TILAK MAHARASHTRAVIDYAPEETH, PUNE M. SC. IN NUTRITION & FOOD SCIENCE

EXAMINATION: APRIL/MAY - 2024

FIRST SEMESTER

Sub.: Concepts of Preventive Ayurvedic Diet & Clinical Physiology (M.Sc. CB-113)

Date: 08/05/2024		/05/2024 T	otal marks: 60	Time: 10.00 am to 12.30 pm		
Insti	1	ons:) All questions are compulsory.) Figures to the right indicate ful	l marks.			
			bulsory. icate full marks. SECTION A ive. (5) e is allowed inrutu. b) Grishma d) Sharad Id be eaten first while eating meal. b) Katu d) Kashay arally purified by star 'Agasti in Sharad rutu is known as b) Hansodaka d) Krushnodaka b) Shariram d) Dhanyammilk product is not advisable as per b) Curd d) Ghee stions. (Any Two) (10) tha rutu Health maintainance stions. (Any One) (15) of 'Swasthya' according to traditional and contemporary			
Q. 1	Sel	ect the correct alternative.			(5)	
	1)	Sleeping during daytime is allow	wed inrutu.			
		a) Hemant	b) Grishma			
		c) Varsha	d) Sharad			
	2)rasa should be eaten first while eating meal.					
		a) Tikta	b) Katu			
		c) Madhur	d) Kashay			
	3)	The water which is naturally pu	rified by star 'Agasti in Shara	d rutu is known as		
		a) Ushapan	b) Hansodaka			
		c) Shudhodaka	d) Krushnodaka			
	4)	Yat shiryate tat				
		a) Deham	b) Shariram			
		c) Jalam	d) Dhanyam			
	5)	During summer season, Dinacharya	milk product is not advi	sable as per		
		a) Milk	b) Curd			
		c) Buttermilk	d) Ghee			
Q. 2	Answer the following questions. (Any Two)					
	1)	Bhojanvidhi				
	2)	Seasonal conduct- Varsha rutu				
	3)	Exercise-Importance in Health	maintainance			
Q. 3	Answer the following questions. (Any One)					
	1) Write about concept of 'Swasthya' according to traditional and contemporary Health Science					
	2)	Write 'Jalapanvidhi' in detail.				

SECTION B

Q. 1	Select the correct alternative.				
	Oxytocin and vasopressin are hormones secreted bygland.				
	a) Anterior pituitary	b) Posterior pituitary			
	c) Hypothalamus	d) Thyroid			
	2. Knee istype of joint.				
	a) Suture	b) Cartilagenous			
	c) Ball & socket	d) Synovial joint			
	3. The normal value of RBCs in human body				
	a) 5 to 11 thousand/cumm	b) 2 to 5 lacks			
	c) 4 to 6 millions/microlitre	d) None			
	4is intestinal juice.				
	a) Succus entericus	b) Alpha amylase			
	c) Lipase	d) Trypsin			
	5. The menopausal age in female is				
	a) 14 to 16 yrs	b) 45 to 52 yrs			
	c) None	d) 60 & above			
Q. 2	Answer the following questions. (Any One)				
	1) Describe Endocrine system in detail.				
	2) Write about Digestive system, structure & function with labelled diagram.				
Q. 3	Write a Short note. (Any two)				
	1) Pancreas- structure, function, digestive enzymes				
	2) Muscle-Types & functions				
	3) WBCs-types & functions				