

TILAK MAHARASHTRA VIDYAPEETH, PUNE

M.A. YOGA

EXAMINATION : MAY- 2022

SEMESTER - I

Sub. : Basics of Ayurveda - I (104)

Date: 23/05/2022

Total marks: 60

Time: 10.00 am to 12.30 pm

Instructions:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.

Q.1 Multiple choice questions.

(10)

1. ----- is the mulsthan of med dhatu.
a) Vrukka
b) Hriday
c) Yakrut
d) Pleaha
2. ----- is a function of a swed
a) Kaid vidruti
b) Kesh vidruti
c) a+b
d) nons
3. ----- is not a type of kapha dosha.
a) Pachak
b) Kaidak
c) Avalambak
d) Shleshak
4. ----- is having sar property.
a) Vat
b) Pitta
c) Kapha
d) Mutra
5. ----- is a Jalmahabhoot dominant scence organ.
a) Skin
b) Tongue
c) Eyes
d) Ear
6. There are total -----dhatu.
a) 7
b) 8
c) 6
d) 9
7. Hardest dhatu in body is -----.
a) Mansa
b) Rakta
c) Meda
d) Asthi
8. Which of the following is not dosha.
a) Vat
b) Pitta
c) Kapha
d) Purish
9. ----- is the property of kapha.
a) Guru
b) Laghu
c) Ushna
d) Tikshna
10. Skin is the site of -----dosha.
a) Vat
b) Pitta
c) Kapha
d) All

Q.2 Write Short Notes (Any 4)

(20)

1. Site & properties of vat dosha
2. Rakta dhatu
3. Panchamahabhoot siddhant
4. Pachak Pitta
5. Functions of Asthidhatu
6. Tridosha

Q.3 Write the following (Any2)

(30)

1. Describe strotas & explain annavah or pranvah strotas.

प्र.३. यापैकी कोणतेही दोन लिहा.

(३०)

१. स्रोतस म्हणजे काय ते सविस्तर लिहा. अन्नवह किंवा प्राणवह स्रोतसाचे सविस्तर वर्णन करा.
 २. रस धातूची निर्मिती, कार्ये, स्थान, गुणधर्म व उपधातू लिहा.
 ३. कफदोषाचे प्रकार व कार्ये लिहा.
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