

10. Hb less than _____ g/dl requires blood transfusion.
- a) 13
 - b) 9
 - c) 7
 - d) 12

Q. 2 Answer the following questions (Any 2) (30)

1. Iron deficiency anemia, etiology, symptoms and MNT for the same.
2. Plan a diet for 23 years old woman with PCOD. No other abnormalities. (Wt: 69 Kg, Ht: 5.4") No calculations required. (Cal: 1500 Kcal, 50 gm Proteins)
3. What is liver cirrhosis? Explain in detail the etiology, pathology and symptoms of the same along with MNT for its management.

Q. 3 Write Short Note (Any 4) (20)

1. Alcoholic liver disease
 2. Drug-nutrient interaction
 3. MNT for peptic ulcer
 4. MNT for weight gain
 5. MNT for thyroid disorders
 6. MNT for IBS
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