

TILAK MAHARASHTRA VIDYAPEETH, PUNE

M.A. YOGA

EXAMINATION : NOVEMBER– 2022

SEMESTER - I

Sub. : Basics of Ayurveda - I (104)

Date: 25/11/2022

Total marks: 60

Time: 2.00 pm to 4.30 pm

Instructions:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.

Q. 1 Multiple choice questions. (10)

1. There are -----dhatus in human body.
a) 3
b) 7
c) 8
d) 2
2. -----is moola sthan of purishvaha strotas.
a) Vrukka
b) Pakvashay
c) Guda
d) Both b&c
3. 'Aagneya' tatva is correlated with -----in the body.
a) Pitta
b) Kapha
c) Mansa
d) Vata
4. Tongue is having -----mahabhuta dominance.
a) Pruthvi
b) Jala
c) Vayu
d) Aakash
5. ----- is composition of Mutra.
a) Jala+Agni
b) Agni+Vayu
c) Aakash+Vayu
d) Pliha
6. Oja is devived from
a) Shukra dhatu
b) Mansa dhatu
c) Majja dhatu
d) Rasa dhatu
7. Pachan (Digestion) is function of
a) Pachak pitta
b) Ranjak pitta
c) Bhrajak pitta
d) Prana vayu
8. ----- is prathiv sharirbhav
a) Sthula
b) Kathin
c) Guru
d) All of above
9. 'Vak pravrutti' is function of -----.
a) Saman vayu
b) Vaan vayu
c) Sadhak pitta
d) Vyan vayu
10. Hardest dhatu in body is -----.
a) Mansa
b) Asthi
c) Rakta
d) Meda

Q. 2 Write Short Notes (Any 4) (20)

1. Types of Kapha
2. Mutra mala
3. Samanya vishesh Siddhant
4. Tarpak Kapha- its location and function
5. Concept of strotas-its structure, functions & Dushti lakshan
6. Rasa dhatu

Q. 3 Write the following (Any2) (30)

1. Panchabhautik siddhant

प्र.३. यापैकी कोणतेही दोन लिहा.

(३०)

१. पांचभौतिक सिध्दांत
 २. सविस्तर वर्णन करा-रक्त धातू-उत्पत्ती, स्थान, परिणमन काल, कार्ये, वृद्धि -क्षय लक्षणे
 ३. स्रोतस संकल्पना स्पष्ट वर्णन करुन अन्नवह आणि प्राणवह स्रोतसाचे सविस्तर वर्णन करा.
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