

When ever clinically when patients if need to be chanted proper training should be given as Acharya Sushruta specify if Mantra chanted with improper Svara and Varna it dose not produce its effect. Many researches are carried out to understand the benefit of Mantra by listening. Hence here most commonly used Gaythri Mantra is considered for animal experiment.

### VI. ANIMAL EXPERIMENT

There was significant increase in weight was observed in control group  $\{0 \text{ to } 28^{\text{th}} \text{ day } (\overline{x} = 9), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\overline{x} = 7) \text{ 0 to } 48^{\text{th}} \text{ day } (\overline{x} = 18)\}$ , in Satndard Group  $\{0 \text{ to } 28^{\text{th}} \text{ day } (\overline{x} = 5), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\overline{x} = 3) \text{ 0 to } 48^{\text{th}} \text{ day } (\overline{x} = 8), \text{ in Purana Gayatri Group } \{0 \text{ to } 28^{\text{th}} \text{ day } (\overline{x} = 64), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\overline{x} = 23) \text{ 0 to } 48^{\text{th}} \text{ day } (\overline{x} = 87)\}$ , and in Vishwamitra Gayatri.  $\{0 \text{ to } 28^{\text{th}} \text{ day } (\overline{x} = 21), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\overline{x} = 55) \text{ 0 to } 48^{\text{th}} \text{ day } (\overline{x} = 76)\}$ . Three to five-month-old animals were chosen for the investigation. Purana Gayatri, Vishwamitra Gayathri, and Standard Groups, on the other hand, have a higher mean weight gain than the control group. Weight gain is within Physiological Limits in Purana and Vishwamitra Gayithri as a function of age and gender. This means that both Gayithri Mantra versions are aided in achieving regular growth and development. The amount of food consumed by albino rats determines their weight gain. The rats in each group were given the same amount of water and food.

# CHANGES IN NEUROMUSCULAR ACTIVITY -BASED ON ROTAROD WITH IN THE GROUP

The neuromuscular activity of the animals assessed using rotarod with 15RMP in control group  $\{(0 \text{ to } 28^{\text{TH}} \text{ day } (\bar{x}=13), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=12.93) \text{ and } 0 \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=29.57)\}, \text{ in standard group } \{(0 \text{ to } 28^{\text{TH}} \text{ day } (\bar{x}=1.307), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=1.292) \text{ and } 0 \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=22.6)\}, \text{ in purana gayathri } \{(0 \text{ to } 28^{\text{TH}} \text{ day } (\bar{x}=24.36), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=5.208) \text{ and } 0 \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=29.57), \text{ in Vishwamitra Gayatri } \{(0 \text{ to } 28^{\text{TH}} \text{ day } (\bar{x}=11.8), 28^{\text{th}} \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=33.2) \text{ and } 0 \text{ to } 48^{\text{th}} \text{ day } (\bar{x}=45) \}$ 

The neuromuscular activity of the animals increase was more in Vishwamitra Gayathri in comparison to Purana Gayathri, Control and Standard Group. In comparison to Control, Standard, Purana Gayathri & Vishwamitra Gayathri are showing the significant improvement in Neuromuscular activity was observed.

In comparison to Standard group, highly significant increase in nuro muscular activity was observed in Purana Gayatri group and Vishwamitra Gayatri group. Neuromuscular activity of the animals was more in Vishwamitra Gayathri group than Purana Gayathri Group which was statistically significant. The rota rod test is commonly used to assess rodent motor coordination.

It gives a variety of continuous variables (time length) that can be measured and analysed for statistical purposes to assess the effects of various situations, procedures, and interventions. Neuromuscular or motor coordination was significantly increased in both Purana and Vishwamitra Gayathri. Listening to fast-tempo music boosted overall exercise tolerance as well as the neuromuscular fatigue threshold, according to a study. Here Vishwamitra Gayatri is a Rigveda Mantra, where as Purana Gayathri is Stotra. Vedic mantras are traditionally referred to as mantras. They are only taught to those who have demonstrated their ability to learn them, and their recitation is subject to certain circumstances. They are almost often preceded with a single syllable, most commonly Om. To chant vedic Mantra Knowledge of Chandas is required. Also training should be given by the Guru.

Where as Any lyric or even a chunk of prose can be referred to as a shloka. Stotra and stuthi are prayers, often glorification prayers. They can be written in either prose or poetry. Sutra can also be added to the list. A sutra is a code that in a few words expresses the core of all knowledge. According to the Vayu and Skanda Puranas, a sutra must be universally applicable and error-free in its linguistic expression. Here there no stringent rules are required to chant the Shloka

Above study reveal that listening of both the version of Gayathri mantra in Mantra and Shloka form increased neuromuscular coordination in animals.

The Escape Response decreased in Control group (0 to  $28^{TH}$  day  $\overline{(x=0.5)}$ ,  $28^{th}$  to  $48^{TH}$  day  $\overline{(x=0.142)}$ , 0 to  $48^{TH}$  day  $\overline{(x=0.714)}$  is insignificant, in standard group (0 to  $48^{th}$  day  $\overline{(x=4.75)}$ ) was statistically highly significant, in Purana Gayatri Group (0 to  $28^{TH}$  day  $\overline{(x=5)}$ ,  $28^{th}$  to  $48^{TH}$  day  $\overline{(x=00.28)}$ , 0 to  $48^{TH}$  day  $\overline{(x=5.289)}$  statistically highly significant. In the animals Vishwamitra Gayatri intervention (0 to  $28^{TH}$  day  $\overline{(x=1)}$ ,  $28^{th}$  to  $48^{TH}$  day  $\overline{(x=11.58)}$ , 0 to  $48^{TH}$  day  $\overline{(x=12.57)}$ 

which was statistically highly significant. The escape response was less in standard on  $48^{th}$  day  $(\bar{x}=0.1214)$  in comparison to Control group which was statistically no significant. on  $28^{th}$  day escape response was less in Purana Gayatri group  $(\bar{x}=2.61)$  and on  $48^{th}$  day  $(\bar{x}=4.21)$  in comparison to Control group which was statistically highly significant.

On  $28^{th}$  day escape response was less in Control Gayatri group  $(\bar{x} = 7.14)$  and escape response was less in Vishwamitra Gayatri Group on  $48^{th}$  day  $(\bar{x} = 5.36)$ , which was statistically highly significant.

The Escape response of the animals was less in Purana Gayatri Group less on  $48^{th}$  day  $(\bar{x} = 4.09)$ in comparison to Standard Group which was statistically highly significant. The Escape response of the animals was less in Vishwamitra Group on  $48^{th}$  day  $(\bar{x} = 5.24)$  which was statistically highly significant.

The Escape response of the animals was less in Purana Gayitri Group on  $28^{th}$  day  $(\bar{x} = 9.75)$  which was statistically significant and escape response was less in Vishwamitra Gayatri Group on  $48^{th}$  day  $(\bar{x} = 1.15)$  when compared to each other which was statistically highly significant. The Hole board equipment test is an experimental method for measuring anxiety, stress, neophilia, and emotionality in animals used in scientific research. The animals were put on a Hole board and allowed to explore for 5 minutes. The animal's total number of head dips was recorded. When the animals' anxiety levels are high, the holes may serve as a means of escaping the aversive surroundings rather than an exploring object.

The study animals' fearless behaviour, which shows reduced anxiety, is indicated by a decrease in value in all groups. Purana Gayathri and Vishwamitra Gayathri both demonstrate favourable behaviour changes in the group, according to this assessment. In the Literature also we observe that Vedic mantras are energy-based sounds or vibrations that can be used to achieve a deep state of meditation, which is thought to help alleviate physical and mental diseases by reawakening the body's innate healing mechanisms. On November 7, 2003, UNESCO designated Vedic chant as a Masterpiece of Humanity's Oral and Intangible Heritage. The

sympathetic and parasympathetic nerves, which are dispersed in a fine network surrounding the internal organs, are influenced by the frequencies and sympathetic overtones generated by mantras, which have their own vibration pattern.

### **BEHAVIOURAL DESPAIR**

The immobility frequency of the animals was decreased {0 to  $28^{TH}$  day  $\bar{\text{(x}}=0.36)$ , 28 to  $48^{th}$  day  $\bar{\text{(x}}=0.72)$  – insignificant and 0 to  $48^{th}$  day  $\bar{\text{(x}}=1.08)$  - significant}, the immobility duration was decreased from {0 to  $28^{TH}$  day  $\bar{\text{(x}}=0.7)$  – insignificant , 28 to  $48^{th}$  day  $\bar{\text{(x}}=1.1)$  – significant , 0 to  $48^{th}$  day  $\bar{\text{(x}}=0.4)$  - insignificant} in control group. The immobility frequency of the animals was decreased from {0 to  $48^{th}$  day  $\bar{\text{(x}}=2.8)$  – significant } immobility duration was decreased 0 to  $48^{th}$  day  $\bar{\text{(x}}=3.9)$  – significant } which was statistically highly significant in in standard group intervention. The immobility duration of the animals was decreased {0 to  $28^{TH}$  day  $\bar{\text{(x}}=7.7)$ , 28 to  $48^{th}$  day  $\bar{\text{(x}}=6.1)$  and 0 to  $48^{th}$  day  $\bar{\text{(x}}=4.9)$ , 28 to  $48^{th}$  day  $\bar{\text{(x}}=4)$  and 0 to  $48^{th}$  day  $\bar{\text{(x}}=8.75)$  – significant} which was statistically highly significant in the animals Purana Gayatri intervention.

The immobility duration of the animals was decreased {0 to  $28^{TH}$  day  $\overline{(x=0.25)}$ -insignificant , 28 to  $48^{th}$  day  $\overline{(x=6.27)}$  and 0 to  $48^{th}$  day  $\overline{(x=6.23)}$  - significant} immobility frequency of the animals was decreased 0 to  $28^{TH}$  day  $\overline{(x=8.076)}$ , 28 to  $48^{th}$  day  $\overline{(x=7)}$  and 0 to  $48^{th}$  day  $\overline{(x=1.63)}$  - significant} which was statistically highly significant in the animals Vishwamitra Gayatri intervention

The Behavioral despair test (also known as the Porsolt forced swimming test) is a test that measures susceptibility to bad mood by observing a rodent's response to the danger of drowning. The rats begin to swim, attempting to escape the cylinder; the length and frequency of immobility is used as a measure of depression. The increased duration and frequency of immobility in animals indicates a higher level of depression. There is a significant reduction in the frequency and duration of immobility from before to after intervention, indicating a reduction in depression in Standard, Purana Gayithri and Vishwamitra Gayathri Group.

The immobility duration of the animals was less in standard group on  $48^{th}$  day  $(\bar{x} = 10.21)$ , immobility frequency  $(\bar{x} = 4.28)$  in comparison to Control which was statistically significant. The immobility duration of the animals was less in Purana Gayatri group  $\{28^{th}$  day  $(\bar{x} = 13.45)\}$ , the immobility frequency of the animals was less in Purana Gayatri group  $\{28^{th}$  day  $(\bar{x} = 20.42)$   $48^{th}$  day  $(\bar{x} = 31.62)$ . in comparison to Control which was statistically significant

The immobility frequency of the animals was less in Vishwamitra Gayatri group {  $28^{th}$  ( $\overline{x}$  =25.25),  $48^{th}$  day ( $\overline{x}$  =32.25), the immobility duration of the animals was less in Vishwamitra Gayatri group {  $28^{th}$  day of treatment ( $\overline{x}$  =8.03)  $48^{th}$  day ( $\overline{x}$  =14.32)}. in comparison to Control which was statistically significant.

This shows significant effect of both the version of Gayithri Mantra in comparison to Control group.

The immobility duration of the animals was less in Purana Gayatri group was less on  $48^{th}$  day  $(\bar{x}=7.58)$ . The immobility frequency of the animals was less in Purana Gayatri group was less in comparison to standard group on 48th day  $(\bar{x}=18.58)$  in comparison to standard group which was statistically in significant. The immobility duration of the animals was less in Vishwamitra Gayatri group was less on  $48^{th}$  day  $(\bar{x}=8.45)$ , the immobility frequency of the animals was less in Vishwamitra Gayatri group on  $48^{th}$  day of treatment  $(\bar{x}=19.2)$  in comparison to standard group which was statistically in significant.

Hence this indicates the more benefit of Gayathri Mantra on depression when compared to Standard group.

The immobility duration of the animals was less in Purana Gayatri group {  $28^{th}$  day  $(\bar{x}=1)$ ,  $48^{th}$  day  $(\bar{x}=0.62)$  The immobility frequency of the animals was less in Purana Gayatri group {  $28^{th}$  day  $(\bar{x}=4.82)$ ,  $48^{th}$  day  $(\bar{x}=0.62)$  } which was found statistically in significant Insignificant result indicates Vishwamitra Gayithri and Purana Gayithri are equally beneficial in reducing the depression. In a trial of inpatients with major depression, supplementary mantra meditation resulted in a clinically significant reduction in the severity of depressed symptoms. **COOKS POOL** 

Before treatment jumping response was observed was 15 seconds which are increased to 60.9 sec after 48 days  $(\bar{x} = 4.5)$ , Before treatment latency at pole was observed was 40.5 seconds which are increased to 95.2 sec after 48 days  $(\bar{x} = 5.4)$ , and Before treatment time spent at pole was observed was 65.2 seconds which are increased to 110sec after 48 days  $(\bar{x} = 4.4)$  in the animals Purana Gayatri intervention. Before treatment jumping response was observed was 17 seconds which are increased to 99.5 sec on 48 days  $(\bar{x} = 8.1)$ , Before treatment latency at pole was observed was 57.28 seconds which are increased to 81.1 sec after 48 days  $(\bar{x} = 2.3)$ , and Before treatment time spent at pole was observed was 62 seconds which are increased to 108.8sec after 48 days  $(\bar{x} = 4.6)$  in the animals Vishwamitra Gayatri intervention.

By observing the above data both Vishwamitra and Purana Gayathri Showed significant improvement in recall memory.

On  $28^{th}$  Day jumping response was more in Purana Gayatri ( $\overline{x}$  =4.22-insignificant), latency at pole ( $\overline{x}$  =1.8), time spent at pole ( $\overline{x}$  =4.14,) in comparison to Control Group which are found statistically significant. On  $48^{th}$  Day jumping response was more in Purana Gayatri in ( $\overline{x}$  =50.02), latency at pole ( $\overline{x}$  =73.07), time spent at pole ( $\overline{x}$  =40.65) in comparison to Control Group which was statistically significant.

On  $28^{th}$  Day jumping response was more in Vishwamitra Gayatri ( $\bar{x} = 6.72$ ), latency at pole  $(\bar{x} = 35.07)$ , time spent at pole  $(\bar{x} = 7.35)$  in comparison to Control Group which was statistically significant. On 48<sup>th</sup> day jumping response was more in Vishwamitra Gayatri in  $(\bar{x} = 88.62)$ , latency at pole  $(\bar{x} = 58.93)$ , time spent at pole  $(\bar{x} = 38.65)$  in comparison to Control Group which was statistically significant. On 28th Day jumping response was more in Purana Gayatri ( $\bar{x} = 4.904$ ), latency at pole ( $\bar{x} = 24.07$ ), time spent at pole ( $\bar{x} = 28.88$ ) in comparison to Standard Group which was statistically significant. On 48<sup>th</sup> day jumping response was more in Purana Gayatri ( $\bar{x} = 50.754$ ), latency at pole ( $\bar{x} = 78.78$ ), time spent at pole  $(\bar{x} = 73.67)$  in comparison to standard Group which was statistically significant. On  $28^{th}$  Day jumping response was more in Vishwamitra Gayatri ( $\bar{x} = 7.404$ ), latency at pole  $(\bar{x} = 40.78)$ , time spent at pole  $(\bar{x} = 25.67)$  in comparison to standard Group which was statistically significant. On 48<sup>th</sup> day of treatment jumping response was more in Vishwamitra Gayatri was  $(\bar{x} = 89.334)$ , latency at pole  $(\bar{x} = 64.64)$ , time spent at pole  $(\bar{x} = 64.64)$ =71.67) in comparison to standard Group which was statistically significant. On 48<sup>th</sup> day there was significant improvement in recall memory was observed in both Purana and Vishwamitra Gayathri Group in comparison to Control and Standard group respectively.

On  $28^{th}$  Day jumping response  $\overline{(x=2.)}$ , latency at pole  $\overline{(x=16.71)}$  was more in Vishwamitra Gayathri and time spent at pole was more in Purana Gayatri  $\overline{(x=3.21)}$  which was statistically in significant . On  $48^{th}$  day of treatment jumping response  $\overline{(x=34.58)}$ , latency at pole  $\overline{(x=14.14)}$  was more in Vishwamitra Gayatri, time spent at pole was more in Purana Gayatri which was Statistically in significant  $\overline{(x=2)}$ , t=0.308 and p=0.760) which was statistically in significant

jumping and latency response was more in Vishwamitra Gayathri Group, Time at pole was more in Purana Gayathri Group.

On  $28^{th}$  day CAR response was statistically insignificant (z= 1.758),  $48^{th}$  day of treatment CAR response was statistically insignificant (z= 1.977)

For producing a consistent baseline behaviour, Cook's pole climbing device (Techno) was used. To prevent footshock, the rats had to learn to leap on a pole. The conditioned stimulus was a tone of 50 Hz and a footshock of 1. OmA was unconditioned stimuli. The animal was given one minute to adjust in the chamber during the training phase. Then, for a total of 15 seconds, conditioned and unconditioned stimuli were presented in succession. The trail stopped when the animal jumped on the pole or after 30 seconds, whichever came first. Without waiting for the shock, the taught animal either responded spontaneously or to the buzzer. Before and after medication treatment, memory retention of painful stimuli created throughout the learning process was examined. It was measured as the percentage of animals hopping on the pole to avoid being shocked. The statistical significance of the data from the various treatment groups was determined. This test helps to assess the active avoidance learning can be understood as recall memory. The animal capable of identify the conditioning stimuli (buzzer) as precursor of the unconditioned stimuli of shock.

jumping and latency response was more in Vishwamitra Gayathri Group, Time at pole was more in Purana Gayathri Group.

Here Jumping indicates escape response of animal, latency is passive avoidance latency, and time spent at pole. Changes in CAR through statistically insignificant, response found more in Purana and Vishwamitra Gayitri in comparision to other which indicates unconditional response.

Utility of Gayathri mantra was observed in Rigveda, if any one dose the laksha gayatri japa with only drinking ghee becomes Mahamedhavi and Jnani. A study involving school students found that reciting the Gayatri mantra resulted in a significant enhancement in both spatial and verbal memory scores. Another study used DLST to compare Gayathri Mantra and Poem chanting, and found that Gayathri Mantra had a considerably better net score in the female group.

Meditation was made utilising gayithriimantra on 8 naive subjects who had not before practised any sort of meditation. The EEG study had 12 participants, while the fMRI study had eight. The bilateral superior temporal gyri, right temporal lobe, right insula, left inferior parietal lobule, lateral globuspallidus, and culmen of the cerebellum were shown to have the highest levels of activation.

Dr. Rama Jayasundar describes the metaphysical and physiological benefits of Mantra, as well as the Vishwamitra Gayathri effect, which he discovered using MRI. Gyathri mantra recitation 108 times in comparison to the English translation of the same. In the Sanskrit version of Gayathri Mantra, there was a considerable drop in nuro transmitter, and the effect lasted for three months.

### **WATER MAZE**

There was Significant decrease in time spent at North (p=0.011(28 day) p=0.030(48 day)), West (p=0.001, (28 day) p=0.227 (48 day)), South (p=0.003, (28 day) p=0.04(48 day), East (p=0.016, (28 day)p=0.002, (48 day)), Latency (p=0.01, (28 day) p=0.003, (48 day)), time spent (p=0.001, (28 day) p=0.003, (48 day) and increase in No of crossing (p=0.001, (28 day) p=0.013, (48 day) in VishwamitraGayatri Group.

With in tha group both in Purana Gayathri and Vishwamitra Gayathri rats were reached the target quadrant quickly. Time spent at central flat form were decreased in both group crossing over time was increase. To find the submerged, concealed platform in relation to visual signals, functional brain circuitry is required, analogous to declarative memory formation in humans, such as the ability to recall a phone number, a song, or visuals from a previous event.

Insignificant difference between Control and Standard was observed in North (p=0.175), West (p=0.988), South (p=0.539), East (p=0.510), Latency ( p=0.435), time spent (4, p=0.635) and No of crossing ( p=0.940)

The effect of drug not showed statistical significant in comparison with control group. Howevre improvement was found in standard group.

Insignificant difference between Control and Purana Gayathri was observed in North (p=0.422, (28 day)), West (,(28 day) p=0.653), South ( p=0.074, (28 day)), East (p=0.417(28 day)), Latency (p=0.74 (28 day)), However statistically significant reduction in time spent at central platform (p=0.001(28 day)) and increase in No of crossing (p=0.001(28 day)) was observed. Significant difference between Control and Purana Gayathri was observed in North (p=0.05(48 day)), West (p=0.049(48 day)), insignificant difference was observed in South (p=0.540(48 day)), East ( p=0.964(48 day)), Latency (p=0.248(48 day)), However statistically significant reduction in time spent at central platform (p=0.001(48 day)) and increase in No of crossing (p=0.001, (48 day)) was observed on 48<sup>th</sup> day of intervention

Purana gayithri showed improvement in memory compression to the control, which is observed in time spent at center platform and increased number of crossing.

In Significant difference between Control and Vishwamitra Gayathri was observed in North (p=0.225, (28 day), West (p=0.219, (28 day), South (p=0.540, (28 day), East (p=0.727, (28 day), significant reduction was found in Latency (, p=0.035, (28 day), time spent at central platform (p=0.005, (28 day) and increase in No of crossing (p=0.039, (28 day) was observed on 28<sup>th</sup> day of intervention

Significant difference between Control and Vishwamitra Gayathri was observed in North (p=0.023, (48 day), West (p=0.017(48 day)), East (p=0.029, (48 day)), time spent at central platform (p=0.001, (48 day)) and increase in No of crossing (t=-6.257, p=0.001), insignificant reduction was found in South (t=1.583, p=0.137), Latency (t==1.681, p=0.105), was observed on 48<sup>th</sup> day of intervention.

Similarly Vishwamitra Gayithri showed better result that Control group with statistical significance in few parameter.

In Significant difference between Standard and Purana Gayathri was observed in North (p=0.475(28 day)), West (p=0.691, (28 day)), East (p=0.238, (28 day)), latency (p=0.229, (28 day)) Significant reduction in time spent at central platform (p=0.001, (28 day)) and increase in No of crossing (p=0.001, (28 day)), increase in South (p=0.007, (28 day)) was observed on 28<sup>th</sup> day of intervention

In Significant difference between Standard and Purana Gayathri was observed in North (p=0.751, (48 day)), West (p=0.206, (48 day)), East (p=0.656, (48 day)), latency (t=1.531, p= 0.138) Significant reduction in time spent at central platform (t=7.107 p=0.001) and increase in No of crossing (t=-4754, p=0.001), increase in South (t=-2.223, p=0.036) was observed on 48<sup>th</sup> day of intervention

In Significant difference between Standard and Vishwamitra Gayathri was observed in North (p=0.363, (48 day)),), West ((48 day)), p=0.065), South (p=0.516, (48 day)),), latency (p=0.063, (48 day)),) Significant reduction East (p=0.049, (48 day)),), in time spent at central platform (p=0.001, (48 day)),) and increase in No of crossing (p=0.001, (48 day)),) was observed on 48<sup>th</sup> day of intervention

There was Significant decrease in time at North (p=0.011(28 day) p=0.030(48 day)), West (p=0.001(28 day) p=0.002 (48 day)), South (p=0.003(28 day) p=0.04(48 day) East (p=0.016(28 day)p=0.01) (48 day)), Latency (p=0.001(28 day) p=0.003, (48 day), time spent (p=0.001(28 day)p=0.003, (48 day) and increased number of crossing (p=0.001(28 day, p=0.013(48 day)) in Purana Gayatri Group.

Both in Purana gayathri and Vishwamitra Gayithri Statistical insignificance differences in comparison with Standard drug.

### **OPEN FIELD**

Before treatment to 48<sup>th</sup> day of intervention in Purana Gayatri group significantly reduction in time spent at outer circle (0-48days P=0.001), increase in inner circle (0-48days P=0.001) raring(0-48days, P=0.001), grooming (0-48days P=0.001). time spent at middle circle (0-48days P=0.641) and decrease in freezing (0-48days P=0.130) which was statistically in significant.

0 to  $48^{th}$  Day of intervention in Vishwamitra Gayatri group significantly reduction in time spent at outer circle (p=0.001), Middle circle, (p=0.007), inner circle (p=0.001) raring(p=0,001), Grooming (p=0.003) freezing (p=0.001) and no of faecal matter (p=0.006) which are statistically significant

Here Each animal was treated to the Open field apparatus before being given extra 5 minutes to explore the test area and record their findings. The number of outside and inner squares crossed, as well as activities like as rearing, grooming, the amount of faecal pellets emitted, freezing time, and so on, are all evaluated in this test. Rats and mice, for example, have a natural intolerance to brightly illuminated open spaces. They do, however, exhibit a strong desire to

investigate a potentially dangerous stimuli. Reduced anxiety leads to more exploratory activity, whereas higher anxiety leads to reduced movement and a preference for staying near to the field's boundaries. Thus Exploratory behaviour, such as Rearing and a higher number of inner squares crossed, indicates that the animal is less anxious. An increase in the amount of faecal pellets (boli) can indicate the subject animal's uneasiness and emotionality. Given this remark, it is reasonable to assume that the increased quantity of faecal pellets emitted, grooming, and freezing time indicate greater anxiousness in the anima.

Improvement in all the parameters were observed both in Purana and Vishwamitra Gayathri Group.

On 28<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Rearing, Freezing and increase in time spent at inner circle was observed in Prana Gayatri, Increase in time spent at middle circle and reduction in grooming, number of faecal matter is more in Purana Gayithri which is statistically insignificant.in comparision to control. On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Rearing, Freezing and increase in time spent at inner circle was observed in Prana Gayatri, Increase in time spent at middle circle and reduction in grooming, number of faecal matter is more in Purana Gayithri which is statistically insignificant.in comparision to control.

On 28<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Rearing, Freezing and increase in time spent at inner circle was observed in Vishwamitra Gayatri, Increase in time spent at middle circle and reduction in grooming, number of faecal matter is more in Vishwamitra Gayithri which is statistically insignificant.comparisoon to control. On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Rearing, Freezing and increase in time spent at inner circle was observed in Vishwamitra Gayatri, Increase in time spent at middle circle and reduction in grooming, number of faecal matter is more in Vishwamitra Gayithri which is statistically insignificant.

Though increase time spent at center platform, reduction of grooming statistically insignificant, there was less frequency observed in Purana Gayithri

On 28<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, increase in time spent at middle circle in Purana group, reduction in time spent at iiner circle, rearing, grooming, freezing and number of faecal matter in Purana Gayitri is statistically insignificant.compare to standard. On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle and rearing in Purana group, reduction in time spent at iiner circle, increase in time spent at middle circle, reduction in rearing, grooming, freezing and number of faecal matter in Purana Gayitri is statistically insignificant. compare to standard

On 28<sup>th</sup> and 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle in Vishwamitra Gayatri group, reduction in time spent at inner circle, increase in time spent at middle circle, reduction in rearing, grooming, freezing and number of faecal matter in Vishwamitra Gayitri is statistically insignificant. compare to standard

Similar effect of Purana Gayathri and Vishwamitra Gayathri to that of Standard group is observed in above result.

On 28<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Inner Circle, reduction in rearing and freezing in Purana Gayatri group, More time spent at Middle circle and number of faecal matter is more in Purana Gayatri which is statistically insignificant. Compare to Vishwamithra gayathri.

On 48<sup>th</sup> Day of intervention Statistically significant reduction in time spent at Outer circle, Inner Circle, reduction in rearing and freezing in Purana Gayatri group, More time spent at Middle circle and number of faecal matter is more in Purana Gayatri which is statistically insignificant Compare to Vishwamitra Gayathri.

Most of the parameter in this test is more effective in Purana Gayathri Group.

### **HOT PLATE**

When compared to the control group, the response duration in the Standard Group was significantly higher (p=0.05). Purana Gayatri Group response duration was longer (p=0.001) than control group after 28th and 48th days of intervention. Purana Gayithri has a long-lasting effect, as evidenced by the same value in both stages of evaluation.

After 28 and 48 days of intervention, the response duration in the Vishwamitra Gayatri Group was greater (p=0.001 & p=0.001) than in the control group. When compared to the control group, the Purana Gayatri Group's reaction duration was greater (p=0.001) after 28 and 48 days of intervention.

When compared to standard, after 28 days of intervention, response duration was higher in Vishwamitra Gayatri, which was statistically insignificant (p=07), and after 48 days of intervention, response duration was higher in Vishwamitra Gayatri, which was statistically significant (p=0.04).

After 28 days, Purana Gayitri had a longer response duration (p=0.012), and after 48 days, Purana Gayitri had a longer response duration (p=0.034), which was statistically significant when compared to Vishwamitra Gayathri.

No difference in Response observed in Control group (no response =0, Paw licking -10 & Jumping-4), in Satndard (no response =2, Paw licking -6 & Jumping-6), in Purana Gayathri

no response =0, Paw licking – 11 & Jumping-3) and in Vishwamitra Gayathri no response =0, Paw licking – 10 & Jumping-2) with Chi Square Value 9.848, p value more than 0.05 No difference in Response observed in Control group (no response =0, Paw licking – 10 & Jumping-4), in Satndard (no response =2, Paw licking – 6 & Jumping-6), in Purana Gayathri no response =0, Paw licking – 11 & Jumping-3) and in Vishwamitra Gayathri no response =0, Paw licking – 10 & Jumping-2) with Chi Square Value 9.289, p value more than 0.05 on 48<sup>th</sup> day

# **EFFECT ON NEUROTRANSMITTERS**

Dopamine levels were higher in the Standard group on the 28th and 48th days, which was statistically significant at p value 0.001 (t=6.103). Cortisone levels were similar in both the standard and control groups on the 28th and 48th days after treatment, with the Standard Group marginally lower (t=0.614, p=0.546), which was statistically insignificant. During the 28th and 48th days following treatment, ACTH levels are slightly lower in the statistical group than in the standard group (28th day t= 0.312, p=0.758, 48th day t=0.212, p=0.834), but this difference is statistically insignificant.

Dopamine levels were lower (p=0.01) on the 28th day after intervention in Purana Gayathri, but increased (0.004) on the 48th day, which was statistically significant. Purana Gayitri's cortisole level was greater on the 28th and 48th days, but the difference was not statistically significant. Purana Gayitri had lower ACTH levels on the 28th and 48th days, which was statistically insignificant when compared to the control group.

On the 28th day following intervention, dopamine levels in Vishwamitra Gayathri were lower (p=0.479), which was statistically insignificant, but on the 48th day, they were higher (0.004), which was statistically significant. Vishwamitra Gayatri had a lower cortisol level on the 28th day and a higher cortisol level on the 48th day, which was statistically significant. In Vishwamitra Gayitri, the ACTH level was lower on the 28th day and higher on the 48th day, which was statistically insignificant when compared to the control group.

Dopamine levels were lower (p=0.01) on the 28th day after intervention in Purana Gayathri, but increased (0.004) on the 48th day, which was statistically significant. Purana Gayitri's cortisol level was greater on the 28th and 48th days, but the difference was statistically insignificant. Purana Gayitri had lower ACTH levels on the 28th and 48th days, which was statistically insignificant when compared to the standrd group.

On the 28th day following intervention, the dopamine level in Vishwamitra Gayathri was lower (p=0.01) founs statistically significant. It was less (0.093) on the 48th day, which was statistically insignificant. Vishwamitra Gayitri's cortisole level was lower on the 28th day and higher on the 48th day, which was statistically insignificant. In Vishwamitra Gayitri, the ACTH level was lower on the 28th day and higher on the 48th day, which was statistically insignificant when compared to the standard group.

On the 28th day after intervention, dopamine levels in Vishwamitra Gayathri were higher (p=0.05), which was statistically significant. It was higher in vishwamitra gayatri (0.077) on the 48th day, which was statistically insignificant. Vishwamitra Gayitri's cortisole level was lower on the 28th day and higher on the 48th day, which was statistically significant. The level of ACTH was higher in Vishwamitra Gayitri on the 28th and 48th days, but statistically negligible in the Compression to Purana Gayathri Group.

According to Tasset et al., 2012, music reversed dopamine depletion in rats after injection of a D2-receptor antagonist. Meng et al., 2009 found that music increased the expression of dopamine-related genes in mice. The mesolimbic route connects the prefrontal cortex to the nucleus accumbens of the amygdala, cingulate gyrus, hippocampus, and pyriform complex of the olfactory bulb in the ventral tegmental area (VTA). Emotion production and processing are controlled by dopaminergic projections in the amygdala and cingulate gyrus. The presence of dopaminergic neurons in the hippocampus is linked to learning, working memory, and long-term memory development. Finally, the pyriform complex of the olfactory bulb is responsible for the sensation of smell in humans. Dopamine is released in the mesolimbic pathway during pleasurable events, generating arousal, and influencing behaviour (motivations) to seek out the pleasurable activity or employment. Dopamine binds to dopaminergic receptors in the nucleus accumbens and prefrontal cortex.

According to the research, classic music causes a calmodulin-dependent drop in systolic pressure and a rise in mesencephalon dopamine levels in humans and rats treated with ecstasy. Corticosterone is a major glucocorticoid in many animals, including amphibians, reptiles, rodents, and birds, and it regulates energy, immunological responses, and stress responses. Nature's built-in alert mechanism is cortisol. It is the primary stress hormone in the body. It regulates mood, motivation, and fear by interacting with specific areas of the brain. Cortisol is produced by the adrenal glands, which are triangle-shaped structures at the apex of your kidneys.

In a study, ACTH levels were higher in the classical music group and lower in the sufi music group as compared to the control group. A study also found that prenatal exposure to classical music can raise rat pups' stress levels, leading to depression-like behaviour, but calming traditional music can lower stress levels by lowering ACTH levels in the blood. Furthermore, music with a high sound intensity, such as rock music, may induce oxidative stress, which affects the organism in various ways.

The Rigveda Mantra Vishwamitra Gayathri is a Rigveda Mantra. Mantra's influence on nuero transmitter may be greater because it comprises Udatta and Anudatta svara.

### **CHAPTER 5**

### CONCLUSION

Using Paratantra Arthashraya in Rigveda and Atharvaveda, this work establishes the understanding of Bhruhutrayee's Daiva Vyapashraya chikithsa. There are only a few references to daiva vyapashraya chikitsa in the Rigveda, most of which are focused with Svasthyayana, Shanti Karma, and Sukta for curing Hrudroga Haleemaka, Ajeerna. A few references in Bhruhatrayee that explain the clinical application of Daiva Vyapashraya are similar to the Atharva Veda. Daivavyapashraya, Yukthivyapashraya, and Satvavajaya have all been mentioned in the Atharveda. In the Rigveda and Atharvaveda, however, Mantra Viniyoga Paddati is not mentioned. Later texts, such as Rigvidhana and Bhashya of Veda, are helpful in improving application.

Vishvamitra and Puranokta Gayatri Mantra are equally beneficial physiological parameters like weight, food intake etc and psychological parameters like anxiety, stress etc in albino rats. Improving Dopamine and ACTH was better in Vishwamitra Gayathri Group in Comparison to Purana Gayathri. Though an increase of Cortisol was found in Purana Gayathri, other experiments dose not show an increase of Anxiety stress.

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## **ANNEXURES**











