

TILAK MAHARASHTRAVIDYAPEETH, PUNE

M.A. YOGA

EXAMINATION : APRIL/MAY-2024

FIRST SEMESTER

Sub. : Sub. : Shrimad Bhagwad Gita (102)

Date: 03/05/2024

Total marks: 60

Time: 10.00 am to 12.30 pm

Instructions:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.

Q. 1. Multiple choice questions.

(10)

1. _____ Yog Uchhyte.
a) Samatvam
b) Indriyanigrah
c) Ashtang
d) Asana
2. _____ shlokas are there in Bhagwadgeeta.
a) 18
b) 700
c) 600
d) 1000
3. Four Purusharthas of Life is Dharma, Arth, Kam & _____.
a) Gati
b) Kriya
c) Prapti
d) Moksh
4. _____ number of karma indriya present in body.
a) 6
b) 11
c) 5
d) 10
5. Indriya Nighraha is _____.
a) Pratyahar
b) Dhyana
c) Dharana
d) Samadhi
6. 12th adhyay of Srimad bhagwadgeeta is _____.
a) Bhaktiyog
b) Dhyanyog
c) Karmayog
d) Purushottamyog
7. _____ Karmasu Kaushalym.
a) Yog
b) Prayatna
c) Dhyan
d) Asana
8. _____ is not Yam.
a) Asteya
b) Brahmacharya
c) Tap
d) Ahimsa
9. Each chapter of Bhagwadgeeta is called _____.
a) Yog
b) Khand
c) Adhyay
d) Parv

