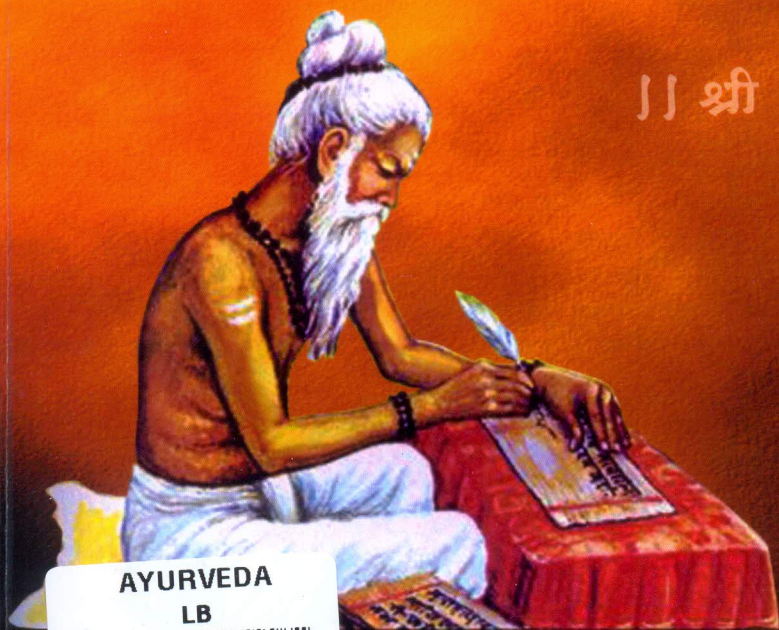


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About the Author :



- Dr. Abhijit H. Joshi was born in Battis Shirala, a small village in Sangli District. He is a Graduate of Ayurvedic Medicines (BAMS) from Shivaji University, Kolhapur and a Post Graduate (M.D.) from Pune University. He is a student of Shrimad Jagatguru Shankaracharya Peeth, Karveer, Kolhapur, Maharashtra where he learned Rugved samhita by traditional method i.e.Santha method and gurumukh and Brahmasutra Shankarbhashya. He holds Ph. D., four D. Litt and three Post Doctoral Degrees from various National and International Universities. His research interests include Ayurved – Samhita, Daivavyapashraya Chikitsa – A No Drug Therapy for specific health ailments, Formative study of Traditional Indian Dietary Systems and its relevance to modern lifestyle and Yoga for healthy living. A plethora of innovative and modern approach has made his research work unique and helped the people to bring balance in their lives. He has designed and implemented a new, innovative academic program in the area of Nutrition to provide students a broader perspective of 21st Century and professional exposure.
- Dr. Abhijit Joshi has presented papers at conferences both home and aboard and published articles and papers in various national and international journals. He is a member of many reputed Government and Non Government Bodies and has contributed to the great extent in many higher education assignments.
- Dr. Abhijit Joshi is a recipient of many prestigious awards such as **“Aaryabhata” Award by Association of Ayurvedic Professional in North America, Inc. USA (AAPNA), Dr. Sarvepalli Radhakrishnan National Award and Maharshi Badarayan Vyas Samman Award (Presidential Award) by Ministry of Human Resource Development, Govt. of India**
- Currently he is serving as a Professor and Dean – Faculty of Ayurved and Acting Registrar in Tilak Maharashtra Vidyapeeth, Pune, Maharashtra.

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